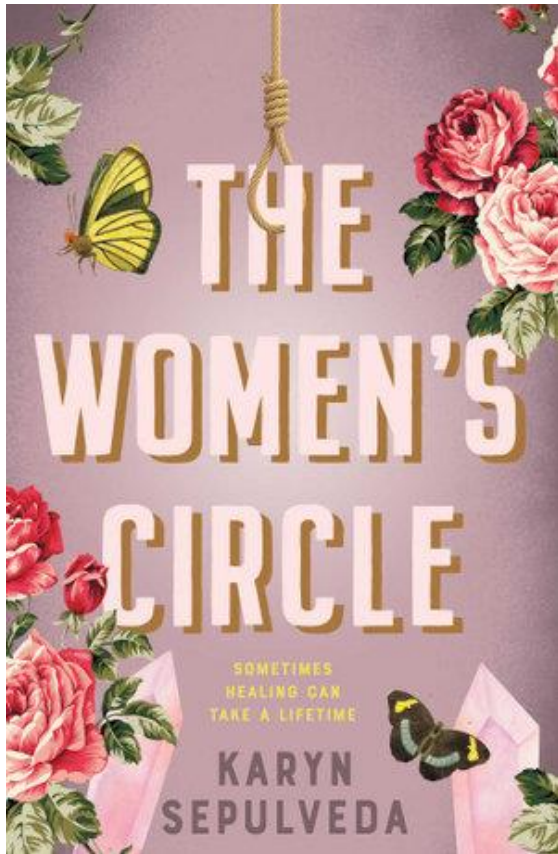




ADULT FICTION CATALOGUE

JUNE 2021



The Women's Circle

Karyn Sepulveda

Publisher: Ventura Press

Format: Paperback

Page extent: 304pp

Publication date: July 2021

Rights held: World

Sydney, present day. Anna is released into the world after eight years in prison. The entirety of her possessions stuffed into a single plastic bag. The trauma of her past, a much heavier burden to carry. Feeling hopeless, isolated and deeply lonely, Anna attends an alternative support group; The Women's Circle. But when she touches an ancient crystal, Anna connects to a woman she has never met, in a past she doesn't recognise.

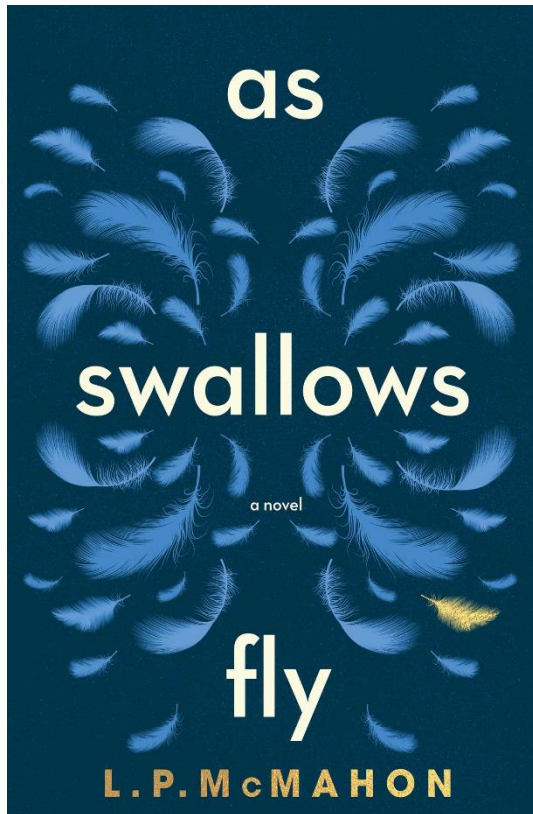
In 1770, a brutal regime torments the English village of Quarrendon and is determined to keep its women apart. Young villager Aisleen desperately seeks a way to defy the rules, reunite with her sister, and live life on her own terms, without her husband's permission. The stakes are high and terror of punishment inescapable, but doing nothing comes at an even steeper price...

While separated by generations, Anna finds herself drawn to the spine-chilling and courageous plight of Aisleen and Quarrendon's women. Can their bond help her to face her past and embrace her second chance at life? A heart-warming and inspirational portrayal of inner strength and vulnerability, *The Women's Circle* shows us the true power of female friendship in all its forms.

AUTHOR

Karyn Sepulveda is an author, podcast producer and creator of short, guided meditations. Through writing about characters triumphing over adversity, interviewing women about their strengths and designing meditations that help the listener tap into their own creativity, Karyn hopes to spread compassion and connection. Karyn completed her Masters of Creative Writing in 2011 and published her first novel, *Letters To My Yesterday* in 2018. When she is not working on her creative projects, Karyn is busy raising her two children and working as a teacher in primary schools.

For further enquires and information please contact Natasha Solomun at The Rights Hive:
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As Swallows Fly

L.P McMahon

Publisher: Ventura

Format: Paperback

Page extent: 352pp

Publication date: March 2021

Rights held: World

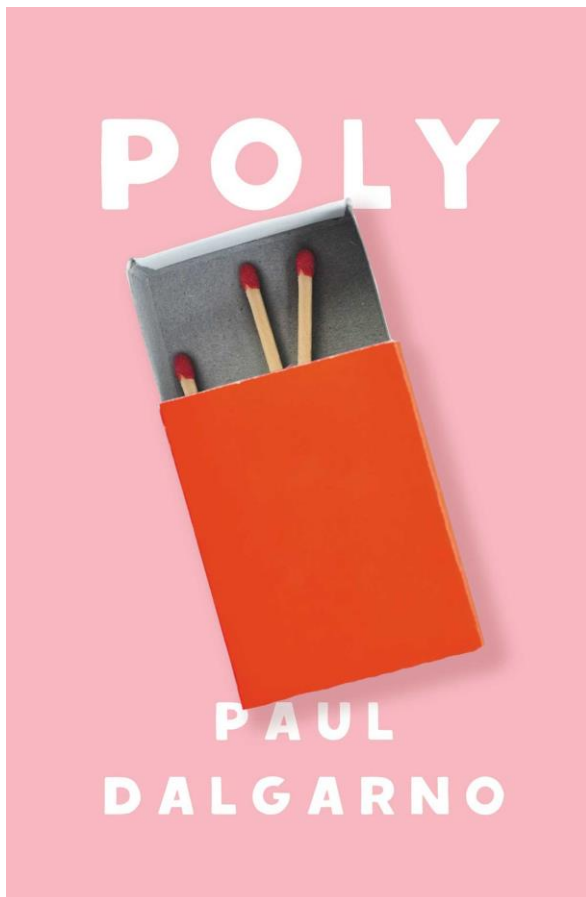
When Malika, a young orphan in rural Pakistan, is savagely attacked, her face is left disfigured and her self-esteem destroyed. Haunted by the assault, she hides from the world, finding solace in her mathematical theories. A few years later, her intellectual brilliance is discovered and she leaves conflict-stricken Pakistan for a better education in Melbourne, where she finds herself placed with Kate—a successful plastic surgeon facing emotional insecurities of her own. Malika and Kate’s lives slowly intertwine as they find within each other what each has lacked alone. At first, Kate’s skills appear to offer a simple solution to Malika’s anguish, but when tragedy strikes, the price of beauty is found to be much higher than either of them could have known.

As Swallows Fly is a poignant portrayal of survival, identity and empowerment in a culture dominated by the pursuit of perfection. In a captivating and unforgettable debut, McMahon asks what might be possible if we have the courage to be flawed.

AUTHOR

L. P. McMahon was born in Melbourne. His writing career began as a medical student, and he has since won or been shortlisted for multiple national and regional short story competitions. He has travelled, lectured and published widely in his medical career, living and working in Oxford, Berlin, Pakistan, Newfoundland and New Zealand. He currently directs a busy medical department as Professor of Nephrology at Monash University. *As Swallows Fly* is his debut novel.

