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MAKING READING YOUR PLEASURE

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# FRONT LIST FICTION

## WAR PAINT

Madame Helena Rubinstein and Miss Elizabeth Arden: Their Lives, Their Times, Their Rivalry

LINDY WOODHEAD

## INFORMATION

Hardcover ISBN: 978-1-68-336649-2

\$36.99

6 x 9

526 Pages

BIOGRAPHY & AUTOBIOGRAPHY /  
BUSINESS

RIGHTS SOLD: AUDIO

**NOW ON BROADWAY**  
starring two-time Tony Award  
winners Patti LuPone (Evita,  
Gypsy) as Helena Rubinstein and  
Christine Ebersole (42nd Street,  
Grey Gardens) as Elizabeth Arden.

"I have seldom enjoyed a book so much as WAR PAINT. The research is staggering - I loved all the detail about society and the arts in Paris, New York and London that so beautifully set our two heroines in context during such a long span of years - well done - it was a wonderful read.

Thank you for so much enjoyment."

—Lulu Guinness



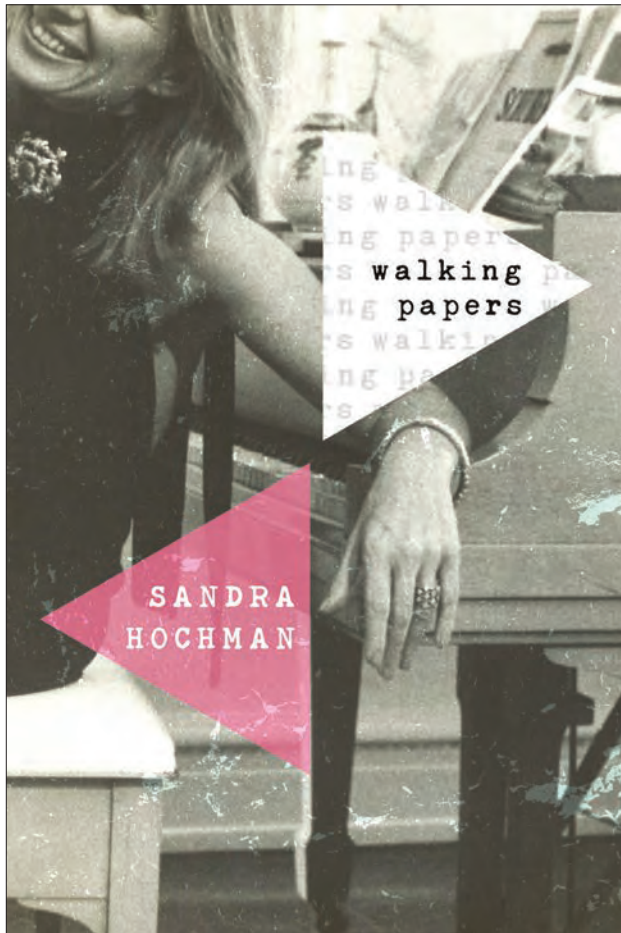
A FASCINATING DUAL BIOGRAPHY OF THE WOMEN WHO FOUNDED TODAY'S BEAUTY INDUSTRY

They were both born in the nineteenth century in humble circumstances—Helena Rubinstein in an orthodox Jewish household in Kraków, Poland, Elizabeth Arden on a farm outside Toronto. But by the 1930s, they were bitter rivals in New York, the rulers of dueling international beauty empires that would forever change the way women thought about cosmetics, salons, and wrinkles. This riveting biography brings these two celebrated women to life, revealing the ruthless drive and innovative business strategies that took each to the top. Along the way, it offers an intriguing look at their personal idiosyncrasies (Rubinstein collected art, Arden racehorses), their checkered marriages, and the rarefied social milieu in which they both traveled.

## WALKING PAPERS

THE SANDRA HOCHMAN COLLECTION

SANDRA HOCHMAN



## INFORMATION

RE-RELEASE DATE: MAY 2<sup>ND</sup>, 2017

Paperback ISBN: 978-1-68-336513-6

\$16.95 (\$22.95 Can.)

5.5 x 8.5 256 Pages

FICTION / LITERARY

## COMPARISON TITLES:

*The Last Love Song: A Biography of Joan Didion:*  
978-1-25-010594-3

*Lit: A Memoir:* 978-0-06-059699-6

*An Abbreviated Life: A Memoir:* 978-0-06-226945-4

RIGHTS SOLD: SPANISH

This is a madcap erotic journal of the very separate parts of one woman's life. It is played out with a great personal intensity, a kind of tape-recorded reality that stuns and amazes upon the sound of her own voice. Fast forward to Juarez, Mexico; reverse to her flamboyant grandfather's used stageprop farm, or to life in Paris with a hypnotist; hold, for a moment of tormented reflection, on Jason, the nonhusband; then slowly spin forward again, frantic and funny, turn, turn, to everything there is a season . . . . Should the tape chance to break, she bends and splices it together, twists it and sets it to reel on a little further.

Miss Hochman pulls and tugs her heroine—a mother, tapdancer, writer, and partner in an affair that stretches from an ocean beach to real estate on Seventy-second Street—as she is caught to a bizarre parade of men on the hunt in New York City. Her invention, sensuality, and poetic gifts lend to *Walking Papers* a totally original novelist's voice belonging, in Diana's words, to "a woman obsessed with essentials." A woman to be read.

# SANDRA HOCHMAN COLLECTION

## SANDRA HOCHMAN

### ENDANGERED SPECIES INFORMATION

**RE-RELEASE DATE: MAY 2<sup>ND</sup>, 2017**  
 Paperback ISBN: 978-1-68-336522-8  
 \$16.95  
 5.5 x 8.5 288 Pages

### JOGGING INFORMATION

**RE-RELEASE DATE: MAY 2<sup>ND</sup>, 2017**  
 Paperback ISBN: 978-1-68-336516-7  
 \$17.95  
 5.5 x 8.5 240 Pages

### PLAYING TAHOE INFORMATION

**RE-RELEASE DATE: MAY 2<sup>ND</sup>, 2017**  
 Paperback ISBN: 978-1-68-336525-9  
 \$18.95  
 5.5 x 8.5 352 Pages

### HAPPINESS IS TOO MUCH TROUBLE INFORMATION

**RE-RELEASE : MAY 2<sup>ND</sup>, 2017**  
 Paperback ISBN: 978-1-68-336519-8  
 \$16.95  
 5.5 x 8.5 256 Pages

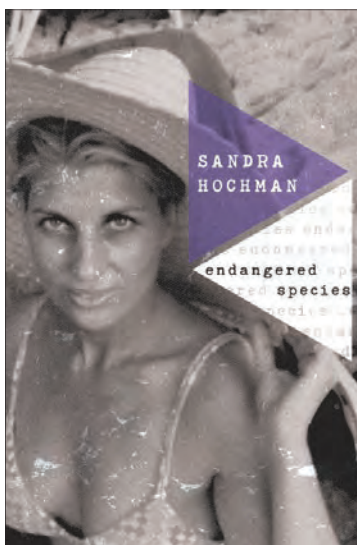
FICTION / LITERARY

### COMPARISON TITLES:

*The Last Love Song: A Biography of Joan Didion:*  
 978-1-25-010594-3

*Lit: A Memoir:* 978-0-06-059699-6

*An Abbreviated Life: A Memoir:*  
 978-0-06-226945-4



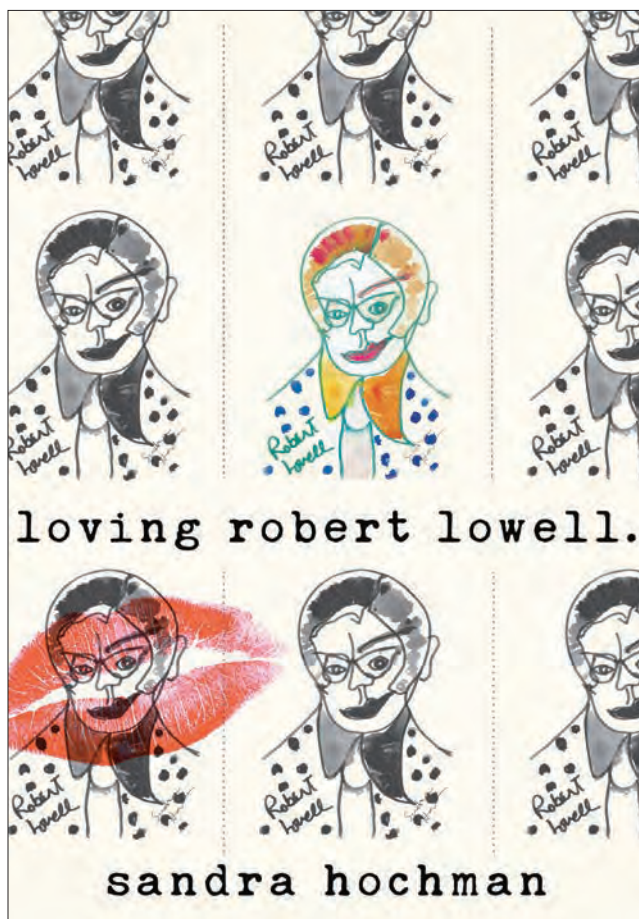
Sandra Hochman is the author of six novels with three forthcoming from Turner Publishing. She is a Pulitzer Prize-nominated poet with six volumes of poetry. She also authored two nonfiction books and directed a 1973 documentary, *Year of the Woman*, currently enjoying a renaissance. Her work has appeared in *The New Yorker*, and she was a columnist for *Harpers Bazaar*. She also ran her own foundation, "You're an Artist Too", at the Metropolitan Museum of Art to teach poetry and song writing to children ages 7–12 for fifteen years.



# LOVING ROBERT LOWELL

THE SANDRA HOCHMAN COLLECTION

SANDRA HOCHMAN



## INFORMATION

**PUB DATE:** JUNE 27<sup>TH</sup>, 2017

Paperback ISBN: 978-1-68-336537-2

\$16.95

5.5 x 8.5

240 Pages

*BIOGRAPHY / AUTOBIOGRAPHY / LITERACY*

## COMPARISON TITLES:

*The Last Love Song: A Biography of Joan Didion:*  
978-1-25-010594-3

*Lit: A Memoir:* 978-0-06-059699-6

*An Abbreviated Life: A Memoir:* 978-0-06-226945-4

**RIGHTS SOLD:** AUDIO

When asked in 1976 by a reporter from *People Magazine* if her first two novels were autobiographical, Sandra Hochman replied, "My real life is much more fabulous than the books. One day I plan to write about it—men, Paris, and women's liberation.

It will probably be called *Unreal Life*."

Hochman first met Pulitzer Prize-winning American poet Robert Lowell in 1961 at the Russian Tea Room in New York. She was to interview him for *Encounter* magazine. Hochman was twenty-five and had recently returned from Paris where she had lived with her husband for four years. They were now separated. Lowell was forty-three with plans to leave his wife. Hochman remembers it as the day that changed her life. The two poets fell in love instantly, and before the night was over, they had vowed to stay together forever. In Hochman's first literary work in almost forty years, she writes in startling detail about the torrid and ultimately doomed affair that would follow.

## PARIS 1959-1960: A MEMOIR

THE SANDRA HOCHMAN COLLECTION

SANDRA HOCHMAN

## INFORMATION

**PUB DATE: OCTOBER 10<sup>TH</sup>, 2017**  
 Paperback ISBN: 978-1-68-336534-1  
 \$16.95  
 5.5 x 8.5  
 256 Pages

BIOGRAPHY / AUTOBIOGRAPHY / PERSONAL MEMOIRS

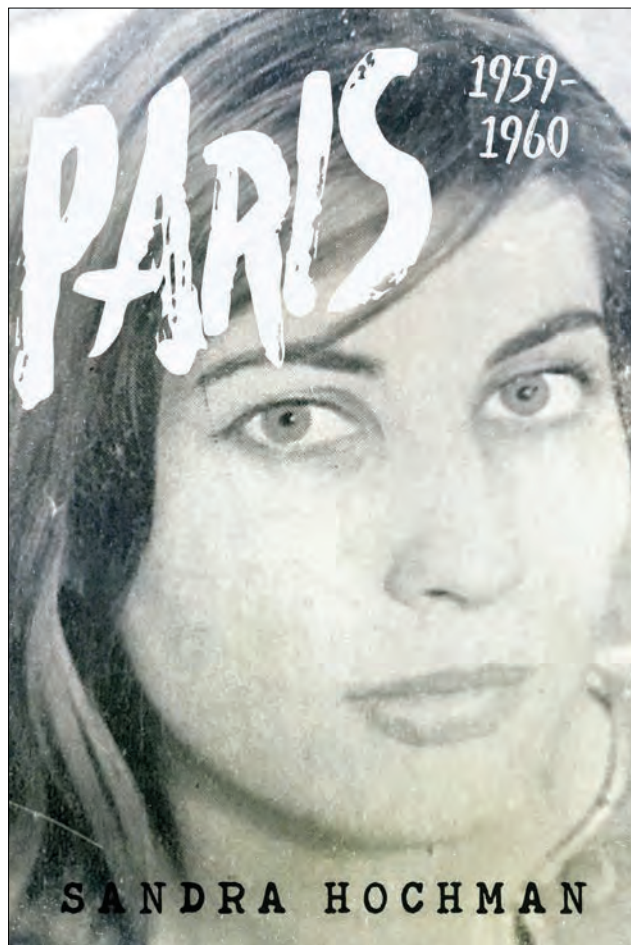
## COMPARISON TITLES:

*Lit: A Memoir*: 978-0-06-059699-6

*Hemingway in Love*: 978-1-25-007896-4

*An Abbreviated Life: A Memoir*: 978-0-06-226945-4

*Loving Robert Lowell*: 978-1-68-336537-2



*"I only knew his name was Ivry Gitlis and he was a violinist, and all he knew was that my name was Sandy. And he had my phone number. And that was what made it exciting. We were strangers who were attracted to each other. It crossed my mind that I had found myself flirting with my father's worst nightmare—a foreigner, a concert violinist wearing sandals and a cape, an aging bohemian. My father, dear old bourgeois daddy, with a daughter with bizarre ideas of being a poet and even more bizarre ideas of not marrying into wealth, would have been furious to know I was attracted to a gypsy musician."*—excerpt from *Paris 1959-1960*

Turner Publishing is proud to present another heartfelt memoir from the early life of the novelist, poet, and activist, Sandra Hochman. Following Hochman's *Loving Robert Lowell* that revealed the details of her affair with one America's greatest poets, *Paris 1959-1960* chronicles Sandra's years before meeting Lowell, her tumultuous marriage to concert pianist Ivry Gitlis at the age of 22, her life as an American expatriate, and finding her creative voice in the *City of Lights*.

# THE MAGIC CONVENTION

BY SANDRA HOCHMAN

ILLUSTRATED BY BEN SHECTER



## INFORMATION

PUB DATE: NOVEMBER 21<sup>ST</sup>, 2017  
 Paperback ISBN: 978-1-68-336529-7  
 \$12.99  
 8 x 8  
 40 Pages

*JUVENILE FICTION / IMAGINATION & PLAY*

Ever since Amanda could remember, she wanted to be a magician like her uncle Bill. When he came to New York to attend the magic convention, she went with him to the Commodore Hotel and watched while professional magicians from all over the world performed their newest and most exciting tricks. The most thrilling moment of all came when Perry the Magnificent asked Amanda to help him perform a trick on stage, and she took her first step toward her future career.

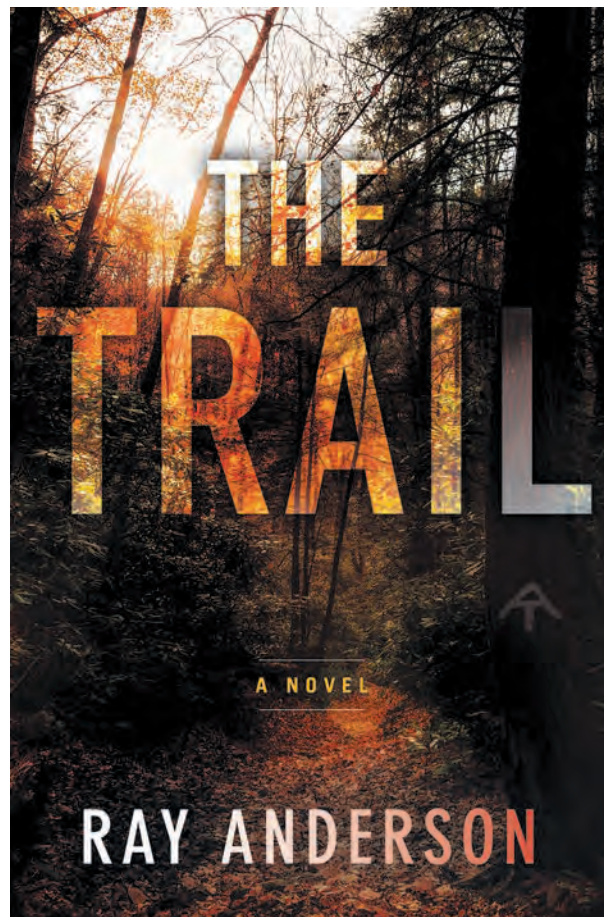
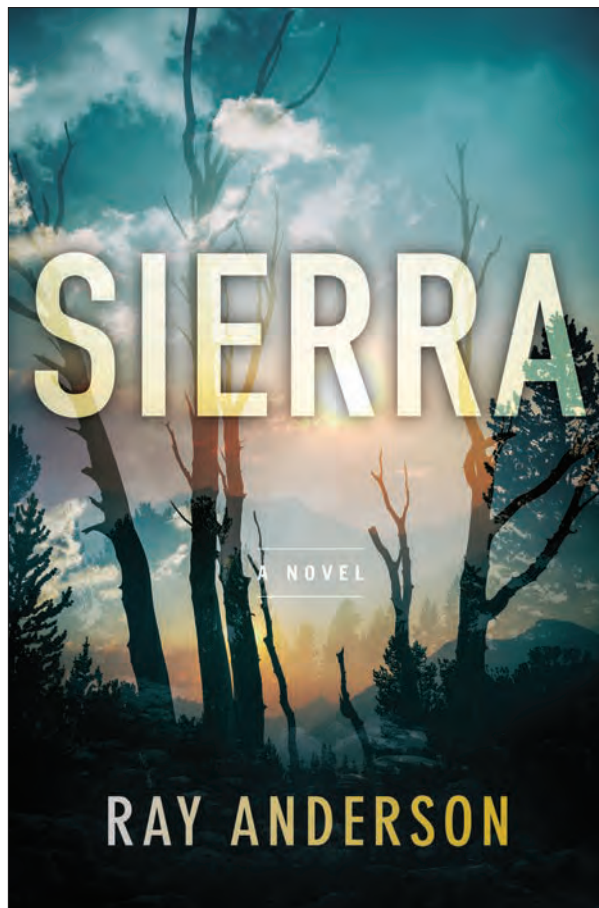
The author of six novels with three forthcoming from Turner Publishing, Sandra Hochman is a Pulitzer Prize-nominated poet with six volumes of poetry. She also authored two nonfiction books and directed a 1973 documentary, *Year of the Woman*, currently enjoying a renaissance. Her work has appeared in *The New Yorker*, and she was a columnist for *Harpers Bazaar*. She also ran her own foundation, "You're an Artist Too" at the Metropolitan Museum of Art to teach poetry and song writing to children ages 7–12 for fifteen years.



## AWOL THRILLERS

THE TRAIL  
SIERRA

RAY ANDERSON



Even in the wilderness, trouble seems to find Karl Bergman. Years after his run-in with a serial killer on the Appalachian Trail, Bergman sets out with his dog, Blazer, on a thru-hike of the Pacific Crest Trail—hoping to return home a better man. But the discovery of a dead body on the outskirts of the Anza-Borrego Desert threatens to embroil Bergman in another violent chain of events with even higher stakes than his previous ordeal. This time his adversary is not just one man as the dead body appears to be linked to a drug cartel using mules to move product from Mexico to Canada. An uneasy alliance with a San Diego narcotics officer makes things more difficult, but when Bergman reconnects with his estranged son Kenny, a sophomore at UCLA, he puts both of them in grave danger that can only be escaped by bringing down the cartel's operation.

