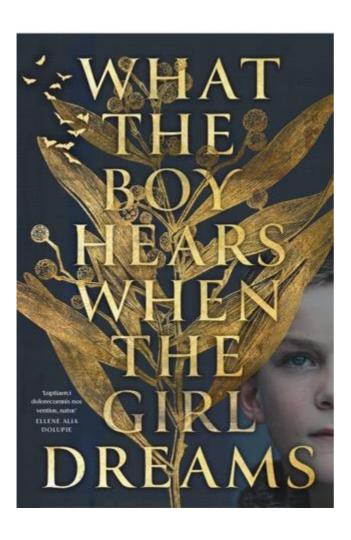


## CATALOGUE 2020

**ADULT FICTION** 



## What the Boy Hears when the Girl Dreams

Graeme Friedman

**Publisher: Lusaris** 

Format: Paperback

Page extent: TBC

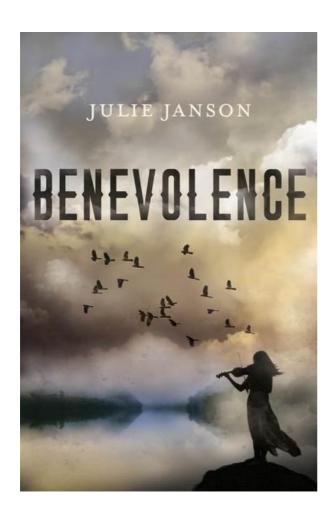
Publication date: Dec 2020

Rights held: World

Twelve-year-old Finn Townsend has super-hearing. It gives him 'dancing eyes' and fainting spells, makes him a target of the school bully, and opens a window onto his parents' failing marriage. At night he wakes to the cries and sleep-talk of Buseje, the family's Malawian lodger, an illegal refugee being chased by immigration officials. Finn gathers fragments of Buseje's dream-talk and as the boy and young woman grow close, the mystery of her life begins to reveal itself. Finn is drawn ever deeper into her world, until the present of Australia's racial tension and a disturbing African past collide in an eruption of turmoil and liberation.

#### **AUTHOR**

Graeme Friedman's previous novel, The Fossil Artist, was shortlisted for a Commonwealth Writers' Prize and the M-Net Literary Awards. He has published short stories and two critically acclaimed works of biography, and is the co-author of a book on relationship intimacy in which he shares insights gained during his career as a psychotherapist. His work has been translated into German and Danish and has been taught at school and tertiary level. He lives in Sydney with his wife and their three children, all of whom share a love of stories.



### Benevolence

Julie Janson

Publisher: Magabala Books

Format: Paperback

Page extent: 356pp

Publication date: May 2020

Rights held: World

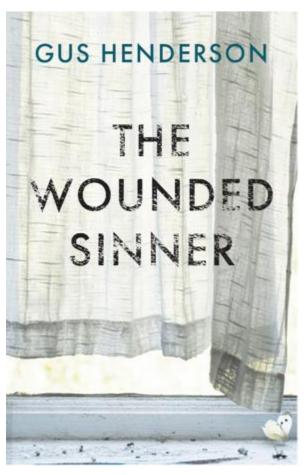
#### LONGLISTED: Mark & Evette Moran Nib Literary Award

For perhaps the first time in novel form, *Benevolence* presents an important era in Australia's history from an Aboriginal perspective. Told through the fictional characterisation of Darug woman Muraging (Mary James), Benevolence is a compelling story of first contact. Born around 1813, Muraging is among the earliest Darug generations to experience the impact of British colonisation – a time of cataclysmic change and violence, but also remarkable survival and resistance.

At an early age Muraging is given over to the Parramatta Native School by her Darug father. Fleeing the school in pursuit of love, she embarks on a journey of discovery and a search for a safe place to make her home. Spanning the years 1816–35, Benevolence is set around the Hawkesbury River area, the home of the Darug people, in Parramatta and Sydney. Julie Janson's intensely visual prose interweaves historical events with detailed characterisation – she shatters stereotypes and gives voice to an Aboriginal experience of early-settlement.

#### **AUTHOR**

Julie Janson's career as a playwright began when she wrote and directed plays in remote Australian Northern Territory Aboriginal communities. She is now a novelist and award-winning poet. Julie is a Burruberongal woman of Darug Aboriginal Nation. She is co-recipient of the Oodgeroo Noonuccal Poetry Prize, 2016 and winner of the Judith Wright Poetry Prize, 2019.



