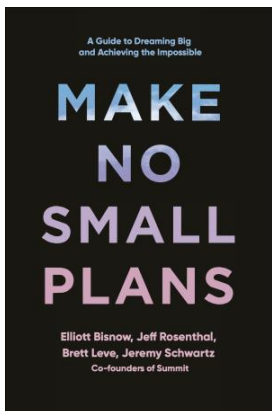


Crown/Currency

<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;">  </div> <p>Crown June 2022 Hardcover Self-Help / Women's Studies</p> <p>Editor: Libby Burton Rights: World Co-Agents: Crown Status: Manuscript Fall 2021</p>	<p>PERMISSION TO SPEAK: <i>How to Use Our Voice to Get What We Want</i> By Samara Bay</p> <p>Samara Bay's PERMISSION TO SPEAK will empower readers, first and foremost, in addition to redefining what power sounds like, with the aim of galvanizing those of us—especially women—who have historically been silenced. Using storytelling from the lives of her clients, as well as her own experience, Samara will explore concepts of voice and voicelessness, and give readers the tools and information (sourced from research when appropriate) to understand their own challenges and strengths when it comes to public speaking. Building on the table of contents presented in the proposal, and with the possibility of selective, stylized illustrations, readers will come away feeling confident and armed with strategies to give a better presentation at work, tell an entertaining joke or story to a group of friends, or even present on the TED stage. Beyond the practical aspects, the book will also, and most significantly, provide the starting point for breaking open traditional concepts of what power sounds like by giving license to readers to express their particular, personal points of view with passion and authenticity.</p> <p>Samara Bay is a content developer and Hollywood communication coach who helps creatives, businesspeople, scientists, and brands tell their story. She's a moderator at Silicon Beach tech conferences, a member of the leadership council for the UN's first ever summit on the role of the media in promoting social causes, a workshop teacher with the Alan Alda Center for Communicating Science, and a dialect/speech coach to actors in Hollywood. Recent projects include: David O. Russell's <i>Joy</i>, the Coen Brothers' <i>Hail Caesar!</i>, and <i>X-Men: Days of Future Past</i>. www.LADialectCoach.com</p> <p>Rights sold: Portuguese/Brazil: <i>Companhia das Letras</i>; UK/BC: <i>Penguin UK</i></p>
<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;">  </div> <p>Crown May 2021 Hardcover Biography / History</p> <p>Editor: Kevin Doughten Rights: World Co-Agents: Crown Status: Manuscript October 2020</p>	<p>THE OUTLIER: <i>The Life and Presidency of Jimmy Carter</i> By Kai Bird</p> <p>Ever since Ronald Reagan's landslide win in November 1980, pundits have labeled Jimmy Carter's single term in the White House a failed presidency. But Carter's time as President is a compelling and underexplored story, marked by accomplishment and adversity. In this deeply researched, brilliantly written account, the first full presidential biography of Jimmy Carter, Pulitzer Prize-winning author Kai Bird approaches Carter's presidency with a candid and even hand, unfolding the story of Carter's four years with few allies inside Washington and a great many critics in the mainstream media.</p> <p>Drawing from interviews with members of Carter's administration as well as recently unclassified documents from his presidential library, Bird delivers a profoundly thorough, clear-eyed evaluation of a president whose legacy has been debated, dismissed, and diminished. THE OUTLIER is this generation's definitive account of an enigmatic presidency—as it really happened and as it is remembered in the American consciousness.</p> <p>Kai Bird is a Pulitzer Prize-winning historian and journalist. He is the acclaimed author of biographies of John J. McCloy, McGeorge Bundy, and William Bundy. He won the Pulitzer Prize for biography for <i>AMERICAN PROMETHEUS: The Triumph and Tragedy of J. Robert Oppenheimer</i> (co-authored with Martin J. Sherwin). His work includes critical writings on the Vietnam War, Hiroshima, nuclear weapons, the Cold War, the Arab-Israeli conflict, and the CIA. He lives in New York City with his wife, Susan Goldmark.</p>



MAKE NO SMALL PLANS: A Guide to Dreaming Big and Achieving the Impossible
by Elliott Bisnow, Brett Leve, Jeff Rosenthal and Jeremy Schwartz

The consummate motivational playbook on how to think big and dream bigger, by the founders of the renowned Summit leadership series. In 2008, with no event production experience and two college degrees among the four of them, Elliott Bisnow, Jeff Rosenthal, Brett Leve, and Jeremy Schwartz became business partners and set out on a dream to build a global events company, which became Summit. With passion and tenacity, they began cold-calling as many inspiring company founders as they could to try to convince them to attend their first event. Only nineteen people said yes. Since then, they have grown Summit into a global community with events all over the world, hosting luminaries including Jeff Bezos, Richard Branson, Jessica Alba, Shonda Rhimes, Brené Brown, and Al Gore. And, in 2013, the Summit founders acquired the largest ski resort in the United States—Powder Mountain—where they are building a mountaintop town, filled with events and programming 365 days a year.

In **MAKE NO SMALL PLANS**, they reveal the experiences that would become the cornerstone lessons from their journey, along with teachings from some of the most inspiring entrepreneurs of our time. They illuminate the empowering concept that anyone can think big, and when thinking big is combined with humility, a thirst for knowledge, and a great team, we can all accomplish the improbable.

Elliot Bisnow, Brett Leve, Jeff Rosenthal and Jeremy Schwartz, former college classmates, are the founding entrepreneurs behind Summit, the leadership organization that hosts elite conversations with the world's leading entrepreneurs, founders, CEOs, and activists on how to change the world.

Rights sold: Chinese/simplified: *CITIC*; Japanese: *Toyo Kezai*

Currency
October 2021
Hardcover
Business & Economics

Editor: Matt Inman
Rights: World
Co-Agents: Crown
Status: Manuscript
December 2020



OUT OF MANY, ONE: Portraits of America's Immigrants
by George W. Bush and Frederick H. Ford

In this powerful new collection of stories and oil paintings, former President George W. Bush spotlights the inspiring journeys of America's immigrants and the positive contributions they make to the life and prosperity of our nation. The issue of immigration stirs intense emotions today, as it has throughout much of American history. But what gets lost in the debates about policy are the stories of immigrants themselves, the men and women who are drawn to America by its promise of economic opportunity and political and religious freedom—and who strengthen our nation through their contributions, in ways both ordinary and notable.

In the tradition of his #1 *New York Times* bestseller *PORTRAITS OF COURAGE*, President George W. Bush brings together fifty full-color portraits of men and women who have immigrated to the United States, alongside stirring stories of the unique ways each of them are pursuing the American Dream. Featuring men and women representing many cultures and nearly every region of the world, the book shows how hard work, strong values, dreams and determination know no borders or boundaries and how immigrants embody values that are often viewed as distinctly American: a sense of optimism, a willingness to strive and to risk, and a spirit of self-reliance that runs deep in our immigrant heritage. President Bush captures their faces and stories in striking detail, bringing depth to our understanding of who immigrants are, the challenges they face on their paths to citizenship, and the lessons they can teach us about our country's character. As the stories unfold, readers will gain a better appreciation for the humanity behind one of our country's most pressing policy issues and the countless ways in which America has been strengthened by those who have come here in search of a better life.

George W. Bush served as the 43rd President of the United States from 2001 to 2009. He previously served as Governor of Texas. President Bush is the author of three #1 bestsellers: *DECISION POINTS*, his presidential memoir; *41*, a biography of his father, President George H. W. Bush; and *PORTRAITS OF COURAGE*, a collection of oil paintings and stories honoring the sacrifice of America's military veterans.

Crown
March 2021
Hardcover
Social Science / Art

Editor: Derek Reed
Rights: World
Co-agents: Crown
Status: Manuscript
available



Crown

April 2021

Hardcover

Memoir

Editor: Gillian Blake

Rights: World

Co-Agents: Crown

Status: Manuscript

October 2020

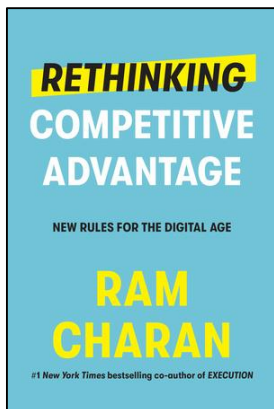
HEROES AND SONGS: A *Memoir*

by Brandi Carlile

The critically acclaimed singer-songwriter, producer, and three-time Grammy-winner opens up about a life shaped by music in this candid, heartfelt, and intimate memoir. Brandi Carlile was born into a musically gifted but very poor family on the outskirts of Seattle in a constant state of change, moving from house to house, trailer to trailer. She was identified as a gifted child and admitted to a special program at the University of Washington, until an illness almost took her life at the age of five and she had to forfeit her advanced early childhood education. Though imperfect in every way, her dysfunctional childhood was as strange as it was beautiful, and as difficult as it was nurturing. As an openly gay teenager, she began grappling with the tension between her sexuality and her faith when her pastor publicly refused to baptize her on the day of the ceremony. Shockingly, the whole town rallied around her in support, and set her on a path to salvation where the rest of the misfits and rejects find it: through twisted, joyful, weird, and wonderful music.

In **HEROES AND SONGS**, Brandi Carlile takes readers through the events of her life that have shaped her very raw art—starting at a local singing competition where she performed Elton John's "Honky Cat" in a bedazzled white polyester suit, to her first break opening for Dave Matthews Band, to many sleepless tours over fifteen years and six studio albums, all while raising two children with her wife, Catherine. This hard-won success led her to collaborations with personal heroes like Elton John, Dolly Parton, and Joni Mitchell, as well as her peers in the supergroup The Highwomen and ultimately to the Grammy stage, where her performance of "The Joke" transformed millions of viewers into fans. Evocative and piercingly honest, this is at once an examination of faith through the eyes of a person rejected by its basic tenets and a meditation on the moments and lyrics that have shaped the life of a creative mind, a brilliant artist, and a genuine empath on a mission to give back.

Brandi Carlile is a four-time Grammy Award-winning singer, songwriter, performer, and producer. She has released six studio albums and was the most nominated female artist at the 61st Grammy Awards with six nominations. Beloved by fans and critics alike, Carlile and her band have performed sold-out concerts across the world.



Currency
 April 2021
 Hardcover
 Business & Economics

Editor: Paul Whitlatch
Rights: World
Co-Agents: Crown
Status: Manuscript available

RETHINKING COMPETITIVE ADVANTAGE: *New Rules for the Digital Age*
 by Ram Charan

Bestselling author and CEO guru Ram Charan, in a short, accessible narrative, dissects the nature of competitive advantage in the digital age, when organizations created as digital companies, like Amazon and Google and Facebook, have disrupted entire industries, and companies need to create a digital platform and an entire ecosystem in order to successfully compete.

Today, Ram Charan argues, successful strategy does not focus on market share or creating "blue oceans" or moats to ward off competitors. In the digital world, the most successful companies look at everything they do as a way to *serve customers*. Their central question is always, how can we create a better consumer experience? In a riveting narrative filled with behind the scenes stories of successful companies like Netflix, Tesla, Microsoft etc., Charan reveals the core tenets of digitally born companies: They have a digital platform, and the accumulation of data lies at the core of everything they do. They don't just develop channels of distribution, they create an ecosystem with third party sellers and their supply chain, where each application or product reinvigorates the customer's experience, and reinforces the need for the core product.

Ram Charan is the coauthor of the bestselling *Execution* and *Confronting Reality*, written with Larry Bossidy, and the author of *Know How* and ten other books. A former award-winning Harvard Business School professor, he is a noted expert on business strategy, execution, corporate boards and building a high performance organization. He has worked with the CEOs of some of the world's most successful companies, including GE, Bank of America, Verizon, Coca-Cola, 3M, Merck, Aditya Birla Group and Tata Group.

Publishers of WHAT THE CEO WANTS YOU TO KNOW: Arabic: *Jarir Bookstore*; Chinese/simplified: *Beijing Huazhang*; Japanese: *FCE Publishing*; Portuguese/Brazil: *Sextante*; Portuguese/Portugal: *Actual Editora*; UK/BC: *RH Business Books/PRH UK*

Rights sold: Chinese/simplified: *Beijing Huazhang*; Chinese/complex: *Walkers*; Portuguese/Brazil: *Alta Books*; Serbian: *Publik Praktikum*; Spanish: *PRH Grupo Editorial*; UK/BC: *RH Business Books/PRH UK*



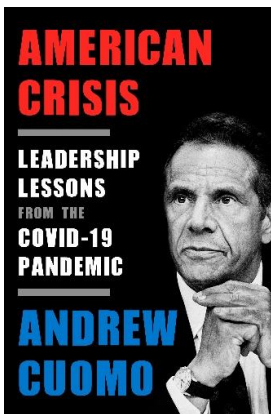
Currency
 Spring 2023
 Hardcover
 Biography

Editor: Paul Whitlatch
Rights: World
Co-Agents: Crown
Status: Manuscript January 2022 (Proposal and letter from editor available)

RACE TO THE SKY: *Inside the Battle to Build New York's Billionaire Row*
 By Katherine Clarke

In the tradition of books like *THE LIAR'S BALL* and *740 PARK*, **RACE TO THE SKY** will be a deeply reported, narrative account of the high-stakes, multi-year battle among titans of New York's real estate industry to develop the huge midtown Manhattan towers on 57th street know as Billionaire's Row. The book will highlight the competition and hubris of the personalities behind these architectural gambits, which have forever altered the face of the city, while highlighting its caste-like inequalities. The narrative will explore the economic forces at play, such as how money from ultra-rich investors fueled these projects, including funds from suspect international buyers cloaked behind limited liability corporations. **RACE TO THE SKY** will present Billionaire's Row as an defining emblem of an era of a propulsive economic growth in New York that, with the toll of the covid-19 pandemic, appears to be threatened, as these buildings and the city face an uncertain and once unthinkable future.

Katherine Clarke is a Wall Street Journal reporter covering residential real estate. She is a graduate of Columbia University Graduate School of Journalism and Trinity College Dublin. She previously covered real estate for *The Real Deal* and the *New York Daily News*.



Crown

October 2020

Hardcover

Political Science /
Leadership

Editor: Libby Burton

Rights: World

Co-Agents: Crown

Status: Embargoed until
publication

AMERICAN CRISIS: Leadership Lessons from the COVID-19 Pandemic

By Andrew Cuomo

Governor Andrew Cuomo tells the riveting story of how he took charge in the fight against COVID-19 as New York became the epicenter of the pandemic, offering hard-won lessons in leadership and his vision for the path forward.

Taking readers beyond the candid daily briefings that became must-see TV across the globe, and providing a dramatic, day-by-day account of the catastrophe as it unfolded, **AMERICAN CRISIS** presents the intimate and inspiring thoughts of a leader at an unprecedented historical moment. In his own voice, Andrew Cuomo chronicles the ingenuity and sacrifice required of so many to fight the pandemic, sharing the decision-making that shaped his policy as well as his frank accounting and assessment of his interactions with the federal government, the White House, and other state and local political and health officials. Real leadership, he shows, requires clear communication, compassion for others, and a commitment to truth-telling—no matter how frightening the facts may be.

Including a game plan for what we as individuals—and as a nation—need to do to protect ourselves against this disaster and those to come, **AMERICAN CRISIS** is a remarkable portrait of selfless leadership and a gritty story of difficult choices that points the way to a safer future for all of us.

Andrew Cuomo is the 56th Governor of New York, serving since 2011. He is the author of *ALL THINGS POSSIBLE: Setbacks and Success in Politics and Life* and *CROSSROADS: The Future of American Politics*.



Crown

May 2023

Hardcover

Entertainment / Film

Editor: Matt Inman

Rights: Translation

British: Curtis Brown UK
(Felicity Blunt)

Co-Agents: Crown

Status: Manuscript Spring
Summer 2022

THE LAST ACTION HEROES

By Nick de Semlyen

The unbelievable, testosterone-fueled tale of what happened when a cadre of larger-than-life action stars stormed Hollywood in the 1980s. Arnold Schwarzenegger, Sylvester Stallone, Bruce Willis, Dolph Lundgren, Jean-Claude Van Damme, Steven Seagal and Chuck Norris were all driven by huge ambition and even huger egos, competing against each other on screen and off, hell-bent on delivering the hottest explosions, zingiest one-liners, biggest body counts and heftiest box office. Drawing on candid interviews with the stars themselves—plus their collaborators, friends and foes—this is a no-holds-barred account of a period in Hollywood history when there were no limits to the mayhem that could be wrought.

Nick de Semlyen is a film journalist who has written for publications including *Rolling Stone*, *Stuff*, and *Time Out*. He is the features editor for *Empire*, the world's biggest movie magazine. His first book, *WILD AND CRAZY GUYS* (May 2019), was named one of *Vulture's* Top Comedy Books of 2019.



Currency

February 2022

Hardcover

Biography

Editor: Paul Whitlatch

Rights: World English

Translation: Foundry
Literary & Media (Kirsten
Neuhaus)

Status: Manuscript
February 2021

SELF DISRUPT

by Andy Dunn

In the twenty-first century, we worship entrepreneurs. We worship the narrative of individual success. Most entrepreneurial memoirs read as self-congratulatory tales. The author adorns the cover, smiling, arms crossed—pleased to share a few nuggets of wisdom. This is not that story.