## INFORMATION

*Sierra*  
ISBN: 978-1-68162-621-5  
\$17.95 (\$24.50 Can.)  
5.5 x 8.5  
352 Pages

THRILLER

## COMPARISON TITLES:

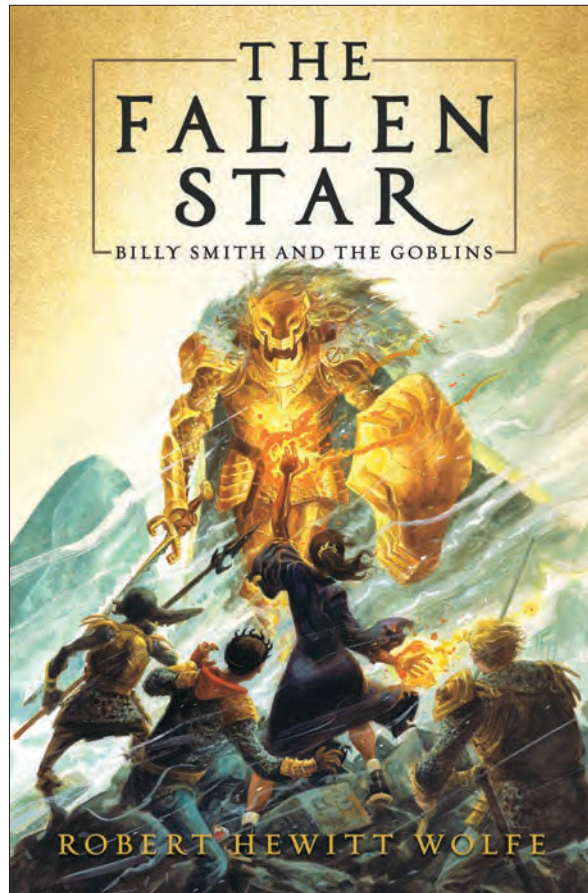
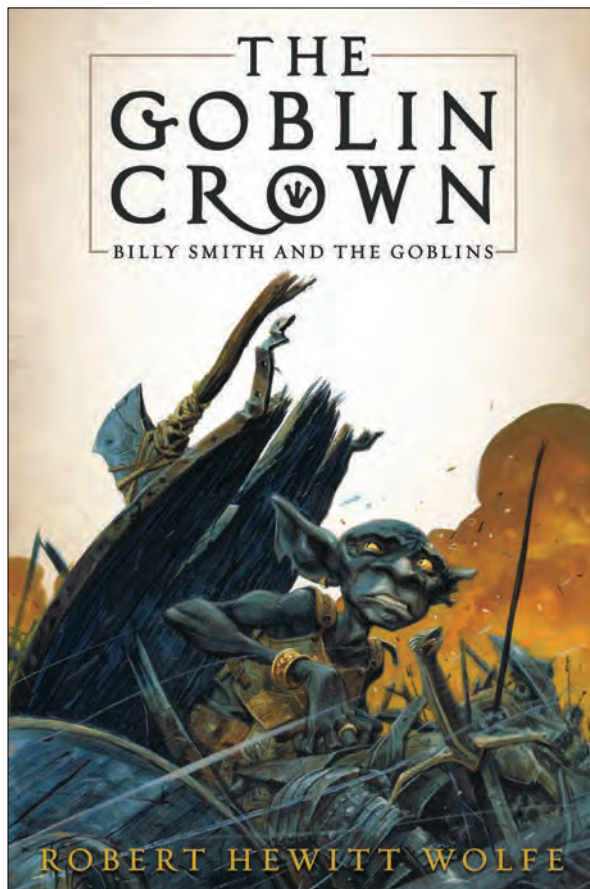
*Never Go Back:*  
978-0-80-412104-0

*Gray Mountain:*  
978-0-38-536316-7

RIGHTS SOLD:  
FILM OPTION

## BILLY SMITH AND THE GOBLINS

THE GOBLIN CROWN: BOOK ONE  
THE FALLEN STAR: BOOK TWO



INFORMATION  
*The Goblin Crown*  
ISBN: 978-1-68162-612-3  
\$16.95 (\$22.95 Can.)  
5.5 x 8.5  
336 Pages

YOUNG ADULT

## COMPARISON TITLES:

*Uprooted*:  
978-0-80-417905-8  
*The Young Elites*:  
978-0-14-751168-3  
*The Goblin Emperor*:  
978-0-76-536568-2

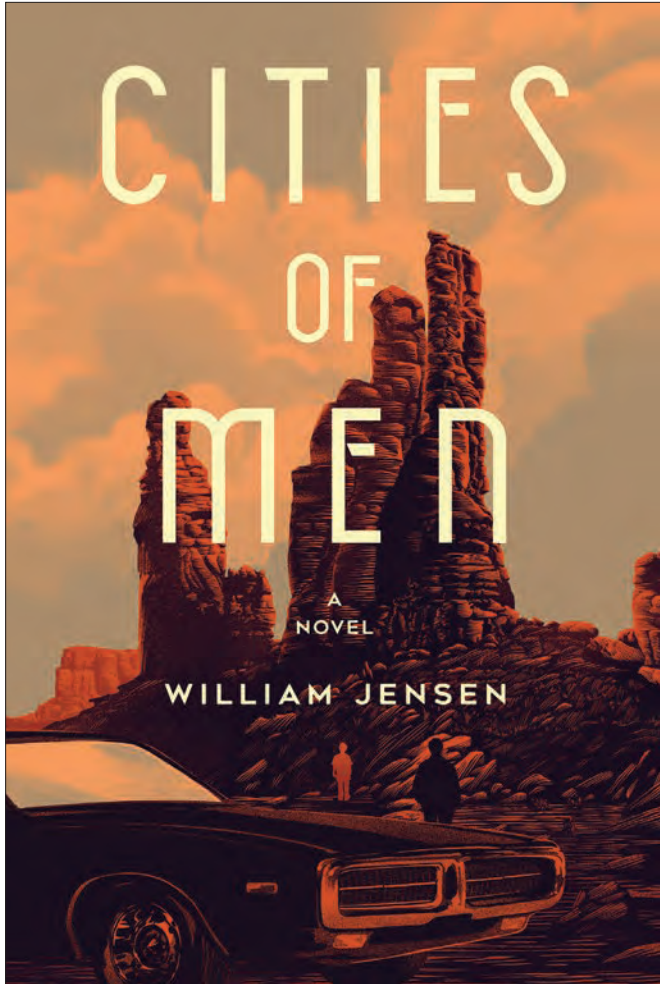
RIGHTS SOLD: AUDIO

**B**illy Smith is having a rough first day of high school. The new kid at exclusive Francis Drake Prep, Billy embarrasses himself in front of fiery, beautiful Lexi Aquino. He makes an instant enemy in Kurt Novac, the school's surly star quarterback. Then suddenly Billy, Lexi, and Kurt are mysteriously transported to an underworld teeming with goblins, strange animal hybrids, and powerful magic—the fact that they're stuck there is probably Billy's fault, too. With help from an unlikely goblin leader named Hop, the teens soon discover that goblins can be both fierce and friendly, with their own rich language, culture, and history—a history that foretells of a human arriving to claim the Goblin Crown and lead them to victory against the deadly, invading Hanorians. Could Billy—anxious, awkward Billy—be the mythical Goblin King? Could saving the goblin race be his destiny and the key to getting him, Lexi, and Kurt back home?

# CITIES OF MEN

A Novel

WILLIAM JENSEN



## INFORMATION

**PUB DATE: MAY 23<sup>RD</sup>, 2017**

Paperback ISBN: 978-1-68-336666-9

\$15.95

5.5 x 8.5

256 Pages

*FICTION / LITERACY / COMING OF AGE*

## COMPARISON TITLES:

*The Last Flight of Poxl West*: 978-1-25-008160-5

*The Boatmaker*: 978-1-93-563998-5

*Swamplandia!*: 978-0-30-727668-1

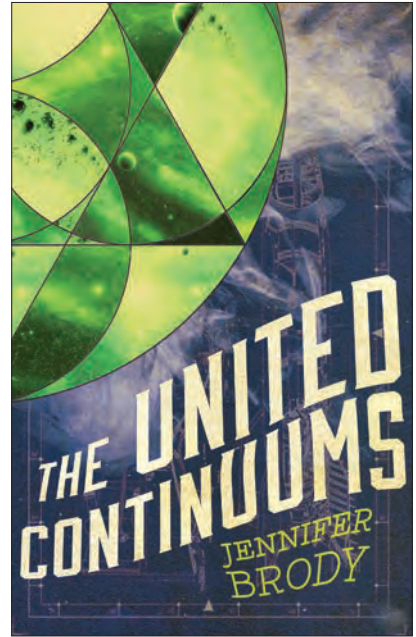
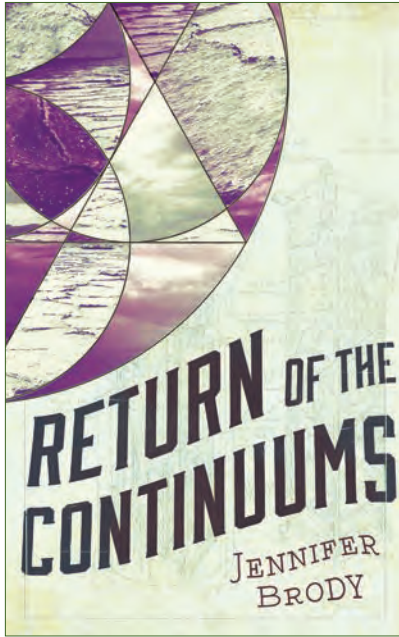
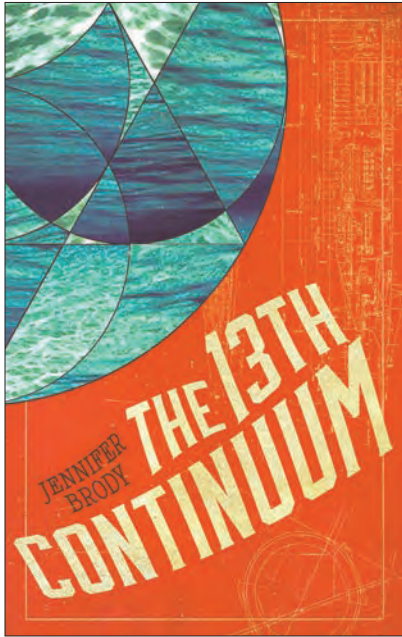
AUDIO AVAILABLE

In 1987, twelve-year-old Cooper Balsam's mother, Arden, disappears without a trace. Cooper's father, Percy, a Vietnam veteran struggling with PTSD, doesn't seem too concerned. "This isn't the first time. She's done it before." As days pass, Cooper begins to act out and withdraw from the world, and his growing animosity toward his father's ambivalence begins to escalate even as Percy and Cooper begin to actively search for the woman in their lives. From the hills of Southern California, to the deserts of Arizona, and down to the beaches of Mexico, the father and son will look for someone who may not want to be found for reasons they don't yet understand.

## THE CONTINUUM TRILOGY

*THE 13TH CONTINUUM: BOOK ONE**RETURN OF THE CONTINUUMS: BOOK TWO**THE UNITED CONTINUUMS: BOOK THREE*

JENNIFER BRODY



## INFORMATION

*The United Continuums*  
 ISBN: 978-1-68-162262-0  
 \$17.95  
 5.5 x 8.5  
 464 Pages

YA FICTION  
 SCIENCE FICTION  
 DYSTOPIAN

## COMPARISON TITLES:

*Times Divide:*  
 978-1-50-394658-3

*The Magic Magician:*  
 978-1-47-782869-4

AUDIO AVAILABLE

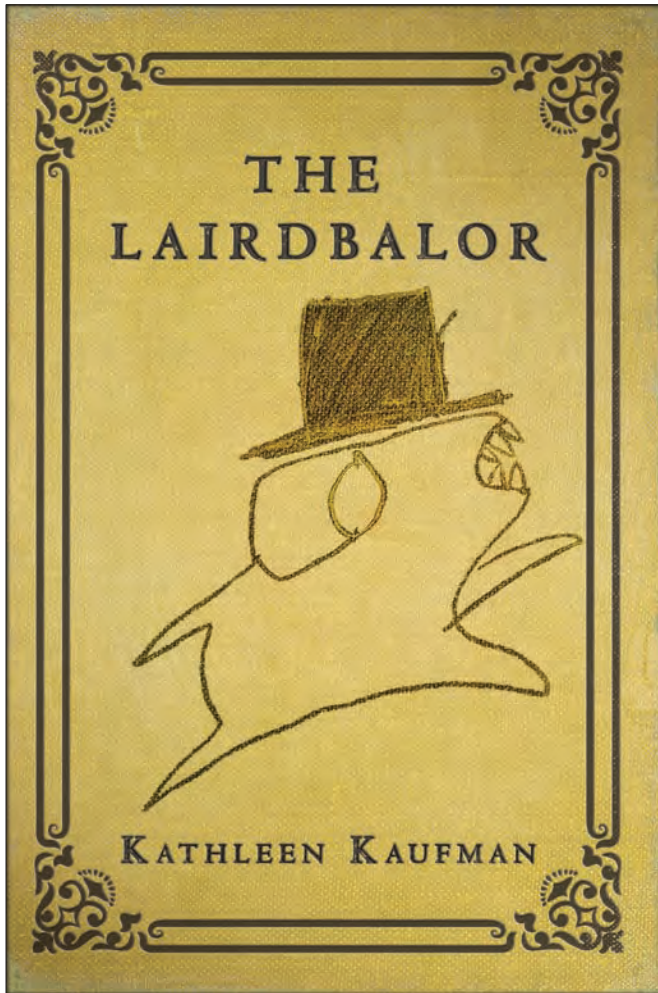
In the epic conclusion to the award-winning Continuum Trilogy, Aero leads a group of insurgents from the Second Continuum to overthrow his rival Supreme General Vinick and unite his space colony's military forces, while Seeker takes on a secret mission back to her home colony to reinforce Earth's defenses and defend the First Continuum against an even greater threat. Meanwhile, Myra's nightmares have become a reality as the Dark Thing hurtles toward Earth with designs on eradicating the planet's fledgling populace. The only thing standing in the way are the three Carriers and those who would join them to fight against a second coming of the Doom.



# THE LAIRDBALOR

A Novel

KATHLEEN KAUFMAN



#### INFORMATION

Paperback ISBN: 978-1-68-336587-7

\$15.95

5.5 x 8.5

288 Pages

*YOUNG ADULT FICTION / FANTASY /  
LITERACY / HORROR / MAGIC REALISM*

#### COMPARISON TITLES:

*Challenger Deep*: 978-0-06-113414-2

*A Monster Calls*: 978-0-76-366065-9

*Bone Gap*: 978-0-06-231762-9

**RIGHTS SOLD: AUDIO**

When seven-year-old Jamie falls down a very long hill, he finds himself trapped in a world of strange creatures, harsh landscapes, and near-perpetual darkness. Lost and confused, Jamie is desperate to get home. The nightmares, fears, and all manner of what-ifs that inhabit this shadow world are unfamiliar to him—all except one: the Lairdbalor, Jamie's personal nightmare, once relegated to his dreams. In this fantastical land, however, the Lairdbalor and all the fears and nightmares of children are very real.

But Jamie's nightmare is different. It is the sum total of the anger and anxiety that imprisoned him in his former life, and it threatens to consume and rule the nightmare realm, a place where time passes differently. With each slumber, Jamie finds himself inexorably changed. The farther he travels through this terrifying world, the better he understands the one he left behind.

## THE QUEEN'S PROPHET

A Novel

DAWN PATITUCCI

## INFORMATION

Paperback ISBN: 97-1-68-336682-9

\$17.95

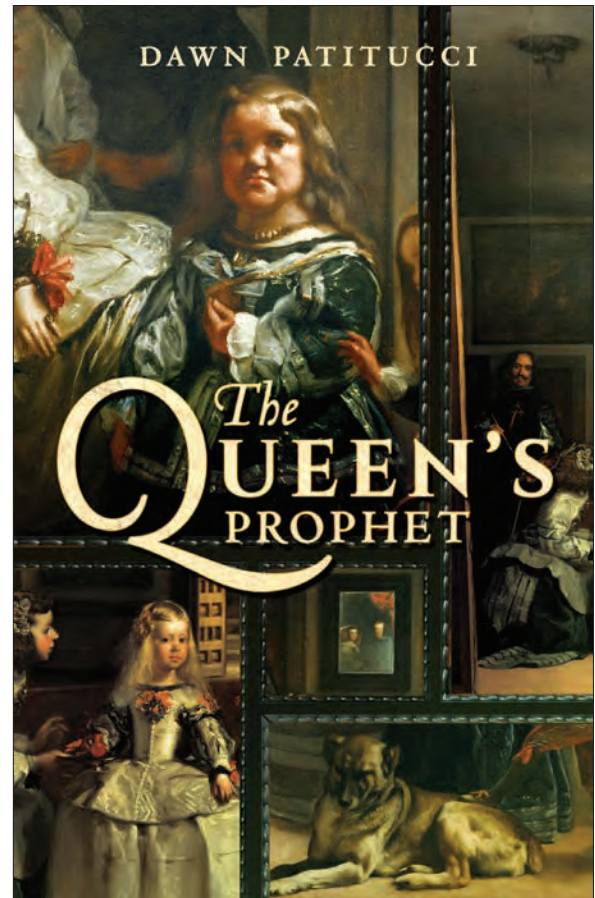
5.5 x 8.5 384 Pages

FICTION / HISTORICAL / LITERACY

## COMPARISON TITLES:

*The Miniaturist*: 978-0-06-230684-5*The Light Between Oceans*: 978-1-45-168175-8*The Paper Magician*: 978-1-47-782383-5

RIGHTS SOLD: AUDIO



Inspired by Velázquez's baroque masterpiece, *Las Meninas*, *The Queen's Prophet* is an imagined account of the dwarfess Maribarbola of Spain (featured prominently in Velázquez's painting) and her struggle for survival and self-determination at a time when dwarfs were kept by aristocracy as pets, prophets, and good luck charms.

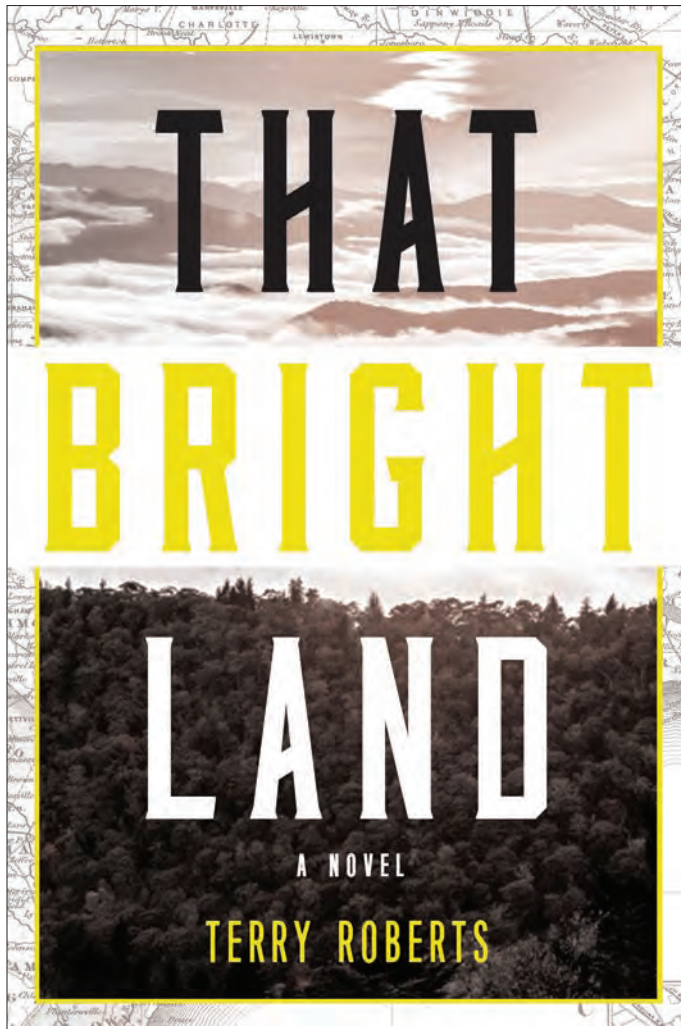
When the Countess of Walther dies at her German estate, her loyal dwarfess Maria-Barbara is forced to work as a prophet for a traveling magician, who betrays her by selling her to the Queen of Spain. There she becomes Maribarbola, prophet to the Queen, and, her survival at stake, endeavors to outsmart the Spaniards.

Mari's wits and loyalties are tested as she becomes embroiled in palace intrigue alongside the politically embattled Queen. When Mari's carefully schemed prophecies dazzle all of Spain, she and the Queen climb to dizzying heights of power, a place as intoxicating as it is dangerous. But even as Mari survives and thrives at the Spanish court, the loss of identity she suffers from living a lie makes her question whether she is really surviving at all.

# THAT BRIGHT LAND

A Novel

TERRY ROBERTS



## INFORMATION

Paperback ISBN: 978-1-63-026975-3

\$17.95 (\$23.50 Can.)