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Poly

Paul Dalgarno

Publisher: Ventura Press

Format: Paperback

Page extent: 352pp

Publication date: September 2020

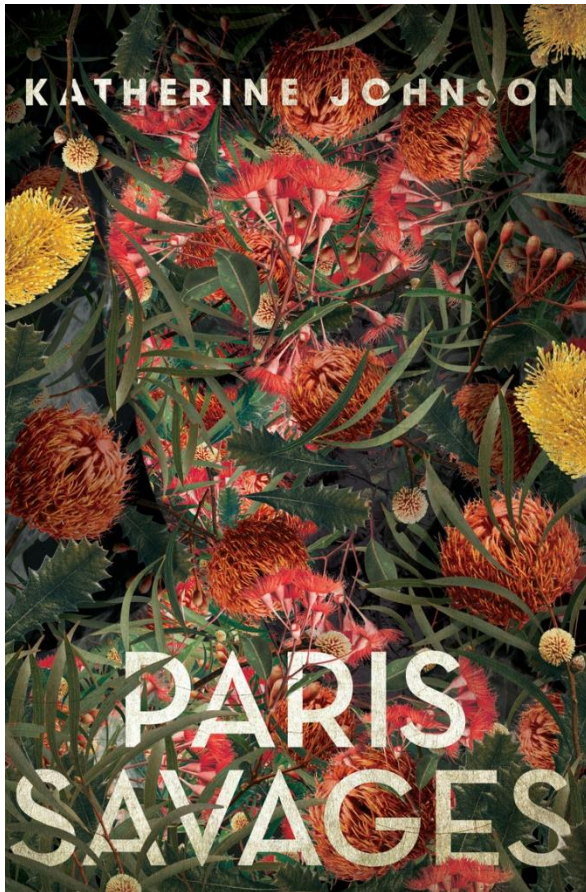
Rights held: World

Chris Flood – a married father of two with plummeting self-esteem and questionable guitar skills – suddenly finds himself in the depths of polyamory after years of a near-sexless marriage. His wife, Sarah – a lover of the arts, avid quoter of Rumi, and always oozing confidence – wants to rediscover her sexuality after years of deadening domesticity. Their new life of polyamory features late nights, love affairs and rotating childcare duties. While Sarah enjoys flings with handsome men, Chris, much to his astonishment, falls for a polydactylous actor and musician, Bidy. Then there's Zac Batista. When Chris and Sarah welcome the Uruguayan child prodigy and successful twenty-two-year-old into their lives they gratefully hand over school pick-up and babysitting duties. But as tensions grow between family and lovers, Chris begins to wonder if it's just jealousy, or something more sinister brewing... A searing and utterly engrossing debut, *Poly* is a raw, hilarious, and moving portrait of contemporary relationships in all their diversity, and an intimate exploration of the fragility of love and identity.

AUTHOR

Paul Dalgarno was born in Aberdeen, Scotland, and immigrated to Australia in 2010. In Scotland, he was a senior features writer, columnist and Deputy Weekend Features Editor with *The Herald* and *Sunday Herald* newspapers. In Melbourne, he was a launch editor, Deputy Editor, Arts Editor and Science Editor of *The Conversation* website. Paul has written for many Australian publications including *Guardian Australia*, *Australian Book Review*, *Sunday Times Scotland* and *The Big Issue*. His memoir, *And You May Find Yourself*, was published in 2015 (Sleepers Publishing). In 2016, he was awarded a Varuna Residential Fellowship to work on his second book. When not writing, reading or parenting, Paul loves to cycle vast distances. *Poly* is his debut novel.

For further enquires and information please contact Natasha Solomun at The Rights Hive:
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Paris Savages

Katherine Johnson

Publisher: Ventura Press

Format: Paperback

Page extent: 352pp

Publication date: October 2019

Rights held: World

**Rights sold: UK, US, Canada –
Allison & Busby; Italy – Jiminez
Edizioni**

Fraser Island, 1882. The population of the Badtjala people is in sharp decline following a run of brutal massacres. When German scientist Louis Müller offers to sail three Badtjala people – Bonny, Jurano and Dorondera – to Europe to perform to huge crowds, the proud and headstrong Bonny agrees, hoping to bring his people's plight to the Queen of England.

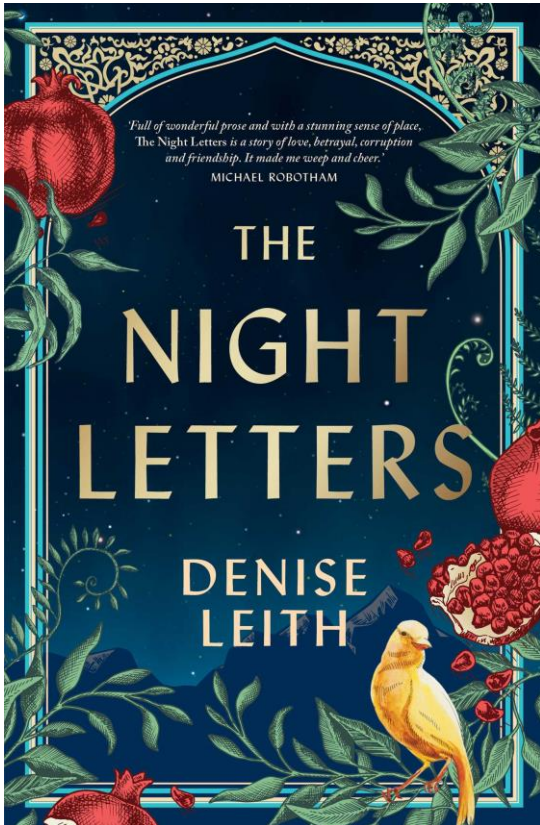
Accompanied by Müller's bright, grieving daughter, Hilda, the group begins their journey to belle-époque Europe to perform in Hamburg, Berlin, Paris and eventually London. While crowds in Europe are enthusiastic to see the unique dances, singing, fights and pole climbing from the oldest culture in the world, the attention is relentless, and the fascination of scientists intrusive. When disaster strikes, Bonny must find a way to return home.

A story of love, bravery, culture, and the fight against injustice, *Paris Savages* brings a little-known part of history to blazing life, from award-winning novelist Katherine Johnson.

AUTHOR

Katherine Johnson is the author of three previous novels: *Pescador's Wake* (Fourth Estate, 2009), *The Better Son* (Ventura Press, 2016) and *Matryoshka* (Ventura Press, 2018). Her manuscripts have won Varuna Awards and Tasmanian Premier's Literary Prizes. *The Better Son* was longlisted for both the Indie Book Awards and the Tasmania Book Prize. Katherine holds both arts and science degrees, has worked as a science journalist, and published feature articles for magazines including *Good Weekend*. Katherine lives in Tasmania with her husband and two children. She recently completed a PhD, which forms the basis of her latest novel, *Paris Savages*.

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The Night Letters

Denise Leith

Publisher: Ventura Press

Format: Paperback

Page extent: 336pp

Publication date: October 2020

Rights held: World

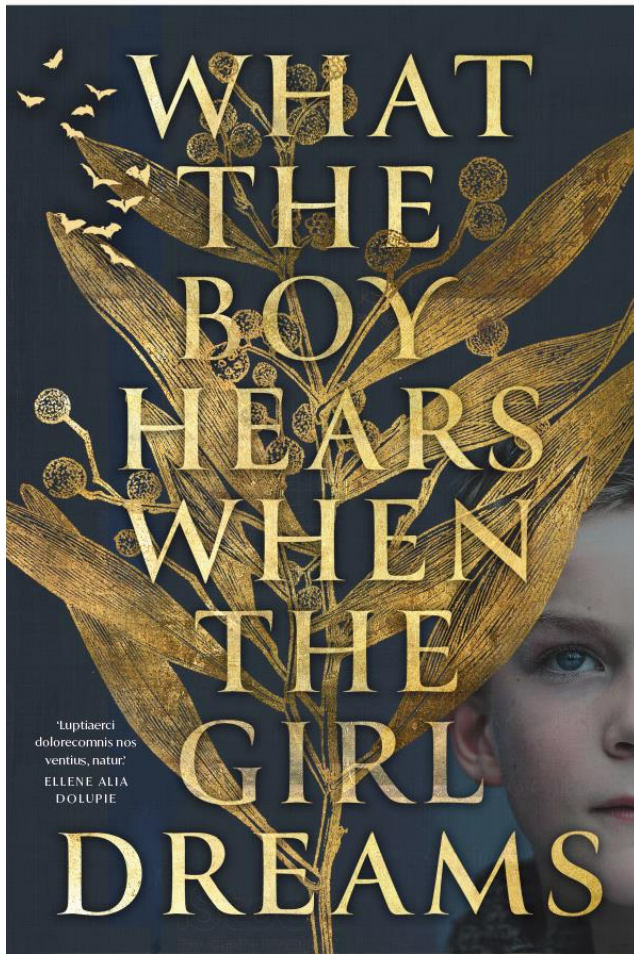
For five years, Australian doctor Sofia Raso has lived in Kabul's vibrant Shaahir Square, working with Dr Jabril Aziz to support the local women. She knows that living peacefully in Kabul requires following two simple rules: keep a low profile; and keep out of local affairs. Yet when threatening night letters from the Taliban taunt the town, and young boys disappear from Jamal Mina, Kabul's largest slum, Sofia can no longer remain silent. While the square is encased by fear, an elegant former warlord proves an unlikely ally, and a former lover re-emerges with a warning. As the search for the boys intensifies, and Sofia feels herself being drawn back into a love affair she thought had ended, it soon becomes clear that answers will bring a heavy price.