## The Wounded Sinner

Gun Henderson

Publisher: Magabala Books

Format: Paperback

Page extent: 305pp

Publication date: August 2018

Rights held: World

#### SHORTLISTED - 2019 WA Premier's Prize for an Emerging Writer Award

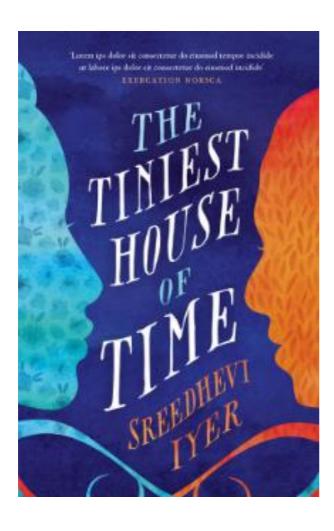
Matthew and Jeanie have moved to the backblocks of the isolated gold mining town of Leonora Western Australia —back to Jeanie's roots and family. Matthew's father back in Perth, Archie, is dying and he spends three weeks out of four caring for him in his grand, decaying family home, called 'The Wounded Sinner'. Whilst Matthew is away, Jeanie works as a teacher and looks after their five children. Jeanie is an Aboriginal woman and is trying to find out what happened to her family before she was fostered out to a white pastor who raised her as his daughter. She feels disconnected yet drawn to the small town that holds the secret of her identity; and also closes in on her in ways she cannot understand. Her daughter Jaylene is canny and wise beyond her years, while the town's Mr Fixit, Ben Poulson has his eye on both mother and daughter. On a hot desolate day in the West Australian hinterland, Matthew's car finally breaks down. Vince, whose own family is falling apart in unanticipated ways, stops to pick him up and, in amongst the chaos of their lives, an unlikely friendship is formed. In this unforgettable debut, The Wounded Sinner shines a light on growing old, fidelity and identity which run through this unique and gritty novel, in which all are asking the ultimate questions about life, death and the purpose of it all.

#### **AUTHOR**

Gus Henderson was born in Sydney in 1950, and had a turbulent upbringing, much of it with his auntie

uncle. He says his schooling was forgettable. He joined the Army in 1967 but did not serve in Vietnam. He was married in 1974 and divorced in 1980. He met his current wife in 1980 and has six children and 17 grandchildren. He finalised his PhD in writing and is currently retired. His people are from around the Flinders Ranges in SA. Gus and his siblings grew up without any of his Aboriginal family and it has been a struggle over the years to construct a realistic heritage. As children, they were always told not to tell anybody.

For rights enquiries and further information please contact Natasha Solomun, Director, The Rights Hive at natasha@therightshive.com



## The Tiniest House of Time

Sreedhevi Iyer

Publisher: Wild Dingo Press

Format: Paperback

Page extent: 352pp

Publication date: February 2020

Rights held: World

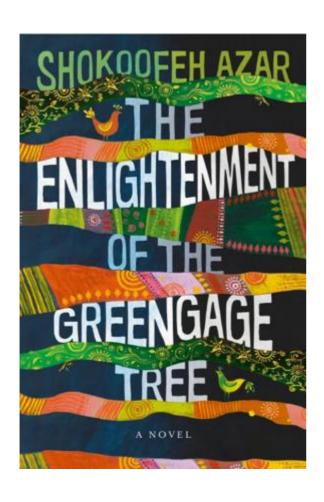
"The Tiniest House of Time is an unforgettable portrait of an Indian-Malay family caught in the maelstrom of history and of a young woman who must make sense of all that she's inherited and all that she's lost. Iyer has written a truly epic novel, smart beautiful tough and wise. Not to be missed."

- Junot Diaz, Pulitzer Prizewinner

The Tiniest House of Time covers the sacking of Anwar Ibrahim in 1998 and the consequent riots, and also a lost history of an unknown exodus of Indians from Burma to India when Rangoon was bombed by the Japanese in 1941. Told from the point of view of two young women of their time, it touches on what we let go, and how, when we face death.

#### **AUTHOR**

Sreedhevi Iyer is the author of *The Tiniest House Of Time*, forthcoming through Wild Dingo Press. Her last book, *Jungle Without Water*, was shortlisted for the Penang Monthly Book Prize. She has also been nominated for a Pushcart Prize. Her work has appeared across the world, including *Hotel Amerika*, *Drunken Boat*, *The Asian American Literary Review* and *The Writer's Chronicle* in the US, *Free Word Centre* in the UK, *Two Thirds North* in Sweden, and *Cha: An Asian Literary Journal* and the *Asia Literary Review* in Hong Kong. She currently lives in Melbourne.



## The Enlightenment of the Greengage Tree

Shokoofeh Azar

Publisher: Wild Dingo Press

Format: Paperback

Page extent: 268pp

Publication date: April 2018

Rights held: World

Rights sold: US & Can, UK – Europa Editions; World English language audio rights – Dreamscape; Italy: Edizioni E/O; Iceland – Angustura; US & Can, UK – Europa Editions; World English language audio rights – Dreamscape; Italy: Edizioni E/O; Iceland – Angustura; Arabic – Mamdouh Adwan; Taiwan – Rye Field; Bosnia & Herzegovina -Buybook; Turkey – Abis Publishing; Lithuania – Sofoklis; Japan - Hakusui-sha

LONGLISTED FOR THE NATIONAL BOOK AWARD (USA) 2020 SHORTLISTED FOR THE INTERNATIONAL BOOKER PRIZE 2020 SHORTLISTED FOR THE STELLA PRIZE 2018

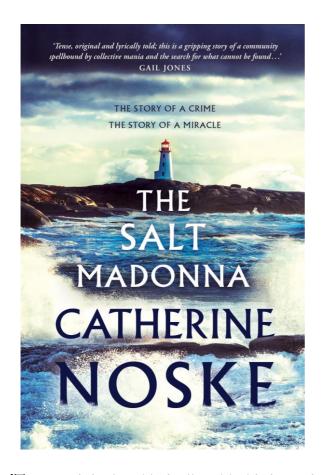
This is magic realism flipped. The magical world is shot through with realism. The writing is ravishing: shimmeringly poetic. Even as the story progresses and the mood darkens, the narrator holds beauty as close as a talisman."—Miriam Cosic; The Weekend Australian Book Reviews

This book is an extraordinarily powerful and evocative literary novel set in Iran in the period immediately after the Islamic Revolution in 1979. Using the lyrical magic realism style of classical Persian storytelling, Azar draws the reader deep into the heart of a family caught in the maelstrom of post-revolutionary chaos and brutality that sweeps across an ancient land and its people. Azar is the consummate storyteller, using the panoply of Persian mythical and mystical entities to bring life, humour, hope, resignation, and profound insights to the characters and their world.

