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RIGHTS GUIDE, ADULT LIST

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**MARLEEN REIMER**  
Subsidiary Rights Manager

[Marleen.Reimer@hmhco.com](mailto:Marleen.Reimer@hmhco.com)

Tel: +1 (212) 420-5806  
3 Park Avenue, 19<sup>th</sup> Floor  
New York, NY 10016

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## UPCOMING FICTION

DeWitt, Jasper

**THE PATIENT**

**World rights**

**20<sup>th</sup> Century Fox Films partnered with New Regency and acquired film rights at auction with Ryan Reynolds as producer**

**Editor: Jaime Levine**

**Pub month: June 2020**

**Manuscript available**



In a series of online posts, Parker H., a young psychiatrist, chronicles the harrowing account of his time working at a dreary mental hospital in New England. Through an internet message board, Parker hopes to tell the world of his effort to cure one bewildering patient. We learn, as Parker did on his first day at the hospital, of the facility's most difficult, profoundly dangerous case – a 30-year-old man who was originally admitted to the hospital at the age of 6. This patient has no known diagnosis. His symptoms seem to evolve over time. Every person who has attempted to treat him has been driven to madness or suicide. Desperate and fearful, the hospital's directors keep him strictly confined and allow minimal contact with staff for their own safety, convinced that releasing him would unleash catastrophe on the outside world. Parker, brilliant and overconfident, takes it upon himself to discover what ails this mystery patient and finally cure him. The young doctor wins official permission to begin treatment, but from his first encounter with the patient, things spiral out of control and, facing a possibility beyond his wildest imaginings, Parker is forced to question everything he thought he knew.

JASPER DEWITT is the pseudonym for an American journalist. This is his first novel.

## BACKLIST FICTION

Petry, Ann

THE STREET

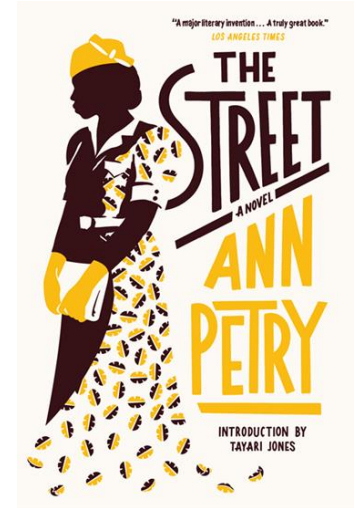
Introduction by Tayari Jones

World rights

January 2020 reissue

Manuscript of new introduction available

Originally published in 1946, *The Street* follows Lutie Johnson, a newly single mother whose efforts to claim a share of the American Dream for herself and her young son meet frustration at every turn in 1940s Harlem. Opening a fresh perspective on the realities and challenges of black, female, working-class life, *The Street* became the first novel by an African American woman to sell more than a million copies.



Last fall, novelist Tayari Jones, author of the bestseller *An American Marriage*, published an appreciation of this novel in the *New York Times*, in which she says:

**"Petry is the writer we have been waiting for; hers are the stories we need to fully illuminate the questions of our moment, while also offering a page-turning good time. Ann Petry, the woman, had it all, and so does her insightful, prescient and unputdownable prose."**

**Rights sold: UK/Commonwealth: Virago/Little Brown; Dutch: Atlas Contact; French: Belfond; German: Nagel & Kimche; Italian: Mondadori; Spanish: Seix Barral.**

## RECENTLY PUBLISHED NONFICTION

**Barron, Jason**

**THE VISUAL MBA: Two Years of Business School Packed into  
One Priceless Book of Pure Awesomeness**

**Business/Self-Help**

**World rights**

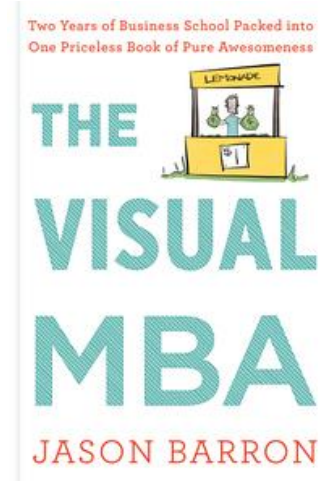
**Editor: Rick Wolff**

**Pub month: April 2019**

**Finished copies available**

Jason Barron spent 516 hours in class, completed mountains of homework and shelled out tens of thousands of dollars to complete his MBA. Along the way, rather than taking boring notes that he would neither read nor use again, Jason created sketch notes for each class—visually capturing the essential points of his education and providing an engaging and invaluable resource.

Once he obtained his MBA, Jason launched a successful Kickstarter campaign to publish a book that would distill these notes into a highly entertaining and useful guide.



**Rights sold: UK/Commonwealth: Penguin Business (Portfolio); Brazil/Portuguese: Sextante; simplified Chinese: CITIC; French: Leducs; French Africa: Nouveaux Horizons; Greek: Psychogios; Italian: Sperling; Japanese: Diamond; Korean: Angle Books; Russian: Alpina; Spanish (Latin America only): Oceano; Thai: Amarin; Turkish: Sola Unitas; Vietnamese: Nha Nam.**

**Gottlieb, Lori**

**MAYBE YOU SHOULD TALK TO SOMEONE: A Therapist, Her  
Therapist, and Our Lives Revealed  
Memoir**

**Translation rights**

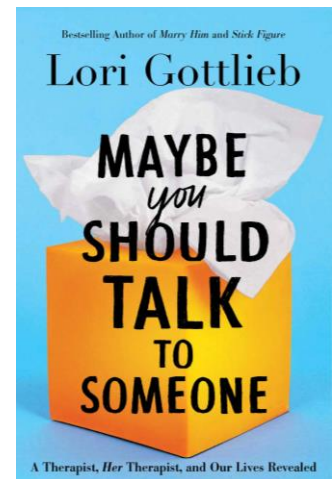
**Editor: Bruce Nichols**

**Pub month: April 2019**

**Finished copies available**

In this *New York Times* bestseller, therapist and author Lori Gottlieb gives the reader an eye-opening look at the therapeutic process – from the therapist’s perspective. She introduces the reader to a narcissistic Hollywood producer; a young newlywed recently diagnosed with a terminal illness; a senior citizen threatening to end her life; and a 20-something who can’t stop hooking up with the wrong guys. As Gottlieb guides them, she discovers that helping other people recognize their blind spots does not cure her of her own: all of a sudden, her own life has gone off the rails. Enter Wendell, the therapist who helps Gottlieb unearth the hidden roots of her current crisis, gradually transforming her as a therapist, patient, mother, and human being. *Maybe You Should Talk to Someone* lets readers peer in as both the therapist and her patients struggle to answer: How can I be happy? What am I willing to live with? How do we grow and change? This book offers an enlightening and thoroughly entertaining tour of an elusive process.

LORI GOTTLIEB is the author of *Marry Him* and *I Love You, Nice to Meet You*. She also writes the “Dear Therapist” columnist in *The Atlantic*. *MAYBE YOU SHOULD TALK TO SOMEONE* has sold 165,000 copies, and has spent 20 weeks on the *New York Times* bestseller list.



