

FOREIGN RIGHTS GUIDE SPRING 2017

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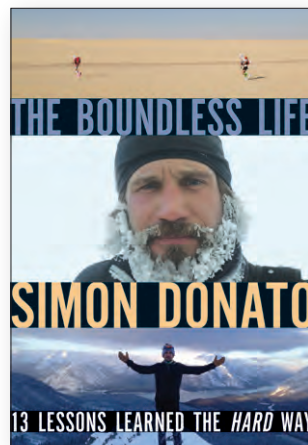
SIMON DONATO

The Boundless Life

13 Lessons Learned the Hard Way

43 countries. 9 broken bones. 0 regrets.

Walking away from his comfortable life as a white-collar geologist, Simon Donato has traveled thousands of human-powered miles across the globe—from the frigid tundra of Iceland to the searing heat of the Sahara. In *The Boundless Life*, Donato shares the highs and lows of this journey—where you're tested in the most primal of ways, where every mile gained is earned, and the odds are rarely in your favor, and where, sometimes, getting out alive is the definition of success. Race after race, adventure after adventure, the trappings of daily life are stripped away and you're forced to refocus on what really matters: How do you find the right team? How do you overcome your fear of success? How can you dig deeper? Often, it comes down to one simple question: Do you stand still or move forward?



Adventurous, ambitious, and competitive, SIMON DONATO is the driving force behind the hit television series *Boundless*. With a PhD in geology, Donato has traveled extensively to race and explore the planet. When not testing the limits of his body, he also runs Adventure Science, an organization that collaborates with industry, governments, and researchers to conduct discovery expeditions, map uncharted territory, and contribute to search-and-rescue missions around the world. Donato is a Fellow International of the Explorers Club and a member of the Royal Canadian Geographical Society College of Fellows. He splits his time between Canmore, Alberta and Sheenboro, Quebec.

Sports & Recreation • 272 pp • On Sale: March 28, 2017 • Rights available: World, all languages

GREG WELLS

The Ripple Effect

*Sleep Better, Eat Better, Move Better,
Think Better*

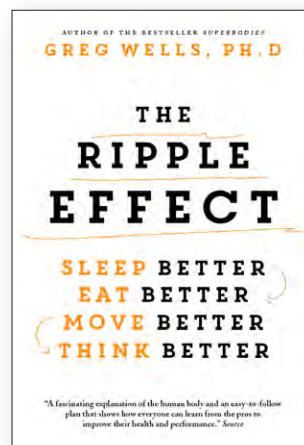
In his new book, Dr. Greg Wells offers concrete strategies on how to get better and stay better—not just for a few weeks or a few months, but for life. Optimal well-being is obtained through a commitment to the “holy trinity” of healthy living—eating better, moving better, sleeping better. Together these lead to peak physical performance.

With tremendous insight into the physiology of the human body and the reasons mankind has evolved the way it has, *The Ripple Effect* exposes exercise and diet myths, inspiring you and leading you on a clear path to achieving a health and fitness transformation. With small—and very achievable—daily changes in your life, you’ll see the incredible effects of aggregate gains that professional athletes know.

You’ll learn how:

- Eating broccoli provides the body with more protein per calorie than eating steak
- Using one teaspoon less of sugar per day would help you lose four pounds of fat per year
- Walking for fifteen minutes per day decreases your risk of cancer by fifty per cent

And much more.



GREG WELLS, PhD, is a physiologist, researcher and professor of high-performance sports at the University of Toronto. Wells trains and coaches Olympic and elite athletes around the world and was the sports science and sports medicine analyst for CTV's Olympic broadcasts. Visit his website at www.drgregwells.com.

Health & Fitness/Healthy Living • 288 pp • On Sale: April 4, 2017 • Rights available: World, all languages

RON TITE, SCOTT KAVANAGH AND CHRISTOPHER NOVAIS

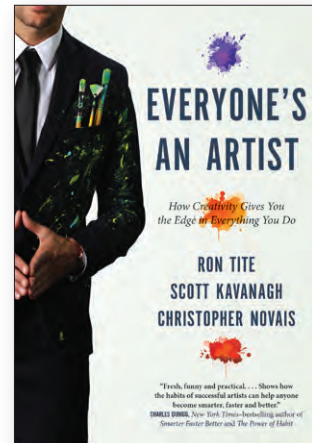
Everyone's an Artist

How Creativity Gives You the Edge in Everything You Do

Discover what the greatest minds already know.

