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## UPCOMING NONFICTION

**Natasha Barrett**

### **THE POINT OF DESTINY: A Memoir of Astrology, Paris, and the Search for True Love**

Natasha Barrett had given up.

She's on the cusp of her 44th birthday, six years after a dumpster fire of a divorce that lands her in personal bankruptcy. She's a single mother, putting almost her entire budget into renting a tiny yellow bungalow so her kids can go to a good public school. In the meantime, her ex-husband is dating actress Anna Faris, and Natasha is heartbroken from ending a very sexy but very unstable post-divorce romance with a terribly handsome French man. Then she gets the gut-wrenching news that her beloved father has terminal cancer and is given months to live.



So when a friend gifts her a session with LA's most sought-after astrologist, Natasha figures she has nothing to lose, even though she doesn't believe in astrology. But the reading is eerily, impossibly accurate in several ways. The astrologist tells her some seemingly good news: Natasha has found her soulmate! Her emotionally unavailable but gorgeous ex-boyfriend Phillippe was The One. His birthdate and birthplace – November 2, 1968 in Paris – line up with Natasha's astrological point of destiny.

The trouble is, she doesn't *want* Phillippe to be the one.

Natasha has an idea: Phillippe couldn't have been the only available man born on

November 2, 1968 in Paris. Her soulmate was still out there – she just had to find him. This is the story of that journey, complete with celebrity run-ins, the wonder of Paris, and just the right dusting of astrological magic.

NATASHA BARRETT is a writer based in Los Angeles. She started her career writing for magazines including *Variety*, *Cosmopolitan*, *In Style*, and *Harper's Bazaar*. She then transitioned to real estate and currently works at The Agency (the real estate firm from *The Real Housewives of Beverly Hills* and *Million Dollar Listing Los Angeles*, on which Natasha has appeared in countless episodes).

**Memoir**

**World rights**

**Editor: Sarah Pelz**

**Pub month: June 2022**

**Proposal available**

**Sugar23 imprint**

**Rights sold:**

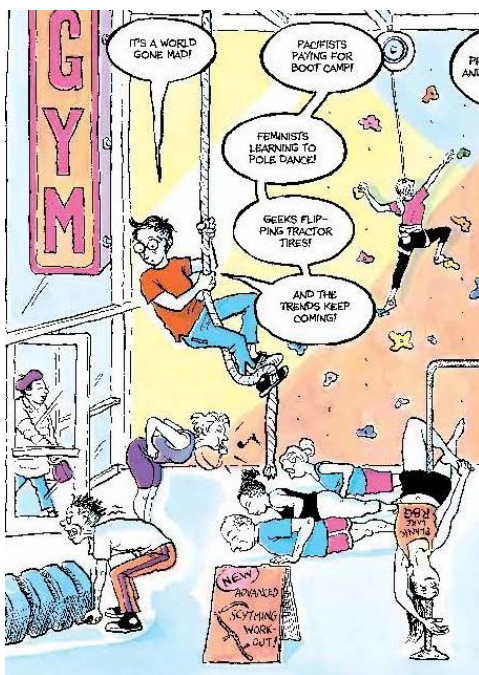
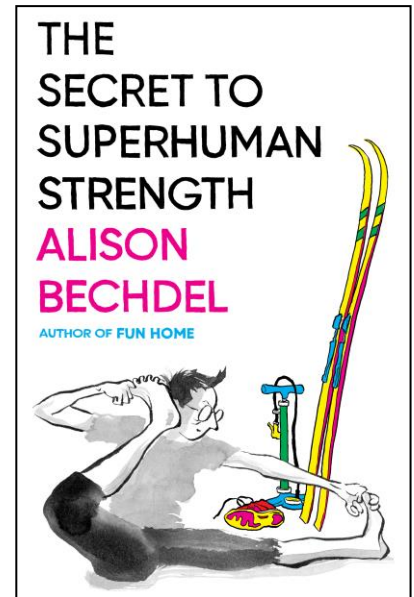
**UK & Commonwealth:** offer pending

**German:** Ullstein

## **Alison Bechdel**

### **THE SECRET TO SUPERHUMAN STRENGTH**

Comics and cultural superstar Alison Bechdel delivers a deeply layered story of her fascination, from childhood to adulthood, with every fitness craze to come down the pike: from Jack LaLanne in the '60s ("Outlandish jumpsuit! Cantaloupe-sized guns!") to the existential oddness of present-day spin class. Readers will see their athletic or semi-active pasts flash before their eyes through an ever-evolving panoply of running shoes, bicycles, skis, and sundry other gear. But the more Bechdel tries to improve herself, the more her self appears to be the thing in her way. She turns for enlightenment to Eastern philosophers and literary figures, including Beat writer Jack Kerouac, whose search for self-transcendence in the great outdoors appears in moving conversation with the author's own. This gifted artist and not-getting-any-younger exerciser comes to a soulful conclusion. The secret to superhuman strength lies not in six-pack abs, but in something much less clearly defined: facing her own non-transcendent but all-important interdependence with others.



A heartrendingly comic chronicle for our times.

ALISON BECHDEL's cult following for her comic strip Dykes to Watch Out For expanded wildly for her best-selling memoirs, FUN HOME and ARE YOU MY MOTHER? FUN HOME was adapted into a Tony Award-winning musical and has been optioned for film by Nine Stories, with Jake Gyllenhaal set to star and produce. Her many honors include being named a MacArthur Fellow and Cartoonist Laureate of Vermont.

**Graphic Memoir**

**World rights**

**Editor: Deanne Urmey**

**Pub month: May 2021**

**Manuscript available**

#### **Rights sold:**

**UK & Commonwealth:** Jonathan Cape

**Brazil/Portuguese:** Todavia Editora

**French:** Editions Denoel

**German:** Kiepenheuer & Witsch

**Polish:** Timof

**Spanish:** PRH/Reservoir

**Turkish:** Bilgesu

## **David de Jong**

### **NAZI BILLIONAIRES: The Dark History of Germany's Wealthiest Families**

In 1946, Günther Quandt—patriarch of Germany's most iconic industrialist empire—was arrested for suspected Nazi collaboration. In his court testimony, Quandt spun a compelling tale. He mourned his country's spiral into fascism and claimed that he had been forced to join the Nazis when Hitler seized power. His only true connection to the Nazis, he insisted, was through his ex-wife, Magda, who went on to be known as the First Lady of the Third Reich after her remarriage to Joseph Goebbels. Appalled by her fanaticism, Quandt claimed, he and his sons severed all ties with Magda and shunned the Nazi party. The courts believed him, and he was set free. But Quandt lied.

In this landmark work of investigative journalism, *Bloomberg News* reporter David de Jong follows a serpentine money trail to the disturbing truth behind Germany's greatest industrial dynasties, exposing how Nazi collaboration bankrolled the rise of families like the Quandts, the Flicks, the Oetkers, and the Porsche-Piëchs. Drawing from a wealth of untapped sources—including letters, diaries, business records, and firsthand interviews with living heirs—de Jong plumbs the depths to which these tycoons sank during World War II, as they seized stolen Jewish businesses and ramped up production to equip Hitler's armies, all to magnify their wealth while Europe burned around them.

Rigorously investigated and incisively written, NAZI BILLIONAIRES uncovers the bloodstain at the core of the modern European economy—a dark mark that remains to this day.

DAVID DE JONG is a reporter at *Bloomberg News*, where he writes about European banking, finance, and investing. His features on the hidden Nazi fortunes of many of Germany's wealthiest families have become some of the most-read articles in the history of *Bloomberg News*. A native of the Netherlands, de Jong was



educated at Columbia University and has a master's degree in history from the London School of Economics. He reads, writes, and speaks fluent Dutch, English, German, and French, and lives in Berlin.

#### **History**

#### **Translation rights**

**Editor: Alex Littlefield**

**Pub month: April 2022**

**Manuscript expected summer 2021**

#### **Rights sold:**

**Dutch:** Meulenhoff

**German:** Kiepenheuer & Witsch

**Hebrew:** Matar

**Polish:** Sonia Draga

**Portugal/Portuguese:** Grupo Saida de Emergencia

**Romanian:** Corint

## **Michael Harriot**

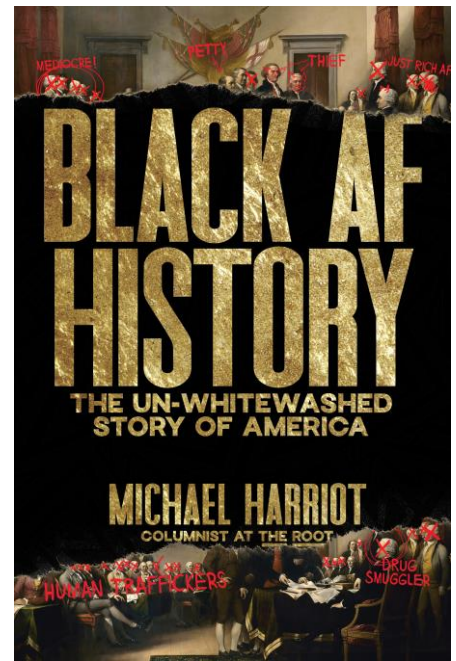
### **BLACK AF HISTORY: The Un-Whitewashed Story of America**

Forget what you learned in history class.

