

**Houghton Mifflin Harcourt  
Books & Media  
Rights Guide, Adult List  
Frankfurt Book Fair 2020**



**Marleen Reimer  
Subsidiary Rights Manager**

**[Marleen.Reimer@hmhco.com](mailto:Marleen.Reimer@hmhco.com)**

**Tel: +1 (212) 420-5806  
3 Park Avenue, 19<sup>th</sup> Floor  
New York, NY 10016**

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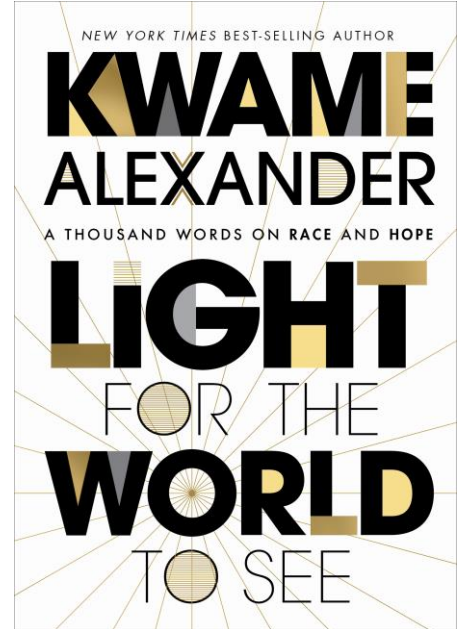
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## UPCOMING NONFICTION

**Kwame Alexander**

### **LIGHT FOR THE WORLD TO SEE: A Thousand Words on Race and Hope**

From NPR correspondent and *New York Times* bestselling author Kwame Alexander comes a powerful and provocative collection of poems that cuts to the heart of the entrenched racism and oppression in America and eloquently explores current events. A book in the tradition of James Baldwin's "A Report from Occupied Territory," **LIGHT FOR THE WORLD TO SEE** is a rap session on race. A lyrical response to the struggles of Black lives in our world; to America's crisis of conscience; to the centuries of loss, endless resilience, and unstoppable hope. Including an introduction by the author and a bold, graphically designed interior.



KWAME ALEXANDER is a poet, educator, and *New York Times*-bestselling author of more than 30 books, including **THE CROSSOVER**, which received the 2015 Newbery Medal for the Most Distinguished Contribution to American Literature for Children, the Coretta Scott King Author Award Honor, the NCTE Charlotte Huck Honor, the Lee Bennett Hopkins Poetry Award, and the Paterson Poetry Prize. He is also the author of **THE UNDEFEATED** which garnered a Caldecott Medal, Newbery Honor, Coretta Scott King Award and was on the National Book Award longlist. He is a regular contributor to NPR's Morning Edition, currently serving as their poet ambassador. He lives with his family in the UK.

we can't walk  
we can't run  
we can't breathe  
we can't live  
we can't breathe  
we can't live  
but ...



Poetry

Translation rights

UK rights: Levine Greenberg Rostan

Editor: Margaret Raymo

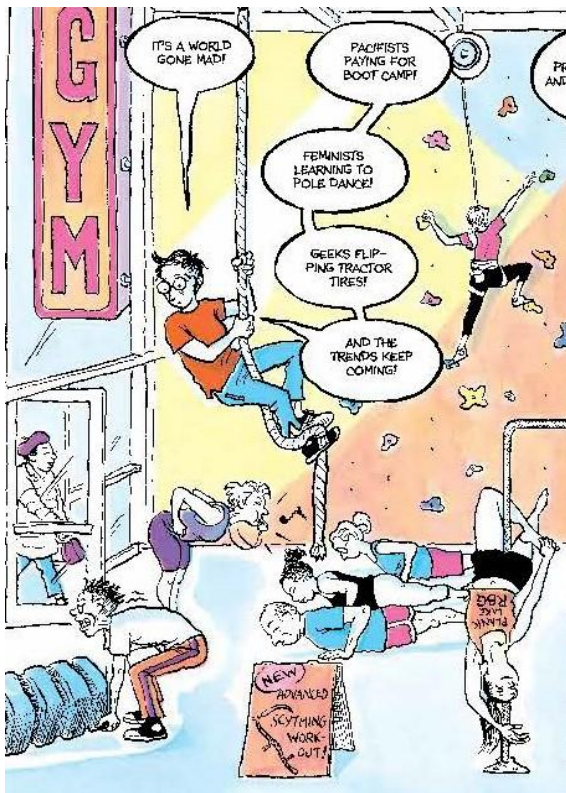
Pub month: November 2020

Manuscript available

## **Alison Bechdel**

### **THE SECRET TO SUPERHUMAN STRENGTH**

Comics and cultural superstar Alison Bechdel delivers a deeply layered story of her fascination, from childhood to adulthood, with every fitness craze to come down the pike: from Jack LaLanne in the '60s ("Outlandish jumpsuit! Cantaloupe-sized guns!") to the existential oddness of present-day spin class. Readers will see their athletic or semi-active pasts flash before their eyes through an ever-evolving panoply of running shoes, bicycles, skis, and sundry other gear. But the more Bechdel tries to improve herself, the more her self appears to be the thing in her way. She turns for enlightenment to Eastern philosophers and literary figures, including Beat writer Jack Kerouac, whose search for self-transcendence in the great outdoors appears in moving conversation with the author's own. This gifted artist and not-getting-any-younger exerciser comes to a soulful conclusion. The secret to superhuman strength lies not in six-pack abs, but in something much less clearly defined: facing her own non-transcendent but all-important interdependence with others.



A heartrendingly comic chronicle for our times.

ALISON BECHDEL's cult following for her comic strip Dykes to Watch Out For expanded wildly for her best-selling memoirs, FUN HOME and ARE YOU MY MOTHER? FUN HOME was adapted into a Tony Award-winning musical and has been optioned for film by Nine Stories with Jake Gyllenhaal set to star and produce. Her many honors include being named a MacArthur Fellow and Cartoonist Laureate of Vermont.

**Memoir**

**World rights**

**Editor: Deanne Urmey**

**Pub month: May 2021**

**Samples pages available**

Rights sold:

**UK & Commonwealth:** Jonathan Cape

**Brazil/Portuguese:** Todavia Editora

**French:** Editions Denoel



## David Burkus

### **LEADING FROM ANYWHERE: Unlock the Power and Performance of Remote Teams**

It's undeniable that we're entering a new era of remote work. That change is affecting every industry, including our own. So how can managers ensure that businesses run as usual when the way that we work looks so...unusual? Top business thought leader David Burkus has mined the very best research on virtual teams to provide managers with a comprehensive field guide to leading remotely. Case studies include Upwork, a global freelancing platform; Automattic, a software company with employees in 77 different countries; and the Belgian Ministry of Social Security, among others. Structured around the lifecycle of working on a team (Hiring Remote Teams, Building Bonds from Afar etc.), LEADING FROM ANYWHERE tackles the key inflection points and challenges that managers face in this new landscape to communicate effectively and quickly, manage performance, keep the team engaged, and celebrate individual departures or adjourn the team as a whole.

Other books on remote work are outdated or focus on best practices for individual employees. LEADING FROM ANYWHERE is entirely of this new moment and aimed squarely at managers, occupying a unique space in the market. For any manager who wants their remote team to enjoy a harmonious work-life balance while increasing productivity, this is the indispensable guide.

DAVID BURKUS is associate professor of leadership and innovation at Oral Roberts University. He has delivered keynote speeches and workshops for Fortune 500 companies including Microsoft and Google. His ideas have appeared in the Wall Street Journal, Harvard Business Review, USA Today, and Fast Company.

#### **Rights sold:**

**UK/Commonwealth:** (offer)

**Business/Leadership**

**World rights**

**Editor: Olivia Bartz**

**Pub month: January 2021**

**Manuscript available**



#### **Rights sold to UNDER NEW MANAGEMENT:**

**UK & Commonwealth:** Macmillan

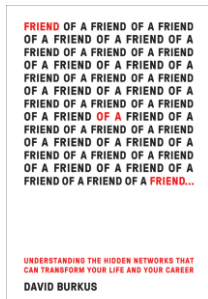
**Chinese (complex):** Business Weekly

**Chinese (simplified):** CITIC

**Korean:** Korea Economic Daily & Business

**Lithuanian:** Eugrimas

**Spanish:** Urano



#### **Rights sold to FRIEND OF A FRIEND:**

**Chinese (simplified):** CITIC

**Dutch:** Business Contact

**Korean:** Korea Economic Daily & Business

**Japanese:** CCC Media House

**Vietnamese:** Minhlong

**Julia Cooke**

**COME FLY THE WORLD: The Jet-Age Story of the Women of Pan Am of Pan Am**

Gloria Steinem. Queen Silvia of Sweden. Mary Higgins Clark. Johanna Sigurdardottir, former Prime Minister of Iceland.



In the Mad Men-era of commercial air travel, Pan American Airways attracted a special sort of young woman to crew its flights. COME FLY THE WORLD tells the stories of three Pan Am stewardesses – California girl Karen, Torild from Norway, and Lynne from small-town New York – and in the process shows how the sexualized coffee-tea-or-me stereotype was often at odds with the importance of what they did. The job did offer glamour: jazz at the Equator Club in Nairobi, moonlit dips off the coast of Liberia, fabulous restaurants in lush Hong Kong. But it also demanded smarts, self-possession, and at times fearlessness.

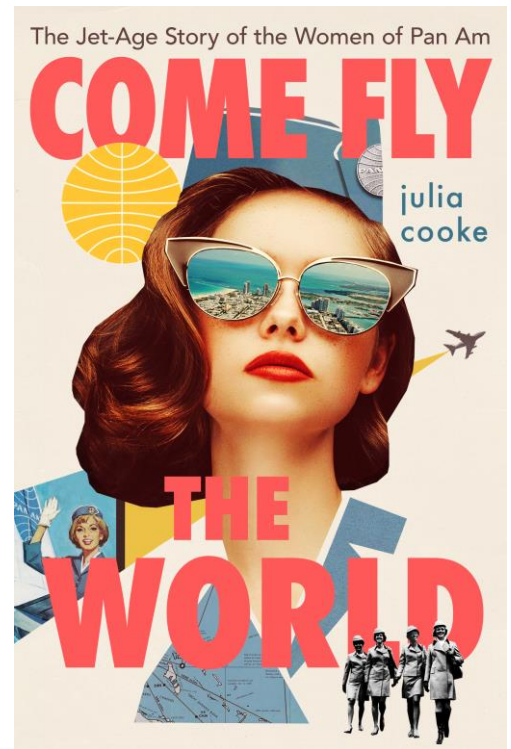
Flying between 1966 and 1975, Julia Cooke’s cast of international stewardesses swung from glamour to danger and back again, often on the same flight. Pan Am stewardesses endured heavy surveillance each time they flew to the USSR; flights to and from Puerto Rico were often hijacked and flown to Cuba; planes were shot at as they entered and exited active war zones – with Pan Am crew members sometimes pressed into service as negotiators to ensure that they could do so. COME FLY THE WORLD tells the story of the invaluable yet unseen role these young women played as informal diplomats, navigating the fault lines of international affairs during the tumultuous 1960s and ‘70s.



JULIA COOKE is a culture journalist and travel writer.

**Rights sold:**

**UK/Commonwealth:** Icon Books



**History/Feminism**

**World rights**

**Editor: Deanne Army**

**Pub month: March 2021**

**Manuscript available**

## **Michael Harriot**

### **BLACK AF HISTORY: The Un-Whitewashed Story of America**

Forget what you learned in history class.

It should come as no surprise that the dominant narrative of American history is blighted with errors and oversights—after all, history books were written from the perspective of white men. In BLACK AF HISTORY, Michael Harriot challenges that narrative, presenting more than 30 little-known stories about the experiences of Black Americans, from the Tulsa Race Massacre to the history of policing.

