



London 2020 Rights Guide

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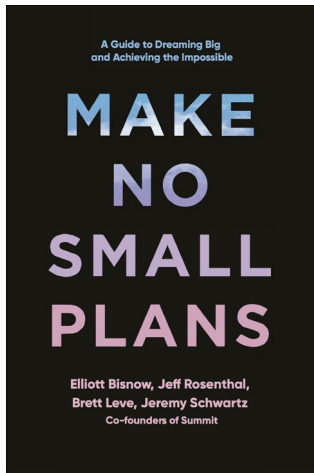
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- cookery & illustrated lifestyle

business &
economics
social science



MAKE NO SMALL PLANS

A Guide to Dreaming Big and Achieving the Impossible

Elliott Bisnow, Brett Leve, Jeff Rosenthal and Jeremy Schwartz

April 2021

Rights: World

Currency | Hardcover

Business & Economics

The consummate motivational playbook on how to think big and dream bigger, by the founders of the renowned Summit leadership series.

In 2008, with no event production experience and two college degrees among the four of them, Elliott Bisnow, Jeff Rosenthal, Brett Leve, and Jeremy Schwartz became business partners and set out on a dream to build a global events company, which became Summit. With passion and tenacity, they began cold-calling as many inspiring company founders as they could to try to convince them to attend their first event. Only nineteen people said yes.

Since then, they have grown Summit into a global community with events all over the world, hosting luminaries including Jeff Bezos, Richard Branson, Jessica Alba, Shonda Rhimes, Brené Brown, and Al Gore. And, in 2013, the Summit founders acquired the largest ski resort in the United States—Powder Mountain—where they are building a mountaintop town, filled with events and programming 365 days a year.

In *Make No Small Plans*, they reveal the experiences that would become the cornerstone lessons from their journey, along with teachings from some of the most inspiring entrepreneurs of our time. They illuminate the empowering concept that anyone can think big, and when thinking big is combined with humility, a thirst for knowledge, and a great team, we can all accomplish the improbable.

Elliot Bisnow, Brett Leve, Jeff Rosenthal and Jeremy Schwartz, former college classmates, are the founding entrepreneurs behind Summit, the leadership organization that hosts elite conversations with the world's leading entrepreneurs, founders, CEOs, and activists on how to change the world.

Rights sold: CITIC (China), Toyo Kezai (Japan)



OUT OF MANY, ONE

Portraits of Our Nation's Immigrants

George W. Bush and Frederick H. Ford

November 2020

Rights: World

Crown/Non-Fiction

Trim Size: 8 x 10 in

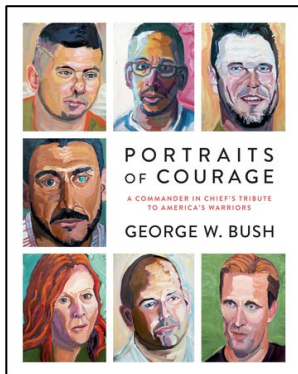
Illustrations: 4C art throughout

Social Science

In this powerful new collection of stories and oil paintings, former President George W. Bush spotlights the inspiring journeys of America's immigrants and the positive contributions they make to the life and prosperity of our nation.

The issue of immigration stirs intense emotions today, as it has throughout much of American history. But what gets lost in the debates about policy are the stories of immigrants themselves, the men and women who are drawn to America by its promise of economic opportunity and political and religious freedom--and who strengthen our nation through their contributions, in ways both ordinary and notable.

In the tradition of his #1 *New York Times* bestseller *Portraits of Courage*, President George W. Bush brings together fifty full-color portraits of men and women who have immigrated to the United States, alongside stirring stories of the unique ways each of them are pursuing the American Dream. Featuring men and women representing many cultures and nearly every region of the world, the book shows how hard work, strong values, dreams and determination know no borders or boundaries and how immigrants embody values that are often viewed as distinctly American: a sense of optimism, a willingness to strive and to risk, and a spirit of self-reliance that runs deep in our immigrant heritage. President Bush captures their faces and stories in striking detail, bringing depth to our understanding of who immigrants are, the challenges they face on their paths to citizenship, and the lessons they can teach us about our country's character.



As the stories unfold, readers will gain a better appreciation for the humanity behind one of our country's most pressing policy issues and the countless ways in which America has been strengthened by those who have come here in search of a better life.

George W. Bush served as the 43rd President of the United States from 2001 to 2009. He previously served as Governor of Texas. President Bush is the author of three #1 bestsellers: *Decision Points*, his presidential memoir; *41*, a biography of his father, President George H. W. Bush; and *Portraits of Courage*, a collection of oil paintings and stories honoring the sacrifice of America's military veterans.



THE NEW CHARDONNAY

The Unlikely Story of How Marijuana Went Mainstream

Heather Cabot

August 2020

Rights: World

Currency | Hardcover

Business & Economics

The colorful story of marijuana's astonishing rebranding; how cannabis shed its unsavory image and found itself at the center of a massive, fast-growing, legitimate industry.

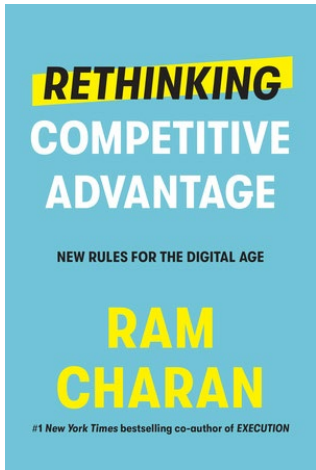
Acclaimed journalist Heather Cabot chronicles how marijuana, once a subject of multi-million dollar PSA warnings, is today not only being sold out in the open, but rapidly becoming mainstream.

Drawing on exclusive interviews with some of the biggest names in the world of cannabis, she explores the economic, political, and demographic forces that have collided to create a frenetic gold rush mentality - one that has spurred creative new ways to consume the plant, inspired innovative new uses for health, beauty and wellness, and attracted tens of millions in investor dollars while generating hundreds of thousands of jobs and massive tax revenue.

Cabot takes readers inside this brave new world through colorful stories from the weeks she spent on the road with Snoop Dogg as he promoted his new strain of weed; from inside the secret labs where scientists are cooking up products like a THC-based Skinny Margarita; from Washington where lobbyists are working to undo the federal restrictions that hamstringing marijuana businesses; from the star studded LA event where Gwyneth Paltrow unveiled GOOP's new line of cannabis teas, bath bombs, and chocolates; and from the Marijuana Business Convention, where 18,000 marijuana professionals gather annually to showcase the most innovative new technology for growing, extracting, and vaping.

This book centers around three provocative questions: how did pot so rapidly remake its image? Who's making money off it, and how?

Heather Cabot is an award-winning journalist, adjunct professor at Columbia's Graduate School of Journalism, and regular contributor to Forbes@Women. She is also an investor and advisor in women-led startups.



RETHINKING COMPETITIVE ADVANTAGE

New Rules for the Digital Age

Ram Charan

November 2020

Rights: World

Currency | Hardcover

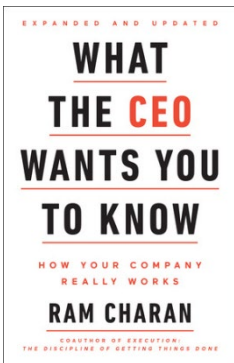
Business & Economics

Bestselling author and CEO guru Ram Charan, in a short, accessible narrative, dissects the nature of competitive advantage in the digital age, when organizations created as digital companies, like Amazon and Google and Facebook, have disrupted entire industries, and companies need to create a digital platform and an entire ecosystem in order to successfully compete.

Today, Ram Charan argues, successful strategy does not focus on market share or creating "blue oceans" or moats to ward off competitors. In the digital world, the most successful companies look at everything they do as a way to *serve customers*. Their central question is always, how can we create a better consumer experience?

In an riveting narrative filled with behind the scenes stories of successful companies like Netflix, Tesla, Microsoft etc., Charan reveals the core tenets of digitally born companies: They have a digital platform, and the accumulation of data lies at the core of everything they do. They don't just develop channels of distribution, they create an ecosystem with third party sellers and their supply chain, where each application or product reinvigorates the customer's experience, and reinforces the need for the core product.

Rights sold: Beijing Huazhang (China)



Ram Charan is the coauthor of the bestselling *Execution* and *Confronting Reality*, written with Larry Bossidy, and the author of *Know How* and ten other books. A former award-winning Harvard Business School professor, he is a noted expert on business strategy, execution, corporate boards and building a high performance organization. He has worked with the CEOs of some of the world's most successful companies, including GE, Bank of America, Verizon, Coca-Cola, 3M, Merck, Aditya Birla Group and Tata Group.

Publishers of *What The CEO Wants You to Know*: Editora Sextante (Brazil), Beijing Huazhang Graphics & Information (China), FCE Publishing (Japan), Actual Editora (Portugal), RH Business Books UK, Jarir Bookstore (world Arabic)



WHY STARTUPS FAIL
A Survival Guide for Entrepreneurial Success

Tom Eisenmann
March 2021
Rights: World
Currency | Hardcover
Business & Economics

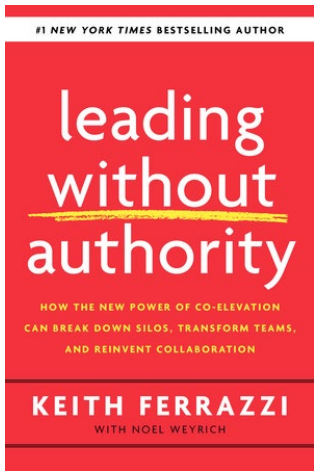
If we want to know how startups can succeed, we need to understand why they fail. Based on a class at Harvard Business School, *Why Startups Fail* is at once the definitive book on entrepreneurial failure, *and* the definitive playbook for startup success.

Why do the vast majority of startups fail? That question hit Harvard Business School professor Tom Eisenman with full force when he realized he couldn't explain it. This led him on a multi-year research project that revealed five distinct patterns explaining the vast majority of startup failures. In *Why Startups Fail*, Eisenman unpacks the mistakes and missteps that define each pattern – and how to avoid them.

- **False Promise.** Early success based on extenuating factors often gives founders an unwarranted confidence to expand.
- **False Start.** Contrary to the oft-cited advice to "fail fast," and "launch before you're ready," launching too early can mean wasting time and capital on the wrong solutions.
- **In Bad Company.** Startup success is thought to rest largely on the talents and instincts of the founder. But the wrong team, investors, or partners can sink a startup just as quickly as a bad founder.
- **Speed Trap.** The typical advice for scaling startups is to prioritize speed over efficiency and pursue growth at all costs. But growing too fast can spell disaster for even the most promising ventures.
- **Audacity of Goals.** Silicon Valley tends to scoff at medium-sized ambitions; as Peter Thiel famously said, "they promised us flying cars; what we got was 140 characters." But the more audacious your goals, the more things can go wrong.

Drawing on an array of case studies ranging from a home furnishings retailer to a digital streaming service to a maker of sophisticated social robots, *Why Startups Fail* debunks much of the prevailing mythology about entrepreneurial success.

Tom Eisenman is the Howard H. Stevenson Professor of Business Administration at Harvard Business School and the faculty co-chair of the Arthur Rock Center for Entrepreneurship. Eisenman has written over one hundred Harvard Business School Case Studies and his writing appears regularly in the Wall Street Journal, The New York Times, Harvard Business Review, Forbes, and Wired.



LEADING WITHOUT AUTHORITY

How the New Power of Co-Elevation Can Break Down Silos, Transform Teams, and Reinvent Collaboration

Keith Ferrazzi

May 2020

Rights: World

Currency | Hardcover

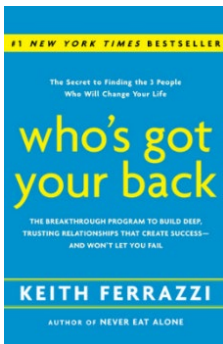
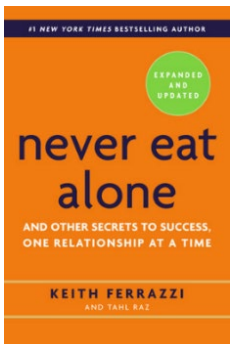
Business & Economics

The bestselling author unveils a new way to collaborate in a business world that is radically interdependent, where reporting lines are blurred and individuals inside and outside the organization all make up part of your team—the process Keith Ferrazzi calls co-elevation.

Our teams are no longer limited to the people who formally report to us, or even to those in the same group or division. Today, the people on our teams can include employees in other countries, clients, even constituents in other industries. And they can shift at a moment's notice. The old reporting structures and ways of managing peers no longer applies. The answer, acclaimed management expert Keith Ferrazzi says, involves a shift in mindset that Ferrazzi calls co-elevation—working together to elevate those around us. And the cool thing about it is that you don't have to have a title, or have direct reports, to utilize the co-elevation process.

In fact, you can take initial steps forward without the other person even being aware of your efforts. In essence, you become a leader within your group or organization even without formal authority. Based on a decade of working with CEOs, senior leadership, and emerging findings from the field of psychology, Ferrazzi reveals how co-elevation, and leading even without a formal title, works to increase collaboration, build trust, create candor and drive transparency and purpose. By helping others to be better at what they do, we help ourselves, and improve our teams and workplaces.

Rights sold: CITIC (China), Book Club Family Leisure Club (Ukraine), Mann, Ivanov & Ferber (Russia), Tre Publishing House (Vietnam), UK offer pending



Keith Ferrazzi, CEO of Ferrazzi Greenlight, has counseled the world's top enterprises on how to dramatically accelerate the development of business relationships to drive sales, spark innovation, and create team cohesion. As a thought leader and advocate for corporate citizenship, he has rallied executives around initiatives to improve healthcare and education nationwide. His previous book, *Never Eat Alone*, is a national bestseller.

Keith's previous titles were licensed in 26 territories. Full list available upon request.

The 101 Things I Learned Series by Matthew Frederick and others

101 THINGS I LEARNED Series
Matthew Frederick and others
Three Rivers Press | Hardcover
Reference

This tutorial series, previously published by Hachette, has been acquired by Three Rivers Press.

April 2018



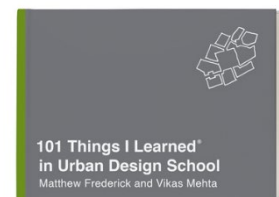
101 Things I Learned in
Advertising School
NEW TO THE SERIES

Rights sold:

Citic Press (China), Abada
Editores (world Spanish)



101 Things I Learned in
Engineering School
*REISSUE WITH
MINIMAL UPDATES*

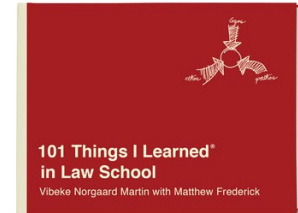


101 Things I Learned in
Urban Design School
NEW TO THE SERIES

Rights sold:

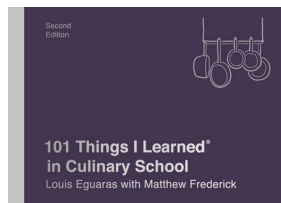
Citic Press (China), Jeongye-C
(Korea), Scientific Publishing
Center (world Arabic), Abada
Editores (world Spanish)

August 2019



101 Things I Learned in
Law School
*REISSUE WITH MINIMAL
UPDATES*

May 2020



101 Things I Learned in
Culinary School
REVISED

Rights sold:

Citic Press (China)
Dongnyok (Korea)

August 2020



101 Things I Learned in
Product Design School
NEW TO THE SERIES

Rights sold: Citic Press (China)

January 2021

- 101 Things I Learned in Film School *REVISED*
Rights sold: Dongnyok (Korea)

April 2021

- 101 Things I Learned in Psychology School *NEW TO THE SERIES*
Rights sold: Citic Press (China)

August 2021

- 101 Things I Learned in Business School *REVISED*
Rights sold: Citic Press (China)
- 101 Things I Learned in Fashion School *REVISED*
Rights sold: Citic Press (China), Dongnyok (Korea)



THE EARNED LIFE

Free Yourself from Regret and Find Fulfillment at Every Age

Marshall Goldsmith and Mark Reiter

April 2021

Rights: World

Currency | Hardcover

Business & Economics

The world-renowned executive coach and *New York Times* bestselling author of *Triggers* and *What Got You Here Won't Get You There* shares his "cure for regret," revealing the steps we can take to earn our path to fulfillment.