*“If you have even an ounce of interest in the therapeutic process, or in the conundrum of being human, you must read this book.”*—Susan Cain, NYT best-selling author of *Quiet: The Power of Introverts in a World that Can’t Stop Talking*

*“Gottlieb is an utterly compelling narrator: funny, probing, savvy, vulnerable. She pays attention to the small stuff — the box of tissues and the Legos in the carpet — as she honors the more expansive mysteries of our wild, aching hearts.”*—Leslie Jamison, author of *The Recovering: Intoxication and its Aftermath*

*“This is a daring, delightful, and transformative book. Lori Gottlieb takes us inside the most intimate of encounters as both clinician and patient and leaves us with a surprisingly fresh understanding of ourselves, one another, and the human condition... Maybe You Should Talk to Someone is funny, hopeful, wise, and engrossing — all at the same time.”*—Arianna Huffington, Founder, Huffington Post and founder & CEO, Thrive Global

**Rights sold: UK/British Commonwealth: Scribe (via agent); Brazil/Portuguese: Autentica; complex Chinese: Walkers Cultural Co.; simplified Chinese: Guomai Culture & Media; Dutch: Arbeiderspers; German: Hanser; Greek: Opera; Hebrew: Kinneret; Hungarian: 21.Szazad; Indonesian: Gramedia Pustaka Utama; Korean: Cocoon; Lithuanian: Baltos Lankos; Norwegian: Tiden Norsk Forlag; Polish: Proszynski; Romanian: Litera; Russian: Exmo; Serbian: Vulkan; Slovak: Ikar; Slovenian: UMco; Spanish: Ediciones Urano; Thai: B2S; Turkish: Teas; Ukrainian: Book Chef; Vietnamese: Alpha.**

**Montgomery, Sy, and with illustrations by Rebecca Green**

**HOW TO BE A GOOD CREATURE: A Memoir in Thirteen Animals**

**Nature/Memoir**

**World rights**

**Editor: Kate O'Sullivan**

**Pub month: September 2018**

**Finished copies available**



Understanding a living thing that belongs to another species can be transformative. No one knows this better than Sy Montgomery. Naturalist, adventurer, and the author of more than 20 books, many of them award winners, Montgomery has hiked the Altai Mountains of Mongolia looking for snow leopards and tracked tree kangaroos in Papua New Guinea. In her travels, she has encountered some of the planet's rarest and most beautiful animals. Her life continually intersects with and is changed by the creatures she meets. Among the animals you will meet in these pages are dogs who shared her home, a pig who lived in her barn, huge flightless birds, two tree kangaroos, a spider, a weasel, and an octopus. The book also explores vast themes: the otherness and sameness of people and animals; the ways we learn to love and become empathetic; how we find our passion; how we create our families; coping with loss; gratitude; forgiveness; and most of all, how to be a good creature in the world.

**Rights sold: complex Chinese: Global Group Holdings; simplified Chinese: CITIC; German: Diogenes; Japanese: Kawade Shobo; Korean: Forest Books; Russian: Alpina; Spanish: Errata Naturae; Turkish: Sola Unitas.**

**Panek, Richard**

**THE TROUBLE WITH GRAVITY: Solving the Mystery Beneath Our Feet**  
Science

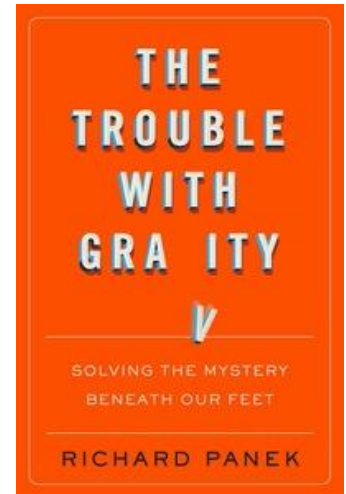
World rights

Editor: Alex Littlefield

Pub month: July 2019

Finished copies available

What is gravity? Nobody knows. How something so pervasive can also be so mysterious, and how that mystery can be so wholly unrecognized outside the field of physics, is one of the great conundrums in modern science. But as award-winning author Richard Panek shows in this groundbreaking investigation, gravity is a cold case that we are on the verge of cracking. Part history of science, part metaphysical farce, and part pop culture romp, **THE TROUBLE WITH GRAVITY** is the first in-depth study of this ubiquitous, elusive force for a popular audience. Panek invites the reader to experience gravity in ways that leave our preconceptions ("what goes up must come down") in the dust, and which open up new vistas onto the universe and humanity's place in it.



**Rights sold: Hungarian: Scolar; Italian: Cortina.**



## UPCOMING NONFICTION

### Anonymous

### **BECOMING DUCHESS GOLDBLATT**

**Memoir**

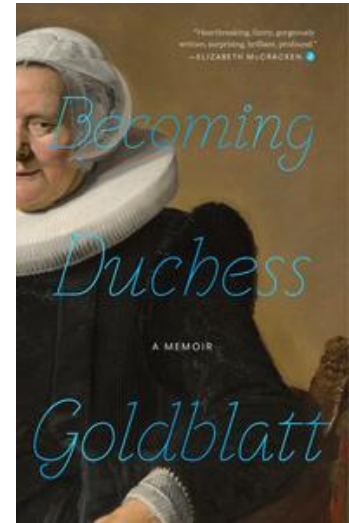
**World English**

**Translation rights: Friedrich Agency**

**Editor: Naomi Gibbs**

**Pub month: July 2020**

**Manuscript available**



Becoming Duchess Goldblatt is two stories: that of the reclusive real-life writer who created a fictional character out of loneliness and thin air, and that of the magical Duchess Goldblatt herself, a bright light in the darkness of social media. Fans around the world are drawn to Her Grace's voice, her wit, her life-affirming love for all humanity, and the fun and friendship of the community that's sprung up around her.

@DuchessGoldblat (81 year-old literary icon, author of *An Axe to Grind*) brought people together in her name: in bookstores, museums, concerts, and coffee shops, and along the way, brought real friends home—foremost among them, Lyle Lovett.

"The only way to be reliably sure that the hero gets the girl at the end of the story is to be both the hero and the girl yourself." — Duchess Goldblatt

*"This book is, like Duchess Goldblatt herself, nothing you expect and everything you need. It's a memoir not just of one life (failures and triumphs laid bare) but also of a second self—its creation, its evolution, its improbable splendor. We may never deserve Duchess Goldblatt and her magnanimity, but her inventor most certainly does."*

—Rebecca Makkai, author of the Pulitzer Prize and National Book Award finalist *The Great Believers*

*"The question I am most often asked by readers out in the world, is, 'Who is Duchess Goldblatt?' The correct answer is, 'She is the Universe's secret admirer, a made-up & hilarious octogenarian who lives on Twitter, who delivers love and demands it in equal, astonishing measure.' What they mean is: what's her real identity? This book does not precisely reveal that. Instead it's the actual memoir of a fictional person, a meditation on what it means to start again in the oddest way possible. It is also heartbreaking, funny, gorgeously written, surprising, brilliant, profound, the book only Duchess Goldblatt herself could have written."*

—Elizabeth McCracken, bestselling author of *Bowlaway* and *The Giant's House*

Cooke, Julia

**MUST WANT THE WORLD**

**History/Feminism**

**World Rights**

**Editor Deanne Urmy**

**Pub month: March 2021**

**Proposal available**



Gloria Steinem. Queen Silvia of Sweden. Carole Middleton. Mary Higgins Clark. Johanna Sigurdardottir, former Prime Minister of Iceland.

Each one of these extraordinary figures was selected to serve as a Jet Age stewardess on the iconic Pan American Airways, alongside countless other accomplished women. Julia Cooke vividly re-creates the stories of three main characters – Karen, Torild and Lynne, all still living – and in the process shows

how the sexualized coffee-tea-or-me stereotype was sometimes at odds with the importance of what they did. Flying between 1966 and 1975, Cooke's cast of international stewardesses swung from glamour to danger and back again, often on the same flight. In the book's climactic close, Cooke chronicles the experience of the three stewardesses as they volunteer to staff Operation Babylift, the flight to Saigon that evacuated hundreds of South Vietnamese children as the city was falling to the Viet Cong. **MUST WANT THE WORLD** tells the story of the invaluable yet unseen role these young women played as informal diplomats, navigating the fault lines of international affairs during the tumultuous 1960s and '70s.



JULIA COOKE is a culture journalist and travel writer.