Creativity and creative thinking are at the heart of scientific and medical advances, social and political improvement, and personal achievement and satisfaction. Connection, communication, imagination and originality are just as important as our ability to calculate and code.

The notion that everyone should be an artist doesn't mean we all have to turn a slab of marble into the next *Venus de Milo*. (Where would we put all those statues anyhow?) But we can nurture any inherent spark we do have by doing what artists do. In *Everyone's an Artist*, you'll discover how artists' habits, attitudes and behaviours can help you foster your own creativity, innovation, communication and problem solving. And you'll learn how these artists' tools can help you to achieve your goals, develop something new or be successful in your professional and personal life. In other words, you'll learn how you can think like an artist.



RON TITE is the president of The Tite Group, a content marketing agency based in Toronto. Ron speaks at over forty events every year and hosts The Art Of conferences across Canada.

SCOTT KAVANAGH and CHRISTOPHER NOVAIS are co-founders of The Art Of, which is a leading media, training and events company. Its national conferences, magazine and online content are expertly curated to bring together insights from the world's most prominent business leaders, internationally renowned speakers and bestselling authors, including Jack Welch, Malcolm Gladwell, General Colin Powell, Seth Godin and Arianna Huffington.

Business & Economics • 272 pp • Available now • Rights available: World, all languages excluding UK & US (Harper360); Romanian (Editura Polirom)

SHAUGHNESSY BISHOP-STALL

Hungover

A History of the Morning After and One Man's Quest for the Cure

As long as there have been hangovers, there have been attempts to get rid of them. The ancient Romans ate owl eggs; the Mongolians, sheep eyes; and the Syrians ground up sparrow beaks. To this day, despite convenience shelves full of mass marketed elixirs, the true antidote still eludes us. In *Hungover*, acclaimed journalist, novelist and witty raconteur Shaughnessy Bishop-Stall explores what happens to our bodies when we over imbibe and all the ways, over time and through cultures, we've tried to fix it. He delves into the infamous consequences of those rough mornings, drawing on the experiences of the greats of the past—from Noah to Churchill to pitcher David Wells—and reveals his own personal quest to find relief.

Hungover is an irresistible blend of culture, history, science, philosophy, and mischievous humour. It will be, like its author, a little bit bad, but in a good way. It will be unique, enlightening and entertaining—full of surprising anecdotes, stories of epic struggle, little-known facts and questionable advice. And it will include the author's own epic morning-after tale, The Accidental Sombrero. Part Simon Winchester, part Joshua Foer, part A.J. Jacobs, and all Bishop-Stall, *Hungover* is both a lamentation and a celebration of a very human experience.



SHAUGHNESSY BISHOP-STALL'S first book was an account of the year he spent in deep cover, living with the homeless in Toronto's infamous Tent City. *Down to This: Squalor and Splendour in a Big-City Shantytown* was shortlisted for several prestigious awards, and his first novel, *Ghosted*, published in 2010, was shortlisted for the Amazon First Novel Award. He currently teaches writing at the University of Toronto, is a regular columnist in *Sharp* magazine and runs a popular night club.

Cultural Studies • 288 pp • Manuscript available in June 2017 • Publishing in September 2018 • Rights available: Canada French; US rights sold to Penguin by Transatlantic Literary Agency

DAVE ATWELL AND JERRY LANGTON

The Hard Way Out

My Life with the Hells Angels and Why I Turned Against Them

Dave Atwell was a regular suburban kid who rose to the heights of society as a personal security specialist, before getting involved with some of the country's most notorious gangsters as a member of first the Para-Dice Riders and then the Hells Angels. He was sergeant at arms for Toronto's notorious downtown chapter of the Hells Angels, and he saw it all: the drug trafficking, the violence and the structure of the organization. His involvement with the gang cost him his career in personal security, and then it threatened to cost him everything.