Gripping and evocative, *The Night Letters* takes you to the heart of Kabul in a story of secrets, friendship and love in all its imperfect guises. 'Full of wonderful prose and with a stunning sense of place, *The Night Letters* is a story of love, betrayal, corruption and friendship. It made me weep and cheer.' – Michael Robotham, author of *When She Was Good*.

AUTHOR

Denise Leith is a Sydney author, and former lecturer of International Relations, and Middle East politics at Macquarie University. Her debut novel, *What Remains* (Allen & Unwin, 2012) was shortlisted for the Asher Award and the Fellowship of Australian Writers National Literary Awards - Christina Stead Award. She has also published two non-fiction works, *The Politics of Power* (University of Hawaii Press, 2002), and *Bearing Witness: the Lives of War Correspondents and Photojournalists* (Random House Australia, 2004). Denise's work has involved extensive travel, including time in an AIDS hospital in South Africa, in a refugee camp in the Middle East and in an isolated village in the mountains of West Papua. Denise has spent a number of years mentoring Afghan women in fiction and non-fiction. She currently resides on the Northern beaches of Sydney.

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What the Boy Hears when the Girl Dreams

Graeme Friedman

Publisher: Lusaris

Format: Paperback

Page extent: TBC

Publication date: August 2021

Rights held: World

Twelve-year-old Finn Townsend has super-hearing. It gives him 'dancing eyes' and fainting spells, makes him a target of the school bully, and opens a window onto his parents' failing marriage. At night he wakes to the cries and sleep-talk of Buseje, the family's Malawian lodger, an illegal refugee being chased by immigration officials. Finn gathers fragments of Buseje's dream-talk and as the boy and young woman grow close, the mystery of her life begins to reveal itself. Finn is drawn ever deeper into her world, until the present of Australia's racial tension and a disturbing African past collide in an eruption of turmoil and liberation.

AUTHOR

Graeme Friedman's previous novel, *The Fossil Artist*, was shortlisted for a Commonwealth Writers' Prize and the M-Net Literary Awards. He has published short stories and two critically acclaimed works of biography, and is the co-author of a book on relationship intimacy in which he shares insights gained during his career as a psychotherapist. His work has been translated into German and Danish and has been taught at school and tertiary level. He lives in Sydney with his wife and their three children, all of whom share a love of stories.

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Spring Clean for the Peach Queen

Sasha Wasley

Publisher: Pantera Press

Format: Paperback

Page extent: 494pp

Publication date: March 2021

Rights held: North America

Twelve years had passed since the last Harvest Ball. I was just eighteen when my hometown crowned me their Peach Queen with a blossom coronet. And I was eighteen when I left.

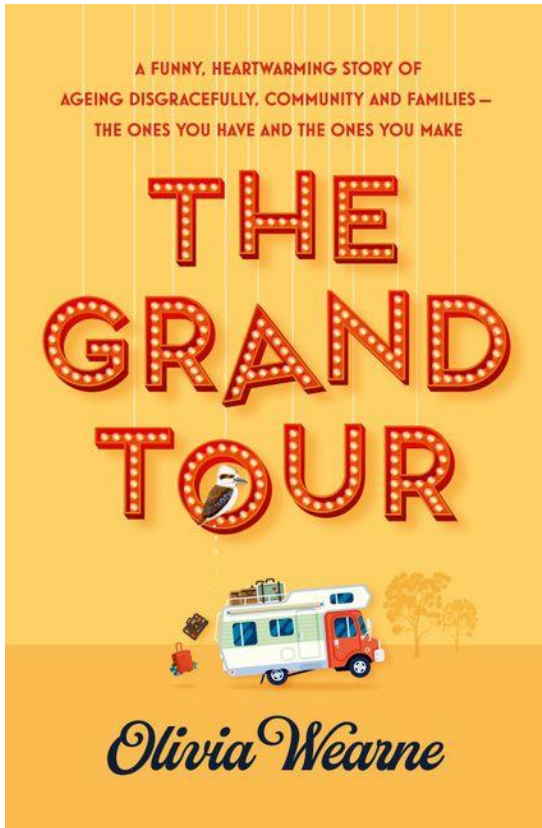
One tanked career, one badly timed glamour shoot and one dead boyfriend later, thirty-year-old Lottie Bentz is finally going home. Back in the orchard town of Bonnievale, Lottie embarks on a radical declutter of her life, Marie Kondo-style. She casts out everything that got her into trouble: her phone, socials, make-up and a tendency to tell little white lies – to herself and others. But home has its own issues, not least Lottie's staunchly feminist mother, who is furious with her. When Lottie lands herself a place to stay in exchange for helping kindly Mrs Brooker try out the Kondo method, it seems like the perfect farm escape. That's until Angus, Lottie's former Peach King and heir to the Brooker orchards, makes it clear she's not welcome – especially when Lottie's declutter begins to stir up long buried memories and half-truths. As Lottie finds her way back to herself, can she use her talents to coax Bonnievale and the Brookers out of the past? After all, everyone deserves to feel love, hope and the occasional spark of joy.

'Reading Spring Clean For The Peach Queen feels like taking a breath of fresh country air. This joyous novel truly is a spring clean for the soul.' – Joanna Nell, author of *The Single Ladies of Jacaranda Retirement Village*

AUTHOR

Sasha Wasley was born and raised in Perth, Western Australia. She completed a PhD in feminist literature at Murdoch University in 2006, and went on to work as a copywriter on topics ranging from mine safety to sex therapy. Sasha's debut novel was published in 2015, after which she gave up her copywriting business to pursue her fiction writing career. Sasha is passionate about levelling the playing field for members of the community experiencing disadvantage. She is an Ambassador for the Books in Homes Australia charity which provides books of choice for children in disadvantaged circumstances to keep in their home libraries. Today, she lives and writes in the Perth hills region with her partner and two daughters. A lover of animals, Sasha spends her free time pottering in the garden with her flock of backyard chickens.

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The Grand Tour

Olivia Wearne

Publisher: Harper Collins Australia

Format: Paperback

Page extent: 400pp

Publication date: December 2020

Rights held: World English Language Only

OVER 10,000 COPIES SOLD IN AUSTRALIA AND NEW ZEALAND

This vivid story of campervans, stowaways and mischief at any age is essentially about families: the ones you have and the ones you make.

When Ruby and Angela embark on a Grey Nomads road trip, the last thing they expect is a tiny stowaway; one who will turn them from unsuspecting tourists into wanted kidnappers and land them in a world of trouble. As their leisurely retirement plans unravel, Angela's relationship with her brother Bernard goes from bad to worse.

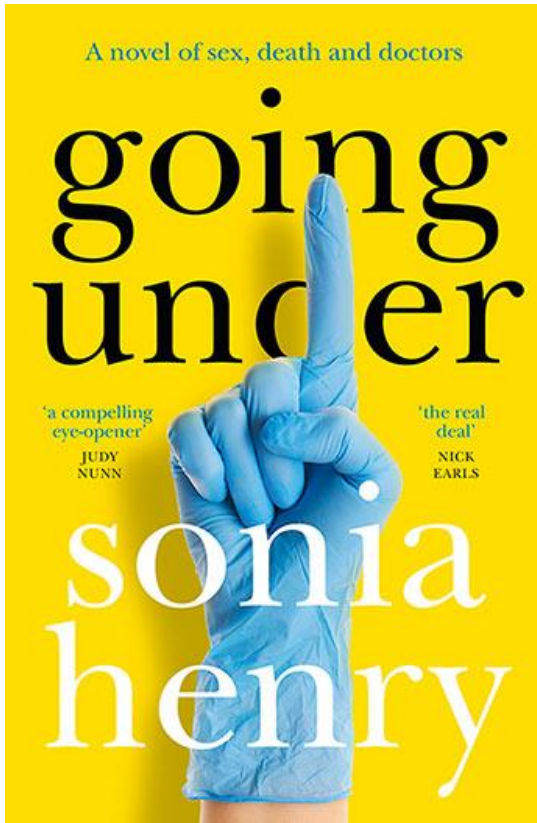
Bernard has his own problems to contend with. Adrift in life, his career as a news presenter has been reduced to opening fetes and reading *Voss* as an audio book (a seemingly impossible task). His troubles are compounded when his wife starts dating a younger man and a drink-driving incident turns him into a celebrity offender.