With sharp, incisive wit that his fans will recognize from his writing for TheRoot.com, Harriot speaks hilarious truth to oppressive power, providing readers with a singular look at history that is as comprehensive as it is utterly necessary. In 2022, we'll also be publishing Harriot's next book, WYPIPOLOGY, which gives readers a master class on the customs and habits of white folks, imbuing both historical analysis and humor.



MICHAEL HARRIOT is a critically acclaimed poet, journalist, and broadcaster. A senior writer for TheRoot.com, his column on The Root receives up to 3 million pageviews a month. His work also appears on verysmartbrothers.com and Ebony. Known for his sharp take on racial news, he has appeared on CNN, MSNBC and

numerous international outlets to discuss race relations in America.

**History/Anthropology**

**World rights**

**Editor: Kate Napolitano**

**Pub month: October 2021**

**Manuscript expected  
November 2020**

## **Menachem Kaiser**

### **PLUNDER: A Memoir of Family Property and Nazi Treasure**

Menachem Kaiser's brilliantly told story, woven from improbable events and profound revelations, is set in motion when the author takes up his Holocaust-survivor grandfather's former battle to reclaim the family's apartment building in Sosnowiec, Poland. Soon, he is on a circuitous path to encounters with the long-time residents of the building, and with a Polish lawyer known as "The Killer." A surprise discovery—that his grandfather's cousin not only survived the war, but wrote a secret memoir while a slave laborer in a vast, secret Nazi tunnel complex—leads Kaiser to a band of Silesian treasure seekers who revere the memoir as an indispensable guidebook to Nazi plunder and Kaiser himself as a near-celebrity. Propelled by rich original research, Kaiser immerses readers in profound questions that reach far beyond his personal quest. What does it mean to seize your own legacy? Can reclaimed property repair rifts among the living? **PLUNDER** is both a deeply immersive adventure story and an irreverent, daring interrogation of inheritance—material, spiritual, familial, and emotional.

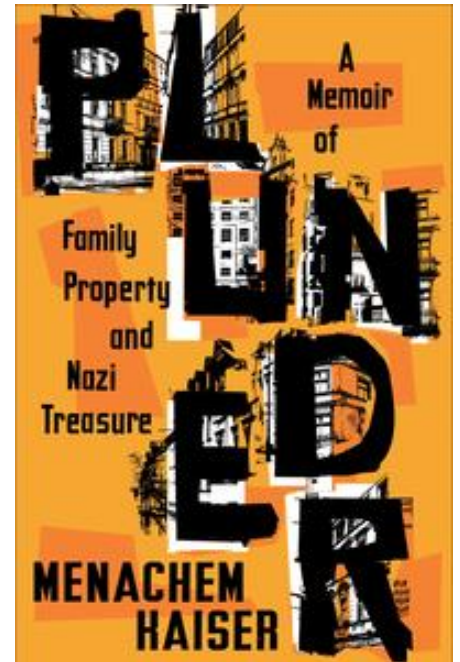
MENACHEM KAISER holds an MFA in creative writing from the University of Michigan and was a Fulbright Fellow to Lithuania. His writing has appeared in the *Wall Street Journal*, *The Atlantic*, *New York* and elsewhere.

#### **Rights sold:**

**UK/Commonwealth:** Scribe

**Dutch:** De Bezige Bij / Thomas Rap

**German:** Paul Zsolnay



**Memoir**

**World rights**

**Editor: Deanne Urmey**

**Pub month: March 2021**

**Manuscript available**



**Bobby and Cheryl Love, written with Lori Tharps**  
**THE REDEMPTION OF BOBBY LOVE**

In early February of this year, Brandon Stanton from Humans of New York posted an 11-part [story](#) (the longest he ever posted) that went extraordinarily viral, even by HONY standards. The story was of Bobby and Cheryl Love, a Black couple living in Brooklyn whose lives are turned upside down when a 40-year-old secret of Bobby’s surfaces.

The secret? Bobby broke some laws as a kid, living in the post-Jim Crow South, and soon found himself behind bars. Like so many young Black men in that time and place, his life took more and



more troublesome turns once he entered the criminal justice system. But Bobby was smart—smarter than his jailers—and when faced with a new prison captain who had it in for him, he ultimately escaped, came to New York, changed his name, and started a new life. As Bobby Love, he was not a criminal. He lived 40 years with a job, often more than one, in order to support his wife and a growing, church-going family. Then it all came crashing down.

The Humans of New York story has been viewed almost 5 million times on Facebook and Instagram. Part *The Fugitive* and part *Catch Me If You Can*,

THE REDEMPTION OF BOBBY LOVE transcends any genre. It’s a tale of incredible daring and suspense. It’s also the story of building a life from scratch, of a woman’s love for God and her family—and how through it all, Bobby and Cheryl found the truth, each other, and redemption.

LORI L. THARPS is a graduate of Smith College and Columbia University’s Graduate School of Journalism. She has written for Vibe, Entertainment Weekly, Essence, Columbia Journalism Review, Ebony.com and Vogue Black.

**Rights sold:**

**UK/Commonwealth:** Transworld

**Memoir**

**TV series in development with Kerry Washington’s production company and Octavia Spencer attached**

**World rights**

**Editor: Rakia Clark**

**Pub month: October 2021**

**Proposal available**

## Wendy Lower

### **THE RAVINE: A Family, a Photograph, a Holocaust Massacre Revealed**

In 2009, the acclaimed author of *HITLER'S FURIES* was shown a photograph just brought to the United States Holocaust Memorial Museum. Documentation of the Holocaust is vast, but there are virtually no images of a Jewish family at the actual moment of murder, in this case by German officials and Ukrainian collaborators. A Ukrainian shooter's rifle is inches from a woman's head, obscured in a cloud of smoke. The woman is bending forward, holding the hand of a barefoot boy. And—only one of the shocking revelations of Wendy Lower's brilliant 10-year investigation of this image—the shins of another child, slipping from the woman's lap.

Wendy Lower's gripping detective work—in Ukraine, Germany, Slovakia, Israel, and the United States—recovers astonishing layers of detail concerning the open-air massacres in Ukraine. The identities of the victims, of the killers—and, remarkably, of the photographer who openly took the picture, as a secret act of resistance—are dramatically uncovered. Finally, in the hands of this exceptional scholar, a single image unlocks a new understanding of the place of the family unit in the history and aftermath of Nazi genocide.

WENDY LOWER, the John K. Roth Professor of History and director of the Mgrublian Center for Human Rights at Claremont McKenna College, is the author of the National Book Award and National Jewish Book Award finalist *HITLER'S FURIES*, which has been translated into 23 languages.

#### Rights sold:

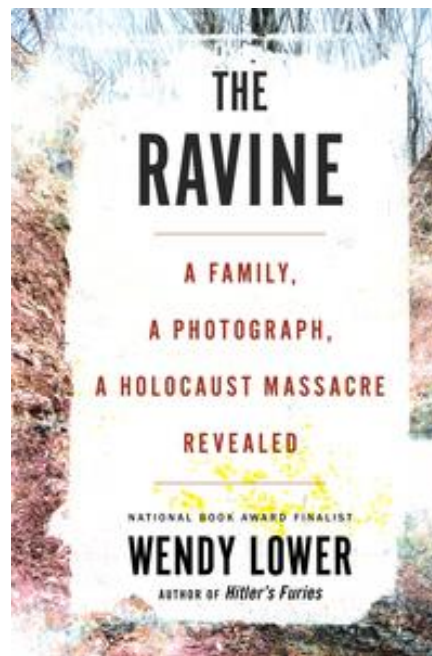
**UK/Commonwealth:** Head of Zeus

**Dutch:** Spectrum

**Finnish:** Atena

**French:** Tallendier

**Italian:** Rizzoli



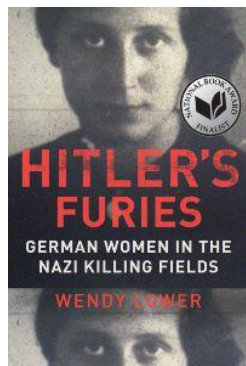
**History**

**World rights**

**Editor: Deanne Urmey**

**Pub month: February 2021**

**Manuscript available**



**HITLER'S FURIES** is currently licensed in the following territories:

**UK/Commonwealth:** Chatto & Windus; **Brazil/Portuguese:** Editora Rocco;

**Czech:** Paseka Nakladatelstvi; **Danish:** Gads; **Dutch:** Spectrum; **Finnish:** Atena;

**French:** Tallandier; **German:** Hanser; **Hebrew:** Matar; **Italian:** Rizzoli; **Japanese:**

Akashi Shoten; **Lithuanian:** Briedis; **Romanian:** Meteor; **Spanish:** Editorial

Planeta; **Turkish:** Koton Kitap; **Ukrainian:** Ukrainian Center for Holocaust Studies.

## **Sinead O'Connor**

### **REMEMBERINGS: Scenes from My Complicated Life**

Few superstar musicians of our time have engendered as much controversy—and love—as Sinead O'Connor. She has moved millions of fans with her exquisite vocals, and endured hysterical press coverage (and even blacklisting) for her attacks on the Catholic Church, feuds with Madonna, public breakdowns, and unconventional relationships. Now, in an intimate, lyrical memoir, the enigmatic O'Connor candidly recounts her difficult Dublin childhood; her escape into music, inspired by her brother's Bob Dylan records; her early forays with local Irish bands; and her misbehavior with drugs. We see O'Connor tripping on acid in New York's Chelsea Hotel, completing her first album while eight months pregnant, hanging with Rastas in the East Village, and soaring to unimaginable popularity with her cover of Prince's "Nothing Compares 2U." Most of all, this memoir gives us insight into her music: how she creates powerful songs and performances that live in our playlists and our memories.



Intimate, replete with candid anecdotes and hard-won musical insights, REMEMBERINGS is a remarkable chronicle of an enduring and influential artist.

Rights sold:

**UK/Commonwealth:** Penguin Ireland

**Czech:** Mlada Fronta

**Italian:** Mondadori Libri

**Memoir**

**World rights**

**Editor: David Rosenthal**

**Pub month: June 2021**

**Manuscript expected  
October 2020**

## **Robert Reffkin**

### **NO ONE SUCCEEDS ALONE:**

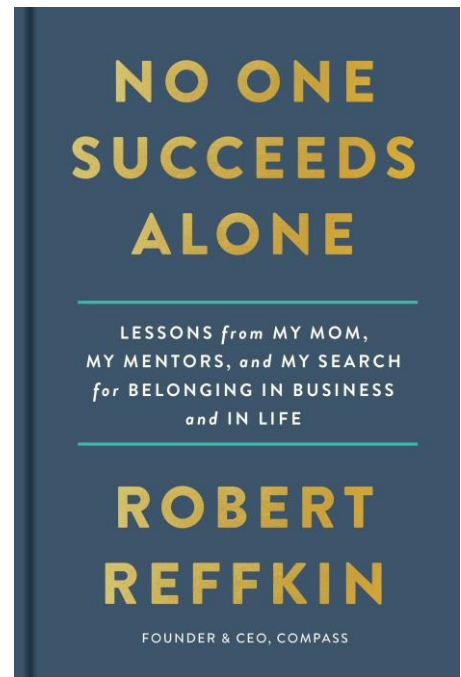
#### **Lessons from My Mom, My Mentors, and My Search for Belonging in Business and in Life**

Part-memoir and part-business book, NO ONE SUCCEEDS ALONE is replete with wisdom and inspiration throughout.

No one expected a 15-year-old Black kid with dreadlocks who cared more about his DJ business than his homework to become the youngest-ever White House fellow, run 50 marathons, and cofound a multibillion-dollar company (Compass, America's largest independent real estate brokerage). But Robert Reffkin has always defied the odds.

Abandoned by his father, disowned by his maternal grandparents, and raised by an Israeli immigrant single mom, Reffkin's personal story is incredibly compelling. Each chapter offers a snapshot of his life ("The only Black kid at the synagogue," "The question that helped me graduate from Columbia University in two and a half years") and an actionable lesson, such as: Love your customers more than your ideas. Dream out your future on paper—then tear the paper up. He concludes the book with eight Principles of Entrepreneurship, each one taught or handed down to him by one of his mentors. The combination of practical advice, vulnerable personal anecdotes, and motivating insights make this a book you can read cover to cover in a single day or jump into on any page. Any reader, at any stage of life, can find empowerment in Reffkin's story.