**Rights sold: UK/Commonwealth: Icon Books**

**Fairless, Chelsea, and Garroni, Lauren**

**WE SHOULD ALL BE MIRANDAS: Life Lessons from Sex and the City's Most Underrated Character**

**Humor/Feminism**

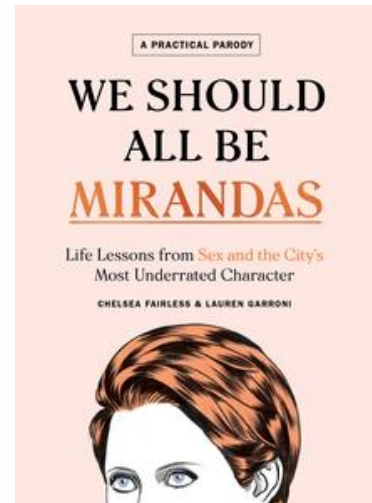
**World rights**

**Editor: Kate Napolitano**

**Pub month: October 2019**

**Finished copies available**

Authors Chelsea Fairless and Lauren Garroni are the first to admit it: when *Sex and the City* first aired, *everyone* wanted to be a Carrie. Carrie was glamorous, cool and chic. Miranda was practical, frumpy and motivated by work – not men.



Now, with the clarity of adulthood – and, yes, a few bad relationships with Mr. Bigs of their own – both authors feel differently. In this amusing and cheeky book, Fairless and Garroni make the case for Miranda. Millennials and Gen Z-ers, who were not old enough to watch the show during its original run, have subsequently streamed it declared Miranda a modern feminist icon. Those who did watch it the first time around will revel in nostalgia as the authors present this smart and hilarious send-up to the world of SATC, distilling Miranda's core principles into a strategic guide for navigating life's ups and downs.

CHELSEA FAIRLESS and LAUREN GARRONI are co-creators of the viral Instagram sensation Every Outfit on Sex and the City (@everyoutfitonsatc). With nearly 500,000 followers, they have support from SATC stars Sarah Jessica Parker, Cynthia Nixon and Kristin Davis.

**Rights sold: UK/British Commonwealth: Hodder; Spanish: Planeta Libros Cupula.**

Kissel, Ben, Zebrowski, Henry, and Parks, Marcus

**LAST BOOK ON THE LEFT: Stories of Murder and Mayhem  
from History's Most Notorious Serial Killers**

**Humor/History**

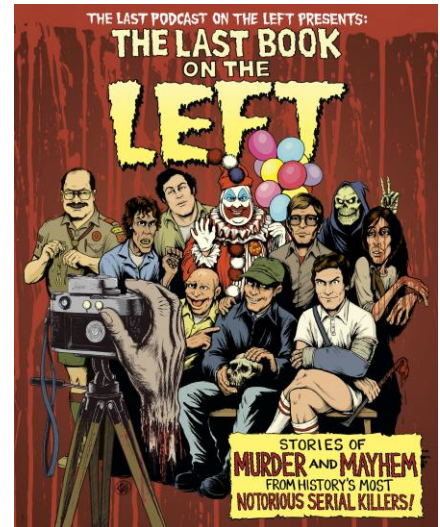
**World rights**

**Editor: Kate Napolitano**

**Pub month: April 2020**

**Manuscript available**

Since its first show in 2010, *The Last Podcast on the Left* has barreled headlong into all things horror, as Henry Zebrowski, Ben Kissel and Marcus Parks cover such subjects as werewolves, Jonestown and supernatural phenomena. Deeply researched, but with a morbidly humorous bent, the podcast has earned a dedicated and cult-like following for its unique take on the macabre.



In this, their first book, the authors take a deep dive into history's most notorious serial killers, from Ted Bundy to John Wayne Gacy to Jeffrey Dahmer to David Berkowitz to the Zodiac Killer, exploring their origin stories, haunting habits and perverse predilections. Featuring newly developed content alongside updated fan favorites, each profile is an exhaustive examination of the darker side of human existence. The book is rigorously researched, with content that is 100% original to the book format.

KISSEL, ZEBROWSKI and PARKS met while performing in the Brooklyn comedy scene. Together, they have written and produced *The Last Podcast on the Left* since 2010.

**Lichtblau, Eric**

**RETURN TO THE REICH: A Holocaust Survivor's Secret Mission to Help End the War (formerly DEAD DROP)**

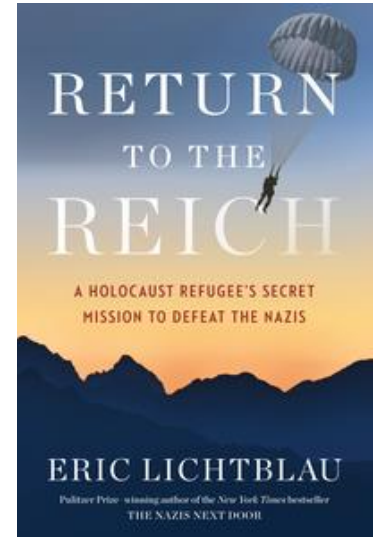
**Narrative history**

**World rights**

**Editor: Bruce Nichols**

**Pub month: October 2019**

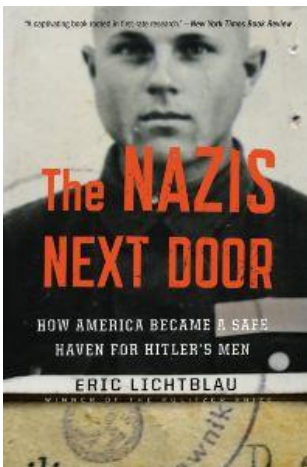
**Finished copies available**



By the author of *The Nazis Next Door*, this is narrative history at its best: the remarkable, little known story of Fred Mayer, a German-born Jew, who with his family fled to the U.S. from Nazi Germany soon after Kristallnacht. Mayer enlisted in the U.S. Army and was recruited by the Office of Strategic Services (forerunner of the CIA) to lead an audacious spy mission, parachuting into Austria and posing undercover in three different disguises as a Nazi loyalist. His work provided invaluable intelligence to the Allies that helped to defeat Hitler. Captured and tortured by the Germans, he conducted negotiations with his captors to secure his own release – and his captors' surrender – as Allied forces closed in.

Based on years of research and interviews with Mayer himself, whom the author was able to meet only months before his death at the age of 94, RETURN TO THE REICH is an eye-opening, unforgettable narrative of World War II heroism. For fans of Laura Hillenbrand's *Unbroken*.

**Rights sold: Romanian: Meteor; Spanish: Planeta Mexico.**



**THE NAZIS NEXT DOOR was sold to: Czech: Jota; Dutch: Meulenhoff; Greek: Potamos; Italian: Boringhieri; Japanese: Shinchosha; Polish: Literackie; Romanian: Meteor; Swedish: Svenska Historiska; Turkish: Kalkedon.**

**Lobrano, Alexander**

**MY PLACE AT THE TABLE: A Recipe for a Delicious Life in Paris  
Memoir**

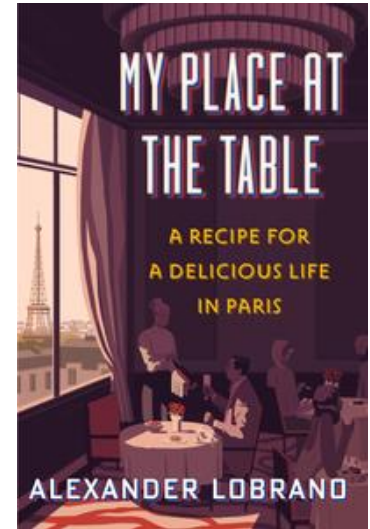
**World rights**

**Editor: Sarah Kwak**

**Pub month: June 2020**

**Proposal, sample chapter available**

MY PLACE AT THE TABLE is the story of how a timid Connecticut boy grew up to be a bon vivant and the dining critic of *Les Echos*, one of the largest newspapers in the French-speaking world. It is also a touching and funny coming-of-age story about the healing role of food. Until Alec Lobrano landed a job in the glamorous Paris office of *Women's Wear Daily*, his main experience of French cuisine had been the occasional supermarket éclair. An interview with the owner of France's best cheese shop for his first article nearly proves a disaster, because he speaks almost no French. As he slowly rises to become the taste arbiter of the world's best food city, Lobrano describes the lessons learned from leading culinary figures, the dining revolution caused by the birth of the modern bistro, his favorite and least favorite restaurants, most memorable meals, what it's like to write for the French, and why our show-off culture is bad for food.