As Angela and Ruby set about repairing burnt bridges and helping their unexpected guest, and Bernard attempts to patch together his broken life, they discover that even after a lifetime of experience, you're never too old to know better.

AUTHOR

Olivia Wearne was born in Melbourne in 1977. She is both a novelist and a screenwriter with several film credits to her name and a Masters in creative writing. Olivia now resides in Ballarat, Victoria, where she writes at the kitchen table that she shares with her filmmaker husband and two young sons. *The Grand Tour* is her first novel.

For further enquires and information please contact Natasha Solomun at The Rights Hive:
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Going Under

Sonia Henry

Publisher: Allen & Unwin

Format: Paperback

Page extent: 408pp

Publication date: September 2019

Rights held: North America

OVER 16,000 COPIES SOLD IN AUSTRALIA AND NEW ZEALAND

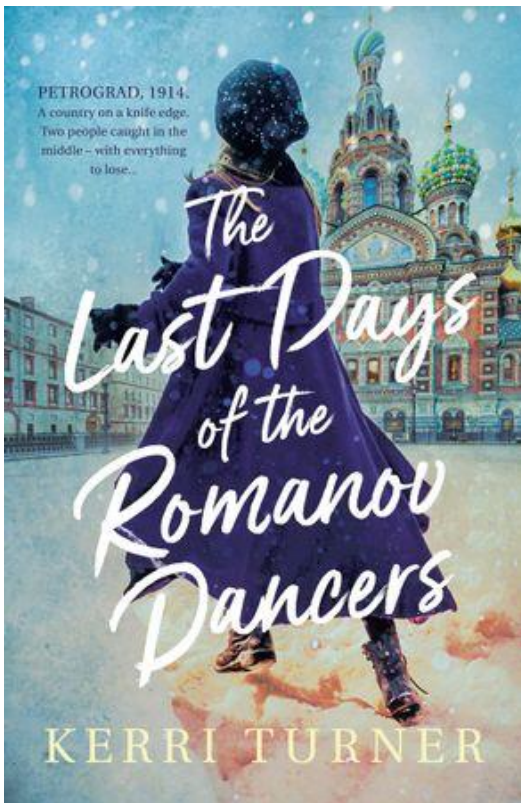
Dr Katarina 'Kitty' Holliday thought once she finished medical school and found gainful employment at one of Sydney's best teaching hospitals that her dream was just beginning. The hard years, she thought, were finally over.

But Kitty is in for a rude shock. Between trying to survive on the ward, in the operating theatre and in the emergency department without killing any of her patients or going under herself, Kitty finds herself facing situations that rock her very understanding of the vocation to which she intends to devote her life.

AUTHOR

Sonia Henry is in her early thirties and lives and works in Sydney as a doctor. When she's not being a medic she devotes her spare time to writing and has been published in Kevin MD (America's leading physician blog), the *Sydney Morning Herald*, the *Australian Medical Students Journal*, and has scientific publications in the *ANZ Journal of Surgery*.

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The Last Days of the Romanov Dancers

Kerri Turner

Publisher: Harper Collins

Format: Paperback

Page extent: 336pp

Publication date: January 2019

Rights held: World

Petrograd, 1914. A country on a knife edge. The story of two people caught in the middle – with everything to lose...

Valentina Yershova's position in the Romanovs' Imperial Russian Ballet is the only thing that keeps her from the clutches of poverty. With implacable determination, she has clawed her way through the ranks, relying not only on her talent but her alliances with influential men that grant them her body, but never her heart. Then Luka Zhirkov - the gifted son of a factory worker - joins the company, and suddenly everything she has built is put at risk. For Luka, being accepted into the company fulfils a lifelong dream. But in the eyes of his proletariat father, it makes him a traitor. As civil war tightens its grip and the country starves, Luka is torn between his growing connection to Valentina and his guilt for their lavish way of life.

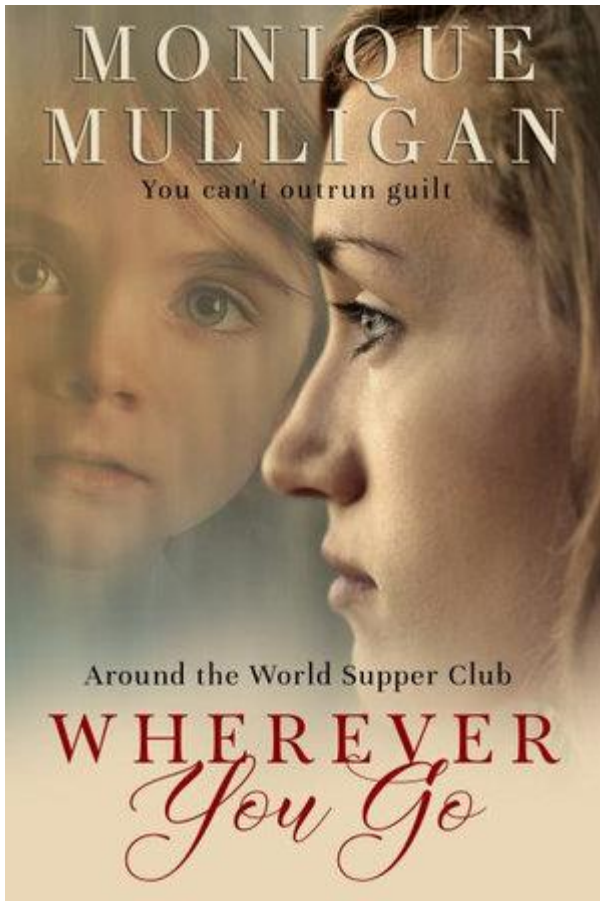
For the Imperial Russian Ballet has become the ultimate symbol of Romanov indulgence, and soon the lovers are forced to choose: their country, their art or each other... A powerful novel of revolution, passion and just how much two people will sacrifice...

'A wonderful debut from author, Kerri Turner ... Through her own work as a dancer, and thorough historical research, Turner has created figures that literally dance off the page. Like the influence of the ballet company itself, the characters will stay with you long after you have finished reading it.' -- Caroline Beecham, author of Eleanor's Secret and Maggie's Kitchen

AUTHOR

Kerri Turner is a historical fiction author who lives in Sydney, Australia, with her husband and miniature schnauzer. She trained from a young age to become a ballerina, but life had other ideas for her. After gaining an Associate Degree (Dance) and Diploma of Publishing (Editing, Proofreading and Publishing), she combined her love of ballet, history and books to discover a passion for writing which far outweighed anything she'd done before. She still dances, passing on the joy of ballet to those who never got the chance to experience it—or thought their dancing years were behind them—by teaching adults-only and over-55s classes.

For further enquires and information please contact Natasha Solomun at The Rights Hive:
natasha@therightshive.com



Wherever You Go

Monique Mulligan

Publisher: Pilyara Press

Format: Paperback

Page extent: 348pp

Publication date: September 2020

Rights held: World

A life-shattering tragedy threatens to tear apart chef Amy Bennet's marriage. Desperate to save it, she moves with her husband Matt to Blackwood, a country town where no one knows who they are.

Forced to deal with her crumbling marriage and the crippling grief that follows her wherever she goes, Amy turns to what she knows best: cooking. She opens a cafe showcasing regional seasonal produce, and forms the Around the World Supper Club, serving mouth-watering feasts to new friends. As her passion for food returns, she finds a place for herself in Blackwood. But when a Pandora's Box of shame and blame is unlocked, Matt gives Amy an ultimatum that takes their marriage to the edge.

Rich with unexpected characters and extraordinary insight, *Wherever You Go* is a powerful and ultimately uplifting tale of heartbreaking loss, recovery, and redemption.

AUTHOR

Monique Mulligan is an author and interviewer, who lives in Perth, Western Australia. A former journalist, news editor and publisher, she combines part-time work at an arts centre with freelance editing and novel writing. Monique has had three picture books published, and short fiction in various anthologies.