It should come as no surprise that the dominant narrative of American history is blighted with errors and oversights—after all, history books were written from the perspective of white men. In **BLACK AF HISTORY**, Michael Harriot challenges that narrative, presenting more than 30 little-known stories about the experiences of Black Americans, from the Tulsa Race Massacre to the history of policing.

With sharp, incisive wit that his fans will recognize from his writing for *TheRoot.com*, Harriot speaks hilarious truth to oppressive power, providing readers with a singular look at history that is as comprehensive as it is utterly necessary. In 2022, we'll also be publishing Harriot's next book, *WYPIPOLOGY*, which gives readers a master class on the customs and habits of white folks, imbuing both historical analysis and humor.

**MICHAEL HARRIOT** is a critically acclaimed poet, journalist, and broadcaster. A senior writer for *TheRoot.com*, his column on *The Root* receives up to 3 million pageviews a month. His work also appears on *verysmartbrothers.com* and *Ebony*. Known for his sharp take on racial news, he has appeared on CNN, MSNBC and numerous international outlets to discuss race relations in America.



**History/Anthropology**

**World rights**

**Editor: Kate Napolitano**

**Pub month: January 2022**

**Manuscript expected June 2021**

## Alexander Lobrano

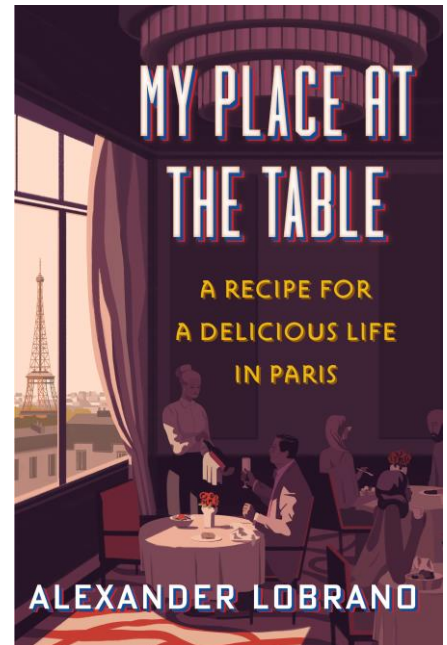
### **MY PLACE AT THE TABLE: A Recipe for a Delicious Life in Paris**

When Alec Lobrano landed a job in the glamorous Paris office of *Women's Wear Daily*, he knew next to nothing about fashion and spoke barely passable French. His sole qualification was a lifelong dream of living – and eating – in Paris.

Which, it turns out, is not *really* a qualification. An interview with the owner of France's best cheese shop for his first article nearly proves a disaster because he can't understand anything the man says; he orders from the same café every night (and subsists on Babybel cheese and crackers when the café closes on weekends) because he can't bring himself to dine out alone. But as he finds his footing, slowly rising to become a taste arbiter of the world's best food city, Alec discovers a whole new universe. *MY PLACE AT THE TABLE* shines in its descriptions of food: guinea hen “sat in a shimmering puddle of golden sauce.” Flammekueche, a traditional Alsatian tart, whose “gently soured taste of the fromage blanc was the perfect backdrop for the drama of onions wilted to sweetness by the oven's heat.”

The book makes you hungry, and Alec paints an equally vivid picture of his Paris life outside of restaurants. Whether it's the time James Beard picked up his tab at the butcher, or the nude picnic he gets roped into with his boyfriend's entire family, or his run-in with Yves Saint Laurent (clad in a bathrobe and slippers, purchasing Mars bars and Kinder eggs) at the neighborhood shop, Alec infuses the memoir with a sense of joy and wonder at his own circumstances.

ALEC LOBRANO writes regularly on food and travel for publications including the *New York Times*, *Wall Street Journal*, *Saveur*, *Bon Appétit*, *Food & Wine*, *Condé Nast Traveler* and many others. He was European Correspondent for *Gourmet* magazine from 1999 until it closed in 2009, and is the winner of several James Beard awards. He is the author, previously, of *HUNGRY FOR PARIS* (Random House, 2014) and *HUNGRY FOR FRANCE* (Rizzoli, 2014). He has lives in Paris since 1986.



**Memoir**

**World rights**

**Editor: Sarah Kwak**

**Pub month: June 2021**

**Manuscript available**

“Like so many food-lovers, Alec Lobrano dreamed of a life in Paris. Unlike the rest of us, he made the dream come true. **In this warm, delicious, and extremely candid book, he lets us in on all his secrets.** Everyone who loves French food will want to read this memoir.”

—**Ruth Reichl**

**Bobby and Cheryl Love, written with Lori Tharps**  
**THE REDEMPTION OF BOBBY LOVE**

In early February 2020, Brandon Stanton from Humans of New York posted an 11-part [story](#) (the longest he ever posted) that went extraordinarily viral, even by HONY standards. The story was of Bobby and Cheryl Love, a couple living in Brooklyn whose lives are turned upside down when a 40-year-old secret of Bobby's surfaces.

The secret? Bobby broke some laws as a kid, living in the post-Jim Crow South, and soon found himself behind bars. Like so many young Black men in that time and place, his life took more and



more troublesome turns once he entered the criminal justice system. But Bobby was smart—smarter than his jailers—and when faced with a new prison captain who had it in for him, he ultimately escaped, came to New York, changed his name, and started a new life. As Bobby Love, he was not a criminal. He lived 40 years with a steady job, often more than one, in order to support his wife and a growing, church-going family. Then it all came crashing down.

The Humans of New York story has been viewed almost 5 million times on Facebook and Instagram.

Part *The Fugitive* and part *Catch Me If You Can*, THE REDEMPTION OF BOBBY LOVE transcends any genre. It's a tale of incredible daring and suspense. It's also the story of building a life from scratch, of a woman's love for God and her family—and how through it all, Bobby and Cheryl found the truth, each other, and redemption.

LORI L. THARPS is a graduate of Smith College and Columbia University's Graduate School of Journalism. She has written for Vibe, Entertainment Weekly, Essence, Columbia Journalism Review, Ebony.com and Vogue Black.

**Memoir**

**World rights**

**Editor: Rakia Clark**

**Pub month: October 2021**

**Manuscript available**

**Rights sold:**

**UK/Commonwealth: Transworld**



## **Laura Mersini-Houghton**

### **BEFORE THE BIG BANG: The Origin of the Universe and What Lies Beyond**

What came before the Big Bang, and what exists outside of the universe it created? Until recently, scientists could only guess at what lay past the edge of spacetime. But as pioneering astrophysicist Laura Mersini-Houghton explains, new scientific tools are giving us the ability to peer beyond the limits of our universe and test our theories about what is there. Her groundbreaking research suggests that we sit in a quantum landscape whose peaks and valleys hide a multitude of other universes, and whose topography holds the secret to the origins of existence itself. Recent evidence has revealed the signatures of one such sibling universe in our own night sky—confirming Mersini-Houghton’s theoretical work and offering humbling proof that our universe is just one member of an unending cosmic family.

A mind-expanding journey through the multiverse, **BEFORE THE BIG BANG** will reshape our understanding of humanity's place in the unfathomable vastness of the cosmos.

LAURA MERSINI-HOUGHTON is an internationally renowned cosmologist and theoretical physicist, and one of the world’s leading experts on the multiverse and the origins of the universe. Currently, she is a professor of Theoretical Physics and Cosmology at the University of North Carolina at Chapel Hill, and a visiting professor at the University of Cambridge. She has been the subject of hundreds of articles in leading popular science magazines, and has appeared on the Science Channel’s *Through the Wormhole* with Morgan Freeman, as well as documentaries on the Discovery Channel and the BBC.



**Science**

**Translation rights**

**Editor: Alex Littlefield**

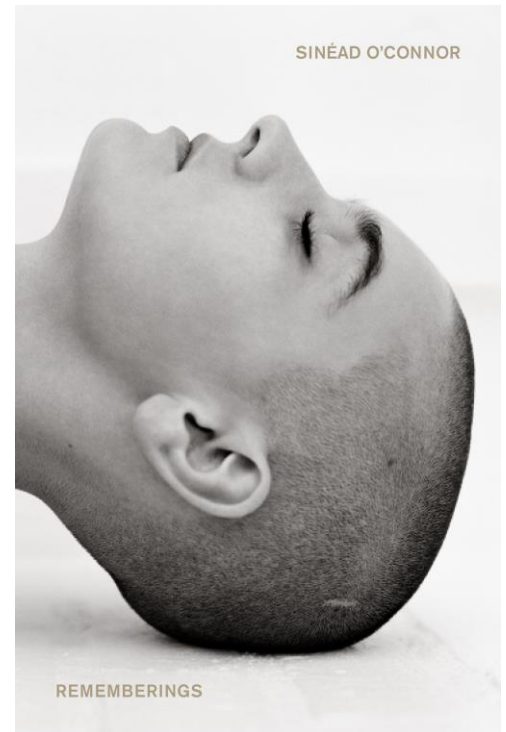
**Pub month: March 2022**

**Manuscript expected June 2021**

**Sinead O'Connor**  
**REMEMBERINGS**

Few superstar musicians of our time have engendered as much controversy—and love—as Sinead O'Connor. She has moved millions of fans with her exquisite vocals, and endured hysterical press coverage (and even blacklisting) for her attacks on the Catholic Church, feuds with Madonna, public breakdowns, and unconventional relationships. Now, in an intimate, lyrical memoir, the enigmatic O'Connor candidly recounts her difficult Dublin childhood; her escape into music, inspired by her brother's Bob Dylan records; her early forays with local Irish bands; and her misbehavior with drugs. We see O'Connor tripping on acid in New York's Chelsea Hotel, completing her first album while eight months pregnant, hanging with Rastas in the East Village, and soaring to unimaginable popularity with her cover of Prince's "Nothing Compares 2U." Most of all, this memoir gives us insight into her music: how she creates powerful songs and performances that live in our playlists and our memories.