SELF DISRUPT is a story about an illness that undergirds achievement and seeks to destroy it at the same time. Diagnosed with bipolar disorder in 2000, Bonobos co-founder Andy Dunn kept his diagnosis secret for over 15 years, until it almost destroyed his life. Dunn lifts the veil on mental illness in the high-velocity world of entrepreneurs, revealing how his bipolar disorder became both symbiotic and parasitic to the job of startup CEO. Hypomania becomes the fuel of Dunn's success, as he build his business into a juggernaut worth millions of dollars—but also the root of his self-destructive urges. Bipolar people are eleven times more prevalent among entrepreneurs than the general population, but mental illness goes all but unmentioned in start-up circles. With **SELF DISRUPT**, Dunn aims to change that, offering his own harrowing story of near-disaster as a gripping parable about the urgent need for businesses and their leaders to take mental illness and well-being seriously, even at the highest levels.

Andy Dunn was the co-founder and CEO of the apparel brand Bonobos, launched in 2007 and acquires by Walmart in 2017 for over \$300 million. Previously, Dunn worked as a private equity analyst at Wind Point Partners and as a consultant at Bain & Company. He is a founding board member of education social enterprise Blue Engine and the founder of Red Swan Ventures, an angel investment firm. The child of an Indian immigrant mother and an Irish-Swedish American father, Dunn grew up in Chicago and now lives in New York.



Currency

March 2021

Hardcover

Business & Economics

Editor: Talia Krohn

Rights: World

Co-Agents: Crown

Status: Manuscript
available

WHY STARTUPS FAIL: A New Roadmap for Entrepreneurial Success

by Tom Eisenmann

If we want to know how startups can succeed, we need to understand why they fail. Based on a class at Harvard Business School, **WHY STARTUPS FAIL** is at once the definitive book on entrepreneurial failure, and the definitive playbook for startup success.

Why do the vast majority of startups fail? That question hit Harvard Business School professor Tom Eisenmann with full force when he realized he couldn't explain it. This led him on a multi-year research project that revealed five distinct patterns explaining the vast majority of startup failures. In **WHY STARTUPS FAIL**, Eisenmann unpacks the mistakes and missteps that define each pattern—and how to avoid them.

Drawing on an array of case studies ranging from a home furnishings retailer to a digital streaming service to a maker of sophisticated social robots, **WHY STARTUPS FAIL** debunks much of the prevailing mythology about entrepreneurial success.

Tom Eisenmann is the Howard H. Stevenson Professor of Business Administration at Harvard Business School and the faculty co-chair of the Arthur Rock Center for Entrepreneurship. Eisenmann has written over one hundred Harvard Business School Case Studies and his writing appears regularly in the Wall Street Journal, The New York Times, Harvard Business Review, Forbes, and Wired.

Rights sold: Korean: *Business Books*; Portuguese/Brazil: *Saraiva*; UK/BC: *Penguin UK*



Crown

July 2021

Hardcover

Business / Disease &
Health Issues

Editor: Kevin Doughten

Rights: World

Co-Agents: Crown

Status: Manuscript
December 2020

THE DEVIL'S PLAYBOOK: *Big Tobacco, Juul, and the Addiction of a New Generation*

By Lauren Etter

Big Tobacco meets Silicon Valley in this corporate exposé of what happened when two of the most notorious industries collided—and the vaping epidemic was born.

Howard Willard lusted after Juul. The rising chief executive of tobacco giant Philip Morris had risen through the company across three decades, but after the industry was laid low by the multistate Master Settlement of 1998, Willard grew obsessed with the prize he believed could save his company—the e-cigarette, a product with all the addictive upside of the real deal without the health risks and bad press. Meanwhile, in Silicon Valley, Adam Bowen and James Monsees started work on a new device meant to destroy Big Tobacco, only to end up baking the industry's DNA into their invention's science and marketing. Ultimately, Juul's e-cigarette was so effective, so market-dominating, that it put the company on a collision course with Willard and Philip Morris and ultimately sparked one of the most haunting public health crises in recent American memory.

In a deeply reported account, Lauren Etter tells the riveting story of how Big Tobacco and Silicon Valley collided, and the seismic damage that swept through both industries in the wake of perhaps the greatest acquisitions failure in business history. With exclusive interviews and unparalleled access to tobacco company executives and documents, Etter shows how the cigarette-maker's dependence on one product for half a century had crippled their ability to innovate. They failed again and again to develop their own world-beating e-cigarette; when faced with Juul's massive success, their only options were to acquire it—or destroy it. A devil's bargain meets a tale of obsession, **THE DEVIL'S PLAYBOOK** is one of the great business stories of our time.

Lauren Etter is an award-winning investigative reporter at *Bloomberg News*. She writes corporate profiles and business features for *Bloomberg Businessweek*. Previously she was a staff reporter at *The Wall Street Journal*, and she has also written for *Vanity Fair* and *The New Yorker*. Etter has written dozens of feature stories about global corporations, including Facebook Inc., McDonald's Corp., Juul Labs, Western Union, and Groupon. She obtained a master's degree in journalism from Medill School of Journalism and a master's degree in law from Northwestern University School of Law.

The *101 Things I Learned* Series

living

by Matthew Frederick and others

101 THINGS I LEARNED Series
Matthew Frederick and others
Three Rivers Press | Hardcover
Reference

This tutorial series, previously published by Hachette, has been acquired by Three Rivers Press.

April 2018



101 Things I Learned in Advertising School

NEW TO THE SERIES

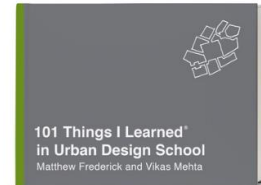
Rights sold:

Citic Press (China), Abada Editores (world Spanish)



101 Things I Learned in Engineering School

REISSUE WITH MINIMAL UPDATES

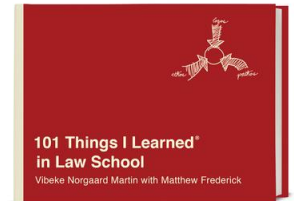


101 Things I Learned in Urban Design School

NEW TO THE SERIES

Rights sold:

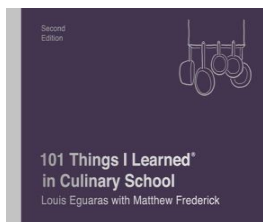
Citic Press (China), Jeongye-C (Korea), Scientific Publishing Center (world Arabic), Abada Editores (world Spanish)



August 2019

101 Things I Learned in Law School

REISSUE WITH MINIMAL UPDATES



May 2020

101 Things I Learned in Culinary School

REVISED

Rights sold:

Citic Press (China)
Dongnyok (Korea)



October 2020

101 Things I Learned in Product Design School

NEW TO THE SERIES



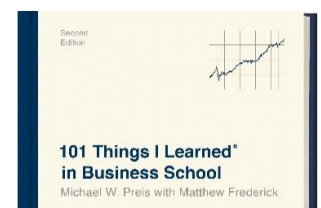
January 2021

101 Things I Learned in Film School

REVISED

Rights sold:

Dongnyok (Korea)



April 2021

101 Things I Learned in Business School

REVISED

Rights sold:

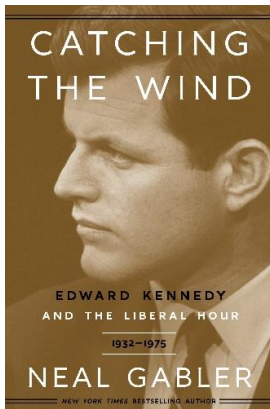
Citic Press (China)

August 2021

- 101 Things I Learned in Fashion School
REVISED
Rights sold: Citic Press (China), Dongnyok (Korea)

February 2022

- 101 Things I Learned in Psychology School
NEW TO THE SERIES
Rights sold: Citic Press (China)



Crown

October 2020

Hardcover

Biography

Editor: Kevin Doughen

Rights: World

Co-Agents: Crown

Status: Manuscript available

CATCHING THE WIND: *Edward Kennedy and the Liberal Hour, 1932-1975*

by Neal Gabler

The sweeping, two-volume biography of Ted Kennedy—an immersive journey through the life of a complicated man and a sweeping history of the fall of liberalism and the collapse of political morality.

Edward M. Kennedy was never expected to succeed. The youngest of nine, he lacked his brothers' natural gifts and easy grace. Yet after winning election to the Senate at the tender age of thirty, he became the most consequential legislator of his lifetime, perhaps even American history. Surviving the traumas of his brothers' assassinations, Ted Kennedy ultimately exerted the greatest effort keeping alive the mission of an active and caring government. For much of his life, Ted Kennedy was the increasingly lonely voice of American liberalism.

That voice found its greatest impact in the laws he passed that wove government firmly into American life, extending aid and opportunity to those in most desperate need. For five decades, he worked tirelessly to better people's lives; he did this because he felt he owed it to those who suffered, and those with whom he empathized out of his own pain and ever-present sense of inadequacy.

But Ted Kennedy always had a dark side. Ted got the gift of years that his brothers did not, but it came with a price: He lived long enough to fail, to sin, to fall in and out of favor. He was publicly abased—for his womanizing, for the 1969 Chappaquiddick incident in which a young woman died, for his bizarre behavior when his nephew was accused of rape—and forced to ask for forgiveness. In sacrificing the moral high ground, he undermined his entreaties for justice and compassion, and ultimately contributed to the death of the moral authority that had underpinned liberalism since the end of the Great Depression.

The product of a decade of work and hundreds of interviews, **CATCHING THE WIND** is set to be an essential work of history and biography. A sweeping narrative in two volumes, it is a landmark study of legislative genius and a powerful exploration of the passing of a robust form of government—and the man who spent his career protecting Americans from the consequences of that end. The second volume, **AGAINST THE WIND**, will follow in November 2021.

Neal Gabler is the author of five books: *AN EMPIRE OF THEIR OWN*, *WINCHELL*, *LIFE: THE MOVIE*, *WALT DISNEY*, and *BARBRA STREISAND*. He has received two *Los Angeles Times* Book Prizes, *Time's* nonfiction book of the year, *USA Today's* biography of the year, and a National Book Critics Circle nomination.



Currency

September 2022

Hardcover

Business / Strategic
Planning

Editor: Talia Krohn

Rights: World

Co-Agents: Crown

Status: Manuscript
Summer 2021

BIG PLANS

By Dan Gardner and Brent Flyvbjerg

BIG PLANS reveals why some big, complex projects succeed while most don't. Drawing on research and examples to show how to complete our highest-stakes projects—whether it's designing a skyscraper, developing an urgently-needed vaccine, or renovating a home—Flyvbjerg identifies the key principles and outlines the essential steps for delivering any project on time and on budget. Underlying them all is a simple but powerful idea: Think slow, act fast.

Taking your time to plan carefully may seem obvious and easy in theory, but it's brutally hard—and exceedingly rare—in practice. That's why most big projects are completed embarrassingly late, badly over-budget, or both (if they even get completed at all).

Flyvbjerg and Gardner illustrate how to avoid this fate with fascinating stories from around the globe: ranging from flower shows and Olympic ceremonies, to the construction of the Sydney Opera House and Heathrow's Terminal Five, to how Amazon became a global retail giant in the span of five years and how China built the 1000-bed, 60,000 square meter Huoshenshan Hospital in just 10 days.

Bent Flyvbjerg is an Oxford University professor, an economist, and "the world's leading megaproject expert. Flyvbjerg has consulted on more than 100 projects costing \$1 billion or more around the world. In the past few years alone, he has helped more than 40 organizations—including the world's largest banks, consultancies, and technology companies—plan, manage and fix projects. He is an adviser to the British and American governments, the World Bank, the United Nations, and the European Commission (the executive branch of the European Union). His book, *Megaprojects and Risk: An Anatomy of Ambition* (Cambridge University Press) is considered essential reading for planners and project managers. It has been reprinted 21 times and sold more than 15,000 copies, a remarkable feat for a demanding, highly academic book.

Dan Gardner is the New York Times bestselling author of three books about decision-making — *The Science of Fear* (Risk outside the US), *Future Babble*, and *Superforecasting* (with Philip Tetlock). His books have been published in 25 countries and 19 languages and won praise from the likes of *The Economist*, *The Wall Street Journal*, *Bloomberg*, *Daniel Kahneman*, and *Steven Pinker*.



Crown

September 2021

Hardcover

Self-Help / Reference

Editor: Talia Krohn

Rights: World

Co-Agents: Crown

Status: Manuscript

February 2021

RADICAL CURIOSITY

By Seth Goldenberg

The rational mind prefers answers over questions. But we live in irrational times. And at a time when information is valued above knowledge, ideology drowns out discourse, and the demands of "doing" erode our capacity for thinking, curiosity - the engine of inquiry - matters more than ever. Without curiosity, our imagination is rendered impotent. And to build a better future, we first need to be able to imagine it.

So much of modern life is built upon a set of narratives that have gone unquestioned for far too long, says Goldenberg. In this unique blend of modern-day philosophy, cultural criticism, and business strategy, he shows how we can begin rewriting the narratives that are no longer serving us, our organizations, or the institutions that form the bedrock of our society. Only by asking deeper, more essential questions can we navigate the complex problems we face as individuals, businesses, and a society.

A provocative and eye-opening book from a brilliant contrarian thinker, **RADICAL CURIOSITY** inspires us all to embrace the practice of questioning as a way of living and being.

Seth Goldenberg is the founder and CEO of Epic Decade, a design-thinking innovation studio. The company blends the languages of design, education, and cultural engagement to catalyze business, personal, and societal transformation. He has served as chief marketing officer and chief design officer of the biotech company Intarcia, vice president of the globally celebrated design innovation firm Bruce Mau Designs, and founder, executive director and curator of the cultural festival for the Obama Democratic National Convention. He is a graduate of the Rhode Island School of Design.



Currency
February 2022
Hardcover
Business & Economics

Editor: Paul Whitlatch
Rights: World
Co-Agents: Crown
Status: Manuscript
September 2020

THE EARNED LIFE: *Free Yourself from Regret and Find Fulfillment at Every Age*
by Marshall Goldsmith and Mark Reiter

The world-renowned executive coach and *New York Times* bestselling author of TRIGGERS and WHAT GOT YOU HERE WON'T GET YOU THERE shares his "cure for regret," revealing the steps we can take to earn our path to fulfillment.

Human life exists on a continuum between two poles: fulfillment and regret. We invest enormous resources of time and energy into staying healthy, being recognized for our achievements, nurturing our relationships, and making money. But how can we know if we're investing in the right things?

Many of us try to carefully plan our lives, only to find ourselves burdened by regrets, and not just micro-regrets like a slip of the tongue or a questionable tattoo, but super-sized ones. Existential regret is deciding not to have children, then changing our minds when it's too late. It's allowing our soulmate to become "the one who got away." It's turning down the perfect job for a bad reason.

In **THE EARNED LIFE**, pioneering leadership coach Marshall Goldsmith shows readers how to rise above the most pressing regrets in our lives, even the kind that can reroute destinies and haunt us for decades. The key to living the earned life, unbound by regret, is to make smart choices in line with your goals, to accept the risk that comes with your choices, and to always put out maximum effort. Goldsmith offers readers practical advice to achieve this kind of merited success, and shows how repeating the process creates a habit of earning that carries through life. Filled with fascinating and illuminating stories from Goldsmith's storied career, **THE EARNED LIFE** is a roadmap to overcoming obstacles and creating meaningful, lasting change.

Marshall Goldsmith is one of the world's leading executive coaches and the New York Times bestselling author of many books, including WHAT GOT YOU HERE WON'T GET YOU THERE, MOJO, and TRIGGERS. He received his PhD from UCLA Anderson School of Management. In his coaching practice, Goldsmith has advised more than 150 major CEOs and their management teams. He has been published in 23 territories. Full list available upon request.

Rights sold: UK/BC: Viking/PRH UK





Crown
April 2022
Hardcover
Business & Economics

Editor: Kevin Doughten
Rights: World
Co-Agents: Crown
Status: Manuscript April
2021

THE ALMIGHTY DOLLAR
by Brendan Greeley

Financial Times' US Economics Editor and Brown University fellow Brendan Greeley's **THE ALMIGHTY DOLLAR**, a global history of the currency from its birth in sixteenth-century Netherlands to the present day, showing how the dollar opened new markets, changed the course of history, and promise and peril to every nation who controlled it, including the United States, whose future it has yet to foretell.