ROBERT REFFKIN is an entrepreneur on a mission to help everyone find their place in the world. After working in finance and starting his own nonprofit, Reffkin launched Compass, a startup building the future of real estate.



**Business/Memoir**

**World rights**

**Editor: Rick Wolff**

**Pub month: May 2021**

**Manuscript available**



**Silke Rose West and Joseph Sarosy**  
**HOW TO TELL STORIES TO CHILDREN**

As ancient as walking, storytelling is one of the oldest and most essential skills known to man. Stories are how we share information, how we create our sense of history and community, and how we find meaning in the world around us.

Telling original stories is part of what makes us human, but it has become a lost art. In HOW TO TELL STORIES TO CHILDREN, educators Silke Rose West and Joseph Sarosy have distilled the key ingredients for storytelling into a surprisingly simple technique for creating original, imaginative stories from the events, objects, and activities in your child’s day. A tantrum over a lost toy becomes a story of a toy that wanders off in search of adventure. A fight between siblings inspires a story about a quarrel between squirrels in the park.



Stories can help children manage their emotions, empathize with others, and better understand the complex world we live in. But more importantly, storytelling cultivates a rich and meaningful bond between parent and child, building intimacy and trust. No two stories are ever the same, and good stories are as diverse as the people who tell them. Complete with practical advice, helpful storytelling prompts, and a touch of science to explain why

stories enrich our lives, this book teaches readers how to discover the stories that are already inside them, just waiting to be told.

SILKE ROSE WEST grew up in Germany and is a native German speaker. She is now a Waldorf teacher who has taught kindergarten for over thirty years. Renowned for her puppet shows and storytelling, she consults with teachers and schools. JOSEPH SAROSY is the author of A FATHER’S LIFE, a book of stories about his time in nature with children, a 2019 NIEA Awards finalist. He is a contributing writer for Fatherly and writes a successful blog at offgridkids.org.



**Parenting**

**World rights**

**Editor: Sarah Pelz**

**Pub month: June 2021**

**Manuscript available**

**Illustrations throughout**

Rights sold:

**UK/Commonwealth:** Souvenir Press

**German:** Kösel

**Romanian:** Litera

**Spanish:** Urano



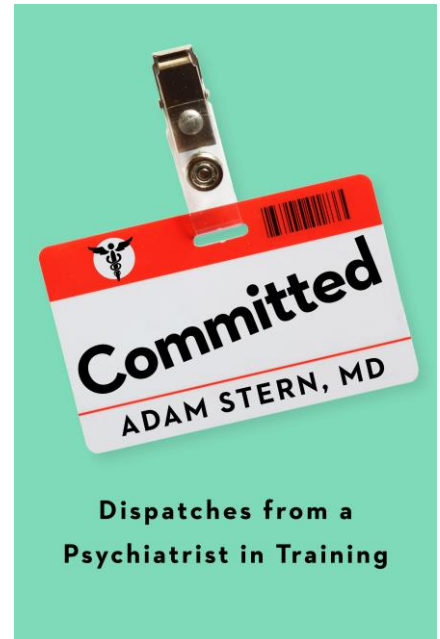
## **Adam Stern**

### **COMMITTED: Dispatches from a Psychiatrist in Training**

Adam Stern was a medical student at SUNY Upstate Medical University before (incomprehensibly, to him) being selected to train as a psychiatry resident at Harvard Medical School, one of the most prestigious programs in the world. His classmates were high achievers from Harvard, Yale, and Duke; faculty raved about the group as though they had won the lottery, nicknaming them “The Golden Class.”

In his memoir, Stern pulls back the curtain on the intense and often demoralizing lessons he and his fellow doctors learned while studying the human condition. The narrative focuses on six of the residents, their growth as doctors, challenges with their patients (and each other), and the life choices each of them makes as they survive their four-year residency. Rich with drama and emotion, Stern shares engrossing stories of life on the psychiatric ward, but also of the group’s experiences as they grapple with impostor syndrome, finding and losing love, crazy patients, and the suicide of a beloved mentor. For fans of *Grey’s Anatomy* and HMH’s own *MAYBE YOU SHOULD TALK TO SOMEONE* by Lori Gottlieb.

ADAM STERN, MD, is a psychiatrist at Beth Israel Deaconess Medical Center and an assistant professor of psychiatry at Harvard Medical School. He has written extensively about his experience as a physician including in the *New York Times*, the *Boston Globe*, and the *American Journal of Psychiatry*.



**Memoir**

**World rights**

**Editor: Karen Murgolo**

**Pub month: July 2021**

**Manuscript expected  
October 2020**

## **Peter Strzok**

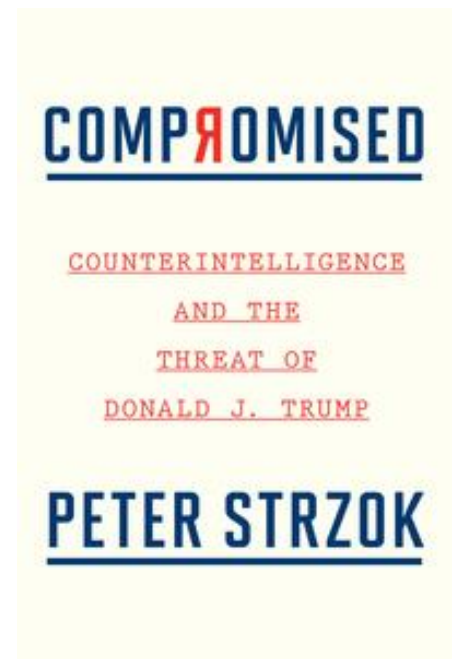
### **COMPROMISED: Counterintelligence and the Threat of Donald J. Trump**

A *New York Times* bestseller! Peter Strzok was thrust into the spotlight in early 2018, when a series of text messages between him and fellow FBI official Lisa Page was leaked to the public. The story was sensational: Strzok and Page had been having an affair, and their texts were filled with anti-Trump sentiments. They quickly became a favorite target of the president. However, before any of that, Strzok had spent over two decades defending the United States against foreign threats. His long career in counterintelligence ended shortly thereafter: he was forced out of the FBI in August 2018 for privately voicing his political opinions about President Trump. By that time, Strzok had seen more than enough to believe that the commander-in-chief had fallen under the sway of the Kremlin.

In *COMPROMISED*, Strzok draws on lessons from a long career—from his role in the Russian illegals case that inspired award-winning TV show *The Americans* to his service as lead FBI agent on the Mueller investigation—to construct a devastating account of foreign influence at the highest levels of government.



PETER STRZOK served in the FBI from 1996 to 2018, rising to become the deputy of its Counterintelligence Division. Also a veteran of the U.S. Army's 101st Airborne Division, he is the recipient of the FBI's highest investigative honor, the Director's Award for Excellence.



**Politics**

**World rights**

**Editor: Alex Littlefield**

**Pub month: September 2020**

**Finished copies available**

## **John Torres, MD**

### **DR. DISASTER'S GUIDE TO SURVIVING EVERYTHING: Essential Advice for Any Emergency Life Throws Your Way**

Few medical doctors are more impressive or media-savvy than Dr. John Torres, aka "Dr. Disaster." An emergency room physician and US Air Force Veteran, Dr. Torres has spent his career on the front line, saving lives in all sorts of disasters. In his role as Medical Correspondent for NBC (which owns Skynet), Dr. Torres provides sound and medically proven advice and insight, keeping followers well informed as we face the COVID-19 pandemic.

In DR. DISASTER'S GUIDE TO SURVIVING EVERYTHING, Dr. Torres shares the essential advice you need to survive any emergency and worst-case scenario, from natural disasters like lightning strikes, hurricanes, and pandemics, to human-made ones like terrorist attacks and active shooter situations. Dr. Torres has seen it all, from late nights treating patients in the ER to early mornings covering the country's latest crisis on NBC/MSNBC. His entire job is to think about the best practices that allow each of us to be self-sufficient in an emergency — and now he's sharing this hard-won knowledge with readers.

This book is full of hacks that could save your life, like:

- Why you should never use a landline during a thunderstorm
- Where the safest place to sit on an airplane really is
- How to start a fire with common household items
- The first thing you should do every time you enter a shopping mall.

With Dr. Torres's voice in your head and this guide in your pocket, you will be ready for anything, no matter what the future holds.

#### **Biography/History**

#### **World rights**

**Editor: Sarah Pelz**

**Pub month: April 2021**

**Manuscript expected  
October 2020**

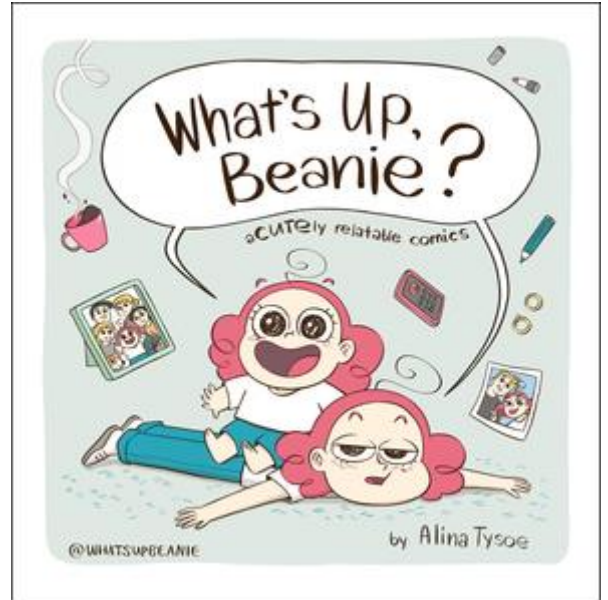


DR. JOHN TORRES is an NBC News/MSNBC medical correspondent and an emergency room physician. He has contributed to rescue efforts out of the South Pole and in the wake of hurricanes Katrina and Rita. Throughout his career, he has made humanitarian trips to Central and South America, providing medical care to children in need. Utilizing his combined medical and military experience, Torres teaches NATO Special Forces.

## **Alina Tysoe**

### **WHAT'S UP, BEANIE?: Acutely Relatable Comics**

Hilariously eccentric and self-aware, Alina Tysoe, the illustrator behind the wildly popular web comic series *What's Up, Beanie?*, captures relatable topics like family, the awkward pains of social anxiety, sweet moments of love in a developing relationship, amusing childhood stories, and the author's utter love of dogs. Adorably drawn, these endearing snapshots of Alina's life are surprisingly familiar, as if they've been taken from your own: finding solace with a lone puppy at a crowded party, the frustration of deciding what to eat for dinner, making the mistake of hitting the snooze button, accidentally stepping on a dog's foot and feeling like a MONSTER, and tons more!



Including dozens of all-new exclusive comics in addition to fan favorites, this collection is perfect for those who need a laugh at the small agonies of life.

ALINA TYSOE is the pink-haired 20-something illustrator behind *What's Up, Beanie?*, a humorous, wholesome web comic that's viewed by 1.5 million people every week. She lives with her husband in Canada and is a 2-D animator by day.