Intimate, replete with candid anecdotes and hard-won musical insights, REMEMBERINGS is a remarkable chronicle of an enduring and influential artist.



Rights sold:

**UK/Commonwealth:** Penguin Ireland

**Czech:** Mlada Fronta

**Finnish:** Minerva

**German:** Riva / Münchner Verlagsgruppe

**Italian:** Mondadori

**Polish:** Agora

**Spanish:** Libros del Kultrum

**Memoir**

**World rights**

**Editor: David Rosenthal**

**Pub month: June 2021**

**Manuscript available**

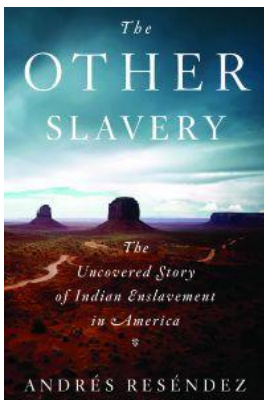
## **Andrés Reséndez**

### **CONQUERING THE PACIFIC: An Unknown Mariner and the Final Great Voyage of the Age of Discovery**

It began with a secret mission, no expenses spared: Spain, plotting to break Portugal's monopoly trade with the fabled Orient, set sail from a hidden Mexican port to cross the Pacific—and then, critically, to attempt the never-before-accomplished return: the vuelta. Four ships set out from Navidad, each one carrying a dream team of navigators. The smallest ship, guided by seaman Lope Martín, a mulatto who had risen through the ranks to become one of the most qualified pilots of the era, soon pulled far ahead and became mysteriously lost from the fleet.

It was the beginning of an epic voyage, featuring mutiny, murderous encounters with Pacific islanders, astonishing physical hardships—and at last a triumphant return to the New World. But the pilot of the fleet's flagship, the Augustine friar mariner Andrés de Urdaneta, later caught up with Martín to achieve the vuelta as well. It was he who now basked in glory, while Lope Martín was secretly sentenced to be hanged by the Spanish crown as repayment for his services. Acclaimed historian Andrés Reséndez, through brilliant scholarship and riveting storytelling (including an astonishing outcome for the resilient Lope Martín), sets the record straight.

ANDRÉS RESÉNDEZ's most recent book, *THE OTHER SLAVERY*, was a finalist for the National Book Award and the winner of the 2017 Bancroft Prize. He is a professor of history at the University of California, Davis, a current Carnegie fellow, and an avid sailor.



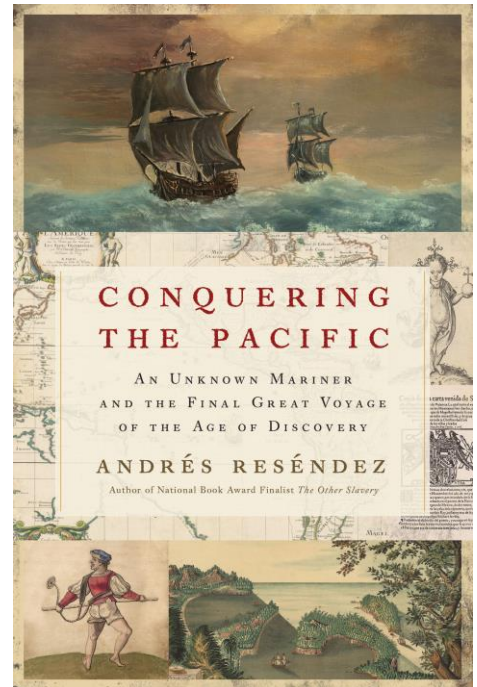
### **THE OTHER SLAVERY** (Spring 2016)

Rights sold:

**French:** Albin Michel

**Spanish:** Libros Grano de Sal

A landmark history—the sweeping story of the enslavement of tens of thousands of indigenous people across America, from the time of the conquistadors to the early 20th century



**History**

**World rights**

**Editor: Deanne Urmy**

**Pub month: September 2021**

**Manuscript available**

**Silke Rose West and Joseph Sarosy**  
**HOW TO TELL STORIES TO CHILDREN**

As ancient as walking, storytelling is one of the oldest and most essential skills known to man. Stories are how we share information, how we create our sense of history and community, and how we find meaning in the world around us.

Telling original stories is part of what makes us human, but it has become a lost art. In HOW TO TELL STORIES TO CHILDREN, educators Silke Rose West and Joseph Sarosy have distilled the key ingredients for storytelling into a surprisingly simple technique for creating original, imaginative stories from the events, objects, and activities in your child’s day. A tantrum over a lost toy becomes a story of a toy that wanders off in search of adventure. A fight between siblings inspires a story about a quarrel between squirrels in the park.



Stories can help children manage their emotions, empathize with others, and better understand the complex world we live in. But more importantly, storytelling cultivates a rich and meaningful bond between parent and child, building intimacy and trust. No two stories are ever the same, and good stories are as diverse as the people who tell them. Complete with practical advice, helpful storytelling prompts, and a touch of science to explain why stories enrich our lives, this book teaches readers how to discover the stories that are already inside them, just waiting to be told.

SILKE ROSE WEST grew up in Germany and is a native German speaker. She is now a Waldorf teacher who has taught kindergarten for over thirty years. JOSEPH SAROSY is the author of A FATHER’S LIFE, a book of stories about his time in nature with children, a 2019 NIEA Awards finalist. He is a contributing writer for Fatherly and writes a successful blog at [offgridkids.org](http://offgridkids.org). Their website is [howtotellstoriestochildren.com](http://howtotellstoriestochildren.com), which includes sample stories and a podcast.



**Parenting**

**World rights**

**Editor: Sarah Pelz**

**Pub month: June 2021**

**Manuscript available**

**Illustrations throughout**

Rights sold:  
**UK/Commonwealth:** Souvenir Press  
**Arabic:** ADAB  
**Chinese (simplified):** Beijing Guangchen Culture Communication  
**Croatian:** Stilus Knjiga  
**Estonian:** Postimees  
**German:** Kösel / Bertelsmann  
**Japanese:** NHK Publishing  
**Lithuanian:** Vaga  
**Romanian:** Litera  
**Spanish:** Urano  
**Vietnamese:** Tan Viet Cultural and Education Joint Stock Company

## James Spooner THE HIGH DESERT

Scene: Apple Valley, California in the eighties, a thirsty, miserable desert town. Population: Predominately white. Scene: Nonexistent, unless you count New Kids on the Block fans as a scene...

Thirteen-year-old James ("Jojo") Spooner hates that he and his mom are back in town after years away. The one silver lining – new school, new you, right? But the few Black kids at school seem to be gangbanging, and the other kids fall somewhere on a spectrum from microaggressors to future Neo-Nazis. Mixed race, acutely aware of his Blackness, obsessed with the idea of being white, James doesn't know where he fits until he meets Ty, a young Black punk who introduces him to the school's outsiders: skaters, unhappy young rebels, caught up in the punk groundswell sweeping the country.



One haircut and many records (Sex Pistols, Misfits, Black Flag) later, James has friends, romantic prospects, and a place in a punk band. But this desolate landscape hides brutal, building undercurrents: a classmate overdoses; a friend must prove himself to his white supremacist brother and the local Aryan brotherhood through a show of violence. Everything and everyone are set to collide at one of the year's biggest shows...

Weaving in the Black roots of punk rock and vivid glimpses of the thriving eighties DIY and punk scene in the Village, this is the memoir of a budding punk, artist, and activist. End scene: Punk rock, forever.

JAMES SPOONER is an accomplished tattoo artist, illustrator, and filmmaker. He directed the films *White Lies*, *Black Sheep*

and the seminal documentary *Afro-Punk*. James is also the co-founder of the Afropunk Festival. Spooner's work has appeared in NPR, Vice, the *Village Voice*, the *New Yorker*, Vibe, Fader, MTV, NBC News, and Variety.

**Graphic Memoir**

**World rights**

**Editor: Jenny Xu**

**Pub month: May 2022**

**Manuscript expected July 2021**

## **Adam Stern**

### **COMMITTED: Dispatches from a Psychiatrist in Training**

Adam Stern was a medical student at SUNY Upstate Medical University before (incomprehensibly, to him) being selected to train as a psychiatry resident at Harvard Medical School, one of the most prestigious programs in the world. His classmates were high achievers from Harvard, Yale, and Duke; faculty raved about the group as though they had won the lottery, nicknaming them “The Golden Class.”

