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FOREIGN RIGHTS GUIDE

FALL 2019



ALEKS JASSEM & NIKITA STANLEY

The Rebel Mama's Handbook for (Cool) Moms

If you're a mom (or mom-to-be) who wants to raise decent human beings, maintain your pre-baby identity, and not lose your sh*t along the way, congrats: you've just found the parenting book of your dreams.

The Rebel Mama's Handbook for (Cool) Moms is a girlfriend's guide to early motherhood. It's the Coles Notes for all those boring baby books you never read. It's the instruction manual you wish your kid(s) came with—complete with cocktail list.

Welcome to motherhood. Let's do this . . .



WHO ARE THE REBEL MAMA'S?

ALEKS JASSEM and NIKITA STANLEY are the brains behind this multimedia platform, and the bestselling co-authors of *The Rebel Mama's Handbook for (Cool) Moms*. They're moms. They're entrepreneurs. They're thought leaders. They're community builders.

HEALTH & FITNESS/Pregnancy & Childbirth • 240 pp • Publishing: March 2020; manuscript available •
Rights Available: World, English (Translation rights: Cooke International)

MICHELLE GOOD

Five Little Indians

Taken from their families as small children and detained at a remote, church-run Residential School, Kenny, Lucy, Clara, Howie and Maisie are barely out of childhood when they are finally released after years of detention.

Alone and without skills, support or families, the teens find their way to the seedy and foreign world of downtown eastside Vancouver, where they cling together, striving to find a place of safety and belonging in a world that doesn't want them. The paths of the five friends cross and crisscross over the decades as they struggle to overcome, or at least forget, the trauma they each endured during their years at the Mission.

Fueled by rage and furious with God, Clara finds her way into the dangerous, highly charged world of the American Indian Movement. Maisie internalizes her pain and continually places herself in dangerous situations. Kenny, famous for his daring escapes from the school, can't stop running, moving restlessly from job to job—through fishing grounds, orchards and logging camps—trying to outrun his memories and his addiction. Lucy finds peace in motherhood and nurtures a secret compulsive disorder as she waits for Kenny to return to the life they once hoped to share together. Howie serves time in prison for beating one of his tormentors almost to death, then tries once again to re-enter society and start his life anew.

With compassion and insight, *Five Little Indians* chronicles the desperate quest of five former Residential School survivors to come to terms with their past, and, ultimately, find a way forward.



MICHELLE GOOD is a Cree writer and member of the Red Pheasant Cree Nation in Saskatchewan. She obtained her law degree after working for indigenous organizations for 25 years and advocated for Residential School survivors for many years. She earned her MFA in Creative Writing at UBC while still practicing law. Her poems, short stories and essays have been published in magazines and anthologies across Canada. Michelle now lives in the Southern Okanagan in British Columbia.

FICTION/Native American & Aboriginal • 304 pp • On Sale: May 2020; manuscript available • Rights available: World, all languages

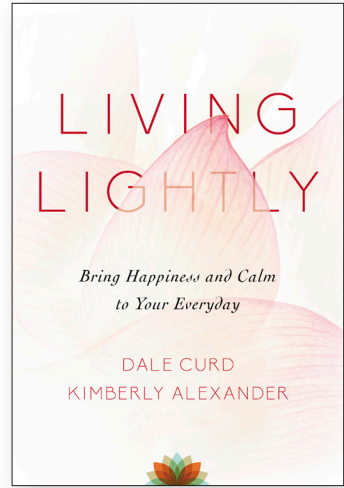
DALE CURD & KIMBERLEY ALEXANDER

Living Lightly

*Bring Happiness and Calm to Your
Everyday*

Living Lightly is a daily devotional featuring timeless wisdom, inspiring quotes and simple practical strategies to help you embrace the present, find your calm and boost your happiness.

From the importance of making your bed in the morning, to tricks to relieve workplace stress, to calming practices at night, *Living Lightly* is a great way to awaken or to end the day.