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natasha@therightshive.com



The Happiness Jar

Samantha Tidy

Publisher: Storytorch Press

Format: Paperback

Page extent: 336pp

Publication date: September 2013

Rights held: World

Winner, ACT Writing and Publishing Award for Fiction 2014

Runner Up, FAW Christina Stead Award 2013

Runner Up, FAW Jim Hamilton Award, 2010

Shortlist, Penguin Varuna Scholarship, 2011

Shortlist, HarperCollins Varuna Award, 2011

Losing her battle with Cystic Fibrosis, Rachel Hudson asks her family for one last request: a journey to the exotic and the unknown. Ever the free spirit, she administers a dose of her notorious wanderlust.

Brian, a Vietnam veteran, has been missing for twenty years. Matt dreams of one day finding his own path like his heroic father, as Beth's religious fervour propagates a childhood of parental disappointment.

The Happiness Jar is a story about tightly held beliefs, and what can endure when we release the burdens we place on ourselves and each other.

Set against the red dust of the Australian Kimberley desert, and the smoky backdrop of the holy River Ganges in India, this is a novel that reminds us that we continue to live in the memories we leave behind.

AUTHOR

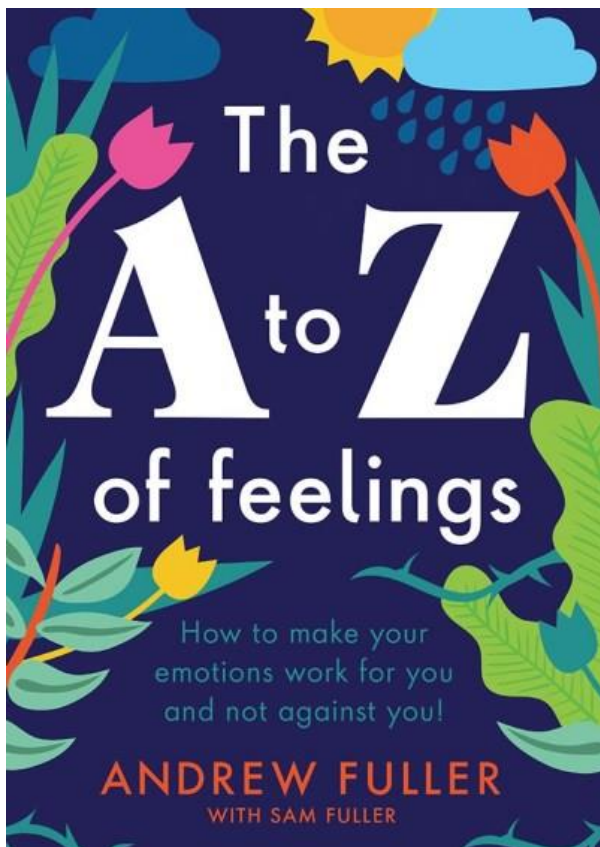
Samantha Tidy Australian author of books for both adults and children.

She writes stories that strengthen our sense of connection and community with one another.

For further enquires and information please contact Natasha Solomun at The Rights Hive:
natasha@therightshive.com



**ADULT NON-FICTION
CATALOGUE
JUNE 2021**



The A to Z of Feelings

Andrew Fuller & Sam Fuller

Publisher: Bad Apple Press

Format: Paperback

Page extent: 320pp

Publication date: May 2021

Rights held: World excluding North America

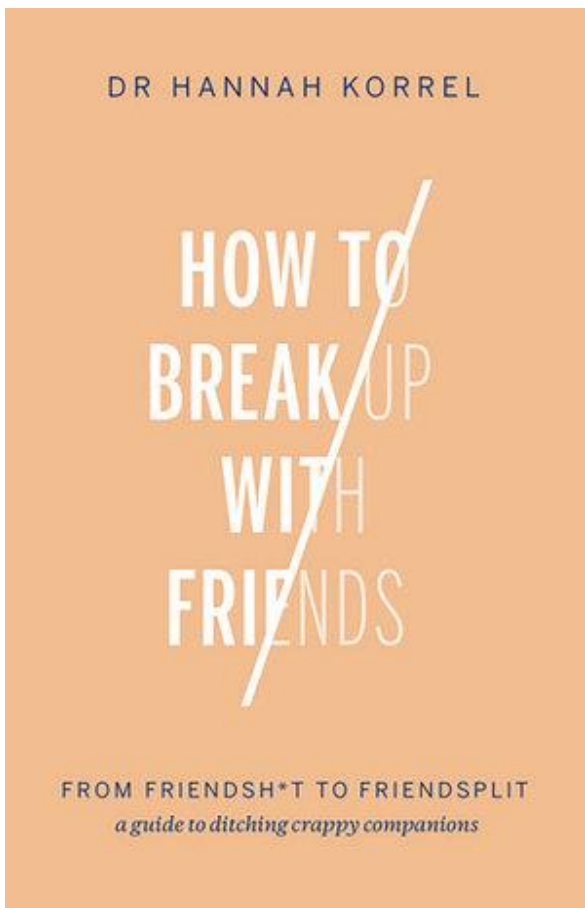
Rights sold: Polish - Wydawnictwo Zwierciadło Sp. z o.o.

In perhaps his most ambitious and comprehensive work yet, Andrew Fuller takes a deep dive into the architecture of our everyday human emotions to understand why we think, act and behave the way we do. If you have ever struggled with feelings you just can't make sense of, have trouble controlling or feel helpless against then this is for you! In *The A to Z of Feelings* Andrew examines the most common array of emotions and explains what they are, how they work and how you can use them for your own personal good, rather than letting them rule your life. He details the origins of emotions and outlines the pathways of the brain that surround and allow emotion development. Divided into easy to read, bite-size chunks of information, *The A to Z of Feelings* can be dipped in and out of for quick reference or read at leisure for a more detailed understanding. It is essentially a recipe book for emotions!

AUTHOR

Andrew Fuller is an Honorary Fellow at the University of Melbourne. He has acted as the scientific consultant for ABC TV on the science of teenage brains, is the principal consultant for the national drug prevention strategy REDI, an Ambassador for Mind Matters, a Member of the National Coalition Against Bullying, and is the Co-Director of Resilient Youth Australia. He is the author of numerous books, including *Unlocking Your Child's Genius*, *Your Best Life at Any Age* and *Tricky Behaviours*.

For further enquires and information please contact Natasha Solomun at The Rights Hive:
natasha@therightshive.com



How to Break Up with Friends

Hannah Korrel

Publisher: Ventura Press

Format: Paperback

Page extent: 208pp

Publication date: October 2020

Rights held: World

We all have that one friend.

The one who expects the world, but never remembers your birthday. The one who constantly ditches your dinner plans when you're already halfway to the restaurant. The one who leaves you feeling exhausted, used and completely emotionally battered.

Why do we let these people into our lives? When is their friendship actually friend-shit? How do we dump these crappy companions?

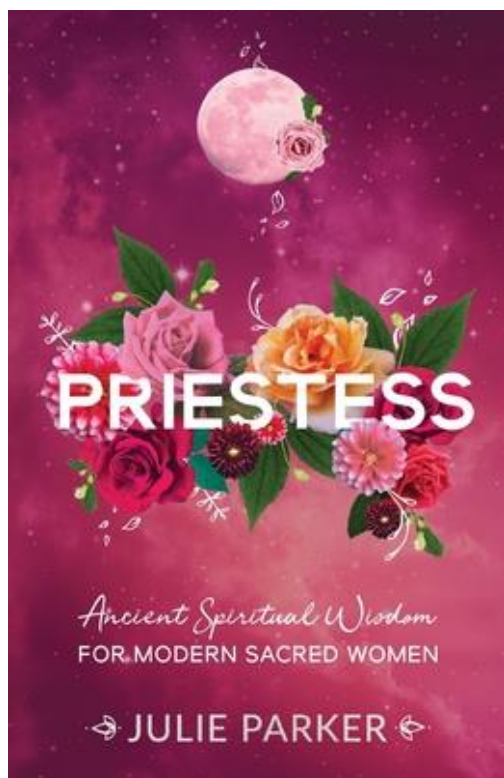
This is the no-bullshit, essential guide for anyone devoting their precious time and energy into maintaining friendships with toxic friends. Using activities, truth bombs, and real-life examples, neuropsychologist Dr Hannah Korrel will help you to identify the bad friends in your life, understand what true friendship should look like, learn how to attract the best people, and become the best friend you can be yourself. Provocative, funny, and brutally honest, *How To Break Up With Friends* will change the way you look at friendship forever.