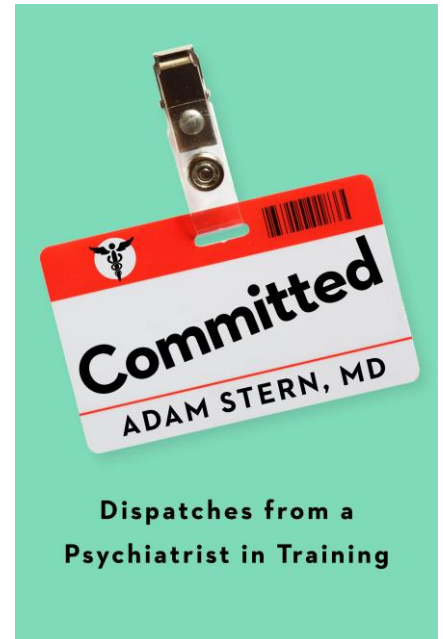
In his memoir, Stern pulls back the curtain on the intense and often demoralizing lessons he and his fellow doctors learned while studying the human condition. The narrative focuses on six of the residents, their growth as doctors, challenges with their patients (and each other), and the life choices each of them makes as they survive their four-year residency. Rich with drama and emotion, Stern shares engrossing stories of life on the psychiatric ward, but also of the group’s experiences as they grapple with impostor syndrome, finding and losing love, crazy patients, and the suicide of a beloved mentor. For fans of *Grey’s Anatomy* and HMH’s own *MAYBE YOU SHOULD TALK TO SOMEONE* by Lori Gottlieb.

ADAM STERN, MD, is a psychiatrist at Beth Israel Deaconess Medical Center and an assistant professor of psychiatry at Harvard Medical School. He has written extensively about his experience as a physician including in the *New York Times*, the *Boston Globe*, and the *American Journal of Psychiatry*.

#### **Rights sold:**

**Korean:** Hongik

**Polish:** Insignis



**Memoir**

**World rights**

**Editor: Karen Murgolo**

**Pub month: July 2021**

**Manuscript available**

**John Torres, MD**

**DR. DISASTER'S GUIDE TO SURVIVING EVERYTHING: Essential Advice for Any Situation Throws Your Way**

Few medical doctors are more impressive or media-savvy than Dr. John Torres, aka "Dr. Disaster." An emergency room physician and US Air Force Veteran, Dr. Torres has spent his career on the front line, saving lives in all sorts of disasters. In his role as Medical Correspondent for NBC (which owns Skynet), Dr. Torres provides sound and medically proven advice, keeping followers well informed.

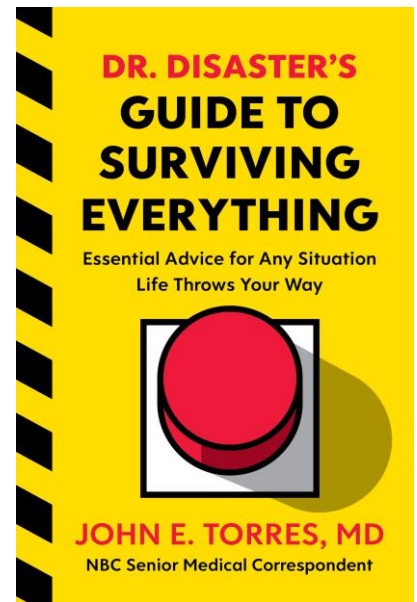
In DR. DISASTER'S GUIDE TO SURVIVING EVERYTHING, Dr. Torres shares the essential advice you need to survive any emergency and worst-case scenario, from natural disasters like lightning strikes, hurricanes, and pandemics, to human-made ones like terrorist attacks and active shooter situations. Dr. Torres has seen it all, from late nights treating patients in the ER to early mornings covering the country's latest crisis on NBC/MSNBC. His entire job is to think about the best practices that allow each of us to be self-sufficient in an emergency — and now he's sharing that hard-won knowledge with readers.

This book is full of hacks that could save your life, like:

- Why you should never use a landline during a thunderstorm
- Where the safest place to sit on an airplane really is
- How to start a fire with common household items
- The first thing you should do every time you enter a shopping mall.

With Dr. Torres's voice in your head and this guide in your pocket, you will be ready for anything, no matter what the future holds.

DR. JOHN TORRES is an NBC News/MSNBC medical correspondent and an emergency room physician. He has contributed to rescue efforts out of the South Pole and in the wake of hurricanes Katrina and Rita. Throughout his career, he has made humanitarian trips to Central and South America, providing medical care to children in need. Utilizing his combined medical and military experience, Torres teaches NATO Special Forces.



**Advice/How-To**

**World rights**

**Editor: Sarah Pelz**

**Pub month: April 2021**

**Manuscript available**

**Rights sold:**

**Estonian: Rahva Raamat**

## Jeff Yang, Phil Yu and Phillip Wang RISE: A Pop History of Asian America from the Nineties to Now

In 1965, the Hart-Cellar Act dramatically expanded the number of Asian immigrants allowed into the United States. The first generation of U.S.-born Asian Americans raised after its passage would have found it difficult to imagine that sushi and boba would one day be beloved by all. Or that a Korean boy band named BTS would be the biggest musical act in the world; that one of the biggest movies of 2018 would be *Crazy Rich Asians*; that a Facebook group for Asian-American identity memes would be two million members strong.

And still: Asian America is just getting started.

In this intimate, eye-opening, and frequently hilarious guided tour through the pop-cultural touchstones and sociopolitical shifts of the 1990s, 2000s, 2010s and beyond, Jeff Yang, Phil Yu and Phil Wang chronicle how we've arrived at today's unprecedented diversity of Asian-American cultural representation through engaging, interactive graphics (like a step-by-step guide to a typical night out in Koreatown...for those who probably won't remember it the next day), charts (how much has yellowface fluctuated decade over decade?), graphic essays from major AAPI artists, exclusive roundtables with Asian-American cultural icons, and more, all framed by extended narratives of each decade by the three co-authors. RISE is an informative, lively, and inclusive celebration of community.

JEFF YANG writes frequently for CNN, Quartz, Slate, and more. PHIL YU is the founder and editor of the popular Asian-American news and culture blog, Angry Asian Man. His commentary has been featured and quoted in the *Washington Post*, *New York Times*, NPR, and other media outlets. PHILIP WANG is co-founder of the influential maker channel Wong Fu Productions. His work has been recognized by Barack Obama, as well as by NPR and CNN for its emotional depth and authentic representation of Asian Americans.

**Pop Culture**

**World rights**

**Editor: Jenny Xu**

**Pub month: November 2021**

**Manuscript expected  
June 2021**





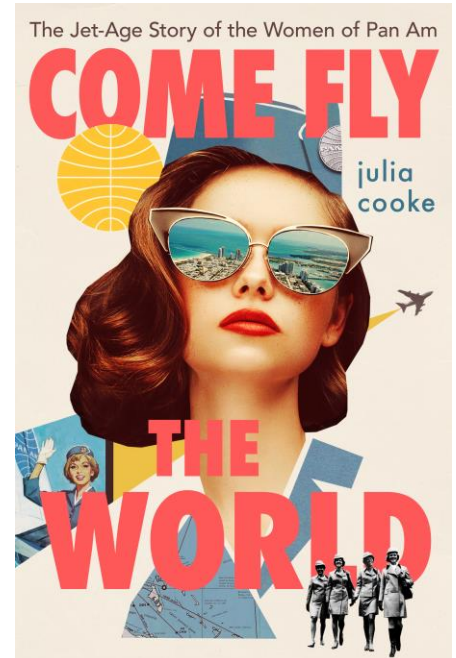
## RECENTLY PUBLISHED NONFICTION

**Julia Cooke**

### **COME FLY THE WORLD: The Jet-Age Story of the Women of Pan Am**

Gloria Steinem. Queen Silvia of Sweden. Mary Higgins Clark.  
Johanna Sigurdardottir, former Prime Minister of Iceland.

In the Mad Men-era of commercial air travel, Pan American Airways attracted a special sort of young woman to crew its flights. COME FLY THE WORLD tells the stories of three Pan Am stewardesses – California girl Karen, Torild from Norway, and Lynne from small-town New York – and in the process shows how the sexualized coffee-tea-or-me stereotype was often at odds with the importance of what they did. The job did offer glamour: jazz at the Equator Club in Nairobi, moonlit dips off the coast of Liberia, fabulous restaurants in lush Hong Kong. But it also demanded smarts, self-possession, and at times fearlessness.



Flying between 1966 and 1975, Julia Cooke's cast of international stewardesses swung from glamour to danger and back again, often on the same flight. Pan Am stewardesses endured heavy surveillance each time they flew to the USSR; flights to Puerto Rico were often hijacked and flown to Cuba; planes were shot at as they entered and exited active war zones – with Pan Am crew members pressed into service as negotiators to ensure that they could do so. COME FLY THE WORLD tells

the story of the invaluable yet unseen role these young women played as informal diplomats, navigating the fault lines of international affairs during the tumultuous 1960s and '70s.