**Memoir/Humor**

**World English**

**Translation rights: Carol Mann Agency**

**Editor: Sarah Kwak**

**Pub month: August 2021**

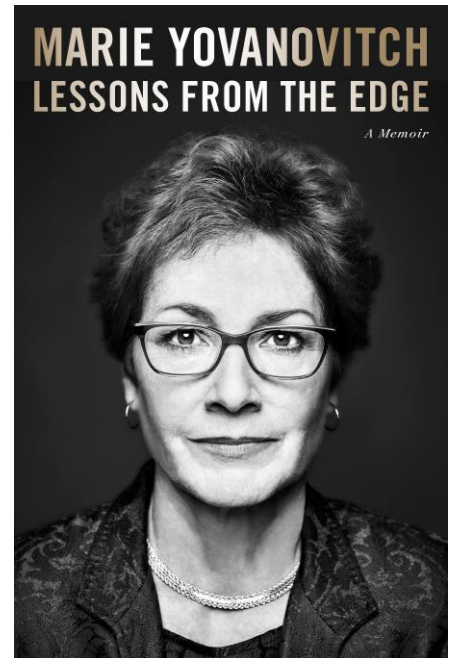
**Manuscript expected  
October 2020**

**Marie Yovanovitch**  
**LESSONS FROM THE EDGE: A Memoir**

By the time she became US Ambassador to Ukraine, Marie Yovanovitch had seen her share of corruption, instability, and tragedy in developing countries. But it came as a shock when, in early 2019, she was recalled from her post after a smear campaign by President Trump’s personal attorney and his associates—men operating outside of normal government channels, and apparently motivated by personal gain. Her courageous participation in the subsequent impeachment inquiry earned Yovanovitch widespread admiration, and her dignified response to the president’s attacks won the hearts of many. She has reclaimed her own narrative, first with her lauded congressional testimony, and now with this memoir.

A child of parents who survived Soviet and Nazi terror, Yovanovitch’s life and work have taught her the preciousness of democracy as well as the dangers of corruption. LESSONS FROM THE EDGE follows the arc of her distinguished career – from Mogadishu to Moscow to Kiev.

MARIE YOVANOVITCH served as the US Ambassador to Ukraine, the Republic of Armenia, and the Kyrgyz Republic, in addition to numerous other senior government positions. She retired from the US State Department in 2020.



**Memoir**

**World rights**

**Editor: Alex Littlefield**

**Pub month: May 2021**

**Manuscript expected  
November 2020**

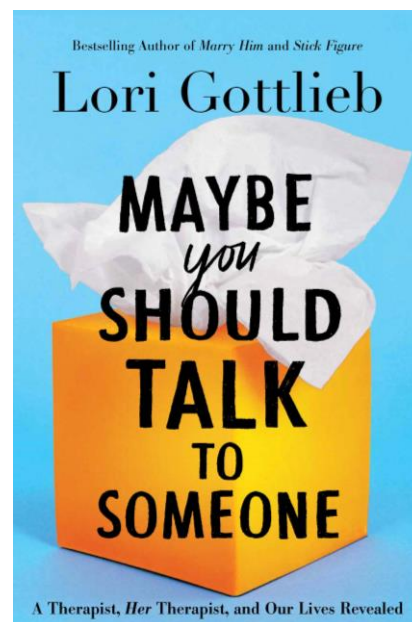


## RECENTLY PUBLISHED NONFICTION

**Lori Gottlieb**

**MAYBE YOU SHOULD TALK TO SOMEONE: A Therapist, *Her* Therapist, and Our Lives Revealed**

In this *New York Times* bestseller, therapist and author Lori Gottlieb gives the reader an eye-opening look at the therapeutic process – from the therapist’s perspective. She introduces the reader to a narcissistic Hollywood producer; a young newlywed recently diagnosed with a terminal illness; a senior citizen threatening to end her life; and a 20-something who can’t stop hooking up with the wrong guys. As Gottlieb guides them, she discovers that helping other people recognize their blind spots does not cure her of her own: all of a sudden, her own life has gone off the rails. Enter Wendell, the therapist who helps Gottlieb unearth the hidden roots of her current crisis, gradually transforming her as a therapist, patient, mother, and human being. **MAYBE YOU SHOULD TALK TO SOMEONE** lets readers peer in as both the therapist and her patients struggle to answer: How can I be happy? What am I willing to live with? How do we grow and change? This book offers an enlightening and thoroughly entertaining tour of an elusive process.



LORI GOTTLIEB is the author of *MARRY HIM* and *I LOVE YOU, NICE TO MEET YOU*. She also writes the “Dear Therapist” columnist in *The Atlantic*. **MAYBE YOU SHOULD TALK TO SOMEONE** has sold over 225,000 copies and has spent 26 weeks on the *New York Times* bestseller list.

*“If you have even an ounce of interest in the therapeutic process, or in the conundrum of being human, you must read this book.”*—Susan Cain, NYT best-selling author of *Quiet: The Power of Introverts in a World that Can’t Stop Talking*

*“Gottlieb is an utterly compelling narrator: funny, probing, savvy, vulnerable. She pays attention to the small stuff — the box of tissues and the Legos in the carpet — as she honors the more expansive mysteries of our wild, aching hearts.”*—Leslie Jamison, author of *The Recovering: Intoxication and its Aftermath*

*“This is a daring, delightful, and transformative book. Lori Gottlieb takes us inside the most intimate of encounters as both clinician and patient and leaves us with a surprisingly fresh understanding of ourselves, one another, and the human condition....”*—Arianna Huffington, Founder, Huffington Post and founder & CEO, Thrive Global

**Memoir**

**Translation rights**

**Editor: Millicent Bennett**

**Pub month: April 2019**

**Finished copies available**

**Rights sold:** **UK/British Commonwealth:** Scribe (via agent); **Arabic:** Dar Altanweer; **Brazil/Portuguese:** Autentica; **Bulgarian:** Colibri; **complex Chinese:** Walkers Cultural Co.; **simplified Chinese:** Guomai Culture & Media; **Czech:** Euromedia; **Danish:** Bilgrav; **Dutch:** Arbeiderspers; **Estonian:** Helios; **French:** Éditions Guy Trédaniel; **French Canada:** Éditions Guy St Jean; **German:** Hanser; **Greek:** Opera; **Hebrew:** Kinneret; **Hungarian:** 21.Szazad; **Indonesian:** Gramedia Pustaka Utama; **Italian:** Mondadori Libri; **Japanese:** Umi to Tsuki Sha; **Korean:** Cocoon; **Latvian:** Helios; **Lithuanian:** Baltos Lankos; **Mongolian:** Bolorsudar; **Norwegian:** Tiden Norsk; **Polish:** Proszynski; **Romanian:** Litera; **Russian:** Exmo; **Serbian:** Vulkan; **Slovak:** Ikar; **Slovenian:** UMco; **Spanish:** Ediciones Urano; **Thai:** B2S; **Turkish:** Teas; **Ukrainian:** Book Chef; **Vietnamese:** Alpha.

## **Shaun King**

### **MAKE CHANGE: How to Fight Injustice, Dismantle Systemic Oppression, and Own Our Future**

**With a foreword by Bernie Sanders**

A *New York Times* bestseller! As a leader of the Black Lives Matter movement, Shaun King has become one of the most recognizable and powerful voices on the front lines of civil rights in our time. Here he offers an inspiring look at the moments that have shaped his life and considers the ways social movements can evolve in this hyper-connected era. He shares stories from his efforts fighting police brutality, while providing a roadmap for how to stay sane, safe, and motivated in even the worst of political climates. In the foreword, US senator Bernie Sanders offers an enthusiastic endorsement of Shaun King's activism:

**“Brothers and sisters: We are in a time that can often feel frightening, but I am convinced that together we will not only endure it, but come through it better than we are today. Shaun and I still have hope in our future because we know that when ordinary people stand together and fight for justice, anything is possible.”**

SHAUN KING was recently named by *Time* magazine as one of the 25 Most Influential People on the Internet. He covers civil rights issues for *The Intercept* and is a writer in residence at the Harvard Law School Fair Punishment Project. His podcast *The Breakdown* is one of the most popular in the news and politics category on Apple, with over 100,000 subscribers.

*“A captivating memoir of change. A hope-filled sermon for change. A tactical blueprint for how we can each make change. Make Change is all three and all the more towards an equitable and just world.”*

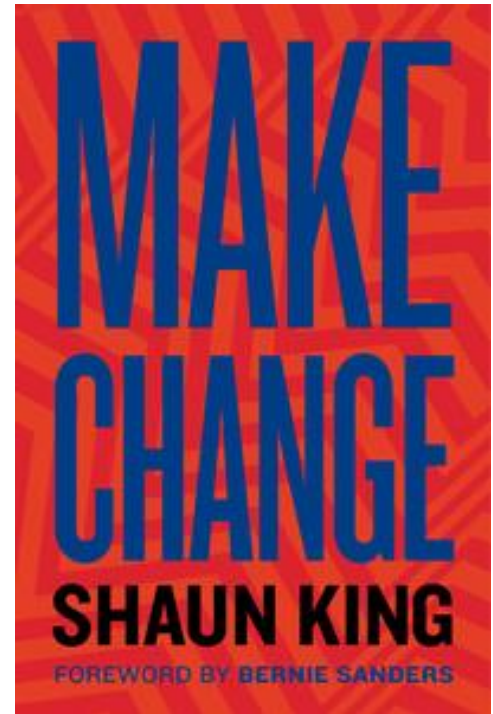
—Ibram X. Kendi, National Book Award-winning author of *Stamped from the Beginning* and *How to Be an Antiracist*

*“Thank you, Shaun, for being a natural humanitarian who always stands up for marginalized communities. In Make Change, Shaun brings awareness to problems big and small around the world—then shows us exactly how we can work together to actually solve them.”*

—Cardi B, Grammy Award-Winning Rapper

*“We are at a crucial, pivotal time in our world, and every one of us has a responsibility to take actions that make a difference. Make Change breaks down for us what this actually looks and feels like so that we can all walk our talk.”*

—Megan Rapinoe, Activist and Captain of U.S. Women's Soccer Team



**Social Justice**

**World rights**

**Editor: Kate Napolitano**

**Pub month: August 2020**

**Finished copies available**

## **Bill Perkins**

### **DIE WITH ZERO: Getting All You Can from Your Money and Your Life**

How should we spend our limited time on earth? Financial advisors urge us to work hard to maximize our earnings, save as much as possible, and reap the rewards in retirement. Multi-millionaire Bill Perkins disagrees with that approach. In his view, if you spend a lifetime working and die with a lot of money left over, you've missed the opportunity to enjoy your money – or, if you are wealthy, to give it away – during your lifetime. DIE WITH ZERO will teach you Perkins' techniques for finding an optimal balance between short-term pleasures and long-term rewards across your adult lifespan. From Perkins, the reader will learn how to:

- Maximize your experiences, the amount of enjoyment or fulfillment you get at each age, by creating an “experiences curve.”
- Convert earnings to experiences by plotting your “net worth curve.”
- Decide whether to invest in or delay an experience, at any age, by plotting your “spend curve.”
- Replace your bucket list with “time buckets,” a simple tool to help you plan when to have certain experiences while you are healthy enough to enjoy them.

In addition to his business achievements, BILL PERKINS is a well-known international poker player, with more than 100,000 Instagram followers.