 <p>Crown November 2021 Hardcover Biography</p> <p>Editor: Kevin Doughten Rights: World Co-Agents: Crown Status: March 2021</p>	<p>TRUE WEST By Robert Greenfield</p> <p>A biography of playwright and actor Sam Shepard, examining the intersection of his powerful work and rock'n'roll life while exploring the relationships he sustained across the arc of his brilliant career.</p> <p>A former Associate Editor of the London bureau of Rolling Stone magazine, Robert Greenfield is the critically acclaimed author of several classic rock books, among them <i>S.T.P.: A Journey Through America with the Rolling Stones</i>, as well as the definitive biographies of Timothy Leary and Ahmet Ertegun.</p>
 <p>Crown April 2022 Hardcover Business & Economics / Economic History</p> <p>Editor: Paul Whitlatch Rights: World Co-Agents: Crown Status: Proposal available</p>	<p>GOING DARK by Liz Hoffman</p> <p>A vivid and kaleidoscopic account of the economic reckoning of the coronavirus pandemic, bringing readers inside the highest levels of decision-making at some of the world's largest companies, banks, and investment firms, revealing how business leaders used to long-term strategy were forced to make near-instantaneous decisions, some that defied conventional wisdom and which would determine the very survival of companies once thought invincible.</p> <p>Liz Hoffman covers investment banks for <i>The Wall Street Journal</i> in New York. She previously wrote about mergers and acquisitions and corporate governance. She graduated from Tufts University and has a master's degree from the Medill School of Journalism at Northwestern University.</p> <p>Rights sold: Dutch: <i>Uitgeverij Balans</i>; Japanese: <i>Hayakawa</i>; UK/BC: <i>Hodder Studio/Hodder</i></p>
 <p>Crown May 2022 Hardcover Essays</p> <p>Editor: Gillian Blake Rights: World Co-Agents: Crown Status: Manuscript June 2021</p>	<p>FACT CHECKING MY LIFE by A.J. Jacobs</p> <p>An entertaining epistemological experiment in fact checking the things we may be taking for granted in daily life.</p> <p>A. J. Jacobs is an American journalist, author, and lecturer best known for writing about his lifestyle experiments. He is an editor at large for <i>Esquire</i> and has worked for the <i>Antioch Daily Ledger</i> and <i>Entertainment Weekly</i>. A.J. Jacobs is the author of several books including the <i>New York Times</i> bestselling <i>THE KNOW IT ALL</i>. His next book, <i>PUZZLED</i>, is forthcoming from Crown in June 2023.</p>

 <p>Crown September 2022 Hardcover Memoir</p> <p>Editor: Libby Burton Rights: World Co-Agents: Crown Status: Manuscript Fall 2021</p>	<p>UNTITLED MEMOIR by Aurora James</p> <p>A memoir from fashion designer and activist Aurora James on how one can overcome structural and personal challenges to succeed in business and do good in the world.</p> <p>Aurora James is based in New York City and is the Creative Director of Brother Vellies, a fashion brand dedicated to elevating the work of local artisans that has been worn by everyone from Beyoncé to Meghan Markle. She is the founder of the 15% Pledge (given that Black people in the U.S. make up nearly 15% of the population, her organization calls on major retailers to commit a minimum of 15% of their shelf to Black-owned businesses), which has been undertaken by companies from Sephora to West Elm.</p>
 <p>Crown March 2022 Hardcover Social Science</p> <p>Editor: Kevin Doughten Rights: World Co-Agents: Crown Status: Manuscript March 2021</p>	<p>THE INSECT APOCALYPSE by Brooke Jarvis</p> <p>Drawn from the author’s astonishing and deeply disturbing article for the <i>New York Times Magazine</i> (which was downloaded over 1 million times in the first week alone), this will be a fascinating scientific exploration of the insect world that reveals, through extensive research with amateurs and entomologists in the field, the alarming diminishment of insect life across the globe in the era of climate change. The author plans to travel to different countries and environments, including Europe and Latin America, to explore the causes and urgent consequences of life on Earth without insects.</p>



Currency

July 2022

Hardcover

Business & Economics /
Private Equity

Editor: Paul Whitlatch

Rights: World

Co-Agents: Crown

Status: Manuscript Fall
2021

TWO AND TWENTY

by Sachin Khajuria

From a former partner at one of the world's leading private equity firms, **TWO AND TWENTY** offers an unprecedented inside account of private equity, revealing the traits and culture driving its stealth transformation from a niche field to an engine of the global economy. A multi-decade veteran who rose to the highest ranks of Apollo Global Management, Sachin Khajuria argues that, while journalists, policymakers, and the public focused on other switches controlling the global economic system—from big banks to hedge funds—they have largely missed that private equity is increasingly becoming the system itself. In the process, the industry has attracted to its ranks the leading minds in finance and business, whose relentless drive has altered forever the landscape of Main Street as well as Wall Street.

In **TWO AND TWENTY**, Khajuria shows how private equity—often powered by the investment funds of everyday Americans in the form of pension funds—has permeated every stage of economic life, from manufacturing, lending, insurance, infrastructure, retail to investing. Through revealing stories and vivid examples of dealmaking, Khajuria explores the characteristics, principles, and “cold logic” that animate private equity's brain, the elite set of Manhattan-based, profit-obsessed partners who control over \$6 trillion in assets. From their attraction to complexity, steely temperaments, and refusal to settle for anything less than the best possible outcome, Khajuria shows readers how the world's most aggressive financial dealmakers think—and why it's crucial that we all start paying close attention.

Sachin Khajuria is a former partner at Apollo Global Management, one of the world's largest private equity firms, and is also an investor in funds managed by Blackstone Group and Carlyle Group. Khajuria lives in New York and Switzerland.



Currency

September 2021

Hardcover

Social Science

Editor: Paul Whitlatch

Rights: World (complex and simplified Chinese language rights are controlled by the author)

Co-Agents: Crown

Status: Manuscript

February 2021

AI 2041: Ten Visions for the Future

by Kai-Fu Lee and Qiufan Chen

From Kai Fu Lee, the *New York Times* bestselling author of *AI SUPERPOWERS* and leading science fiction writer Chen Qiufan, **AI 2041** will be an extraordinary, provocative, and thought-provoking look at what the near future might look like for humankind amid the rapid rise of artificial intelligence. The book will show how AI will change and transform our world, for both better and worse, and, crucially, will offer answers on how humans can shape these trends, which are of our own creation.

Many changes AI will bring are not a generation away—they are 10-20 years away. **AI 2041** will pair ten illuminating narrative stories—based on current and accurate science—about how human life might be altered by artificial intelligence by the year 2041 with Kai-Fu Lee’s expert analysis of these technologies, the likelihood of their becoming reality, and the economic and societal opportunities and challenges they will present to humankind and global order.

For readers of *HOMO DEUS* by Yuval Noah Harari; *LIFE 3.0* by Max Tegmark; *SUPERINTELLIGENCE* by Nick Bostrom, *THE SECOND MACHINE AGE* by Erik Brynjolfsson & Andrew McAfee; and *CAPITAL IN THE TWENTY FIRST CENTURY* by Thomas Piketty, **AI 2041** will educate, inspire, and entertain readers about the transformative value and benefit from applying and implementing AI.

Dr Kai-Fu Lee is the Chairman and CEO of Sinovation Ventures and *New York Times* bestselling author of *AI SUPERPOWERS* (2018). Lee was formerly the President of Google China, and a senior executive at Microsoft, SGI, and Apple. He received his bachelor’s degree in Computer Science from Columbia University and Ph.D. from Carnegie Mellon University. His audience across global social media platforms is greater than 50 million, and his books have sold more than 5 million copies worldwide. **Stanley Chan (a.k.a. Chen Qiufan)** Chan is award-winning Chinese speculative fiction author, translator, creative producer and curator. He is a member of WSFA (Science Fiction Writer Association) and the President of the Chinese Science Fiction Writer Association and has a seat in Xprize Foundation Science Fiction Advisory Council. His works, which have been translated into more than a dozen languages, include *WASTE TIDE*, *FUTURE DISEASES*, and *THE ALGORITHM FOR LIFE*.

Publishers of *AI SUPERPOWERS* (HMH): Chinese/complex: *Commonwealth*; Chinese/simplified: *Beijing Xiron*; Czech: *Argo*; French: *Les Arenes*; German: *Campus*; Japanese: *Nikkei*; Korean: *Atlas*; Lithuanian: *Kitos Knygos*; Polish: *Media Rodzina*; Portuguese/Brazil: *Editora Globo*; Portuguese/Portugal: *Relogio D’Agua*; Romanian: *Corint*; Russian: *Mann, Ivanov & Ferber*; Slovene: *Umco*; Spanish: *Planeta de Agostini*; Turkish: *Optimist Kitap*; Ukrainian: *BookChef*; Vietnamese: *Tre*



Crown

March 2021

Hardcover

Memoir / True Crime

Editor: Will Wolfslau

Rights: World

Co-Agents: Crown

Status: Manuscript available

SLONIM WOODS 9: A Memoir

by Daniel Barban Levin

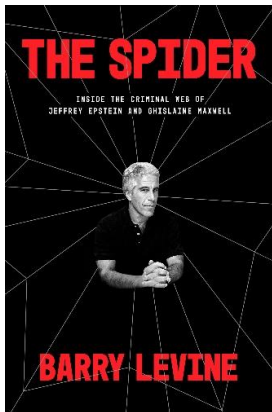
In September 2010, at the beginning of the academic year at Sarah Lawrence College, a sophomore named Talia Ray asked her roommates if her father could stay with them for a while. No one objected. Her father, Larry Ray—newly released from prison—arrived at the dorm and stayed for the whole year. Over the course of innumerable counseling sessions and “family meetings,” the intense and forceful Ray convinced his daughter’s teenaged friends that he alone could help them “achieve clarity.” Eventually, Ray and the students moved into a small Manhattan apartment, beginning nine years of manipulation and abuse, as Ray tightened his control over his young charges through blackmail, extortion, and ritualized humiliation.

In April 2019, a *New York* magazine cover story, “The Stolen Kids of Sarah Lawrence,” exposed Ray’s crimes to the world. In February 2020, he was finally indicted on charges of extortion, sex trafficking, forced labor, and money laundering.

Only a few of the students involved have managed to extricate themselves from Ray’s influence. Daniel Barban Levin is one of them. As one of Talia’s original roommates, Larry coached Daniel through a difficult break up, slowly drawing him into his web. After two years of escalating psychological, physical, and sexual abuse, Daniel found the strength to escape from Ray’s orbit and take control of his own life for the first time.

Beginning the moment he stepped foot on Sarah Lawrence’s idyllic campus and spanning the two years he spent in the grip of a megalomaniac, Levin’s memoir shows how the unimaginable could occur unnoticed. Brave, lyrical, and ultimately redemptive, it is a firsthand account of the creation of a modern cult and the horrifying costs paid by its young victims.

Daniel Barban Levin holds an MFA in poetry from the University of California, Irvine where he taught creative writing and rhetoric, and a bachelor’s degree from Sarah Lawrence College. He is the winner of the Stanley and Evelyn Lipkin Prize for Poetry and the Lynn Garnier Memorial Award, and the recipient of fellowships from The Frost Place, Tent, The Sarah Lawrence Summer Seminar for Writers, and The Community of Writers at Squaw Valley. His writing has appeared or is forthcoming in *Bennington Review*, *Provincetown Arts*, *Bat City Review*, *The Sarah Lawrence Review*, *The Westchester Review*, *The Offbeat*, and *The Fourth River*. He lives in Los Angeles.



Crown
October 2020
Hardcover
Biography / True Crime

Editor: Paul Whitlatch
Rights: World
Co-Agents: Crown
Status: Manuscript
available (watermarked)

THE SPIDER: *Inside the Criminal Web of Jeffrey Epstein and Ghislaine Maxwell*
by Barry Levine

Who was Jeffrey Epstein? A Pulitzer Prize–nominated journalist unearths never-before-reported details in the most comprehensive account yet of the disgraced financier’s life, death, and criminal web, including the role of Ghislaine Maxwell.

By now, the basic contours of Epstein’s horrendous crimes—his decades-long serial abuse of young women and underage girls—are familiar. But for all that has been written about Epstein since his shocking death in a lower Manhattan jail cell, an astonishing amount remains unknown. A shy Brooklyn kid turned renegade financier, Jeffrey Epstein never wanted to play by the rules of polite society. He was elusive in life and he has remained just as elusive in death.

What is known is that he had amassed nearly \$600 million by the time of his death. That fortune allowed Epstein to pursue a privileged, secretive life, jetting between his fortress-like homes in Manhattan, New Mexico, and Little St. James, his private island. Behind these closed doors, Epstein socialized with scientists and world leaders and preyed on powerless young women.

In this dogged work of reporting, Barry Levine shines a light into the darkest corners of Epstein’s world. Featuring rare and never-before-seen photographs, **THE SPIDER** exposes how Epstein operated and evaded justice for so long—and how he drew so many others into his criminal web.

Barry Levine is a veteran investigative reporter and editor in print and television. He received the *HuffPost*’s “Game Changer” award in 2010 and led a reporting team to a Pulitzer Prize nomination for investigative reporting and national news reporting. He is the co-author of *ALL THE PRESIDENT’S WOMEN* and lives in New York.



Currency
October 2022
Hardcover
Business & Economics /
Psychology

Editor: Talia Krohn
Rights: World
Co-Agents: Crown
Status: Manuscript
October 2021

THE VOLTAGE EFFECT
by John List

Leading a movement in the newfound science of scaling, List offers readers a data-driven playbook anyone can follow to figure out if their enterprise is scalable, whether they’re launching a product, a program, or a public policy. He has established the four crucial hurdles every idea must pass in order to maintain voltage as it is scaled, while also detailing four behavioral-economic approaches to engineer *voltage gains*—when potential is optimized at scale, causing positive results to multiply.

Having developed his scaling model in a diverse range of situations, from schools on the South Side of Chicago to factories in China and tech companies in Silicon Valley, List combines compelling case studies with rigorous scientific analysis. His fieldwork has been shaking up the “dismal science” for the last three decades, making him a buzzed-about candidate for the Nobel Prize in Economics—in **THE VOLTAGE EFFECT**, List is poised to invigorate the overlapping worlds of business, policymaking, and innovation by offering a fresh and data-backed paradigm for understanding why some good ideas make it big, while others fail to take off.

John A. List is the Kenneth C. Griffin Distinguished Service Professor in Economics at the University of Chicago. He received his B.S. in economics at the University of Wisconsin-Stevens Point, and Ph.D. in economics at the University of Wyoming. List joined the University of Chicago faculty in 2005, and served as Chairman of the Department of Economics from 2012-2018. List was the first Chief Economist at Uber and the founder of its Ubernomics Team. Now he is the Chief Economist for Lyft. His consulting clients include Tinder, Pinterest, goPuff, Intuit, Citibank, United Airlines, Virgin Airlines, Chrysler, Amazon.com, McDonalds, the Chicago White Sox, the governments of Australia and the Dominican Republic, the US National Oceanic and Atmospheric Administration (NOAA), and numerous non-profits. His research includes over 250 peer-reviewed journal articles, several published academic books, and *The Why Axis: Hidden Motives and the Undiscovered Economics of Everyday Life* (with Uri Gneezy, PublicAffairs, 2013), which appeared on bestseller lists of *The Washington Post*, *The LA Times*, and in Israel.



Currency

February 2021

Hardcover

Business & Economics /
Social Science

Editor: Paul Whitlatch

Rights: World

Co-Agents: Crown

Status: Manuscript
September 2020

THE CONVERSATION: *How Seeking and Speaking the Truth About Racism Can Radically Transform Individuals and Organizations*

by Robert Livingston

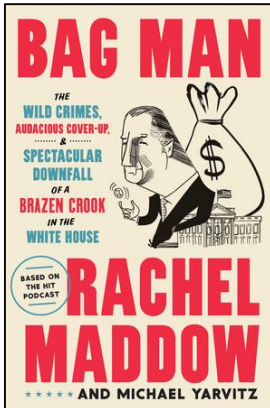
A practical guide for businesses and other organizations seeking to create candid dialogue about the persistence of racism in their communities, identify and eliminate bias, and take action to bring about a more equitable workplace and culture, written by a Harvard academic and leading expert on diversity and inclusion.

Whether it's the composition of a company's leadership team or the seats that employees choose in the break room, America's racial divide plays out in stark terms in the workplace. For social psychologist Robert Livingston, however, the struggle to eradicate bias and make organizations more diverse, equitable, and inclusive is not a futile battle but an attainable goal.

Livingston, who has taught at leading universities for over twenty years and advised organizations such as Airbnb, Deloitte, Microsoft, and JP Morgan, has made it his life's work to show people how to turn difficult conversations about race into productive instances of real change. With wit and clarity, **THE CONVERSATION** distills Livingston's decades of research and practice into a solution-oriented road map for organizations seeking to uproot entrenched biases in the workplace.

Robert Livingston is a social psychologist whose research has appeared in top-tier scientific journals and leading media outlets such as *The New York Times*, *The Wall Street Journal*, *Time*, *Newsweek*, and *Harvard Business Review*. For two decades, he has served as a diversity consultant to scores of Fortune 500 companies, public-sector agencies, and non-profit organizations. He has attended Tulane, UCLA, Universidad Complutense de Madrid, Yale, and Ohio State, and held professorships at the University of Wisconsin-Madison, Northwestern University's Kellogg School of Management, and the University of Sussex. He currently serves on the faculty of Harvard University's John F. Kennedy School of Government.

Rights sold: UK/BC: *Penguin Business*



Crown

December 2020

Hardcover

History

Editor: Gillian Blake

Rights: World

Co-Agents: Crown

Status: Manuscript available

BAG MAN: *The Wild Crimes, Audacious Cover-Up, and Spectacular Downfall of a Brazen Crook in the White House*

by Rachel Maddow and Michael Yarvitz

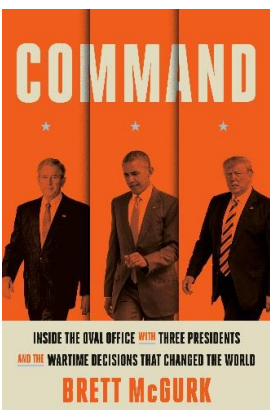
The knockdown, drag-out, untold story of the *other* scandal that rocked Nixon's White House, and reset the rules for crooked presidents to come—with new reporting that expands on Rachel Maddow's Peabody Award-nominated podcast.

Is it possible for a sitting vice president to direct a vast criminal enterprise within the halls of the White House? To have one of the most brazen corruption scandals in American history play out while nobody's paying attention? And for that scandal to be all but forgotten decades later?

The year was 1973, and Spiro T. Agnew, the former governor of Maryland, was Richard Nixon's second-in-command. Long on firebrand rhetoric and short on political experience, Agnew had carried out a bribery and extortion ring in office for years, when—at the height of Watergate—three young federal prosecutors discovered his crimes and launched a mission to take him down before it was too late, before Nixon's impending downfall elevated Agnew to the presidency. In this blockbuster account, Rachel Maddow and Michael Yarvitz detail the investigation that exposed Agnew's crimes, the attempts at a cover-up—which involved future president George H. W. Bush—and the backroom bargain that forced Agnew's resignation but also spared him years in federal prison. Based on the award-winning hit podcast, **BAG MAN** expands and deepens the story of Spiro Agnew's scandal and its lasting influence on our politics, our media, and our understanding of what it takes to confront a criminal in the White House.