Human life exists on a continuum between two poles: fulfillment and regret. We invest enormous resources of time and energy into staying healthy, being recognized for our achievements, nurturing our relationships, and making money. But how can we know if we're investing in the right things?

Many of us try to carefully plan our lives, only to find ourselves burdened by regrets, and not just micro-regrets like a slip of the tongue or a questionable tattoo, but super-sized ones. Existential regret is deciding not to have children, then changing our minds when it's too late. It's allowing our soulmate to become "the one who got away." It's turning down the perfect job for a bad reason.

In *The Earned Life*, pioneering leadership coach Marshall Goldsmith shows readers how to rise above the most pressing regrets in our lives, even the kind that can reroute destinies and haunt us for decades. The key to living the earned life, unbound by regret, is to make smart choices in line with your goals, to accept the risk that comes with your choices, and to always put out maximum effort. Goldsmith offers readers practical advice to achieve this kind of merited success, and shows how repeating the process creates a habit of earning that carries through life.

Filled with fascinating and illuminating stories from Goldsmith's storied career, *The Earned Life* is a roadmap to overcoming obstacles and creating meaningful, lasting change.

Rights sold: Viking (UK)

Marshall Goldsmith is one of the world's leading executive coaches and the *New York Times* bestselling author of many books, including *What Got You Here Won't Get You There*, *Mojo*, and *Triggers*. He received his PhD from UCLA Anderson School of Management. In his coaching practice, Goldsmith has advised more than 150 major CEOs and their management teams. He has been published in 23 territories. Full list available upon request.



AI 2041

Kai-Fu Lee and Qiufan Chen

August 2021

Rights: World (complex and simplified Chinese language rights are controlled by the author)

Currency | Hardcover

Social Science

From Kai Fu Lee, the *New York Times* bestselling author of *AI Superpowers* and leading science fiction writer Chen Qiufan, *AI 2041* will be an extraordinary, provocative, and thought-provoking look at what the near future might look like for humankind amid the rapid rise of artificial intelligence. The book will show how AI will change and transform our world, for both better and worse, and, crucially, will offer answers on how humans can shape these trends, which are of our own creation.

Many changes AI will bring are not a generation away—they are 10-20 years away. *AI 2041* will pair ten illuminating narrative stories—based on current and accurate science—about how human life might be altered by artificial intelligence by the year 2041 with Kai-Fu Lee’s expert analysis of these technologies, the likelihood of their becoming reality, and the economic and societal opportunities and challenges they will present to humankind and global order.

For readers of *Homo Deus* by Yuval Noah Harari; *Life 3.0* by Max Tegmark; *Superintelligence* by Nick Bostrom, *The Second Machine Age* by Erik Brynjolfsson & Andrew McAfee; and *Capital in the Twenty First Century* by Thomas Piketty, *AI 2041* will educate, inspire, and entertain readers about the transformative value and benefit from applying and implementing AI.

TOPICS COVERED WILL INCLUDE:

- Ubiquitous AI
- AI will know you better than you know yourself
- The global economy will balloon in size
- AI-accelerated wealth inequality
- Healthcare revolutionized
- “Genetic fortune telling”
- Turbocharged education
- Autonomous vehicles fast tracked
- Truly immersive entertainment
- AI takes over finance

Dr Kai-Fu Lee is the Chairman and CEO of Sinovation Ventures and *New York Times* bestselling author of *AI Superpowers* (2018). Lee was formerly the President of Google China, and a senior executive at Microsoft, SGI, and Apple. He received his bachelor’s degree in Computer Science from Columbia University and Ph.D. from Carnegie Mellon University. His audience across global social media platforms is greater than 50 million, and his books have sold more than 5 million copies worldwide. **Stanley Chan (a.k.a. Chen Qiufan)** Chan is award-winning Chinese speculative fiction author, translator, creative producer and curator. He is a member of WSFA (Science Fiction Writer Association) and the President of the Chinese Science Fiction Writer Association and has a seat in Xprize Foundation Science Fiction Advisory Council. His works, which have been translated into more than a dozen languages, include *Waste Tide*, *Future Diseases*, and *The Algorithm For Life*.

Publishers of *AI Superpowers* (HMH): Editora Globo (Brazil), Beijing Xiron (China), Argo (Czech Republic), Les Arenes (France), Campus (Germany), Nikkei (Japan), Atlas (Korea), Kitos Knygos (Lithuania), Media Rodzina (Poland), Relogio D’Agua (Portugal), Corint (Romania), MIF (Russia), Umco (Slovenia), Commonwealth (Taiwan), Optimist Kitap (Turkey), BookChef (Ukraine), Tre (Vietnam), Planeta de Agostini (world Spanish)



EFFORTLESS

Make It Easy to Get the Right Things Done

Greg McKeown

February 2021

Rights: World

Currency | Hardcover

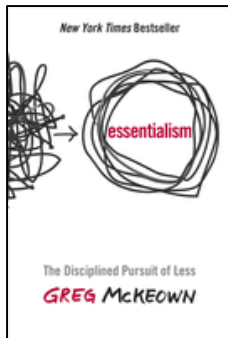
Business & Economics

The *New York Times* bestselling author of *Essentialism* shares proven strategies to make getting the right things done without giving up or burning out.

In his bestselling book, *Essentialism*, Greg McKeown urged readers to eliminate the 90% of things in their life that aren't truly important and put all their focus towards the 10% that really matter. Over the past five years, he has travelled around the globe helping people and teams put this into practice. From this unique perch, he noticed something troublesome. From engineers in Silicon Valley to pharmaceutical reps in Iowa to bank managers in Virginia, almost everyone was struggling to deal with the suffocating complexity that is expanding everywhere. Things have become so much harder than they ought to be.

The complexity of modern life has created a dichotomy between things that are "hard and important," and those that are "easy and trivial." As a result, we reactively abandon the important but overwhelming tasks for the easy but pointless ones. Luckily, there is a third alternative. In *Effortless*, McKeown offers a practical playbook for reducing layers of complexity to make the most essential tasks the easiest ones. Honed over the better part of a decade and battle-tested in the real world, his strategies include:

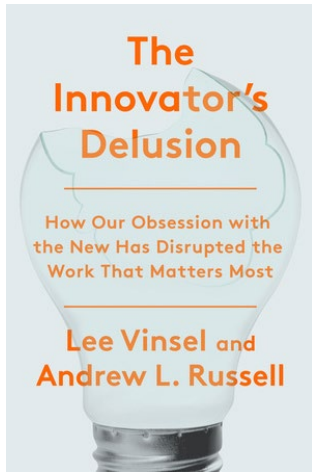
- **Harness:** Tap into existing forces so you can swim with the current, not against it
- **Unburden:** Evict The Difficult Roommate Occupying Your Brain
- **Streamline:** Map out the process and remove unnecessary steps
- **Pace:** Remove urgency so you can continue to move steadily forward



Rights sold: UK offer pending

Greg's previous book *Essentialism* was licensed in 26 territories. Full list available upon request.

Greg McKeown is the author of the *New York Times* bestseller, *Essentialism: The Disciplined Pursuit of Less*, and CEO of McKeown Inc. He has been featured in *The New York Times*, *Fast Company*, *Fortune*, *HuffPost*, *Politico*, and *Inc.*, and is among the most popular bloggers for *Harvard Business Review* and LinkedIn Pulse, averaging a million views a month.



THE INNOVATOR'S DELUSION

How Our Obsession with the New Has Disrupted the Work That Matters Most

Andy Russel and Lee Vinsel

September 2020

Rights: World

Currency | Hardcover

Business & Economics

A provocative manifesto arguing that our obsession with innovation has caused us to neglect the ordinary technologies that keep our world going, with dire consequences to our economy, our businesses, and our careers.

Nearly every product gets marketed as being innovative, whether it's a truly new technology or simply a new toothbrush. But in this manifesto on the state of the American business, Andrew Russell and Lee Vinsel argue that our obsession with shiny new things has led us astray, and that we ought to pay more attention to innovation's less sexy, but more important cousin: maintenance.

Our misplaced priorities have harmed every corner of the economy. Corporations like GE have wasted millions hiring "Chief Innovation Officers" while their core businesses tanked. Computer science programs focus on program development even though the overwhelming majority of jobs are in IT and maintenance. And in 2018, a Miami bridge hailed for its "innovative" design killed six people when it collapsed onto a six-lane highway.

Drawing on years of research and firsthand reporting, Vinsel and Russell sketch an at-times humorous, at-times alarming story of how we became obsessed with innovation, and in so doing wrecked our economy, left our public infrastructure derelict, and lined the pockets of consultants who combine Silicon Valley's conceit with the worst of Wall Street's sociopathy. In this ultimately hopeful book, Vinsel and Russell offer a compelling plea for how we can shift our focus in time and resources away from "moving fast and breaking things" and back toward those who do essential upkeep on the ordinary technologies that underpin so much of modern life.

Andrew Russell is a professor of history and the dean of arts and sciences at SUNY Polytechnic Institute. **LEE VINSEL** is a professor in the department of science and technology in society at Virginia Tech. Together, they are the founders of the Maintainers Conference and research network, and their writing on the topic has appeared in *The New York Times*, *The Atlantic*, *The Washington Post*, and *Wired*.



80,000

Tommy Spaulding

September 2021

Rights: World

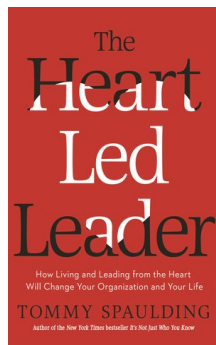
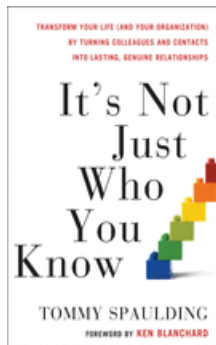
Currency | Hardcover

Business & Economics

What if, at the end of your life, you were invited to stand before all of the people you had influenced, in ways big and small? What would they say? In *80,000*, bestselling author Tommy Spaulding explores how the power of positive influence can change how we love and lead, and in doing so, change the world.

Researchers believe that that the average person will influence up to 80,000 people over the course of their lifetime. That's a stadium full of people whom each of us affect positively or negatively--sometimes without us knowing. What if we paid attention to this fact? Would we live differently? Would we lead differently? Would we take more time to put down our phones or work, and instead, focus on the person in front of us?

Bestselling author Tommy Spaulding believes the answer is yes. In this compelling and deeply personal book, Spaulding explores how we can be more mindful and effective in wielding the influence each of us has over others—in our careers, in our everyday interactions, and in the relationships we cultivate over a lifetime. Sharing stories from his life and from the exceptional leaders he has met and worked with over the years, he gives us a simple recipe for being intentional, showing up for others, and ultimately, transforming the lives each of us touch as we make our way through the world.



Tommy Spaulding, the founder and president of Spaulding Companies, a leadership-development consulting firm based in Denver, is the author of the *New York Times* bestselling book *It's Not Just Who You Know* and the follow-up, *The Heart-Led Leader*. The former president and CEO of the global leadership organization Up with People, Tommy consults with and speaks to businesses and nonprofit organizations across the country more than 100 times a year.

Previous publishers of Tommy Spaulding: Editora Prumo (Brazil), Citic Press (China), Shiwenbooks Co. Limited (China), MT Biznes (Poland), Kariera Press (Russia)



THE ALMIGHTY DOLLAR

Brendan Greeley

August 2021

Rights: World

Crown | Hardcover

Business & Economics

Financial Times' US Economics Editor and Brown University fellow Brendan Greeley's *The Almighty Dollar*, a global history of the currency from its birth in sixteenth-century Netherlands to the present day, showing how the dollar opened new markets, changed the course of history, and promise and peril to every nation who controlled it, including the United States, whose future it has yet to foretell.



THE INSECT APOCALYPSE

Brooke Jarvis

March 2022

Rights: World

Crown | Hardcover

Social Science

Drawn from the author's astonishing and deeply disturbing article for the *New York Times Magazine* (which was downloaded over 1 million times in the first week alone), this will be a fascinating scientific exploration of the insect world that reveals, through extensive research with amateurs and entomologists in the field, the alarming diminishment of insect life across the globe in the era of climate change. The author plans to travel to different countries and environments, including Europe and Latin America, to explore the causes and urgent consequences of life on Earth without insects.

memoir

biography

essays

true crime



PRAYER FOR PARIAHHS

A Memoir

Brandi Carlile

April 2021

Rights: World

Crown | Hardcover

Memoir

The critically acclaimed singer-songwriter, producer, and three-time Grammy-winner opens up about a life shaped by music in this candid, heartfelt, and intimate memoir.

Brandi Carlile was born into a musically gifted but very poor family on the outskirts of Seattle in a constant state of change, moving from house to house, trailer to trailer. She was identified as a gifted child and admitted to a special program at the University of Washington, until an illness almost took her life at the age of five and she had to forfeit her advanced early childhood education. Though imperfect in every way, her dysfunctional childhood was as strange as it was beautiful, and as difficult as it was nurturing. As an openly gay teenager, she began grappling with the tension between her sexuality and her faith when her pastor publicly refused to baptize her on the day of the ceremony. Shockingly, the whole town rallied around her in support, and set her on a path to salvation where the rest of the misfits and rejects find it: through twisted, joyful, weird, and wonderful music.

In *Prayer for Pariahs*, Brandi Carlile takes readers through the events of her life that have shaped her very raw art--starting at a local singing competition where she performed Elton John's "Honky Cat" in a bedazzled white polyester suit, to her first break opening for Dave Matthews Band, to many sleepless tours over fifteen years and six studio albums, all while raising two children with her wife, Catherine. This hard-won success led her to collaborations with personal heroes like Elton John, Dolly Parton, and Joni Mitchell, as well as her peers in the supergroup The Highwomen and ultimately to the Grammy stage, where her performance of "The Joke" transformed millions of viewers into fans.

Evocative and piercingly honest, *Prayer for Pariahs* is at once an examination of faith through the eyes of a person rejected by its basic tenets and a meditation on the moments and lyrics that have shaped the life of a creative mind, a brilliant artist, and a genuine empath on a mission to give back.

Brandi Carlile is a four-time Grammy Award-winning singer, songwriter, performer, and producer. She has released six studio albums and was the most nominated female artist at the 61st Grammy Awards with six nominations. Beloved by fans and critics alike, Carlile and her band have performed sold-out concerts across the world.