ALEC LOBRANO writes regularly on food and travel for many publications, including the *New York Times*, *Wall Street Journal*, *Bon Appétit*, *Food & Wine*, and *Condé Nast Traveler*. He is the author, previously, of *Hungry for Paris* and *Hungry for France*. He lives in Paris.

**McGrath, Rita**

**SEEING AROUND CORNERS: How to Spot Inflection Points in Business Before They Happen**

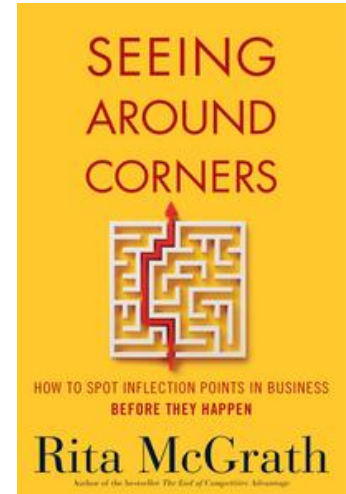
**Business**

**World rights**

**Editor: Rick Wolff**

**Pub month: September 2019**

**Finished copies available**



Columbia Business School professor and business consultant Rita McGrath uses timely and topical case studies to show that one of the best ways for businesses to advance is by developing the ability to pinpoint subtle trends that have been gestating for a while but are now at an inflection point to take off in a major way. By being able to spot these developing trends, smart companies can learn how to benefit from them before they become an everyday global reality. *Seeing Around Corners* will provide both a real prescriptive overview of how to become a trend spotter and a clear road-map for how best to capitalize on these trends.

RITA MCGRATH is a veteran consultant and speaker.

**Rights sold: complex Chinese: Commonwealth Magazine; simplified Chinese: CITIC; Hungarian: Pallas Athéné; Korean: Chungrim; Portuguese/Brazil: Saraiva Educacao.**

**O'Brien, Tim**

**DAD'S MAYBE BOOK: A Father's Love Letter to His Sons**

**Memoir**

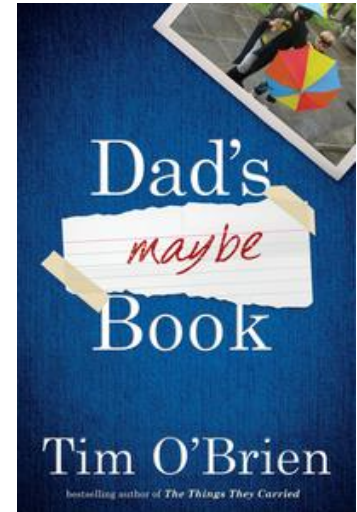
**World rights**

**Editor: Bruce Nichols**

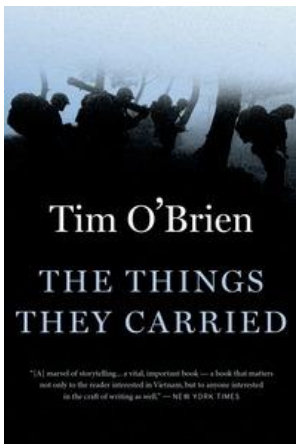
**Pub month: October 2019**

**Finished copies available**

Tim O'Brien's career has been defined by such hallmark works of literary fiction as *The Things They Carried* and *Going After Cacciato*. Now, he turns to what has defined his life in the last 20 years: fatherhood. As a late-in-life father to two young sons, and as the son of an alcoholic, distant father, he wanted to put into words all the love, wisdom, and reflections that fathers so often feel but cannot articulate. He relates stories from his sons Timmy and Tad's mouths; he reflects on the joys of witnessing their growth, marvels at his own transformation since their birth, and, sadly, wonders about future events in their lives that he may never witness. He recalls scenes with his own father; key moments of his time in Vietnam; lessons from the literature of war; and how to prepare for life and death. *DAD'S MAYBE BOOK* is an ode to fatherhood for the ages.



**UK/Commonwealth: HarperCollins**



**THE THINGS THEY CARRIED**, a finalist for both the 1990 Pulitzer Prize and the National Book Critics Circle Award, is sold in the following territories:  
**simplified Chinese: Foreign Language Teaching and Research; complex Chinese: Yuan-Liou Publishing Company (exp. Jun 2018); Dutch: J.M. Meulenhoff (exp. Mar 2019); French: Editions Gallmeister; Georgian: Diogene; Italian: DeAgostini Planeta; Russian: AST; Spanish: Editorial Anagrama; Vietnamese: Nha Nam**



**O'Connor, Sinead**

**AUTOBIOGRAPHY**

**Memoir**

**World rights**

**Editor: David Rosenthal**

**Pub month: not yet announced**

**Manuscript expected February 2020**

Few superstar musicians of our time have engendered as much controversy -- and love -- as Sinead O'Connor. She has moved millions of fans with her exquisite vocals, and endured hysterical press coverage (and even blacklisting) for her attacks on the Catholic Church, feuds with Madonna, public breakdowns and unconventional relationships. Now, in an intimate, lyrical memoir, the enigmatic O'Connor candidly recounts her difficult Dublin childhood, her meteoric rise, a disastrous, infamous Saturday Night Live appearance and, most importantly, her music: how she creates powerful songs and performances that live in our playlists and our memories.

**Rights sold: UK/Commonwealth: Penguin Ireland; Czech: Mlada Fronta; Italian: Mondadori**

**Perkins, Bill**

**DIE WITH ZERO: Getting All You Can from Your Money and Your Life**

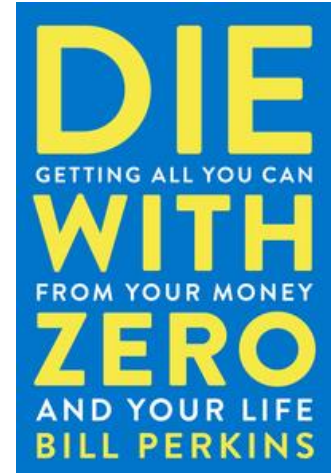
**Business/Personal Finance**

**World rights**

**Editor: Rick Wolff**

**Pub month: May 2020**

**Manuscript available**



How should we spend our limited time on earth? Financial advisors urge us to work hard to maximize our earnings, save as much as possible, and reap the rewards in retirement. Multi-millionaire Bill Perkins disagrees with that approach. In his view, if you spend a lifetime working and die with a lot of money left over, you've missed the opportunity to enjoy your money – or, if you are wealthy, to give it away – during your lifetime. *Die with Zero* will teach you Perkins' techniques for finding an optimal balance between short-term pleasures and long-term rewards across your adult lifespan. From Perkins the reader will learn how to:

- Maximize your experiences, the amount of enjoyment or fulfillment you get at each age, by creating an “experiences curve.”
- Convert earnings to experiences by plotting your “net worth curve.”
- Decide whether to invest in or delay an experience, at any age, by plotting your “spend curve.”
- Replace your bucket list with “time buckets,” a simple tool to help you plan when to have certain experiences while you are healthy enough to enjoy them.

In addition to his business achievements, BILL PERKINS is a well-known international poker player, with more than 100,000 Instagram followers.

**Rights sold: German: Finanzbuch.**

**Stone, Oliver**

**CHASING THE LIGHT: Writing, Directing and Surviving Platoon, Midnight Express, Scarface, Salvador and the Movie Game**

**Memoir**

**Translation rights**

**Editor: David Rosenthal**

**Pub month: October 2020**

**Sample chapter available**

Oliver Stone has some memories to share, not all of them happy. Well before Platoon launched him to international stardom, the acclaimed writer and director of films like Midnight Express, Scarface and Salvador struggled to break out. He'd been wounded as an infantryman in Vietnam and spent years writing unproduced scripts while driving taxis in New York, finally venturing westward to Los Angeles and a new life. Stone, now 72, reflects on those formative years with in-the-moment details from his highest and lowest moments: We see his first meeting with Al Pacino about his script for Platoon (and Pacino's attempts to star in Stone's screenplay for Born on the Fourth of July), the looming throes of cocaine addiction while shooting his first feature, The Hand, and the interminable hustles required to secure production money for the controversial Salvador (starring James Woods), plus a true insider's look at Hollywood during its years of upheaval in the 1970s and '80s.