5.5 x 8.5

336 Pages

*FICTION / HISTORICAL*

## COMPARISON TITLES:

*Where Elephants Fought*: 978-1-62-006598-3

*Serena*: 978-0-06-147084-4

*A Land More Kind Than Home*:

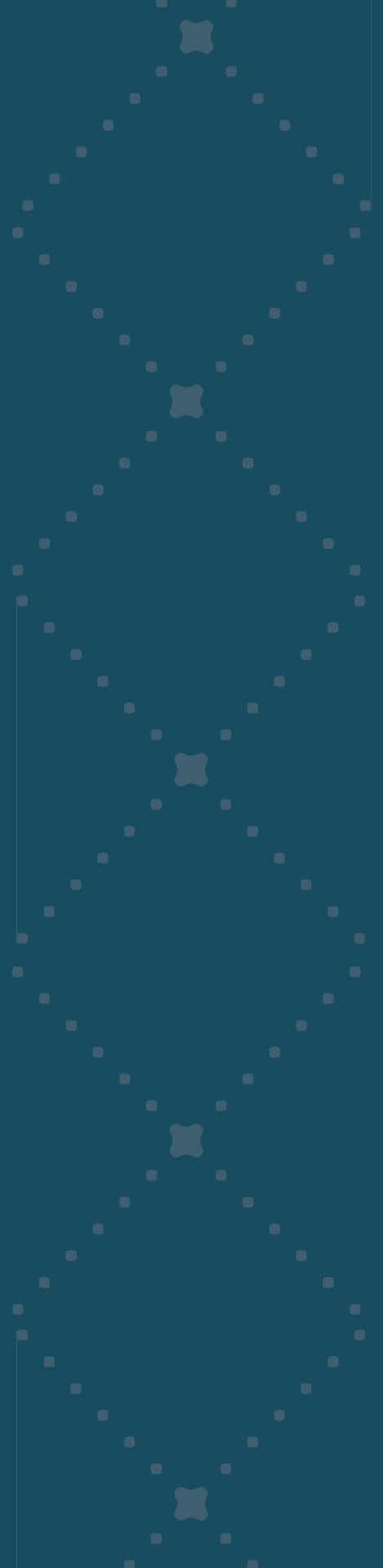
978-0-06-208823-9

RIGHTS SOLD: AUDIO

**A new Southern gothic thriller from the winner of the  
2012 Willie Morris Award for Southern Fiction.**

**I**n the Summer of 1866, Jacob Ballard, a former Union soldier and spy, is dispatched by the War Department in Washington City to infiltrate the isolated North Carolina mountain community where he was born and find the serial killer responsible for the deaths of Union veterans. Based on true events, *That Bright Land* is the story of a violent and fragile nation in the wake of the Civil War and a man who must exorcise his own savage demons while tracking down another.

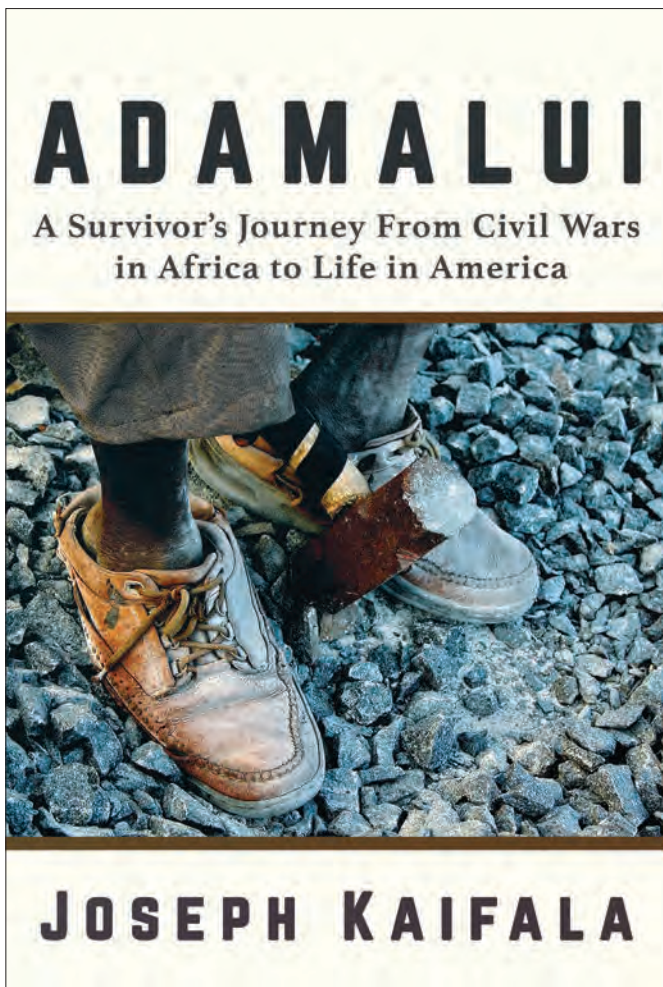
# FRONT LIST NONFICTION



## ADAMALUI

A Survivor's Journey from Civil Wars in Africa to Life in America

JOSEPH KAIFALA



## INFORMATION

PUB DATE: March 6<sup>TH</sup>, 2018  
 Paperback ISBN: 978-1-68-162683-3  
 \$16.99  
 5.5 x 8.5  
 288 Pages

RELIGION / JUDAISM / GENERAL

## COMPARISON TITLES:

*City of Thorns*: 978-1-25-011873-8  
*A Long Way Gone*: 978-0-37-453126-3  
*The Girl with Seven Names*: 978-0-00-755485-0

RIGHTS SOLD: AUDIO

**A**s a survivor of the devastating civil wars in Sierra Leone and Liberia, Joseph Kaifala recounts the harrowing details of an early life punctuated by unimaginable violence and his journey to survival that eventually led him to the United States. Told with humility and grace, *Adamalui* is the true story of one man's unshakable faith, thirst for knowledge, and indomitable will.

PRAISE FOR JOSEPH KAIFALA'S *FREE SLAVES*, *FREETOWN*, AND *THE SIERRA LEONEAN CIVIL WAR*

"It is no easy feat to write a country's history in one book, especially when the nation involved has been through as much hope and as much suffering as Sierra Leone. But Joseph Kaifala has managed the job knowledgeably and skillfully, by focusing on key periods of his country's evolution. This is a first-rate guide to understanding the deep historical underpinnings of the challenges facing Sierra Leone today."

—Adam Hochschild, author of *King Leopold's Ghost: A Story of Greed, Terror and Heroism in Colonial Africa*.

## FOOD SANITY

How to Eat in a World of Fads and Fiction

DR. DAVID FRIEDMAN

## INFORMATION

PUB DATE: FEBRUARY 20<sup>TH</sup>, 2018  
 Paperback ISBN: 978-1-68-336727-7  
 \$19.99  
 6 x 9  
 352 Pages

HEALTH&amp;FITNESS/DIET&amp;NUTRITION/GENERAL

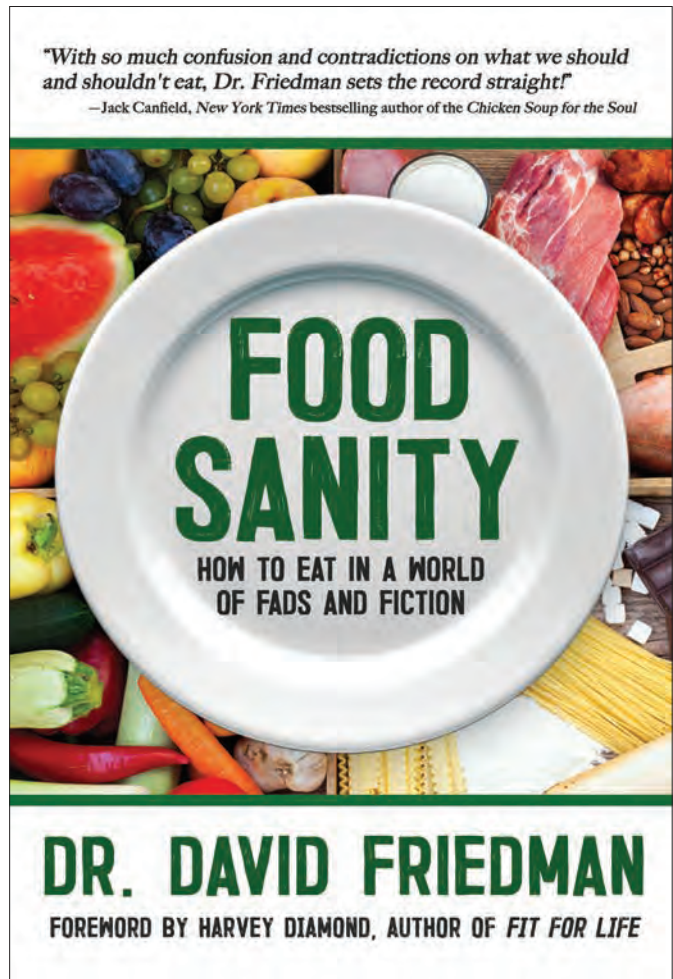
## COMPARISON TITLES:

*Salt, Sugar, Fat: How the Food Giants Hooked Us:*  
 978-0-81-298219-0

*Effortless Healing:* 978-1-10-190289-9

*Fat Chance:* 978-0-14-218043-3

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During his 25 years as a holistic practitioner and health expert on syndicated TV and radio, Dr. David Friedman has interviewed hundreds of world-renowned doctors and bestselling authors. From proponents of a Vegan, Paleo, Mediterranean Diet to a Gluten Free and Low Carb Diet, the opinions are as different as night and day.

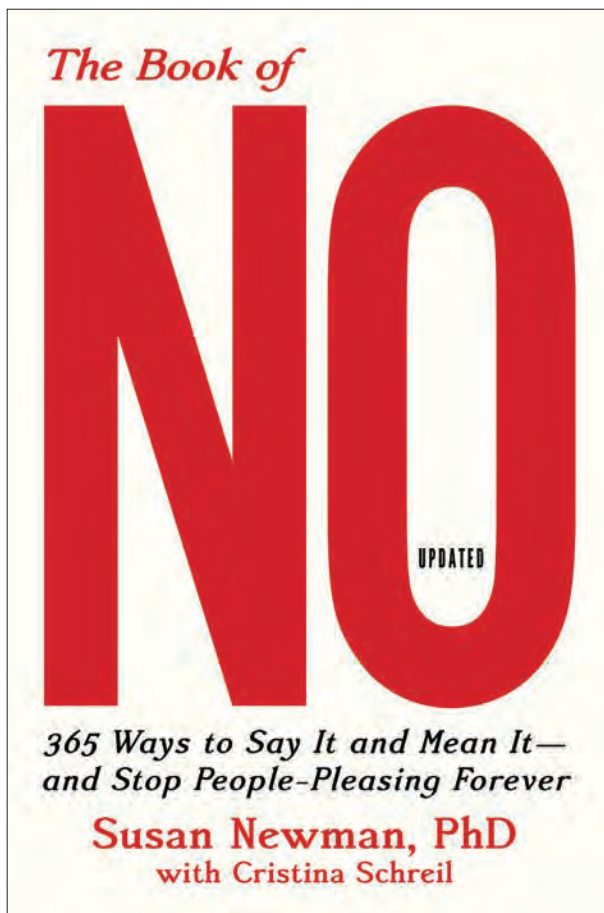
After becoming frustrated with all the conflicting research and opinions, Dr. Friedman wrote *Food Sanity*, which explores all the fads, facts and fiction. Using a common science meets common sense approach, this groundbreaking book finally answers the big question: WHAT THE HECK ARE WE SUPPOSED TO EAT?!!

Readers will discover never-before-heard nutritional and dieting advice that will ensure they get the maximum benefits from their food and dietary supplements. *Food Sanity* offers a definitive blueprint on how to eat in the unhealthiest developed country in the world.. the good ole U.S.A.

# THE BOOK OF NO: UPDATED EDITION

365 Ways to Say it and Mean it—and Stop People-Pleasing Forever

SUSAN NEWMAN, PHD



## INFORMATION

PUB DATE: December 5<sup>TH</sup>, 2017

Paperback ISBN: 978-1-68-336690-4

\$17.99

5.5 x 8.5

288 Pages

*SELF-HELP / GENERAL*

## COMPARISON TITLES:

*The Need to Please*: 978-1-60-882608-7

*The Disease to Please*: 978-0-07-138564-0

*The Book of No*: 978-0-07-146078-1

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**S**ocial psychologist and author Dr. Susan Newman empowers you to break your debilitating **S**yes habit with her simple techniques and insights. This new, enhanced edition is filled with research and timely scenarios that offer more ways to say “no” without feeling guilty or damaging your relationships.

You’ll discover how to:

- Recognize when someone is manipulating you into “yes”
- Be ready with the words you need to refuse
- Avoid being overcommitted, overworked and overwhelmed
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- Make quality time for things you want to do
- Establish and keep your boundaries strong
- Harness the power of “No” and take back your life.

## ORTHOMOLECULAR NUTRITION FOR EVERYONE

Megavitamins and Your Best Health Ever

HELEN SAUL CASE

## INFORMATION

PUB DATE: MARCH 14<sup>TH</sup>, 2017

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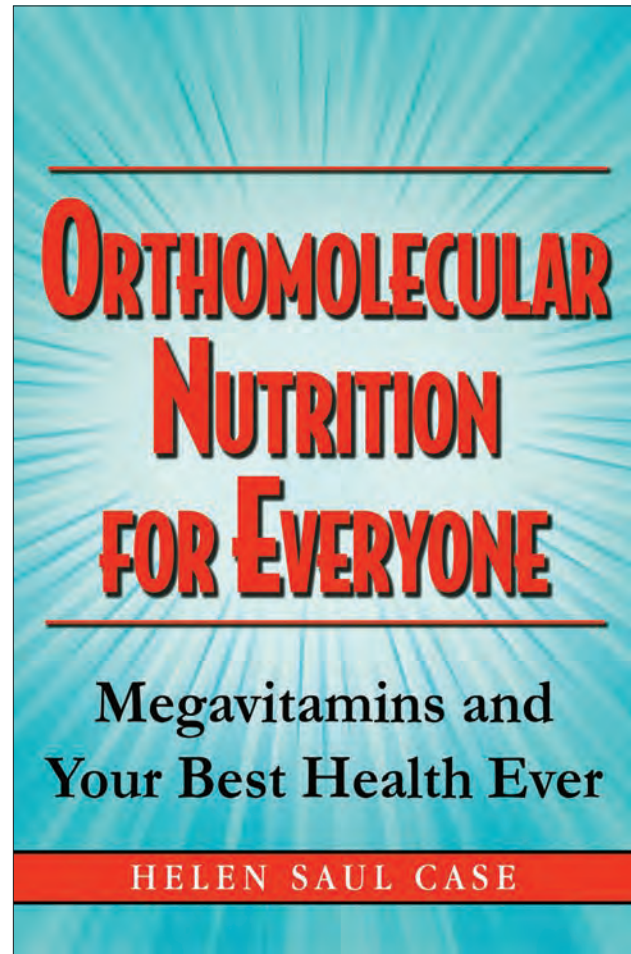
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386 Pages

HEALTH &amp; FITNESS

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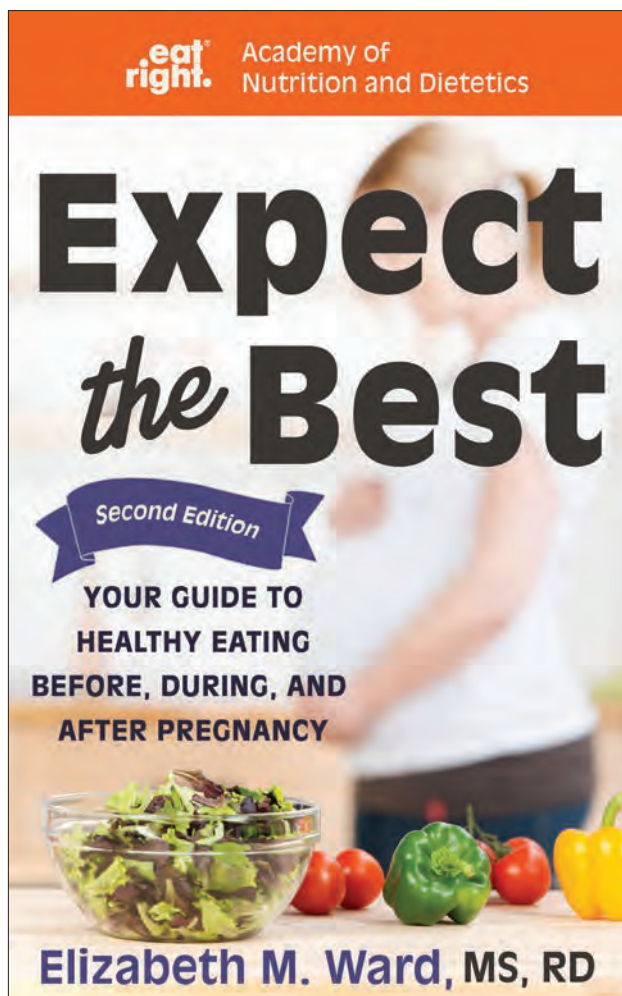
- **KNOWN EXPERT:** Helen Saul Case is a known authority in orthomolecular medicine, and has been featured in numerous orthomolecular features and media opportunities, including the recently-released *That Vitamin Movie*.
- **BESTSELLING AUTHOR:** Helen Saul Case has authored various orthomolecular titles that have sold thousands of copies, and has co-authored with her father, Andrew Saul (author of bestselling titles *Niacin* and *Doctor Yourself*).
- **WRITTEN WITH A GENERAL AUDIENCE IN MIND:** This title is a more holistic approach to orthomolecular medicine, which will offer a more general market and wider-range of readers than other orthomolecular titles that are more specific.



# EXPECT THE BEST: 2ND EDITION

Your Guide to Healthy Eating Before, During, and After Pregnancy

ELIZABETH M. WARD, MS, RD



## INFORMATION

**PUB DATE:** MARCH 28<sup>TH</sup>, 2017

Paperback ISBN: 978-1-68162-624-6

\$16.95 (\$22.95 Can.)

6 x 9

304 Pages

*HEALTH & FITNESS / PREGNANCY*

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Are you thinking of having a baby? Perhaps you're pregnant or nursing a newborn. Whatever the case, *Expect the Best* shows you how a healthy lifestyle from preconception to postdelivery will help you to have the brightest, healthiest child possible. You'll find dozens of useful, easy-to-follow tips for healthy eating and physical activity, including:

- Why you (and your partner) should achieve a healthy weight before trying for a baby, and how good nutrition helps maximize fertility in women and men
- Trimester-by-trimester advice about nutrition and exercise during pregnancy
- Safe postpregnancy weight loss, and the best eating plan for nursing moms
- How diet can help you handle conditions such as gestational diabetes and morning sickness
- 50 delicious, nutritious, and easy recipes your entire family will love

## STREAMS

Life Secrets for Writing Poems and Songs

SANDRA HOCHMAN

## INFORMATION

PUB DATE: MAY 2<sup>ND</sup>, 2017

Paperback ISBN: 978-1-68-336531-0

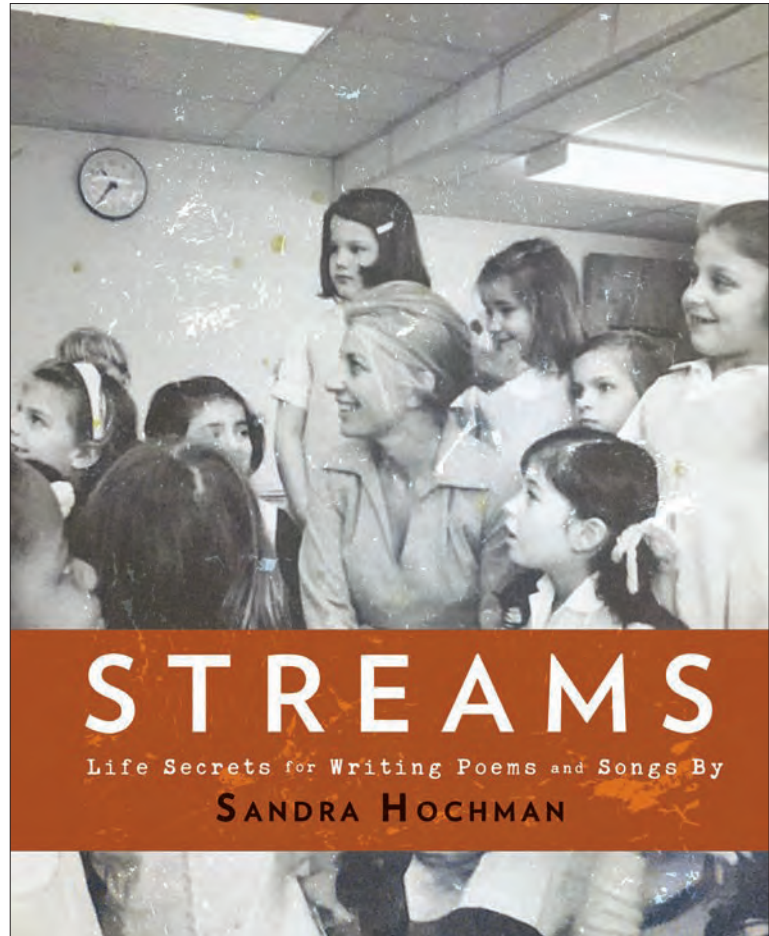
\$16.95

7.5 x 9.25

192 Pages

LANGUAGE ARTS / COMPOSITION  
AND CREATIVE WRITING

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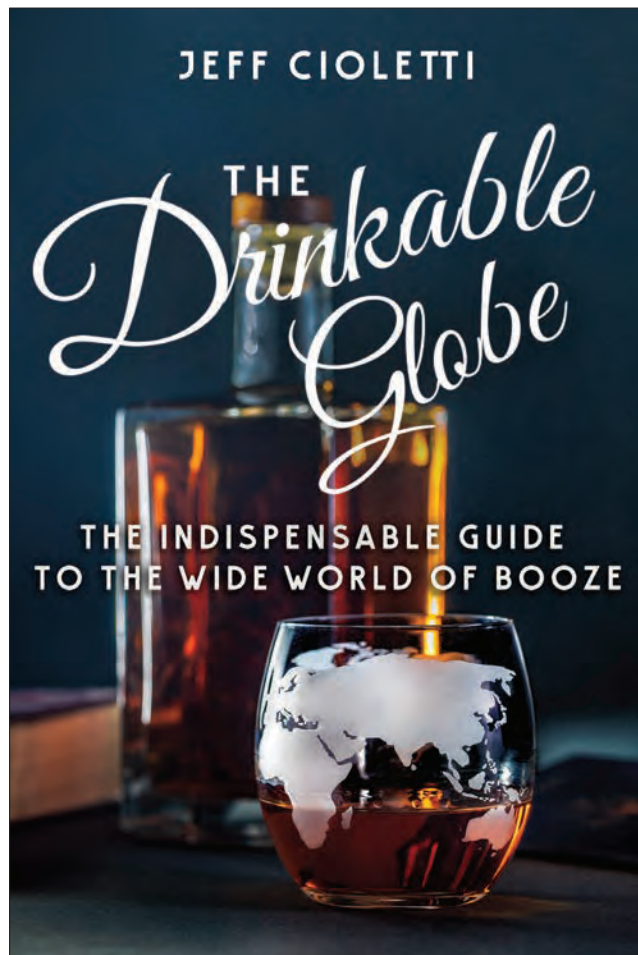
First published by Prentice-Hall in 1978, Hochman's approach to teaching is just as unconventional and revelatory today as it was forty years ago.