SELF DISRUPT

Andy Dunn

February 2022

Rights: World English (Translation rights
with Foundry Literary and Media)

Currency | Hardcover

Biography

In the twenty-first century, we worship entrepreneurs. We worship the narrative of individual success. Most entrepreneurial memoirs read as self-congratulatory tales. The author adorns the cover, smiling, arms crossed—pleased to share a few nuggets of wisdom.

This is not that story.

Self Disrupt is a story about an illness that undergirds achievement and seeks to destroy it at the same time. Diagnosed with bipolar disorder in 2000, Bonobos co-founder Andy Dunn kept his diagnosis secret for over 15 years, until it almost destroyed his life. Dunn lifts the veil on mental illness in the high-velocity world of entrepreneurs, revealing how his bipolar disorder became both symbiotic and parasitic to the job of startup CEO. Hypomania becomes the fuel of Dunn's success, as he build his business into a juggernaut worth millions of dollars—but also the root of his self-destructive urges.

Bipolar people are eleven times more prevalent among entrepreneurs than the general population, but mental illness goes all but unmentioned in start-up circles. With *Self Disrupt*, Dunn aims to change that, offering his own harrowing story of near-disaster as a gripping parable about the urgent need for businesses and their leaders to take mental illness and well-being seriously, even at the highest levels.

Andy Dunn was the co-founder and CEO of the apparel brand Bonobos, launched in 2007 and acquires by Walmart in 2017 for over \$300 million. Previously, Dunn worked as a private equity analyst at Wind Point Partners and as a consultant at Bain & Company. He is a founding board member of education social enterprise Blue Engine and the founder of Red Swan Ventures, an angel investment firm. The child of an Indian immigrant mother and an Irish-Swedish American father, Dunn grew up in Chicago and now lives in New York.



AGAINST THE WIND

Edward Kennedy and the Crisis of American Liberalism

Neal Gabler

October 2020

Rights: World

Crown | Hardcover

Biography

The epic, definitive biography of Ted Kennedy--an immersive journey through the life of a complicated man and a sweeping history of the fall of liberalism and the collapse of political morality.

Edward M. Kennedy was never expected to succeed. The youngest of nine, he lacked his brothers' natural gifts and easy grace. Yet after winning election to the Senate at the tender age of thirty, he became the most consequential legislator of his lifetime, perhaps even American history. Surviving the traumas of his brothers' assassinations, Ted Kennedy ultimately exerted the greatest effort keeping alive the mission of an active and caring government. For much of his life, Ted Kennedy was the increasingly lonely voice of American liberalism.

That voice found its greatest impact in the laws he passed that wove government firmly into American life, extending aid and opportunity to those in most desperate need. For five decades, he worked tirelessly to better people's lives; he did this because he felt he owed it to those who suffered, and those with whom he empathized out of his own pain and ever-present sense of inadequacy.

But Ted Kennedy always had a dark side. Ted got the gift of years that his brothers did not, but it came with a price: He lived long enough to fail, to sin, to fall in and out of favor. He was publicly abased--for his womanizing, for the 1969 Chappaquiddick incident in which a young woman died, for his bizarre behavior when his nephew was accused of rape--and forced to ask for forgiveness. In sacrificing the moral high ground, he undermined his entreaties for justice and compassion, and ultimately contributed to the death of the moral authority that had underpinned liberalism since the end of the Great Depression.

The product of a decade of work and hundreds of interviews, *Against the Wind* is set to be an essential work of history and biography. A sweeping narrative in two volumes, it is a landmark study of legislative genius and a powerful exploration of the passing of a robust form of government--and the man who spent his career protecting Americans from the consequences of that end.

Neal Gabler is the author of five books: *An Empire of Their Own*, *Winchell*, *Life: The Movie*, *Walt Disney*, and *Barbra Streisand*. He has received two *Los Angeles Times* Book Prizes, *Time's* nonfiction book of the year, *USA Today's* biography of the year, and a National Book Critics Circle nomination.



FACT CHECKING MY LIFE

A.J. Jacobs

September 2021

Rights: World

Crown | Hardcover

Essays

An entertaining epistemological experiment in fact checking the things we may be taking for granted in daily life.

A. J. Jacobs is an American journalist, author, and lecturer best known for writing about his lifestyle experiments. He is an editor at large for Esquire and has worked for the Antioch Daily Ledger and Entertainment Weekly. A.J. Jacobs is the author of several books including the *New York Times* bestselling *The Know It All*.



A VERY PUNCHABLE FACE

Colin Jost

April 2020

Rights: World

Crown | Hardcover

Memoir

A hilarious essay collection from *Saturday Night Live* head writer and *Weekend Update* co-anchor.

Told with razor-sharp wit and unflinching honesty, *A Very Punchable Face* reveals the brilliant mind behind some of the dumbest sketches on television, and lays bare the heart and humor of a humble, hardworking guy—with a face you can't help but want to punch.

Colin Jost is a head writer at *Saturday Night Live*, *Weekend Update* co-anchor, and a touring stand-up comedian. Jost has won four Writers Guild Awards, a Peabody Award, and has been nominated for multiple Emmy Awards for his writing on *SNL*. He also wrote and starred in the Paramount/Netflix film *Staten Island Summer*, based on his days as a lifeguard growing up in New York.



UNTITLED

Daniel Barban Levin

June 2021

Rights: World

Tim Duggan Books | Hardcover

Memoir & True Crime

In September 2010, at the beginning of the academic year at Sarah Lawrence College, a sophomore named Talia Ray asked her roommates if her father could stay with them for a while. No one objected. Her father, Larry Ray—newly released from prison—arrived at the dorm and stayed for the whole year. Over the course of innumerable counseling sessions and “family meetings,” the intense and forceful Ray convinced his daughter’s teenaged friends that he alone could help them “achieve clarity.” Eventually, Ray and the students moved into a small Manhattan apartment, beginning nine years of manipulation and abuse, as Ray tightened his control over his young charges through blackmail, extortion, and ritualized humiliation.

In April 2019, a New York magazine cover story, “The Stolen Kids of Sarah Lawrence,” exposed Ray’s crimes to the world. In February 2020, he was finally indicted on charges of extortion, sex trafficking, forced labor, and money laundering.

Only a few of the students involved have managed to extricate themselves from Ray’s influence. Daniel Barban Levin is one of them. As one of Talia’s original roommates, Larry coached Daniel through a difficult break up, slowly drawing him into his web. After two years of escalating psychological, physical, and sexual abuse, Daniel found the strength to escape from Ray’s orbit and take control of his own life for the first time.

Beginning the moment he stepped foot on Sarah Lawrence’s idyllic campus and spanning the two years he spent in the grip of a megalomaniac, Levin’s memoir shows how the unimaginable could occur unnoticed. Brave, lyrical, and ultimately redemptive, it is a firsthand account of the creation of a modern cult and the horrifying costs paid by its young victims.

Daniel Barban Levin holds an MFA in poetry from the University of California, Irvine where he taught creative writing and rhetoric, and a bachelor’s degree from Sarah Lawrence College. He is the winner of the Stanley and Evelyn Lipkin Prize for Poetry and the Lynn Garnier Memorial Award, and the recipient of fellowships from The Frost Place, Tent, The Sarah Lawrence Summer Seminar for Writers, and The Community of Writers at Squaw Valley. His writing has appeared or is forthcoming in *Bennington Review*, *Provincetown Arts*, *Bat City Review*, *The Sarah Lawrence Review*, *The Westchester Review*, *The Offbeat*, and *The Fourth River*. He lives in Los Angeles.



TRUE BELIEVER
The Rise and Fall of Stan Lee
Abraham Riesman
September 2020
Rights: World
Crown | Hardcover
Biography
Trim: 6 1/8 x 9 1/4 in
Illustrations: 4/color photo insert

The definitive, revelatory biography of Marvel Comics creator Stan Lee, an artist and entrepreneur who reshaped global pop culture--at a steep personal cost.

Stan Lee--born Stanley Martin Lieber in 1922--is one of the most beloved and influential entertainers to emerge from the twentieth century. He served as editor in chief of Marvel Comics for three decades and, in that time, launched more pieces of internationally recognizable intellectual property than anyone other than Walt Disney: Spider-Man, the Avengers, the X-Men, Black Panther, the Incredible Hulk, Iron Man, Thor . . . the list seems to never end. On top of that, his carnival-barker marketing prowess more or less single-handedly saved the comic-book industry and superhero fiction. Without him, the global entertainment industry would be wildly different--and a great deal poorer.

But Lee's unprecedented career was also pitted with spectacular failures, controversy, and bitter disputes. Lee was dogged by accusations from his longtime collaborators Jack Kirby and Steve Ditko over who really created Marvel's signature characters--icons for whom Lee had always been suspected of taking more than his due share of credit. A major business venture, Stan Lee Media, resulted in stock manipulation, bankruptcy, and criminal charges. And in his final years, after the death of his beloved wife, Joan, rumors swirled that Lee was a virtual prisoner in his own home, issuing cryptic video recordings as a battle to control his fortune and legacy ensued.

Abraham Riesman is a veteran culture reporter who has conducted extensive new interviews and research, turning up never-before-published revelations about Lee's life and work. Lee's most famous motto was: "With great power comes great responsibility." *True Believer* chronicles every triumph and every misstep of an extraordinary life, and leaves it to readers to decide whether Lee lived up to the responsibilities of his own talent.

Rights sold: Eksmo (Russia), KM Books (Ukraine)

Abraham Riesman is a reporter for New York magazine, where he writes about arts and culture. His work has also appeared in *The Wall Street Journal*, *The Boston Globe*, *The New Republic*, and *Vice*, among others.



TRUE WEST

Robert Greenfield

May 2021

Rights: World

Crown | Hardcover

Biography

A biography of playwright and actor Sam Shepard, examining the intersection of his powerful work and rock'n'roll life while exploring the relationships he sustained across the arc of his brilliant career.

A former Associate Editor of the London bureau of Rolling Stone magazine, **Robert Greenfield** is the critically acclaimed author of several classic rock books, among them *S.T.P.: A Journey Through America with the Rolling Stones*, as well as the definitive biographies of Timothy Leary and Ahmet Ertegun.



THE WANTED

John Tayman

March 2022

Rights: World

Crown | Hardcover

True Crime

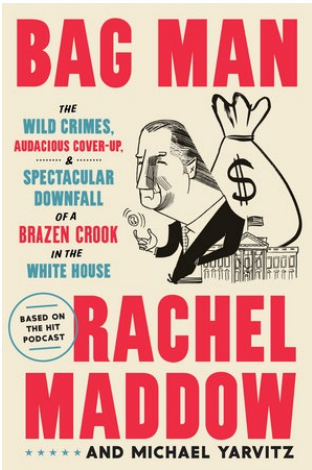
The ultimate true crime story, a journey into the fascinating world of the FBI, its manhunters, America's most wanted criminals on the run, and the evolution of The Ten Most Wanted Fugitives list, which will include approximately 20-25 images.

John Tayman is the bestselling author of *The Colony*. He has founded two award-winning startups, launched six magazines, and has been nominated for twenty National Magazine Awards. He has written for *The New York Times Sports Magazine*, *Outside*, *Conde Nast Traveler*, *GQ*, *Men's Journal*, *The Wall Street Journal*, *Fortune*, *Spy*, and *TIME*, among many others.

Rights sold: Intrinseca (Brazil), Ebury (UK)

politics

history



BAG MAN

The Wild Crimes, Audacious Cover-Up, and Spectacular Downfall of a Brazen Crook in the White House

Rachel Maddow and Michael Yarvitz

July 2020

Rights: World

Crown | Hardcover

History

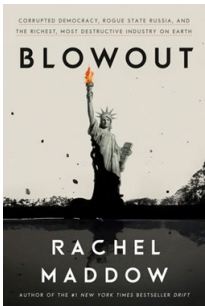
The knockdown, drag-out, untold story of the *other* scandal that rocked Nixon's White House, and reset the rules for crooked presidents to come—with new reporting that expands on Rachel Maddow's Peabody Award-nominated podcast.

Is it possible for a sitting vice president to direct a vast criminal enterprise within the halls of the White House? To have one of the most brazen corruption scandals in American history play out while nobody's paying attention?

And for that scandal to be all but forgotten decades later?

The year was 1973, and Spiro T. Agnew, the former governor of Maryland, was Richard Nixon's second-in-command. Long on firebrand rhetoric and short on political experience, Agnew had carried out a bribery and extortion ring in office for years, when—at the height of Watergate—three young federal prosecutors discovered his crimes and launched a mission to take him down before it was too late, before Nixon's impending downfall elevated Agnew to the presidency. In this blockbuster account, Rachel Maddow and Michael Yarvitz detail the investigation that exposed Agnew's crimes, the attempts at a cover-up—which involved future president George H. W. Bush—and the backroom bargain that forced Agnew's resignation but also spared him years in federal prison. Based on the award-winning hit podcast, *Bag Man* expands and deepens the story of Spiro Agnew's scandal and its lasting influence on our politics, our media, and our understanding of what it takes to confront a criminal in the White House.

Rachel Maddow has hosted the Emmy Award-winning *The Rachel Maddow Show* on MSNBC since 2008. She has a doctorate in politics from Oxford and a bachelor's degree in public policy from Stanford. **Michael Yarvitz** is an Emmy and Peabody Award-winning television producer and journalist. He was the executive producer and co-writer of the award-winning podcast series *Bag Man*.



Publishers of *Blowout*: 24sata (Croatia), Bodley Head (UK), KM Books (Ukraine)

#1 New York Times Bestseller!



INSURGENCY
How Republicans Lost Their Party and Got Everything They Ever Wanted

Jeremy Peters
February 2021
Rights: World
Crown | Hardcover
Political

How did the party of Lincoln become the party of Trump? From a Washington reporter for *The New York Times* comes the definitive story of the mutiny that shattered American politics. Jeremy Peters' epic narrative of the fracture and collapse of the Republican Party chronicles the once-in-a-lifetime self-destruction of a major political party through the dark and powerful forces that it wrought.



THREE PRESIDENTS, THREE WARS

Brett McGurk
March 2021
Rights: World
Crown | Hardcover
Political

McGurk uses his close-up view of three presidents' successes and failures to extract an urgent set of lessons about the best way to make the biggest decisions. With implications from the White House to the Pentagon to boardrooms and organizations around the globe, *Three Presidents, Three Wars* lifts the mystique of wartime decision-making, illuminating the high stakes choices made by a chosen few that profoundly affect us all.



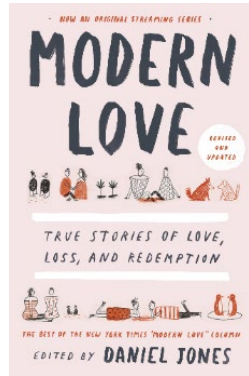
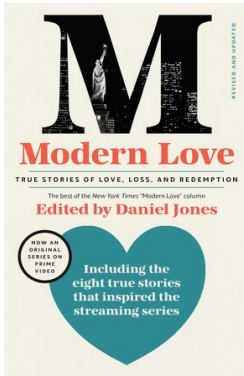
UNTITLED ON 2020 PRESIDENTIAL

Jonathan Allen and Amie Parnes
April 2021
Rights: World
Crown | Hardcover
Political

The #1 *New York Times* bestselling authors of *Shattered*, the definitive account of Hillary Clinton's failed 2016 campaign, team up once again to write the inside story of the 2020 presidential election.