Rachel Maddow has hosted the Emmy Award-winning *The Rachel Maddow Show* on MSNBC since 2008. She has a doctorate in politics from Oxford and a bachelor's degree in public policy from Stanford. **Michael Yarvitz** is an Emmy and Peabody Award-winning television producer and journalist. He was the executive producer and co-writer of the award-winning podcast series *Bag Man*.

Publishers of BLOWOUT: Croatian: *24sata*; UK/BC: *Bodley Head/PRH UK*; Ukrainian: *KM Books*



Crown

July 2021

Hardcover

Politics

Editor: Kevin Doughten

Rights: World

Co-Agents: Crown

Status: Manuscript

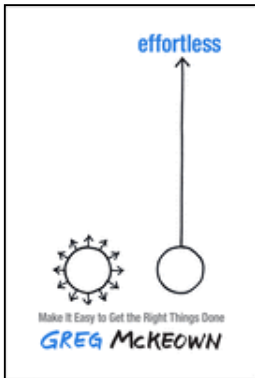
November 2020

COMMAND: *Inside the Oval Office with Three Presidents, and the Wartime Decisions That Changed the World*

by Brett McGurk

McGurk uses his close-up view of three presidents' successes and failures to extract an urgent set of lessons about the best way to make the biggest decisions. With implications from the White House to the Pentagon to boardrooms and organizations around the globe, **COMMAND** lifts the mystique of wartime decision-making, illuminating the high stakes choices made by a chosen few that profoundly affect us all. Through vivid stories from his time in Iraq early in the war and then dealing with its aftermath over fifteen years—from senior posts at the White House and State Department, through diplomacy around the world, including hostage negotiations, building coalitions, and raising armies, to battlefields with American troops as they experiment with new modes of warfare—McGurk offers a unique, behind-the-scenes account of how three presidents made and executed war-and-peace decisions in real-time.

Brett McGurk served as a top national security advisor under Presidents George W. Bush, Barack Obama, and Donald Trump. He has been involved in U.S. military strategy, diplomacy, and foreign policy for nearly two decades, most recently as Obama and Trump's envoy leading the campaign to defeat ISIS. He served as a law clerk to Chief Justice William H. Rehnquist on the U.S. Supreme Court from 2001 to 2002, and was at the Court on the morning of 9/11, a day that changed history and his life. McGurk is currently the Payne Distinguished Lecturer at Stanford University's Freeman Spogli Institute where he teaches and lectures on presidential decision-making in wartime.



Currency

April 2021

Hardcover

Business & Economics

Editor: Talia Krohn

Rights: World

Co-Agents: Crown

Status: Manuscript available

EFFORTLESS: *Make it Easy to Get the Right Things Done*
by Greg McKeown

The *New York Times* bestselling author of *ESSENTIALISM* shares proven strategies to make getting the right things done without giving up or burning out. In *ESSENTIALISM*, Greg McKeown urged readers to eliminate the 90% of things in their life that aren't truly important and put all their focus towards the 10% that really matter. Over the past five years, he has travelled around the globe helping people and teams put this into practice. From this unique perch, he noticed something troublesome. From engineers in Silicon Valley to pharmaceutical reps in Iowa to bank managers in Virginia, almost everyone was struggling to deal with the suffocating complexity that is expanding everywhere. Things have become so much harder than they ought to be.

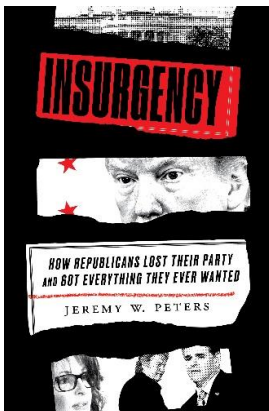
The complexity of modern life has created a dichotomy between things that are "hard and important," and those that are "easy and trivial." As a result, we reactively abandon the important but overwhelming tasks for the easy but pointless ones. Luckily, there is a third alternative. In **EFFORTLESS**, McKeown offers a practical playbook for reducing layers of complexity to make the most essential tasks the easiest ones. Honed over the better part of a decade and battle-tested in the real world, his strategies include:

- **Harness:** Tap into existing forces so you can swim with the current, not against it
- **Unburden:** Evict The Difficult Roommate Occupying Your Brain
- **Streamline:** Map out the process and remove unnecessary steps
- **Pace:** Remove urgency so you can continue to move steadily forward

Greg's previous book *ESSENTIALISM* was licensed in 26 territories. Full list available upon request.

Greg McKeown is the author of the *New York Times* bestseller, *ESSENTIALISM: The Disciplined Pursuit of Less*, and CEO of McKeown Inc. He has been featured in *The New York Times*, *Fast Company*, *Fortune*, *HuffPost*, *Politico*, and *Inc.*, and is among the most popular bloggers for *Harvard Business Review* and LinkedIn Pulse, averaging a million views a month.

Rights sold: UK/BC: *Ebury*; Portuguese/Brazil: *Sextante*



Crown

April 2021

Hardcover

Politics

Editor: Kevin Doughten

Rights: World

Co-Agents: Crown

Status: Manuscript
December 2020

INSURGENCY: *How Republicans Lost Their Party and Got Everything They Ever Wanted*
by Jeremy Peters

How did the party of Lincoln become the party of Trump? From a Washington reporter for *The New York Times* comes the definitive story of the mutiny that shattered American politics. Jeremy Peters' epic narrative of the fracture and collapse of the Republican Party chronicles the once-in-a-lifetime self-destruction of a major political party through the dark and powerful forces that it wrought.

Jeremy Peters is a reporter in the Washington bureau of *The New York Times* who covers politics.



Crown
 September 2023
 Hardcover
 Social Science / Death &
 Dying

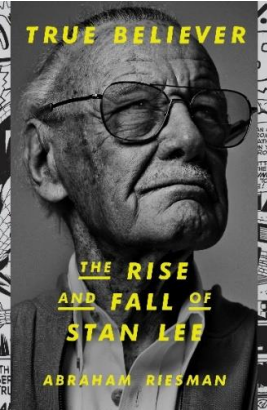
Editor: Amanda Cook
Rights: World
Co-Agents: Crown
Status: Manuscript
 September 2022

THE UNCLAIMED
 by Pamela Prickett, Ph.D., and Stefan Timmermans, Ph.D.

Drawing on five years of original research, **THE UNCLAIMED** is a deep investigation of the lives of the unclaimed dead in Los Angeles, their families, the workers charged with tending their bodies, and the strangers who show up to mourn them, sparking a long-overdue conversation about where we're headed as a society and what we owe each other, in death and in life.

Pamela Prickett, Ph.D. is Assistant Professor of Sociology at the University of Amsterdam and an award-winning writer and former broadcaster.

Stefan Timmermans, Ph.D. is Professor of Sociology at UCLA, and was honored in 2019 by the American Sociological Association with a Lifetime Achievement Award.



Crown
 February 2021
 Hardcover
 Biography

Editor: Will Wolfslau
Rights: World
Co-Agents: Crown
Status: Manuscript
 available

TRUE BELIEVER: *The Rise and Fall of Stan Lee*
 by Abraham Riesman

The definitive, revelatory biography of Marvel Comics creator Stan Lee, an artist and entrepreneur who reshaped global pop culture—at a steep personal cost.

Stan Lee—born Stanley Martin Lieber in 1922—is one of the most beloved and influential entertainers to emerge from the twentieth century. He served as editor in chief of Marvel Comics for three decades and, in that time, launched more pieces of internationally recognizable intellectual property than anyone other than Walt Disney: Spider-Man, the Avengers, the X-Men, Black Panther, the Incredible Hulk, Iron Man, Thor . . . the list seems to never end. On top of that, his carnival-barker marketing prowess more or less single-handedly saved the comic-book industry and superhero fiction. Without him, the global entertainment industry would be wildly different—and a great deal poorer.

But Lee's unprecedented career was also pitted with spectacular failures, controversy, and bitter disputes. Lee was dogged by accusations from his longtime collaborators Jack Kirby and Steve Ditko over who really created Marvel's signature characters—icons for whom Lee had always been suspected of taking more than his due share of credit. A major business venture, Stan Lee Media, resulted in stock manipulation, bankruptcy, and criminal charges. And in his final years, after the death of his beloved wife, Joan, rumors swirled that Lee was a virtual prisoner in his own home, issuing cryptic video recordings as a battle to control his fortune and legacy ensued.

Abraham Riesman is a veteran culture reporter who has conducted extensive new interviews and research, turning up never-before-published revelations about Lee's life and work. Lee's most famous motto was: "With great power comes great responsibility." **TRUE BELIEVER** chronicles every triumph and every misstep of an extraordinary life, and leaves it to readers to decide whether Lee lived up to the responsibilities of his own talent.

Abraham Riesman is a reporter for New York magazine, where he writes about arts and culture. His work has also appeared in *The Wall Street Journal*, *The Boston Globe*, *The New Republic*, and *Vice*, among others.

Rights sold: Italian: *Rizzoli*; Portuguese/Brazil: *Editora Globo*; Russian: *Eksmo*; Ukrainian: *KM Books*



Crown

May 2022

Hardcover

Biography / Music

Editor: Kevin Doughten

Rights: World

Co-Agents: Crown

Status: Manuscript Spring
2021

INSOMNIA

by Robbie Robertson

The rock legend tells the story of his wild ride with Martin Scorsese—as friends, adventure-seekers, and boundary-pushing collaborators—with all the heart of his *New York Times* bestselling memoir, TESTIMONY.

For three decades, Robbie Robertson has produced soundtracks for Martin Scorsese's films, a relationship that began when Robertson convinced Scorsese to direct *The Last Waltz*, the iconic film of the Band's farewell performance at the Winterland Ballroom on Thanksgiving 1976. The closing of the Band's story with that landmark concert opened a new door in Robbie Robertson's life—specifically the door to Scorsese's Malibu home. With both men on the outs with their wives, Robertson moved into Scorsese's place, inaugurating a two-year "lost weekend" of wild revelry and adventure. Though both men had already accomplished culture-changing feats, neither had reached thirty-five years of age, and each in his way stood at a creative precipice, searching for the beginning of a new phase of life and work. Their shared journey would take them around the world and down the rabbit hole of American culture in the long hangover of the seventies, a path lined with equal parts hedonism and paranoia, set against the backdrop of the disco-fueled streets of New York and the grand mansions of Mulholland Drive. With a cast of characters featuring Robert De Niro, Harvey Keitel, Sam Peckinpah and many more, **INSOMNIA** is part comedy, part travelogue and an intimate portrait of a remarkable creative friendship, one that would explore the outer limits of excess and experience before returning to tell the tale.

Robbie Robertson was the guitarist and principal songwriter in the Band. He has produced many movie soundtracks for Martin Scorsese and others, and continues to record as a solo artist. His most recent record, *How to Become Clairvoyant*, came out in 2011. His previous book, TESTIMONY, was a *New York Times* bestseller.

Publishers of TESTIMONY: Italian: *Jimenez Edizioni*; Japanese: *Diskunion*; Spanish: *Alfaomega*; UK/BC: *Heinemann/PRH UK*



Crown

January 2022
Hardcover
Social Science

Editor: Paul Whitlatch

Rights: World

Co-Agents: Crown

Status: Manuscript June
2021

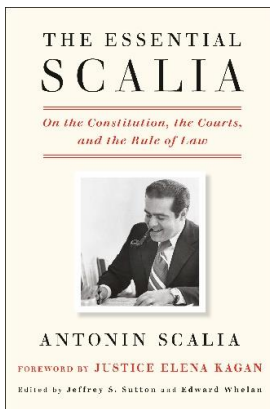
UNTITLED

by Marian Salzman

A new work of nonfiction from the renowned trend-spotter and futurist, Marian Salzman, that guides readers through a forty-year picture of world affairs and human identity, showing how major global events and trends have shaped and will continue to shape the way we live: the past two decades (bookended by the very different "bugs" of Y2K and Covid-19), the "great reset" of the current pandemic, and forces on the horizon for the next twenty years.

Salzman helps us understand the forces that shaped the past two decades and led to a world facing systemic collapse. Navigating at both a holistic and personal level, she uses her human and humorous voice to connect threads across business, civic life, consumerism, family, and entertainment to help us see what's next. The book is organized into thematic chapters, segmented into three timelines: an exploration of the now and how we have gotten here, with an emphasis on 1999-2020; shifts and trends that will color "the near future" (2021-2025); and a longer-range forecast spanning the following 15 years, to 2040.

Marian Salzman who lives in Switzerland and Connecticut, and considers Tucson, Arizona, home—is a globally recognized trendspotter whose work has taken her across the globe. Her pre-COVID-19 travel schedule had her on the road for more than 100 days in 2018 and 2019; she gathered insights and addressed audiences on what's next in places as far-ranging as Almaty (Kazakhstan), Atlanta, Amsterdam, Austin, Beirut, Boston, Brussels, Hong Kong, Milan, Monaco, San Francisco, Seoul, Sydney, and Tokyo. Salzman is the author of *TRENDS VOOR DE TOEKOMST / TRENDS FOR THE FUTURE* (Anthos) which was a number one bestseller in the Netherlands. It was published in several editions and languages including *NEXT: A Vision of Our Lives in the Future* (Harper Collins) and *NEXT: Trends for the Near Future* (Overlook Press). Under the title *NEXT*, the book was published across the world, including in Australia and New Zealand (Pan Macmillan Australia), Germany (ECON), Norway (Cappelen), and Spain (Planeta). *NEXT NOW: Trends for the Future* (Palgrave Macmillan) was also published in several editions and languages.



Crown Forum

September 2020

Hardcover

Law / Lawyers & Judges

Editor: Mary Reynics

Rights: World

Co-Agents: Crown

Status: Manuscript available

THE ESSENTIAL SCALIA: *On the Constitution, the Courts, and the Rule of Law*
by Antonin Scalia; edited by Jeffrey S. Sutton and Edward Whelan

Supreme Court Justice Antonin Scalia in his own words: the definitive collection of his opinions, speeches, and articles on the most essential and vexing legal questions, with an intimate foreword by Justice Elena Kagan.

A justice on the United States Supreme Court for three decades, Antonin Scalia transformed the way that judges, lawyers, and citizens think about the law. **THE ESSENTIAL SCALIA** presents Justice Scalia on his own terms, allowing readers to understand the reasoning and insights that made him one of the most consequential jurists in American history.

Known for his forceful intellect and remarkable wit, Scalia mastered the art of writing in a way that both educated and entertained. This comprehensive collection draws from the best of Scalia's opinions, essays, speeches, and testimony to paint a complete and nuanced portrait of his jurisprudence. This compendium addresses the hot-button issues of the times, from abortion and the right to bear arms to marriage, free speech, religious liberty, and so much more. It also presents the justice's wise insights on perennial debates over the structure of government created by our Constitution and the proper methods for interpreting our laws.

Brilliant and passionately argued, **THE ESSENTIAL SCALIA** is an indispensable resource for anyone who wants to understand our Constitution, the American legal system, and one of our nation's most influential and highly regarded jurists and thinkers.

Antonin Scalia served as an associate justice of the Supreme Court of the United States from 1986 until his death in 2016. Antonin Scalia was married to Maureen for fifty-five years. Together they had nine children and dozens of grandchildren.

Jeffrey S. Sutton, a judge on the United States Court of Appeals for the Sixth Circuit, is a former law clerk to Justice Scalia. He is the author of 51 IMPERFECT SOLUTIONS: *States and the Making of American Constitutional Law*.

Edward Whelan, president of the Ethics and Public Policy Center, is a former law clerk to Justice Scalia. He co-edited two other collections of Justice Scalia's work, *SCALIA SPEAKS: Reflections on Law, Faith, and Life Well Lived* and *ON FAITH: Lessons from an American Believer*.



Currency

February 2022

Hardcover

Business & Economics

Editor: Derek Reed

Rights: World

Co-Agents: Crown

Status: Manuscript March 2021

80,000

by Thomas Spaulding

What if, at the end of your life, you were invited to stand before all of the people you had influenced, in ways big and small? What would they say? In **80,000**, bestselling author Thomas Spaulding explores how the power of positive influence can change how we love and lead, and in doing so, change the world.

Researchers believe that that the average person will influence up to 80,000 people over the course of their lifetime. That's a stadium full of people whom each of us affect positively or negatively—sometimes without us knowing. What if we paid attention to this fact? Would we live differently? Would we lead differently? Would we take more time to put down our phones or work, and instead, focus on the person in front of us?

Spaulding believes the answer is yes. In this compelling and deeply personal book, he explores how we can be more mindful and effective in wielding the influence each of us has over others—in our careers, in our everyday interactions, and in the relationships we cultivate over a lifetime. Sharing stories from his life and from the exceptional leaders he has met and worked with over the years, he gives us a simple recipe for being intentional, showing up for others, and ultimately, transforming the lives each of us touch as we make our way through the world.

Thomas Spaulding, the founder and president of Spaulding Companies, a leadership-development consulting firm based in Denver, is the author of the *New York Times* bestselling book *IT'S NOT JUST WHO YOU KNOW* and the follow-up, *THE HEART-LED LEADER*. The former president and CEO of the global leadership organization *Up with People*, he consults with and speaks to businesses and nonprofit organizations across the country more than 100 times a year.