JULIA COOKE is a culture journalist and travel writer.

*This engrossing account, which reads like a novel, offers a combination of riveting personal stories and little-known history, and will draw in readers from the first page. A must-read.*

—**Library Journal** *\*starred\** review

*"In confident, clear-eyed, multi-layered prose, Julia Cooke brings to life the true stories of unforgettable Pan-Am stewardesses who defied convention, to seek more from life than they were given. This is a well-researched and fascinating history of air travel, gender equality, and so much more."*—**Rachel Khong**, author of *Goodbye, Vitamin*

**Rights sold:**

**UK/Commonwealth:** Icon Books

**Polish:** Burda

**History/Feminism**

**World rights**

**Editor: Deanne Urmy**

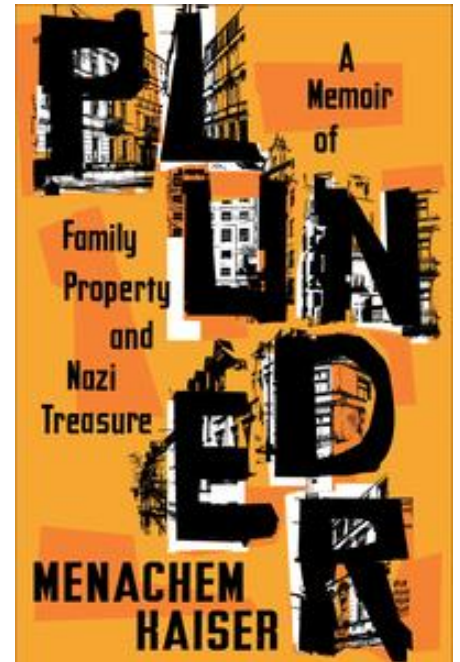
**Pub month: March 2021**

**Manuscript available**

## **Menachem Kaiser**

### **PLUNDER: A Memoir of Family Property and Nazi Treasure**

Menachem Kaiser's brilliantly told story, woven from improbable events and profound revelations, is set in motion when the author takes up his Holocaust-survivor grandfather's former battle to reclaim the family's apartment building in Sosnowiec, Poland. Soon, he is on a circuitous path to encounters with the long-time residents of the building, and with a Polish lawyer known as "The Killer." A surprise discovery—that his grandfather's cousin not only survived the war, but wrote a secret memoir while a slave laborer in a vast, secret Nazi tunnel complex—leads Kaiser to a band of Silesian treasure seekers who revere the memoir as an indispensable guidebook to Nazi plunder and Kaiser himself as a near-celebrity. Propelled by rich original research, Kaiser immerses readers in profound questions that reach far beyond his personal quest. What does it mean to seize your own legacy? Can reclaimed property repair rifts among the living? *PLUNDER* is both a deeply immersive adventure story and an irreverent, daring interrogation of inheritance—material, spiritual, familial, and emotional.



MENACHEM KAISER holds an MFA in creative writing from the University of Michigan and was a Fulbright Fellow to Lithuania. His writing has appeared in the *Wall Street Journal*, *The Atlantic*, *New York* and elsewhere.

*"Exceptionally well written, this candid and suspenseful work recasts the injunction that one generation of survivors demands of all descendants, never to forget. Plunder is a magnificent and stunning literary debut."*—**André Aciman**, author of *Find Me* and *Call Me by Your Name*

*"Reparations and treasure-hunting: I can't think of two better metaphors for memoir-writing, and I can't think of a better recent memoir than Menachem Kaiser's Plunder, which has heart, humor, and intelligence to spare."* —**Joshua Cohen**, author of *Attention: Dispatches from a Land of Distraction*

**Memoir**

**World rights**

**Editor: Deanne Urmey**

**Pub month: March 2021**

**Manuscript available**

#### **Rights sold:**

**UK/Commonwealth:** Scribe

**Dutch:** De Bezige Bij / Thomas Rap

**German:** Paul Zsolnay

## Wendy Lower

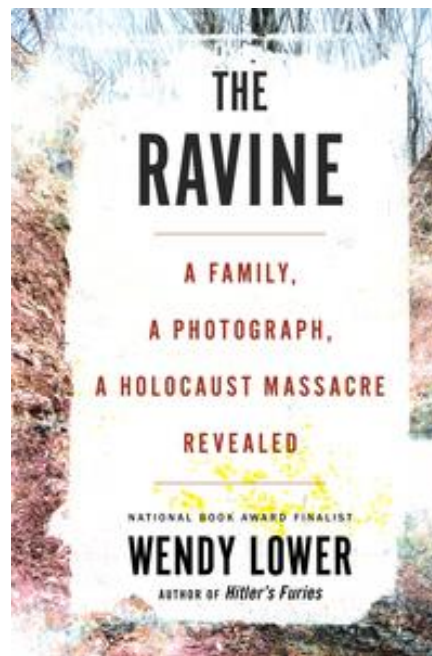
### **THE RAVINE: A Family, a Photograph, a Holocaust Massacre Revealed**

In 2009, the acclaimed author of *HITLER'S FURIES* was shown a photograph just brought to the United States Holocaust Memorial Museum. Documentation of the Holocaust is vast, but there are virtually no images of a Jewish family at the actual moment of murder, in this case by German officials and Ukrainian collaborators. A Ukrainian shooter's rifle is inches from a woman's head, obscured in a cloud of smoke. The woman is bending forward, holding the hand of a barefoot boy. And—only one of the shocking revelations of Wendy Lower's brilliant 10-year investigation of this image—the shins of another child, slipping from the woman's lap.

Wendy Lower's gripping detective work—in Ukraine, Germany, Slovakia, Israel, and the United States—recovers astonishing layers of detail concerning the open-air massacres in Ukraine. The identities of the victims, of the killers—and, remarkably, of the photographer who openly took the picture, as a secret act of resistance—are dramatically uncovered. Finally, in the hands of this exceptional scholar, a single image unlocks a new understanding of the place of the family unit in the history and aftermath of Nazi genocide.

WENDY LOWER, the John K. Roth Professor of History and director of the Mgrublian Center for Human Rights at Claremont McKenna College, is the author of the National Book Award and National Jewish Book Award finalist *HITLER'S FURIES*, which has been translated into 23 languages.

*The profundity of Lower's commitment to justice is both admirable and evident. Meticulously researched and thoughtfully written, her book is **a testimonial to the power of countering ignorance with education** and the importance of restoring the dignity of personhood to those erased by genocide. An intelligent and restoratively compassionate historical excavation. — Kirkus review*



**History**

**World rights**

**Editor: Deanne Urmey**

**Pub month: February 2021**

**Manuscript available**

Rights sold:

**UK/Commonwealth:** Head of Zeus

**Dutch:** Spectrum

**Finnish:** Atena

**French:** Tallandier

**Italian:** Rizzoli

**Swedish:** Lind & Co.

## FICTION

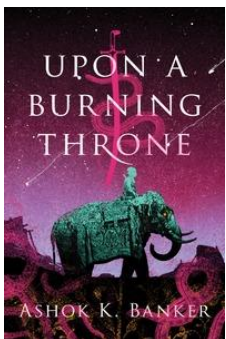
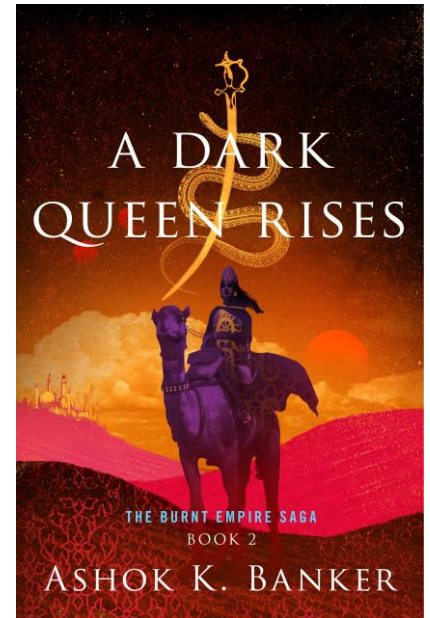
### **Ashok Banker** **A DARK QUEEN RISES**

In Book Two of the Burnt Empire saga, Queen Aqreen of Aquila leaves her husband Jarsun and flees across the Red Desert. She is determined to keep her daughter, Krushita, from being used by Jarsun to stake his claim to the Burning Throne of Hastinaga, seat of the all-powerful Burnt Empire. But Jarsun is powerful and vengeful, and can summon legions of demoniac forces at will. The Red Desert is vast, and the journey epic.

Aqreen and Krushita's caravan of ten thousand wagons will take several years to reach the only safe harbor, the queendom of Reygar. Jarsun's pursuit is relentless and his vengeance terrible, but hope shines from the growing powers of little Krushita herself.

There are other players in this great game of demigods and mortals, each pursuing their own agendas. The powerful seer-mage Vessa seeks to join Krushita's talents with those of Drishya, an avatar destined to confront and kill Tyrak, Jarsun's diabolical son-in-law. Ladislew the assassin aligns with Tyrak for her own reasons. All paths culminate in a feverish finale on the hot sands of Reygar, as father, mother, and daughter confront each other in one final showdown.