The question is not so much whether Trump will win, but whether Democrats will lose. The stakes for both parties are unparalleled, and the outcome will likely redefine the Republican and Democratic parties, the way candidates campaign, and the presidency itself.

media tie-ins



**MODERN LOVE Revised and Updated
True Stories of Love, Loss, and Redemption**

Edited by Daniel Jones

September 2019

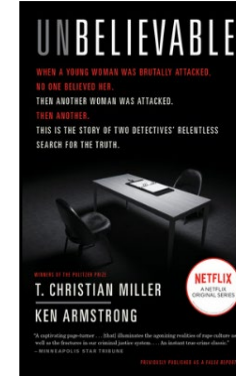
Rights: World

Broadway | Trade Paperback

Movie Tie-In

The inspiration for the streaming series starring Tina Fey, Anne Hathaway, and Dev Patel, a revised and updated collection of dozens of the most memorable stories ever featured in the New York Times' "Modern Love" column, including the eight stories adapted for television.

Rights sold: Editora Rocco (Brazil), Hermes (Bulgaria), Rizzoli Libri (Italy), Kawade Shobo Shinsha (Japan), Thinkingdom (Taiwan), Okuyan Us (Turkey), Headline (UK), Editorial Planeta Mexicana (world Spanish)



**UNBELIEVABLE (Previously titled *A False Report*)
The Story of Two Detectives' Relentless Search for the Truth**

T. Christian Miller and

Ken Armstrong

September 2019

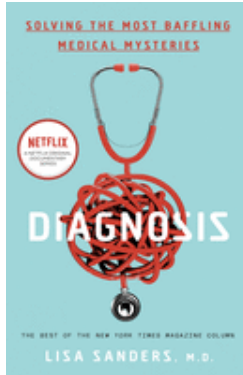
Rights: World

Crown | Trade Paperback

Movie Tie-In

Toni Collette, Merritt Wever, and Kaitlyn Dever star in *Unbelievable*, the true story of Marie (Dever), a teenager charged with lying about having been raped, and the two female detectives who followed a twisting path to arrive at the truth.

Rights sold: Editora Casa Da Palavra (Brazil), Asenevtsi Trade (Bulgaria), Sureda57 (Catalan), btb (Germany), Science Books Publishing (Korea), Wydawnictwo Czarna Owca (Poland), SELF (Portugal), Eksmo (Russia), Marco Polo Press (Taiwan), Marti Yayin (Turkey), Hutchinson (UK), BookChef (Ukraine), Libros del K.O. (world Spanish)



DIAGNOSIS

Solving the Most Baffling Medical Mysteries

Lisa Sanders

August 2019

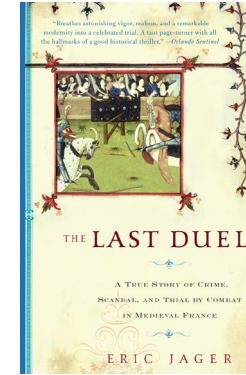
Rights: World

Crown | Trade Paperback

Movie Tie-In

A collection of more than fifty hard-to-crack medical quandaries, featuring the best of The New York Times Magazine's popular "Diagnosis" column—the inspiration for the Netflix original series.

Rights sold: Hunan Science and Technology (China), Riva/Müncher (Germany), Yumiro Shuppan (Japan), Uitgeverij Unieboek Spectrum (Netherlands), Insignis Media (Poland), AST (Russia), My House Publications (Taiwan)



THE LAST DUEL

A True Story of Crime, Scandal, and Trial by Combat

Eric Jager

April 2020

Rights: World

Crown | Trade Paperback

Movie Tie-In

In one of the first major greenlights since acquiring Fox, Disney is moving forward with period drama *The Last Duel*, with the film's release planned for December 2020.

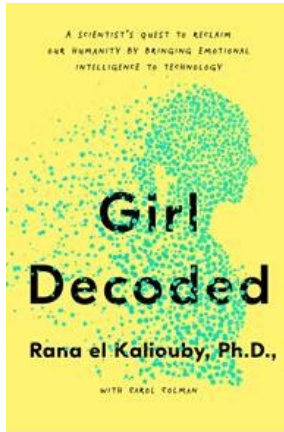
The film will star Matt Damon, Adam Driver, Jodie Comer and Ben Affleck. Set in 14th century France, the movie is an epic tale of betrayal and justice, told from three distinct points of view: two knights (Damon and Driver) whose bond is tested by treachery and a young woman (Comer) forced to navigate the brutal and oppressive culture of the era in order to survive.

Rights sold: Flammarion (French), Century and Arrow (UK)

MTI COVER
TO COME

recently published

coming soon



GIRL DECODED

Rana El-Kaliouby

April 2020

Rights: World

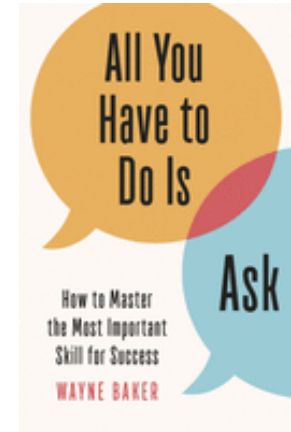
Currency | Hardcover

Memoirs | Business & Economics

“As an entrepreneur and computer scientist, Rana el Kaliouby has done pioneering work to infuse technology with emotion and leverage technology to enrich our understanding of emotions. In this forthright, engaging memoir, she takes us behind the scenes of her work and through the key events that have shaped her life and worldview.”

—**Adam Grant, New York Times bestselling author of *Originals* and *Give and Take***

Rights sold: CITIC (China), CeDeWu (Poland), Penguin Business (UK)



ALL YOU HAVE TO DO IS ASK

Wayne Baker

January 2020

Rights: World

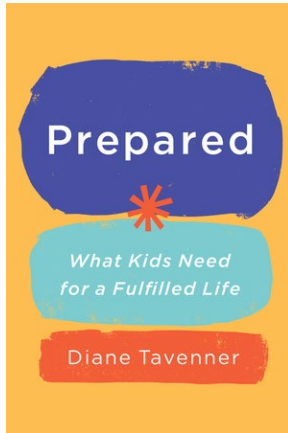
Currency | Hardcover

Business & Economics | Personal Success

“Simple and eye-opening, this invaluable book by Wayne Baker shows us how individuals, teams, and organizations alike can tap the huge hidden potential available to us anytime through the powerful act of asking for help. Very useful!”

—**William Ury, co-author of the bestselling *Getting to Yes*, author *Getting to Yes with Yourself***

Rights sold: CITIC (China), Business Weekly (Taiwan), Across Publishing (Korea), Saraiva Educacao (Brazil)



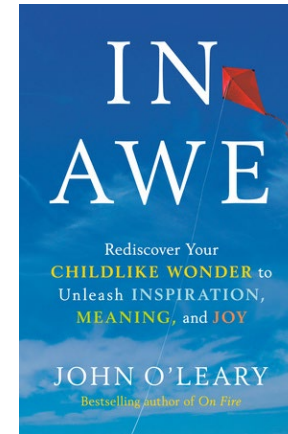
PREPARED

Diane Tavenner
September 2019
Rights: World
Currency | Hardcover
Education | Leadership

“As any parent knows, preparing your kids for life after high school is a long and sometimes difficult journey. Tavenner—who created a network of some of the best performing schools in the nation—has put together a helpful guidebook about how to make that process as smooth and fruitful as possible. Along the way, she shares what she’s learned about teaching kids not just what they need to get into college, but how to live a good life.”

– **Bill Gates**

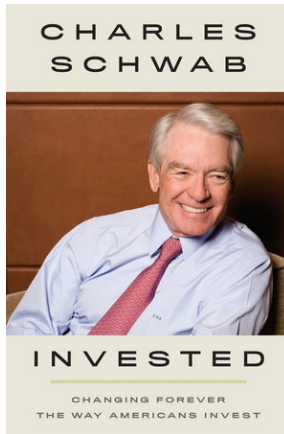
Rights sold: CITIC (China), Asuka Shinsha (Japan),
Thenan Contents Group (Korea),
CommonWealth Education (Taiwan), Bookscape
(Thailand), Tre (Vietnam)



IN AWE

John O'Leary
May 2020
Rights: World
Currency | Hardcover
Self-Help | Business & Economics

“If the greatest advantage in this life is a positive brain, it is vital we find a way to bring joy back into our work and relationships. John O'Leary shows us that joy and awe can not only be recaptured, they must be. They are the fuel we use to face a challenging and complicated world with boldness and confidence. Reading *In Awe* will return hope and wonder back into your pursuit of happiness.” —**Shawn Achor, author of *Big Potential* and *The Happiness Advantage***



INVESTED

Charles Schwab

October 2019

Rights: World

Currency | Hardcover

Biography | Business

“Chuck Schwab provides an engaging look into the investing world, balanced between his penchant for risk-taking with his grace and humility. He crafts a creative and highly rewarding story of not just Charles Schwab, the company, but Charles Schwab, the person. There are life lessons in this book for everyone, from Wall Street to Main Street.”—**Condoleezza Rice, former U.S. Secretary of State and Denning Professor at the Stanford Graduate School of Business**

Rights sold: CITIC (China), Kinzai Institute (Japan), Business Books (Korea), Act Si Politon (Romania), Intellectual Literature (Russia)



THE SOULFUL ART OF PERSUASION

Jason Harris

September 2019

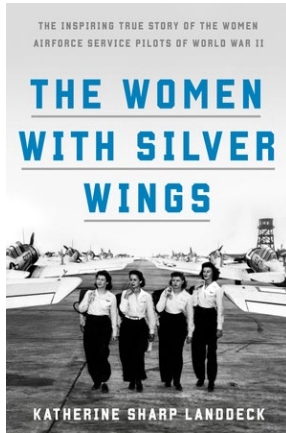
Rights: World

Currency | Hardcover

Business & Economics | Personal Success

“Jason Harris . . . expertly lays out tangible, positive actions that anyone can take to uncover their authentic self, influence others, and achieve their goals.”—**Lewis Howe, *New York Times* bestselling author and founder, School of Greatness**

Rights sold: Editora Alta (Brazil), CITIC (China), Direct Publishing (Japan), Bookie Publishing House (Korea), Lifestyle Publishing (Romania), China Times (Taiwan), Nicholas Brealey Publishing (UK), JSC Publishing (Russia), Ediciones Obelisco (world Spanish)



THE WOMEN WITH SILVER WINGS

Katherine Sharp Landdeck

April 2020

Rights: World English

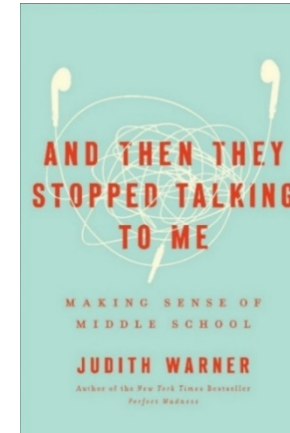
(Translation rights with Aevitas Creative Management)

Crown | Hardcover

History | Women

“Drawing on memoirs, archives, and interviews with surviving WASP members, Landdeck creates palpable portraits of many women's experiences and their lives after the program was disbanded. A compelling history that brings forgotten heroes back in the spotlight.”—*Kirkus*

Reviews



AND THEN THEY STOPPED TALKING TO ME

Judith Warner

May 2020

Rights: World

Crown | Hardcover

Adolescence | Psychology

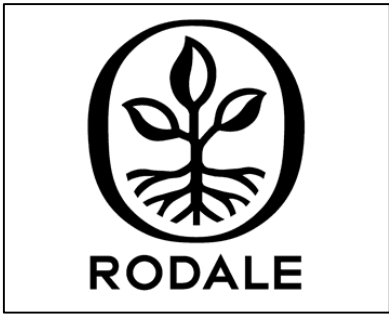
“As the parent of a middle schooler, I felt as if Judith Warner had peered into my life—and the lives of many of my patients. With clarity, compassion, and insight, *And Then They Stopped Talking to Me* brilliantly captures the landscape of today's kids' experiences and the psychological, familial, and cultural forces shaping them. Along the way, Warner debunks age-old myths and offers practical guidance that every parent can use. This is a gift to our kids and their future selves.” —**Lori Gottlieb, author of *Maybe You Should Talk to Someone***

self-help

body, mind & spirit

motivational

family & relationships



CAT AND NAT'S MOM RANTS

More Wine-Fueled Confessions from the Mom Trenches

Catherine Belknap and Natalie Telfer

March 2021

Rights: World

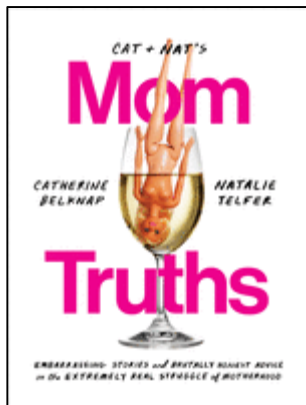
Rodale | Trade Paperback Original

Family & Relationships

In the follow-up to their bestselling debut *Cat & Nat's Mom Truths*, hilarious moms and best friends Cat and Nat (who have more than 1.5 million fans on social media) go deeper than ever before with outrageous confessions and hilarious rants that let every mom know she's not alone.

With seven kids between them, Cat and Nat have connected with their audience by sharing their completely real take on the stress, guilt, and joy of being a mom. Fiercely committed to dismantling the perfection myth, their viral videos give the real story on everything from sleep to sex.

Cat and Nat's first book shared short dispatches from the trenches that struck a nerve with moms everywhere. But so many of the experiences of parenthood, from guilt to balancing career with motherhood to body image, demand a longer format. While maintain their signature outrageous humor, they're now going deeper into these themes and sharing new confessions. They've also tapped into their incredible community to gather 'momfessions'--small moments of truth that are private, sometimes wildly funny, but also universal. Cat and Nat are committed to helping moms overcome guilt and feel a sense of community during this often isolating time of life using their secret weapon--humor. With more outrageous admissions, hilarious advice, and deep comfort, *Mom Rants* is the follow up their community is asking for.



Catherine Belknap and **Natalie Telfer** have been best friends since they were teens, and now their video series of "mom truths" about everything from sleep to sex has turned them into viral sensations.

Publishers of *Cat + Nat's Mom Truths*: Erdmet Geegen Publishing (Mongolia), Lifestyle Publishing House (Romania), JSC Publishing House (Russia)



THE WORK

Tom Bilyeu

September 2021

Rights: World

Rodale | Hardcover

Motivational

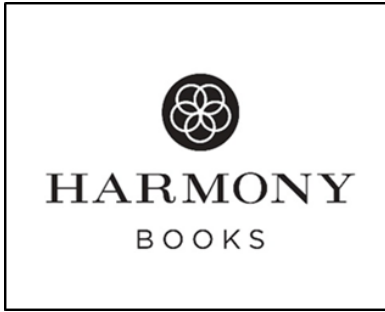
Develop your mindset, create passion, and actuate your full potential

Passions aren't found, they're made. They begin as a spark of interest. Nurture that spark into an ember, and it will gradually become a fire with enough strength to consume a mountainside. Here's what Tom Bilyeu wants you to know: anyone can start that fire. Anyone can become anyone.

Whatever you want in life, the path to getting it is in committing to your passion. But you also have to put in the work to excel. For every passionate person, there's someone who's willing to work harder than anyone else. There's someone who does the backbreaking work and pushes past the breaking point. That person may as well be you, and Tom Bilyeu is writing his debut book to show you how.

The Work draws on everything Tom has learned in his own journey from failing college student to successful entrepreneur. He shares the tools and mindsets that aided him in launching Quest Nutrition, a unicorn startup that grew 57,000% in its first three years and was worth one billion dollars in less than five. He digs into the latest research coming out of the best universities on growth mindset and performance. And he will share the best advice he's gotten from the smartest people in personal development.