DALE CURD is a psychotherapist and the host of CBC TV's *Hello Goodbye*. The creator of the acclaimed Empathetic Listening Method, he leads specialized workshops for law enforcement agencies, hospitals and corporations throughout Canada and the US.

KIMBERLEY ALEXANDER is a therapist.

SELF-HELP/Personal Growth/Happiness • 384 pp • Publishing: January 2020; manuscript available • Rights Available: World, all languages

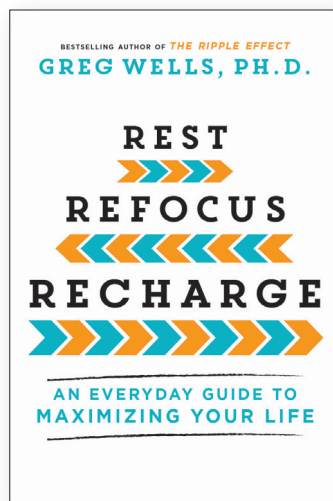
GREG WELLS

Rest, Refocus, Recharge *An Everyday Guide to Maximizing Your Life*

From the bestselling author of *The Ripple Effect*, simple and innovative ways to fight fatigue, feel stronger and live better

In a 24/7 world, it can be a real challenge to get proper rest and give your mind and body the opportunity to fully recharge. In this new book, Dr. Greg Wells outlines how small changes in the way you rest, refocus and recharge can help you improve your mental health, prevent illness and deliver optimal results. In high-performance athletic circles, “deliberate recovery” practices are the secret weapon of the very best. But you don’t have to be an elite athlete to benefit from these strategies. *Rest, Refocus, Recharge* offers simple and practical techniques that you can easily incorporate into your existing routine, including:

- Rest and sleep
- Relax and create
- Reflect and learn
- Recharge and focus
- Regenerate and perform



GREG WELLS, PhD, is a performance physiologist, an exercise medicine researcher at the Hospital for Sick Children and a former professor of kinesiology at the University of Toronto. He is a sought-after speaker and a regular contributor to newspapers and magazines around the world.

HEALTH & FITNESS/Healthy Living • 304 pp • Publishing: March 2020; manuscript available •
Rights Available: World, all languages

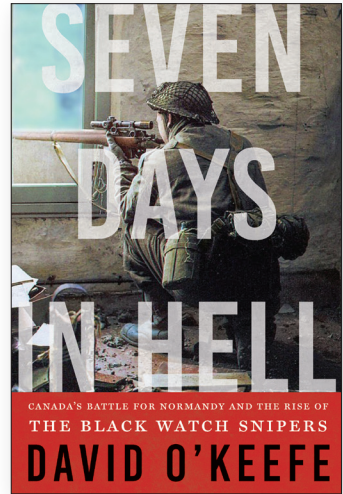
DAVID O'KEEFE

Seven Days in Hell

*Canada's Battle for Normandy
and the Rise of the Black Watch Snipers*

Seven Days in Hell tells the epic story of the men from the Black Watch during the bloody Second World War battle for Verrières Ridge. Thrust into a nightmare, Black Watch Highlanders who hailed from across Canada, the United States, Great Britain and the Allied world found themselves embroiled in a mortal contest against elite Waffen-SS units and grizzled Eastern Front veterans, where station, rank, race and religion mattered little, and only character won the day.

Drawing on formerly classified documents and rare first-person testimony of the men who fought on the front lines, O'Keefe follows the footsteps of the ghosts of Normandy, giving a voice to the men who sacrificed everything in the summer of 1944.



DAVID O'KEEFE is an award-winning historian, documentarian and professor who has created and collaborated on more than fifteen documentaries for History Television and National Geographic. He is also the writer, producer and host of the History Television program *War Junk*.