#### **AUTHOR**

Shokoofeh Azar was born in Iran in 1972, just seven years before the Islamic revolution. Despite spending most of her childhood and early career in a hostile environment for independent writing, Shokoofeh's interest in writing and art was sparked by her father who was an Iranian intellectual, author, poet and artist. She studied literature at high school and university, later working as a journalist for an independent newspaper for fourteen years. Following an increasing crackdown on independent journalism, Shokoofeh was jailed three times, the last time being three months in isolation, which left her no choice but to flee her country by boat, ending up on Christmas Island. Shokoofeh was ultimately accepted as a political refugee by the Australian government, and settled in Perth, where she continued her writing and gained a reputation as an artist with a number of successful exhibitions.

For rights enquiries and further information please contact Natasha Solomun, Director, The Rights Hive at natasha@therightshive.com



## The Salt Madonna

Catherine Noske

Publisher: Picador Australia

Format: Paperback Fiction

Page extent: 368pp

Publication date: February 2020

Rights held: World

'Tense, original and lyrically told; this is a gripping story of a community spellbound by collective mania and the search for what cannot be found...' Gail Jones – Finalist in the 2019 The Miles Franklin Award

This is the story of a crime. This is the story of a miracle. There are two stories here.

Hannah Mulvey left her island home as a teenager. But her stubborn, defiant mother is dying, and now Hannah has returned to Chesil, taking up a teaching post at the tiny schoolhouse, doing what she can in the long days of this final year. But though Hannah cannot pinpoint exactly when it begins, something threatens her small community. A girl disappears entirely from class. Odd reports and rumours reach her through her young charges. People mutter on street corners, the church bell tolls through the night and the island's women gather at strange hours...And then the miracles begin. A page-turning, thought-provoking portrayal of a remote community caught up in a collective moment of madness, of good intentions turned terribly awry. A blistering examination of truth and power, and how we might tell one from the other.

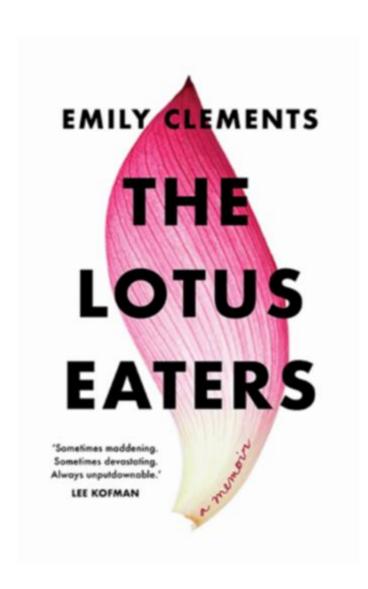
#### **AUTHOR**

Catherine Noske is a writer and academic currently teaching at the University of Western Australia. Her research focuses on contemporary Australian place-making and creative practice. She has been awarded the A.D. Hope Prize, twice received the Elyne Mitchell Prize for Rural Women Writers, and was shortlisted for the Dorothy Hewett Award (2015). She is editor of *Westerly* Magazine.



## CATALOGUE 2020

**ADULT NON-FICTION** 



## The Lotus Eaters

**Emily Clements** 

Publisher: Hardie Grant

Format: Paperback

Page extent: 320pp

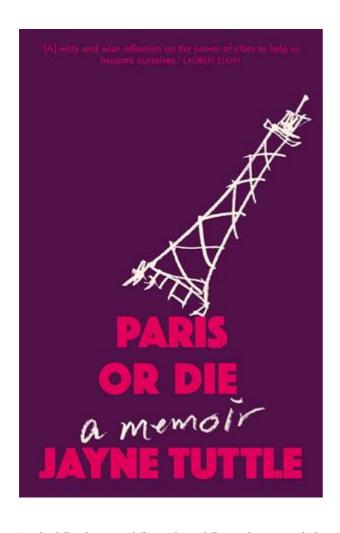
Publication date: February 2020

Rights held: World

A gripping memoir of sex, self-worth, female friendship and what it means to be a young woman today. Since childhood, Emily Clements' sense of self had always been shaped by the opinions of others and the need to be liked. When a stand-off with her best friend sees nineteen-year-old Emily stranded in Vietnam, she is alone for the first time and adrift in a new environment. With seemingly nothing to lose, she makes the biggest decision of her life – to stay. But Emily's attempts to bridge a yawning loneliness spur a downward spiral of recklessness, as she hurtles from one sexual encounter to the next. It will take a truly terrifying experience for her to understand that sex is both a weapon and a wound in her battle for self-worth and empowerment.

#### **AUTHOR**

Emily Clements is a 27-year-old writer based in Melbourne. Her non fiction has been shortlisted for the Feminartsy Memoir Prize, the Ada Cambridge Prize and highly commended in the Scribe Nonfiction Prize. Her fiction has been twice shortlisted for the Rachel Funari Prize and earned the Melbourne Young Writers Award. She is a former editor for Voiceworks and Visible Ink. The Lotus Eaters is her first book.