AUTHOR

Neuropsychologist Hannah Korrel has spent over a decade becoming an expert in why the brain makes us do the things we do (and sometimes don't want to do!). Fierce mental health advocate, Hannah brings neurology and psychology together to explain common life dilemmas, minus the BS. On the side, Hannah helps people learn kickass assertiveness skills through her app *Assert Yourself*.

A bit of a comedian, Hannah will have you rolling in stitches on the days you feel like you're becoming unstitched.

For further enquires and information please contact Natasha Solomun at The Rights Hive:
natasha@therightshive.com



Priestess

Julie Parker

Publisher: The Kind Press

Format: Paperback

Page extent: 330pp

Publication date: July 2020

Rights held: World

Julie Parker hosts the Priestess Podcast which consistently sits in the top twenty ranked spirituality podcasts on iTunes globally. This sacred book calls upon the ancient wisdom of women leaders of the past to show how their spiritual practices can ignite and initiate priestesses today, as they embrace their soul gifts as the guides, coaches, teachers, mystics, life seekers and sacred leaders they truly are.

No matter whether you identify as a priestess now, are excitingly exploring your possibilities as one, or are simply curious about your calling in life as a spiritual being, *Priestess* will inspire you to fall deeply in love with your own healing path. Award-winning sacred business leader, coach, speaker, podcaster, temple space holder and priestess, Julie Parker, accompanies you on a journey of self-love and spiritual guidance as she shares her own path to becoming a priestess, and her deep desire to see women fully (re)claim their place as the spiritual leaders the world needs most right now.

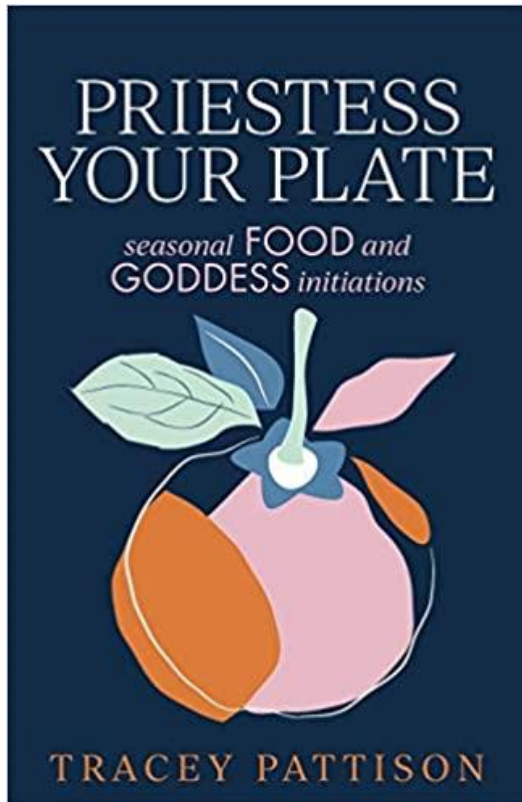
“What a gift Julie Parker has given us with her divine book, Priestess. It is a rare book filled with ancient wisdom and modern teachings, that is so needed in the world today. A guidebook for spiritual leaders and those wishing to evolve into one, Priestess teaches us to not only find the sacred path for ourselves, but to light that path in an inclusive way for everyone, as our sacred duty.”

—Megan Dalla-Camina, author of *Simple Soulful Sacred: A Woman’s Guide to Clarity, Comfort and Coming Home to Herself* (Hay House)

AUTHOR

Hailed by ELLE Magazine as a ‘self-help guru,’ Julie Parker is the Founder of The Beautiful You Coaching Academy where she passionately trains and supports heart centered people to become life coaches. The Editor in Chief of inspired COACH Magazine, a published author, Priestess Podcast host and in demand speaker, Julie has inspired thousands of people on stages all over the world and is the recipient of numerous leadership and women’s business awards. Julie is also a modern day Priestess with a focus on her Celtic, Greek & Balkan lineage. She is committed to contributing to a world where qualities of intuition, presence, nurturing, spiritual exploration, social justice and service are honoured.

For further enquires and information please contact Natasha Solomun at The Rights Hive:
natasha@therightshive.com



Priestess Your Plate

Tracey Pattison

Publisher: The Kind Press

Format: Paperback

Page extent: 254 pp

Publication date: March 2021

Rights held: World

Deliciously empower and nourish yourself with sacred and seasonal food.

Priestess Your Plate is a nourishing read about food sacredness and wisdom and a journey back to your inner seasonal Goddess and Mother Earth.

This book is a true offering to live a life which is deliciously empowered by the seasonal food you choose to nourish yourself with. And from such a wholehearted way of life, you can lead in the world all that your heart desires.

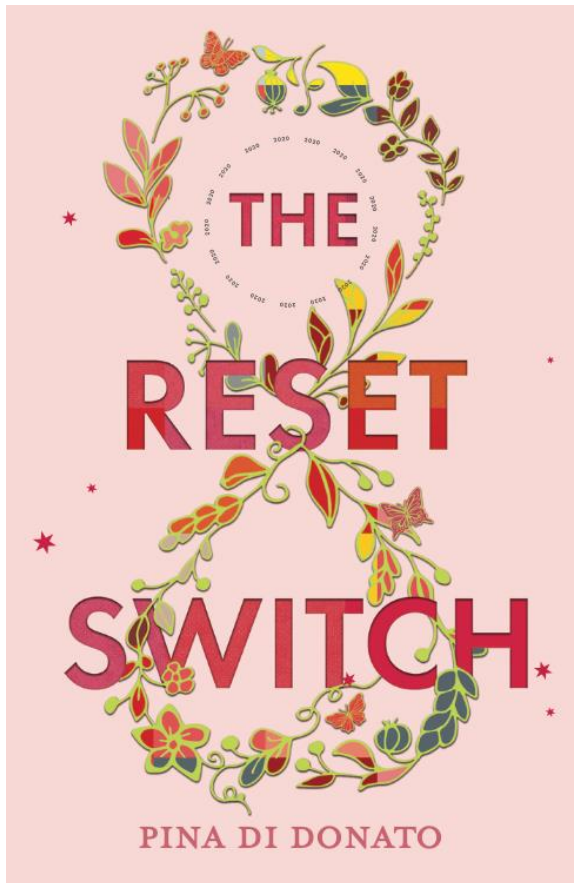
Within these pages you will find your heart's compass towards how you can *Priestess Your Plate* through food sovereignty, sacredness and the gained intuition of your inner cycles of self within the seasons of the greatest Goddess of all, Mother Earth.

If you're questioning all that you once knew about food or are completely confused by all the mixed messages, diet culture and what healthy really is, then *Priestess Your Plate* is an intuitive eating guide for you. Consider it an inviting guide to heed Mother Earth's call to use food, cooking and eating as a spiritual and self-loving practice via a simpler way that steps away from the ingrained food patriarchy.

AUTHOR

Tracey Pattison of *Priestess Your Plate* is a food intuitive coach for soulful women who are ready to discover what's actually like to feel deeply nourished and love their body, inside and out....for life!

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The Reset Switch

Pina di Donato

Publisher: The Kind Press

Format: Paperback

Page extent: 230pp

Publication date: December 2020

Rights held: World

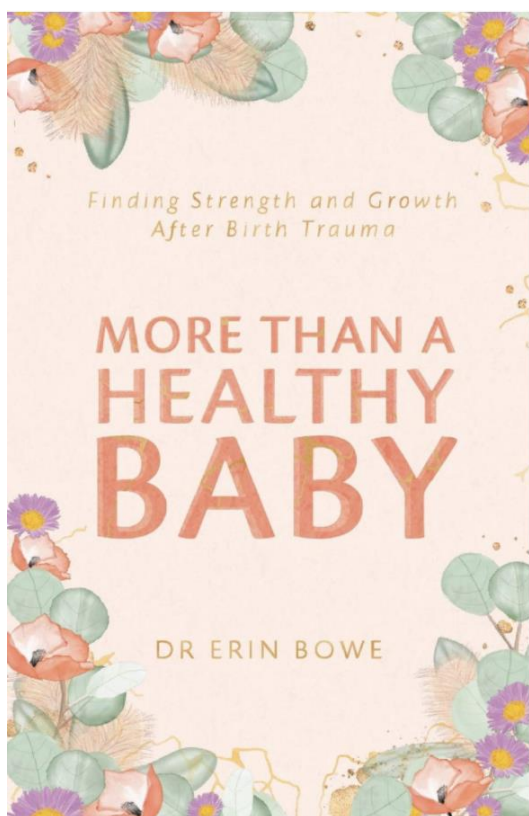
The opportunity of a lifetime. The turn of a new decade held such promise. And then every corner of the globe was exposed to a new type of highly contagious and unpredictable virus. Covid-19 ripped through entire countries, the effect and impacts far reaching and complex, bringing every part of our lives under the spotlight, requiring reflection and adjustment. But for every dark cloud there is bound to be an opportunity that could, in fact, make a difference to our future.