HISTORY/Military/World War II • 368 pp + 40 black & white photos • Publishing: October 2019; manuscript available • Rights available: World, all languages

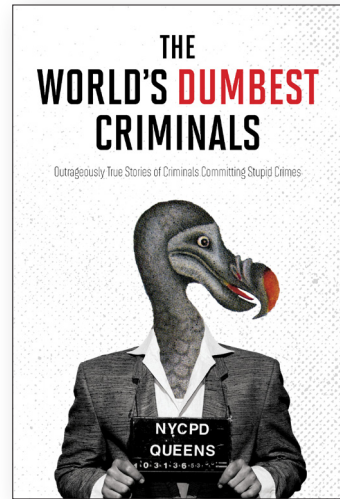
The World's Dumbest Criminals

Outrageously True Stories of Criminals Committing Stupid Crimes

Two men in England photographed each other stealing thousands of dollars from gambling machines. An armed man successfully robbed a pharmacy and was captured after he boasted about it on social media. A burglar spent some time cleaning the house he was robbing, and even restocked some groceries, before he was discovered fast asleep in the homeowner's bed.

For every Moriarty, there are a thousand stupid criminals who get caught in the act, or who boast about their success on social media, or whose acts are so outrageous that the police have little difficulty tracking them down.

Hilarious and outrageous, this book will make you shake your head and perhaps second-guess your own plans to commit petty larceny.



HUMOR/General • 336 pp • Publishing: May 2020; manuscript available • Rights Available: World, all languages; distributed in the US by Harper360

JESSICA WESTHEAD

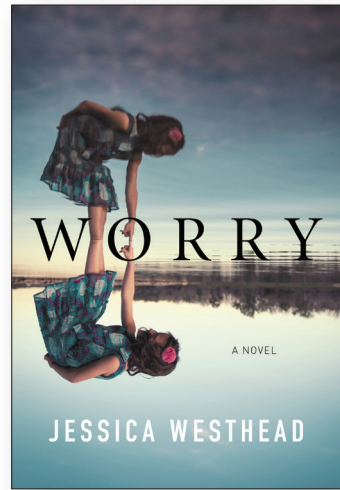
Worry

A riveting novel about a mother's all-consuming worry for her child over forty-eight hours at a remote cottage with old friends and a mysterious neighbour, for fans of *Little Fires Everywhere* and *Truly Madly Guilty*

Ruth is the fiercely protective mother of four-year-old Fern. Together they visit a remote family cottage belonging to Stef, the woman who has been Ruth's best friend—and her husband's best friend—for years. Stef is everything Ruth is not—confident, loud, carefree—and someone Ruth cannot seem to escape.

While Fern runs wild with Stef's older twins and dockside drinks flow freely among the adults, they're joined by Stef's neighbour Marvin, a man whose manic pursuit of fun is only matched by his side comments about his absent wife.

As day moves into night and darkness settles over the woods, the edges between these friends and a stranger sharpen until a suspected threat takes an unexpected turn.



JESSICA WESTHEAD'S fiction has been shortlisted for the CBC Literary Awards, selected for the Journey Prize anthology, and nominated for a National Magazine Award. Her short stories have appeared in major literary journals in Canada, the US and the UK, including *Hazlitt*, *Maisonneuve*, *Indiana Review* and Hamish Hamilton's *Five Dials*. She is the author of the novel *Pulpy and Midge* and the critically acclaimed short story collections *Things Not to Do* and *And Also Sharks*, which was a *Globe and Mail* Top 100 Book, a Kobo's Best eBook of the Year and a finalist for the Danuta Gleed Literary Award. Westhead is a creative writing instructor at the Chang School of Continuing Education at Ryerson University.

FICTION/Psychological • 256 pp • Published: September 2019; manuscript available • Rights Available: World, all languages; distributed in the US by Harper360

BEATRICE MACNEIL

The Girl He Left Behind

Fifteen years ago, Willow Alexander was jilted at the altar by her high school sweetheart, Graham Currie, who left their rehearsal dinner the night before knowing he would not be returning the next day.

Confused and devastated, Willow remains in the small town of Glenmor in Cape Breton, caring for her aging parents, and nursing her heartache. What no one knows is that Willow lost more than her marriage on that shocking day. So, Willow remains on her family's expansive property, in the shadow of Christy's Mountain, unable to let go of the secret she has kept hidden for more than a decade.