## Paris or Die Jayne Tuttle

Publisher: Hardie Grant

Format: Paperback

Page extent: 320pp

Publication date: February 2020

Rights held: World

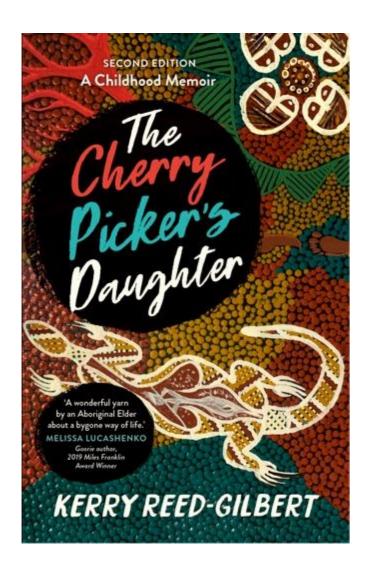
Paris. The beauty. The grime. The colours and thoughts and songs and sounds and children and dogs. The taste of strawberries, the sky, first métro, last métro, the bells, the dreams ...

The city of light, it seems, has its own plans for Jayne. Drawn there in an entirely unforeseen way, she finds herself in a vibrant and dizzying neighbourhood, living in a former monastery, studying at a famous theatre school, falling in love with a Frenchman too beautiful to be real. She will forget her past and disappear into the culture if it kills her. And one strange night, it nearly does.

#### **AUTHOR**

Sharp, funny and unflinchingly honest, Jayne Tuttle's writing lifts you off the page and into a Paris far beyond the postcards. Paris or Die is a headlong plunge into not just life in Paris, but life itself.

Jayne Tuttle is a writer who splits her time between France and Australia. After graduating from the Lecoq Theatre School, she lived in Paris for more than a decade, working internationally as an actor and writer and publishing stories about life in Paris in newspapers, guides and magazines. She currently works for Paris advertising agencies as a bilingual copywriter.



# The Cherry Picker's Daughter Kerry Reed-Gilbert

Publisher: Wild Dingo Press

Format: Paperback

Page extent: 192pp

Publication date: October 2020

Rights held: World

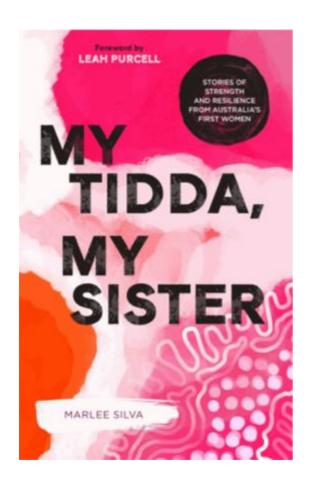
#### Essential reading for everyone, especially in the wake of #BlackLivesMatter

This **second edition** of *The Cherry Picker's Daughter* is an exquisite portrait of growing up Aboriginal on the fringes of outback towns in NSW in the mid-twentieth century. It offers profound insights into the extraordinary strength, resilience and ingenuity of Aboriginal families to overcome extreme poverty, persecution, racism and cultural genocide.

#### **AUTHOR**

Kerry Reed-Gilbert was a Wiradjuri elder, poet, writer, activist and artist. She was the author and editor of numerous works of poetry and prose, including *Talkin' About Country* (Kuracca); *The Strength of Us as Women: Black women speak* (ed. Ginninderra Press); *Message Stick: Contemporary Aboriginal writing* (ed. IAD Press); *Ngunnunggula (Belonging to Here): Stories and poems* (ed. FreeXpression); and *Black Woman Black Life* (Wakefield Press). She is also the author of the forthcoming memoir *The Cherry Picker's Daughter* (Wild Dingo Press).

A teacher and advocate, Reed-Gilbert was also the co-founder and inaugural chairperson of the First Nations Australian Writers Network.



## My Tidda, My Sister Marlee Silva

Publisher: Hardie Grant Travel

Format: Hardback

Page extent: 192pp

Publication date: September 2020

Rights held: World

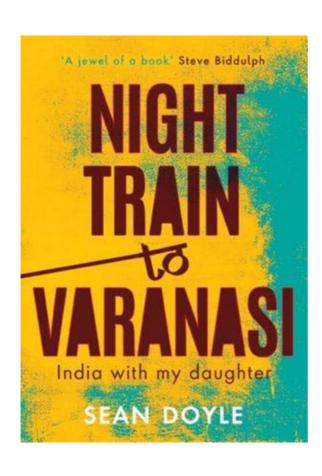
#### Tidda means sister. And tiddas are stronger together.

Aboriginal and Torres Strait Islander culture and society has existed on this continent for millennia. It's a culture that manifests itself as the ultimate example of resilience, strength and beauty. It's also a culture that has consistently been led by its women. My Tidda, My Sister shares the experiences of many Indigenous women and girls, brought together by author and host of the Tiddas 4 Tiddas podcast, Marlee Silva. The voices of First Nations' women that Marlee weaves through the book provide a rebuttal to the idea that 'you can't be what you can't see'. For non-Indigenous women, it demonstrates the diversity of what success can look like and offers an insight into the lives of their Indigenous sisters and peers. Featuring colourful artwork by artist Rachael Sarra, this book is a celebration of the Indigenous female experience through truth-telling. Some stories are heart-warming, while others shine a light on the terrible realities for many Australian Indigenous women, both in the past and in the present. But what they all share is the ability to inspire and empower, creating a sisterhood for all Australian women.