Previous publishers of Thomas Spaulding: Chinese/simplified: *CITIC*; Polish: *MT Biznes*; Portuguese/Brazil: *Editora Prumo*; Russian: *Kariera Press*



Crown

March 2022

Hardcover

True Crime

Editor: Gillian Blake

Rights: World

Co-Agents: Crown

Status: Manuscript March 2021

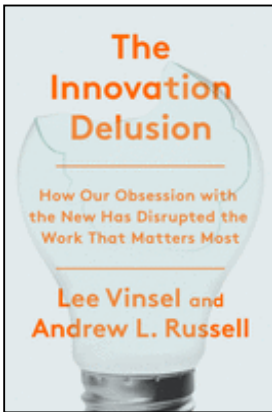
THE WANTED

by John Tayman

The ultimate true crime story, a journey into the fascinating world of the FBI, its manhunters, America's most wanted criminals on the run, and the evolution of The Ten Most Wanted Fugitives list, which will include approximately 20-25 images.

John Tayman is the bestselling author of *THE COLONY*. He has founded two award-winning startups, launched six magazines, and has been nominated for twenty National Magazine Awards. He has written for *The New York Times Sports Magazine*, *Outside*, *Conde Nast Traveler*, *GQ*, *Men's Journal*, *The Wall Street Journal*, *Fortune*, *Spy*, and *TIME*, among many others.

Rights sold: Portuguese/Brazil: *Intrinseca*; UK/BC: *Ebury/PRH UK*



Currency

September 2020

Hardcover

Business & Economics

Editor: Derek Reed

Rights: World

Co-Agents: Crown

Status: Manuscript available

THE INNOVATION DELUSION: *How Our Obsession with the New Has Disrupted the Work That Matters Most*

by Lee Vinsel and Andrew L. Russell

A provocative manifesto arguing that our obsession with innovation has caused us to neglect the ordinary technologies that keep our world going, with dire consequences to our economy, our businesses, and our careers.

Nearly every product gets marketed as being innovative, whether it's a truly new technology or simply a new toothbrush. But in this manifesto on the state of the American business, Andrew Russell and Lee Vinsel argue that our obsession with shiny new things has led us astray, and that we ought to pay more attention to innovation's less sexy, but more important cousin: maintenance.

Our misplaced priorities have harmed every corner of the economy. Corporations like GE have wasted millions hiring "Chief Innovation Officers" while their core businesses tanked. Computer science programs focus on program development even though the overwhelming majority of jobs are in IT and maintenance. And in 2018, a Miami bridge hailed for its "innovative" design killed six people when it collapsed onto a six-lane highway.

Drawing on years of research and firsthand reporting, Vinsel and Russell sketch an at-times humorous, at-times alarming story of how we became obsessed with innovation, and in so doing wrecked our economy, left our public infrastructure derelict, and lined the pockets of consultants who combine Silicon Valley's conceit with the worst of Wall Street's sociopathy. In this ultimately hopeful book, Vinsel and Russell offer a compelling plea for how we can shift our focus in time and resources away from "moving fast and breaking things" and back toward those who do essential upkeep on the ordinary technologies that underpin so much of modern life.

Andrew Russell is a professor of history and the dean of arts and sciences at SUNY Polytechnic Institute. **Lee Vinsel** is a professor in the department of science and technology in society at Virginia Tech. Together, they are the founders of the Maintainers Conference and research network, and their writing on the topic has appeared in *The New York Times*, *The Atlantic*, *The Washington Post*, and *Wired*.

Rights sold: Chinese/simplified: *Beijing Huazhang*

Harmony and Rodale



HARMONY
BOOKS

Harmony

April 2024
Trade Paperback
Pregnancy/Motherhood

Editor: Diana Baroni
Rights: World
Co-Agents: Crown
Status: Manuscript April 2023

HONESTLY EXPECTING: *Real Advice for a Healthy Pregnancy and a Happy Baby—From the First Trimester to the First Year*

by Jessica Alba

A comprehensive guidebook with real advice from the front lines of motherhood, in *Honestly Expecting*, Jessica Alba, bestselling author, actress and founder of The Honest Company, gives moms the information they need to have a healthy, happy pregnancy, childbirth, and first year. Readers will find friendly, no-holds-barred advice on each trimester, along with symptoms, nutrition, troubleshooting, and best practices. Jessica includes everything you need to know before the baby arrives, from how your baby is growing and how to support healthy development, the most up-to-date information on harmful substances you should avoid during pregnancy, the best recipes for dealing with morning sickness, helpful checklists to prepare for childbirth, and even design and décor detoxing tips for the home and nursery. After the baby arrives, Jessica will share the best guidelines for the first year of motherhood, a 40-Day focus on how to recover well post-childbirth, nutritious healing foods and recipes, as well as DIY baby food tips and recipes. Drawing on her own experience as a mother of three, interviews with pediatric experts, and the feedback received from the many moms who trust her advice and products, Jessica will put parents at ease by supplying practical tips on how to keep mother and baby safe and well. **HONESTLY EXPECTING** will be the go-to resource for every new mom.

Jessica Alba is a Golden Globe-nominated actress, environmental and social activist, bestselling author of *THE HONEST LIFE* (Rodale, 2013), and co-founder of The Honest Company. She lives in Los Angeles with her husband and three children.



RODALE

Rodale

March 2022
Hardcover
Health & Fitness / Exercise

Editor: Diana Baroni
Rights: World English
Translation: Folio Literary Management
Co-Agents: Crown
Status: Manuscript September 2021

Title Specs:

Trim Size: 7 3/8 x 9 1/8 in
Page Count: 288 pages
Illustrations: 70 4/color photos, recipes
Price: \$27.99

TRACY ANDERSON'S TOTAL CONNECTION: *The 6-Week Challenge to Transform Your Body, Mind, and Life*

by Tracy Anderson

The ultimate diet and fitness program to reset and rebalance the body and mind in order to look and feel amazing, from the trainer of Gwyneth Paltrow, Tracee Ellis, and Jennifer Lopez, and the *New York Times* bestselling author of *THE 30-DAY METHOD*.

Over the last 20 years Tracy Anderson has been on a mission to correct imbalance in the body. She's transformed the bodies of millions (including those of noted celebrities) through her DVDs, fitness studios, and streaming online classes. She's showed readers how to get fit, but over the years she's realized that what her fans really want is a more holistic solution that encompasses their body and mind. By finding the Connection and aligning your mind, body, and lifestyle, you can change the way you look and feel for the better, through a combination of what you eat, how you move, and how you think. Tracy's program explores your emotional connection to yourself and your health to strengthen your resolve. Her nutritional plan reduces inflammation by cutting out one common trigger each week (wheat, soy, beans, etc.) and in the process brings the body into balance. The diet, combined with unique workouts, reduces stress and inflammation and aids digestion. The 6-week program includes meal plans, recipes, and the advice readers need to change their lives and their bodies from the inside out.

Fitness pioneer **Tracy Anderson** has been transforming the bodies of women and men for almost two decades. She danced as a child and at 18 traveled to New York with the hope of becoming a professional dancer. After experiencing considerable weight gain, she began to experiment and research her own workout methods to transform her body and those of others. She developed the Tracy Anderson Method after a decade of extensive research, and since then has shared her method in 170 DVDs, streaming video shared with millions globally and her six fitness studios. Tracy has helped countless celebrities transform their bodies, including Gwyneth Paltrow, Tracee Ellis Ross, Jennifer Lopez, and Kim Kardashian.



RODALE

Rodale

August 2021
Trade Paperback
Cooking / Healthy Living

Editor: Donna Loffredo

Rights: World

Co-Agents: Crown

Status: Manuscript January 2021

Title Specs:

Trim Size: 7 3/8 x 9 1/4 in
Page Count: 240 pages
Illustrations: 25-30 4/c photos
Price: \$22.99

EAT HAPPY

by Patricia Bannan

Less stress, more joy, more energy, better physical and mental health, and longevity—you can experience all this just by changing what you eat. Patricia Bannan uses her knowledge as a nutrition and culinary expert, combined with her personal burnout struggles and remedies, to help readers cook simple, delicious, mostly plant-based meals that will replenish their mind, body, and spirit.

She walks readers through the main six symptoms of burnout (stress, anxiety, depression, fatigue, weakened immune system, inability to focus and disrupted sleep), offering compassion, stories, support, and guidance for each, before sharing a weeklong meal plan targeted for each symptom, and then, finally, super-charged recipes that combine the vital nutrients to combat that symptom. What's more, these recipes are designed for anyone who's time-strapped and exhausted enough to pick up a book about burnout, with short, approachable ingredient lists and quick and easy techniques. With 80 recipes total, along with holistic support, this is your total guide to bouncing back from burnout.

Patricia Bannan, MS, RDN, is a nationally-recognized registered dietitian, nutritionist, healthy-cooking expert, and speaker. Her bylined articles and interviews have appeared in *O, The Oprah Magazine, People, Self, Shape, Health, Glamour, Reader's Digest, Parenting, Redbook* and *Good Housekeeping*. Patricia has a BS in nutrition and dietetics from the University of Delaware, and she completed her dietetic training at the National Institutes of Health in Bethesda, Maryland. She received a master's degree in nutrition communication from the Friedman School of Nutrition Science and Policy at Tufts University in Boston. In addition to her nutrition credentials, Patricia earned a professional chef certificate from The New School of Cooking in Los Angeles.



RODALE

Rodale

September 2021
Trade Paperback
Family & Relationships

Editor: Donna Loffredo

Rights: World

Co-Agents: Crown

Status: Manuscript February 2021

CAT & NAT'S MOM RANTS: *More Wine-Fueled Confessions from the Mom Trenches*

by Catherine Belknap and Natalie Telfer

In the follow-up to their bestselling debut CAT & NAT'S MOM TRUTHS, hilarious moms and best friends Cat and Nat (who have more than 1.5 million fans on social media) go deeper than ever before with outrageous confessions and hilarious rants that let every mom know she's not alone.

With seven kids between them, Cat and Nat have connected with their audience by sharing their completely real take on the stress, guilt, and joy of being a mom. Fiercely committed to dismantling the perfection myth, their viral videos give the real story on everything from sleep to sex.

Cat and Nat's first book shared short dispatches from the trenches that struck a nerve with moms everywhere. But so many of the experiences of parenthood, from guilt to balancing career with motherhood to body image, demand a longer format. While maintain their signature outrageous humor, they're now going deeper into these themes and sharing new confessions. They've also tapped into their incredible community to gather 'momfessions'—small moments of truth that are private, sometimes wildly funny, but also universal. Cat and Nat are committed to helping moms overcome guilt and feel a sense of community during this often isolating time of life using their secret weapon—humor. With more outrageous admissions, hilarious advice, and deep comfort, **CAT & NAT'S MOM RANTS** is the follow up their community is asking for.

Catherine Belknap and **Natalie Telfer** have been best friends since they were teens, and now their video series of "mom truths" about everything from sleep to sex has turned them into viral sensations.

Publishers of CAT & NAT'S MOM TRUTHS: Hungarian: *Publish and More Kft*; Mongolian: *Erdmet Gegeen Publishing*; Romanian: *Lifestyle Publishing House*; Russian: *JSC Publishing House*



RODALE

Rodale

December 2021
Hardcover/POB
Cooking / Vegetarian

Editor: Dervla Kelly

Rights: World

Co-Agents: Crown

Status: Manuscript
December 2020

Title Specs:

Trim Size: 7 3/8 x 9 1/8 in
Page Count: 256 pages
Illustrations: 40-50 4/c
photos throughout
Price: \$25.99

RUNNING ON VEGGIES

by **Lottie Bildirici**

After finishing treatment for Hodgkin's Lymphoma at the age of 15, Lottie Bildirici fell in love with running and completely transformed her lifestyle with a mindful approach to eating and exercise. As an Adidas Nutrition Coach, she has led teams around the globe to healthier mindsets by leveraging their diets for enhanced performance. In her first book, she shares these recipes and tips to help fellow athletes eat well, feel well, and live life to its fullest potential.

RUNNING ON VEGGIES contains more than 75 mostly plant-based, dairy free, and pescatarian recipes to maximize workouts, including Almond Berry Overnight Oats, Energized Mocha Crunch Smoothie, Thai Crunch Salad, Pesto Farro Risotto with Sugar Snap Peas and Asparagus, Date Bites, and many more. In addition to Bildirici's recipes, the book also contains contributed recipes from world-class athletes, including Kara Goucher, Colleen Quigley, Emma Coburn, and more. With pre-run and recovery recipes, a 2-week peak performance plan, and supplemental sidebars throughout, it's designed to be inclusive of all levels of athletic performance, from novice to expert. **RUNNING ON VEGGIES** is the guide athletes need to fuel up and kickstart a lifetime of healthy habits, one delicious meal at a time

Lottie Bildirici is an athlete, blogger, recipe developer, and Adidas nutrition coach. Certified by The Institute for Integrative Nutrition, she is a professional Holistic Health Coach, and her website and blog *Running on Veggies* reaches hundreds of thousands of followers every day, sharing delicious recipes and tips for what and how to eat to reach peak physical performance. She is known for teaching athletes how to leverage their diets to enhance their training, working with such organizations as Adidas Runners, Rapha, and Enve, as well as running groups like Adidas NYC, Nike Run Club, Adidas Running, and more.



RODALE

Rodale

September 2022
Hardcover
Motivational

Editor: Diana Baroni

Rights: World

Co-Agents: Crown

Status: Manuscript
Spring 2022

THE WORK

by **Tom Bilyeu**

Develop your mindset, create passion, and actuate your full potential. Passions aren't found, they're made. They begin as a spark of interest. Nurture that spark into an ember, and it will gradually become a fire with enough strength to consume a mountainside. Here's what Tom Bilyeu wants you to know: anyone can start that fire. Anyone can become anyone. Whatever you want in life, the path to getting it is in committing to your passion. But you also have to put in the work to excel. For every passionate person, there's someone who's willing to work harder than anyone else. There's someone who does the backbreaking work and pushes past the breaking point. That person may as well be you, and Tom Bilyeu is writing his debut book to show you how.

THE WORK draws on everything Tom has learned in his own journey from failing college student to successful entrepreneur. He shares the tools and mindsets that aided him in launching Quest Nutrition, a unicorn startup that grew 57,000% in its first three years and was worth one billion dollars in less than five. He digs into the latest research coming out of the best universities on growth mindset and performance. And he will share the best advice he's gotten from the smartest people in personal development.

Tom Bilyeu is the cofounder of Quest Nutrition, a health and wellness brand that was named the second fastest growing private company in North America in 2014. With Tom as President and the start-up's social media community builder, Quest achieved unicorn status, valued at over \$1 billion within two years. In 2017, Tom left Quest to launch Impact Theory, a company designed to facilitate global change through mission-based businesses and empowering content. A sought-after speaker and podcast guest, Tom has developed a reputation for his direct and irreverent approach to research and real life.



Rodale

September 2021
Hardcover
Health & Fitness /
Women's Health

Editor: Donna Loffredo

Rights: World

Co-Agents: Crown

Status: Manuscript
February 2021

Title Specs:

Trim Size: 6 1/8 x 9 1/4 in
Page Count: 304 pages
Illustrations:
Price: \$26.00

THE UPGRADE

by Louann Brizendine

The *New York Times* bestselling author of THE FEMALE BRAIN explains how the female brain changes for the better in midlife, reframing the patriarchal term "menopause" as "The Upgrade" and inspiring women to unlock their full potential.

When Louann Brizendine published THE FEMALE BRAIN, it was a game-changer for its profound scientific understanding of how women think, communicate, and feel. Now, Brizendine uses her unique ability to make science approachable to offer an empowering vision of the years in a woman's life that have too often been ignored or misunderstood and creates a positive new framework for this life stage, never using the words perimenopause or menopause, with their suggestions of obsolescence, in the book.

In this sweeping look at the second half of life, Brizendine dives deep into the microscopic workings of your mitochondria one moment and zooms out to the bigger picture--family, relationships, identity--the next. With clear prescriptive advice, she also offers specific ways women can fend off dementia; increase longevity, well-being, and sexuality; and find their best selves at this stage of life. Ultimately, **THE UPGRADE** amounts to a celebration of how women step into their power and an entirely new--and radically positive--understanding of aging.

Dr. Louann Brizendine, MD, is a clinical professor of psychiatry at the University of California, San Francisco (UCSF). She is founder and director of the Women's Mood and Hormone Clinic and the Teen Girl Mood and Hormone Clinic, and is the author of two books, THE FEMALE BRAIN and THE MALE BRAIN. She lives with her husband in the San Francisco Bay Area.



Rodale

December 2021
Hardcover
Health & Fitness / Exercise

Editor: Donna Loffredo

Rights: World

Co-Agents: Crown

Status: Manuscript July
2021

Title Specs:

Trim Size: 7 3/8 x 9 1/8 in
Page Count: 352 pages
Illustrations: 100 b/w
photos throughout; charts
Price: \$25.99

ATHLEANX'S TRAIN LIKE AN ATHLETE: *Intelligent Training to Build the Ultimate Body*

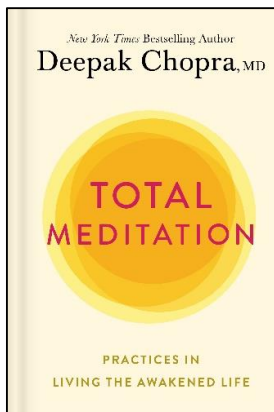
by Jeff Cavaliere

From the sought-after trainer behind YouTube's #1 Fitness channel AthleanX, with 10 million followers across platforms, this is the new bible of bodybuilding, sharing Jeff Cavaliere's signature science-based approach to functional training.