Atwell opted to work with the police, becoming the highest-ranking Hells Angel in history to cooperate with law enforcement. Wearing the gang's colours as a soldier among the men who called him a brother, he risked his life providing valuable information aimed at taking down the club. In *The Hard Way Out*, Atwell retraces his days living a dual life as biker and informant, surrounded by major drug trafficking and the violent, paranoid and increasing suspicious bikers who stood to lose their livelihoods and potentially their freedom unless they found the rat they knew was hidden in their midst. Written by bestselling crime author Jerry Langton, this is a high-octane true story that will have you on the edge of your seat.



DAVE ATWELL has been a security consultant, a biker and a police informant, and he now lives in witness protection.

One of the country's leading writers on organized crime, JERRY LANGTON is a journalist and the author of ten books, among them several national bestsellers including *Biker* and *Fallen Angel*. Over the past two decades, his work has appeared in the *Toronto Star*, *The Globe and Mail*, *National Post* and *Maclean's*, as well as dozens of other publications.

True Crime • 336 pp • Publishing April 2017 • Rights available: World, all languages

TREVOR COLE

The Whisky King

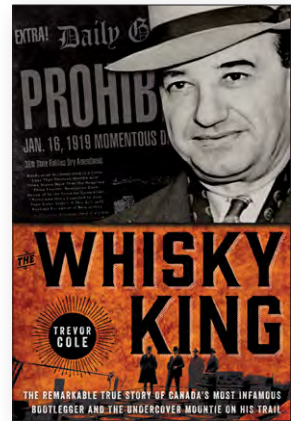
The Remarkable True Story of Canada's Most Infamous Bootlegger and the Undercover Mountie on His Trail

For readers of Erik Larsson, Dean Jobbs and Charlotte Gray, a rich history of Canada's first celebrity mobster, the King of the Bootleggers, and "Operative No. 1," the undercover Mountie who pursued him.

The Whisky King is the story of the fascinating rise to power of a notorious 1920s Canadian crime figure twinned with the life of the man who pursued him.

At the cusp of the twentieth century, two Italian men arrived in Canada during waves of immigration. One, Rocco Perri, from southern Italy, rose from the life of a petty criminal on the streets of Toronto to run the most prominent bootlegging operation of the Prohibition Era in central Canada, taking over Hamilton and leading one of the region's most influential crime families. Perri was feared by his enemies and loved by the press, who featured him regularly in splashy front-page headlines.

Perri's businesses—which included alcohol, drugs, extortion and prostitution—kept him under constant police surveillance. He caught the interest of one man in particular, the other arrival from Italy, Frank Zaneth. Zaneth, who joined the RCMP and became its first undercover operative, was dogged in his pursuit of Rocco Perri, up until the day Perri was last seen in 1944, when he disappeared without a trace.



TREVOR COLE is an award-winning journalist and novelist. His journalism has garnered him twenty-five National Magazine Award nominations, of which he has won nine. His novels, which include most recently *Hope Makes Love*, have twice been shortlisted for the Governor General's Award for Fiction, been shortlisted for the Rogers Writers Trust Fiction Prize and the Commonwealth Prize for Best First Book, and won the Stephen Leacock Medal for Humour.

True Crime • 368 pp • Publishing in April 2017 • Rights available: World, all languages

TRACEY LINDBERG

Birdie

Finalist for CBC Canada Reads 2016

Finalist for the Kobo Emerging Writer Prize

Finalist for the Georges Bugnet Award for Fiction

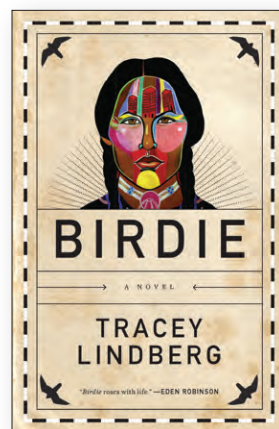
“Birdie roars with life. Tracey Lindberg weaves a gripping account of a painful journey. Her heroine Bernice is by turns lyrical and brutal, gripping and insightful. An uncompromising first novel.” —Eden Robinson, award-winning author of *Monkey Beach* and *Blood Sports*