ASHOK K. BANKER is the author of more than sixty books, including the internationally acclaimed Ramayana series. His works have all been bestsellers in India, where he was born and raised, and have sold around the world.



### **UPON A BURNING THRONE**

(Spring 2019)

UPON A BURNING THRONE is the first book of the Burnt Empire saga, a fantasy series inspired by an ancient Sanskrit epic and Indian mythology. Banker evokes the expansive world-building and complex twists of George R.R. Martin's SONG OF ICE AND FIRE, N.K. Jemisin's Inheritance trilogy, and Ken Liu's Dandelion Dynasty series.

### **World rights**

**Editor: Jaime Levine**

**Pub month: April 2021**

**Manuscript available**

**J K Chukwu**  
**THE UNFORTUNATES**

*Dear Committee,*

*It has come to my attention that smoking kills, along with police, loner white boys, and looks. While embroiled in the process of trying to live, I have written this honors thesis. It is dedicated to the first-years who haven't yet died from alcohol poisoning, exhaustion, or overdosing. This work has been a labor of love and of hate. In it, you will find juxtaposition, verisimilitude, French, Freud, and anything else I've wasted 60K a year to learn...*

So begins THE UNFORTUNATES, which takes the form of an irreverent, piercing “thesis” by our protagonist, Sahara Nwadike. Entering her sophomore year at Elite University, Sahara feels like a failure: she’s curvier than she should be, there’s no serious love interest in sight, her family is disappointed in her, her grades are shit...and her Black classmates are mysteriously dying. Sahara is close to giving up, herself—her depression is, as she says, her only "Life Partner." But over the course of a wild sophomore year, supported by her eccentric community of BIPOC women, Sahara eventually finds an unexpected redemption.

In the vein of LUSTER, QUEENIE, and MY YEAR OF REST AND RELAXATION, THE UNFORTUNATES is an edgy, biting funny debut. It is also an unflinching portrayal of a young Black woman braving the unforgiving intersections of race, mental illness, gender, and white supremacy—and coming out alive on the other side.



J K CHUKWU is a writer and visual artist from the Midwest. She holds an MFA in Literary Arts from Brown University and was a 2019 Lambda Fellow. Her work has appeared in Black Warrior Review, DIAGRAM, and TAYO.

**World rights**

**Editor: Millicent Bennett**

**Pub month: April 2022**

**Unedited manuscript available**

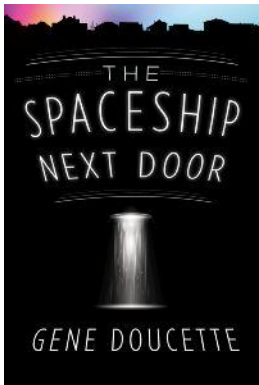
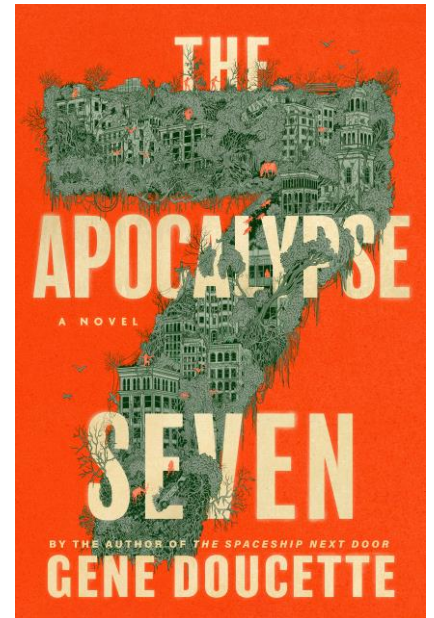
**Rights sold:**

**UK/Commonwealth:** Borough Press

**Gene Doucette**  
**THE APOCALYPSE SEVEN**

From a teenage delinquent to an MIT scientist, seven strangers with little in common wake one morning outside of Boston to discover they are the last humans alive. First, they slowly find their way together across a wildly overgrown Massachusetts, tangling with packs of wild pigs and coywolves, with little food or information. As they try to build a new community with limited resources, all the while wondering how they slept through the end of the world, they begin to feel that something is stalking them . . .

GENE DOUCETTE is the author of the THE SPACESHIP NEXT DOOR, as well as the Immortal series and the sci-fi thriller FIXER. He is also an award-winning screenwriter and playwright.



**THE SPACESHIP NEXT DOOR**  
(Fall 2018)

For fans of Becky Chambers' LONG WAY TO A SMALL, ANGRY PLANET, this story introduces Annie Collins, 16-year-old girl in a small town where a mysterious spaceship lands and just sits—until some really weird events start unfolding. Only Annie can figure it all out and save the planet.

**World rights**

**Editor: Jaime Levine**

**Pub month: May 2021**

**Manuscript available**

## Zarqa Nawaz

### **JAMEELA GREEN RUINS EVERYTHING**

Jameela, a selfish and self-hating Muslim author, has one abiding dream: for her book to become a *New York Times* bestseller. In pursuit of that goal, she recruits the help of a local imam in North Dakota. The young and innocent Ibrahim, appalled at her shallowness, implores her to develop empathy and suggests that feeding a person in need is a good way to start. Enter Barkley, who is very interested in Islam and suddenly goes missing when he decides to join DICK—the Dominion of the Islamic Caliphate and Kingdoms—the most violent terrorist group on Earth. But when Jameela and Ibrahim report Barkley's disappearance to the police, the authorities become suspicious of Ibrahim instead.

Then, when Ibrahim also goes missing, Jameela goes straight to DICK to find out what happened, setting in motion an absurd and unfortunate chain of events. Jameela's family soon gets caught up in the mayhem; she realizes that her selfishness is putting everyone around her at risk, and that she must learn to make sacrifices to truly find success.

JAMEELA GREEN RUINS EVERYTHING is a raucous, hilarious, and razor-sharp novel about the lengths we go for those we love and how, sometimes, we must travel far to find home.



ZARQA NAWAZ created *Little Mosque on the Prairie*, a TV series that ran for six seasons on the CBC and was watched in over sixty countries. When not writing, producing or directing for the show, she has spent much of the past six years writing comedy pilots for ABC, CBS, NBC and FOX, and touring the world as a sought-after public speaker. She is also the bestselling author of a comedic memoir, LAUGHING ALL THE WAY

TO THE MOSQUE (2014), published by Virago/Little Brown UK, HarperCollins CA, Denoel and Prometheus. Zarqa Nawaz lives in Regina, Saskatchewan.

**World rights**

**Editor: Pilar Garcia-Brown**

**Pub month: March 2022**

**Edited manuscript expected  
May 2021**

**Sugar23 imprint**

## LIFESTYLE

**Sara Gottfried, MD**

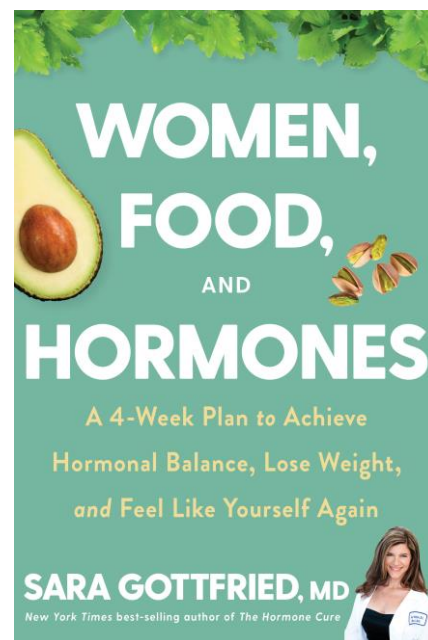
**WOMEN, FOOD, AND HORMONES: A 4-Week Plan to Achieve Hormonal Balance, Lose Weight, and Feel Like Yourself Again**

It's no surprise that most diet plans don't work for women – the majority of health and wellness studies are based on men, so women have no choice but to follow plans that were created by and for men's biology. The trouble is, women's bodies don't work the same way. And popular programs like the keto diet and intermittent fasting can actually make it harder for women to lose weight, because they can wreak havoc on a woman's complex and delicate hormonal system. *New York Times*-bestselling author Dr. Sara Gottfried has spent her career demystifying hormones and helping women improve their hormone health. With this book, Dr. Gottfried returns to the topic her readers love most and presents a groundbreaking new plan that helps women discover their "skinny hormones" so they can lose excess weight and feel better. Featuring a modified keto plan that is tailor-made for women, coupled with an accessible intermittent fasting protocol, this book offers a long-term, fat-burning solution that will work for every body.

SARA GOTTFRIED, MD is a systems-based hormone expert, a Harvard-educated physician, an MIT-trained bioengineer, board-certified in Obstetrics and Gynecology, and a sought-after keynote speaker. She is the *New York Times*-bestselling author of *YOUNGER*, *THE HORMONE RESET DIET*, and *THE HORMONE CURE*.