AthleanX puts the science into strength training. This unique strength training and conditioning program—including plans for nutrition and supplementation as well as step-by-step guides to the exercises—gives users the lean, muscular, functional bodies of professional athletes. Other fitness books and programs are based on a bodybuilding model, which can make you look stronger, but Jeff Cavaliere shows how to hit the gym without falling into the common "bro" traps: poor posture and flexibility, muscle imbalances, joint stiffness, pain, and injury. His sports medicine-based approach centered on injury prevention has earned him his rabid, massive fan base.

His book will go deeper into his philosophy of functional training than he's been able to online, making this book a must-have for his fanatic audience. And it will include 100 step-by-step photos of Jeff demonstrating proper form for injury and pain prevention. And it will conclude with Jeff's essential program for intelligent training plus nutritional and supplementation plans.

Jeff Cavaliere, MS PT CSCS, is a highly sought after personal trainer to elite athletes, wrestlers, and MMA fighters. Today he runs the wildly popular YouTube channel AthleanX (across platforms he has over 7 million followers; he posts 3 videos a week, with a number of videos have over a million views), which brings intelligent training to the everyday gymgoer.



Harmony
September 2020
Hardcover
Self-Help/Spiritual

Editor: Diana Baroni
Rights: World
Co-Agents: Crown
Status: Manuscript available

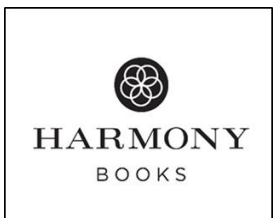
TOTAL MEDITATION: *Practices in Living the Awakened Life*
by Deepak Chopra

For the last thirty years, Deepak Chopra has been at the forefront of the meditation revolution in the West. **TOTAL MEDITATION** offers a complete exploration and reinterpretation of the physical, mental, emotional, relational, and spiritual benefits that this practice can bring. Deepak guides readers on how to wake up to new levels of awareness that will ultimately cultivate a clear vision, heal suffering in your mind and body, and help recover who you really are. Readers will undergo a transformative process, which results in an awakening of the body, mind, and spirit that will allow you to live in a state of open, free, creative, and blissful awareness twenty-four hours a day.

With this book, Deepak elevates the practice of meditation to a life-changing quest for higher consciousness and a more fulfilling existence. He also incorporates new research on meditation and its benefits, provides dozens of practical awareness exercises and concludes with a 52-week program of meditations to help revolutionize every aspect of your life.

Deepak Chopra MD, FACP, founder of The Chopra Foundation, a non-profit entity for research on well-being and humanitarianism, and Chopra Global, a modern-day health company at the intersection of science and spirituality, is a world-renowned pioneer in integrative medicine and personal transformation. Chopra is a Clinical Professor of Family Medicine and Public Health at the University of California, San Diego and serves as a senior scientist with Gallup Organization. He is the author of over 89 books translated into over forty-three languages, including numerous New York Times bestsellers. His 90th book and national bestseller, *METAHUMAN* (Harmony, October 2019), unlocks the secrets to moving beyond our present limitations to access a field of infinite possibilities. TIME magazine has described Dr. Chopra as "one of the top 100 heroes and icons of the century."

Rights sold: Bulgarian: *Bard*; Dutch: *Kosmos*; French: *Editions de la Maisnie*; German: *RH Germany*; Greek: *S. Patakis*; Polish: *Helion*; Portuguese/Brazil: *Alaude*; Portuguese/Portugal: *PRH Grupo Editorial*; Romanian: *Editura For You*; Russian: *Eksmo*; Spanish/Spain: *Alfaomega*; Spanish/Latin America: *PRH Grupo Editorial*; UK/BC: *Rider/PRH UK*



Harmony
March 2022
Hardcover
Self-Help/Spiritual

Editor: Diana Baroni
Rights: World
Co-Agents: Crown
Status: Manuscript Summer 2021

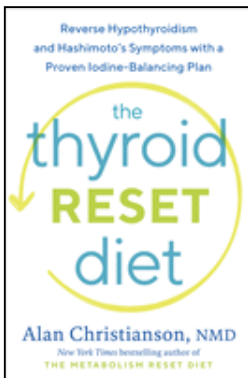
PEAK LIVING
by Deepak Chopra

In **PEAK LIVING**, *NY Times* bestselling author Deepak Chopra calls out the imbalance in our lives and instructs readers on how to return to our natural state of abundance. A companion affirmation journal is also forthcoming from Clarkson Potter.

Deepak Chopra MD, FACP, founder of The Chopra Foundation, a non-profit entity for research on well-being and humanitarianism, and Chopra Global, a modern-day health company at the intersection of science and spirituality, is a world-renowned pioneer in integrative medicine and personal transformation. Chopra is a Clinical Professor of Family Medicine and Public Health at the University of California, San Diego and serves as a senior scientist with Gallup Organization. He is the author of over 89 books translated into over forty-three languages, including numerous New York Times bestsellers. His 90th book and national bestseller, *METAHUMAN* (Harmony, October 2019), unlocks the secrets to moving beyond our present limitations to access a field of infinite possibilities. TIME magazine has described Dr. Chopra as "one of the top 100 heroes and icons of the century."

Rights sold: UK/BC: *Rider/PRH UK*

Publishers of **TOTAL MEDITATION**: Bulgarian: *Bard*; Dutch: *Kosmos*; French: *Editions de la Maisnie*; German: *RH Germany*; Greek: *S. Patakis*; Polish: *Helion*; Portuguese/Brazil: *Alaude*; Portuguese/Portugal: *PRH Grupo Editorial*; Romanian: *Editura For You*; Russian: *Eksmo*; Spanish/Spain: *Alfaomega*; Spanish/Latin America: *PRH Grupo Editorial*; UK/BC: *Rider/PRH UK*



Rodale

January 2021
Hardcover
Health & Fitness / Diet &
Nutrition

Editor: Diana Baroni

Rights: World

Co-Agents: Crown

Status: Manuscript
available

THE THYROID RESET DIET: *Reverse Hypothyroidism and Hashimoto's Symptoms with a Proven Iodine-Balancing Plan*
by Alan Christianson, NMD

A surprising new plan to reverse the symptoms of thyroid disease by reducing excess dietary iodine, from integrative physician and *New York Times* bestselling author Dr. Alan Christianson. Though the thyroid gland is small, it produces a hormone that controls the rate of nearly every chemical reaction in the body—turning food into energy, controlling the rate of tissue growth, stimulating the activity of other hormones, and much more. An estimated twenty million Americans can have some form of thyroid disease, and up to 60 percent of them are unaware of their condition. Depending on the type and severity of the thyroid disease, symptoms can range from weight gain and fatigue to tremors and palpitations.

In **THE THYROID RESET DIET**, Dr. Alan Christianson will help readers reverse chronic thyroid diseases like hypothyroidism, Hashimoto's Thyroiditis, and hyperthyroidism with nothing more than dietary change: the regulation (or reduction) of iodine intake. Backed by new research that shows proper dietary iodine intake can reverse thyroid disease in as little as four weeks, his diet plan will contain the optimal amount of iron and dietary iodine to control thyroid hormones, effectively resetting the thyroid. Instead of following a restrictive autoimmune paleo approach for thyroid health, Dr. Christianson recommends food swaps like barley instead of processed wheats. He shares the latest on supplements and other thyroid health strategies, along with 60-70 recipes, meal plans, and maintenance info. His cutting-edge research and clear results, coupled with an easy-to-follow diet plan, will help anyone struggling with thyroid disease.

Alan Christianson, NMD, author of the *New York Times* bestselling book **THE ADRENAL RESET DIET** and **THE METABOLISM RESET DIET**, is a naturopathic medical doctor who specializes in natural endocrinology with a focus on thyroid disorders. He founded Integrative Health, a physician group dedicated to helping people with thyroid disease and weight-loss resistance regain their health.

Publishers of Alan Christianson: Bulgarian: *Vdahnovenia*; Chinese/complex: *Global Group Holdings*; Chinese/simplified: *Ginkgo Book Co.*; German: *Goldmann/RH Germany*; Spanish: *Obelisco*; UK/BC: *Hay House*



HARMONY
BOOKS

Harmony

February 2021

Hardcover

Health & Fitness / Diet

Editor: Diana Baroni

Rights: World

Co-Agents: Crown

Status: Manuscript

October 2020

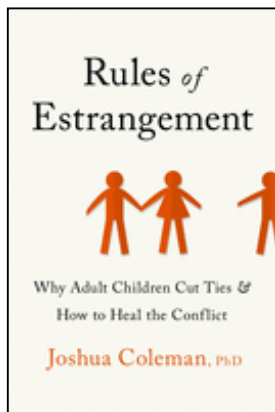
INTUITIVE FASTING: *The Four-Week Intermittent Fasting Plan to Recharge Your Metabolism and Renew Your Health*

by Will Cole

For some, the idea of fasting by eating only one or two meals a day still sounds like an extreme and overly restrictive dieting tactic. But many of us already feel like victims to our daily eating schedule: three meals a day, plus snacks. Eat every few hours, we are told by the experts. This fixed eating schedule has become the norm. But the truth is this is an artificially constructed schedule that does not reflect our bodies' natural and most optimal eating schedule. In fact, eating three meals a day causes metabolic inflexibility, which can easily lead to inflammation, weight gain, and disease. For millions of years, our bodies have actually functioned best by fasting.

With his new approach to fasting, bestselling author and functional medicine expert Dr. Will Cole gives us the ability to take control of our hunger and makes intermittent fasting intuitive. You'll get in touch with your instinctive eating patterns, and become healthier and more mindful about how and when you eat. Intermittent fasting fosters metabolic flexibility—and once you've reached metabolic flexibility, you can trust your body to function at optimal capacity, whether you've eaten six minutes ago or six hours ago.

Dr. Will Cole, IFMCP, DC, is a leading functional medicine expert who consults people around the world via webcam and locally in Pittsburgh. He specializes in clinically investigating underlying factors of chronic disease and customizing a functional medicine approach for thyroid issues, autoimmune conditions, hormonal imbalances, digestive disorders, and brain problems. He is the bestselling author of *KETOTARIAN* and *THE INFLAMMATION SPECTRUM*. Dr. Cole is also the cohost of the *goopfellas* podcast and *Keto Talk*.



Harmony

March 2021

Hardcover

Family & Relationships

Editor: Michele Eniclerico

Rights: World

Co-Agents: Crown

Status: Manuscript

available

RULES OF ESTRANGEMENT: *Why Adult Children Cut Ties and How to Heal the Conflict*

by Joshua Coleman

An exploration of the cultural reasons for the recent uptick in parental estrangement, along with guidance and understanding for parents looking to reestablish contact with their adult child. There is a new silent epidemic in family relationships inflicting untold anguish between parents and their adult children: parental estrangement. The reasons for estrangement are varied—a shift in today's psychotherapy, changes in parenting attitudes, economic insecurity, and a general perception that parents are obstacles to personal growth or autonomy. Whatever the cause, dealing with estrangement is no easy task. A rejection from the person you love and care about most can be the most disorienting and painful experience in a parent's life. As a trusted psychologist whose own daughter cut off contact for several years, Dr. Joshua Coleman is well acquainted with that pain and uniquely qualified to guide parents in navigating these fraught interactions.

Dr. Coleman helps parents understand the behaviors of their adult child and offers a path forward without shame or regret. Estrangement occurs on a continuum from temporary and resolvable, to irresolvable and permanent, and it's difficult for parents to know whether or not their actions are having any positive effects. **RULES OF ESTRANGEMENT** gives parents the language and the emotional tools to engage in meaningful conversation with their child, and the ability to move on if reconciliation is no longer possible.

Dr. Joshua Coleman is an author and psychologist in private practice, and a Senior Fellow with the Council on Contemporary Families. His advice has appeared in the *Wall Street Journal*, *The Atlantic*, *Chicago Tribune*, *Newsweek* and he's lectured at Harvard, The University of California at Berkeley, University of London, and the Cornell Weill Medical School.

Rights sold: Chinese/simplified: *China Youth Book*; Russian: *Eksmo*; UK/BC: *John Murray*



HARMONY
BOOKS

Harmony

September 2022
Hardcover
Memoir / Essays

Editor: Marnie Cochran
Rights: World
Co-Agents: Crown
Status: Manuscript April 2021

WHAT GIVES YOU HOPE

by Kelly Corrigan

This collection of contributed essays, stories, poems, and even cartoons on hope, inspiration, and optimism is a high-profile effort to explore what gives us hope and, at the same time, support the essential work of an organization that gives hope to so many: Save The Children.

Kelly Corrigan has been called “the voice of her generation” by *O: The Oprah Magazine* and “the poet laureate of the ordinary” by *HuffPost*. She is the author of the *New York Times* bestsellers TELL ME MORE, THE MIDDLE PLACE, LIFT, and GLITTER AND GLUE. She is also the creative director of The Nantucket Project and host of their conversation series about what matters most. She lives near Oakland, California, with her husband, Edward Lichty, and her daughters, Georgia and Claire.



RODALE

Rodale

April 2021
Trade Paperback
Cooking / Vegan

Editor: Donna Loffredo
Rights: World
Co-Agents: Crown
Status: Manuscript available

Title Specs:

Trim Size: 7 1/2 x 9 1/8 in
Page Count: 240 pages
Illustrations: 50 4/c photos
Price: \$25.99

DADA EATS' LOVE TO COOK IT: 100 Inclusive Recipes with a Plant-Based Energy

by Samah Dada

100+ indulgent meals and treats from the vegan- and keto-friendly rising star, all made with whole, unprocessed ingredients, including viral hits like brookie (brownie/cookie) pie and chocolate chip tahini cake. Samah Dada doesn't buy into the all or nothing mentality of healthy eating. By using real, unprocessed ingredients in surprising ways, she shows you how to have your cake and eat it too—because it's actually made out of chickpeas. Samah brings the infectious charm that won over Today Show audiences and her social media following alike to her first cookbook, **DADA EATS' LOVE TO COOK IT**, where she combines her passions for food, health, and wellness to makeover crave-worthy classics with real ingredients—without sacrificing either indulgence or health. Inspired by her Indian roots as well as Middle Eastern, Mediterranean, and European cuisines, her fresh takes on your favorite foods require minimal ingredients and steps, and many of the recipes are allergen-free, gluten-free, Whole30- and keto-compliant, and vegan. Samah also provides an easy introduction to alternative flours and sugars and explains how to use them without losing the flavor and joy.

Written in Samah's approachable, vibrant voice, **LOVE TO COOK IT** makes even the most reluctant and busiest of people want to cook, with beautiful full-color photography and Samah's takes on 100+ of your favorite foods (80% of the recipes are new to the book, 20% are her biggest online hits), from Masala Scrambled Eggs and Fluffy Pillow Pancakes to Chocolate Chip Cookie Dough Dip and Fudge Brownies. With on-the-go breakfasts, snacks, and desserts that taste so good you'd never know they were made with real ingredients, this is the right place to help you indulge well.

Samah Dada is a New York City-based recipe developer, food photographer, and the blogger behind Dada Eats. Inspired by the foodscapes of London and California, she has made multiple appearances on the Today Show and is now the host of NBC's Digital Show #Cooking with Samah Dada.



RODALE

Rodale

January 2022
Hardcover
Health & Fitness / Diets

Editor: Diana Baroni
Rights: World
Co-Agents: Crown
Status: Manuscript Spring 2021

UNTITLED ROCCO BOOK 2

By Rocco DiSpirito

The second diet cookbook from bestselling author and James Beard Award-winning chef Rocco DiSpirito.

Rocco DiSpirito is a James Beard Award-winning chef, healthy lifestyle expert, and author of 13 books, including three #1 *New York Times* bestsellers. Rocco has starred on numerous television shows and is frequently featured as a food and weight loss expert in print and online media. Most recently he received two stars from the *New York Times* as the chef at the critically acclaimed Standard Grill in New York City.



RODALE

Rodale

October 2021
Hardcover
Cooking / Sports & Recreation

Editor: Dervla Kelly
Rights: World English
Translation: Levine Greenberg (Danielle Svetcov)
Status: Manuscript Spring 2021

RISE & RUN

By Shalane Flanagan and Elyse Kopecky

RISE & RUN is the next book from bestselling authors Shalane Flanagan and Elyse Kopecky. Featuring advice, tips, and tricks on training, starting your day, and celebrating running and runners, the book will also include 100 recipes for quick on the go mornings and afternoons along with more leisurely weekend morning meals and snacks.

Shalane Flanagan is the co-author of the *New York Times* bestseller *Run Fast. Eat Slow*. She is an Olympic silver medalist, 4-time Olympian, winner of the 2017 TCS New York City marathon, and multiple American record holder. She finished second in the 2010 NYC marathon and ran the fastest time ever by an American woman at the 2014 Boston Marathon. She has been running at an elite level for 14 years and typically runs 100-plus miles a week. She lives in Portland, OR.

Elyse Kopecky is a chef, speaker, nutrition coach, and *New York Times* bestselling co-author of *Run Fast. Eat Slow*. The book features Elyse's "indulgent nourishment" food philosophy for long-term health and happiness. She studied nutrition at the Natural Gourmet Institute, the nation's top health-supportive culinary school. She lives in Bend, OR.



Rodale

March 2022
Trade Paperback
Health & Fitness

Editor: Matthew Benjamin

Rights: World

Co-Agents: Crown

Status: Manuscript Spring
2021

HWPO: *Hard Work Pays Off*
by Mathew Fraser

Mathew Fraser, the four time and current World's Fittest Man, details his methods for staying motivated and building peak strength, endurance, and speed. Fraser is a Nike sponsored CrossFit super athlete with millions of fans around the globe who fervently follow his preparations and crushing victories at the CrossFit Games.