#### **AUTHOR**

Marlee Silva is a 24-year-old Gamilaroi and Dunghutti woman based in Sydney. She is the founder of Tiddas 4 Tiddas, a social media initiative and podcast, which is dedicated to celebrating Indigenous women and girls through storytelling. The Tiddas 4 Tiddas Instagram account was set up in 2018 as a way of continuing the 2018 NAIDOC theme 'Because of her, we can', and has already attracted more than 28,000 followers in just over a year. Marlee now hosts the Tiddas 4 Tiddas podcast through Mamamia, where she interviews inspiring Indigenous women who are working to change the world, one day at a time. Marlee has previously been published as a contributor in Anita Heiss' anthology Growing Up Aboriginal in Australia, and in various online publications with her poetry and non-fiction work. Together with her sister Keely, Marlee was a finalist for the 2019 Human Rights Awards, and also features in the January 2020 issue of Australia's marie claire magazine in support of the Uluru Statement from the Heart.

For rights enquiries and further information please contact Natasha Solomun, Director, The Rights Hive at natasha@therightshive.com



### Night Train to Varanasi

Sean Doyle

**Publisher: Bad Apple Press** 

Format: Paperback

Page extent: 256pp

Publication date: August 2020

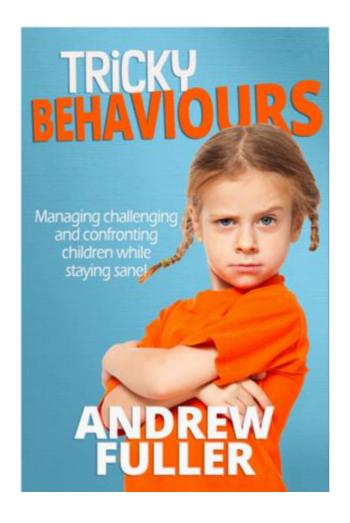
Rights held: World

Travel writer and editor Sean Doyle has loved India for decades, so when his first-born, Anna, finishes high school, they set off on a two-month trip. She wants an adventure; he wants a holiday. But India is no cakewalk, especially for women: he's nervous. Night Train to Varanasi showcases Sean's ability to reflect on his lived experience, shape it into a compelling narrative, and write in such a way that the particulars of his life become universals we can all relate to. He speaks for all of us when he describes the emotional rollercoaster rides that comprise parenting, ageing, the challenges of India and life in general, and his hopes for his child. Blending erudition, humour and paternal angst, this is a beautifully nuanced exploration of a father—daughter relationship set against the backdrop of one of the world's most intense cultural experiences. A compelling and insightful reading experience.

Every parent wants to give their child the world. Sean Doyle gave his daughter India. It's a jewel of a book.' – Steve Biddulph, Raising Girls & Boys

#### **AUTHOR**

After completing a BA (Hons) degree at Sydney University, Sean Doyle misspent his twenties travelling the Asian, especially Indian, road. He sought redemption by writing Beyond Snake Mountain: A journey in Rajasthan (HarperCollins, New Delhi, 1991). In his thirties, married with kids, he was an English-language teacher, then a travel journalist. He's now a writer and editor – and an empty-nester. When not back on the road, hogging the slow lane, he lives in Northern NSW, where he loves to bodysurf and cook aspirational curries.



## Tricky Behaviours

Andrew Fuller

**Publisher: Bad Apple Press** 

Format: Paperback

Page extent: 240pp

Publication date: August 2020

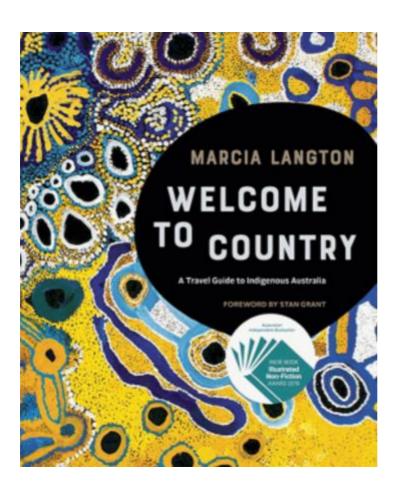
Rights held: Translation

In this revised and updated edition of his bestselling book, Tricky Kids, leading Australian adolescent psychologist Andrew Fuller delves deeply into all the different types of tricky behaviour displayed by

children of all ages. Using the latest thinking and developments in child psychology, he explains the most common reasons why children can display confronting behaviour and outlines practical steps you can take to help show them the way to live harmoniously with you and others. If you are sick of having your home resemble a war zone, hoarse from frequent screaming matches or just plain despair you will ever be able to understand or overcome your child's tricky behaviour, then this book is for you!

#### **AUTHOR**

Andrew Fuller is an Honoray Fellow at the University of Melbourne. He has acted as the scientific consultant for ABC TV on the science of teenage brains, is the principal consultant for the national drug prevention strategy REDI, an Ambassador for Mind Matters, a Member of the National Coalition Against Bullying, and is the Co-Director of Resilient Youth Australia. He is the author of numerous books, including Unlocking Your Child's Genius and Your Best Life at Any Age.