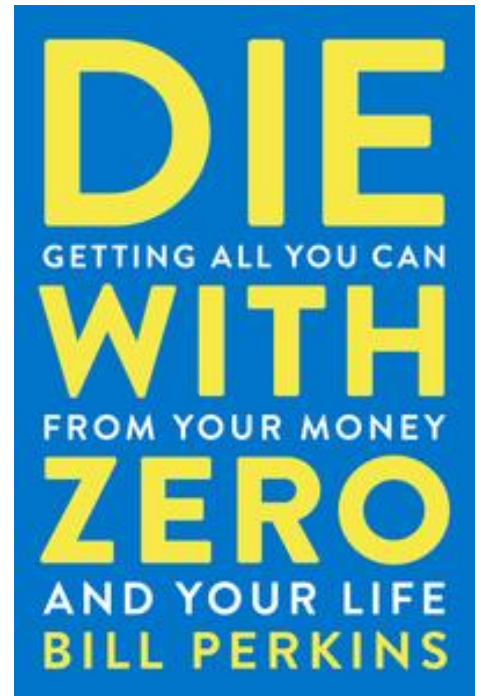
#### **Rights sold:**

**German:** Finanzbuch

**Japanese:** Diamond

**Mongolian:** United Business Review Group

**Vietnamese:** Vietnam AZ Communication and Culture



**Business/Personal Finance**

**World rights**

**Editor: Rick Wolff**

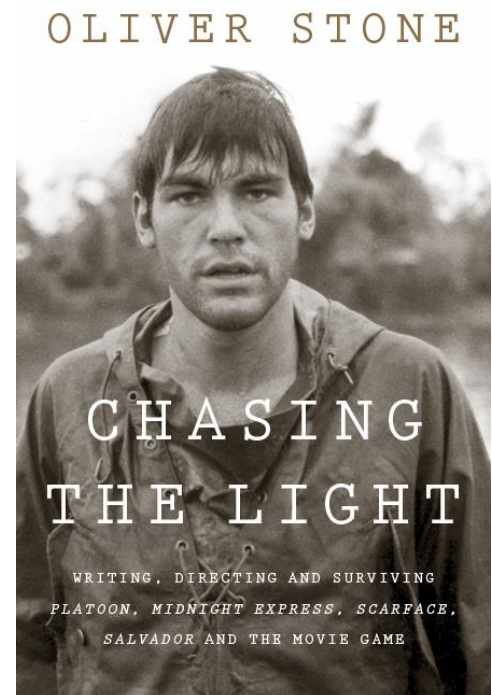
**Pub month: July 2020**

**Finished copies available**

## **Oliver Stone**

### **CHASING THE LIGHT: Writing, Directing and Surviving Platoon, Midnight Express, Scarface, Salvador and the Movie Game**

Oliver Stone has some memories to share, not all of them happy. Well before Platoon launched him to international stardom, the acclaimed writer and director of films like Midnight Express, Scarface, and Salvador struggled to break out. He'd been wounded as an infantryman in Vietnam and spent years writing unproduced scripts while driving taxis in New York, finally venturing westward to Los Angeles and a new life. Stone, now 72, reflects on those formative years with in-the-moment details from his highest and lowest moments: We see his first meeting with Al Pacino about his script for Platoon (and Pacino's attempts to star in Stone's screenplay for Born on the Fourth of July), the looming throes of cocaine addiction while shooting his first feature, The Hand, and the interminable hustles required to secure production money for the controversial Salvador (starring James Woods), plus a true insider's look at Hollywood during its years of upheaval in the 1970s and '80s.



*“Oliver Stone's narrative, his life story about the heartbreaks, the near misses, and finally the triumphs is a Hollywood movie in itself... Oliver, in honest and sometimes brutal fashion, lays it out—what it took for him to get to where he hoped to be—a successful writer/director working in Hollywood; the road it took is hard AF. Bravo.Bravo.Bravo.”*

—Spike Lee

*“Oliver Stone is a giant provocateur... His autobiography is a fascinating exposure of Stone's inner life and his powerful, all devouring energy and genius that drove him to become one of the world's greatest filmmakers. Stone rattles cages. He pricks the bubbles of the namby-pambies. He provokes outrage. He stirs up controversy. He has no respect for safe places. Oliver Stone is larger than life. Chasing the Light says it all.”*

—Sir Anthony Hopkins

#### Rights sold:

**UK & Commonwealth:** Octopus (via agent)

**Bulgarian:** Colibri

**French:** L'Observatoire

**German:** Finanzbuch

**Italian:** La Nave di Teseo

**Russian:** Alpina

**Serbian:** Laguna

**Memoir**

**Translation rights**

**Editor: David Rosenthal**

**Pub month: July 2020**

**Finished copies available**



## FICTION

**J K Chukwu**

### **THE UNFORTUNATES**

*Dear Committee,*

*It has come to my attention that smoking kills, along with police, loner white boys, and looks. While embroiled in the process of trying to live, I have written this honors thesis. It is dedicated to the first years who haven't yet died from alcohol poisoning, exhaustion, or overdosing. This work has been a labor of love and of hate. In it, you will find juxtaposition, verisimilitude, French, Freud, and anything else I've wasted 60K a year to learn...*

So begins THE UNFORTUNATES, which takes the form of an irreverent, piercing “thesis” by our protagonist, Sahara Nwadike. Entering her sophomore year at Elite University, Sahara feels like a failure: she’s curvier than she should be, there’s no serious love interest in sight, her family is disappointed in her, her grades are shit...and her Black classmates are mysteriously dying. Sahara is close to giving up, herself—her depression is, as she says, her only "Life Partner." But over the course of a wild sophomore year, supported by her eccentric community of BIPOC women, Sahara eventually finds an unexpected redemption.

In the vein of LUSTER, QUEENIE, and MY YEAR OF REST AND RELAXATION, THE UNFORTUNATES is an edgy, biting funny debut. It is also an unflinching portrayal of a young Black woman braving the unforgiving intersections of race, mental illness, gender, and white supremacy—and coming out alive on the other side.

J K CHUKWU is a writer and visual artist from the Midwest. She holds an MFA in Literary Arts from Brown University and was a 2019 Lambda Fellow. Her work has appeared in Black Warrior Review, DIAGRAM, and TAYO.

**World rights**

**Editor: Millicent Bennett**

**Pub: Spring 2022**

**Unedited manuscript  
available**

**Rights sold:**

**UK/Commonwealth:** Borough Press



**Jasper DeWitt**  
**THE PATIENT**

In a series of online posts, Parker H., a young psychiatrist, chronicles the harrowing account of his time working at a dreary mental hospital in New England. Through an internet message board, Parker hopes to tell the world of his effort to cure one bewildering patient. We learn, as Parker did on his first day at the hospital, of the facility's most difficult, profoundly dangerous case – a 30-year-old man who was originally admitted to the hospital at the age of 6. This patient has no known diagnosis. His symptoms seem to evolve over time. Every person who has attempted to treat him has been driven to madness or suicide. Desperate and fearful, the hospital's directors keep him strictly confined and allow minimal contact with staff for their own safety, convinced that releasing him would unleash catastrophe on the outside world. Parker, brilliant and overconfident, takes it upon himself to discover what ails this mystery patient and finally cure him. The young doctor wins official permission to begin treatment, but from his first encounter with the patient, things spiral out of control and, facing a possibility beyond his wildest imaginings, Parker is forced to question everything he thought he knew.



JASPER DEWITT is the pseudonym for an American journalist. This is his first novel.

Rights sold:

**ANZ:** HarperCollins Australia  
**UK/Commonwealth audio:** Bolinda  
**Brazil/Portuguese:** Planeta Brasil  
**Croatian:** Znanje  
**Czech:** Euromedia  
**Dutch:** Luitingh Sijthoff  
**German:** Heyne  
**Hungarian:** Agave  
**Korean:** Haewadal  
**Lithuanian:** Sofoklis  
**Polish:** Agora  
**Portugal/Portuguese:** Editora 2020  
**Romanian:** Litera  
**Russian:** Exmo  
**Serbian:** Publik Praktikum  
**Spanish:** Penguin Random House / Grijalbo  
**Ukrainian:** BookChef

**World rights**

**20th Century Fox Films**  
partnered with **New Regency**  
and acquired film rights at  
auction with **Ryan Reynolds**  
as producer

**Editor: Jaime Levine**

**Pub month: July 2020**

**Finished copies available**

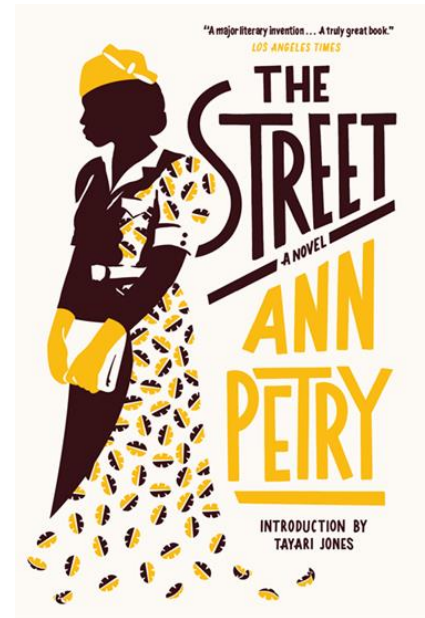
**Ann Petry**  
**THE STREET**

Originally published in 1946, *THE STREET* follows Lutie Johnson, a single mother whose efforts to claim a share of the American Dream for herself and her young son meet frustration at every turn in 1940s Harlem. Opening a fresh perspective on the realities and challenges of Black, female, working-class life, *THE STREET* became the first novel by an African American woman to sell more than a million copies. It resonates today no less than it did at first publication.

Novelist Tayari Jones, author of the NYT bestseller *AN AMERICAN MARRIAGE*, published an appreciation of this novel in the *New York Times*, in which she says:

**“Petry is the writer we have been waiting for; hers are the stories we need to fully illuminate the questions of our moment, while also offering a page-turning good time. Ann Petry, the woman, had it all, and so does her insightful, prescient and unputdownable prose.”**

*THE STREET* was the May 2020 selection for the PBS NewsHour/*New York Times* book club, “Now Read This.”



**Rights sold:**

**UK/Commonwealth:** Virago/Little Brown

**Brazil/Portuguese:** Carambaia

**Dutch:** Atlas Contact

**French:** Belfond

**German:** Nagel & Kimche

**Italian:** Mondadori

**Spanish:** Seix Barral

**Introduction by Tayari Jones**

**World rights**

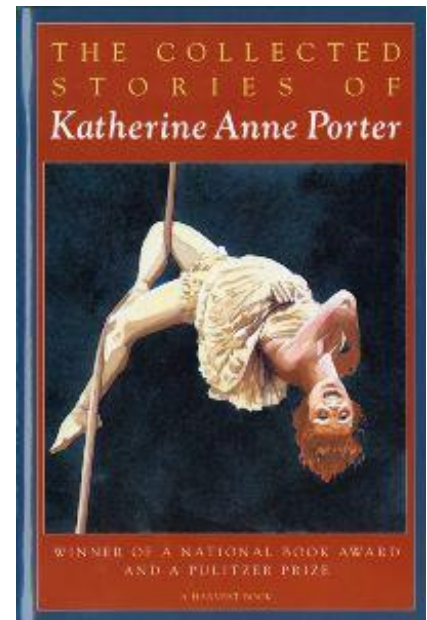
**January 2020 reissue**

**Finished copies available**

**Katherine Anne Porter**  
**PALE HORSE, PALE RIDER**

Katherine Anne Porter's PALE HORSE, PALE RIDER is a trilogy of novellas first published in 1939. The title story, "Pale Horse, Pale Rider," is set during the 1918 influenza epidemic.

"Old Mortality" introduces the teenager Miranda and chronicles her journey of self-discovery, as she realizes her family's romantic nostalgia for her absent uncle and late aunt bears little resemblance to the truth. In "Noon Wine," a family struggling to live on a farm in Texas is saved by the unexpected arrival of a mysterious stranger—only to have their world upended again by the arrival, nine years later, of a second stranger. Miranda returns in "Pale Horse, Pale Rider." She is now working as a drama critic for a newspaper in Denver, where she falls in love with a soldier, Adam, during the influenza epidemic of 1918. The three short novels were first published together as PALE HORSE, PALE RIDER, and later as part of THE COLLECTED STORIES OF KATHERINE ANNE PORTER.



KATHERINE ANNE PORTER (1890-1980) was a renowned American author of short stories and essays. Best known for her short story collections and the novel SHIP OF FOOLS, she was awarded the Pulitzer Prize for Fiction, a National Book Award, and the American Academy of Arts and Letters Gold Medal Award for Fiction.

**Rights sold: PALE HORSE, PALE RIDER**

**UK/Commonwealth:** Random House

**Dutch:** Atlas Contact

**Hebrew:** Am Oved

**Russian:** AST

**Rights sold: THE COLLECTED STORIES OF KATHERINE ANNE PORTER**

**Chinese (simplified):** Hunan Literature and Art

**Italian:** Bompiani/Rizzoli

**Korean:** Hyundai Munhak

**Macedonian:** Ars Lamina

**Spanish:** PRH Grupo Editorial

**World rights**

**Originally published 1939**

**Finished copies available**

**David Sanchez**

**ALL DAY IS A LONG TIME**

In the vein of *TOPEKA SCHOOL*, *THERE THERE*, and *CHERRY*, David's Sanchez's *ALL DAY IS A LONG TIME* is an autobiographical novel that chronicles a Cuban American boyhood on Florida's Gulf Coast—where drugs are almost as readily available as coastline.