In **HWPO: *Hard Work Pays Off***, Matthew will finally reveal the training methods and workouts he has used to help edge out all competitors. There will be black-and-white line drawings throughout.

Matthew Fraser is an American professional CrossFit athlete who has won the CrossFit Games every year since 2016.



Rodale

September 2021
Hardcover
Cooking/Healthy Living

Editor: Donna Loffredo

Rights: World

Co-Agents: Crown

Status: First pass available
November 2020

THE GOODFUL SUSTAINABILITY COOKBOOK
by Goodful

Goodful makes sustainability simple with recipes, tips, and guides for everyday life. They share 75 plant-based recipes for meal prep, everyday celebrations, and cooking with the seasons, along with tons of ways to stock your kitchen, grow your own ingredients, turn your scraps into amazing treats, and more. Many of Goodful's best performing content is about reducing waste and gardening, so this book is what their fans are looking for.

Beautifully photographed, the **GOODFUL SUSTAINABILITY COOKBOOK** is super practical and impactful, with surprising and easy ways to reduce environmental impact, shopping guides and meal plans, information about repurposing food waste, plus a guide to growing your own ingredients. Filled with tips and quick hits of information about the environmental impact of these recipes—all to deliver to the reader a low-stress, high-impact path to a low-waste kitchen.

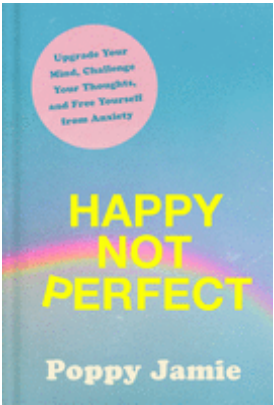

Goodful is one of BuzzFeed's most popular verticals, known for their approachable take on wellness trends. Their previous book is *The Goodful Cookbook*.

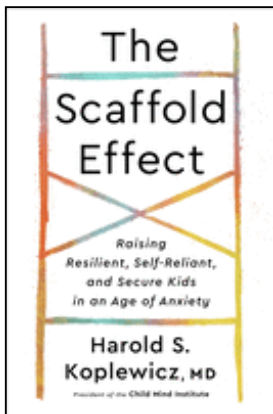
Publisher of THE GOODFUL COOKBOOK: German: Suedwest/RH Germany

Title Specs:

Trim Size: 8 x 10 in
Page Count: 256 pages
Illustrations: 35-40 4/c
photos
Price: \$29.99

 <p>HARMONY BOOKS</p> <p>Harmony March 2022 Hardcover Self-Help / Personal Growth</p> <p>Editor: Matthew Benjamin Rights: World Co-Agents: Crown Status: Manuscript May 2021</p>	<p>PRODUCTIVITY WITHOUT PRIVILEGE by Alan Henry</p> <p>Inspired by the author’s feature article in <i>The New York Times</i>, PRODUCTIVITY WITHOUT PRIVILEGE is a career guide that blends lessons from the author’s professional life with interviews and conversations with leading productivity experts, professors, and scientists. While conventional productivity advice only benefits those who have the option to use it in the first place—the powerful, wealthy, and privileged—this is a guide to how to succeed in the workplace when you are the one who faces discrimination and prejudice.</p> <p>Alan Henry is the service editor at WIRED in New York City. He was previously the Smarter Living editor at <i>The New York Times</i> and editor in chief of Lifehacker.</p>
 <p>Harmony February 2021 Hardcover Family & Relationships</p> <p>Editor: Marnie Cochran Rights: World Co-Agents: Crown Status: Manuscript available</p>	<p>FOURTEEN (TALKS) BY (AGE) FOURTEEN: <i>The Essential Conversations You Need to Have with Your Kids Before They Start High School</i> by Michelle Icard</p> <p>The fourteen essential conversations to have with your child while their neural development is still receptive, with scripts and advice on how to broach the topics, keep the communication going, and create a new language for staying connected during this critical developmental window.</p> <p>Trying to convince a middle schooler to listen to you can be exasperating. Indeed, it can feel like the best option is not to talk! But keeping kids safe—and prepared for all the times to come when you can’t be the angel on their shoulder—is all about having the right conversations at the right time. And from a brain growth and emotional readiness perspective, there is no better time for this than their tween years, and before they enter high school. Distilling Michelle Icard’s decades of experience counseling families, FOURTEEN (TALKS) BY (AGE) FOURTEEN focuses on big, thorny topics such as friendship, sexuality, impulsivity, and hygiene, as well as unexpected conversations about creativity, money, tolerance, and being a contributing member of the family. Outlining a simple, memorable formula for the best approach (The BRIEF Model: Begin peacefully, Relate to your child, Interview to collect information, Echo what you’re hearing, give Feedback), Icard also helps parents get over the most common hurdles in talking to tweens: knowing what conversations are most important, figuring out what to say and what phrases to avoid, having a way to get started that won’t irritate kids or scare them off, how to keep kids engaged in conversation, and how to exit the conversation in a way that keeps kids wanting more. Like a Rosetta Stone for your tween’s confounding language, FOURTEEN...BY...FOURTEEN is an essential guide to preparing your tween for teenaged success.</p> <p>Michelle Icard is a member of the Today show parenting team and NBC News Learn. The author of MIDDLESCHOOL MAKEOVER, she is also a contributor to the <i>Washington Post</i>’s "On Parenting" section and <i>Your Teen</i> magazine. Her work has been featured in <i>The Chicago Tribune</i>, <i>The Christian Science Monitor</i>, <i>Redbook</i>, <i>Time</i>, and <i>People</i>.</p> <p>Rights sold: Chinese/simplified: <i>Beijing Green Beans Book Co.</i>; Chinese/complex: <i>China Times</i>; Polish: <i>Mariusz Jachimczuk Edgard</i>; Romanian: <i>Editura Univers</i></p>

 <p>Rodale April 2021 Hardcover Motivational</p> <p>Editor: Matthew Benjamin Rights: World Co-Agents: Crown Status: Manuscript available</p>	<p>HAPPY NOT PERFECT: <i>Upgrade Your Mind, Challenge Your Thoughts, and Free Yourself from Anxiety</i> by Poppy Jamie</p> <p>Changemaker, seeker, and recovering perfectionist Poppy Jamie explores the science and soul of mindfulness and self-compassion to help provide solutions for burnout, anxiety, and insecurity. In HAPPY NOT PERFECT, Jamie, named one of Forbes "30 Under 30", seeks to address the mental health concerns that affect millennials and Gen Z in unprecedented ways. The book is inspired by Jamie's own struggle with what she calls "duck syndrome": putting up a serene, calm front on the surface, but underneath, paddling like mad and feeling miserable. On the outside it looked like she had it all—still in her 20's and having launched the successful and sought-after brand Pop & Suki as well as Instagram proof of traveling the globe and hanging out with celebrities; but it never felt like enough. Every day was a struggle and a battle with insecurity and fatigue until she was finally able to let go of the negative thoughts in her head about living a perfect life.</p> <p>This led her on a mission to destigmatize and change the conversation around mental health. She began working with mindfulness experts and neuroscientists to find practical tools beyond the typical self-help mantras and mirror affirmations that don't really change anything. HAPPY NOT PERFECT looks at WHY we struggle so terribly with anxiety and stress; HOW we can make basic foundational changes to take back control of our emotions; and WHERE in our lives we need to reset the most. This is real help, backed by the latest in research and psychology, to re-program our thoughts, take control of our emotions, move off autopilot, and become more empathetic to ourselves and ultimately feel happier.</p> <p>Poppy Jamie is an entrepreneur, influencer, and a rising star in the mental health and mindfulness space. She launched the Not Perfect podcast in 2019 and the Happy Not Perfect app in 2018, after four years of aggregating behavioral studies and developing the app with neuroscientists, researchers, and her neurotherapist mom. She has been featured in the New York Times, Wired, Fast Company, Refinery29, Forbes, Vogue, Cosmo, E!, NBC News, and MTV.</p> <p>Rights sold: German: <i>Goldmann/RH Germany</i>; UK/BC: <i>Yellow Kite/Hodder</i></p>
 <p>Harmony March 2022 Hardcover Memoir / Addiction</p> <p>Editor: Donna Loffredo Rights: World Co-Agents: Crown Status: Manuscript May 2021</p>	<p>HIGH ACHIEVER 2 by Tiffany Jenkins</p> <p>Tiffany Jenkins is the author of HIGH ACHIEVER (June 2019). She writes about motherhood, addiction, marriage, and life on her blog, Juggling the Jenkins, where she has acquired a huge social media following. She uses her platform to help and inspire others who are struggling with motherhood, mental health, addiction, and those who just need a good laugh. She speaks frequently about addiction and recovery. She lives with her husband and three children in Sarasota, Florida.</p> <p>Publishers of HIGH ACHIEVER: Czech: <i>Albatros Media</i>; German: <i>Narayana Verlag</i>; Russian: <i>Eksmo</i></p>



THE SCAFFOLD EFFECT: *Raising Resilient, Self-Reliant, and Secure Kids in an Age of Anxiety*
by Harold Koplewicz

How to prevent and counteract the general anxiety and emotional fragility that is so prevalent in children and teenagers today—a new parenting philosophy and strategies that give children the tools to flourish on their own.

Just as a sturdy scaffold is necessary when erecting a building but will come down as the structure grows stable, good parenting provides children with steady, warm, emotional nourishment on the path toward their independence. In **THE SCAFFOLD EFFECT**, world-renowned child psychiatrist Harold Koplewicz introduces the powerful new and clinically-tested idea that this deliberate build-up and then gradual loosening of parental support is the single most effective way to encourage kids to climb higher, try new things and grow from mistakes, and to develop personal character and strength.

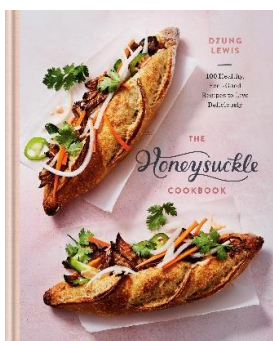
Offering the ten building blocks or "planks" of an effective scaffold—from laying a solid foundation and setting limits to building strength and minimizing cracks—he expertly guides parents through the strategies they need to raise empowered, capable kids while building parent-child bonds that will survive adolescence and grow stronger into adulthood.

Harold Koplewicz, M.D. is one of the nation's leading child and adolescent psychiatrists. The founding president and director of The Child Mind Institute in New York City and San Mateo, CA, he has been repeatedly named in America's Top Doctors, Best Doctors in America, and New York Magazine's "Best Doctors in New York." He has appeared on *Today*, CBS News, CNN, Oprah, and Anderson Cooper 360, and he is quoted regularly in the *New York Times*, *USA Today* and *The Wall Street Journal*.

Rights sold: Chinese/simplified: *Beijing Huazhang*; Serbian: *Publik Praktikum*; UK/BC: *John Murray Press*

Harmony
February 2021
Hardcover
Family & Relationships

Editor: Marnie Cochran
Rights: World
Co-Agents: Crown
Status: Manuscript available



THE HONEYSUCKLE COOKBOOK: *100 Healthy, Feel-Good Recipes to Live Deliciously*
by Dzung Lewis

THE HONEYSUCKLE COOKBOOK is stuffed with exciting ideas for easy, approachable, Asian-influenced cooking at home. With 100 recipes, from the breakfast favorites that consistently rate the highest in views on the author's popular YouTube channel (like her Overnight Oats, 6 Ways) to original twists on one-pan and pressure-cooker meals, this book is for those of us who want feel-good meals made healthy, delicious, and quick.

Dzung's recipes take the familiar and turns it ever-so-slightly on its head: Marinara sauce gets extra umami with the addition of fish sauce, while mac and cheese becomes more than an out-of-the-box staple when made fresh with kimchi. Lattes get an extra kick from bold Vietnamese coffee and sweet, floral lavender, and quinoa pilaf is mixed with a creamy curry-miso dressing. Dzung also teaches readers how to stretch groceries so they spend a little less money, how to plan meals seasonally, and how to match main courses with sides so plates look impressive and taste great. With quick snack ideas, recipe hacks, foolproof instructions, and genius tips for pretty presentation, **THE HONEYSUCKLE COOKBOOK** will be the friendly hand busy young cooks need to hold in the kitchen.

Dzung Lewis grew up in a Vietnamese household filled with family preparing delicious food and began cooking for herself and her family at age twelve. When she took up baking as a hobby after college, she started a YouTube channel to share her creations, and things quickly took off from there. Today, she regularly partners with huge brands like Target, California Avocados, TULA, and Le Creuset. She lives in Los Angeles with her husband and two young children.

Rodale
September 2020
Hardcover
Cooking/Asian

Editor: Dervla Kelly
Rights: World
Co-Agents: Crown
Status: Material available

Title Specs:
Trim Size: 8 x 10 in
Page Count: 240 pages
Illustrations: 75 4/color photos
Price: \$27.99



HARMONY
BOOKS

Harmony

September 2021

Hardcover

Self-Help / Spiritual

Editor: Marnie Cochran

Rights: World

Co-Agents: Crown

Status: Manuscript April 2021

NOW!: An Urgent Call for Moral Courage, Humanity, and the Fiercest Love
by Jacqueline J. Lewis

A manifesto and passionate call to action for readers everywhere—no matter what age, race, faith, gender, or sexuality—that details the twelve critical practices for insisting on goodness in ourselves and others, caring for ourselves and others, and standing up against injustice in whatever form it shows itself, all in the spirit of Ubuntu, the Zulu term for "A person is a person through other people."

Combining edifying and inspiring lessons, gripping narratives, and inspired spiritual guidance, **NOW!** will equip readers with the tools to seek transformational change from within, and then spread that change among their friends, families, and communities—and the wider world—like ripples on a pond.

NOW! will reach not only the vast spiritual and progressive faith readership, but the millions of readers across the country and the world who believe that now is the time to challenge inequality and violence, to seek radical social transformation, and simply to strive together to be and become better people.

The Reverend Jacqueline J. Lewis, PhD is a senior minister of Middle Collegiate Church in New York City, and a powerful public speaker and coveted media guest. She has been featured in such publications as the *Washington Post*, *The New York Times*, *Ebony*, and *Essence*, and she has appeared on networks that include CBS, CNN, NBC, and ABC. In 2015, Dr. Lewis created the MSNBC.com show *Just Faith*, in which she led important conversations about culture and current events through the lens of progressive faith and spirituality. She co-founded The Middle Project, a leadership training institute for progressive faith leaders and social justice activists.



RODALE

Rodale

October 2021

Trade Paperback

Self-Help / Green Lifestyle

Editor: Donna Loffredo

Rights: World

Co-Agents: Crown

Status: Manuscript November 2020

DON'T BE TRASHY
by Tara McKenna

Go beyond the mason jar and learn how to go (almost) zero waste in one year, in this super-practical and accessible guide from the creator of the blog, Zero Waste Collective.

By 2050, there will be more plastic in the ocean than fish, by weight. Scary, right? That's why it's time to stop being so trashy. We're all trapped in a convenience-based and wasteful cycle, but Tara McKenna offers an alternative: an approach to reducing waste for a more sustainable and ethical life that emphasizes progress over perfection. This isn't about fitting all of your waste into a mason jar or going zero waste overnight. For real, long-lasting change and new habits to form, McKenna guides you through a year of reducing waste, month by month, with focuses ranging from decluttering and developing a capsule wardrobe to revamping your kitchen, pantry, and bathroom—slowly!—to cut off your supply of single-use plastic and invest in home goods that'll last for decades. Ultimately, it's about changing your mindset to one of conscious consumption—a mindset that, coincidentally, will be good for your wallet in the long term.

Say goodbye to a bursting toiletries bag, fast fashion, and all the plastic bottles crowding your pantry. It's time to build less trashy habits. With relatable stories, compassion, and a practical approach, **DON'T BE TRASHY** will show you how in this ultimate guide to going zero waste(ish).

Tara McKenna launched The Zero Waste Collective on Earth Day 2018 after working as an environmental planner and witnessing overflow trash intermingling with fish and coral in southeast Asia. This online community offers simple strategies to live a sustainable and ethical life through reducing waste and aims to inspire and empower people from all walks of life. McKenna has partnered with brands such as A&W Canada, Converse, and Corona Canada. Author Site: thezerowastecollective.com



Rodale

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Hardcover

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Illustrations: 75-100 4/c photos

Price: \$29.99

EVERYDAY DINNERS: *Real Life Recipes to Set Your Family Up for a Week of Success*
by Jessica Merchant

“Jessica Merchant is the embodiment of the gorgeous, successful, modern woman we all aspire to be. THE PRETTY DISH serves as a playbook for the sweeter side of life. Full of utterly delicious, vibrant recipes, natural beauty concoctions, and curated playlists for every mood, the aspirational has never been more attainable.”

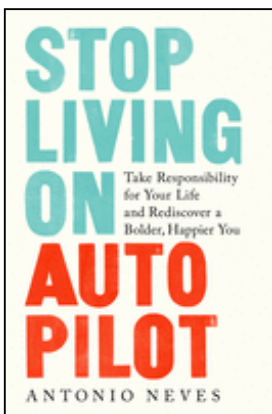
—Andie Mitchell, *New York Times* bestselling author of *It Was Me All Along*

From beloved blogger and three time author Jessica Merchant comes your new go-to guide to meal prepping, with game plans to get family dinner on the table in 30 minutes or less—without sacrificing beauty or flavor.