## Welcome to Country

Marcia Langton

Publisher: Hardie Grant Travel

Format: Hardback

Page extent: 240pp

Publication date: May 2018

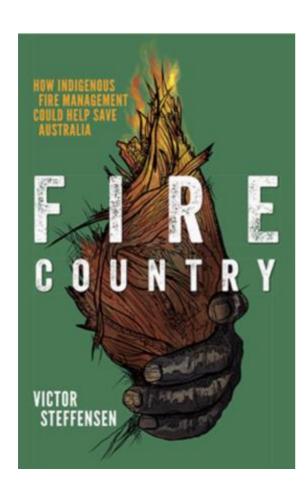
Rights held: World

Marcia Langton: Welcome to Country is a curated guidebook to Indigenous Australia and the Torres Strait Islands. In its pages, respected scholar and author Professor Marcia Langton offers fascinating insights into Indigenous languages and customs, history, native title, art and dance, storytelling, and cultural awareness and etiquette for visitors. There is also a directory of Indigenous tourism experiences, organised by state or territory, covering galleries and festivals, national parks and museums, communities that are open to visitors, as well as tours and performances.

This book is essential for anyone travelling around Australia who wants to learn more about the culture that has thrived here for over 50,000 years. It also offers the chance to enjoy tourism opportunities that will show you a different side of this fascinating country — one that remains dynamic, and is filled with openness and diversity.

#### **AUTHOR**

Professor Marcia Langton AM PhD Macq U, BA (Hons) ANU, FASSA is one of Australia's most important voices for Indigenous Australia. She first became an Indigenous rights activist as a student at the University of Queensland, before spending time in Papua New Guinea, Japan and North America learning about those countries' peoples and cultures. On her return to Australia Marcia Langton graduated in Anthropology at ANU. Since then, she has worked with the Central Land Council, the Cape York Land Council, and for the 1989 Royal Commission into Aboriginal deaths in custody.



## Fire Country

Victor Steffensen

Publisher: Hardie Grant Travel

Format: Paperback Fiction

Page extent: 240pp

Publication date: February 2020

Rights held: World

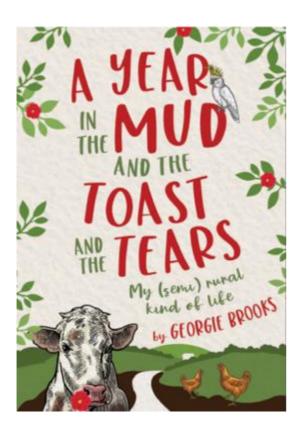
Delving deep into the Australian landscape and the environmental challenges we face, Fire Country is a powerful account from Indigenous land management expert Victor Steffensen on how the revival of cultural burning practices, and improved 'reading' of country, could help to restore our land. From a young age, Victor has had a passion for traditional cultural and ecological knowledge. This was further developed after meeting two Elders, who were to become his mentors and teach him the importance of cultural burning. Developed over many generations, this knowledge shows clearly that Australia actually needs fire. Moreover, fire is an important part of a wholistic approach to the environment, and when burning is done in a carefully considered manner, this ensures proper land care and healing.

For every copy sold, Hardie Grant will donate \$1 to Firesticks, which empowers Indigenous fire management

practitioners to revive cultural burning.

#### **AUTHOR**

Victor Steffensen is an Indigenous writer, filmmaker, musician and consultant applying traditional knowledge values in a contemporary context, through workshops and artistic projects. He is a descendant of the Tagalaka people through his mother's connections from the Gulf Country of north Queensland. Much of Victor's work over the past 27 years has been based on the arts and reviving traditional knowledge values – particularly traditional burning – through mentoring and leadership, as well as on-ground training with Aboriginal communities and many non-Indigenous Australians. He is also the co-founder of the National Indigenous Fire Workshops, which have so far been hosted in Queensland, New South Wales and Victoria. Victor has also connected with First Nations communities in California, Canada and the Sámi people of Scandinavia, sharing cultural knowledge practices related to caring for country.



A Year in the Mud and the Toast and the Tears: My (Semi) Rural Life

Georgie Brooks

**Publisher: Bad Apple Press** 

Format: Paperback

Page extent: 224pp

Publication date: February 2020

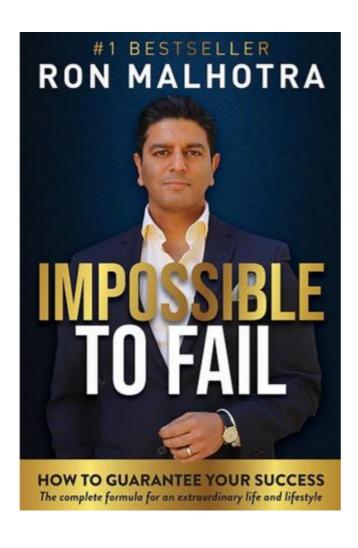
Rights held: World

After buying an old cottage in the Adelaide Hills, Georgie and her young family are transfixed with dreams of becoming hobby farmers, tending chooks, sitting by log fires, growing their own veggies and generally immersing themselves in the joys of nature. However, a stubborn cow named Ginger, acres of mud, a feral crop of artichokes, the coldest winter of the decade and a husband whose job means he is away from home most of the week but leaves him time to repeatedly bog the tractor on the weekends does not make their introduction to rural living ideal. Surely things can only get better from here...?

For anyone who has either made the escape from city living or dreams of doing so, A Year in the Mud and the Toast and the Tears is an entertaining and humorous story about a tree change with more than a rocky start.