“A powerful debut novel.... [Lindberg] incorporates elements of Cree folklore and oral tradition into the narrative, adding a layer of richness and mythic resonance.” —*Toronto Star*

“This is a gritty, articulate, beautifully written novel.... Lindberg is a powerful new voice on the literary landscape and on the road to decolonization.” —Maria Campbell, award-winning author of *Halfbreed*

Birdie is a darkly comic and moving novel, informed by the lore and knowledge of Cree traditions. Following a personal tragedy, Bernice Meetoos, a Cree woman, leaves her home in Northern Alberta on something of a vision quest, seeking to understand the messages coming to her in her dreams. The answers she finds are far from the ones she expected.

With the arrival of her Auntie Val and her cousin Skinny Frieda, Bernice finds the strength to face the past and to draw from her dreams the lessons she was never fully taught in life. Part road trip, dream quest and travelogue, *Birdie* explores the universality of women's experience, beyond culture or race.



TRACEY LINDBERG is a professor of law and an Indigenous-rights activist. She was awarded the Governor General's Gold Medal, the most prestigious award given to a doctoral student in humanities, and is currently at Athabasca University, where she is Chair of the Centre for World Indigenous Knowledge and Research and the Canada Research Chair of Indigenous Traditional Knowledge, Legal Orders and Laws. Professor Lindberg is also a blues singer, and, in her own words, is next in a long line of argumentative Cree women.

Fiction • 224 pp • Available now • Rights available: World, all languages

AYELET TSABARI

The Best Place on Earth

Winner of the 2015 Sami Rohr Prize for Jewish Literature

A riveting collection that illuminates the tenuous connections between cultures, between generations, and across the gulf of transformation and loss

Confident, original and humane, the stories in *The Best Place on Earth* are peopled with characters at the crossroads of nationalities, religions and communities: expatriates, travellers, immigrants and locals.

In the powerfully affecting opening story, “Tikkun,” a chance meeting between a man and his former lover carries them through near tragedy and into unexpected peace. “Casualties” takes us into the military—a world every Israeli knows all too well—with a brusque, sexy young female soldier who forges medical leave forms to make ends meet.

Poets, soldiers, siblings and dissenters, the protagonists here are mostly Israelis of Mizrahi background (Jews of Middle Eastern and North African descent), whose stories have rarely been told in literature. In illustrating the lives of those whose identities swing from fiercely patriotic to powerfully global, Ayelet Tsabari explores Israeli history even as she reveals the universality of war, love, heartbreak and hope.



AYELET TSABARI is an Israeli of Yemeni descent; she grew up in Israel, served in the army and moved to Canada in 1998. She is a graduate of the MFA in Creative Writing Program at the University of Guelph. A two-time winner of the *EVENT* Creative Non-Fiction Contest, she has also been published in literary magazines such as *PRISM international*, *Prairie Fire*, *Grain* and *Room*. Her unpublished non-fiction manuscript was shortlisted for the SFU First Book Competition. Ayelet Tsabari lives in Toronto, where she is at work on a novel. Learn more at www.ayelettsabari.com.

Fiction • 224 pp • Available now • Rights available: World, all languages excluding Estonian (Kunst); French (L'Instant Même); Hebrew (Am Oved); Italian (Nuova Editrice Berti); US rights sold to Random House by Inkwell Management

JUSTIN TRUDEAU

Common Ground

In October 2015, Justin Trudeau led the Liberal Party of Canada to a stunning election victory. Campaigning on the principles of hope and hard work, Trudeau took the Liberals from 34 seats in 2011 to 184 seats and a majority government in an unprecedented electoral reversal. Canadians responded to his inclusive and optimistic vision of the country and returned him to 24 Sussex Drive not as the son of a prime minister but as the twenty-third prime minister of Canada.

Since becoming Canada's Prime Minister, Justin Trudeau has been the subject of extensive international media, including the New York Times, and Vogue magazine. He attended the United Nations Climate Change conference in Paris, the APEC Summit in the Philippines, and the World Economic Forum in Davos, Switzerland, where he addressed the gathering of world leaders and celebrities with a speech on "The Canadian Opportunity".