From the Introduction by Hochman: *This is a personal book that I hope will be like a friend. In a simple way I want to tell you some thoughts that I have about writing poetry and songs, and share with you some warm-up exercises for writing that can be used to limber up the mind the same way that dancers limber before a performance. Writing has always been for me a necessary experience—something that I feel compelled to do. If that feeling of wanting to write is inside of you—what I call the Necessary Angel wanting to speak—that writing can be a part of your life experience the way it is part of mine.*

# THE DRINKABLE GLOBE

Adventures in Drinking Around the World

JEFF CIOLETTI



## INFORMATION

Paperback ISBN: 978-1-68-162569-0

\$19.95

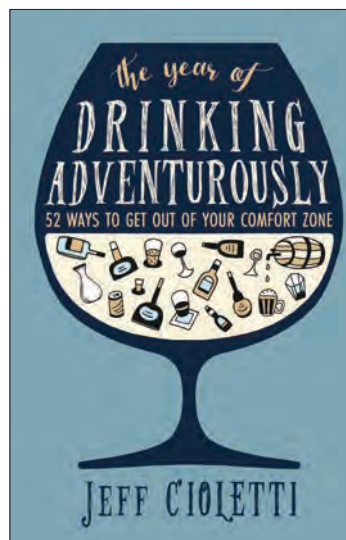
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400 Pages

COOKING / BEVERAGES / ALCOHOLIC  
TRAVEL / ESSAYS & TRAVELOGUES

*The Drinkable Globe:*  
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*The Year of Drinking Adventurously:*  
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Join the globetrotting Jeff Cioletti as he explores the tradition, consumption, and production of alcohol in eleven distinct global regions. Starting at the international dateline and moving west, Cioletti shares thoughts on the relationships of the people that inhabit these regions with alcohol and even throws in dozens of cocktail recipes from reknowned international bartenders and connoisseurs to boot.

## HORSE GAITS, BALANCE AND MOVEMENT

REVISED EDITION

SUSAN E. HARRIS

## INFORMATION

Paperback ISBN: 978-1-68-162636-9

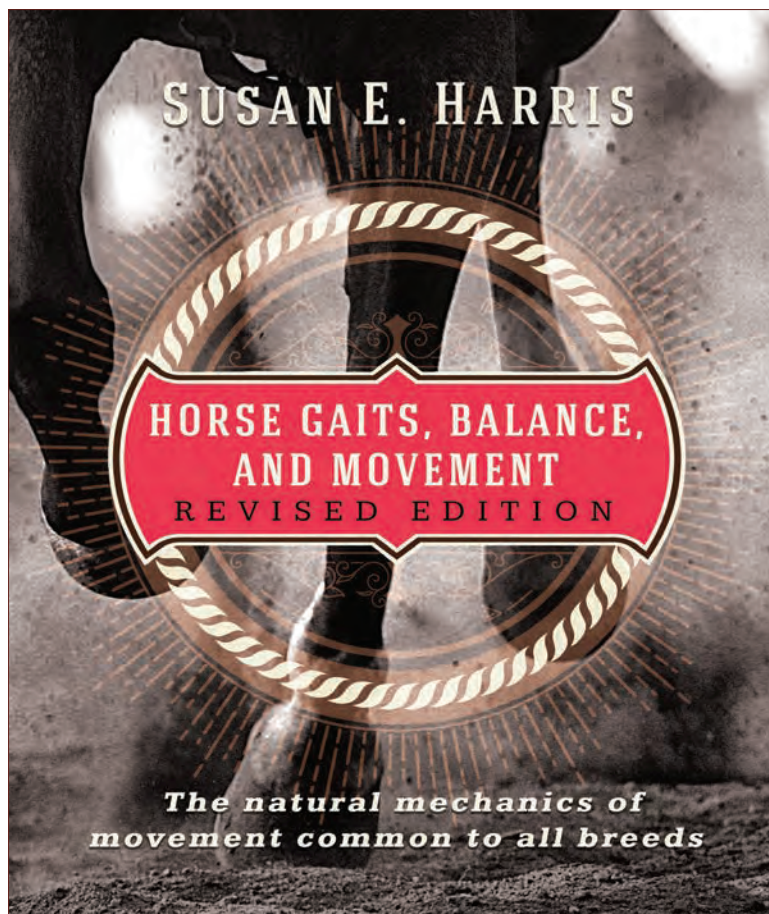
\$29.95 (\$37.95 Can.)

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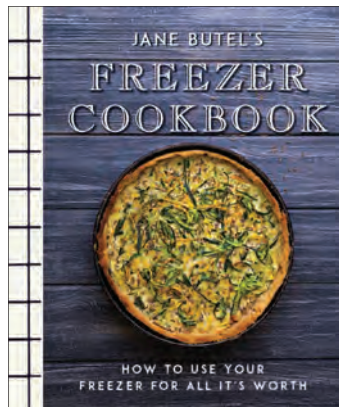
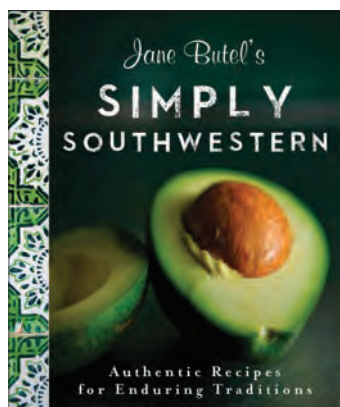
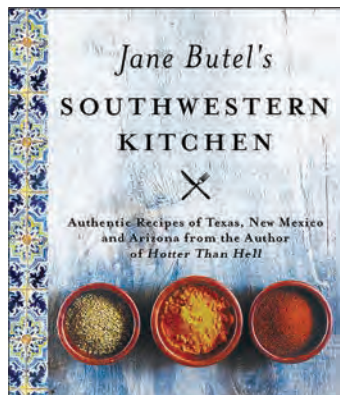
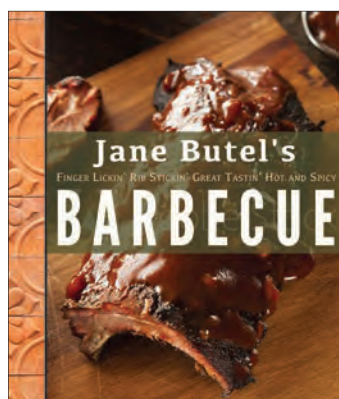
THE INSTANT CLASSIC ON HORSE MOVEMENT IS NOW COMPLETELY REVISED  
AND UPDATED WITH COLOR ILLUSTRATIONS.

Horses are born to move—a foal can walk, trot, and gallop within hours of birth. But not all horses move equally well, and the way a horse moves can have a real impact on how you ride. In this unique book, Susan Harris presents more than 300 eye-opening drawings that show you exactly how horses move. She illustrates movements common to all horses, pinpoints movement problems, reveals how a human in the saddle affects a horse's movement, and helps you become a better, more accomplished rider.

## JANE BUTEL COOKBOOK LIBRARY

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 HOT AND SPICY BARBECUE  
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 TEX-MEX COOKBOOK  
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## JANE BUTEL



## HOTTER THAN HELL INFORMATION

PUB DATE: APRIL 18<sup>TH</sup>, 2017

Paperback ISBN: 978-1-68-162467-9

\$19.95 (\$34.95 Can.)

7.5 x 9.25 128 Pages

## FINGER LICKIN', RIB STICKIN', GREAT TASTIN', HOT AND SPICY BARBECUE INFORMATION

PUB DATE: JUNE 27<sup>TH</sup>, 2017

Paperback ISBN: 978-1-68-162476-1

\$12.95 (\$24.95 Can.)

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COOKING / REGIONAL AND ETHNIC

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Jane Butel is the leading international authority on the cuisine of the American Southwest and Regional Mexican cooking. Known for her clear, easy to understand recipes and culinary instruction—she has been recognized as the “Best in the US” by Gayot.com and one of the four best Cooking Schools in the World by *Bon Appetit* magazine.

She has authored 22 cookbooks, including many best sellers, hosted four television shows and national radio shows, and conducts hands-on cooking schools and culinary tours.

# THE SEXLESS MARRIAGE FIX

Rescuing a Sexless Marriage and Making it All it Can Be

ROBERT M. FLEISHER, D.M.D.

ROBERTA FOSS-MORGAN, D.O.

## INFORMATION

Paperback ISBN: 978-1-59-120378-0

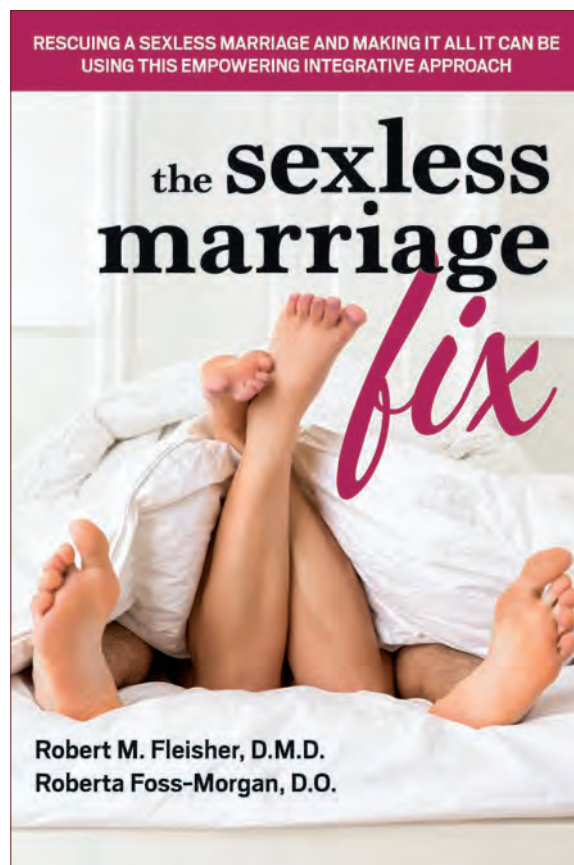
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216 Pages

HEALTH & FITNESS / SEXUALITY

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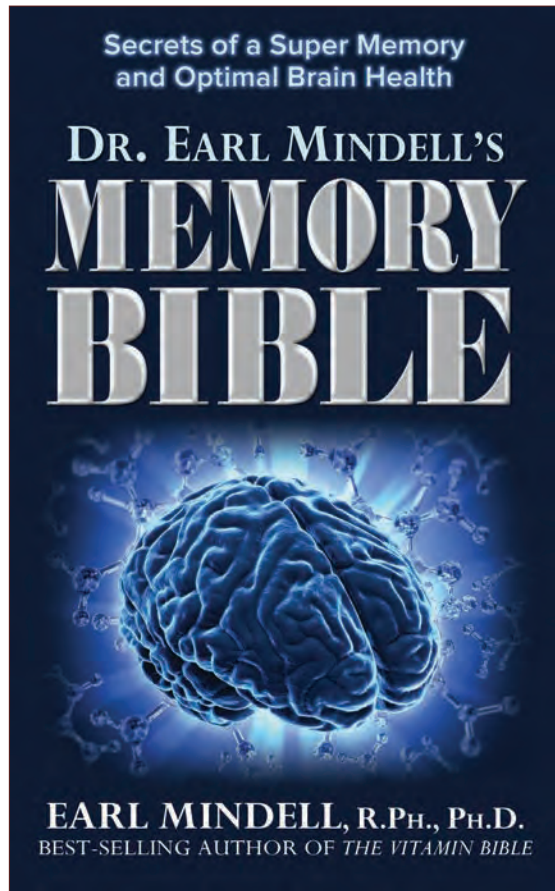
*The Sexless Marriage Fix*, by doctors Robert Fleisher and Roberta Foss-Morgan, is the book that gets everyone talking about a problem no one is talking about: sexless marriage. Unfortunately, it's an intimate problem that is nearing epidemic proportions. But what many don't realize is that there are real solutions, and it all begins with a blood test! In this eye-opening book, the authors reveal:

- the true causes of the decline in the nature and frequency of sexual relations, including personal, behavioral, physical (including hormonal), psychological, or combined factors.
- an intimate and straightforward discussion on male and female sexuality, including a frank exploration of aspects related to a decline in attraction unique to each gender.
- how to work through virtually any problem with a comprehensive program designed to restore harmonious feelings and increase intimacy.

# DR. EARL MINDELL'S MEMORY BIBLE

Secrets of a Super Memory and Optimal Brain Health

EARL MINDELL, R.PH., PH.D.



## INFORMATION

Paperback ISBN: 978-1-59-120398-8

\$9.95 (\$13.95 Can.)

5.5 x 8.5

96 Pages

HEALTH & FITNESS / ALZHEIMER'S & DEMENTIA

RIGHTS SOLD: PORTUGUESE

We are living longer than ever before. With this extended life span comes new concerns like memory issues and dementia, which can interfere with the ability to live a full, involved, and independent life. The good news is, age-related memory problems are not a natural product of aging. We can enjoy good cognitive function well into our senior years, and Dr. Earl Mindell shows us how.

In *Dr. Earl Mindell's Memory Bible*, he equips you with the knowledge and tools you need to stop cognitive debilitation in its tracks and to maintain a healthy memory well into your eighties and beyond. This book discusses how aging impacts cognitive function, how common medications intended to improve memory actually impact the brain, and what you can do to preserve and even improve your memory.

## VITAMINS &amp; PREGNANCY

The Real Story

HELEN SAUL CASE

## INFORMATION

Paperback ISBN: 978-1-59-120313-1

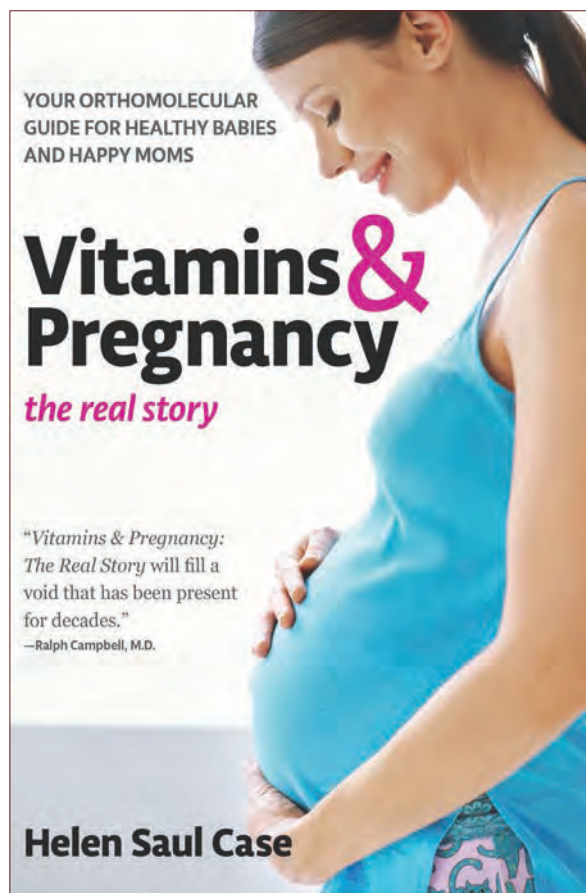
\$19.95 (\$26.95 Can.)

6 x 9

352 Pages

HEALTH &amp; FITNESS / PREGNANCY

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*Vitamins & Pregnancy: The Real Story* is a comprehensive, yet easily readable nutritional guide to optimal health—for both you and your baby—that tackles the topics other pregnancy books don't, including:

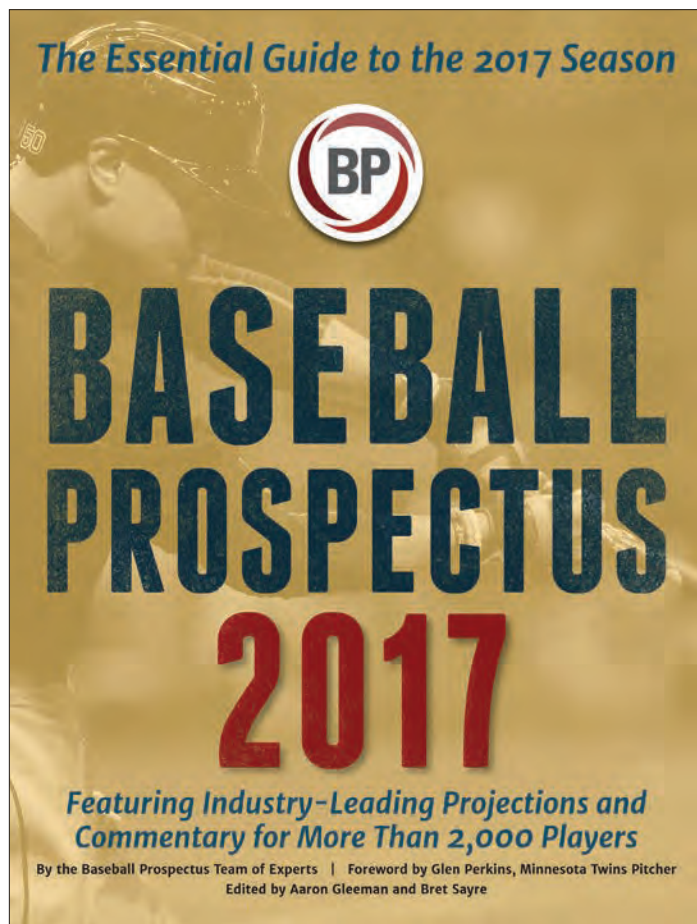
- The many ways nutrition helps to ensure your baby's best development in utero—with lifelong benefits for mother and child
- How vitamin C helps prevent birth defects, postpartum hemorrhages, and even stretch marks; vitamin E helps prevent miscarriage; magnesium helps cramping legs and sore, aching backs; and extra vitamin B6 alleviates morning sickness—without a prescription!
- Optimal vitamin and mineral intakes during pregnancy and breastfeeding
- What the research says about efficacy and safety
- Nutrition-based advice to help alleviate more than 35 pregnancy issues, from acid reflux and yeast infections, to postpartum challenges—including depression and losing weight



# BASEBALL PROSPECTUS 2017

The Essential Guide to the 2017 Season

Edited by AARON GLEEMAN and BRET SAYRE



## INFORMATION

**PUB DATE: FEBRUARY 10<sup>TH</sup>, 2017**  
 Paperback ISBN: 978-1-68162-640-6  
 \$49.95 (\$52.95 Can.)  
 Hardcover ISBN: 978-1-68162-641-3  
 \$59.95 (\$79.95 Can.)  
 8.5 x 11  
 608 Pages

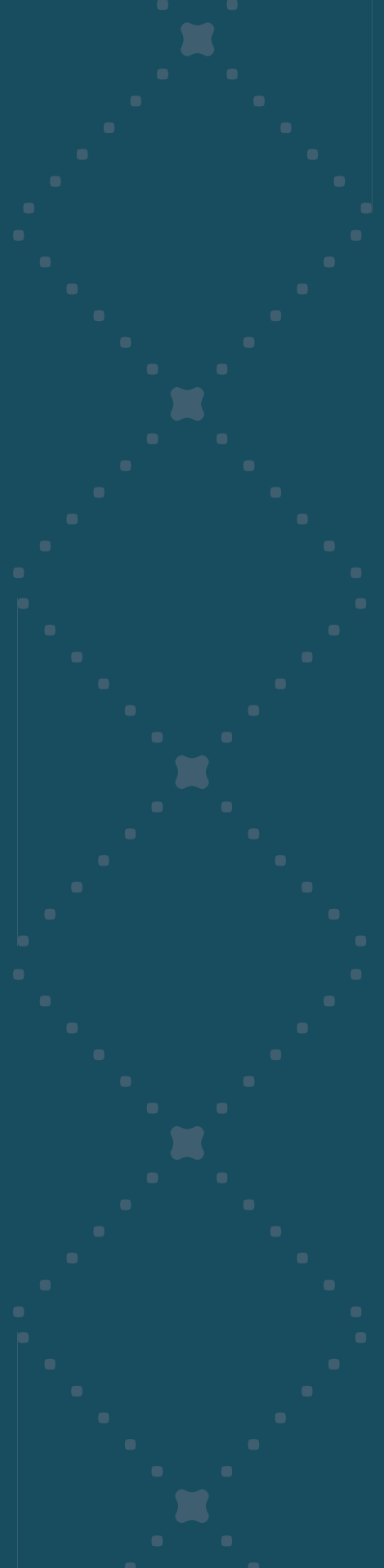
*SPORTS & RECREATION / BASEBALL*

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THE 2017 EDITION OF THE *NEW YORK TIMES* BESTSELLING GUIDE.