Tom Bilyeu is the cofounder of Quest Nutrition, a health and wellness brand that was named the second fastest growing private company in North America in 2014. With Tom as President and the start-up's social media community builder, Quest achieved unicorn status, valued at over \$1 billion within two years. In 2017, Tom left Quest to launch Impact Theory, a company designed to facilitate global change through mission-based businesses and empowering content. A sought-after speaker and podcast guest, Tom has developed a reputation for his direct and irreverent approach to research and real life.



TOTAL MEDITATION

Deepak Chopra, MD

October 2020

Rights: World

Harmony | Hardcover

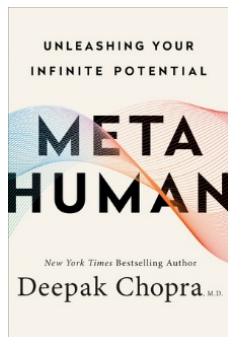
Body, Mind & Spirit

For the last 30 years, Deepak Chopra has been at the forefront of the meditation revolution in the West. Awakening is the culmination of his teachings over the years, a complete exploration of the physical, mental, emotional, relational, and spiritual benefits that these profound practices can bring. Deepak will guide readers on how to cultivate a clear mind, heal suffering from the mind and body, and recover from "overdrive." Ultimately, the reader will experience an awakening of the body, mind, and spirit, and begin to nurture a life led in a state of open, free, creative, and blissful awareness twenty-four hours a day.

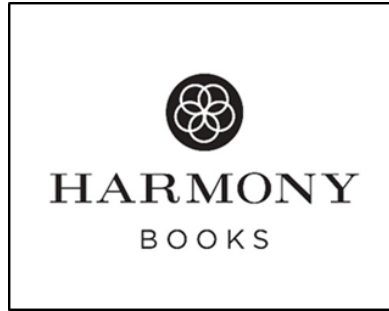
Total Meditation incorporates new research on meditation and its benefits, as well as a 52-week program of guided meditations (one a week) to help us increase our productivity, spontaneity, happiness, and income, while helping us to achieve new dimensions of stress-free living.

Deepak Chopra, MD is a world renowned pioneer in integrative medicine and personal transformation, the founder of the Chopra Foundation, and cofounder of Jiyo.com and the Chopra Center for Wellbeing. *TIME* magazine has described Dr. Chopra as "One of the top 100 heroes and icons of the century." In conjunction with his medical achievements, he is recognized as a prolific author of more than 85 books translated into over forty-three languages, with twenty-five *New York Times* bestsellers.

Rights sold: Rider (UK)



Publishers of *MetaHuman*: Alaude (Brazil), Bard (Bulgaria), Editions de la Maisnie (France), Verlagsgruppe Random House (Germany), Patakis (Greece), SELF (Portugal), Lifestyle (Romania), Eksmo (Russia). Alfaomega (Spain), Rider (UK), PRH Mexico (world Spanish)



RULES OF ESTRANGEMENT

Why Adult Children Cut Ties and How to Heal the Conflict

Joshua Coleman

November 2020

Rights: World

Harmony | Hardcover

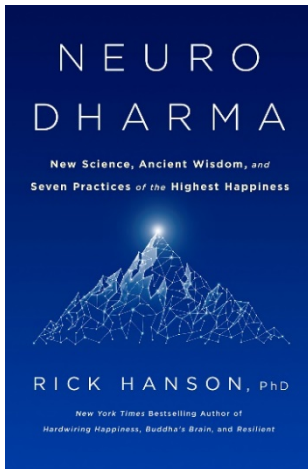
Family & Relationships

An exploration of the cultural reasons for the recent uptick in parental estrangement, along with guidance and understanding for parents looking to reestablish contact with their adult child.

There is a new silent epidemic in family relationships inflicting untold anguish between parents and their adult children: parental estrangement. The reasons for estrangement are varied -a shift in today's psychotherapy, changes in parenting attitudes, economic insecurity, and a general perception that parents are obstacles to personal growth or autonomy. Whatever the cause, dealing with estrangement is no easy task. A rejection from the person you love and care about most can be the most disorienting and painful experience in a parent's life. As a trusted psychologist whose own daughter cut off contact for several years, Dr. Joshua Coleman is well acquainted with that pain and uniquely qualified to guide parents in navigating these fraught interactions.

Dr. Coleman helps parents understand the behaviors of their adult child and offers a path forward without shame or regret. Estrangement occurs on a continuum from temporary and resolvable, to irresolvable and permanent, and it's difficult for parents to know whether or not their actions are having any positive effects. *Rules of Estrangement* gives parents the language and the emotional tools to engage in meaningful conversation with their child, and the ability to move on if reconciliation is no longer possible.

Dr. Joshua Coleman is an author and psychologist in private practice, and a Senior Fellow with the Council on Contemporary Families. His advice has appeared in the *Wall Street Journal*, *The Atlantic*, *Chicago Tribune*, *Newsweek* and he's lectured at Harvard, The University of California at Berkeley, University of London, and the Cornell Weill Medical School.



NEURODHARMA

New Science, Ancient Wisdom, and Seven Practices of the Highest Happiness

Rick Hanson

May 2020

Rights: World

Harmony | Hardcover

Self-Help

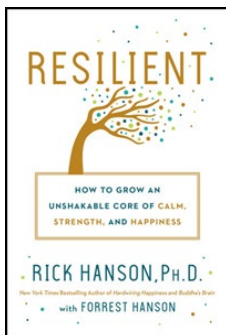
Both bold and grounded in current science, this book is a practical guide to reverse-engineering enlightenment in seven steps, written with Rick's trademark warmth, clarity, and relatability. Building on his classic bestseller *Buddha's Brain* (which has sold over 200,000 copies), *New York Times* bestselling author Rick Hanson uses his Buddhist analysis of the mind as a roadmap for strengthening the neural circuitry of deep calm, contentment, kindness, and wisdom—qualities we all need to succeed in the face of challenges.

Most books about transformations of consciousness are theoretical or religious, typically full of jargon, pep talks, and calls to believe on faith alone. Instead, this is a book of practice, of things readers can do immediately in the flow of daily life as well as in simple, powerful guided meditations.

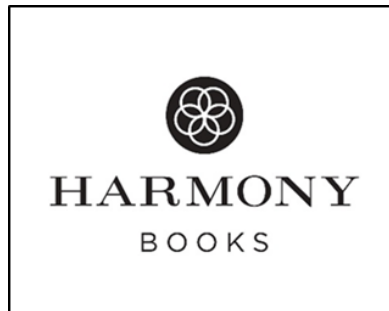
Dr. Hanson gets right at the useful essence of neuroscience, psychology, and contemplative practice, organizing it into a step-by-step path of practical ideas and tools, guiding readers along with his usual encouragement, good humor, and personal examples.

Rights sold: Irisiana/Heyne(Germany), Ten Have/VBK Media (Netherlands), Gdanskie Wydawnictwo Psychologiczne (Poland), Progress Kniga (Russia), Rider (UK)

Rick Hanson's books are available in 28 languages and include *Resilient*, *Hardwiring Happiness*, *Just One Thing*, *Buddha's Brain*, and *Mother Nurture*. To date, in English his books have sold over 750,000 copies. A summa cum laude graduate of UCLA and founder of the Wellspring Institute for Neuroscience and Contemplative Wisdom, he has been an invited speaker at NASA, Oxford, Stanford, Harvard, and other major universities, and taught in meditation centers worldwide.



Publishers of *Resilient*: GMT Editores (Brazil), CITIC (China), Arbor Verlag (Germany), Edesviz Kiado (Hungary), Giunti Editore (Italy), Winners Book (Korea), Ten Have (Netherlands), Gdanskie (Poland), Grup Media Litera (Romania), Progress Kniga (Russia), Commonwealth (Taiwan), Jarir Bookstore (UAE), KM Books (Ukraine), Rider UK, Samanta Social (Vietnam), Alfaomega (world Spanish)



FOURTEEN (TALKS) BY (AGE) FOURTEEN

The Essential Conversations You Need to Have with Your Kids Before They Start High School--and How (Best) to Have Them

Michelle Icard

February 2021

Rights: World

Harmony | Hardcover

Family & Relationships

The fourteen essential conversations to have with your child while their neural development is still receptive, with scripts and advice on how to broach the topics, keep the communication going, and create a new language for staying connected during this critical developmental window.

Trying to convince a middle schooler to listen to you can be exasperating. Indeed, it can feel like the best option is not to talk! But keeping kids safe—and prepared for all the times to come when you can't be the angel on their shoulder—is all about having the right conversations at the right time. And from a brain growth and emotional readiness perspective, there is no better time for this than their tween years, and before they enter high school. Distilling

Michelle Icard's decades of experience counseling families, *Fourteen (Talks) by (Age) Fourteen* focuses on big, thorny topics such as friendship, sexuality, impulsivity, and hygiene, as well as unexpected conversations about creativity, money, tolerance, and being a contributing member of the family. Outlining a simple, memorable formula for the best approach (The BRIEF Model: Begin peacefully, Relate to your child, Interview to collect information, Echo what you're hearing, give Feedback), Icard also helps parents get over the most common hurdles in talking to tweens: knowing what conversations are most important, figuring out what to say and what phrases to avoid, having a way to get started that won't irritate kids or scare them off, how to keep kids engaged in conversation, and how to exit the conversation in a way that keeps kids wanting more.

Like a Rosetta Stone for your tween's confounding language, *Fourteen...by...Fourteen* is an essential guide to preparing your tween for teenaged success.

Michelle Icard is a member of the Today show parenting team and NBC News Learn. The author of *MiddleSchool Makeover*, she is also a contributor to the Washington Post's "On Parenting" section and Your Teen magazine. Her work has been featured in The Chicago Tribune, The Christian Science Monitor, Redbook, Time, and People.



HAPPY NOT PERFECT
You Are Not Your Thoughts

Poppy Jamie
March 2021
Rights: World
Rodale | Hardcover
Motivational

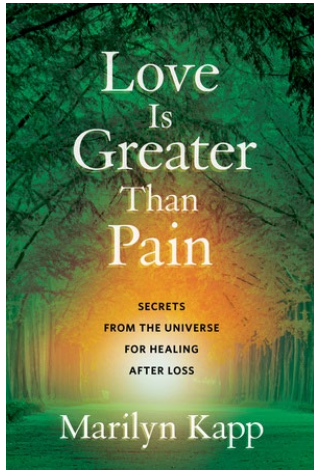
Changemaker, seeker, and recovering perfectionist Poppy Jamie explores the science and soul of mindfulness and self-compassion to help provide solutions for burnout, anxiety, and insecurity.

In *Happy Not Perfect*, Poppy Jamie, named one of Forbes "30 Under 30", seeks to address the mental health concerns that affect millennials and Gen Z in unprecedented ways. The book is inspired by Jamie's own struggle with what she calls "duck syndrome": putting up a serene, calm front on the surface, but underneath, paddling like mad and feeling miserable. On the outside it looked like she had it all--still in her 20's and having launched the successful and sought-after brand Pop & Suki as well as Instagram proof of traveling the globe and hanging out with celebrities; but it never felt like enough. Every day was a struggle and a battle with insecurity and fatigue until she was finally able to let go of the negative thoughts in her head about living a perfect life.

This led her on a mission to destigmatize and change the conversation around mental health. She began working with mindfulness experts and neuroscientists to find practical tools beyond the typical self-help mantras and mirror affirmations that don't really change anything. *Happy Not Perfect* looks at WHY we struggle so terribly with anxiety and stress; HOW we can make basic foundational changes to take back control of our emotions; and WHERE in our lives we need to reset the most. This is real help, backed by the latest in research and psychology, to re-program our thoughts, take control of our emotions, move off autopilot, and become more empathetic to ourselves and ultimately feel happier.

Rights sold: Yellow Kite/Hodder (UK)

Poppy Jamie is an entrepreneur, influencer, and a rising star in the mental health and mindfulness space. She launched the Not Perfect podcast in 2019 and the Happy Not Perfect app in 2018, after four years of aggregating behavioral studies and developing the app with neuroscientists, researchers, and her neurotherapist mom. She has been featured in the New York Times, Wired, Fast Company, Refinery29, Forbes, Vogue, Cosmo, E!, NBC News, and MTV.



LOVE IS GREATER THAN PAIN

Secrets from the Universe for Healing After Loss

Marilyn Kapp

June 2020

Rights: World

Harmony | Hardcover

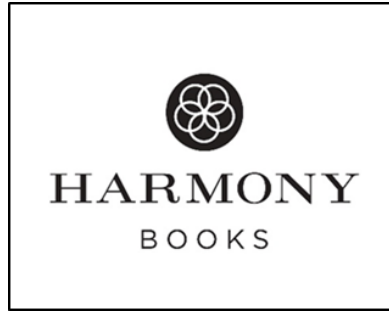
Body, Mind & Spirit

A renowned medium who specializes in comforting the living and the dead shares practical ways to alleviate grief and accelerate healing.

When Marilyn Kapp was two years old, she watched her grandfather's spirit leave his body. He told her he would be back. For years, she kept her channeling abilities to herself and to family, especially after accurately predicting the death of an elementary school classmate. This changed when, as a college student, she met Elie Wiesel, the Nobel Laureate writer and Holocaust survivor, who became her mentor and encouraged her to share her gifts, telling her that they could be used to help people. Wiesel remained a mentor and friend through his life.

In *Love Is Greater Than Pain*, Kapp teaches us how to understand and interact with the afterlife, using personal stories from her clients and from her own life, and transcripts of actual channeling sessions. She explains in clear and simple language how our well-being, growth, happiness, and actions directly impact our loved ones who've passed. She even includes a chapter on communicating with pets after they have passed. Death doesn't end a relationship or the love it held. By keeping the door open and honoring life even as we grieve, we are able to continue to experience love and healing, and even comfort our loved ones who have passed do the same.

Marilyn Kapp received a master of arts from Emerson College and apprenticed with Chi-gung master and healer Dr. Cho Wong. Kapp has performed thousands of personal readings for individuals and families, conducting sessions all over the United States and internationally in person and by telephone.



SCAFFOLD PARENTING

How to Build Resilience, Self-Reliance, and a Sense of Security That Lasts a Lifetime

Harold Koplewicz

April 2021

Rights: World

Harmony | Hardcover

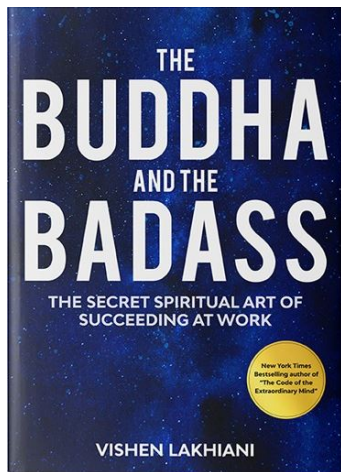
Family & Relationships

How to prevent and counteract the general anxiety and emotional fragility that is so prevalent in children and teenagers today--a new parenting philosophy and strategies that give children the tools to flourish on their own.

Just as a sturdy scaffold is necessary when erecting a building but will come down as the structure grows stable, good parenting provides children with steady, warm, emotional nourishment on the path toward their independence. In *Scaffold Parenting*, world-renowned child psychiatrist Harold Koplewicz introduces the powerful new and clinically-tested idea that this deliberate build-up and then gradual loosening of parental support is the single most effective way to encourage kids to climb higher, try new things and grow from mistakes, and to develop personal character and strength.