In *Common Ground*, Justin Trudeau reveals how the events of his life have influenced him and formed the ideals that drive him today. We come to understand how Trudeau found his own voice and solidified his understanding of Canada's strengths and promise as a nation. But mostly, Trudeau shares with readers his belief that Canada is a country made strong by its diversity, not in spite of it, and that our greatest potential lies in finding what unites us and in building on a sense of shared purpose—our common hopes and dreams—and in coming together on common ground.



JUSTIN TRUDEAU is the leader of the Liberal Party of Canada and the nation's newly elected prime minister. Prior to his role as an elected official, Trudeau was a teacher in British Columbia and an advocate for the environment and for youth. Trudeau was born on December 25, 1971, the eldest son of the late former prime minister Pierre Elliott Trudeau and Margaret Sinclair Trudeau Kemper. He is married to Sophie Grégoire, and they have three children, Xavier, Ella-Grace, and Hadrien.

Autobiography • 352 pp • Available now • Rights available: World, all languages excluding China (Yilin Press), French (Les Éditions La Presse); German (F.A. Herbig Verlag); Thai (Matichon Publishing House); UK & Commonwealth ex. Canada (Oneworld Publications); US (Harper360)

MAX EISEN

By Chance Alone

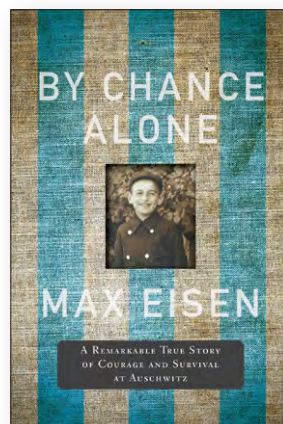
A Remarkable True Story of Courage and Survival at Auschwitz

“Such were the overwhelming odds stacked against him, Max Eisen should not have survived. Chance, some good people, and not a little luck all played their part, but his dogged determination to overcome the lethal physical and mental onslaught is truly remarkable. It was a short trip to Auschwitz—a long road to recovery.” —Stephen D. Smith, Executive Director, USC Shoah Foundation

More than seventy years after the Nazi camps were liberated by the Allies, a new Canadian Holocaust memoir details the rural Hungarian deportations to Auschwitz-Birkenau, back-breaking slave labour in Auschwitz, the infamous “death march” of January 1945, the painful aftermath of liberation, and a journey of physical and psychological healing.

Tibor “Max” Eisen was born in Moldava, Czechoslovakia, into an Orthodox Jewish family. In the spring of 1944, gendarmes forcibly removed Max and his family from their home. At fifteen years of age, he survived the selection process at Auschwitz-Birkenau and was inducted into the camp as a slave labourer.

After his liberation and new obstacles in Communist Czechoslovakia, Eisen immigrated to Canada in 1949, where he has dedicated the last twenty-two years of his life to educating people across Canada and around the world about the Holocaust.



MAX EISEN was deported to Auschwitz in the spring of 1944. He is a passionate speaker and educator who volunteers at the Sarah and Chaim Neuberger Holocaust Education Centre, participates in the annual March of the Living event, and lectures for the Friends of Simon Wiesenthal Centre of Canada on their annual From Compassion to Action mission to Auschwitz. He currently resides in Toronto with his wife, Ivy.

History • 272 pp • Available now • Rights available: World, all languages excluding China (Hubei People's Press); Czech (Albatros Media); Romanian (Editura Rao Srl)

ROBIN SHARMA

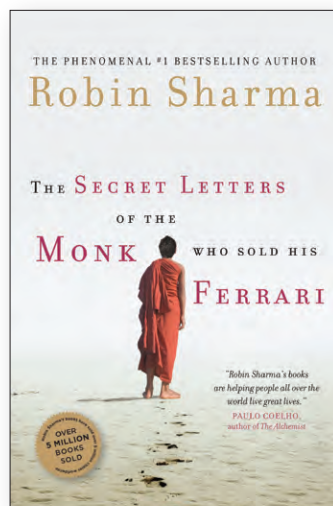
The Secret Letters of the Monk Who Sold His Ferrari

“Robin Sharma’s books are helping people around the world live great lives.” —Paulo Coelho, author of *The Alchemist*

From one of the most widely read authors in the world comes a story of breathtaking power and dazzling suspense about what it means to be fully alive.