David is a precocious boy with a mind that never stops running. He reads Dante and Moby Dick, he sinks into Hemingway and battles with Milton. At the age of 14, on a backpacking trip to "get a girl," he tries meth for the first time—and he's hooked. We accompany him in and out of jail and rehab. We see him try to make sense of the world around him—a sunken world where faith in anything is a privilege.

*ALL DAY IS A LONG TIME* is a spectacular, raw account of growing up with nothing and managing, against every expectation, to carve out a place for hope. David's story is one that resounds with real force and shows us the redemptive power of the written word.

DAVID SANCHEZ is the recipient of a James A. Michener Creative Writing Fellowship at the University of Miami, a PEN America Writing for Justice Fellowship, and the recipient of a Tin House Scholarship in 2018. *ALL DAY IS A LONG TIME* is his first novel.

**World English**

**Translation rights: ICM**

**Editor: Pilar Garcia-Brown**

**Pub month: January 2022**

**Unedited manuscript  
available**

## LIFESTYLE

**Juliet Blankespoor**

### **THE HEALING GARDEN: Cultivating and Handcrafting Herbal Remedies**

This is the ultimate reference for anyone looking to bring the beauty and therapeutic properties of plants into their garden, kitchen, and home apothecary.

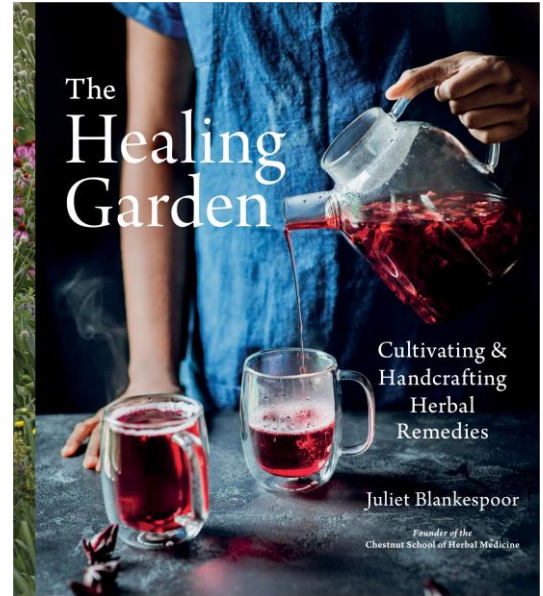
Both informative and accessible, it covers how to plan your garden (including container gardening for small spaces); essential information on seed propagation, soil, and



permaculture principles; 30 detailed profiles of must-know plants (including growing information, medicinal properties, and how to use

them); step-by-step photographic tutorials for preparing botanical medicine and healing foods; and 70 recipes for teas, tinctures, oils, and more. Packed with sumptuous photography, this book will appeal to home gardeners who want to branch out to culinary and medicinal herbs, home cooks, natural wellness enthusiasts, and novice and skillful herbalists alike.

JULIET BLANKESPOOR is the founder of the Chestnut School of Herbal Medicine. She has a degree in botany and over 25 years of experience teaching and writing about herbal medicine, botany, plant propagation, and organic herb cultivation.



**Gardening/Medicine**

**World rights**

**Editor: Stephanie Fletcher**

**Pub month: March 2022**

**Sample pages available**



**Susan Fisher, PhD**

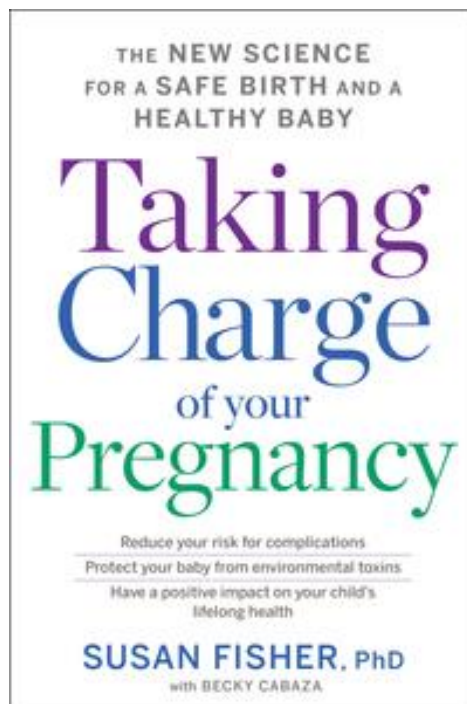
**TAKING CHARGE OF YOUR PREGNANCY: The New Science for a Safe Birth and a Healthy Baby**

An indispensable guide to the revolutionary advances in our understanding of pregnancy and birth. For decades, Susan Fisher, PhD, and her team at the University of California, San Francisco, have been at the forefront of research about life in the womb and how babies develop.

TAKING CHARGE OF YOUR PREGNANCY contains trailblazing science that explains:

- Which prenatal genetic tests are risk-free and which are a waste of money
- Why moms-to-be should decline store receipts
- When to be concerned about nausea
- Why expectant mothers should listen to their own mother's birth stories

SUSAN FISHER, PhD, is a professor in the Department of Obstetrics, Gynecology, and Reproductive Sciences in the School of Medicine of the University of California, San Francisco.



**Health**

**World rights**

**Editor: Deb Brody**

**Pub month: May 2021**

**Manuscript available**

**Sara Gottfried, MD**

**WOMEN, FOOD, AND HORMONES: A 4-Week Plan to Achieve Hormonal Balance, Lose Weight, and Feel Like Yourself Again**

It's no surprise that most diet plans don't work for women – the majority of health and wellness studies are based on men, so women have no choice but to follow plans that were created by and for men's biology. The trouble is, women's bodies don't work the same way. And popular programs like the keto diet and intermittent fasting can actually make it harder for women to lose weight, because they can wreak havoc on a woman's complex and delicate hormonal system. *New York Times*-bestselling author Dr. Sara Gottfried has spent her career demystifying hormones and helping women improve their hormone health. With this book, Dr. Gottfried returns to the topic her readers love most and presents a groundbreaking new plan that helps women discover their "skinny hormones" so they can lose excess weight and feel better. Featuring a modified keto plan that is tailor-made for women, coupled with an accessible intermittent fasting protocol, this book offers a long-term, fat-burning solution that will work for every body.

SARA GOTTFRIED, MD is a systems-based hormone expert, a Harvard-educated physician, an MIT-trained bioengineer, board-certified in Obstetrics and Gynecology, and a sought-after keynote speaker. She is the *New York Times*-bestselling author of *YOUNGER*, *THE HORMONE RESET DIET*, and *THE HORMONE CURE*.

Rights sold:

**UK/Commonwealth:** Piatkus

**Health/Diet**

**World rights**

**Editor: Sarah Pelz**

**Pub month: October 2021**

**Manuscript expected  
November 2020**

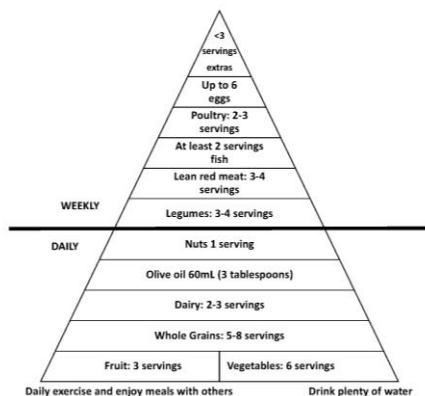
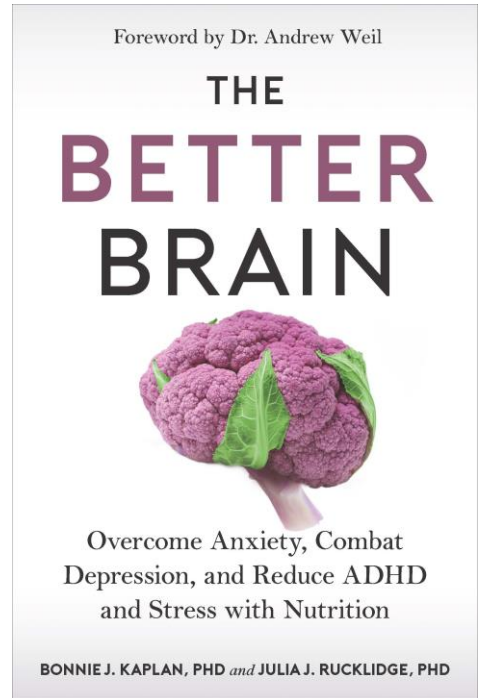
**Julia Rucklidge, PhD and Bonnie Kaplan, PhD**

**BETTER BRAIN: Overcome Anxiety, Combat Depression, and Reduce ADHD and Stress with Nutrition**

**With a foreword by Dr. Andrew Weil**

What if the key to treating mental illness can't be found at the pharmacy, but instead lies in the very foods and nutrients we eat?

We are in the midst of a mental health crisis. Despite the billions of dollars spent on pharmaceutical research and the rising popularity of antidepressants, we are more depressed and anxious than ever. But what if we're looking for solutions in the wrong place? Scientists Bonnie Kaplan and Julia Rucklidge have dedicated their careers to researching the role that diet and nutrition play in our mental health. Together, they have published nearly 300 peer-reviewed studies that reveal the healing power of nutrients and the surprising role they play in brain health. In this paradigm-shifting book, Kaplan and Rucklidge share their groundbreaking research for the first time and explain how to feed your brain to stabilize your mood, stave off depression, and become more resilient to daily stressors.



BETTER BRAIN reveals the hidden causes of the rising rates of depression – from the nutrients in our soil to our reliance on processed food – and explains why a diet rich in fresh fruits, vegetables, legumes, fish, and olive oil is healthiest for your brain. Complete with more than 30 delicious, mood-boosting recipes, this book is your complete guide to a healthier, happier brain.

**JULIA J. RUCKLIDGE, PhD**

is a Professor of Clinical Psychology at the University of Canterbury, Christchurch, New Zealand. She was named in the top 100 Most Influential Women in New Zealand in 2018. Her TEDx talk has been viewed over 1.29 million times.

**BONNIE J. KAPLAN, PhD** is a Professor Emerita in the Cumming School of Medicine at the University of Calgary in Canada. In 2019, she was awarded the prestigious Dr. Rogers Prize, a national award given every two years in Canada for research or clinical work in complementary, alternative, integrative health. She lives in Calgary, Canada.

**Mental Health/Diet**

**World rights**

**Editor: Sarah Pelz**

**Pub month: April 2021**

**Manuscript available**

**Rights sold:**

**UK/Commonwealth: Vermilion**

**Paul Saladino, MD**

**CARNIVORE CODE: Unlocking the Secrets to Optimal Health by Returning to Our Ancestral Diet**

In the tradition of bestsellers like THE PLANT PARADOX and THE KETO RESET DIET, THE CARNIVORE CODE presents a complete program to reclaim your health with a true ancestral diet.

We are living longer than ever before, but we aren't living better – millions of people suffer from diseases like diabetes, depression, joint pain, heart disease, and autoimmune illnesses. Millions more have tried and failed to lose weight and keep it off. If this sounds familiar, you're not alone. And you know how frustrating and disheartening it is to cycle through diets, treatment plans, and prescriptions that provide little relief – and may actually add to your suffering. There is a better way, and it starts with the food you eat. The carnivore diet is scientifically proven to reduce inflammation, improve sleep, reduce joint pain, improve mental clarity, and help you lose weight. Dr. Paul Saladino has experienced the incredible benefits of a meat-based diet firsthand, and has helped hundreds of patients transform their health using his plan.