#### **AUTHOR**

Georgie Brooks grew up in Adelaide and studied law. She practised as a solicitor where the gossip was incredible but the time sheets were not. Since then Georgie has worked as a university researcher, policy wonk in the areas of electricity, water and climate change, a stay at home mother and a hobby farmer. Her hobbies include gardening, reading and writing (also eating, drinking, reading the internet and mindlessly following social media feeds). She currently excels in driving her children to various activities and then staying to watch and support while they pretend they don't know who she is. She is at present a secondary school teacher, while trying to become a truffle farmer and train her dogs to hunt for truffles. Georgie lives in the Adelaide Hills with her husband and two children.



### Impossible to Fail

Ron Malhotra

Publisher: KMD Books

Format: Paperback

Page extent: 272pp

Publication date: April 2020

Rights available: World

What if I told you that you can assure your success?

That you are guaranteed to succeed..in any endeavour. That you can have the results you desire. That you can achieve your goals – whether they relate to your health, finances, peace of mind, relationships or career/business. What if I promised that in this book, I will share with you principles, insights, strategies that will virtually guarantee that you will get the results you are seeking. What if I shared with you insights so transformation, profound and studied, that it literally transforms you totally from the inside out? What would you do? Would you do what it takes?

In Impossible To Fail, Ron Malhotra shares precise principles, concepts and strategies to enable you to be successful in everything you pursue.

#### **AUTHOR**

Nothing pains Ron more than to see people waste their potential. Nothing gives him more pleasure than to see people stretch, grow, perform and produce. Ron's life purpose is to inspire and empower people to thrive, by helping them magnify their Influence, Success, and Wealth. Ron is on a mission to enable as many people as they can to magnify their life's potential.



### Life Above Zero

Lauren Kerr

**Publisher: KMD Books** 

Format: Paperback

Page extent: 350pp

Publication date: July 2020

Rights available: World

There is more to life than just surviving. There is thriving, flourishing and soaring. There is a life above zero and everyone deserves to live it. This book equips you with the practical skills and mindset, backed with psychology, research and statistics to help you unlock the code to success in your life and beat the mental health epidemic. Lauren shares personable, relatable stories to prove you're not alone in your experiences, and empowers you with universal assignments to up-level your own health, relationships, career and business. In this book you'll discover the psychology to be happy in our fast-paced, demanding world of quick fixes and results. (With some positive, warm and fuzzy vibes thrown in, sprinkled with some tough love!)

Are you ready to live a Life Above Zero?

#### **AUTHOR**

Lauren holds a Bachelor of Psychology with Honours and is an International Accredited Life and Wellness Coach and Neurolinguistic Practitioner. After working in Child Protection, she started her own Life Coaching Practice, blog and podcast where she educates and empowers others how to live a "Life Above Zero". Coined in the positive psychology field, this term reminds people that happiness and health are more than the absence of unhappiness and disease. Buy Now



## Stop Missing the Point

Peta Kelly

Publisher: KMD Books

Format: Paperback

Page extent: 322 pp

Publication date: January 2020

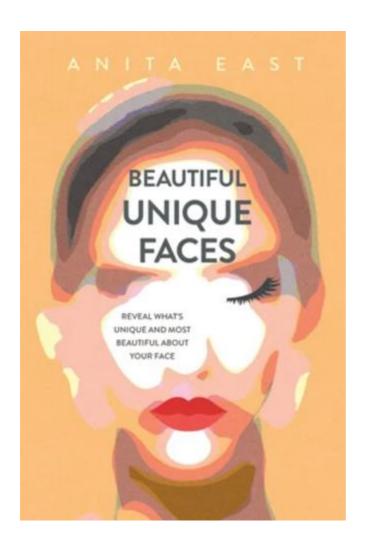
Rights available: World

Does your Chanel bag make you less soulful? Are others less woke just cos they don't care about your cause? Do you really know what life is like for the rich person in business class? Are you trying so hard to be good and noble that you've become a fun sponge?

Multi-creative Peta Kelly inspired a generation to live, lead, earn and give more consciously. But after clinging to her identity as a planet lovin' super conscious world changer, she came down from some kinda 'new age amnesia' - with some realisations. Living consciously can become an excuse to be a judgey ass. A lot of game changers are actually miserable. It's time for a new kind of medicine, different to Ayahuasca or Cacao, eye-gazing or tantric touch, or that random elixir you got when you walked out of your breath work treatment in Sedona. It comes in a fancy little reusable mosaic cup and it tastes even more delicious than organic golden milk extra turmeric. It's called-Lightening the f\*"\* up."very cool, very rad Earth Is Hiring .. Let me tell you, this is lit!"

#### **AUTHOR**

Peta Kelly is a renowned Speaker, thought pioneer & leader for the next generation of conscious millennials. Author of such books as Earth to Kids, and Stop Missing The Point.



## Beautiful Unique Faces Anita East

Publisher: KMD Books

Format: Paperback

Page extent: 302pp

Publication date: September 2020

Rights available: World

A vital message for our time, Beautiful Unique Faces by Anita East cuts through the noise in our heads to get to the truth of our beauty. Thanks to increasing pressure to look beautiful from social media, influencers, friends, society and even our own self-expectations, women and girls are in the stranglehold of a sickening mental health crisis.

While Botox and injectables aren't new, their availability, price point and the relentlessness of Instagram has given women across the world a skewed idea of what's both aspirational and attainable in facial beauty. In Beautiful Unique Faces, Anita reveals the frightening changes she's witnessed in female demands for cosmetic enhancements, sharing case studies and personal anecdotes from inside the treatment room. More importantly, she explains how women can find and appreciate their Unique Facial Feature as well as how to avoid becoming another Pretty Ugly Face.