Soon after her fortieth birthday, Willow finds out that Graham is returning to town, without his new wife, after years of working as a doctor in New York City. As Willow grapples with her emotions, wondering how she will deal with Graham's arrival, tragedy strikes again. Willow's dear friend, Kathleen, and her husband, local doctor James Millhouse, are found dead. Willow was the last to see the couple on the night they died and fears that she may've accidentally had a hand in their deaths.

Fearing both Graham's return and her own imminent arrest, Willow holes up in her family home, reflecting on her past and bracing for her uncertain future. *The Girl He Left Behind* is moving story about how confronting life's greatest uncertainties is often the only way forward.



BEATRICE MACNEIL is the bestselling author of *Where White Horses Gallop*, which was longlisted for the Dublin Literary Award, *Butterflies Dance in the Dark*, *Keeper of Tides*, *The Geranium Window* and her short story collection, *The Moonlight Skater*. She was awarded the Tic Butler Award for outstanding contribution to Cape Breton writing and culture, and has won the Dartmouth Book Award on three occasions. *The Girl He Left Behind* is her fifth novel. She lives in Cape Breton, NS.

FICTION/Women • 208 pp • Publishing: May 2020; manuscript available • Rights available: World, all languages

ANITA KUSHWAHA

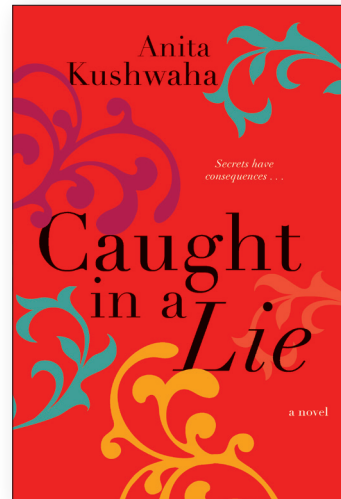
Caught in a Lie

Mala is a product of her upbringing and culture. She has chosen a fulfilling path for her life but when tragedy strikes and upends her life, she is haunted by secrets, and no longer in control of her own destiny.

Asha Shukla is a young woman on the verge of adulthood. She is about to start an English degree, she adores her parents, and she is in love for the first time. A bright future seems at her fingertips.

But the spring before university, her parents reveal to her a family secret they have kept for nearly twenty years: she is adopted.

Suddenly, the life she loved so dearly feels like a sham. Her parents finally give her a letter written to her by her birth mother, revealing the truth of her tragic death, thrusting Asha on a journey of self-discovery that leads her to question her very identity.



ANITA KUSHWAHA has an MA and PhD from Carleton University, and is a graduate of the Creative Writing Program at the Humber School for Writers. She is the author of the novella *The Escape Artist* (Quattro Books, 2015) and her novel *Side-by-Side* published by Inanna Publications.

FICTION/Coming of Age • 304 pp • On Sale: January 2020; manuscript available • Rights Available: World, all languages; distributed in the US by Harper360

NINA PUREWAL AND KATE PETRIW

*Let That Sh*t Go*

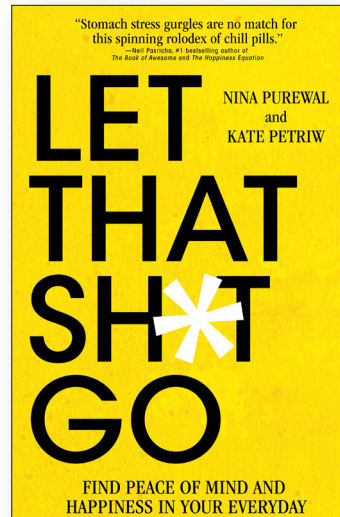
Find Peace of Mind in Your Everyday

“Stomach stress gurgles are no match for this spinning rolodex of chill pills.”—Neil Pasricha, #1 bestselling author of *The Book of Awesome* and *The Happiness Equation*

Life is stressful as f*ck. But it doesn't have to be.