The 22nd edition of the industry-leading Baseball Prospectus annual is the essential guide to the 2017 season. Including projections and commentary on nearly 2,000 players from veterans to prospects and in-depth analysis of each big league team, it is every baseball fan's indispensable resource.

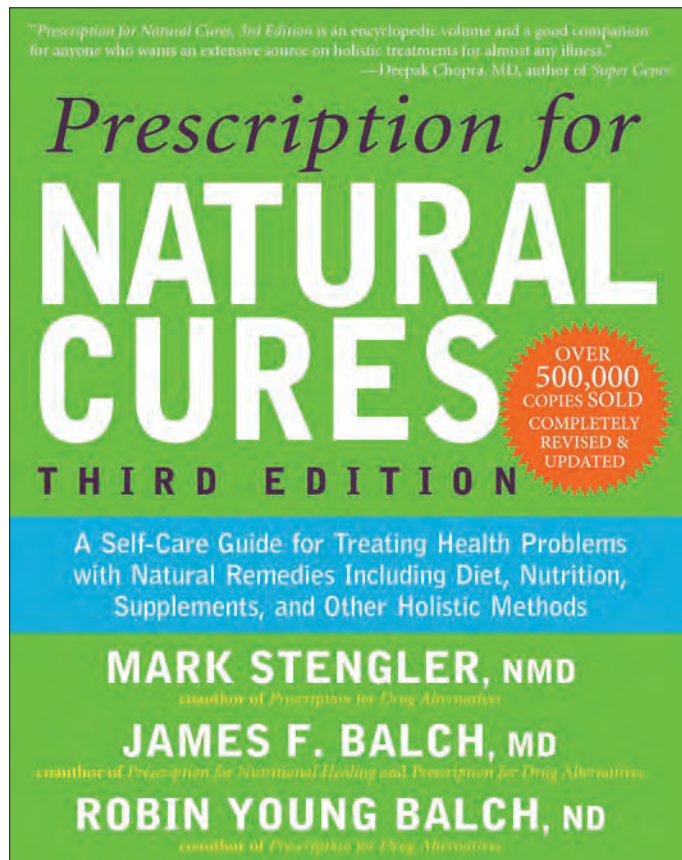
# BEST SELLING BACKLIST



# PRESCRIPTION FOR NATURAL CURES

**THIRD EDITION:** A Self-Care Guide for Treating Health Problems with Natural Remedies Including Diet, Nutrition, Supplements, and Other Holistic Methods

JAMES F. BALCH, MD,  
MARK STENGLER NMD  
ROBIN BALCH, ND



## INFORMATION

Paperback ISBN: 978-1-63-026090-3  
\$27.95 (\$29.50 Can.)  
8.5 x 11  
848 Pages

HEALTH & FITNESS

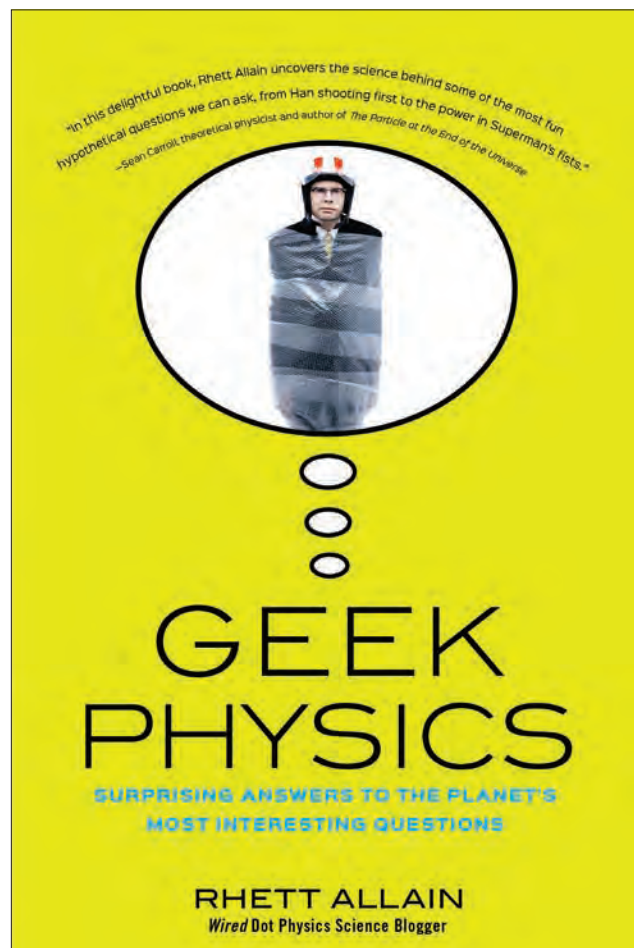
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Hundreds of thousands of readers have relied on *Prescription for Natural Cures* as the source for accurate, easy-to-understand information on natural treatments and remedies for a host of common ailments. The new edition of this invaluable guide has been thoroughly updated to reflect the very latest research and recommendations. This revised edition prescribes remedies for almost 200 conditions, including new entries such as gluten sensitivity and MRSA. You'll find easy-to-understand discussions of the symptoms and root causes of each health problem along with a proven, natural, customized prescription that may include supplements, herbal medicine, homeopathy, aromatherapy, Chinese medicine, hydrotherapy, bodywork, natural hormones, and other natural cures in addition to nutritional advice.

# GEEK PHYSICS

Surprising Answers to the Planet's Most Interesting Questions

RHETT ALLAIN



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SCIENCE / PHYSICS

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In *Geek Physics*, Rhett Allain, a physics professor and Wired's popular Dot Physics blogger, finds intriguing questions buried in familiar movies and TV shows, video games, viral videos, and news hooks and walks readers through the fascinating answers from a physics perspective, without all the complicated details. *Geek Physics* appeals not just to the geek-oriented but also to anyone who loves pop culture and technology.

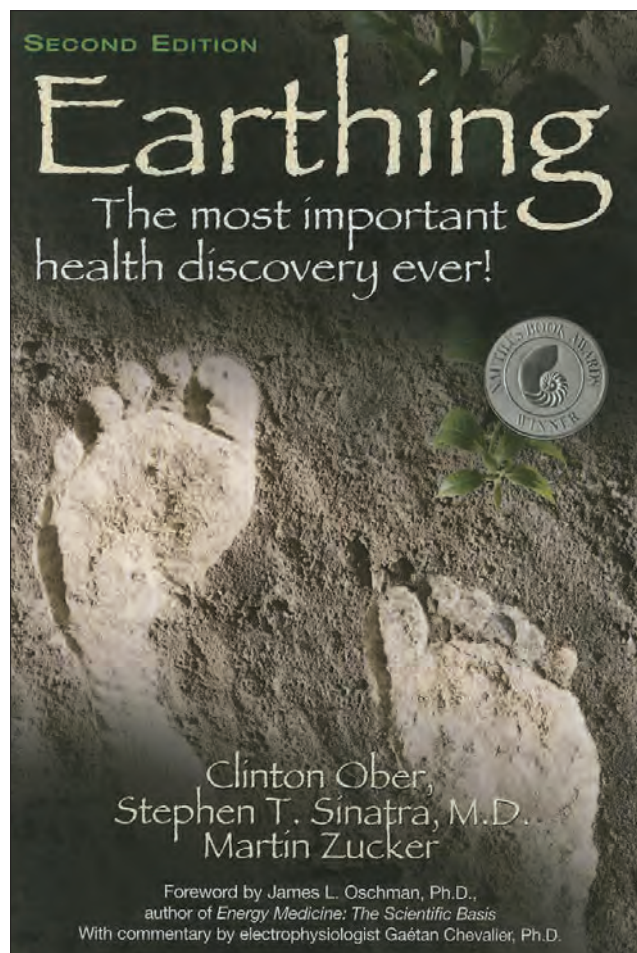
# EARTHING

The Most Important Health Discovery Ever!

CLINTON OBER

STEPHEN SINATRA, M.D.

MARTIN ZUCKER



## INFORMATION

Paperback ISBN: 978-1-59-120374-2

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338 Pages

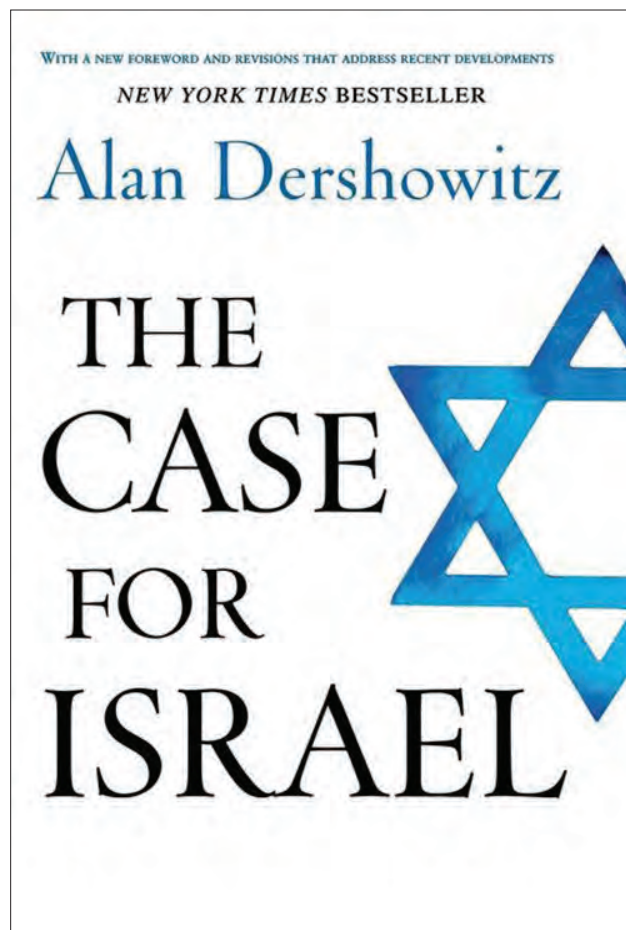
*HEALTH & FITNESS / ALTERNATIVE THERAPIES*

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*E*arthing introduces readers to the landmark discovery that living in contact with the Earth's natural surface charge—being grounded—naturally discharges and prevents chronic inflammation in the body. This effect has massive health implications because of the well-established link between chronic inflammation and all chronic diseases, including the diseases of ageing and the ageing process itself.

## THE CASE FOR ISRAEL

ALAN DERSHOWITZ



## INFORMATION

Paperback ISBN: 978-0-47-167952-3

\$13.95

6 x 9

288 Pages

*HISTORY / MIDDLE EAST*

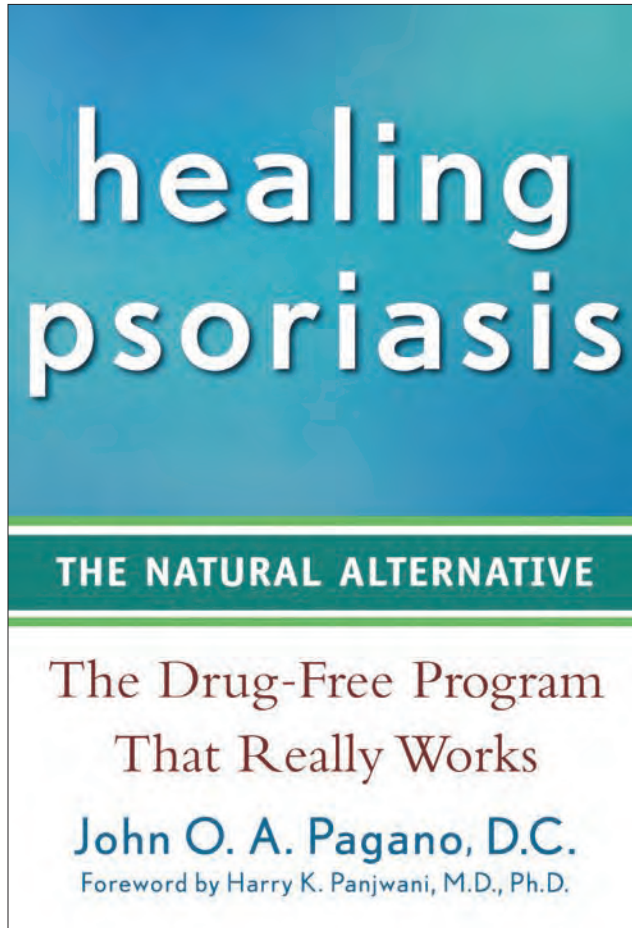
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*The Case for Israel* is an ardent defense of Israel's rights, supported by indisputable evidence.

- Presents a passionate look at what Israel's accusers and detractors are saying about this war-torn country.
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- Widely respected as a civil libertarian, legal educator, and defense attorney extraordinaire, Alan Dershowitz has also been a passionate though not uncritical supporter of Israel.

# HEALING PSORIASIS & HEALING PSORIASIS COOKBOOK

JOHN O. A. PAGANO

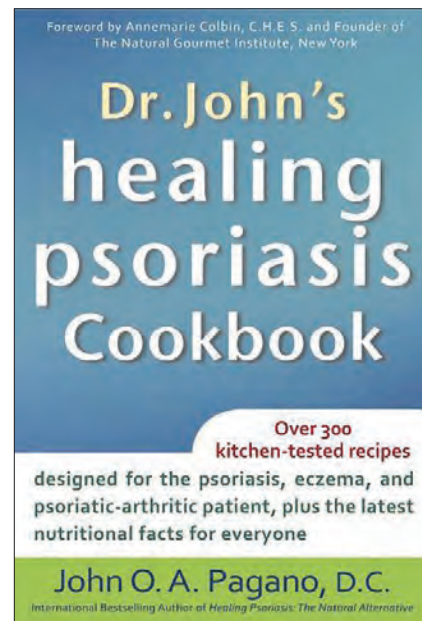


## INFORMATION

Paperback ISBN: 978-0-47-026726-4  
978-1-63026-046-0 (Cookbook)  
\$16.95 (\$17.95 Can.); \$35.00 (Cookbook)  
6 x 9 352 Pages

HEALTH & FITNESS / DISEASES / SKIN

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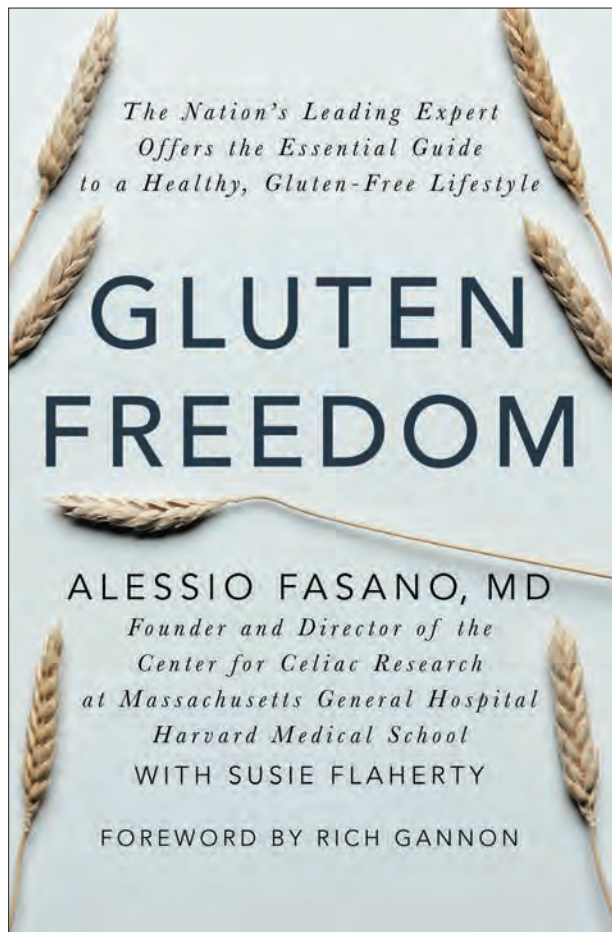
According to the National Psoriasis Foundation, at least seven million people in the US and more than 100 million worldwide suffer from this chronic skin disease. This book outlines Dr. Pagano's natural, drug-free treatment regimen that can alleviate, control, and even heal psoriasis without steroid creams, tar baths, injections, or ultraviolet treatments. *Healing Psoriasis* outlines a healthy diet and lifestyle and includes case histories, photos, recipes, and a chapter on eczema.

The cookbook includes more than 300 kitchen-tested recipes designed for the psoriasis, eczema, and psoriatic-arthritic patient, plus the latest nutritional facts for everyone!

# GLUTEN FREEDOM

The Nation's Leading Expert Offers the Essential Guide to a Healthy, Gluten-Free Lifestyle

ALESSIO FASANO, MD



## INFORMATION

Hardcover ISBN: 978-1-11-842310-3

\$24.95 (\$25.95 Can.)

6 x 9

368 Pages

HEALTH & FITNESS / DIET & NUTRITION

RIGHTS SOLD: FRENCH; POLISH;  
GERMAN; ITALIAN; ROMANIAN;  
PORTUGUESE (WORLD)

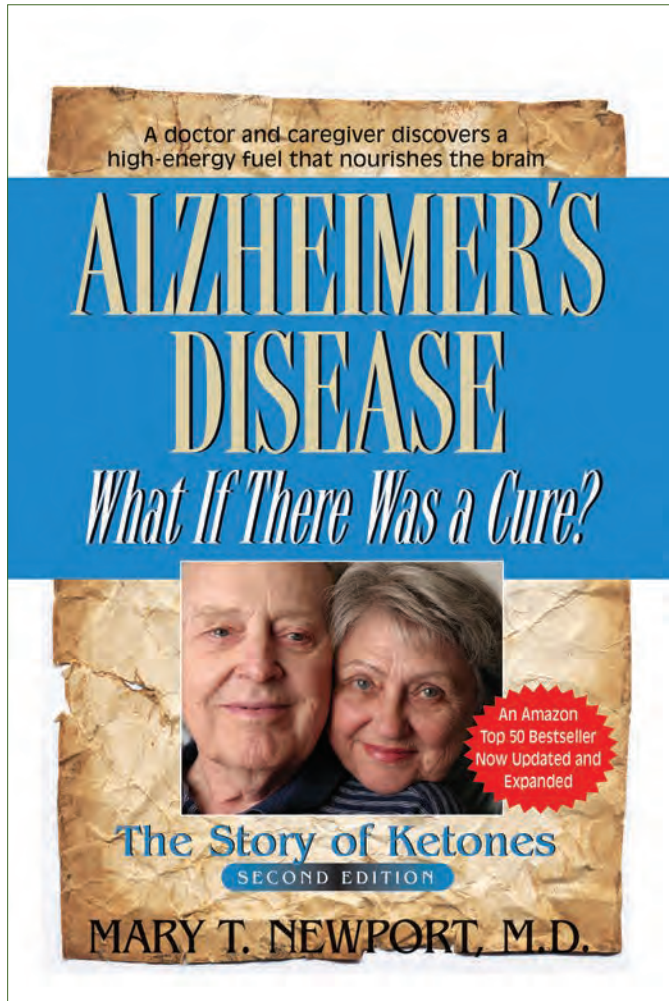
For millions of Americans affected by gluten-related disorders, consuming gluten can be hazardous to their health. In *Gluten Freedom*, Alessio Fasano, MD, founder of Mass General's Center for Celiac Research in Boston, Massachusetts, reveals the latest developments in scientific research and treatment, and the answers they provide for this rapidly expanding audience. This groundbreaking, authoritative guide is an invaluable roadmap for the newly diagnosed, for those already dealing with gluten-related issues, and for anyone who thinks they may have an issue with gluten.