Offering the ten building blocks or "planks" of an effective scaffold--from laying a solid foundation and setting limits to building strength and minimizing cracks—he expertly guides parents through the strategies they need to raise empowered, capable kids while building parent-child bonds that will survive adolescence and grow stronger into adulthood.

Harold Koplewicz, M.D. is one of the nation's leading child and adolescent psychiatrists. The founding president and director of The Child Mind Institute in New York City and San Mateo, CA, he has been repeatedly named in America's Top Doctors, Best Doctors in America, and New York Magazine's "Best Doctors in New York." He has appeared on *Today*, CBS News, CNN, Oprah, and Anderson Cooper 360, and he is quoted regularly in the *New York Times*, *USA Today* and *The Wall Street Journal*.



THE BUDDHA AND THE BADASS The Spiritual Art of Succeeding at Work

Vishen Lakhiani
June 2020
Rights: World
Rodale | Hardcover
Motivational

Forget hustling. This book will disrupt your deeply held beliefs about work, success, and, indeed, life.

If you're the average person in the developed world, you spend 70 percent of your waking hours at work. And if you're the average person, you're miserable for most of those hours. This is simply not an acceptable state of affairs for your one shot at life.

No matter your station, you possess incredible unique powers. It's a modern myth that hard work and hustle are the paths to success. Inside you is a soul. And once you unleash it fully into the domain of work, magic happens. Awakening the Buddha and the Badass inside you is a process that will disrupt the way you work altogether. You'll gain access to tools that bend the very rules of reality.

The Buddha is the archetype of the spiritual master. The person who can live in this world but also move with an ease, grace, and flow that comes from inner awareness and alignment.

The Badass is the archetype of the changemaker. This is the person who is out there creating change, building, coding, writing, inventing, leading. The badass represents the benevolent disruptor--the person challenging the norms so we can be better as a species.

Once you integrate the skill sets of both archetypes, you will experience life at a different level from most people. You will operate from a space of bliss, ease, inspiration, and abundance. This book will show you how. Vishen Lakhiani has turned his own life and company into his research lab. He's codified everything he's learned into the how-to steps in this book. *The Buddha and the Badass* teaches you how to master your work and your life.

Rights sold: Eksmo (Russia), Polish offer pending

Vishen Lakhiani is one of today's most influential minds in the fields of personal growth and human consciousness. He is the founder and CEO of Mindvalley, the world's leading online personal growth education company, and behind several top-ranking health and wellness apps. He is also the author of the New York Times bestseller *The Code of the Extraordinary Mind*, which has been translated into more than 20 languages.



GIVE A DAMN

Examine Your Choices and Stop Living on Autopilot

Antonio Neves

January 2021

Rights: World

Rodale | Hardcover

Motivational

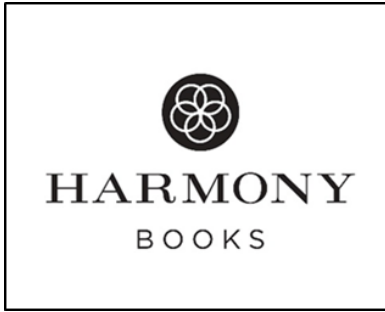
A raw how-to guide that will help you recommit to your life and stay bold, honest, and accountable for lasting happiness.

Ask yourself a simple question: Based on your last 30 days of work (or marriage, or parenting), would your company rehire you? Would your partner immediately recommit to you? Would your children want you to continue to be their parent?

The easy answer is "Absolutely!" Your life might read like a success story and your parents and friends think you have it all figured out. But you have a secret: you've stopped caring about much of anything. You feel out of place in your own life. You'd rather binge watch Netflix than think about what's next. You have two choices - experience a slow self-destruction, or commit to a self-correction.

Speaker and life coach Antonio Neves gives you the opportunity to reboot your life and find fulfillment and happiness right where you are. You don't have to quit your job or move to Bali to follow your passion--it just takes a shift in perspective and a commitment to live courageously, replacing passivity with boldness. Give a Damn will guide you to confront some hard truths about where you are and how you got there, inviting compassion, honesty, and accountability. It's never too late to reevaluate your behavior and lay a stronger foundation for your next 30 days. Step by step, you can become an active player in your own life again and rediscover what makes you great.

Antonio Neves is an internationally recognized speaker, executive coach, and award-winning journalist. He regularly delivers keynotes and trainings at top organizations worldwide. For over ten years, Antonio worked as a business correspondent, host, and producer with top television networks. As a journalist, he has spent hundreds of hours interviewing and profiling top CEOs, executives, and founders including the entrepreneurs behind Twitter, AOL, Warby Parker, and more. A first generation college graduate, Antonio earned his Masters degree from Columbia University.



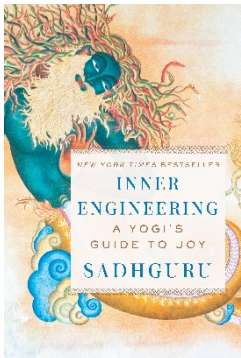
KARMA
A Yogi's Guide to Creating Your Own Destiny
Sadhguru
February 2021
Rights: World (Indian rights controlled by the author)
Harmony | Hardcover
Body, Mind & Spirit

A new perspective on the overused and misunderstood concept of "karma" that offers the key to happiness and enlightenment from the New York Times bestselling author and world-renowned spiritual master Sadhguru.

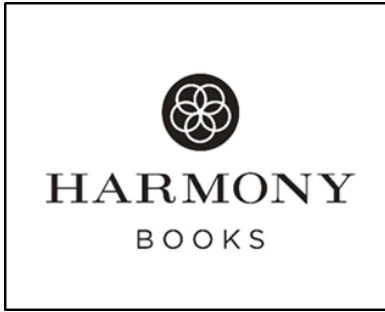
What is karma? Most people understand karma as a balance sheet of good and bad deeds, virtues and sins. The mechanism that decrees that we cannot evade the consequences of our own actions. In reality, karma has nothing to do with reward and punishment. Karma simply means action. Your action, your responsibility. It isn't some external system of crime and punishment, but an internal cycle generated by you. Accumulation of karma is determined only by your intention and the way you respond to what is happening to you.

In *Karma*, Sadhguru seeks to put you back in the driver's seat, turning you from a terror-struck passenger to a confident driver navigating the course of your own destiny. Karma is an exploration and a manual, restoring our understanding of karma to its original potential for freedom and empowerment instead of a source of entanglement. Through his teachings, you will learn how to live intelligently and joyfully in a challenging world.

Sadhguru Jaggi Vasudev is a yogi, mystic, and the founder of the Isha Foundation, an all-volunteer organization engaged in large-scale humanitarian and environmental projects. He is the founder of the Isha Yoga Center in Coimbatore, India, and the Isha Institute for Inner Sciences on the Cumberland Plateau in central Tennessee.



Sadhguru's previous book, *Inner Engineering*, was licensed in over 25 territories. Full list available upon request.



WELCOME HOME

Najwa Zebian

June 2021

Rights: World

Rodale | Trade Paperback Original

Self-Help | Motivational

From the celebrated poet, speaker, and educator Najwa Zebian comes a powerful approach to healing focused on building a home within yourself.

Imagine you have the power to build the home of your dreams. What would it look like? What rooms would you include? Who would you welcome into it? Now, imagine that home being built inside of you, each room filled with a different emotion, from Self-Love and Happiness, to Anger, Guilt, Forgiveness, and more. Just as this home is yours to design and build inside of you, it is yours to decide who is allowed in and who isn't.

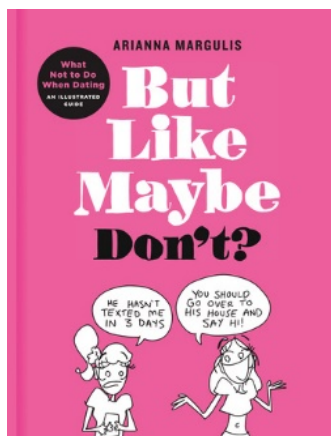
In her debut book in the self-development space, poet Najwa Zebian shares her revolutionary concept of home to guide readers to embrace their vulnerability, discover their self-worth, and build their own strong foundations from the ground up. For the first time, Najwa shares her own story of building her identity as a young Muslim woman who left war-torn Lebanon for Canada at sixteen, of recovering from romantic loss, and of learning to create a sense of home inside herself rather than looking to another person for that sense of safety and worth. Written with Najwa's trademark power, candor, and warmth, *Welcome Home* offers a universal approach to healing and solace for those navigating heartbreak, identity, and mental health challenges. With prescriptive advice and tools for readers to use in their own journey, Najwa helps readers turn their emotional chaos into a place of comfort and safety that is self-generated and sustainable.

Rights sold: Editora Bestseller (Brazil), Integral/Heyne Verlag (Germany), A.W. Bruna (Netherlands), Hodder & Stoughton (UK), Diana/Editorial Planeta (world Spanish)

Najwa Zebian is a Lebanese-Canadian activist, author, speaker, and educator. After self-publishing her first collection of poetry and prose in 2016, she went on to become a teacher and a doctoral candidate in educational leadership. Her three books of poetry have combined to sell over 250,000 copies, and she recently launched the digital school Soul Academy and the podcast *Stories of the Soul*. Her work has been featured in *The New York Times*, *Glamour*, *Elle Canada*, *HuffPost*, and more, and her Tedx talk has been viewed over 100,000 times.

recently published

coming soon



BUT LIKE MAYBE DON'T
What Not to Do When Dating:
An Illustrated Guide

Arianna Margulis

February 2020

Rights: World

Harmony | Hardcover

Humor | Relationships

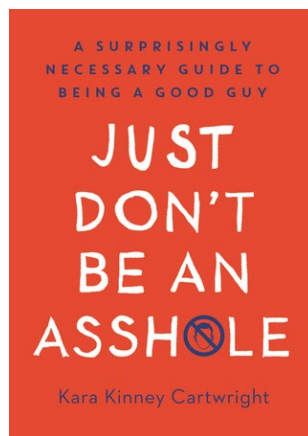
Trim: 6 x 8 in

Illustrations: 50 Illustrations throughout

“These comics perfectly capture the struggles of being a millennial woman.”—*Elite Daily*

“Prepare to be obsessed with But Like Maybe.”—*Cosmopolitan*

Rights sold: Morning Star (China)



JUST DON'T BE AN ASSH*LE
A Surprisingly Necessary Guide to
Being a Good Guy

Kara Kinney Cartwright

March 2020

Rights: World

Rodale | Hardcover

Family & Relationships | Self-Help

Trim: 5 1/8 x 7 1/4 in

Illustrations: 13 pieces of line art

This is the tough love that boys need to hear today: a candid and whipsmart guide to being a good guy in a world full of assh*les.



OUTSMARTING THE SOCIOPATH
NEXT DOOR

How to Protect Yourself Against a
Ruthless Manipulator

Martha Stout, Ph.D.

April 2020

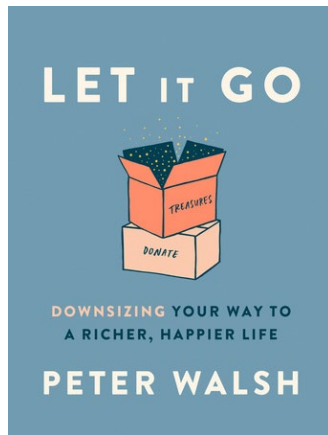
Rights: World

Harmony | Hardcover

Psychology | Self-Help

“Dr. Stout's book is mandatory reading on how to effectively deal with sociopaths before you get hurt.”—**Joe Navarro, former FBI special agent and the author of *Dangerous Personalities***

Rights sold: Huazhang Graphics (China),
Dum Harfa (Czech Republic), Soshisha
(Japan), Spoleczny (Poland), Editura Trei
(Romania), 3D Basim Yayim
Dagitim (Turkey),
Hodder (UK)



LET IT GO

Downsizing Your Way to a Richer, Happier Life

Peter Walsh

December 2019

Rights: World

Rodale | Hardcover

House & Home | Self-Help

A unique approach to decluttering for anyone in the process of downsizing from an organizing expert.

In *Let It Go*, Peter Walsh helps you turn downsizing into a rejuvenating life change.

Rights sold: Penguin Random House (Australia/NZ), Wydawnictwo Kobiiece Lukasz Kierus (Poland)



BURNING BRIGHT

Rituals, Reiki, and Self-Care to Heal Burnout, Anxiety, and Stress

Kelsey Patel

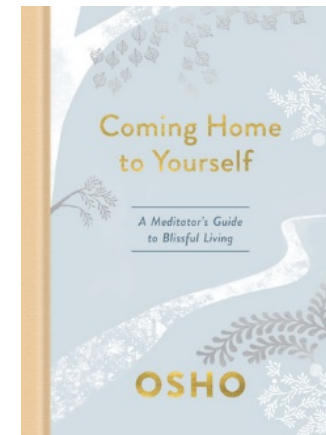
April 2020

Rights: World

Harmony | Hardcover

Body, Mind, & Spirit

“Kelsey Patel is both an intuitive and a Reiki master, and she brings this wisdom together for her first book on how to deal with burnout. If you’re looking to get back into alignment, Patel shares how to tap into subtle energy shifts through simple yet powerful practices that you can do on yourself.”—**goop**



COMING HOME TO YOURSELF

A Meditator's Guide to Blissful Living

Osho

April 2020

Rights: World

Harmony | Hardcover

Body, Mind & Spirit

Trim: 5 1/8 x 7 1/4 in

Illustrations: 100-150 Illustrations

A beautifully illustrated collection of mindfulness exercises for grounding, relaxation, and finding inner peace, from legendary spiritual guru Osho.

Rights sold: Dar El Khayal (world Arabic), GMT Editores (Brazil), LEO Commece (Croatia), Verlagsgruppe Random House (Germany), Publik Praktikum (Serbia), Butik Yayincilik (Turkey), Ediciones Urano (world Spanish)

diet

health

fitness



TRACY ANDERSON'S TOTAL CONNECTION

The 6-Week Challenge to Transform Your Body, Mind, and Life

Tracy Anderson

September 2021

Rights: World English (Translation rights with Folio Literary)

Rodale | Hardcover

Health & Fitness | Exercise

Trim: 7 3/8 x 9 1/8 in

Illustrations: 70 4/color photos, recipes

The ultimate diet and fitness program to reset and rebalance the body and mind in order to look and feel amazing, from the trainer of Gwyneth Paltrow, Tracee Ellis, and Jennifer Lopez, and the New York Times bestselling author of *The 30-Day Method*.

Over the last 20 years Tracy Anderson has been on a mission to correct imbalance in the body. She's transformed the bodies of millions (including those of noted celebrities) through her DVDs, fitness studios, and streaming online classes. She's showed readers how to get fit, but over the years she's realized that what her fans really want is a more holistic solution that encompasses their body and mind. By finding the Connection and aligning your mind, body, and lifestyle, you can change the way you look and feel for the better, through a combination of what you eat, how you move, and how you think. Tracy's program explores your emotional connection to yourself and your health to strengthen your resolve. Her nutritional plan reduces inflammation by cutting out one common trigger each week (wheat, soy, beans, etc.) and in the process brings the body into balance. The diet, combined with unique workouts, reduces stress and inflammation and aids digestion. The 6-week program includes meal plans, recipes, and the advice readers need to change their lives and their bodies from the inside out.