It's no wonder you can't calm down: your to-do list is as long as your arm, your bank balance keeps dropping, you feel guilty for not calling your parents more often and there always seems to be a big deadline to meet at work. You need a serious breather—but you can barely find time to shower, let alone to exercise or meditate.

In *Let That Sh*t Go*, Kate Petriw and Nina Purewal share the wisdom they've gained though decades of practising and teaching others to find peace of mind no matter how busy they are. Learn to put your life in perspective, take each day one step at a time and steal moments of calm amid the chaos. And remember: it's not worth holding onto that sh*t.



NINA PUREWAL has more than twelve years of corporate experience in marketing and sales, launching local and global advertising campaigns. Nina is the founder of Pure Minds, an organization that conducts public and corporate workshops on mindfulness and meditation.

KATE PETRIW is the founder of Mind Matters, a Toronto-based organization that holds mental health workshops focused on reducing stress and negative thinking patterns and on inspiring happiness.

Self-Help/Personal Growth/Happiness • 320 pp • Published: January 2019; manuscript available • Rights available: World, all languages excluding English language in India (Jaico Books); Vietnamese (Easy Books); distributed in the UK & Commonwealth by Harper360

THOMAS KING

77 Fragments of a Familiar Ruin

Timely, important, mischievous, powerful - in a word, exceptional.

Seventy-seven poems intended as a eulogy for what we have squandered, a reprimand for all we have allowed, a suggestion for what might still be salvaged, a poetic quarrel with our intolerant and greedy selves, a reflection on mortality and longing as well as a long running conversation with the mythological currents that flow throughout North America.



THOMAS KING, a member of the Order of Canada, is an award-winning novelist, short story writer, scriptwriter and photographer of Cherokee and Greek descent. His critically acclaimed fiction includes *Medicine River*, *Green Grass*, *Running Water*, *Truth and Bright Water*, *A Short History of Indians in Canada*, *The Back of the Turtle* and the non-fiction bestseller *The Inconvenient Indian*. This is his first collection of poetry.

POETRY/Native American • 120 pp • Published: September 2019 • Rights Available: US; other rights with Jackie Kaiser @ Westwood Creative Artists