**Rights sold: UK & Commonwealth: Octopus (via agent).**

**Stone, Robert**

**THE EYE YOU SEE WITH: Selected Nonfiction, edited by Madison Smartt Bell**

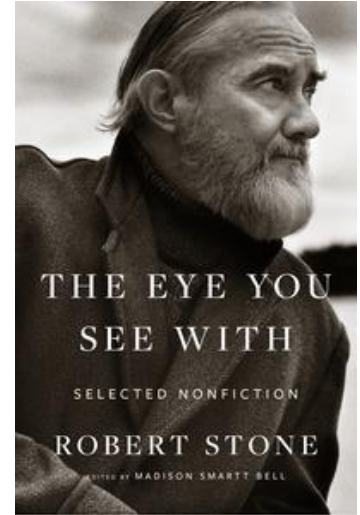
**Essays**

**World rights**

**Editor: Pilar Garcia-Brown**

**Pub month: March 2020**

**Manuscript available**



Robert Stone was a singular American writer, a visionary whose novels—including *Dog Soldiers* (winner of the National Book Award), *Damascus Gate* and *Death of the Black-Haired Girl*—earned him comparisons to literary lions ranging from Samuel Beckett to Ernest Hemingway to Graham Greene. Stone had an almost prophetic grasp of the spirit of his age, which he captured with crystalline clarity in each of his novels. He was also a sharp and brilliant observer of American life, and his non-fiction writing is revelatory. The first and only collection of Robert Stone's non-fiction includes the best of Stone's war reporting, his writing on social change, and his reflections on the art of fiction. This clear-eyed look at the 20<sup>th</sup> century secures Robert Stone's place as one of the most original figures in American letters.

MADISON SMARTT BELL is the author of thirteen novels and two short story collections, and has been nominated for the National Book Award.

## LIFESTYLE

Bittman, Mark and Dr. David Katz

**HOW TO EAT: All Your Food and Diet Questions Answered**

Science/Diet

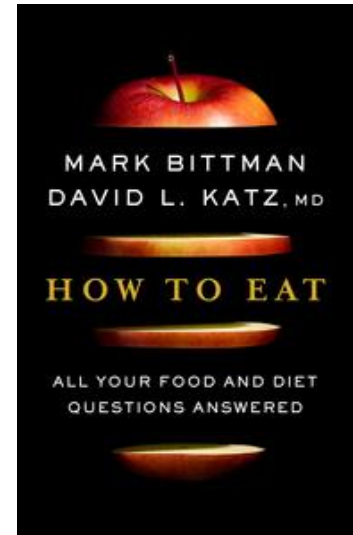
World English

Translation rights: Miller Bowers Griffin Literary Management

Editor: Stephanie Fletcher

Pub month: March 2020

Manuscript available



What is the “best” diet? Food writer and cook Mark Bittman and health expert David Katz, MD, tackle this question in a lively and easy-to-read Q&A format, which was inspired by a viral *New York Magazine* article.

Just what should humans eat? Do I need to avoid gluten? What’s the deal with grains – aren’t they just carbs? How much meat should I eat, and does grass-fed matter? Are there benefits to drinking? Do calories matter? On every topic, Bittman and Katz filter the science of diet and nutrition through a lens of common sense, delivering straightforward advice with a healthy dose of wit.

MARK BITTMAN is the author of 30 acclaimed books, including the beloved *How to Cook Everything* series. His TED Talk has more than 4 million views, and for more than two decades his popular and compelling stories appeared in the *New York Times*.

DAVID L. KATZ, MD is the founding director of Yale University’s Yale-Griffin Prevention Research Center and founder/president of the True Health Initiative, a nonprofit organization that promotes healthy, sustainable diet and lifestyle. Katz is recognized globally for expertise in nutrition, weight management, and the prevention of chronic disease. He has a social media following of nearly 1 million.

Gottfried, Sara

**SKINNY HORMONES**

**Diet**

**World rights**

**Editor: Deb Brody**

**Pub month: May 2021**

**Manuscript expected Fall 2020**

Sara Gottfried is an MD and bestselling author whose personal network reaches half a million subscribers. In her newest book, Gottfried provides a medically sound diet based on time-restricted eating that is a particularly effective way for women to activate their “skinny hormones” and reverse inflammation. On the 16:8 Diet, you limit your food intake to only 8 hours a day, with a 16-hour overnight fast that increases mental acuity, lowers blood sugar, resets insulin block, triggers autophagy, and repairs DNA. In a study published last year out of the University of Illinois at Chicago, obese adults lost about 3% of their body mass by adhering to a 16:8 diet.

SARA GOTTFRIED is the author of *Brain Body Diet*, *Hormone Reset Diet*, *Younger*, and *Hormone Cure*, which have been translated into more than 20 languages. She has degrees from Harvard and MIT.

<b>UK &amp; Commonwealth: Piatkus.</b>
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**Horst, Danae**

**HOUSE PLANTS FOR ALL: A Guide to Becoming a Perfect Plant Parent**

**World rights**

**Editor: Deb Brody**

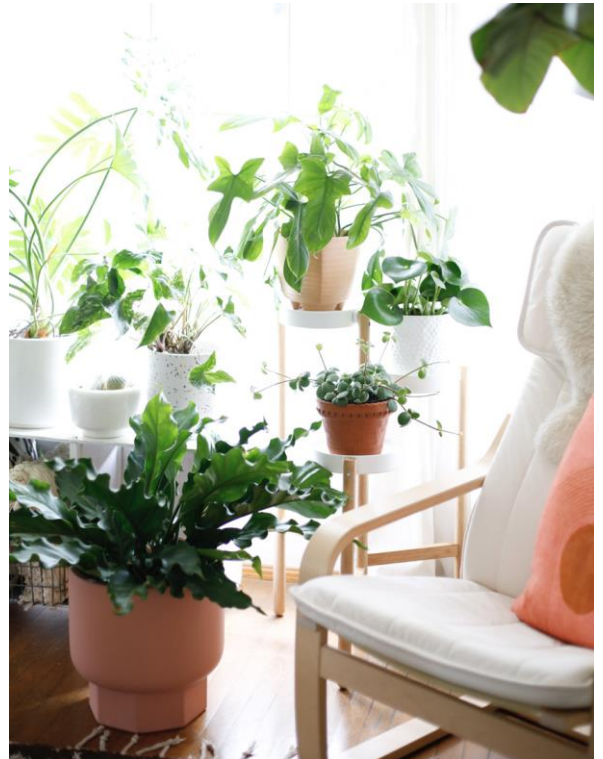
**Pub month: April 2020**

**Manuscript expected November 2019**

Turn over a new leaf with HOUSE PLANTS FOR ALL. Instead of picking up whatever catches your eye at the store and hoping it survives your home and lifestyle, use the plant profile quiz to find your perfect match. No matter if you're always busy and can't remember to water, if you live in the shadow of a skyscraper, or if you contend with drying winter air: there is a plant that will thrive with you. After finding the right plants for your home, this book helps you to master plant care, complete with projects and tips for which containers work best, the best plants for small places, how to help



pets and plants coexist, and solutions to problems like pests, root rot, and lack of nutrients. The author's beautiful photos throughout serve as inspiration for plant parents-in-training. Whether you're an experienced gardener or have never owned anything more than a fake ficus, this book is the perfect guide for happy plants in your home.