Fitness pioneer **Tracy Anderson** has been transforming the bodies of women and men for almost two decades. She danced as a child and at 18 traveled to New York with the hope of becoming a professional dancer. After experiencing considerable weight gain, she began to experiment and research her own workout methods to transform her body and those of others. She developed the Tracy Anderson Method after a decade of extensive research, and since then has shared her method in 170 DVDs, streaming video shared with millions globally and her six fitness studios. Tracy has helped countless celebrities transform their bodies, including Gwyneth Paltrow, Tracee Ellis Ross, Jennifer Lopez, and Kim Kardashian.



ATHLEANX'S TRAIN LIKE AN ATHLETE
Intelligent Training to Build the Ultimate Body

Jeff Cavaliere

June 2021

Rights: World

Rodale | Hardcover

Health & Fitness | Exercise

Trim: 7 3/8 x 9 1/8 in

Illustrations: 100 black & white photos throughout; Charts

From the sought-after trainer behind YouTube's #1 Fitness channel AthleanX, with 10 million followers across platforms, this is the new bible of bodybuilding, sharing Jeff Cavaliere's signature science-based approach to functional training.

AthleanX puts the science into strength training. This unique strength training and conditioning program—including plans for nutrition and supplementation as well as step-by-step guides to the exercises—gives users the lean, muscular, functional bodies of professional athletes. Other fitness books and programs are based on a bodybuilding model, which can make you look stronger, but Jeff Cavaliere shows how to hit the gym without falling into the common "bro" traps: poor posture and flexibility, muscle imbalances, joint stiffness, pain, and injury. His sports medicine-based approach centered on injury prevention has earned him his rabid, massive fan base.

His book will go deeper into his philosophy of functional training than he's been able to online, making this book a must-have for his fanatic audience. And it will include 100 step-by-step photos of Jeff demonstrating proper form for injury and pain prevention. And it will conclude with Jeff's essential program for intelligent training plus nutritional and supplementation plans.

Jeff Cavaliere, MS PT CSCS, is a highly sought after personal trainer to elite athletes, wrestlers, and MMA fighters. Today he runs the wildly popular YouTube channel AthleanX (across platforms he has over 7million followers; he posts 3 videos a week, with a number of videos have over a million views), which brings intelligent training to the everyday gymgoer.



THE THYROID RESET DIET

Reverse Hypothyroidism and Hashimoto's Symptoms with a Proven Iodine-Balancing Plan

Alan Christianson, NMD

January 2021

Rights: World

Rodale | Hardcover

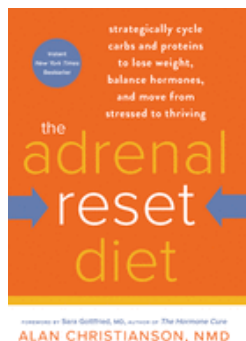
Health & Fitness | Diet & Nutrition

A surprising new plan to reverse the symptoms of thyroid disease by reducing excess dietary iodine, from integrative physician and *New York Times* bestselling author Dr. Alan Christianson.

Though the thyroid gland is small, it produces a hormone that controls the rate of nearly every chemical reaction in the body--turning food into energy, controlling the rate of tissue growth, stimulating the activity of other hormones, and much more. An estimated twenty million Americans can have some form of thyroid disease, and up to 60 percent of them are unaware of their condition. Depending on the type and severity of the thyroid disease, symptoms can range from weight gain and fatigue to tremors and palpitations.

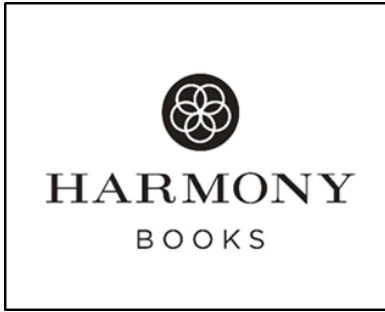
In *The Thyroid Reset Diet*, Dr. Alan Christianson will help readers reverse chronic thyroid diseases like hypothyroidism, Hashimoto's Thyroiditis, and hyperthyroidism with nothing more than dietary change: the regulation (or reduction) or iodine intake. Backed by new research that shows proper dietary iodine intake can reverse thyroid disease in as little as four weeks, his diet plan will contain the optimal amount of iron and dietary iodine to control thyroid hormones, effectively resetting the thyroid.

Instead of following a restrictive autoimmune paleo approach for thyroid health, Dr. Christianson recommends food swaps like barley instead of processed wheats. He shares the latest on supplements and other thyroid health strategies, along with 60-70 recipes, meal plans, and maintenance info. His cutting-edge research and clear results, coupled with an easy-to-follow diet plan, will help anyone struggling with thyroid disease.



Alan Christianson, NMD, author of The New York Times bestselling book *The Adrenal Reset Diet* and *The Metabolism Reset Diet*, is a naturopathic medical doctor who specializes in natural endocrinology with a focus on thyroid disorders. He founded Integrative Health, a physician group dedicated to helping people with thyroid disease and weight-loss resistance regain their health.

Publishers of Alan Christianson: Vdahnovenia (Bulgaria), Ginkgo Book Co. (China), Wilhelm Goldmann (Germany), Global Group Holdings (Taiwan), Hay House UK, Ediciones Obelisco (world Spanish)



THE POWER PLATE DIET

The Ultimate Anti-Inflammatory Foods to Boost Weight Loss with Every Meal

Erin Oprea

January 2021

Rights: World

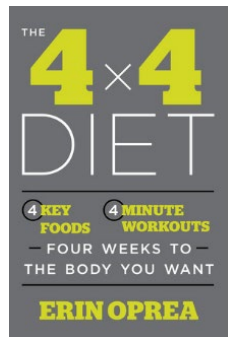
Harmony | Hardcover

Health & Fitness | Diet & Nutrition

Erin Oprea, celebrity trainer and author of *The 4 x 4 Diet*, has created a targeted diet plan with easy guidelines on balancing your plate to reduce inflammation, regulate hormones, and help readers get healthy.

After publishing *The 4 x 4 Diet*, Erin discovered the huge impact that chronic inflammation has on our bodies, and the link between food and inflammation. Chronic inflammation is the cause for many common diseases, and inflammatory foods like sugar, vegetable oil, refined flour, grain-fed meats, seed oils, and dairy products only contribute to (or cause) the damage. The good news is, eating fatty fish, coconut oil, cruciferous veggies, kale, ginger, and other anti-inflammatory foods can actually reverse inflammation. By combining them in a "power plate," built from one ingredient from each of the core categories - complex carb as a base, lean protein, healthy fat, and vegetables - you'll be able to affect your health and your weight for the better. With such a simple guideline, readers have the freedom to make their plates as creative as they'd like while still keeping inflammation at bay.

Erin will include a 3-week meal plan, tips and tricks like carb substitutes (and beet juice!), and the best exercise and lifestyle principles that have continued to work for herself and her clients. Living clean and balanced will keep you healthy and your waistline trim.



Erin Oprea is a celebrity trainer, known for getting high-profile clients like Carrie Underwood, Martina McBride, Lee Ann Womack, and Kelsea Ballerini in shape.

"I've had the pleasure of working with Erin for many years now and her approach to food, fitness, and overall health has not only been effective for me, but practical as well. Erin has taught me a lot about physical fitness and has helped me move from 'dieting' to maintaining a consistent healthy lifestyle. The 4 x 4 Diet is a philosophy that anyone can implement into their daily lives...It's not a diet...it's a lifestyle." --**Carrie Underwood**

Publishers of *The 4 x 4 Diet*: Janusz Nawrocki (Poland)



DIGEST THIS

The 21-Day Gut Reset Plan to Conquer Your IBS

Bethany Ugarte

October 2020

Rights: World

Rodale | Trade Paperback Original

Health & Fitness

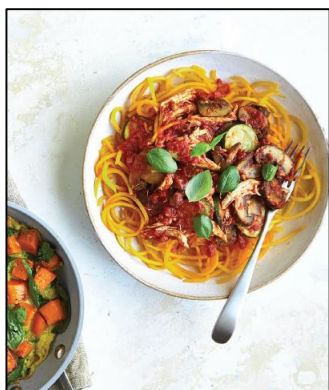
Trim: 7-3/8 x 9-1/8 in.

Illustrations: 40 4/color photos throughout

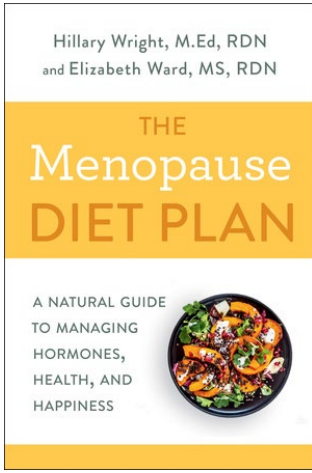
After years of severe struggles with IBS and gut dysfunction and finding no relief from the conventional ways of treating IBS (following a low-FODMAP diet, taking drugs, managing stress), Bethany Ugarte took matters into her own hands. She changed her diet with the help of a holistic doctor, eliminating all gut irritants and eating nutrient-dense, easily digested foods like Greek yogurt, bone broth, and collagen. Her painful, debilitating symptoms disappeared. Now she's synthesized her hard-won gut health wisdom into a 21-day Gut Reset protocol and maintenance plan that works, even when nothing else has.

Her program includes powerful techniques, including pureeing protein for maximum nutrient absorption, novel hacks, and creative recipes that deliver maximum flavor with minimal ingredients like Sweet Potato French Toast, Chilled Avocado Cucumber Mint Soup, and Pumpkin Pie Pops. She'll dispel some of the myths that surround IBS.

Bethany Ugarte runs the popular health and food blog Lilsipper, and her Instagram account dialoguing her daily food life and journey with IBS has over 330k followers.



Photos from *Digest This*



THE MENOPAUSE DIET PLAN

A Natural Guide to Managing Hormones, Health, and Happiness

Hillary Wright and Elizabeth Ward

August 2020

Rights: World

Rodale | Trade Paperback Original

Health & Fitness

Trim: 5 1/2 x 8 1/4 in

Illustrations: 25-30 recipes

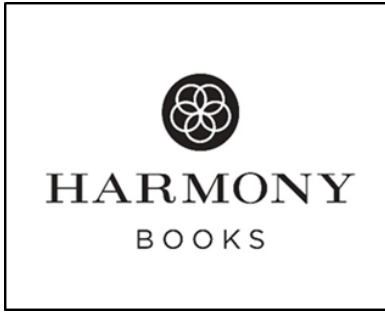
Minimize the symptoms of perimenopause and menopause through a sustainable diet, self-care, and healthy lifestyle changes.

The Menopause Diet Plan encourages women to take a positive approach to managing their physical and mental health through the pre- and post-menopausal years, offering natural strategies on how to handle hot flashes, sleep difficulties, mood swings, digestion changes, muscle loss, and more. It highlights the current scientific evidence on the best diet and exercise plan to manage weight gain, and how to keep your heart, brain and bones healthy while decreasing your risk for cancer and other chronic conditions.

Registered dietitians Hillary Wright and Elizabeth Ward suggest targeted lifestyle changes like stress management, healthy eating strategies, and dietary supplements that can lead to meaningful results, balancing evidence-based recommendations with real-life circumstances. The Menopause Diet Plan also features information on how to translate nutrition advice into a Mediterranean diet-based eating plan, plus thirty delicious recipes (such as Roasted Vegetable Calzone or Black Bean Raspberry Fudge Cake) to inspire a well-rounded, healthful diet that benefits women at this stage of life.

Hillary Wright, MED, RDN, is a registered dietitian with more than thirty years of experience as a nutrition educator and consultant, and the author of *The PCOS Diet Plan* and *The Prediabetes Diet Plan*. She is the director of nutrition counseling for the Domar Center for Mind/Body Health at Boston IVF, a Harvard-affiliated fertility treatment center. She also works part time as a senior nutritionist at the Dana Farber Cancer Institute in Boston, Massachusetts and is a founding member of the nutrition technology company Good Measures LLC.

Elizabeth Ward, MS, RDN, is a registered dietitian with more than thirty years of experience writing about nutrition and health, an experienced recipe developer, and a food photographer. She is the author and co-author of several books, including *Super Nutrition After 50*, *Live Longer and Better*, and *Expect the Best*.



THE ESSENTIAL OILS APOTHECARY

Includes 100 Easy and Effective Recipes for 25 Chronic Conditions

Eric Zielinski and Sabrina Ann Zielinski

January 2021

Rights: World

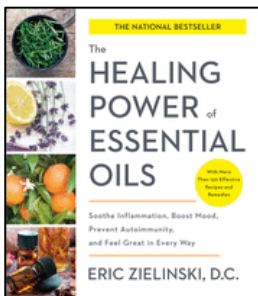
Harmony | Trade Paperback Original

Health & Fitness

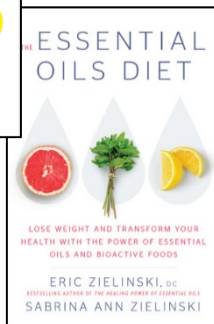
An information-packed resource of soothing practices and healing rituals (with recipes) for applying the medicinal properties of essential oils to the treatment and symptom management of chronic illness—from insomnia, anxiety, hypertension, and fibromyalgia, to fatigue, migraines, insulin resistance, and more.

Dr. Eric Zielinski is on a mission to help people experience the abundant life. Formally trained as a public health researcher and aromatherapist, his website, DrEricZ.com, is visited by 6,000,000 natural health seekers every year, and he has rapidly become the #1 resource for non-branded, faith-based essential oils education on the Internet today. An accomplished researcher with several publications and conference proceedings, Dr. Z currently sits as peer-reviewer for multiple journals.

Sabrina Ann Zielinski is a certified group fitness and martial arts instructor, health coach, lactation consultant, and a natural health guru. The mastermind behind the allergy-friendly food recipes and do-it-yourself remedies featured on Dr.EricZ.com, she’s known as “Mama Z” to many fellow moms looking for natural ways to care for their families.



Publishers of *The Healing Power of Essential Oils*: VDAHNOVENIA (Bulgaria), 2020 Editora (Portugal), Publik Praktikum (Serbia), Vydavatelstvo Slovensky Tratan (Slovakia), Obelisco (world Spanish), ACME (Taiwan), ThaiHa Books (Vietnam)



“THE ESSENTIAL OILS DIET is a thorough, integrated, food and lifestyle reference guide that provides everything you need to get your health back on track. It is one of the few books that can take many modalities and weave them together, aligning the scientific studies with practical application. Beautifully written, organized, synthesized through both Dr. Z and Mama Z, and, most importantly, infused with love and spirituality!”—**Deanna Minich, PhD, researcher, clinician, and author, Whole Detox**

cookery

Illustrated lifestyle



DADA EATS EASY REAL FOOD

Quick and Simple (Mostly) Plant-Based Cooking for All Your Cravings

Samah Dada

April 2021

Rights: World

Rodale | Trade Paperback Original

Cooking | Vegan

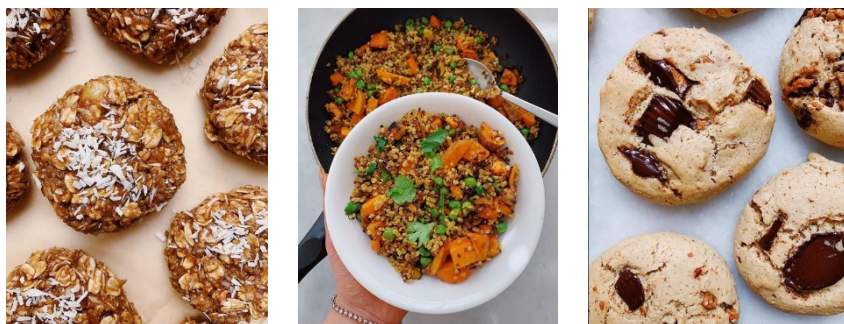
Trim: 7 1/2 x 9 1/8 in

Illustrations: 50 4/color photographs

100+ indulgent meals and treats from the vegan- and keto-friendly rising star, all made with whole, unprocessed ingredients, including viral hits like brookie (brownie/cookie) pie and chocolate chip tahini cake.