Jonathan Landry is a man in trouble. After a bizarre encounter with his lost cousin Julian Mantle—a former high-powered courtroom lawyer who suddenly vanished into the Himalayas—Jonathan is compelled to travel across the planet to collect the life-saving letters that carry the extraordinary secrets that Julian discovered.

On a remarkable journey that includes visits to the sensual tango halls of Buenos Aires, the haunting catacombs of Paris, the gleaming towers of Shanghai and the mystical deserts of Sedona, *The Secret Letters of the Monk Who Sold His Ferrari* reveals astounding insights on reclaiming your personal power, being true to yourself and fearlessly living your dreams.



ROBIN SHARMA, LL.B., LL.M., is one of the world’s top experts on personal development and leadership, having helped millions of people to lead greater lives. He is the author of seven major international bestsellers, including *The Monk Who Sold His Ferrari* and *Who Will Cry When You Die?* The Monk brand is recognizable in 30 countries. Robin Sharma is the CEO of Sharma Leadership International Inc., a success coaching and training firm with clients such as FedEx, IBM, Microsoft, GM, Nike and Panasonic. His website, robinsharma.com, is one of the most popular personal success destinations on the internet. He lives in Toronto.

Inspiration/Self-Help • 224 pp • Available now • Author website: www.robinsharma.com • Rights Available: World, all languages excluding Arabic (Jarir); Bulgarian (ExLibris); Chinese Complex (Leeds Publishing); Chinese Simplified (Beijing Xiron); Czech (Rybka); French (Un Monde Different); German (Pattloch Verlag); Greek (Diotra); Hebrew (Keter); Hungarian (Trivium); India - Bengali, English, Gujarati, Hindi, Kannada, Malayalam, Marathi, Oriya, Tamil, Telugu (Jaico); Indonesian (PT Menuju Insan Cemerlang); Italian (Lindau); Latvian (Avots); Portugese (Pergaminho); Russian (AST); Slovakian (Eastone); Slovenian (Učila); Spanish (Random House Mondadori); Swedish (Natur & Kultur); Turkish (Pegasus); UK (HarperCollins); US (Harper360); Vietnam (Tre Publishing House)

DR. JACK NEWMAN AND TERESA PITMAN

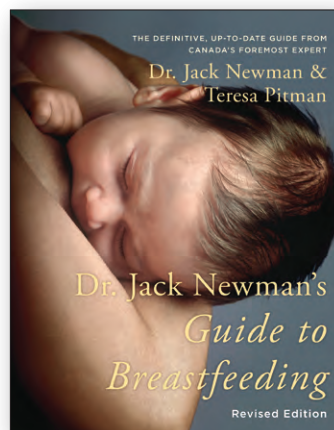
Dr. Jack Newman's Guide to Breastfeeding: Revised Edition

A fully revised and updated version of the #1 bestselling guide to breastfeeding, from Canada's world-renowned expert, Dr. Jack Newman

Breastfeeding is the natural and healthy way to nourish your baby, yet it's not always easy. New mothers need practical information about getting off to a good start and solving breastfeeding challenges. Health professionals need this information too, because medical school rarely covers this topic. But *Dr. Jack Newman's Guide to Breastfeeding* covers the most common problems and questions that mothers encounter:

- How do I help my baby get a good latch?
- How can I know if my baby is getting enough milk?
How can I help him get more?
- Can I avoid sore nipples?
- Will my medication affect my baby?
- How do I fit breastfeeding into my life when I'm already so busy?

The answers are here.



DR. JACK NEWMAN and TERESA PITMAN are two of the foremost lactation experts in Canada and have helped tens of thousands of new mothers find solutions that work. In this comprehensive guide, they share the most current information about breastfeeding and provide new, effective strategies and solutions to make breastfeeding work for you.

Parenting & Health • 400 pp • Available now • Rights available: World, all languages excluding French; Romanian (Editura Multi Media Est Publishing); Russian (Geotar Media); Spanish; Taiwan (Elsevier Taiwan); UK & US (Pinter & Martin)

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