Having passed through a period of gradual awakening, Pina Di Donato was looking forward to a new year. But the Universe had other plans. She, too, would be banished to her corner of the room where she could rest, reflect, reset and contemplate her next move. This book is the result of reflection and offers an original perspective on the experience. The Reset Switch is a friendly book that highlights the benefits of slowing down, putting the need for rest under the microscope and offering newness and the promise of what is to come. 2020, a year of reset, on an individual and global scale. Could true happiness be just around the corner?

AUTHOR

Pina Di Donato is an avid philanthropist, business person, highly experienced marketing professional and author. She has held many board positions with not-for-profit organisations. Pina is passionate about sharing her experiences through storytelling, in a way that may inspire others to step out of their comfort zone and onto the path of fulfilling their own unique purpose.

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More Than a Healthy Baby

Dr Erin Bowe

Publisher: The Kind Press

Format: Paperback

Page extent: 274pp

Publication date: December 2020

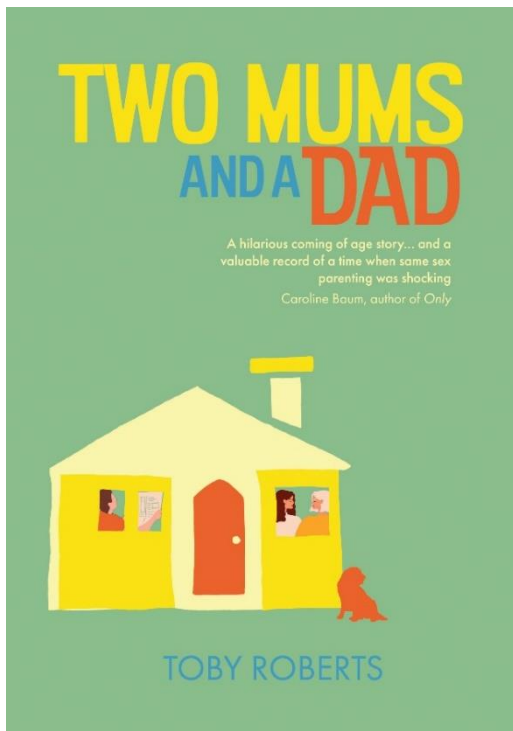
Rights held: World

A real call to action for post traumatic growth. Nothing dovetails personal and professional experience about birth trauma together in a way that's hopeful, holistic and even humorous quite like *More Than a Healthy Baby* does. Not only will the reader feel validated and supported but encouraged in this heartfelt call to action written by clinical and perinatal psychologist, Dr Erin Bowe, who seamlessly delivers her passion and advocacy for post traumatic growth through these pages. Often, how you felt during a birth can be so easily dismissed and the birthing parents gaslighted. A healthy baby is all that matters, right? Not so. There's room for serious reconsideration to what health means, particularly when it comes to birth trauma. Experiencing and recovering from birth trauma is hard but it doesn't have to be all darkness and shadow, as this book shows. A delightfully unexpected book, you'll come away feeling lighter having being offered wisdom, coupled with a stack of practical coping strategies. This book will show you the way to really discover self-compassion and the confidence to celebrate your growth. Where you will feel acknowledged and understood and your trauma can be accounted for. Plus, it offers tips for breastfeeding trauma, sourcing holistic support, vicarious trauma in partners as well as strategies to help with overwhelm and difficult emotions and thoughts. It's also the inspiration for parents to become the guardians of change for the next generation.

AUTHOR

Dr Erin Bowe is a clinical and perinatal psychologist and coach in Victoria, Australia. Erin had two traumatic births which led her to follow her purpose and passion of encouraging people to find strength and growth after trauma. She is fervent about empowering women and their families through pregnancy and parenthood through birth debriefing, perinatal counselling, birth trauma training and clinical supervision and is a former provider of Australia's leading childbirth education course with Hypnobirthing Australia.

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Two Mums and a Dad

Toby Roberts

Publisher: Bad Apple Press

Format: Paperback

Page extent: 256pp

Publication date: June 2021

Rights held: World

Sydney's leafy northern suburbs were a bastion of Christian conservatism in the 1970s, but the Roberts family was always a little different. If having lots of children, pets and parties made them stick out, then a mum with a procession of live-in lovers had the neighbours wondering if this mob had mistaken Beecroft for Lesbos. Despite the climate of the times, Toby's parents were able to reach a very bohemian understanding – his dancer mother was free to find love in the arms of younger women, while his doctor father was free to read and pretend it wasn't happening.

Growing up a middle child of four, Toby loved his mother's girlfriends as if they were older siblings. But when his mum fell for Caro, everything changed. It's hard enough when your mum and dad divorce, and you move into a new home with two mums – harder still, when one of those mums challenges your masculinity by flogging you in tennis and lifting weights that would give you a hernia.

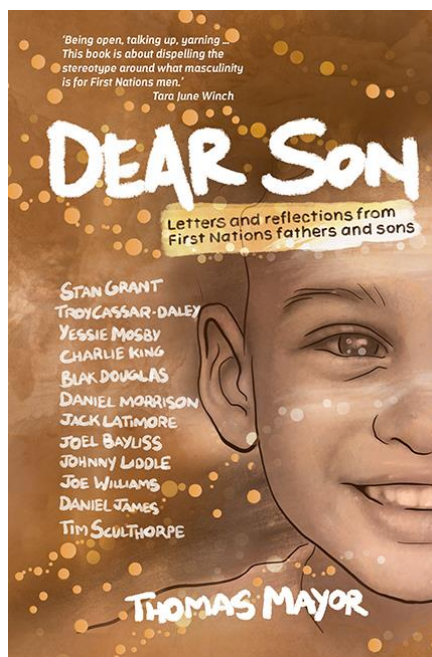
To make matters worse, Toby had just started high school at a Christian college where Mum's spiky hair and long trousers weren't welcome. The usual insecurities about finding acceptance in high school go up a notch or two when you're a weedy violinist and your two mothers keep kissing in public.

This delightful coming of age memoir explores the angst of puberty, school, sport and bad 80s fashion. Beneath the humour and quirky characters, reminiscent of Netflix's Sex Education series and just as awkwardly funny, lies a deeper reminder of the human need to pursue more authentic lives, and the capacity for people to surprise us by accepting love in all its forms. Over time, the bravery and decency of Toby's two mums wins admirers and supporters in unlikely places, from rugby-playing school boys to deeply religious stay-at-home mums. Even Toby learns to see the value in his embarrassing childhood...

AUTHOR

Toby has worked as a lawyer, banker, speech writer, and even a session singer, in roles that have taken him around the world. He has written articles for major Australian broadsheets, and a number of short stories that have been published in magazines, converted into podcasts and broadcast on radio. Toby grew up in Sydney's northern suburbs with his mother and her female partner. He lives in Sydney again now, with his wife, two children and a whippet called Devo. *Two Mums and a Dad* is his first book.

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Dear Son

Thomas Mayor

Publisher: Hardie Grant Travel

Format: Hardback

Page extent: 200pp

Publication date: September 2021

Rights held: World

Dear Son shares heartfelt letters written by First Nations men about life, masculinity, love, culture and racism. Along with his own vivid and poignant prose and poetry, author and editor Thomas Mayor invites 12 contributors to write a letter to their son, father or nephew, bringing together a range of perspectives that offers the greatest celebration of First Nations manhood.

This beautifully designed anthology comes at a time when First Nations peoples are starting to break free of derogatory stereotypes and find solace in their communities and cultures. Yet, each contributor also has one thing in common: they all have a relative who has been terribly wronged – enslaved, raped and dispossessed – because of their Aboriginality.

Featuring letters from Stan Grant, Troy Cassar-Daley, John Liddle, Charlie King, Joe Williams, Yessie Mosby, Joel Bayliss, Daniel James, Jack Latimore, Daniel Morrison, Tim Sculthorpe and Blak Douglas.