Jessica Merchant, the blogger behind the wildly popular site, *How Sweet Eats* and the author of SERIOUSLY DELISH and THE PRETTY DISH, has been a trusted resource for her readers and home cooks for years, and she now turns her attention to the world of meal prepping.

With her trademark wit and down to earth style, Merchant presents **EVERYDAY DINNERS**, a meal prep book for family dinners that can be made ahead of time, then cooked and on the table in 30 minutes. Along with plant based, one pot, and slow cooker recipes, it also includes weekly dinner plans and a 45 to 60 minutes meal prep game plan to keep cooking easy and quick on busy weeknights.

Jessica Merchant is a full-time recipe developer and writer who happens to be crazy passionate about all things food. She is the author of THE PRETTY DISH and SERIOUSLY DELISH, and details her adventures in and out of the kitchen on her popular blog, *How Sweet Eats*, which is read by millions.



Rodale

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Motivational

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Co-Agents: Crown

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available

STOP LIVING ON AUTOPILOT: *Take Responsibility for Your Life and Rediscover a Bolder, Happier You*

by Antonio Neves

A raw how-to guide that will help you recommit to your life and stay bold, honest, and accountable for lasting happiness. Ask yourself a simple question: Based on your last 30 days of work (or marriage, or parenting), would your company rehire you? Would your partner immediately recommit to you? Would your children want you to continue to be their parent?

The easy answer is "Absolutely!" Your life might read like a success story and your parents and friends think you have it all figured out. But you have a secret: you've stopped caring about much of anything. You feel out of place in your own life. You'd rather binge watch Netflix than think about what's next. You have two choices - experience a slow self-destruction, or commit to a self-correction.

Speaker and life coach Antonio Neves gives you the opportunity to reboot your life and find fulfillment and happiness right where you are. You don't have to quit your job or move to Bali to follow your passion—it just takes a shift in perspective and a commitment to live courageously, replacing passivity with boldness. **STOP LIVING ON AUTOPILOT** will guide you to confront some hard truths about where you are and how you got there, inviting compassion, honesty, and accountability. It's never too late to reevaluate your behavior and lay a stronger foundation for your next 30 days. Step by step, you can become an active player in your own life again and rediscover what makes you great.

Antonio Neves is an internationally recognized speaker, executive coach, and award-winning journalist. He regularly delivers keynotes and trainings at top organizations worldwide. For over ten years, Antonio worked as a business correspondent, host, and producer with top television networks. As a journalist, he has spent hundreds of hours interviewing and profiling top CEOs, executives, and founders including the entrepreneurs behind Twitter, AOL, Warby Parker, and more. A first generation college graduate, Antonio earned his Master's degree from Columbia University.

Rights sold: Serbian: *Publik Praktikum*



Rodale

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Trade Paperback

Gardening/Cooking

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Co-Agents: Crown

Status: Manuscript available

Title Specs:

Trim Size: 8 x 10 in

Page Count: 256 pages

Illustrations: 130

illustrations, 75 recipes

Price: \$24.99

THE NEW HEIRLOOM GARDEN: 12 Theme Designs with Recipes for Cooks Who Love to Garden
by Ellen Ecker Ogden

Design a beautiful and self-sufficient garden; learn the secrets of heirloom vegetables, herbs, and flowers; and enjoy 75 seasonal recipes featuring the fruits of your labor—all with one book! The best-tasting vegetables are heirlooms, the most fragrant flowers are heirlooms, and the most interesting plants are heirlooms. But heirlooms are more than just delicious ingredients or beautiful flowers—their seeds offer us a connection with the earth, and each one tells a story.

In **THE NEW HEIRLOOM GARDEN**, author and garden lecturer Ellen Ecker Ogden guides readers toward creating their own heirloom gardens with tangible gardening tips, twelve themed garden designs, and detailed resources. The book is organized around those garden designs, with each chapter including a plant key with plant descriptions, an illustrated color design to inspire the reader, and five recipes that can be made from each vegetable grown in that garden. It's a book designed for readers to bring to their local supply store, take outside into the garden, and then bring into the kitchen. In addition to giving the novice gardener tips for starting a garden from scratch and advice to advanced gardeners, Ogden shares the whimsical history of heirlooms and the legacies of the fruits, vegetables, herbs, and flowers that make up a well-kept garden.

Ellen Ecker Ogden is a garden speaker and author of five books, including **THE COMPLETE KITCHEN GARDEN**. She cofounded *The Cook's Garden* seed catalog in 1985, introducing home gardeners to the best-tasting vegetables for cooks who love to garden. She is an award-winning food and garden writer, and a kitchen garden designer who is known for her informative and fun-loving garden talks. Her kitchen garden designs have appeared in *The New York Times*, *The Boston Globe*, *Martha Stewart Living*, *Better Homes and Gardens*, *Country Gardens*, and more.



Harmony

January 2021

Hardcover

Health & Fitness / Diet & Nutrition

Editor: Diana Baroni

Rights: World

Co-Agents: Crown

Status: Manuscript available

THE POWER PLATE DIET: *Discover the Ultimate Anti-Inflammatory Meals to Fat-Proof Your Body and Restore Your Health*

by Erin Oprea

"I've had the pleasure of working with Erin for many years now and her approach to food, fitness, and overall health has not only been effective for me, but practical as well. Erin has taught me a lot about physical fitness and has helped me move from 'dieting' to maintaining a consistent healthy lifestyle.

The 4 x 4 Diet is a philosophy that anyone can implement into their daily lives...It's not a diet...it's a lifestyle." –**Carrie Underwood**

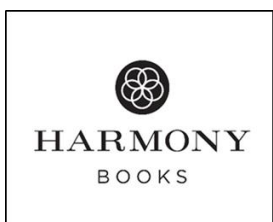
Erin Oprea, celebrity trainer and author of THE 4 x 4 DIET, has created a targeted diet plan with easy guidelines on balancing your plate to reduce inflammation, regulate hormones, and help readers get healthy.

After publishing THE 4 x 4 DIET, Erin discovered the huge impact that chronic inflammation has on our bodies, and the link between food and inflammation. Chronic inflammation is the cause for many common diseases, and inflammatory foods like sugar, vegetable oil, refined flour, grain-fed meats, seed oils, and dairy products only contribute to (or cause) the damage. The good news is, eating fatty fish, coconut oil, cruciferous veggies, kale, ginger, and other anti-inflammatory foods can actually reverse inflammation. By combining them in a "power plate," built from one ingredient from each of the core categories - complex carb as a base, lean protein, healthy fat, and vegetables - you'll be able to affect your health and your weight for the better. With such a simple guideline, readers have the freedom to make their plates as creative as they'd like while still keeping inflammation at bay.

Erin will include a 3-week meal plan, tips and tricks like carb substitutes (and beet juice!), and the best exercise and lifestyle principles that have continued to work for herself and her clients. Living clean and balanced will keep you healthy and your waistline trim.

Erin Oprea is a celebrity trainer, known for getting high-profile clients like Carrie Underwood, Martina McBride, Lee Ann Womack, and Kelsea Ballerini in shape.

Publisher of THE 4 x 4 DIET: Polish: *Janusz Nawrocki*



Harmony

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Hardcover

Health & Fitness / Diet & Nutrition

Editor: Donna Loffredo

Rights: World

Co-Agents: Crown

Status: Manuscript February 2021

THE CIRCADIAN DIABETES CURE



by Satchin Panda

From the author of THE CIRCADIAN CODE, an authoritative guide to using intermittent fasting to treat, manage, and in some cases, reverse diabetes and prediabetes.

Based on cutting-edge research from his own and others lab, the time-restricted eating program that forms the backbone of the intermittent fasting weight loss protocol has been scientifically shown to be an effective tool in the personal fight against diabetes. Dr. Panda proves that it's not what you eat that makes a difference, it's when.

Dr. Satchin Panda is the author of THE CIRCADIAN CODE (Rodale, June 2018) and a leading expert in the field of circadian rhythm research. He is a Professor at the Salk Institute and a founding executive member of the Center for Circadian Biology at the University of California, San Diego.

Publishers of THE CIRCADIAN CODE: Chinese/simplified: *Nanjing University Press*; Chinese/complex: *Business Weekly*; Czech: *Jan Melvil*; German: *Vak Verlag*; Italian: *Antonio Vallardi Editore*; Korean: *Sejong Books*; Polish: *JK Wydawnictwo*; Russian: *Popuri*; Spanish: *PRH Grupo Editorial*; Swedish: *Bonnier Fakta*; Turkish: *The Kitap*; UK/BC: *Vermilion/PRH UK*

<div data-bbox="118 277 384 495" style="text-align: center;">  HARMONY BOOKS </div> <p>Harmony April 2022 Hardcover Self-Help / Body, Mind & Spirit</p> <p>Editor: Matthew Benjamin Rights: World Co-Agents: Crown Status: Manuscript July 2021</p>	<p>UNTITLED by Diego Perez</p> <p>A self-transformation guide from the Dharma of Instagram based on love, compassion, and good will that will help you to build a creative, healthy, and composed life.</p> <p>Diego Perez is the writer and poet behind the pen name Yung Pueblo. He is a sought-after self-transformation speaker with events across the US as well as in the UK (notable past events include SXSW, Mindfulness in America, and Wisdom 2.0 Conference). His first book of poems, INWARD, was an Amazon bestseller, and his Instagram account has nearly a million followers. Through writing and speaking, he aims to support the healing of the individual, realizing that when we release our personal burdens, we contribute to a global peace.</p>
<div data-bbox="118 869 384 1086" style="text-align: center;">  HARMONY BOOKS </div> <p>Harmony April 2021 Hardcover Body, Mind & Spirit</p> <p>Editor: Diana Baroni Rights: World (Indian rights controlled by the author) Co-Agents: Crown Status: Manuscript available</p>	<p>KARMA: A Yogi's Guide to Crafting Your Own Destiny by Sadhguru</p> <p>A new perspective on the overused and misunderstood concept of "karma" that offers the key to happiness and enlightenment from the <i>New York Times</i> bestselling author and world-renowned spiritual master Sadhguru.</p> <p>What is karma? Most people understand karma as a balance sheet of good and bad deeds, virtues and sins. The mechanism that decrees that we cannot evade the consequences of our own actions. In reality, karma has nothing to do with reward and punishment. Karma simply means action. Your action, your responsibility. It isn't some external system of crime and punishment, but an internal cycle generated by you. Accumulation of karma is determined only by your intention and the way you respond to what is happening to you.</p> <p>In KARMA, Sadhguru seeks to put you back in the driver's seat, turning you from a terror-struck passenger to a confident driver navigating the course of your own destiny. Karma is an exploration and a manual, restoring our understanding of karma to its original potential for freedom and empowerment instead of a source of entanglement. Through his teachings, you will learn how to live intelligently and joyfully in a challenging world.</p> <p>Sadhguru Jaggi Vasudev is a yogi, mystic, and the founder of the Isha Foundation, an all-volunteer organization engaged in large-scale humanitarian and environmental projects. He is the founder of the Isha Yoga Center in Coimbatore, India, and the Isha Institute for Inner Sciences on the Cumberland Plateau in central Tennessee.</p> <p>Sadhguru's previous book, INNER ENGINEERING, was licensed in over 25 territories. Full list available upon request.</p> <p>Rights sold: German: <i>OH Barth/Droemer</i>; Hungary: <i>Ursus Libris Kiado</i></p>



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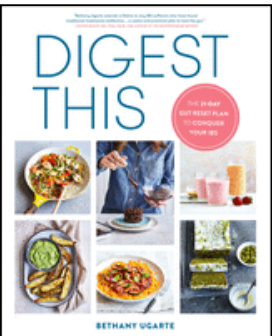
February 2021

UNTITLED TOSI

by Christina Tosi

Christina Tosi dives into the celebration manifesto behind Milk Bar, a philosophy that has made both the bakery and Tosi herself a national sensation. Tosi urges readers to make every day a celebration, put yourself out there, go outside your comfort zone, and connect with the people around you (preferably over cake),

CHRISTINA TOSI is the two-time James Beard Award-winning chef and owner of Milk Bar. Known for baking outside of the lines and turning dessert on its head, Christina founded Milk Bar in 2008, with locations now in New York City, Toronto, Washington DC, Las Vegas, with a Los Angeles location coming soon. Christina has been a judge on Fox's MasterChef series, and was featured on the hit Netflix docu-series, Chef's Table: Pastry. She is also the author of two additional cookbooks, MOMOFUKU MILK BAR (2011) and MILK BAR LIFE (2015).



Rodale

October 2020

Trade Paperback

Health & Fitness

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Co-Agents: Crown

Status: Manuscript

available

DIGEST THIS: *The 21-Day Gut Reset Plan to Conquer Your IBS*

by Bethany Ugarte

After years of severe struggles with IBS and gut dysfunction and finding no relief from the conventional ways of treating IBS (following a low-FODMAP diet, taking drugs, managing stress), Bethany Ugarte took matters into her own hands. She changed her diet with the help of a holistic doctor, eliminating all gut irritants and eating nutrient-dense, easily digested foods like Greek yogurt, bone broth, and collagen. Her painful, debilitating symptoms disappeared. Now she's synthesized her hard-won gut health wisdom into a 21-day Gut Reset protocol and maintenance plan that works, even when nothing else has.

Her program includes powerful techniques, including pureeing protein for maximum nutrient absorption, novel hacks, and creative recipes that deliver maximum flavor with minimal ingredients like Sweet Potato French Toast, Chilled Avocado Cucumber Mint Soup, and Pumpkin Pie Pops. She'll dispel some of the myths that surround IBS.

Bethany Ugarte runs the popular health and food blog Lilsipper, and her Instagram account dialoguing her daily food life and journey with IBS has over 330k followers.



HARMONY
BOOKS

Harmony

June 2021
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November 2020

WELCOME HOME: *An Empath's Guide to Building a Home for Your Soul*
by Najwa Zebian

From the celebrated poet, speaker, and educator Najwa Zebian comes a powerful approach to healing focused on building a home within yourself. Imagine you have the power to build the home of your dreams. What would it look like? What rooms would you include? Who would you welcome into it? Now, imagine that home being built inside of you, each room filled with a different emotion, from Self-Love and Happiness, to Anger, Guilt, Forgiveness, and more. Just as this home is yours to design and build inside of you, it is yours to decide who is allowed in and who isn't.

In her debut book in the self-development space, poet Najwa Zebian shares her revolutionary concept of home to guide readers to embrace their vulnerability, discover their self-worth, and build their own strong foundations from the ground up. For the first time, Najwa shares her own story of building her identity as a young Muslim woman who left war-torn Lebanon for Canada at sixteen, of recovering from romantic loss, and of learning to create a sense of home inside herself rather than looking to another person for that sense of safety and worth. Written with Najwa's trademark power, candor, and warmth, *Welcome Home* offers a universal approach to healing and solace for those navigating heartbreak, identity, and mental health challenges. With prescriptive advice and tools for readers to use in their own journey, Najwa helps readers turn their emotional chaos into a place of comfort and safety that is self-generated and sustainable.

Najwa Zebian is a Lebanese-Canadian activist, author, speaker, and educator. After self-publishing her first collection of poetry and prose in 2016, she went on to become a teacher and a doctoral candidate in educational leadership. Her three books of poetry have combined to sell over 250,000 copies, and she recently launched the digital school Soul Academy and the podcast *Stories of the Soul*. Her work has been featured in *The New York Times*, *Glamour*, *Elle Canada*, *HuffPost*, and more, and her Tedx talk has been viewed over 100,000 times.

Rights sold: Dutch: *A. W. Bruna*; German: *Integral/Heyne*; Portuguese/Brazil: *Editora Bestseller*; Spanish: *Planeta*; UK/BC: *Hodder & Stoughton*



HARMONY
BOOKS

Harmony

September 2021
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October 2020

THE ESSENTIAL OILS APOTHECARY: *Soothing Remedies for Anxiety, Pain, High Blood Sugar, Hypertension and Other Chronic Conditions*

By Eric Zielinski and Sabrina Ann Zielinski

“THE ESSENTIAL OILS DIET is a thorough, integrated, food and lifestyle reference guide that provides everything you need to get your health back on track. It is one of the few books that can take many modalities and weave them together, aligning the scientific studies with practical application.

Beautifully written, organized, synthesized through both Dr. Z and Mama Z, and, most importantly, infused with love and spirituality!”

—**Deanna Minich, PhD, researcher, clinician, and author, *Whole Detox***

An information-packed resource of soothing practices and healing rituals (with recipes) for applying the medicinal properties of essential oils to the treatment and symptom management of chronic illness—from insomnia, anxiety, hypertension, and fibromyalgia, to fatigue, migraines, insulin resistance, and more.

Dr. Eric Zielinski is on a mission to help people experience the abundant life. Formally trained as a public health researcher and aromatherapist, his website, DrEricZ.com, is visited by 6,000,000 natural health seekers every year, and he has rapidly become the #1 resource for non-branded, faith-based essential oils education on the Internet today. An accomplished researcher with several publications and conference proceedings, Dr. Z currently sits as peer-reviewer for multiple journals.

Sabrina Ann Zielinski is a certified group fitness and martial arts instructor, health coach, lactation consultant, and a natural health guru. The mastermind behind the allergy-friendly food recipes and do-it-yourself remedies featured on Dr.EricZ.com, she’s known as “Mama Z” to many fellow moms looking for natural ways to care for their families.

Publishers of THE HEALING POWER OF ESSENTIAL OILS: Bulgarian: *Vdahnovenia*; Chinese/complex: *ACME*; Portuguese/Portugal: *2020 Editora*; Serbian: *Publik Praktikum*; Slovak: *Slovensky Tratan*; Spanish: *Obelisco*; Vietnamese: *ThaiHa*