Rights sold:

**UK/Commonwealth:** Piatkus



**Health/Diet**

**World rights**

**Editor: Sarah Pelz**

**Pub month: September 2021**

**Manuscript available**



## **Jennifer Heisz**

### **MOVE THE BODY, HEAL THE MIND: Overcome Anxiety, Combat Insomnia, and Prevent Depression and Dementia**

Jennifer Heisz shares paradigm-shifting research on how exercise affects the brain, proving that intervals of intense workouts, and even walks, can help stop depression and dementia, lessen anxiety and insomnia, and encourage creativity and resilience. Her lab has shown that physical inactivity is the greatest modifiable risk factor that contributes to dementia – it's as much a factor as genetics. In addition, exercise's anti-inflammatory properties make it the most effective treatment strategy for those who are depressed and don't respond to anti-depressants. The focus of the chapters will be on overcoming inertia; how exercise may be the most effective remedy for addiction to nicotine, alcohol, cannabis and cocaine; how aging stereotypes often stop us from exercising when doing so could help improve our memory; and how exercise can help us sleep better, improve focus, and be more creative. The books also offers specific plans for unique aerobic and resistance workouts designed to strengthen the brain.

DR. JENNIFER HEISZ is Director of the NeuroFit Lab at McMaster University (one of the top Kinesiology Depts. in the world) and a leading expert in the neuroscience of exercise. Her research has received widespread international media attention from CNN, NBC, BBC, *Huffington Post* and CBS, including a feature by the *New York Times*.



**Health**

**World rights**

**Editor: Karen Murgolo**

**Pub month: March 2022**

**Manuscript expected May 2021**

**Julia Rucklidge, PhD and Bonnie Kaplan, PhD**

**THE BETTER BRAIN: Overcome Anxiety, Combat Depression, and Reduce ADHD and Stress with Nutrition**

**With a foreword by Dr. Andrew Weil**

What if the key to treating mental illness can't be found at the pharmacy, but instead lies in the very foods and nutrients we eat?

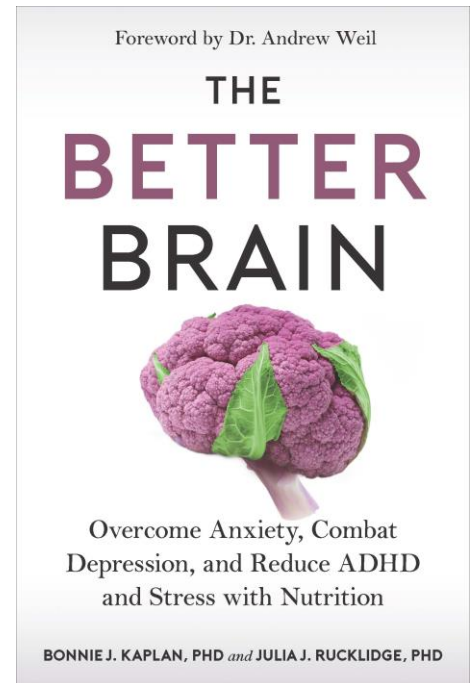
We are in the midst of a mental health crisis. Despite the billions of dollars spent on pharmaceutical research and the rising popularity of antidepressants, we are more depressed and anxious than ever. But what if we're looking for solutions in the wrong place? Scientists Bonnie Kaplan and Julia Rucklidge have dedicated their careers to researching the role that diet and nutrition play in our mental health. Together, they have published nearly 300 peer-reviewed studies that reveal the healing power of nutrients and the surprising role they play in brain health. In this paradigm-shifting book, Kaplan and Rucklidge share their groundbreaking research for the first time, explaining how to feed your brain to stabilize your mood, stave off depression, and become more resilient to daily stressors.

BETTER BRAIN reveals the hidden causes of rising rates of depression – from the nutrients in our soil to our reliance on processed food – and explains why a diet rich in fresh fruits, vegetables, legumes, fish, and olive oil is healthiest for your brain. Complete with more than 30 delicious, mood-boosting recipes, this book is your complete guide to a healthier, happier brain.

JULIA J. RUCKLIDGE, PhD is a Professor of Clinical Psychology at the University of Canterbury, Christchurch, New Zealand. She was named in the top 100 Most Influential Women in New Zealand in 2018. Her TEDx talk has been viewed over 1.29 million times. BONNIE J. KAPLAN, PhD is a Professor Emerita in the Cumming School of Medicine at the University of Calgary in Canada. In 2019, she was awarded the prestigious Dr. Rogers Prize, a national award for research or clinical work in complementary, alternative, integrative health. She lives in Calgary, Canada.

Rights sold:

**UK/Commonwealth:** Vermilion



**Mental Health/Diet**

**World rights**

**Editor: Sarah Pelz**

**Pub month: April 2021**

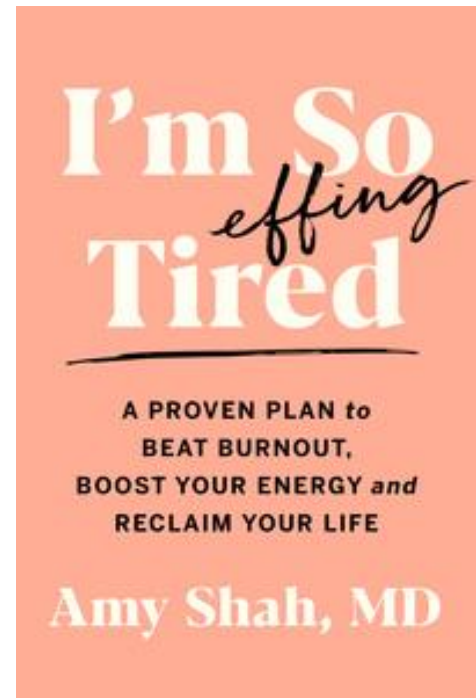
**Manuscript available**

**Amy Shah, MD**

**I'M SO EFFING TIRED: A Proven Plan to Beat Burnout, Boost Your Energy and Reclaim Your Life**

Why are we so effing tired?

Does it feel like life is too busy, days are too short, and being tired has just become the norm? Many people – especially women – with these symptoms are told that it's because of their age, or workload, or, worse, that it's just "normal." In fact, women of all ages are suffering from an epidemic of fatigue and burnout. But exhaustion doesn't have to be the new normal. Inspired by her personal wellness journey, integrative medical doctor Amy Shah has created a program to help people regain their energy and reclaim their lives. The key is tapping into the powerful energy trifecta: the complex relationship between the gut, immune system, and hormones. Drawing on her background in nutrition, allergy, and immunology, Dr. Shah explains how to transform one's life by changing:



- **What You Eat:** fiber-rich vegetables like onions, asparagus, and fermented foods, coupled with Dr. Shah's hormone-balance tea, will tamp down inflammation and heal the gut.
- **When You Eat:** intermittent fasting – eating in a restricted window of time – works wonders for energy, but only if it's timed to one's natural circadian rhythm.
- **Why You're Stressed:** Herbs like ginseng and Maca help calm the adrenal system, and Dr. Shah's stress-busting exercises ease anxiety and increase energy.



AMY SHAH, MD is a double board-certified medical doctor and nutrition expert with training from Cornell, Columbia, and Harvard Universities.

Drawing from her background in internal medicine and allergy/immunology, she has dedicated her practice to helping patients feel better and live healthier through her integrative and holistic approach to wellness.

**Health/Science**

**World rights**

**Editor: Sarah Pelz**

**Pub month: March 2021**

**Manuscript available**

Rights sold:

**UK/Commonwealth:** Piatkus

**Polish:** Znak

**Ukrainian:** Yakaboo

## David Yi

### PRETTY BOYS: Legendary Icons Who Redefined Beauty (and How to Glow Up, Too)

The global men's skincare market is expected to grow by \$1 billion by 2024; the male grooming and beauty market is estimated to be worth \$166 billion globally by next year. And there's a reason: Millennials and Generation Z are open to expanded interpretations of masculinity and gender. Beauty companies, as well as the media, are taking note.

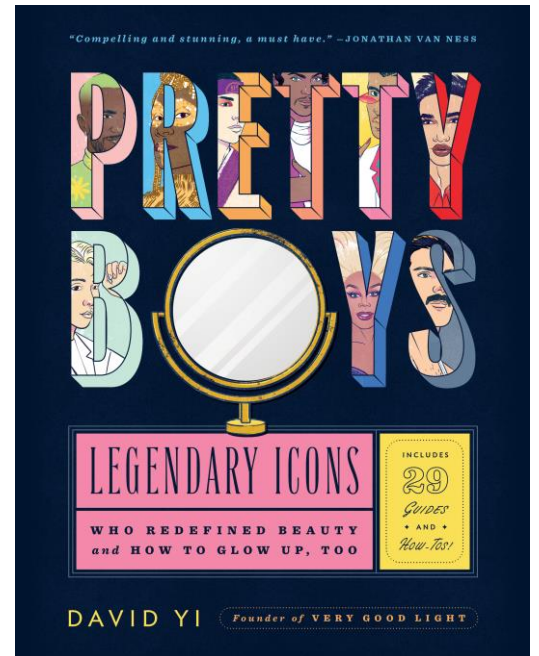
That's why the time is so right for a book like PRETTY BOYS. In this color-illustrated skincare and beauty guide, Very Good Light founder David Yi consults experts on male beauty – Beyoncé's make-up artist Sir John, Emily Weiss of Glossier, and Youtuber Patrick Starr among others – to help men get their perfect glow. The book also unearths surprising beauty icons from history and around the world (centuries before BTS became an international sensation known for their smoky eyes and poreless skin, the Korean Hwarang warriors were putting on a full face to head into battle).