A gentle and loving book for families from anywhere in the world. Artwork by proud Kurna/Ngarrindjeri/Narrunga/Italian Australian artist Tony Wilson, with illustrations and design by Gamilaraay designer Tristan Schultz of Relative Creative.

AUTHOR

Thomas Mayor is a Torres Strait Islander man born on Larrakia country in Darwin. As an Islander growing up on the mainland, he learned to hunt traditional foods with his father and to island dance from the Darwin community of Torres Strait Islanders. In high school, Thomas's English teacher suggested he should become a writer. He didn't think then that he would become one of the first ever Torres Strait Islander authors to have.

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What Happened?

Dr. Bill Saunders

Publisher: KMD Books

Format: Paperback

Page extent: 216pp

Publication date: June 2021

Rights held: World

What's wrong with you? That's the first question we are asked when we present to our doctor with a mental health issue. So then, we are assessed, 'diagnosed' and given a 'treatment' to fix the problem.

But consider if you will, that there are over 250 mental illnesses listed in the Diagnostic and Statistical Manual of Mental Disorders, and that there are eight (yes, just eight) specific psychopharmacological treatments for all mental illness. Does that make you question in any way the current consensus that there is a 'pill for every mental ill'?

Could there be an alternative? Perhaps, just maybe, we are asking the wrong question.

With over 30 years as a consulting psychologist and educator, Dr. Bill Saunders takes us on open, honest, heartfelt and sometimes confronting journey of human experience. In his book, Bill challenges some of the 'truths' we know about mental health, sharing stories that will make you laugh and cry, and sometimes leave you in shock!

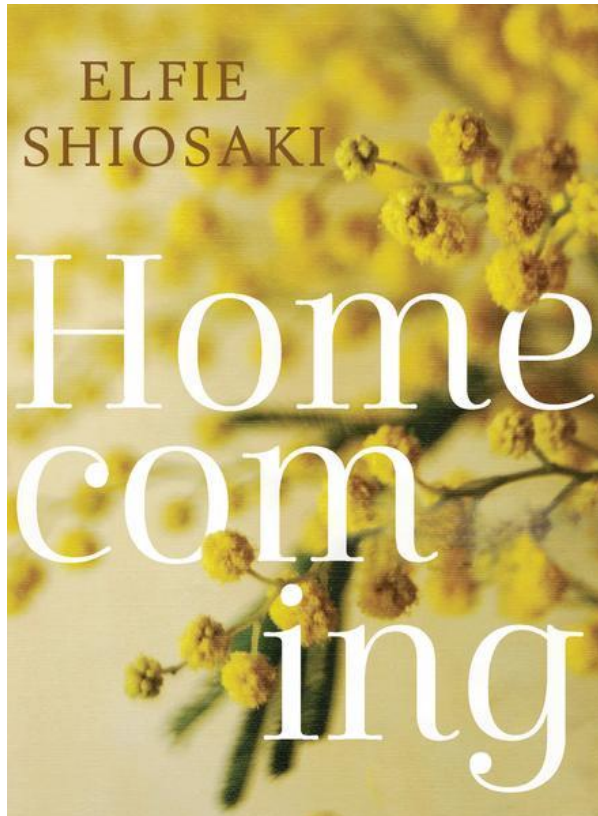
So, do you really want to know what Mental Health is about? Or are you content in the story we are continuing to be told? With millions of dollars every year spent on trying to find biological answers to mental health, discover what's really behind the treatment of mental illness and how it continues to impact our society.

AUTHOR

Dr Bill Saunders is a Clinical Psychologist in private practice in Perth .Bill has a BA (Hons) degree and a PhD in Psychology from the University of Keele and a Master's degree in Psychological Medicine from The University of Glasgow.Prior to becoming involved in private practice in Perth Bill was an academic. He held the positions of Lecturer in Psychological Medicine at the University of Glasgow, Senior Lecturer in Applied Social Studies and Director of the Alcohol Studies Centre at the University of Paisley (Scotland) and was then an Associate Professor and Head of Addictions Studies at Curtin University (Perth, WA). Bill was also a Professor of Psychology and Head of the Clinical Psychology program at Curtin University. As an academic Bill published extensively and has also consulted for a wide range of agencies including the World Health Organisation and the United Nations.

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Homecoming

Elfie Shiosaki

Publisher: Magabala Books

Format: Paperback

Page extent: 152pp

Publication date: April 2021

Rights held: World

Homecoming pieces together fragments of stories about four generations of Noongar women and explores how they navigated the changing landscapes of colonisation, protectionism, and assimilation to hold their families together.

This seminal collection of poetry, prose and historical colonial archives, tells First Nations truths of unending love for children—those that were present, those taken, those hidden and those that ultimately stood in the light.

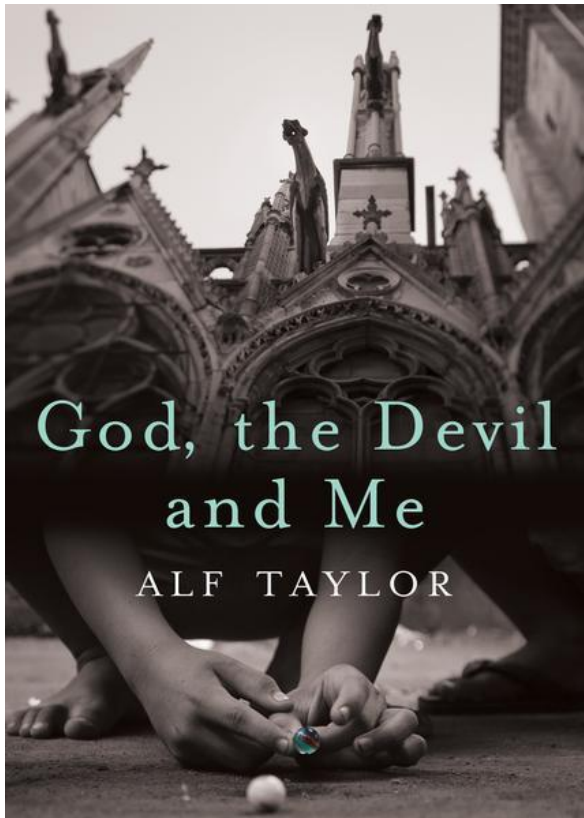
Homecoming speaks to the intergenerational dialogue about Country, kin and culture. This elegant and extraordinary form of restorative story work amplifies Aboriginal women's voices, and enables four generations of women to speak for themselves. This sublime debut highlights the tenacity of family as well as First Nation's agency to resist, survive and renew.

Elfie Shiosaki has restored humanity and power to her family in this beautifully articulated collection and has given voice to those silenced by our brutal past.

AUTHOR

Elfie Shiosaki is a Noongar and Yawuru writer. She is a Lecturer in Indigenous Rights at the School of Indigenous Studies at the University of Western Australia, as well as an Editor of Indigenous Writing at Westerly.

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God, the Devil and Me

Alf Taylor

Publisher: Magabala Books

Format: Paperback

Page extent: 298pp

Publication date: February 2021

Rights held: World

In this unique and highly entertaining autobiography, Alf Taylor chronicles his life growing up in the infamous New Norcia Mission, north of Perth in the fifties and sixties.

At once darkly humorous and achingly tragic, *God, The Devil and Me* tells of the life and desperation of the young children forced into the care of the Spanish Nuns and Brothers who ran the Mission. Their lives made up of varying degrees of cruelty and punishments, these children were the 'little black devils' that God and religion forgot. Written with an acerbic and brutal wit, Alf intersperses dark childhood memories with a Monty Pythonesque retelling of the Bible, in which Peter is an alcoholic and Judas is a good guy.

As a child, underfed, poorly clothed and missing his family, Alf sought refuge in the library in the company of Shakespeare and Michelangelo. He writes with joy about the camaraderie of the boys, their love of sport and their own company, but also notes that many descended into despair upon leaving. Most died early. Alf Taylor is one of the 'lucky ones'.

AUTHOR

Alf Taylor spent his childhood growing up in New Norcia Mission, Western Australia, and upon leaving he worked around Perth and Geraldton as a seasonal farm worker, before he joined the Armed Forces. After a marriage, seven children and a divorce, Alf found his voice as a writer and poet.

Alf's father's name was Rosendo Taylor and he married his Mother Queenie Harris who came from the Fraser Ranges, not far from Norseman. Her Mother belonged to the Ngadu people. from the Norseman area.

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