**Hunt, Lindsay Maitland**

**HELP YOURSELF: A Guide to Gut Health for People Who Love Delicious Food**

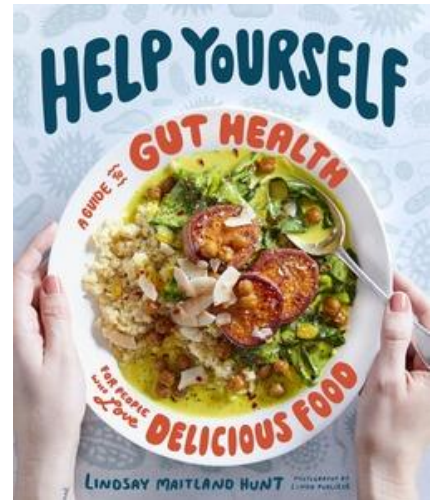
**Cookbook/Diet**

**World rights**

**Editor: Stephanie Fletcher**

**Pub month: April 2020**

**Manuscript available**



This game-changing cookbook, which includes more than 125 gut-friendly recipes, will make you rethink how you eat. Despite eating healthfully, author and recipe developer Lindsay Maitland Hunt was plagued by symptoms such as depression, fatigue, incessant itching, and joint pain—until a gut-friendly way of eating helped bring her back to a state of balance. Out of Lindsay’s journey, and her extensive research, comes this practical and nourishing guide.

HELP YOURSELF isn’t a fad diet, a detox, or a cleanse. It’s a common-sense approach to food, backed by science. If you’ve been living with allergies, chronic pain, inflammation, weight gain, poor sleep, and acne; if you have been diagnosed with an autoimmune disease; or if you just want to feel your best in your body—this book offers a pathway to wellness via the gut.



MarcAurele, Lisa

**LOW CARB YUM 5-INGREDIENT KETO: Recipes**

**Cookbook/Diet**

**World rights**

**Editor: Justin Schwartz**

**Pub month: April 2020**

**Manuscript available**

Low-carb and keto diets are helping many people to lose weight, but one of the biggest struggles for newcomers is finding easy recipes. Everyone wants to get in and out of the kitchen fast, and that's where the popular Low Carb Yum blog comes to the rescue.

Creator Lisa MarcAurele turned to the low-carb lifestyle herself when treatments for Graves' disease, a thyroid autoimmune disorder, changed her metabolism and caused weight gain. She began creating and sharing delicious recipes, and now her blog has over 1 million Facebook followers. Lisa knows that the key to success is easy and great-tasting recipes, and this book has more than 100 of them, including Almond Flour Pancakes, Mexican Chicken Soup, Zucchini Fries, Rib-eye Steaks in Red Wine Sauce, and Shrimp Scampi, as well as no-guilt desserts like Chocolate Fudge Balls and Almond Butter Cookies.



**Phillips, Steven, MD and Parish, Dana**

**CHRONIC: The Hidden Cause of the Autoimmune Pandemic--and How to Get Healthy Again  
Science**

**World rights**

**Editor: Deb Brody**

**Pub month: June 2020**

**Manuscript available**

After nearly dying of Lyme disease, Steven Phillips experienced firsthand the confusion in the medical community about Lyme that too often leads to misdiagnosed and undiagnosed cases. He has made it his mission to separate facts from misconceptions, working with top universities to find cures and novel therapies for this frequently debilitating disease.

In this eye-opening and bound-to-be-controversial book, Dr. Phillips and his former patient, Dana Parish, who has become a major voice in the field, take on the medical establishment. Dr. Phillips posits that the bacteria that causes Lyme, *Borrelia burgdorferi*, and its germy relatives can trigger other autoimmune diseases (including MS, rheumatoid arthritis, ALS, fibromyalgia, lupus, and others). This book delves into the history and science of Lyme as well as its coinfections, refutes commonly held beliefs by doctors and patients alike, reveals how the medical establishment got the facts patently wrong, and provides solutions that empower readers to keep infection at bay without weakening their immune systems.

**Pitre, Urvashi**

**Keto Fat Bombs, Sweets & Treats: Over 100 Recipes and Ideas for Low-Carb Breads, Cakes, Cookies and More**

**Cookbook/Diet**

**World rights**

**Editor: Justin Schwartz**

**Pub month: March 2019**

The ketogenic diet has taken the world by storm, and author Urvashi Pitre can attest to its effectiveness firsthand. Following this high-fat, low-carb way of eating helped her lose (and keep off) 80 pounds. Best known for the high-quality and impeccably tested recipes on her blog, TwoSleevers.com, Urvashi here turns her expertise to the snacks and treats that people miss most when they're eating the keto way—quick breads, muffins, pancakes, cookies, cakes, pies, ice cream, and more. Urvashi offers recipes for many classic, high-carb favorites that have been reworked to be “fat bombs,” which help keep your macros in balance, as well as prevent you from craving all the things you usually can’t eat when you’re trying to lose weight. Many of the 100 recipes require no more than 10 to 15 minutes of prep time, and they taste as delicious and indulgent as they sound—Chocolate Peanut Butter Pops, Mocha Cheesecake, Almond Butter Bombs. She also includes recipes for tasty smoothies, savory dressings, and sauces to round out the collection.



**Rights sold: Czech: IFP Publishing and Engineering; Danish (deal pending).**

**Pomroy, Haylie**

**COOKING FOR A FAST METABOLISM: Hearty, Healthy Recipes to Eat More Food and Lose More Weight**

**Cookbook/Diet**

**World rights**

**Editor: Deb Brody**

**Pub month: April 2020**

**Manuscript available**

From Haylie Pomroy, author of the mega bestseller *The Fast Metabolism Diet*, comes a book of 100 metabolism-boosting recipes to help people lose weight and overcome health challenges.

This new cookbook, Haylie's first since *The Fast Metabolism Diet Cookbook* was published in 2013, will have recipes for use on all of her programs. Haylie provides delicious, fun meals that fans and newcomers alike can make to eat healthfully, speed up their metabolisms, and lose weight. It will include trending topics like slow cooker and instant-pot meals, and a meta-tag index for quick reference. Haylie's messaging has always been "eat more food to lose more weight," and this full-color cookbook will offer the kind of hearty, tasty food her readers have come to expect—healthful recipes that promote weight loss without deprivation or the sacrifice of variety and flavor.

HAYLIE POMROY is a #1 *New York Times* best-selling author and celebrity nutritionist. She has been featured in major outlets from the Dr. Oz Show to Rachael Ray to *Marie Claire* and *People* magazine.

**Prout, Sarah**

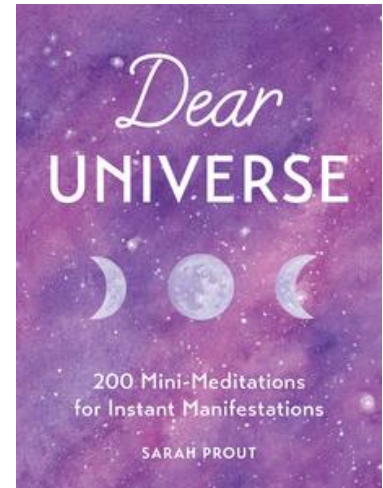
**DEAR UNIVERSE: 200 Mini-Meditations for Instant Manifestations**

**Inspirational**

**World rights**

**Editor: Justin Schwartz**

**Pub month: April 2019**



This is a dip-in/dip-out, highly accessible guide to manifestation and the law of attraction, written by a rising new star in the mindfulness community. In just a couple of years, Prout has amassed 442,000 Facebook followers, hosts a podcast with over 100,000 monthly downloads, has a 250,000-person email subscriber list, and gets over 1 million monthly hits on her website. Prout went from being an abused wife living on welfare to running a million-dollar business to now being an award-winning entrepreneur, philanthropist, and founder of The Manifesting Academy. She began her life transformation by turning to the power of manifesting, asking the universe for inspiration when she had hit rock bottom. The book is organized around 100 fear-based emotions, such as anxiety, shame, boredom, misunderstanding and paranoia. Readers are guided to a mini-meditation and then to a few of the 100 love-based emotions most appropriate to their situation, such as feeling loved, beautiful, cherished or inspired. The book is aimed at people who are feeling uncertain or lost in the world today, and who are looking for a higher meaning or purpose.