# ALZHEIMER'S DISEASE

What If There Was a Cure? The Story of Ketones

MARY T. NEWPORT



## INFORMATION

Paperback ISBN: 978-1-59-120319-3

\$24.95 (\$32.95 Can.)

6 x 9

498 Pages

*HEALTH & FITNESS / DISEASES*

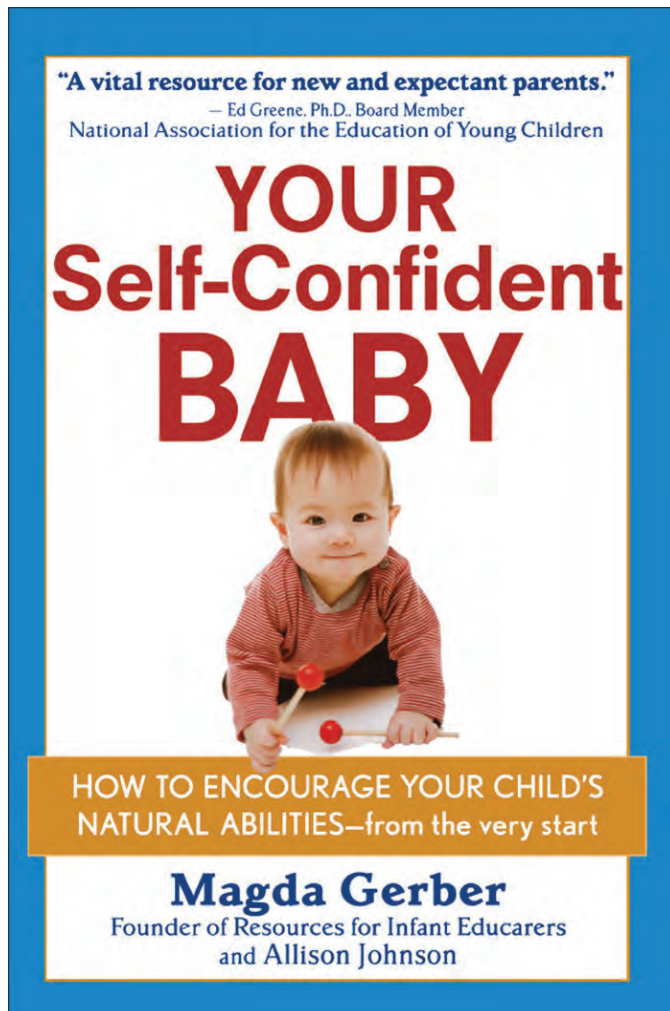
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CHINESE; FRENCH; GERMAN;  
POLISH; TAIWANESE;  
PORTUGUESE (BRAZIL)

In this second edition Dr. Newport, a neonatal practitioner, continues the story of Steve's progress and provides the most recent research on such topics as possible causes of Alzheimer's due to the herpes simplex virus and nitrosamine substances and how infection, inflammation and genetic makeup may affect an individual's response to fatty acid therapy.

# YOUR SELF-CONFIDENT BABY

How to Encourage Your Child's Natural Abilities

MAGDA GERBER



## INFORMATION

Paperback ISBN: 978-1-11-815879-1

\$16.95 (\$17.95 Can.)

6 x 9

256 Pages

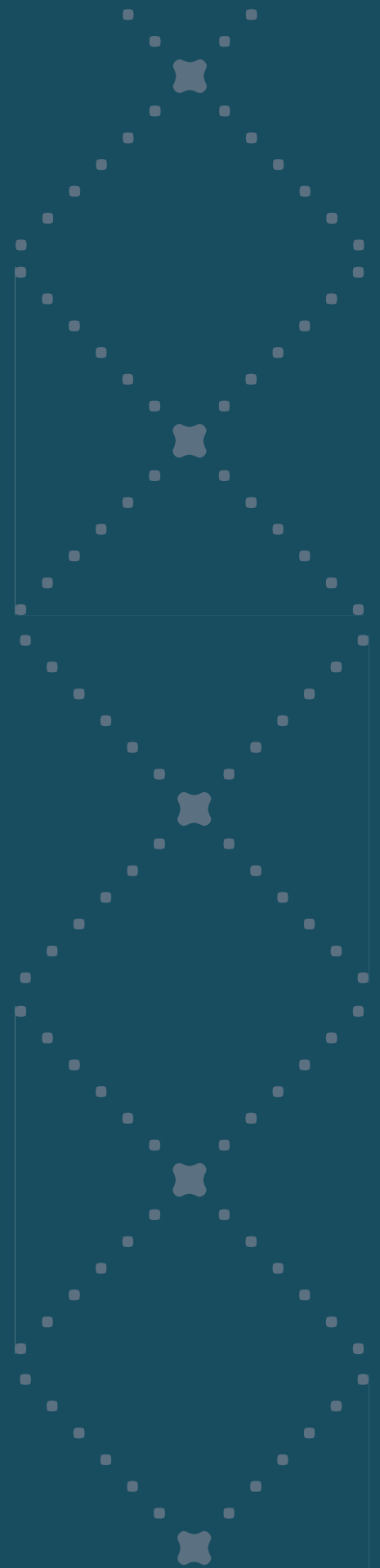
*FAMILY & RELATIONSHIPS / PARENTING*

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As the founder of Resources for Infant Educators (RIE), Magda Gerber has spent decades helping new mothers and fathers give their children the best possible start in life. Her successful parenting approach harnesses the power of this basic fact: Your baby is unique and will grow in confidence if allowed to develop at his or her own pace. The key to successful parenting is learning to observe your child and to trust him or her to be an initiator, an explorer, a self-learner with an individual style of problem solving and mastery.



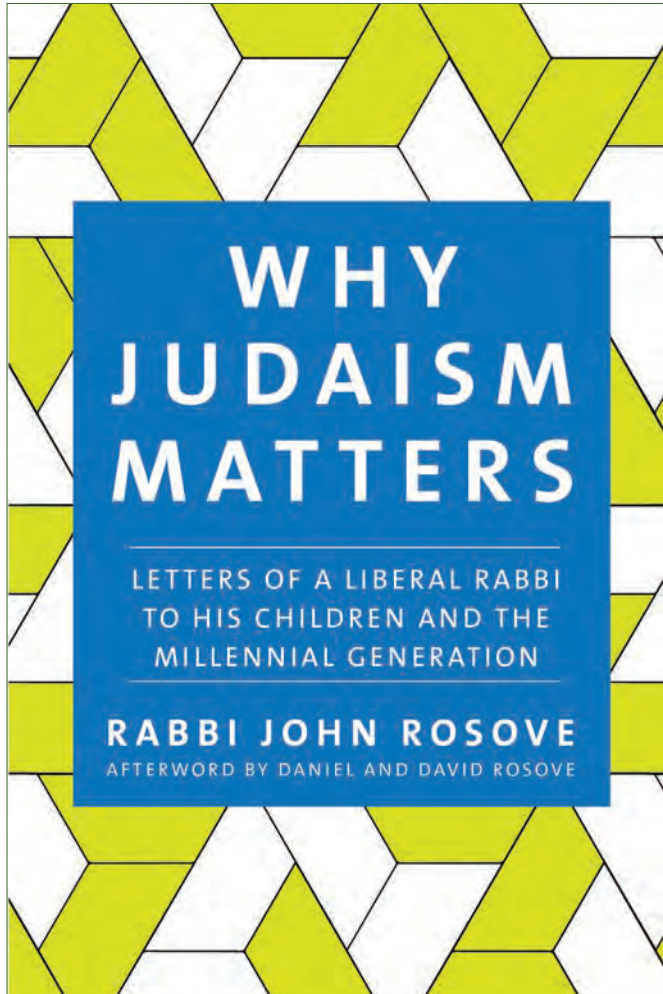
JEWISH  
LIGHTS  
AND  
SKYLIGHT  
PATHS



# WHY JUDAISM MATTERS

Letters of a Liberal Rabbi to his Children and the Millennial Generation

RABBI JOHN RO SOVE



## INFORMATION

PUB DATE: SEPTEMBER 26<sup>TH</sup>, 2017  
 Paper back ISBN: 978-1-68-336705-5  
 \$18.99

6 x 9

240 Pages

*RELIGION / JUDAISM / GENERAL*

## COMPARISON TITLES:

*Next Generation Judaism*: 978-1-58-023868-7

*Being Both: Embracing Two Religions in One Interfaith Family*: 978-0-80-706116-9

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Presented in the form of letters from a rabbi to his sons, *Why Judaism Matters* is common sense guidance and a road map for a new generation of young men and women who find Jewish orthodoxy, tradition, issues, and beliefs impenetrable in 21st Century society. By intimately illustrating how the tenets of Judaism still apply in our modern world, Rabbi John Rosove gives heartfelt direction to the sons and daughters of reform Jews everywhere.

# YOUR WORD IS FIRE: SECOND EDITION

The Hasidic Masters on Contemplative Prayer

ARTHUR GREEN AND BARRY W. HOLTZ

INFORMATION

PUB DATE: SEPTEMBER 5<sup>TH</sup>, 2017  
 Paperback ISBN: 978-1-68-336670-6  
 \$16.99  
 5.5 x 8.5  
 256 Pages

RELIGION / JUDAISM / GENERAL

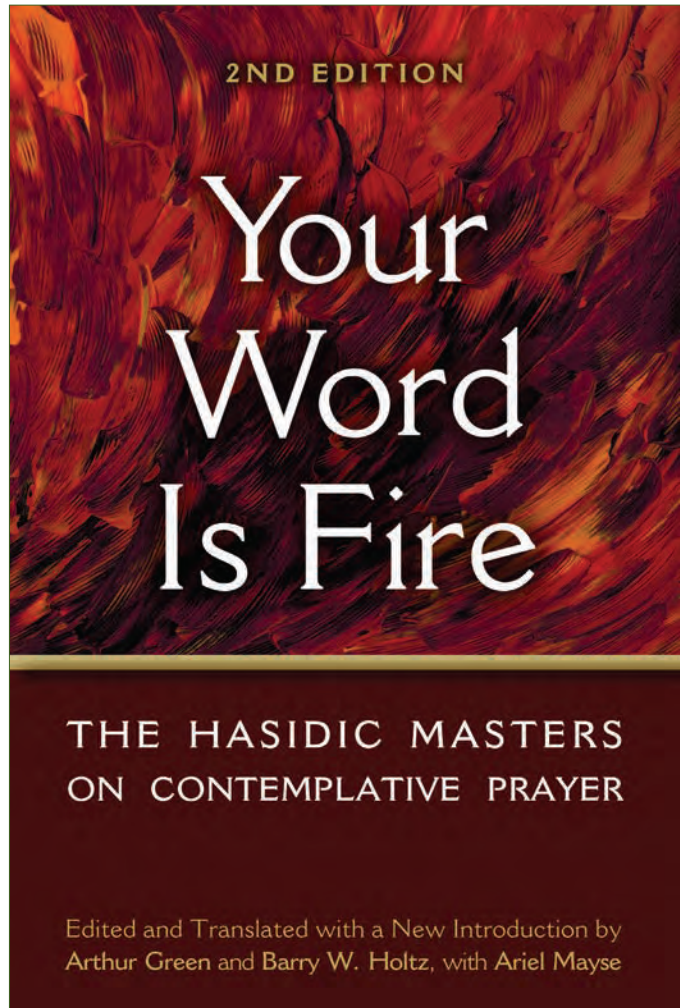
COMPARISON TITLES:

*These Are the Words*: 978-1-58-023494-8

*Speaking Torah, : Spiritual Teachings from around the Maggid's Table, Vol. 1*: 978-1-58-023668-3

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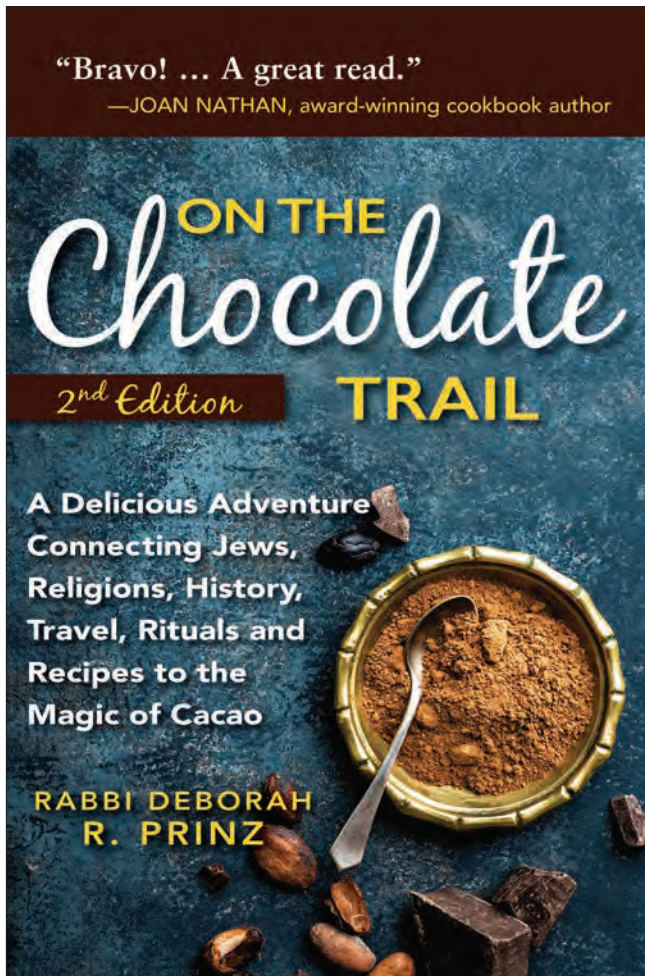
The power of prayer for spiritual renewal and personal transformation is at the core of all religious traditions. Because Hasidic literature contains no systematic manual of contemplative prayer, the texts included in this volume have been culled from many sources. From the teachings of the Hasidic Masters, the editors have gleaned "hints as to the various rungs of inner prayer and how they are attained."

Hasidism, the Jewish revivalist movement that began in the late eighteenth century, saw prayer as being at the heart of religious experience and was particularly concerned with the nature of a person's relationship with God. The obstacles to prayer discussed by the Hasidic masters—distraction, loss of spirituality, and inconstancy of purpose—feel very close to concerns of our own age. Through advice, parables, and explanations, the Hasidic masters of the past speak to our own attempts to find meaning in prayer.

# ON THE CHOCOLATE TRAIL: SECOND EDITION

A Delicious Adventure Connecting Jews, Religions, History, Travel, Rituals and Recipes to the Magic of Cacao

RABBI DEBORAH R. PRINZ



**INFORMATION**

PUB DATE: February 27<sup>TH</sup>, 2018  
 Paperback ISBN: 978-1-68-336676-8  
 \$18.99  
 6 x 9  
 304 Pages

*RELIGION / JUDAISM / GENERAL*

**COMPARISON TITLES:**

*On the Chocolate Trail:* 978-1-58-023487-0

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In this new and updated second edition, explore the surprising Jewish and other religious connections to chocolate in this gastronomic and historical adventure through cultures, countries, centuries and convictions. Rabbi Deborah Prinz draws from her world travels on the trail of chocolate to enchant chocolate lovers of all backgrounds as she unravels religious connections in the early chocolate trade and shows how Jewish and other religious values infuse chocolate today. With mouth-watering recipes, a glossary of chocolaty terms, tips for buying luscious, ethically produced chocolate, a list of sweet chocolate museums around the world and more.

# THE JGIRLS GUIDE: SECOND EDITION

The Young Jewish Woman's Essential Survival Guide for Growing Up Jewish

PENINA ADELMAN, ALI FELDMAN, AND SHULAMIT REINHARZ

INFORMATION

PUB DATE: NOVEMBER 7<sup>TH</sup>, 2017  
 Paperback ISBN: 978-1-58-023853-3  
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 6 x 9  
 240 Pages

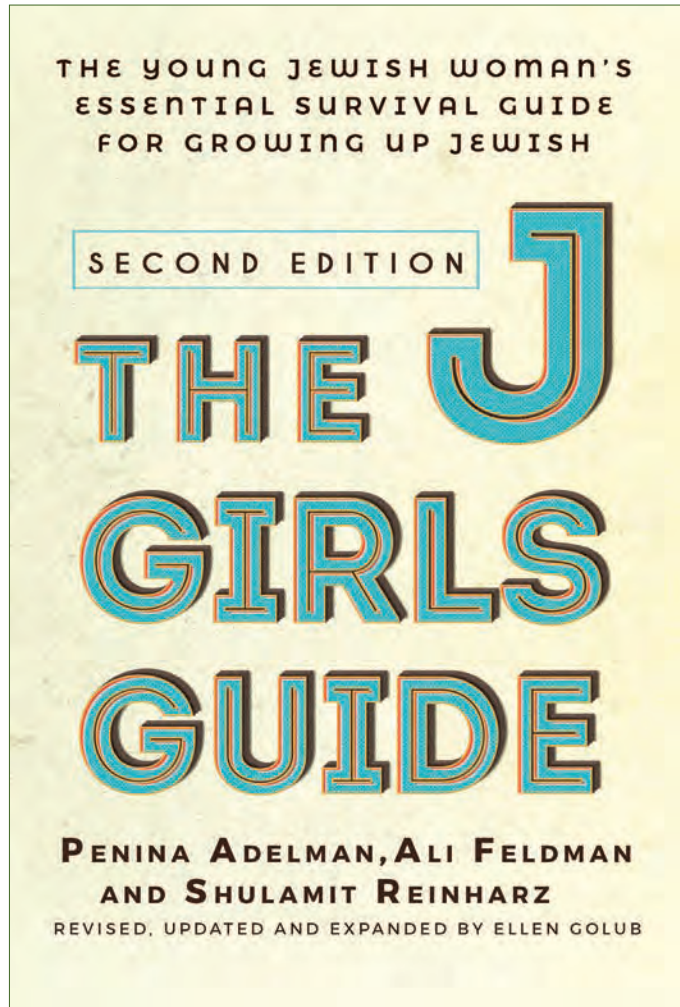
RELIGION / JUDAISM / GENERAL

COMPARISON TITLES:

*Tough Questions Jews Ask 2/E: A Young Adult's Guide to Building a Jewish Life:*  
 978-1-58-023454-2

*The JGuy's Guide: The GPS for Jewish Teen Guys:*  
 978-1-58-023721-5

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What does it mean to become a Jewish woman? This growing up business isn't always what it's cracked up to be: It can be complicated and scary and seem impossibly hard. With all the choices and challenges before her, how does a girl become a young Jewish woman? *The JGirl's Guide* is a first-of-its-kind book of practical, real-world advice using Judaism as a compass for the journey through adolescence. This newly updated and expanded survival guide for coming of age explores the wisdom and experiences of rabbis, athletes, writers, scholars, musicians and great Jewish thinkers.

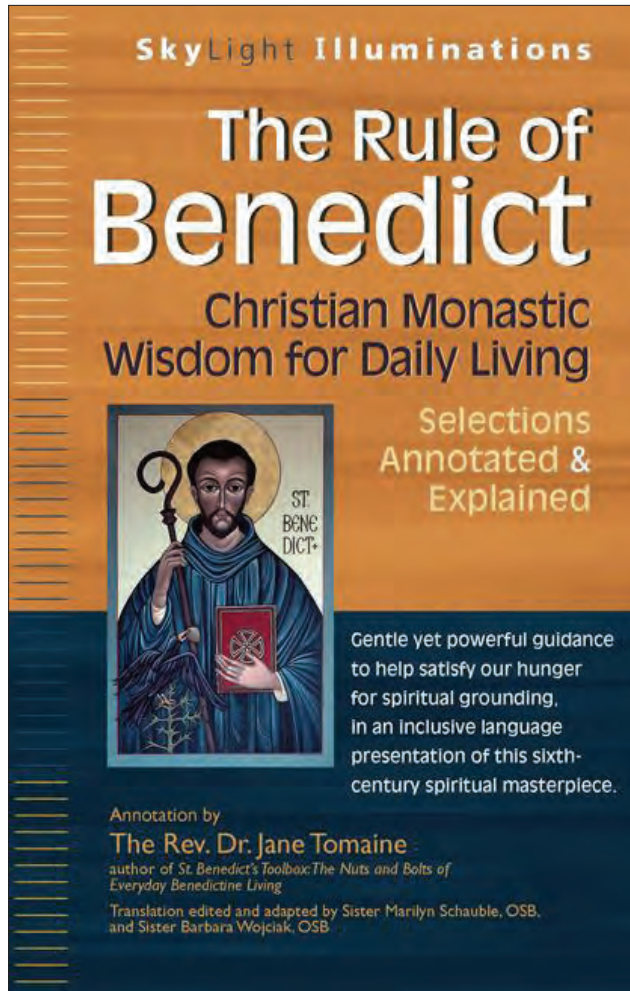
This inspiring, interactive book can help Jewish girls figure it all out. It explores what happens at school and with friends. It shows them how to get along better with their families. It offers them a chance to hear the voices of other girls going through experiences just like theirs. Now's the time when girls are thinking: Who am I? What do I believe in? Who will I become? *The JGirl's Guide* provides Jewish writings, traditions and advice that can help.