Samah Dada doesn't buy into the all or nothing mentality of healthy eating. By using real, unprocessed ingredients in surprising ways, she shows you how to have your cake and eat it too--because it's actually made out of chickpeas. Samah brings the infectious charm that won over Today Show audiences and her social media following alike to her first cookbook, *Dada Eats Easy Real Food*, where she combines her passions for food, health, and wellness to makeover crave-worthy classics with real ingredients--without sacrificing either indulgence or health. Inspired by her Indian roots as well as Middle Eastern, Mediterranean, and European cuisines, her fresh takes on your favorite foods require minimal ingredients and steps, and many of the recipes are allergen-free, gluten-free, Whole30- and keto-compliant, and vegan. Samah also provides an easy introduction to alternative flours and sugars and explains how to use them without losing the flavor and joy.

Written in Samah's approachable, vibrant voice, *Easy Real Food* makes even the most reluctant and busiest of people want to cook, with beautiful full-color photography and Samah's takes on 100+ of your favorite foods (80% of the recipes are new to the book, 20% are her biggest online hits), from Masala Scrambled Eggs and Fluffy Pillow Pancakes to Chocolate Chip Cookie Dough Dip and Fudge Brownies. With on-the-go breakfasts, snacks, and desserts that taste so good you'd never know they were made with real ingredients, this is the right place to help you indulge well.



Photos from Samah Dada's Instagram/dadaeats

Samah Dada is a New York City-based recipe developer, food photographer, and the blogger behind Dada Eats. Inspired by the foodscapes of London and California, she has made multiple appearances on the Today Show and is now the host of NBC's Digital Show #Cooking with Samah Dada.



UNTITLED GIADA

Giada De Laurentiis

March 2021

Rights: World English (Translation rights are with WME Entertainment)

Rodale | Hardcover

Cooking | Healthy Living

Trim: 7 7/16 x 9 1/2 in

Illustrations: 75-85 Photographs

Heal your body, mind, and spirit with 80 all-new health-focused recipes, a 3-dayreboot 21-day reset, beauty routines, and more from *New York Times* bestselling author and lifestyle influencer Giada De Laurentiis.

"While feeding yourself well is the most important thing you can do for your mind and body, food is just the beginning--self-care goes deeper. Truly taking care of your whole self--inside and out--is about more than just what you eat. It's about fueling your body on all levels so you can be your most balanced self." - Giada De Laurentiis

Get an inside look at Giada's approach to healthy, balanced living. In her first book tackling health and wellness, she walks you through how she selects foods that can actually make you feel better, chooses supplements to support health goals, curates a personalized wellness routine, and the benefits of meditation. Find out how naturopathy turned Giada's life around and how she uses intermittent fasting, acupuncture, and B-vitamin shots to help her optimize her wellbeing. Giada devotes an entire chapter to the importance of her 3-day reboot and complimentary 21-day reset routine--with recipes—that she follows several times a year.

The book features 80 all-new recipes like Quinoa and Coconut Yogurt Pancakes (gluten-free and dairy-free); Sheet Pan Parmesan Shrimp with Roasted Vegetables; Warm Kale Salad with Avocado and Toasted Walnuts (vegan); Grilled Skirt Steak with Charred Scallion Salsa Verde; and Almond Butter-Maple Crispies. Giada's newest book is the perfect jumpstart to working your way to wellness.

Giada De Laurentiis is the Emmy award-winning star of *Giada Entertains*, *Winner Cake All*, *Giada at Home*, *Giada in Italy*, and *Giada's Holiday Handbook*. She is also a judge on *Food Network Star*, and the author of eight *New York Times* best-selling books. She attended the Cordon Bleu cooking school in Paris and worked at Wolfgang Puck's Spago restaurant before starting her own catering company, GDL Foods.



ROCCO'S KETO COMFORT FOOD DIET

Eat the Foods You Miss and Still Lose Up to a Pound a Day

Rocco DiSpirito

March 2020

Rights: World

Rodale | Hardcover

Heath & Fitness | Cooking

Trim: 7-3/8 x 9-1/8 in.

Illustrations: 80-100 Recipes, 4/color photos throughout

Rocco DiSpirito, bestselling author of the popular *Now Eat This!* series, shows readers how to lose weight eating keto versions of the foods they love.

DiSpirito has made a career out of transforming people's lives without sacrificing taste. Now, he'll tackle the ketogenic diet and supply 100 comfort food recipes that adhere to keto diet guidelines, so you can try keto without losing the foods you love. The combination diet/cookbook will make delicious low-carb, high fat recipes easily accessible for everyone to try. And while there are a number of ketogenic cookbooks on the market, none are by someone with the cooking credentials Rocco brings to the table.

Rocco DiSpirito is a pioneer of the healthy and delicious movement. He is widely recognized for his inspiring weight loss journey and has dedicated his life to proving that healthy and delicious are not mutually exclusive. He advocates on behalf of food security and obesity issues and is frequently called upon by the media as a health and food expert. He is a James Beard Award-winning celebrity chef, a 12-time bestselling author and 3-time #1 *New York Times* bestselling author.



Photos from *Rocco's Keto Comfort Food Diet*



THE HONEYSUCKLE COOKBOOK

100 Simply Wholesome Recipes to Make Life More Healthy

Dzung Lewis

September 2020

Rights: World

Rodale | Hardcover

Cooking | Asian

Trim Size: 8 x 10 in

Illustrations: 75 4/color photographs

More than 90 crave-worthy Asian recipes and time-saving tips for busy home cooks from the founder and host of the Honeysuckle channel on YouTube.

The Honeysuckle Cookbook is stuffed with exciting ideas for easy, approachable Asian-influenced cooking at home. With 90 recipes, from the breakfast favorites that consistently rate the highest in views on the author's popular YouTube channel (like her Overnight Oats, 6 Ways) to original twists on one-pan and pressure-cooker meals, this book is for those of us who want Asian meals made simple, delicious, and quick.

Dzung's recipes take the familiar and turns it ever-so-slightly on its head: Marinara sauce gets extra umami with the addition of fish sauce, while mac and cheese becomes more than an out-of-the-box staple when made fresh with kimchi, lattes get an extra oomph with bold Vietnamese coffee and sweet, floral lavender and her quinoa pilaf gets a creamy curry-miso dressing. She also teaches readers how to stretch groceries so they spend a little less money, how to plan meals seasonally, and how to match main courses with sides so plates look impressive and taste great. With quick snack ideas, recipe hacks, foolproof instructions, and genius tips for pretty presentation, *The Honeysuckle Cookbook* will be the friendly hand busy young cooks need to hold in the kitchen.



Dzung Lewis grew up in a Vietnamese household filled with family preparing delicious food and began cooking for herself and her family at age twelve. When she took up baking as a hobby after college, she started a YouTube channel to share her creations, and things quickly took off from there. Today, she regularly partners with huge brands like The Honest Company, Mealthy, Trader Joe's, and Bob's Red Mill.

Photos from Dzung Lewis' Instagram/dzunglewis



EVERYDAY DINNERS

Real Life Recipes to Set Your Family Up for a Week of Success

Jessica Merchant

April 2021

Rights: World

Rodale | Hardcover

Cooking | Quick & Easy

Trim Size: 8 x 10 in

Illustrations: 75-100+ 4/color photographs

From beloved blogger and three time author Jessica Merchant comes your new go-to guide to meal prepping, with game plans to get family dinner on the table in 30 minutes or less -- without sacrificing beauty or flavor.

Jessica Merchant, the blogger behind the wildly popular site, *How Sweet Eats* and the author of *Seriously Delish* and *The Pretty Dish*, has been a trusted resource for her readers and home cooks for years, and she now turns her attention to the world of meal prepping.

With her trademark wit and down to earth style, Merchant presents *Everyday Dinners*, a meal prep book for family dinners that can be made ahead of time, then cooked and on the table in 30 minutes. Along with plant based, one pot, and slow cooker recipes, it also includes weekly dinner plans and a 45 to 60 minutes meal prep game plan to keep cooking easy and quick on busy weeknights.

Jessica Merchant is a full-time recipe developer and writer who happens to be crazy passionate about all things food. She is the author of *The Pretty Dish* and *Seriously Delish*, and details her adventures in and out of the kitchen on her popular blog, *How Sweet Eats*, which is read by millions.



“Jessica Merchant is the embodiment of the gorgeous, successful, modern woman we all aspire to be. *The Pretty Dish* serves as a playbook for the sweeter side of life. Full of utterly delicious, vibrant recipes, natural beauty concoctions, and curated playlists for every mood, the aspirational has never been more attainable.”

—**Andie Mitchell, *New York Times* bestselling author of *It Was Me All Along***

“This cookbook is absolutely gorgeous—I literally want to make everything! Jessica is so creative in the kitchen; her delicious recipes are crowd-pleasing and fresh. I’m excited to have this cookbook on my shelf!”

—**Gina Homolka, author of *The Skinnytaste Cookbook* and *Skinnytaste Fast and Slow***



THE NEW HEIRLOOM GARDEN

12 Theme Designs with Recipes for Cooks Who Love to Garden

Ellen Ecker Ogden

February 2021

Rights: World

Rodale | Trade Paperback Original

Gardening | Cooking

Trim Size: 8 x 10 in

Illustrations: 130 illustrations, 75 recipes

Design a beautiful and self-sufficient garden; learn the secrets of heirloom vegetables, herbs, and flowers; and enjoy 75 seasonal recipes featuring the fruits of your labor--all with one book!

The best-tasting vegetables are heirlooms, the most fragrant flowers are heirlooms, and the most interesting plants are heirlooms. But heirlooms are more than just delicious ingredients or beautiful flowers--their seeds offer us a connection with the earth, and each one tells a story.

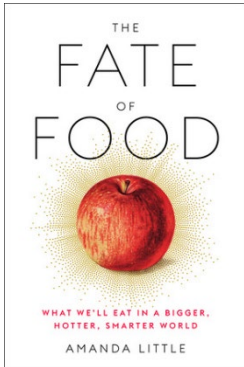
In *The New Heirloom Garden*, author and garden lecturer Ellen Ecker Ogden guides readers toward creating their own heirloom gardens with tangible gardening tips, twelve themed garden designs, and detailed resources. The book is organized around those garden designs, with each chapter including a plant key with plant descriptions, an illustrated color design to inspire the reader, and five recipes that can be made from each vegetable grown in that garden. It's a book designed for readers to bring to their local supply store, take outside into the garden, and then bring into the kitchen.

In addition to giving the novice gardener tips for starting a garden from scratch and advice to advanced gardeners, Ogden shares the whimsical history of heirlooms and the legacies of the fruits, vegetables, herbs, and flowers that make up a well-kept garden.

Ellen Ecker Ogden is a garden speaker and author of five books, including *The Complete Kitchen Garden*. She cofounded *The Cook's Garden* seed catalog in 1985, introducing home gardeners to the best-tasting vegetables for cooks who love to garden. She is an award-winning food and garden writer, and a kitchen garden designer who is known for her informative and fun-loving garden talks. Her kitchen garden designs have appeared in *The New York Times*, *The Boston Globe*, *Martha Stewart Living*, *Better Homes and Gardens*, *Country Gardens*, and more.

recently published

coming soon



THE FATE OF FOOD

Amanda Little

June 2019

Rights: World

Harmony | Hardcover

Social Science | Agriculture

Trim: 6-1/8 x 9-1/4 in.

Illustrations: 40-50 black & white photos throughout

Rights sold: Social Sciences Academic Press (China), Intershift (Japan), Sejong Books (Korea), De Arbeiderspers (Netherlands), Faces Publication (Taiwan), Mavi Agac Kultur Sanat (Turkey), OneWorld (UK)

THE GREENPRINT

Marco Borges

December 2018

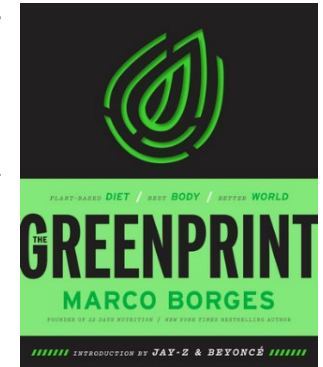
Rights: World

Harmony | Hardcover

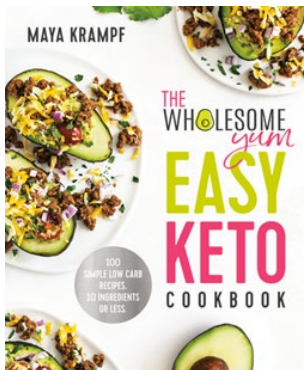
Diet & Nutrition

Trim: 7-3/8 x 9-1/8 in.

Illustrations: 40-50 4/color photos, 80-100 recipes



Rights sold: Florent Massot (France), Sudwest (Germany), Mondadori (Italy), Ediciones Obelisco (world Spanish), Znak (Poland), 2020 Editura (Portugal), HarperCollins (UK), Viet Nam AZ Communication (Vietnam)



THE WHOLESOME YUM EASY KETO COOKBOOK

Maya Krampf

October 2019

Rights: World

Harmony | Hardcover

Cooking

Trim: 7 3/8 x 9 1/8 in.

Illustrations: 75 4/color photos; 100 recipes

Rights sold: Janusz Nawrocki (Poland)

THE GOODFUL COOKBOOK

Goodful

December 2019

Rights: World

Rodale | Hardcover

Cooking

Trim: 8 x 10 in.

Illustrations: 50 4/color photos; 15 line art

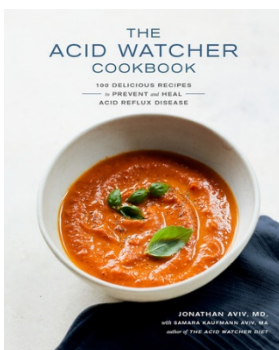
**Next Goodful cookbook coming June 2021*





THE MEDITERRANEAN METHOD
Lose Weight, Prevent Heart Disease and Memory Loss, and Support a Healthy Gut

Steven Masley, MD
December 2019
Rights: World
Harmony | Hardcover
Cooking
Trim: 7 3/8 x 9 1/4 in.
Illustrations: 16-page 4/color insert; 20-25 photos



THE ACID WATCHER COOKBOOK
100+ Delicious Recipes to Prevent and Heal Acid Reflux Disease

Jonathan Aviv
October 2019
Rights: World
Harmony | Trade Paperback Original
Cooking
Trim Size: 7-3/8 x 9-1/8
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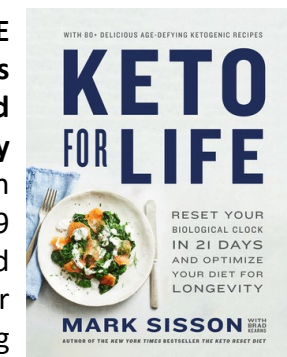
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