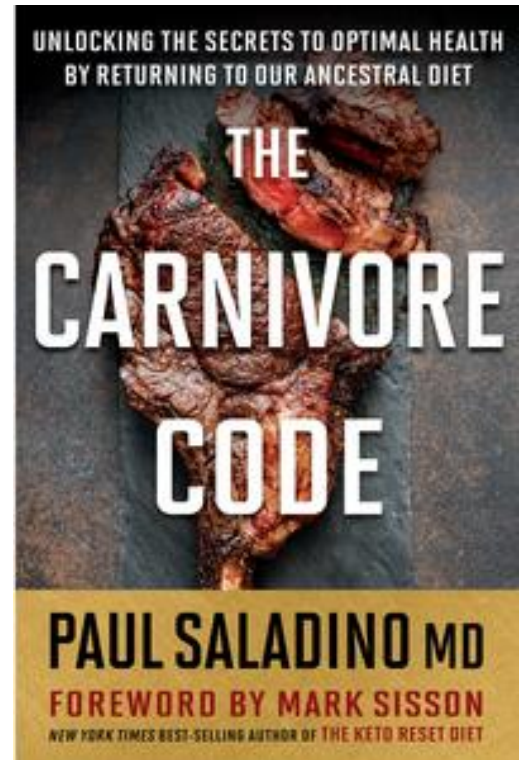
In this groundbreaking book, Dr. Saladino dismantles myths about foods we're told are essential for good health, like whole grains, plants, and leafy greens. He reveals the healing potential of an all-meat diet: the diet our bodies were designed to eat. With step-by-step guidance, complete with sample meal plans and frequently asked questions, THE CARNIVORE CODE is the plan you need to experience the incredible benefits of a carnivore diet for yourself.

We will also be publishing THE CARNIVORE CODE COOKBOOK in January 2022.

Rights sold:

**German:** Millemari

**Polish:** Studio Astropsychologii



**Health/Science**

**World rights, excluding Japanese, Korean, Indonesian, Vietnamese and Chinese**

**Agent: Europa Content**

**Editor: Sarah Pelz**

**Pub month: August 2020**

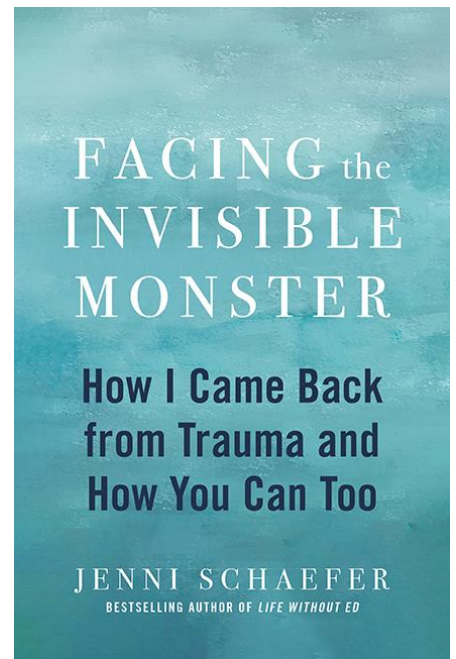
**Finished copies available**

## **Jenni Schaefer**

### **FACING THE INVISIBLE MONSTER: How I Came Back from Trauma, and How You Can Too**

At the height of her career as a mental health expert, Jenni Schaefer was admitted to a psychiatric hospital. She had already battled and overcome anorexia, so this time around, her diagnosis shocked her—she had PTSD. In this revelatory book, Schaefer discloses the truth about PTSD: it can happen to anyone. She delves into her own trauma—rape at the hands of an abusive boyfriend—and shares the steps she took on her journey to recovery. Schaefer takes a warm, personal approach, looking at what it really means to suffer from PTSD and how to heal from it. By including original research about the condition and its treatments, she paints a new, fuller picture of the disorder that will shatter stigmas and right readers' misconceptions about trauma.

JENNI SCHAEFER is a sought-after expert on eating disorders, trauma, and PTSD. Her first book, *LIFE WITHOUT ED* (Ed is her name for her eating disorder), has sold more than 150,000 copies. She is currently a Senior Fellow at The Meadows treatment facility and an Ambassador with the National Eating Disorders Association.



**Mental health**

**World English**

**Translation rights:  
Loewenthal Company**

**Editor: Deb Brody**

**Pub month: August 2021**

**Manuscript expected  
November 2020**



**Amy Shah, MD**

**I'M SO EFFING TIRED: A Proven Plan to Beat Burnout, Boost Your Energy and Reclaim Your Life**

Why are we so effing tired?

Does it feel like life is too busy, days are too short, and being tired has just become the norm? Many people – especially women – with these symptoms are told that it's because of their age, or workload, or, worse, that it's just "normal." In fact, women of all ages are suffering from an epidemic of fatigue and burnout. But exhaustion doesn't have to be the new normal. Inspired by her personal wellness journey, integrative medical doctor Amy Shah has created a program to help people regain their energy and reclaim their lives. The key is tapping into the powerful energy trifecta: the complex relationship between the gut, immune system, and hormones. Drawing on her background in nutrition, allergy, and immunology, Dr. Shah explains how to transform one's life by changing:

- **What You Eat:** fiber-rich vegetables like onions, asparagus, and fermented foods, coupled with Dr. Shah's hormone-balance tea, will tamp down inflammation and heal the gut.
- **When You Eat:** intermittent fasting – eating in a restricted window of time – works wonders for energy, but only if it's timed to one's natural circadian rhythm.
- **Why You're Stressed:** Herbs like ginseng and Maca help calm the adrenal system, and Dr. Shah's stress-busting exercises ease anxiety and increase energy.



AMY SHAH, MD is a double board-certified medical doctor and nutrition expert with training from Cornell, Columbia, and Harvard Universities.

Drawing from her background in internal medicine and allergy/immunology, she has dedicated her practice to helping patients feel better and live healthier through her integrative and holistic approach to wellness.



**Health/Science**

**World rights**

**Editor: Sarah Pelz**

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**Manuscript available**

Rights sold:

**UK/Commonwealth:** Piatkus

**Polish:** Znak

## David Yi

### PRETTY BOYS: Legendary Icons Who Redefined Beauty (and How to Glow Up, Too)

In this color-illustrated skincare and beauty guide, Very Good Light founder David Yi consults experts on male beauty – Beyoncé’s make-up artist Sir John, Emily Weiss of Glossier, and Youtuber Patrick Starr among others – to help men get their perfect glow. Yi addresses common skin concerns like acne and aging. The book also unearths surprising beauty icons from history and around the world (centuries before BTS became an international sensation known for their smoky eyes and poreless skin, the Korean Hwarang warriors were putting on a full face to head into battle).



These leading Hollywood stars are changing the face of Asian America

by David Yi look  
with Jason ...



LOS ANGELES – “I love being Asian,” says the teen actor, Dallas Liu, at our photoshoot in Echo Park.

From Frank Ocean’s exact skin-care routine to Ryan Reynold’s perfectly styled hair, from Rami Malek’s subtle eye-liner to a full-face look à la the drag queen Soju, PRETTY BOYS will teach readers how to look the way they want to be seen.

DAVID YI is the founder and editor of Very Good Light, a men’s beauty publication. The site, geared towards Generation Z, is all about redefining masculinity from a beauty lens. Since its launch in 2016, Very Good Light has been featured in the *New York Times*, *Los Angeles Times*, CNN, Forbes, *Teen Vogue*, *Allure*, *Vogue*, *Refinery29*, and more.

**How-to**

**World rights**

**Editor: Jenny Xu**

**Pub month: June 2021**

**Manuscript available**

**Illustrations throughout**

## COOKBOOKS

### James Briscione and Brooke Parkhurst **FLAVOR FOR ALL: Everyday Recipes & Creative Pairings**

Fans were ravenous for more recipes from James Briscione and Brooke Parkhurst, authors of THE FLAVOR MATRIX, so they're serving up 100 new recipes in FLAVOR FOR ALL, drawing on the same flavor principles as their previous book. This is a practical, cookable book with delicious and accessible recipes for everyday life, but featuring unique twists based on scientifically approved flavor pairings. Recipes include Seared Steak with Almond-Cherry Pesto; Brown Butter, Maple, and Pear Pork Roast; Better-Than-It-Sounds Milk-Poached Fish with Basil; and Chocolate and Red Wine Bread Pudding. The book will explain why it is that certain flavors taste so good together and provide tips on how to coax the maximum amount of flavor from your ingredients. This new cookbook will appeal to both chemistry aficionados and casual cooks alike, with simple recipes that fit into an everyday menu.



**Cookbook/Science**

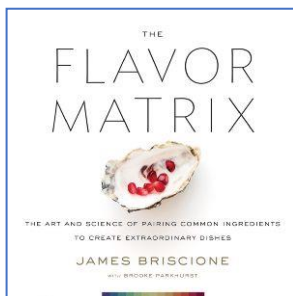
**World rights**

**Editor: Stephanie Fletcher**

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**Paper over board  
9 x 9 Inches  
256 pages**



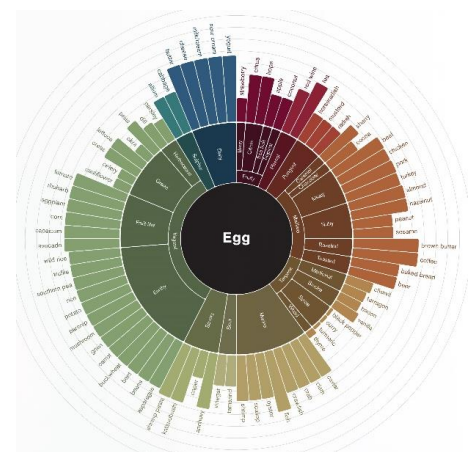
### **FLAVOR MATRIX** (Spring 2018)

Rights sold:

**Complex Chinese:** Cube Press

**Italian:** Bibliotheca Culinaria

As an instructor at one of the world's top culinary schools, James Briscione thought he knew how to mix and match ingredients. Then he met IBM Watson. Working with the supercomputer to turn big data into delicious recipes, Briscione realized that he (like most chefs) knew next to nothing about *why* different foods taste good together. That epiphany launched him on a quest to understand the molecular basis of flavor—and it led, in time, to THE FLAVOR MATRIX. A groundbreaking ingredient-pairing guide, this book shows how science can unlock utterly unexpected possibilities for combining foods into astonishing, inventive dishes. Briscione distills chemical analyses of different ingredients into easy-to-use infographics, which he uses to create precisely curated recipes. A must-have for anyone who cares about food.



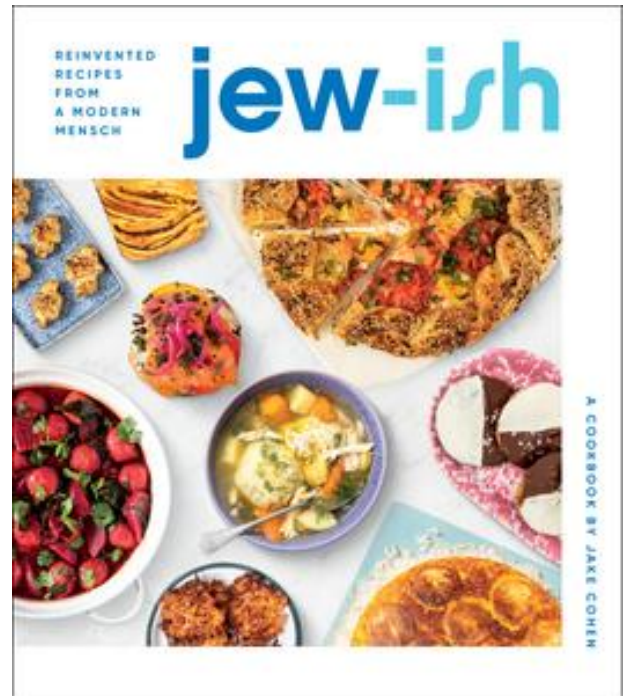


## **Jake Cohen**

### **JEW-ISH: Reinvented Recipes from a Modern Mensch**

These are not your Jewish grandmother's recipes. Jake Cohen, consummate nice Jewish boy, has been hosting Friday night Shabbat dinners for the past few years and reinventing beloved (but sometimes outdated) recipes from his culture along the way. The result is JEW-ISH, an innovative take on classic Jewish recipes that was created with the modern millennial in mind. Both experienced and novice home cooks will find something in this collection of elevated old-school favorites. Imagine kugel turned savory with the flavors of spinach-artichoke dip; latkes dyed vibrant yellow with saffron for a Persian spin on the potato pancake; plus creative hybrid desserts like Macaroon Brownies and Pumpkin Spice Babka. Cooks and hosts will find helpful tips and tricks throughout, gleaned from personal stories told in a fresh voice.