# THE RULE OF BENEDICT

Christian Monastic Wisdom for Daily Living

JANE TOMAINE



**INFORMATION**

**PUB DATE: FEBRUARY 14<sup>TH</sup>, 2017**

Paperback ISBN: 978-1-59-473632-2

\$16.99

5.5 x 8.5

200 Pages

*RELIGION / BIBLICAL STUDIES*

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This accessible introduction to *The Rule of Benedict*, intended for readers unfamiliar with Benedictine monasticism, presents the Rule as a guide to a God-centered, balanced approach to life. It shows us how to use Benedict’s wisdom to build relationships and communities formed by love and respect. It offers historical background and personal reflections on Benedictine topics such as living in the present moment, balance, finding God in everyday life, individual and community prayer, hospitality, and healthy approaches to work and service.

# THE WORLD WISDOM BIBLE

A New Testament for a Global Spirituality

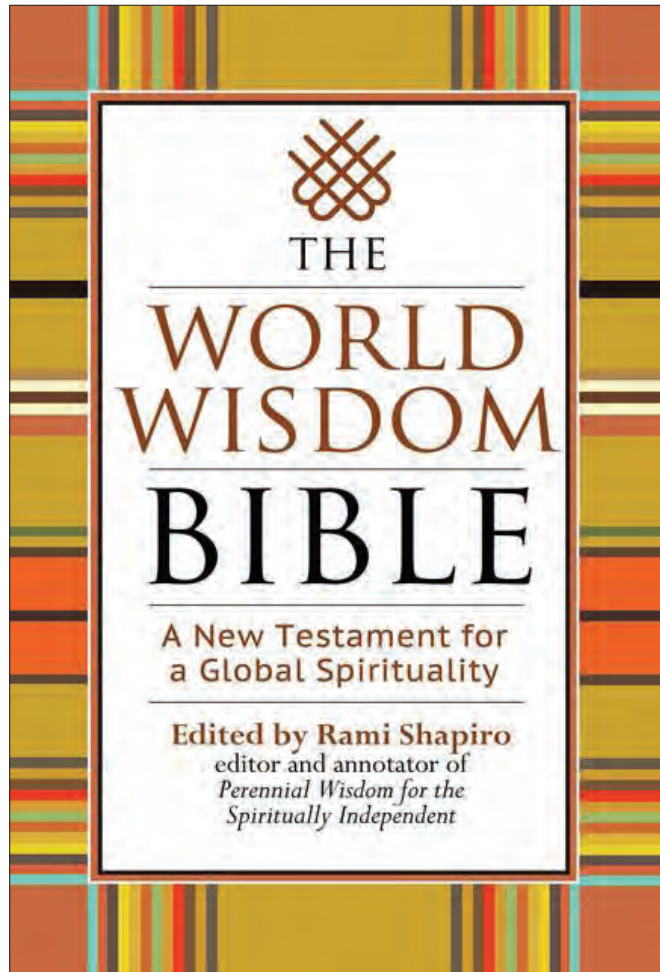
EDITED BY RAMI SHAPIRO

INFORMATION

PUB DATE: FEBRUARY 21<sup>ST</sup>, 2017  
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RELIGION / BIBLICAL STUDIES

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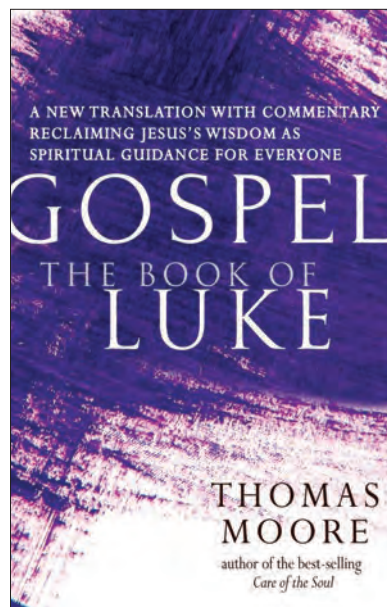
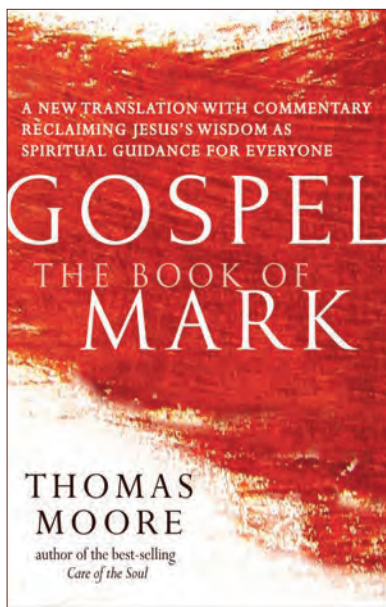
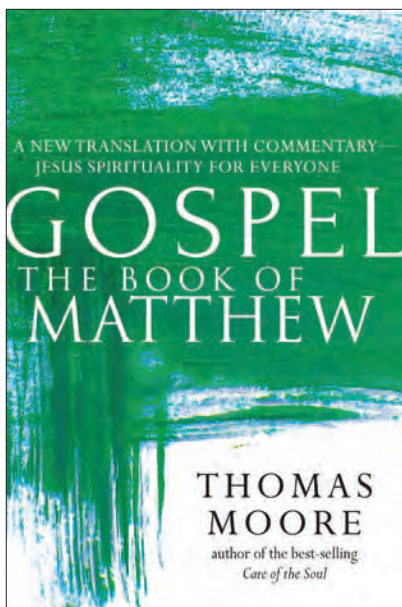


*The World Wisdom Bible* is a global spiritual conversation about the nature of life and how best to live it. Drawing on ancient and timeless texts from Christianity, Judaism, Islam, Buddhism, Hinduism, Confucianism, and Taoism, this compendium of sacred texts juxtaposes seemingly divergent teachings to create a spiritual collage of wisdom that crosses religious boundaries, and invites the reader to step beyond the limits of any one faith into a global spirituality. Organized by themes, The Absolute, Justice, Wisdom, Compassion, Spiritual Practice, Ethical Living, and more, *The World Wisdom Bible* is more than an anthology of diverse teachings; it is a new scripture for those who describe themselves as spiritual independents, spiritual but not religious, and nones. Where conventional Bibles and scriptures speak to believers of one religion or another, *The World Wisdom Bible* speaks to seekers of every faith and none.

# GOSPEL: THE BOOK OF MARK

A New Translation with Commentary

THOMAS MOORE



In his fresh and life-giving translation of the Gospels with sparkling commentary, spiritual innovator Thomas Moore strips the Gospels of their theological agendas and reclaims them as a fundamentally new way of imagining human life. He blends scholarship and pastoral guidance to highlight the Gospels' teachings on earthly, rather than otherworldly, living in which community, compassion, inclusiveness, prayer, and healing are key elements. He draws deeply from Greek philosophy, literature, and spirituality to craft an accurate and challenging yet accessible translation that, free of religious moralism and dogmatism, is beautifully imaginative and inspirational. Be inspired to live an altogether different kind of life rooted in a more radical kind of love.

## INFORMATION

**PUB DATE: FEBRUARY 28<sup>TH</sup>, 2017**  
 Hardcover ISBN: 978-1-59-473630-8  
 \$29.99  
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 176 Pages

*RELIGION / BIBLICAL STUDIES*

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# DISASTER SPIRITUAL CARE: 2ND EDITION

Practical Clergy Responses to Community, Regional and National Tragedy

RABBI STEPHEN B. ROBERTS

**INFORMATION**

**PUB DATE: JUNE 6<sup>TH</sup>, 2017**

Hardcover ISBN: 978-1-59-473587-5

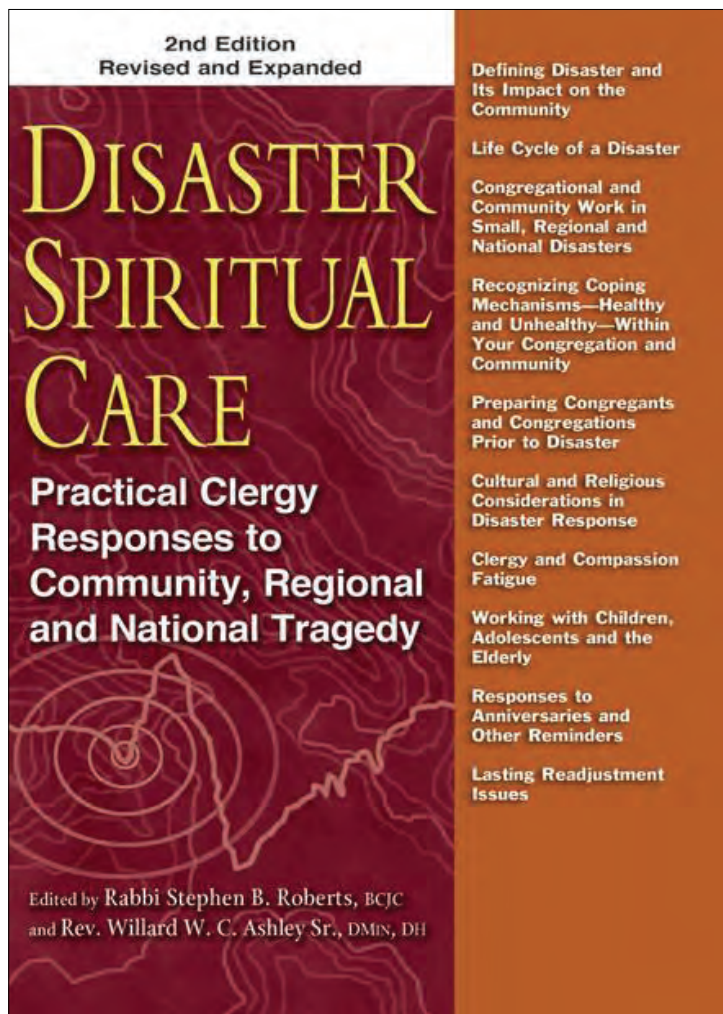
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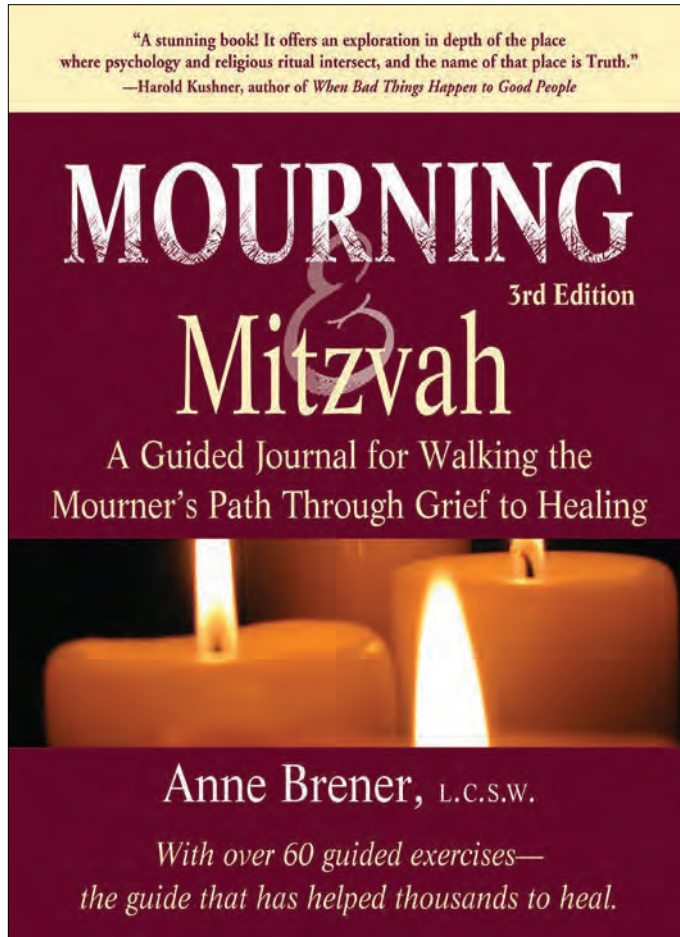


Offering the latest theological perspectives and tools, along with basic theory and skills from the best disaster response texts, research, and concepts, the contributors to this resource are innovators in their fields and represent Christianity, Judaism, Islam, and more. Exploring how spiritual care changes following a disaster, and including a comprehensive explanation of a disaster's lifecycle, this is the definitive guidebook for counseling not only the victims of disaster but also the clergy and caregivers who are called to service in the wake of crisis.

# MOURNING AND MITZVAH: 3RD EDITION

A Guided Journal for Walking the Mourner's Path Through Grief to Healing

RABBI ANNE BRENER



## INFORMATION

**PUB DATE: JULY 25<sup>TH</sup>, 2017**

Paperback ISBN: 978-1-68-336673-7

\$19.99

7.5 x 9.25

304 Pages

RELIGION / JUDAISM / GENERAL

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*Mourning & Mitzvah* gives spiritual insight and healing wisdom to those who mourn a death, to those who would help them, and to those who face a loss of any kind. *Mourning & Mitzvah* teaches you the power and strength available to you in the fully experienced mourning process.

When the temple stood in the ancient city of Jerusalem, mourners walked through the gates and into the courtyard along a specifically designated mourner's path. As they walked, they came face to face with all the other members of the community, who greeted them with the ancestor of the blessing, "May God comfort you among the mourners of Zion and Jerusalem." In this way, the community embraced those suffering bereavement, yet allowed for unique experiences of grief.

# THE HEART OF LONELINESS

How Jewish Wisdom Can Help You Cope and Find Comfort

RABBI MARC KATZ

INFORMATION

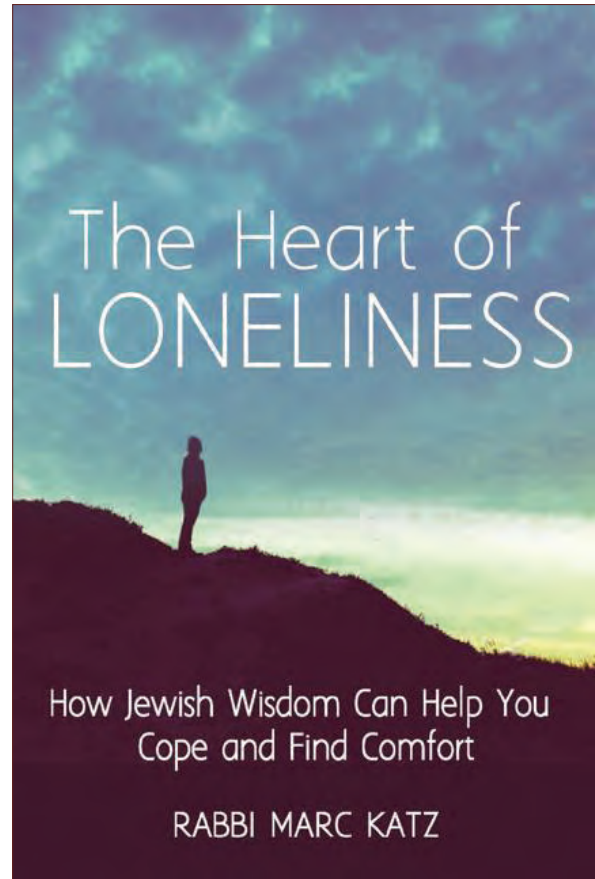
Paperback ISBN: 978-1-58-023871-7

\$16.99 (\$22.99 Can.)

6 x 9 200 Pages

RELIGION / BIBLICAL STUDIES

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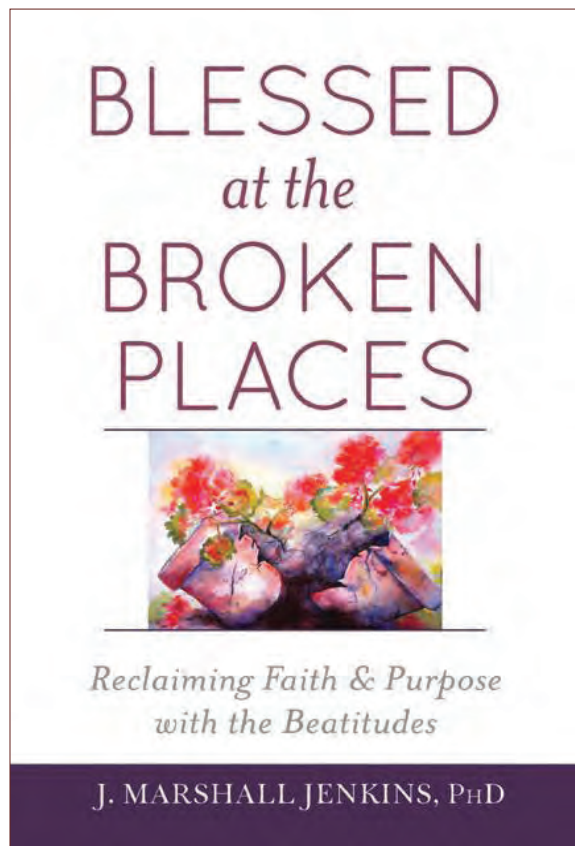


Loneliness is pervasive in our society but is rarely addressed. It comes in many forms, from the loneliness of loss to that of sickness; from single life to marriage to divorce. Through sensitivity, compassion, and insight, this book provides the stories and tools we need to begin addressing loneliness in our lives and the lives of those we love. With masterful storytelling, Rabbi Marc Katz uses the pains of our ancestors to show us the unique ways loneliness appears in our lives. Drawing on the stories of Isaac and Rachel, King Uzziah and Tamar, Jeremiah and Honi, Hagar and Aaron, Rabbi Katz helps readers understand the nuances of loneliness in their own lives. He helps them understand that although their pain may feel like an island, others have walked there before them. Thoughtful insights on loneliness also help family and friends have a better sense of how and why their friends, children, parents, and co-workers suffer. Then, using the tools of the Jewish tradition, Rabbi Katz looks at concrete ways as individuals and as community members we may help those who are lonely in our midst. This book is for anyone who is suffering or has suffered from the pain of loneliness as well as those loved ones who stand on the sideline feeling ill-equipped to address the alienation they see.

# BLESSED AT THE BROKEN PLACES

Reclaiming Faith & Purpose with the Beatitudes

J. MARSHALL JENKINS, PHD



## INFORMATION

Paperback ISBN: 978-1-59-473633-9

\$16.99

6 x 9

240 Pages

RELIGION / BIBLICAL STUDIES

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When you hurt, what does it mean for your faith? Too often church culture and religious individuals suggest that emotional pain shows lack of faith or sin against a punitive God. How ironic—Jesus suffered loneliness, misunderstanding, persecution, and death to meet us at the lowest places and lift us to hope and life with his resurrection. Reframing apparent defeat as the first step in a life of purpose, this book shows how Jesus's blessings, the Beatitudes, address the paradox of living through suffering on the way to joy. When you feel depressed and anxious or unworthy or ashamed, this book helps you recognize and accept God's love as Jesus meets you in your suffering. This vital resource features engaging spiritual and devotional practices and group discussion questions ideal for use by individuals on their own, in counseling or in groups. Christians and seekers in emotional pain as well as counselors, clergy, spiritual directors, Stephen ministers, and family members will gain needed insight and guidance for the spiritual journey through suffering. Readers will discover how Jesus's blessings convert emotional suffering from a source of shame to a resource for faith.

# NEXT GENERATION JUDAISM

How College Students and Hillel Can Help Reinvent Jewish Organizations

RABBI MIKE URAM

## INFORMATION

Paperback ISBN: 978-1-58-023868-7

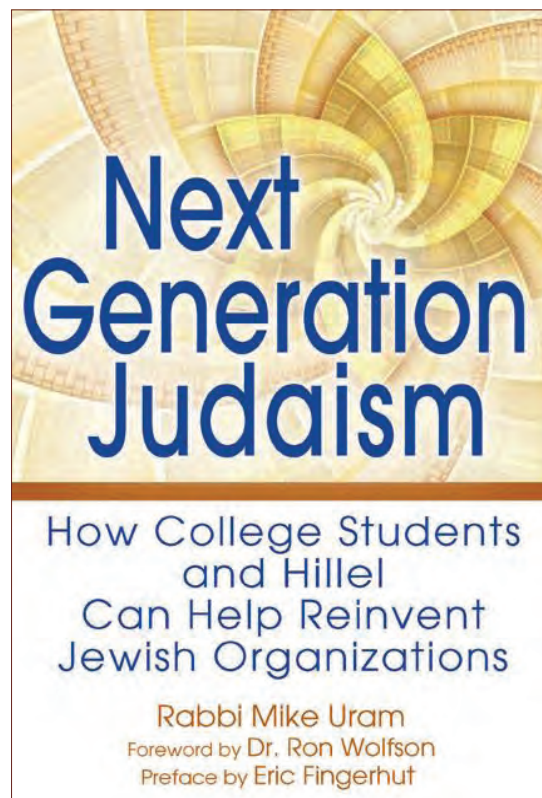
\$29.95 (\$37.95 Can.)