ROBIN SHARMA

The 5 AM Club

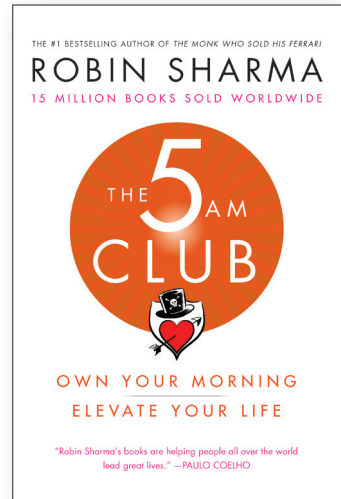
Own Your Morning, Elevate Your Life

INTERNATIONAL BESTSELLER

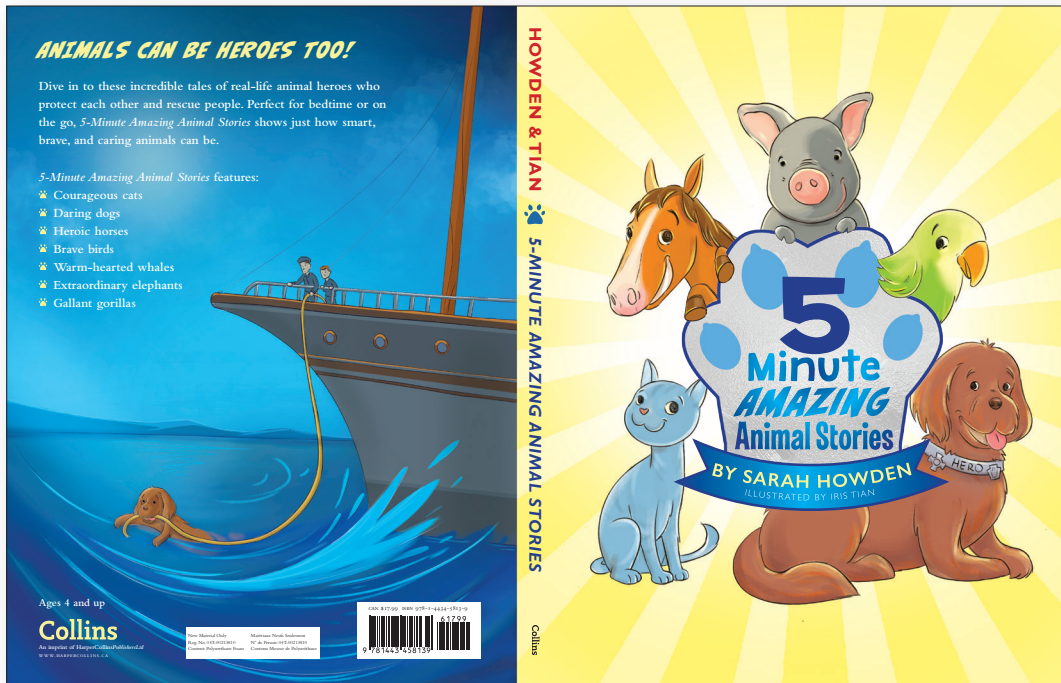
Legendary leadership and elite performance expert Robin Sharma introduced The 5am Club concept over twenty years ago, based on a revolutionary morning routine that has helped his clients maximize their productivity, activate their best health and bulletproof their serenity in this age of overwhelming complexity.

Now, in this life-changing book, handcrafted by the author over a rigorous four-year period, you will discover the early-rising habit that has helped so many accomplish epic results while upgrading their happiness, helpfulness and feelings of aliveness.

Part manifesto for mastery, part playbook for genius-grade productivity and part companion for a life lived beautifully, *The 5am Club* is a work that will transform your life. Forever.



Self-Help/Personal Growth • 240 pp • On Sale: December 2018; manuscript available • Rights available: World, all languages excluding Arabic (Jarir Bookstore); Bahasa Indonesian (PT Gramedia); British Commonwealth ex. Canada & India (HCUK); Bulgarian (Ex Libris); Croatian (Koncept izdavaštvo); Czech (Rybka); Danish, Finnish, Norwegian & Swedish (HarperNordic); Estonian (Pilgrim); French World (La Maisnie); German (Droemer); Greek (Dioptra); Hebrew (Keter); Hungarian (Trivium); Indian Subcontinent in English, Assamese, Bengali, Gujarati, Hindi, Kannada, Malayalam, Marathi, Oriya, Tamil & Telegu (Jaico Books); Italian (TEA); Korean (Korea Economic Daily & Business Publications); Latvian (Avots); Lithuanian (Luceo); Montenegrin (Nova Knjiga); Polish (Wydawnictwo R.FM); Portuguese in Brazil (Editora Bestseller); Portuguese in Portugal and Palop (Pergaminho); Romanian (Act Si Politon); Russian (AST); Serbian (Vulkan); Slovakian (Eastone); Slovenian (Učila); Spanish and Catalan (Penguin Random House); Turkish (Pegasus); Ukrainian (KM Books Group); Vietnamese (Tre Publishing House)



SARAH HOWDEN
 ILLUSTRATED BY IRIS TIAN

5-Minute Amazing Animal Stories

MEET REAL-LIFE ANIMAL HEROES!

5-Minute Amazing Animal Stories features daring rescues, surprising friendships and unlikely heroes. Each heartwarming story of brave animals from around the world is the perfect length for reading aloud in five minutes—ideal for animal-lovers of all ages! Featuring a padded cover and full-colour illustrations.

JUVENILE NONFICTION/Animals General • 176 pp; full-colour; for ages 4-8 • Publishing: October 2019; manuscript and books available • Rights Available: World, all languages; distributed in the US, UK & Commonwealth by Harper360

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