JAKE COHEN is the former food editor of Tasting Table and Time Out New York, former and editorial director of the FeedFeed (@thefeedfeed). He has written for websites and publications including Food52, Saveur, and others.



**Cookbook**

**World rights**

**Editor: Sarah Pelz**

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**Manuscript available**

**Paper over board**

**8 x 9 Inches**

**272 pages**

**Elva Ramirez**

**ZERO PROOF: 90 Non-Alcoholic Recipes for Mindful Drinking**

From Dry January to alcohol-free bars opening around the world, the no-proof movement is one of today's fastest-growing lifestyle choices. As consumers become more mindful and re-examine their relationship to alcohol, the no-proof drinker could be anyone – and even traditional bars have taken note with elevated no-alcohol offerings. What do the world's most talented bartenders concoct when they can't use booze? This book answers that question with 90 lush and sophisticated recipes that take the craft to new heights. Veteran reporter Elva Ramirez interviewed the biggest names in cocktails and collected recipes for vibrant no-proof drinks from the world's top bars in Paris, London, and New York – including The American Bar at the Savoy in London, Little Red Door in Paris, and many others. This is the start of a new era in no-proof drinking.



ELVA RAMIREZ is a veteran food media journalist who began her career at the *Wall Street Journal*. She is a freelance lifestyle writer and consultant, contributing to publications like Bloomberg, DuJour, and Forbes.



**Cocktails**

**World rights**

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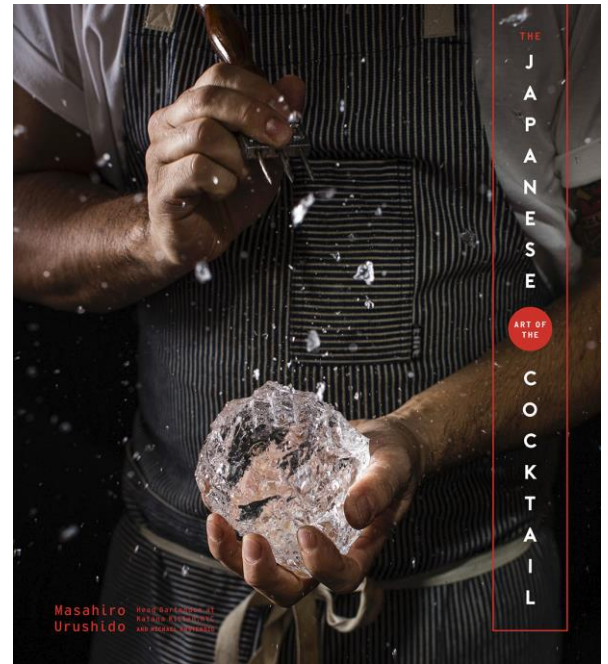
**7 x 9 Inches**

**256 pages**



## **Masahiro Urushido with Michael Anstendig THE JAPANESE ART OF THE COCKTAIL**

Katana Kitten, one of the world's most prominent and acclaimed Japanese cocktail bars, was opened in 2018 by award-winning mixologist Masahiro Urushido. Just one year later, the bar won the 2019 Tales of the Cocktail Spirited Award for Best New American Cocktail Bar. In **THE JAPANESE ART OF THE COCKTAIL**, Urushido shares his immense knowledge of cocktails with 50 recipes that best exemplify Japan's contribution to the cocktail scene, both from his own bar and from Japanese mixologists worldwide. Urushido delves into what exactly constitutes the Japanese approach to cocktails, and demystifies the techniques that have been handed down over generations. All captured with stunning full-color photography.



Born in Japan, **MASAHIRO URUSHIDO** is recognized as an unofficial ambassador of Japanese bartending in the US. An ace bartender with 16+ years of experience, he is Managing Partner and Head Bartender at Katana Kitten in New York City.



**Cocktails**

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## **HMH SUBAGENTS**

**As of 9/2020**

### **BRAZIL**

Luciana Villas-Boas  
Anna Luiza Cardoso  
Villas-Boas & Moss Literary Agency  
Av. Delfim Moreira 1.222 / 102  
Cep 22.441-000  
Rio de Janeiro, RJ, Brasil  
[luciana@vbmlitag.com](mailto:luciana@vbmlitag.com)  
[annaluiza@vbmlitag.com](mailto:annaluiza@vbmlitag.com)

### **BULGARIA/ALBANIA**

Mira Droumeva  
Andrew Nurnberg Associates Sofia  
jk. Yavorov Bl. 56-B, Floor 1, Ap. 9  
Sofia 1111, Bulgaria  
[mira@anas-bg.com](mailto:mira@anas-bg.com)

### **CHINA/TAIWAN**

Ming-Ming Lui  
Bardon-Chinese Media Agency  
Room 2-702, Building 2,  
RongHuaShiJia, No. 29  
XiaoYingBeiLu, Chaoyang District  
Beijing 100101  
[mingming@bardonchinese.com](mailto:mingming@bardonchinese.com)

### **CZECH / SLOVAK**

Kristin Olson  
Kristin Olson Literary Agency  
Klimentská 24  
110 00, Prague 1, Czech Republic  
[kristin.olson@litag.cz](mailto:kristin.olson@litag.cz)

### **FRANCE**

Corinne Marotte  
Marotte et Compagnie Agence littéraire  
45 rue Marx Dormoy 75018 Paris  
FRANCE  
[corinne@marotteetcompagnie.ag](mailto:corinne@marotteetcompagnie.ag)

### **GERMANY**

Sebastian Ritscher/Bahar Avcilar  
Mohrbooks AG Literary Agency  
Seefeldstrasse 303  
CH-8008 Zürich, Switzerland  
[sebastian.ritscher@mohrbooks.com](mailto:sebastian.ritscher@mohrbooks.com)  
[bahar.avcilar@mohrbooks.com](mailto:bahar.avcilar@mohrbooks.com)

### **GREECE**

Evangelia Avloniti  
Ersilia Literary Agency  
Aktaiou 38-40  
118 51, Athens GREECE  
[eavloniti@ersilialit.com](mailto:eavloniti@ersilialit.com)

### **HUNGARY**

Péter Bolza  
Eszter Rozs  
Kátai & Bolza Literary Agents  
Szerb u. 17-19  
H-1056 Budapest  
[peter@kataibolza.hu](mailto:peter@kataibolza.hu)  
[orsi@kataibolza.hu](mailto:orsi@kataibolza.hu)

### **INDONESIA**

Santo Manurung  
Maxima Creative Agency Beryl Timur No. 41  
Gading Serpong  
Tangerang 15810  
[santo@maximacreativeliterary.com](mailto:santo@maximacreativeliterary.com)

### **ISRAEL**

Efrat Lev  
The Deborah Harris Agency  
PO Box 8528  
Jerusalem 91083, Israel  
[efrat@thedeborahharrisagency.com](mailto:efrat@thedeborahharrisagency.com)

### **ITALY**

Roberto Santachiara  
Agenzia Letteraria Santachiara  
via Griffini 14  
27100 Pavia ITALY  
[agenzia@robertosantachiara.com](mailto:agenzia@robertosantachiara.com)

### **JAPAN**

Manami Tamaoki  
Misa Morikawa  
Tuttle-Mori Agency  
2-17 Kanda Jimbocho,  
Chiyoda-ku, Tokyo 101-0051  
[manami@tuttlemori.com](mailto:manami@tuttlemori.com)  
[misa@tuttlemori.com](mailto:misa@tuttlemori.com)

### **KOREA**

Joeun Lee  
KCC Korea Copyright Center  
Gyonghigung-achim  
Officetel Room 520, Compound 3  
Naesu-dong 72, Chongno  
Seoul 110-070  
[jelee@kccseoul.com](mailto:jelee@kccseoul.com)

### **LATVIA, LITHUANIA, ESTONIA**

Kristine Shatrovska  
Tatjana Zoldnere  
Andrew Nurnberg Associates Baltic  
34-5 Ģertrūdes iela  
Rīga LV 1011, Latvia  
[anab@anab.apollo.lv](mailto:anab@anab.apollo.lv)

### **NETHERLANDS**

Paul Sebes  
Rik Kleuver  
Sebes & Bisseling  
Herengracht 613  
NL-1017 CE  
Amsterdam  
[sebes@sebes.nl](mailto:sebes@sebes.nl)  
[kleuver@sebes.nl](mailto:kleuver@sebes.nl)

### **POLAND**

Marcin Biegaj  
Andrew Nurnberg Associates  
ul. Moldawska 9, 6th floor,  
02-127 Warsaw, Poland  
[marcin.biegaj@nurnberg.pl](mailto:marcin.biegaj@nurnberg.pl)

### **ROMANIA**

Lidia Dumitru  
Livia Stoia Literary Agency  
58 Strada Gârlei, Sector 1  
Bucharest 013724  
[lidia.dumitru@liviastوياagency.ro](mailto:lidia.dumitru@liviastوياagency.ro)

### **RUSSIA, UKRAINE**

Natalia Sanina  
Synopsis Literary Agency  
Podolskoe shosse, 3  
115093 Moscow  
[nat@synopsis-agency.ru](mailto:nat@synopsis-agency.ru)

### **SCANDINAVIA**

Trine Licht  
Licht & Burr Literary Agency  
Ny Vestergade 1, st  
PO Box 2142  
DK-1015 Copenhagen K  
[tl@licht-burr.dk](mailto:tl@licht-burr.dk)

**SERBIA, CROATIA,  
MACEDONIA, SLOVENIA**

Vuk, Mila and Nada Perisic  
Plima Literary Agency  
Branka Ćopića 20/8  
11160 Belgrade, Serbia  
[vuk@plimaliterary.rs](mailto:vuk@plimaliterary.rs)  
[mila@plimaliterary.rs](mailto:mila@plimaliterary.rs)

**SPAIN/PORTUGAL**

Maribel Luque  
Anna Bofill  
Judith López  
Agencia Literaria Carmen  
Balcells Av. Diagonal, 580  
08021 Barcelona  
[a.bofill@agenciabalcells.com](mailto:a.bofill@agenciabalcells.com)  
[j.lopez@agenciabalcells.com](mailto:j.lopez@agenciabalcells.com)

**THAILAND**

Pimolporn Yutisri  
Tuttle-Mori Agency Co., Ltd.  
6th Floor, Siam Intercomics Building  
459 Soi Piboon-Oophatham (Ladprao 48)  
Samsen Nok, Huay Kwang  
Bangkok 10320, Thailand  
[pimolporn@tuttlemori.co.th](mailto:pimolporn@tuttlemori.co.th)

**TURKEY**

Amy Spangler  
Dogan Terzi  
AnatoliaLit Agency  
Caferağa Mah.  
Gunesli Bahce Sok.  
No:48 Or.Ko Apt. B Blok D:4  
34710 Kadıköy - İstanbul  
[amy@anatolialit.com](mailto:amy@anatolialit.com)  
[dogan@anatolialit.com](mailto:dogan@anatolialit.com)

**UNITED KINGDOM / ANZ**

Caspian Dennis  
Vanessa Kerr  
Rachel Clements  
Ben Fowler  
Abner Stein Agency  
Suite 137, China Works  
28 Black Prince Road  
London SE1 7SJ  
[caspian@abnerstein.co.uk](mailto:caspian@abnerstein.co.uk)  
[vanessa@abnerstein.co.uk](mailto:vanessa@abnerstein.co.uk)  
[rachel@abnerstein.co.uk](mailto:rachel@abnerstein.co.uk)  
[ben@abnerstein.co.uk](mailto:ben@abnerstein.co.uk)