**Rights sold: UK/Commonwealth: Piatkus; French: Editions Tredaniel (France) and Editions de l'Homme in Québec for North America; German: Integral/Heyne; Hebrew: Or Am; Serbian: Publik Praktikum; Spanish: Urano.**

**Stewart, Martha**

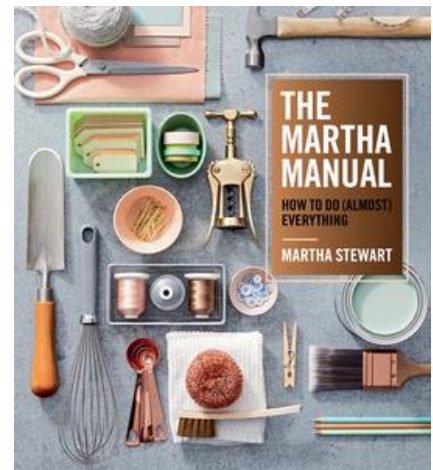
**THE MARTHA MANUAL: How to Do (Almost) Everything  
Lifestyle/How-to**

**World rights**

**Editor: Stephanie Fletcher**

**Pub month: January 2019**

**Finished copies available**



In this bestselling addition to the Martha Stewart canon, she advises on everything from creating a cutting garden and setting the table to playing classic lawn games or building a campfire. Whether it's organizing, celebrating, cleaning, decorating, or any number of other life skills, this manual includes time-tested, Martha-approved strategies for frequent challenges and basic how-to knowledge that everyone should have at the ready. Martha also offers plenty of solutions for less common conundrums, such as how to transport a decorated cake, bathe a cat, or repurpose mismatched china. With hundreds of expert tips and useful insights in an easy-to-follow format, this is the manual you need to learn how to do everything—the Martha way.

**Rights sold: Czech: Zoner; German: Michael Fisher Verlag**

**Stewart, Martha**

**MARTHA STEWART'S ORGANIZING: The Manual for  
Bringing Order to Your Life, Home & Routines  
Lifestyle/How-to**

**World rights**

**Editor: Stephanie Fletcher**

**Pub month: January 2020**

**Final PDF available**



In this practical and empowering resource for getting one's life in order, Martha offers her best guidance, methods, and DIY projects for organizing in and around the home. Topics include room-by-room strategies (how to sort office paperwork, when to purge the garage or attic), seasonal advice (when to swap out bedding and clothing, how to put away holiday decorations), and day-by-day or week-by-week plans for projects such as de-cluttering, house cleaning, creating a filing system, overhauling the closet, and more. Martha's indispensable expertise walks readers through goal-setting, principles of organizing, useful supplies, and creating systems for ongoing success. A look into Martha's own personal calendars offers a template for scheduling essential tasks. Last, plenty of strategies, how-tos, timelines, and checklists will help readers stay organized all year long.

## SCIENCE FICTION & FANTASY

**Banker, Ashok**

**UPON A BURNING THRONE (Pub month: April 2019)**

**DARK QUEEN RISES (Pub month: May 2021)**

**Fantasy**

**World rights, except for India and all local Indian languages**

**Editor: Jaime Levine**

This two-book series, “the Indian Game of Thrones,” revolves around two princes, Pandu and Dri, who are born in Hastinapura, capital of the vast Kuru empire. One is blind, the other is an albino. The queen and prince regent assure everyone that these obstacles will be overcome and that the princes will together form one great warrior. Any rumblings of dissent are quickly squelched by Bhishma, himself a demi-god and formidable warrior. When a demonlord fails to destroy the Kuru family directly, he turns his effort to pitting the brothers against one another. The rift he creates between them passes to the next generation – and what was a family disagreement soon grows into an epic feud over the inheritance of the world’s largest empire.



ASHOK BANKER is the pioneer of the speculative fiction genre in India, where he is well known for his best-selling Ramayana series. Banker is the author of 52 books, and they have been translated into 18 languages. He lives in Los Angeles and is of Irish-Portuguese-Sri Lankan-Indian parentage.

Cawdron, Peter

RE-ENTRY

Science fiction

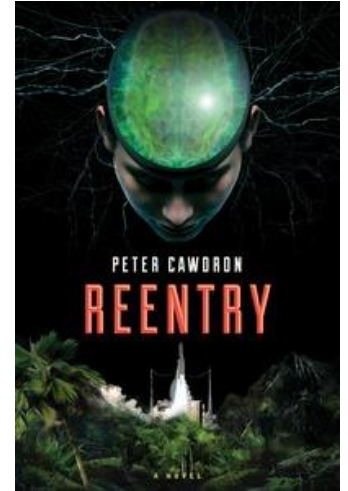
World rights

Editor: Jaime Levine

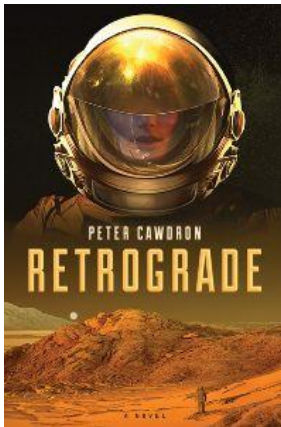
Pub month: June 2019

Finished copies available

In a sequel to Cawdron's *Retrograde*, REENTRY applies realistic technology to examine not just interstellar exploration, but also the dangerous potential of artificial intelligence. This is perfect for fans of Andy Weir, Gregory Benford and Philip K. Dick.



After almost dying on Mars, astronaut Liz Mathieson returns to Earth, but not to a hero's welcome. America is in turmoil. The war is over, but the insurgency has just begun. So while life on Mars may have been deadly, at least up there she knew who the enemy was. Along with her, Mathieson has brought the remnants of the artificial intelligence that waged war on two planets. Buried somewhere deep within the cold electronic circuits lies the last vestiges of her dead partner, Jianyu. Liz is torn, unsure whether he's somehow still alive in electronic form or if this is just a ploy by an adversary who will go to any lengths to win.



**RETROGRADE**, the gripping novel that introduces Liz Mathieson and her crew, was sold in the following territories: **French: Denoel; German: Random House/Heyne.**



**Skillingstead, Jack**

**CHAOS FUNCTION**

**Science Fiction**

**World rights, including film and TV**

**Editor: Jaime Levine**

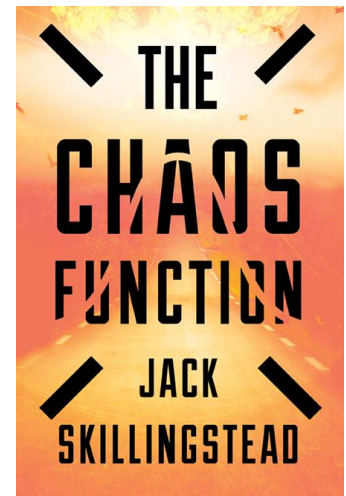
**Pub month: March 2019**

**Finished copies available**

Our lives are a series of chances and decisions – a branching tree of probabilities. But what if there was a secret machine that controlled each branch, each decision, and could change them? And what if a secret society of monk-like guardians protected the machine, and could manipulate it?

Olivia Nikitas, a war reporter, sees her boyfriend Brian die in Syria. Unbeknownst to her, the power of the guardians transfers to her and she enters a bizarre world in which she can bring him back to life. As Olivia begins to doubt her grasp on reality, she finds herself pursued by mysterious agents of the Society who abduct her and plan to reassert their power by sacrificing her. With the aid of two young apostates, Olivia escapes and begins seeking a probability that will save both the world and Brian. Her choices threaten to unleash biological and nuclear apocalypses until her all-too-human final decision. The fate of humanity depends on it.

JACK SKILLINGSTEAD's first novel, *Harbinger*, blurred the line between mainstream and science fiction, and was nominated for a Locus Award for best first novel. His second novel, *Life on the Preservation*, was a finalist for the Philip K. Dick Award. He is the author of more than 40 short stories.