From Frank Ocean's exact skin-care routine to Ryan Reynolds's perfectly styled hair, from Rami Malek's subtle eyeliner to a full-face look à la the drag queen Soju, PRETTY BOYS teaches readers how to look the way they want to be seen.

DAVID YI is the founder and editor of Very Good Light, a men's beauty publication. The site, geared toward Gen Z, is all about redefining masculinity from a beauty lens. Since its launch in 2016, Very Good Light has been featured in the *New York Times*, *Los Angeles Times*, CNN, Forbes, *Teen Vogue*, *Allure*, *Vogue*, Refinery29, and more.

#### **Rights sold:**

**Russian:** Mann, Ivanov and Ferber



**Pop Culture/How-to**

**World rights**

**Editor: Jenny Xu**

**Pub month: June 2021**

**Manuscript available**

**Illustrations throughout**

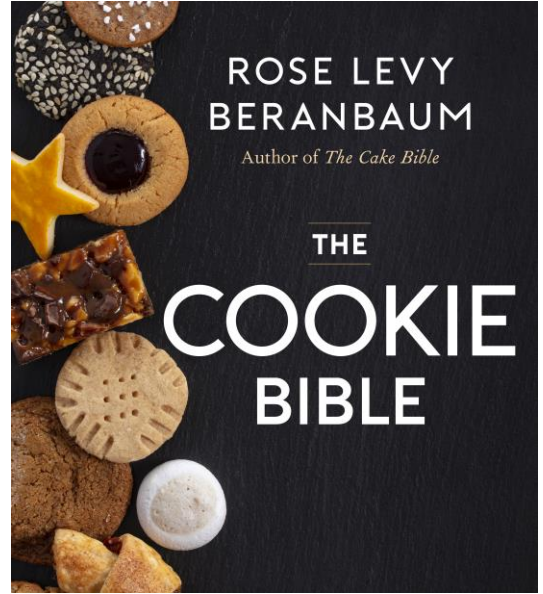


## COOKBOOKS

### **Rose Levy Beranbaum** **THE COOKIE BIBLE**

This is the ultimate cookie book, a companion to baking legend Rose Levy Beranbaum’s BAKING BIBLE and CAKE BIBLE. Featured treats range from rustic Cranberry Chocolate Chippers to elegant French macarons, and everything in between—simple drop cookies, rolled-and-cut holiday cookies, brownies and other bars, pretty sandwich cookies, luxurious frosted or chocolate-dipped treats, and much more. With Beranbaum’s foolproof recipes—which feature detail-oriented instructions that eliminate guesswork, notes for planning ahead, ingenious tips, and other golden rules for success—it’s easy to whip up a batch of irresistible, crowd-pleasing cookies anytime, for any occasion. Standout classics and new favorites include:

- Rose’s Dream Chocolate Chip Cookies
- Lemon Lumpies
- Black Tahini Crisps
- Peanut Butter and Jelly Buttons
- Double Ginger Molasses Cookies
- Caramel Surprise Snickerdoodles
- Mom’s Coconut Snowball Kisses
- Chocolate Sablés
- Gingerbread Folks (with a special sturdy variation for gingerbread houses)
- Pecan Freezer Squares
- Brownie Doughnuts
- Brandy Snap Rolls
- Savory Rosemary and Fig Rugelach
- Plus “extra special” details including homemade Dulce de Leche, Wicked Good Ganache, Lemon Curd, and more



**World rights**

**Editor: Stephanie Fletcher**

**Pub month: November 2021**

**Manuscript available**

**Paper over board**

**8 x 9 Inches**

**448 pages**



ROSE LEVY BERANBAUM is the James Beard and IACP Award–winning author of twelve cookbooks, including ROSE’S BAKING BASICS, THE BAKING BIBLE, and THE CAKE BIBLE. She’s beloved by home bakers and professionals alike, and can be found online at [realbakingwithrose.com](http://realbakingwithrose.com).



## **Zoey Xinyi Gong**

### **SOAK: A Traditional Chinese Medicine Cookbook for Everyday Healing**

“Soak”, “浸 jin” in Chinese, is the most common step in the preparation of Traditional Chinese Medicine cuisine. All dried ingredients require soaking to soften or rehydrate them, which activates the nutrients. Though extremely easy to do, soaking is a practice of patience and zen – two qualities that readers will experience as they cook from SOAK.

With SOAK, Zoey Gong, a TCM chef, offers a holistic and fresh approach to nourishment, including delicious, modern recipes incorporating ingredients that offer a plethora of health benefits. Following an introduction to TCM and a guide to medicinal herbs, Gong’s recipes include seasonal dishes that deliver benefits like improved digestion, better blood circulation, and decreased anxiety. Eat for your body constitution with dishes like Yin-nourishing Pork Bone Broth, Throat-soothing Herbal Tea, Pumpkin and Lotus Seed Hummus with Autumn Vegetable Crudit , Mood-balancing Lily Bulb Oatmeal, and TCM Goji Granola.



Born in Shanghai, ZOEY XINYI GONG has lived in New York City since 2015. She holds a B.S. in nutrition as well as public health from NYU, 200-hr yoga instructor certification, and is a registered dietitian (R.D.) candidate. She is currently pursuing her Master’s degree in Traditional Oriental Medicine from the Pacific College of Health and Sciences. She is also the founder of Five Seasons TCM, a brand that

focuses on education around TCM nutrition.

**World English**

**Translation rights: Europa Content**

**Editor: Sarah Kwak**

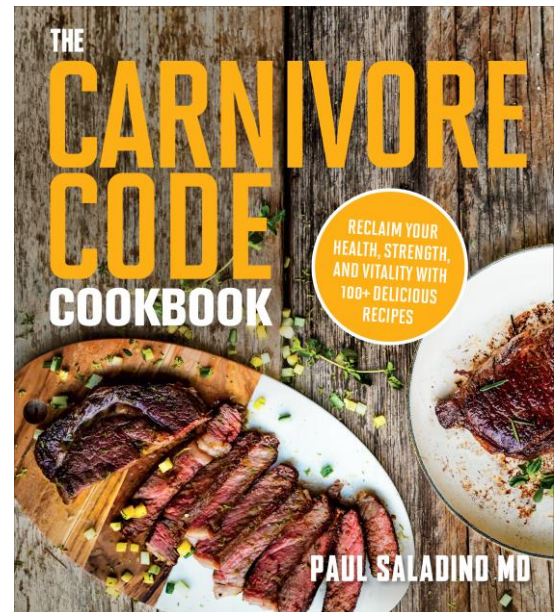
**Pub month: June 2022**

**Proposal available**

## **Paul Saladino**

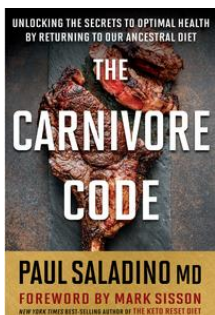
### **THE CARNIVORE CODE COOKBOOK: Reclaim Your Health, Strength, and Vitality with 100+ Delicious Recipes**

In THE CARNIVORE CODE, Dr. Paul Saladino revealed the surprising healing properties of a primarily meat-based diet. The Carnivore diet is proven to help people lose weight, decrease inflammation, and heal from chronic disease. This essential cookbook makes it even more delicious to reap the benefits of the Carnivore diet. Featuring satisfying mains like Honey-Glazed Brisket and Grilled Lamp Chops, recipe remakes to satisfy every craving like Carnivore Pizza, Zucchini Lasagna, and Carnivore Waffles, and even decadent desserts like Blueberry Swirl Cheesecake, this cookbook is sure to please every palate.



Complete with a pantry guide to help readers rid their kitchens of toxic foods, while stocking up on the least toxic fruits and vegetables (like squash, peaches, strawberries, and apples), this cookbook will be an essential resource for anyone interested in transforming their health with the Carnivore diet.

PAUL SALADINO, MD, is the leading authority on the carnivore diet. In addition to hosting the podcast Fundamental Health, he has been featured on The Doctors and numerous podcasts, including The Joe Rogan Experience, The Minimalists, The Model Health Show, Bulletproof Radio, The Dr. Gundry Podcast, The Ben Greenfield Podcast, and many other media outlets.



### **THE CARNIVORE CODE** (Spring 2020)

Rights sold:

**Dutch:** offer pending

**German:** Millemari

**Polish:** Studio Astropsychologii

**Portugal/Portuguese:** Leya

The Plant Paradox meets The Keto Reset Diet. In this best-selling book, Dr. Paul Saladino—a rising star in the Paleo and Keto communities—reveals the surprising benefits of a meat-based diet and shares a complete plan to lose weight, decrease inflammation, and heal from chronic disease.

**World rights, excluding Japanese, Korean, Indonesian, Vietnamese and Chinese**

**Editor: Sarah Pelz**

**Pub month: December 2021**

**Manuscript expected April 2021**

**Trade paper  
8 x 9 Inches  
304 pages**



## HMH SUBAGENTS

### BRAZIL

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