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224 Pages

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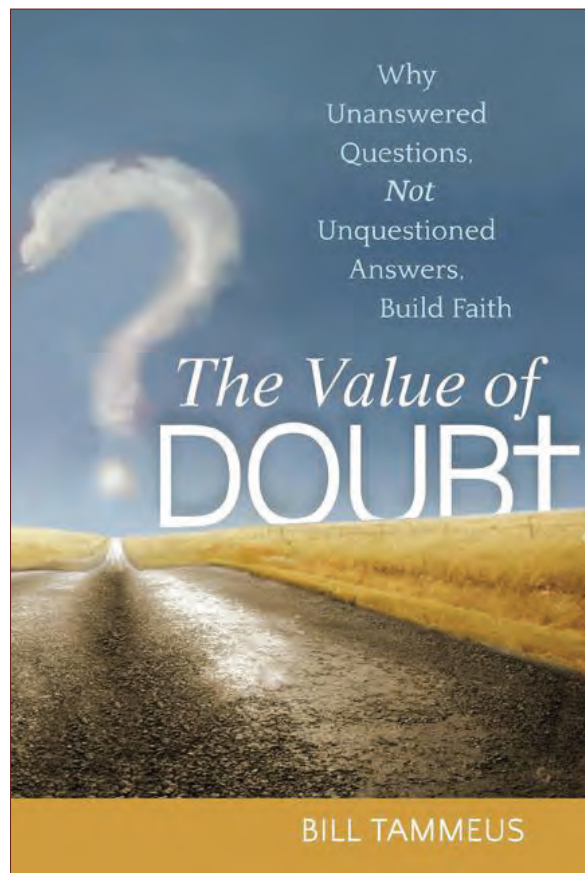
What we're learning on campus can help the Jewish community build better, smarter and faster synagogues, Federations, and JCCs. The Jewish world is changing before our eyes. The traditional notions of what it means to be a Jew, what Jewish organizations look like, and what Jewish leadership means are no longer working, leaving many Jewish organizations in a struggle for survival. Many Jewish leaders are afraid that this will only get worse as the millennials—the “my way, right away, why pay” generation—begin to enter adulthood. But college campuses are incubators of new and vibrant expressions of Jewish life. With motivation and entrepreneurial spirit, and without the limitations of cynicism or institutional history, students are inventing and reinventing Jewish community, Jewish prayer, Jewish service, and Jewish learning, and Hillel is right there with them. Each chapter of this book explores innovations developed on the University of Pennsylvania campus and shows how they can be applied to synagogues, Federations, and JCCs to help them reinvent themselves so that they are better able to meet the changing needs of American Jews. This is an essential resource for lay leaders, rabbis, cantors, and anyone who wants to build a brighter Jewish future for all Jews and the institutions that support them.



# THE VALUE OF DOUBT

Why Unanswered Questions, Not Unquestioned Answers, Build Faith

**BILL TAMMEUS**



## INFORMATION

Paperback ISBN: 978-1-59-473631-5

\$16.99

6 x 9

144 Pages

*RELIGION / BIBLICAL STUDIES*

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Religious zealotry plagues the world. It drives susceptible people to believe they have all the truth, all the wisdom, all the divine favor. And in some cases it even moves them to murder people who, they have concluded, are enemies of God. In *The Value of Doubt*, veteran journalist Bill Tammus draws deeply on his own Protestant experience of doubt and faith and, in a series of reflections, contends that the road to a rich, dynamic, healthy faith inevitably must run through the valley of the shadow of doubt. The opposite of faith, he says, is not doubt; rather, the opposite of faith is false certitude. Tammus argues in favor of recognizing our mortality, of adopting the Benedictine virtue of humility and of realizing that we live by metaphor, by allegory, by myth. It's the willingness to question, to reconsider, to be comfortable with ambiguity and paradox that will save faith from the hands of those who seem to know all the answers before they ever hear the questions. This lively and challenging look at the religious life is for anyone seeking to build and enrich an authentic faith and courageous enough to see doubt as an essential part of it.

# PRAYING THE BIBLE

Finding Personal Meaning in the *Siddur*

RABBI MARK H. LEVIN

INFORMATION

Paperback ISBN: 978-1-58-023869-4

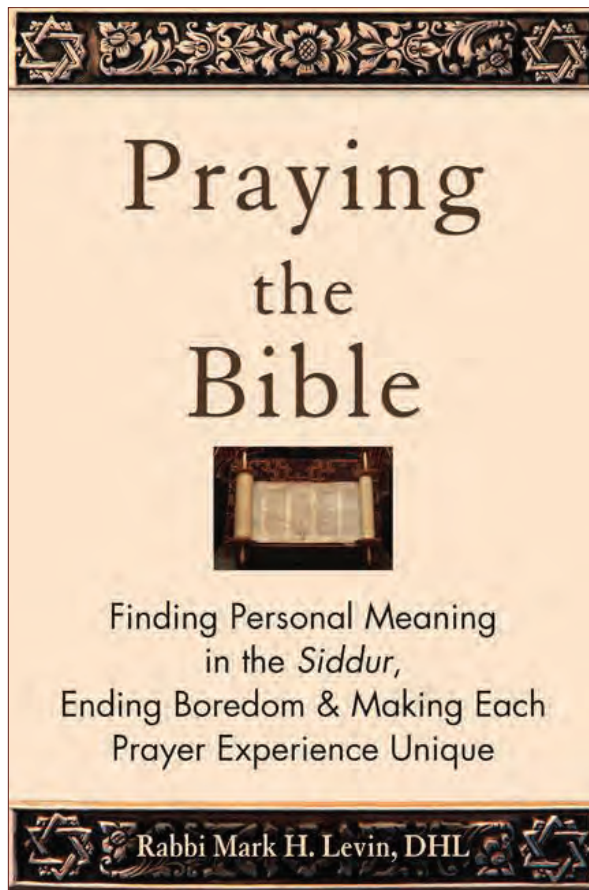
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What is the mystery of the Jewish people? How has Jewish spirituality triumphed over times of persecution as well as the enticements of assimilation? Out of the depths of Jewish despair, the rabbis of the first century and after developed a restorative prayer tradition that has invigorated the Jewish people for two thousand years, in both flourishing environments like the Golden Age of Spain and times of persecution like the Nazi Holocaust. The problem is that most contemporary Jews are unaware of the power residing in their spiritual treasure chest. *Praying the Bible* is the key to opening the treasure chest. It explores and explains the prayers we read and gives those prayers new meaning. It illuminates the Jewish prayer book as churning with the existential realities of human life and the struggles of the Jewish people. It places the praying person in the living covenant with God, showing how the prayer book can address individual life circumstances with reference to both parallel historical events and daily realities. It provides insights that resonate equally with lay people eager to add depth and meaning to their prayer lives and rabbis looking for engaging sermon material.

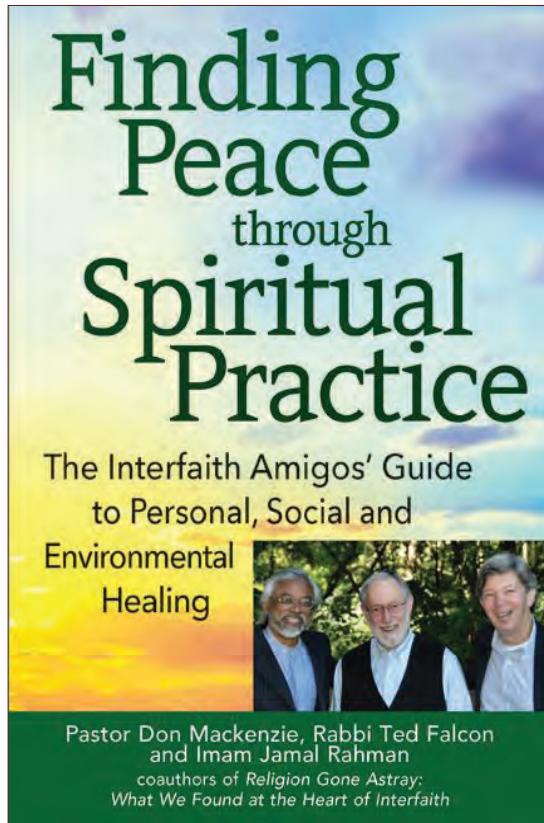
# FINDING PEACE THROUGH SPIRITUAL PRACTICE

The Interfaith Amigo's Guide to Personal, Social and Environmental Healing

PASTOR DON MACKENZIE

RABBI TED FALCON

IMAM J. RAHMAN



## INFORMATION

Paperback ISBN: 978-1-59-473604-9

\$16.99

6 x 9

200 Pages

*RELIGION / BIBLICAL STUDIES*

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In this, their third book, the Interfaith Amigos look at the specific issues we face in a pluralistic society and the spiritual practices that can help us transcend those roadblocks to effective collaboration on the critical issues of our time. Focusing on the interconnection of spirituality and authentic interfaith dialogue, they examine:

- How Spiritual Awareness Can Heal Our Own Traditions
- Beyond Polarization: Confronting Our Most Personal Obstacle
- Spiritual Paths to Environmental Stewardship
- Spiritual Paths to Social Justice
- How to Make Spirituality a Way of Life

This book helps awaken readers to the spiritual consciousness within each of us that provides the foundation for much-needed healing. Each chapter includes spiritual practices to aid us in reclaiming the deep spiritual truths of our own being.

# ME, MYSELF & GOD

A Theology of Mindfulness

RABBI JEFF ROTH

INFORMATION

Paperback ISBN: 978-1-58-023875-5

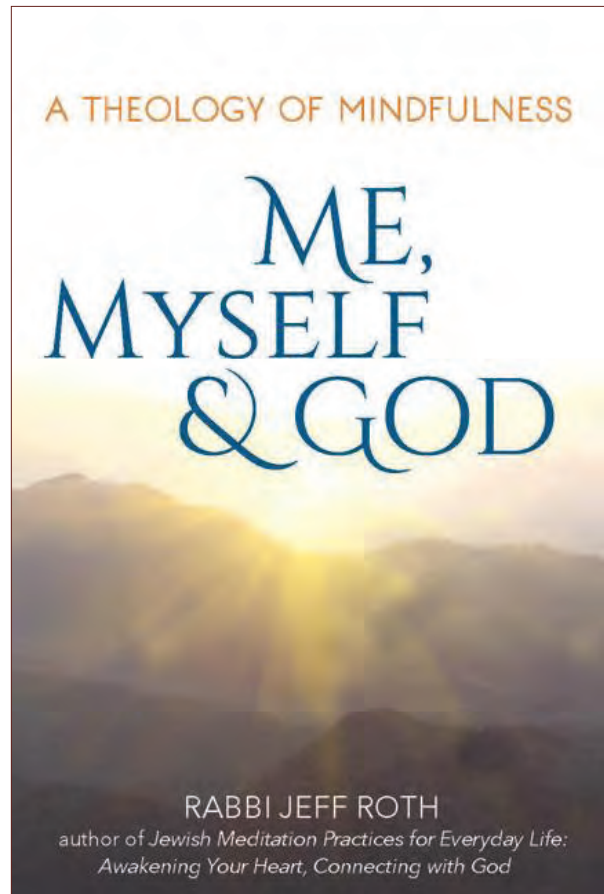
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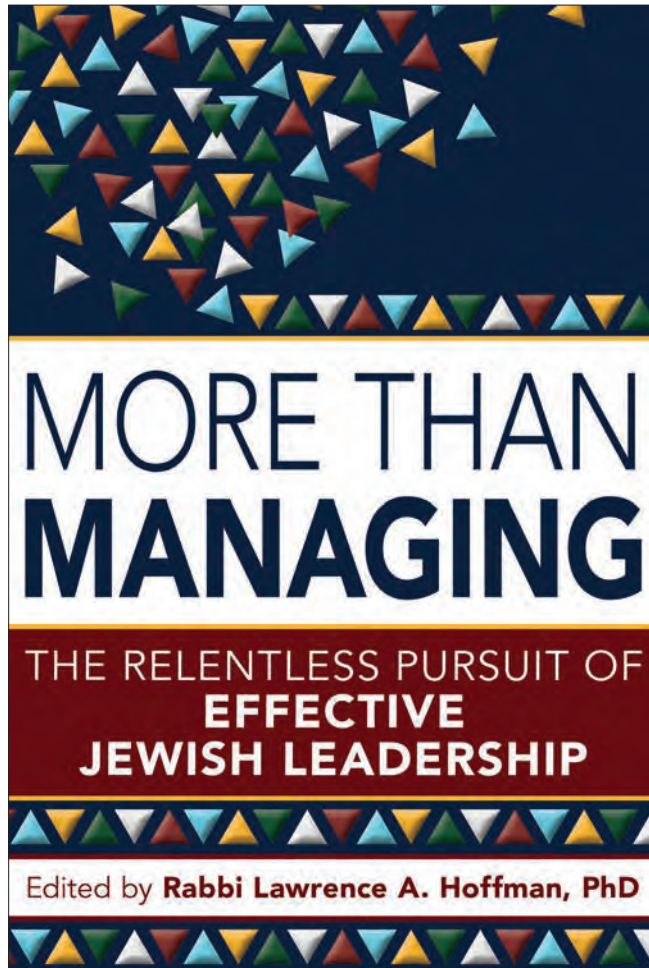


Many of our human existential struggles stem from the sense of disconnection, alienation, and loneliness that comes from a fragmented view of reality. The typical concept of “self” creates a profound sense of isolation from other beings, leaving us feeling lost and hopeless. But the practice of mindfulness, combined with the teachings of Torah, offer a direct path to liberate ourselves from alienation, awaken to the truth of the present moment and create a new relationship with God. Drawing on the insight and audacity of Jewish mystics, and rooted in a rich understanding of Torah, Rabbi Jeff Roth helps readers overcome this sense of separation and reconnect with a more harmonious flow of life. He equips spiritual seekers of all faiths—or none—with powerful techniques rooted in Jewish mystical practices: using the raw material of sacred texts as building blocks for the construction of new worlds, and experiencing the present through mindfulness meditation and loving attention to each moment. By letting go of our old notions of reality, we can recognize the undivided nature of the world and enter into a transformative divine awareness.

# MORE THAN MANAGING

The Relentless Pursuit of Effective Jewish Leadership

RABBI LAWRENCE A. HOFFMAN



**INFORMATION**

Hardcover ISBN: 978-1-58-023870-0

\$27.99

6 x 9

250 Pages

RELIGION / LEADERSHIP

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Inspired by thirty years of pioneering work by retail giant Leslie Wexner’s philanthropic focus on Jewish leadership, *More Than Managing* brings together diverse and remarkable thinkers to address challenges facing communal life and the skills and strategies demanded by them. The book features diverse strategies for twenty-first-century leadership, critical lessons for organizational and communal success, and the questions vital to our changing and challenging times.

# GOD & THE BIG BANG: 2ND EDITION

Discovering Harmony between Science & Spirituality

DANIEL C. MATT

INFORMATION

ISBN: 978-1-58-023836-6

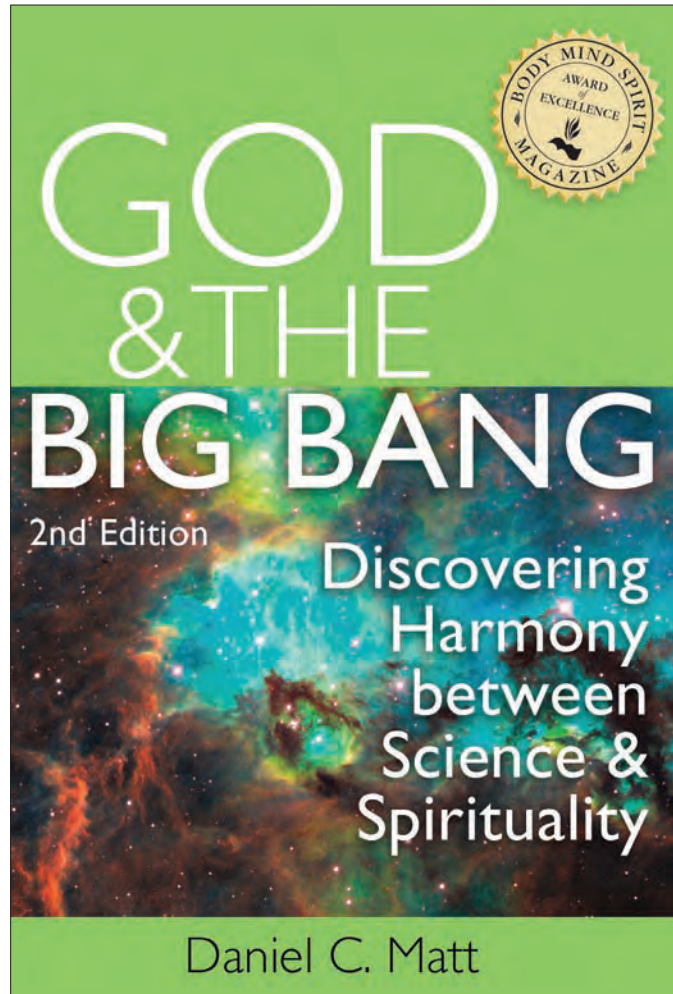
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RELIGION / JUDAISM / GENERAL

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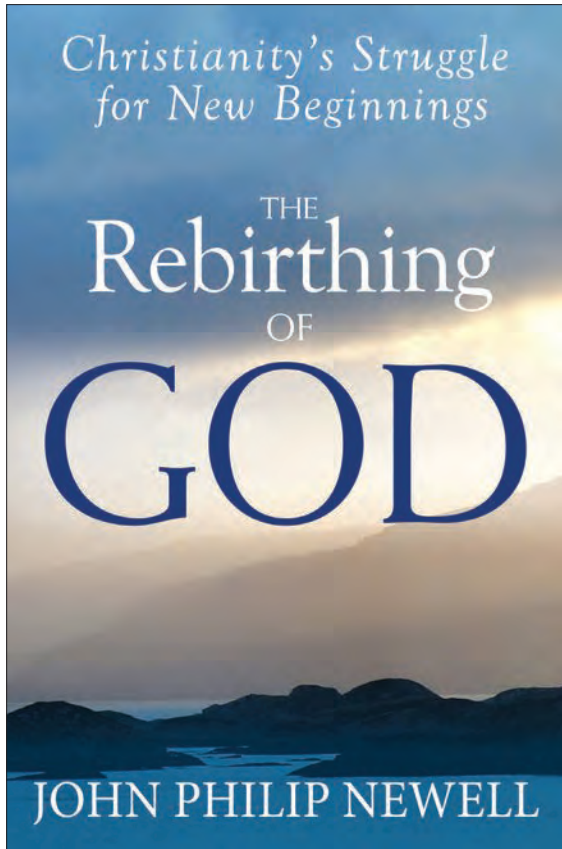


To discover the presence of God throughout the cosmos and in our everyday lives, Daniel C. Matt draws on both science and theology, both fact and belief, both cosmology and Jewish mysticism, taking us on a deeply personal, thoughtful and inspiring journey. This update of the award-winning first edition gives us a fresh look at the growing topic of science and spirituality, helps us find our place in the universe and shows us how the universe is reflected in our very being.

# THE REBIRTHING OF GOD

Christianity's Struggle for New Beginnings

JOHN PHILIP NEWELL



#### INFORMATION

ISBN: 978-1-59-473542-4

\$19.99

6 x 9

160 Pages

RELIGION / CHRISTIANITY

RIGHTS SOLD: DUTCH; GERMAN

In the midst of dramatic changes in Western Christianity, internationally respected spiritual leader, peacemaker and scholar John Philip Newell offers the hope of a fresh stirring of the Spirit among us. He invites us to be part of a new holy birth of sacred living. Speaking directly to the heart of Christians—those within the well-defined bounds of Christian practice and those on the disenchanted edges—as well as to the faithful and seekers of other traditions, he explores eight major features of a new birthing of Christianity:

- Coming back into relationship with the Earth as sacred
- Reconnecting with compassion as the ground of true relationship
- Celebrating the Light that is at the heart of all life
- Reverencing the wisdom of other religious traditions
- Rediscovering spiritual practice as the basis for transformation
- Living the way of nonviolence among nations
- Looking to the unconscious as the wellspring of new vision
- Following love as the seed-force of new birth in our lives and world



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