## **HMH SUBAGENTS**

**As of 8/2019**

### **BRAZIL**

Luciana Villas-Boas  
Anna Luiza Cardoso  
Villas-Boas & Moss Literary Agency  
Av. Delfim Moreira 1.222 / 102  
Cep 22.441-000  
Rio de Janeiro, RJ, Brasil  
[luciana@vbmlitag.com](mailto:luciana@vbmlitag.com)  
[annaluiza@vbmlitag.com](mailto:annaluiza@vbmlitag.com)

### **BULGARIA/ALBANIA**

Mira Droumeva  
Andrew Nurnberg Associates Sofia  
jk. Yavorov Bl. 56-B, Floor 1, Ap. 9  
Sofia 1111, Bulgaria  
[mira@anas-bg.com](mailto:mira@anas-bg.com)

### **CHINA/TAIWAN**

Ming-Ming Lui  
Bardon-Chinese Media Agency  
Room 2-702, Building 2,  
RongHuaShiJia, No. 29  
XiaoYingBeiLu, Chaoyang District  
Beijing 100101  
[mingming@bardonchinese.com](mailto:mingming@bardonchinese.com)

### **CZECH / SLOVAK**

Kristin Olson  
Kristin Olson Literary Agency  
Klimentská 24  
110 00, Prague 1, Czech Republic  
[kristin.olson@litag.cz](mailto:kristin.olson@litag.cz)

### **FRANCE**

Corinne Marotte  
L'Autre Agence  
45 rue Marx Dormoy  
75018 Paris FRANCE  
[cmarotte@lautreagence.eu](mailto:cmarotte@lautreagence.eu)

### **GERMANY**

Sebastian Ritscher/Ronit Zafran  
Mohrbooks AG Literary Agency  
Seefeldstrasse 303  
CH-8008 Zürich, Switzerland  
[sebastian.ritscher@mohrbooks.com](mailto:sebastian.ritscher@mohrbooks.com)  
[ronit.zafran@mohrbooks.com](mailto:ronit.zafran@mohrbooks.com)

### **GREECE**

Evangelia Avloniti  
Ersilia Literary Agency  
Aktaiou 38-40  
118 51, Athens GREECE  
[eavloniti@ersilialit.com](mailto:eavloniti@ersilialit.com)

### **HUNGARY**

Péter Bolza  
Eszter Rozs  
Káta & Bolza Literary Agents  
Szerb u. 17-19  
H-1056 Budapest  
[peter@kataibolza.hu](mailto:peter@kataibolza.hu)  
[eszter@kataibolza.hu](mailto:eszter@kataibolza.hu)

### **INDONESIA**

Santo Manurung  
Maxima Creative Agency Beryl Timur No. 41  
Gading Serpong  
Tangerang 15810  
[santo@maximacreativeliterary.com](mailto:santo@maximacreativeliterary.com)

### **ISRAEL**

Efrat Lev  
The Deborah Harris Agency  
PO Box 8528  
Jerusalem 91083, Israel  
[efrat@thedeborahharrisagency.com](mailto:efrat@thedeborahharrisagency.com)

### **ITALY**

Roberto Santachiara  
Agenzia Letteraria Santachiara  
via Griffini 14  
27100 Pavia ITALY  
[agenzia@robertosantachiara.com](mailto:agenzia@robertosantachiara.com)

### **JAPAN**

Manami Tamaoki  
Misa Morikawa  
Tuttle-Mori Agency  
2-17 Kanda Jimbocho,  
Chiyoda-ku, Tokyo 101-0051  
[manami@tuttlemori.com](mailto:manami@tuttlemori.com)  
[misa@tuttlemori.com](mailto:misa@tuttlemori.com)

### **KOREA**

Joeun Lee  
KCC Korea Copyright Center  
Gyonghigung-achim  
Officetel Room 520, Compound 3  
Naesu-dong 72, Chongno  
Seoul 110-070  
[jelee@kccseoul.com](mailto:jelee@kccseoul.com)

### **LATVIA, LITHUANIA, ESTONIA**

Kristine Shatrovska  
Tatjana Zoldnere  
Andrew Nurnberg Associates Baltic  
34-5 Ģertrūdes iela  
Rīga LV 1011, Latvia  
[anab@anab.apollo.lv](mailto:anab@anab.apollo.lv)

### **NETHERLANDS**

Paul Sebes  
Willem Bisseling  
Sebes & Bisseling  
Herengracht 613  
NL-1017 CE  
Amsterdam  
[sebes@sebes.nl](mailto:sebes@sebes.nl)  
[bisseling@sebes.nl](mailto:bisseling@sebes.nl)

### **POLAND**

Marcin Biegaj  
Andrew Nurnberg Associates  
ul. Moldawska 9, 6th floor,  
02-127 Warsaw, Poland  
[Marcin.biegaj@nurnberg.pl](mailto:Marcin.biegaj@nurnberg.pl)

### **ROMANIA**

Livia Stoia  
Livia Stoia Literary Agency  
58 Strada Gârlei, Sector 1  
Bucharest 013724  
[Livia.Stoia@liviastoliaagency.ro](mailto:Livia.Stoia@liviastoliaagency.ro)

### **RUSSIA, UKRAINE**

Natalia Sanina  
Synopsis Literary Agency  
Podolskoe shosse, 3  
115093 Moscow  
[nat@synopsis-agency.ru](mailto:nat@synopsis-agency.ru)

### **SCANDINAVIA**

Trine Licht  
Licht & Burr Literary Agency  
Ny Vestergade 1, st  
PO Box 2142  
DK-1015 Copenhagen K  
[tl@licht-burr.dk](mailto:tl@licht-burr.dk)

**SERBIA, CROATIA,  
MACEDONIA, SLOVENIA**

Vuk, Mila and Nada Perisic  
Plima Literary Agency  
Branka Ćopića 20/8  
11160 Belgrade, Serbia  
[vuk@plimaliterary.rs](mailto:vuk@plimaliterary.rs)  
[mila@plimaliterary.rs](mailto:mila@plimaliterary.rs)

**SPAIN/PORTUGAL**

Maribel Luque  
Anna Bofill  
Agencia Literaria Carmen Balcells  
Av. Diagonal, 580  
08021 Barcelona  
[m.luque@agenciabalcells.com](mailto:m.luque@agenciabalcells.com)  
[a.bofill@agenciabalcells.com](mailto:a.bofill@agenciabalcells.com)

**THAILAND**

Pimolporn Yutisri  
Tuttle-Mori Agency Co., Ltd.  
6th Floor, Siam Intercomics Building  
459 Soi Piboon-Oophatham (Ladprao 48)  
Samsen Nok, Huay Kwang  
Bangkok 10320, Thailand  
[pimolporn@tuttlemori.co.th](mailto:pimolporn@tuttlemori.co.th)

**TURKEY**

Amy Spangler  
Dogan Terzi  
AnatoliaLit Agency  
Caferağa Mah.  
Gunesli Bahce Sok.  
No:48 Or.Ko Apt. B Blok D:4  
34710 Kadıköy - İstanbul  
[amy@anatolialit.com](mailto:amy@anatolialit.com)  
[dogan@anatolialit.com](mailto:dogan@anatolialit.com)

**UNITED KINGDOM / ANZ**

Caspian Dennis  
Vanessa Kerr  
Anna Carmichael  
Rachel Clements  
Ben Fowler  
Abner Stein Agency  
Suite 137, China Works  
28 Black Prince Road  
London SE1 7SJ  
[caspian@abnerstein.co.uk](mailto:caspian@abnerstein.co.uk)  
[vanessa@abnerstein.co.uk](mailto:vanessa@abnerstein.co.uk)  
[anna@abnerstein.co.uk](mailto:anna@abnerstein.co.uk)  
[rachel@abnerstein.co.uk](mailto:rachel@abnerstein.co.uk)  
[ben@abnerstein.co.uk](mailto:ben@abnerstein.co.uk)