Join Anita as she rips apart society's expectations of perfection and shares her proven formula for becoming happier and more beautiful in your own skin.

#### **AUTHOR**

Anita East wears three much loved and firmly fitting hats. Aesthetic Medicine expert, performer and author. First and foremost, she is the author of Beautiful Unique Faces. She is also the Managing Director and Clinical Director (Cosmetic Nurse Practitioner) of Anita East Medispa.



#### Skinside Out

Robyn McAlpine

**Publisher: KMD Books** 

Format: Hardcover

Page extent: 190pp

Publication date: October 2020

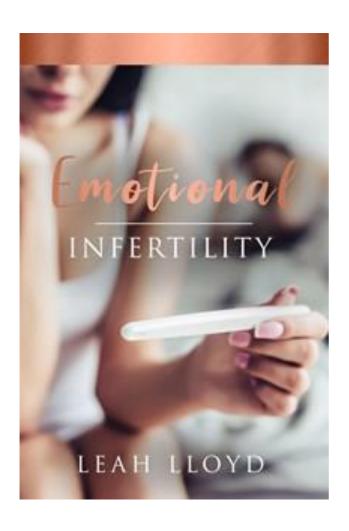
Rights available: World

**SKINSIDE OUT** is a book about beauty and the science of how skin works, giving you insight into how your skin condition is a manifestation of your thoughts, stresses, diet, gut health and environment. It's not an infomercial begging you to buy the latest 'must have' products, nor is it a text book guaranteed to provoke glazed eyes by the end of chapter one. Instead, you'll embark on a fun-filled, informative journey that will empower you to make healthy skin choices for life, with a newfound love and appreciation for the humble skin cell and the skin you're in.

You'll laugh, you'll learn, and your body will love you from the SKINSIDE OUT.

#### **AUTHOR**

Robyn has spent over 15 years working as a corneotherapist and expert skin therapist in the cosmetic and beauty industry. For the last 10 years she has been hands on in her own successful skin therapy clinic, SkintifiX, based in Newcastle NSW. In this time she has come to learn that not everything we are taught about skin is true and that most of our education comes from online blogs, well meaning (but mostly skin naiive) social media influencers and magazines, all advertising a product with the end goal to sell you something. Her book aims to educate and empower all readers.



### Emotional Infertility

Leah Lloyd

Publisher: KMD Books

Format: Paperback

Page extent: 198pp

Publication date: April 2019

Rights available: World

Leah Lloyd has had an interest in fertility from early in her career. By writing this book she gives readers the opportunity to emotionally heal. She shares the processes, clearing techniques, tapping scripts, meditations and insights that have helped her clients during their personal fertility journey. Emotions can become big and overwhelming particularly when going through something as significant and difficult as infertility, so it can be very helpful to have someone to talk through the process with. There are also journaling activities at the end of each chapter to help you positively heal.

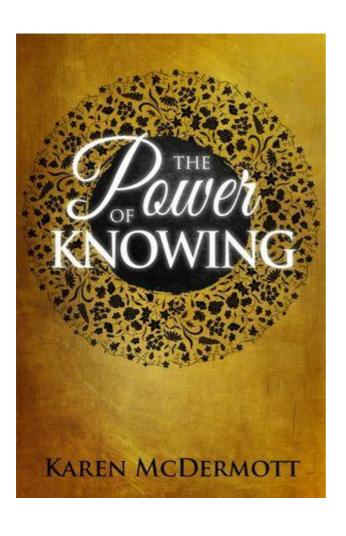
To further enhance the healing experience Leah has lovingly created a beautiful Emotional Infertility Companion Workbook to use while reading this book.

#### **AUTHOR**

Leah is a healer and author. She has published three books - 'Emotional Infertility', 'Emotional Infertility Workbook' and 'Using Positivity to Make a Better Life'.

Her services include Reiki, Forensic Healing, Meditation, Essential Oils, AromaTouch, and Card Readings.

With over fourteen years of experience in nursing Leah realised there was often more 'going on behind the scenes' with conditions that weren't able to be identified or managed traditionally, leading to an interest in alternative therapies.



## The Power of Knowing Karen McDermott

Publisher: KMD Books

Format: Paperback

Page extent: 220pp

Publication date: June 2019

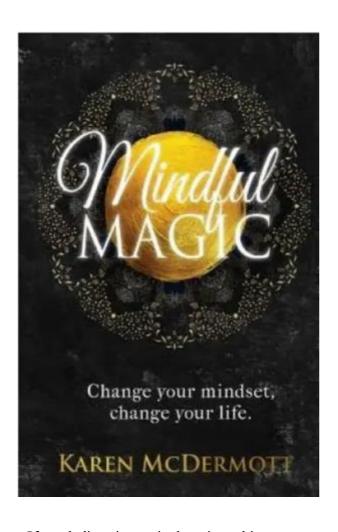
Rights available: World

The Power of Knowing offers readers the opportunity of implementing a proven Knowing strategy that assists in aligning readers with their highest potential. This book will reconnect the reader to learning how to navigate their power of Knowing.

#### **AUTHOR**

Karen McDermott is not only a mum of six children, she is also the founder of **Serenity Press Publishing**. Founded early in 2012, and built on Karen's passion for books and desire to share inspirational stories with the world, this publishing company has been growing from strength to strength ever since.

Karen also writes The Enlightenment Series, which she classifies as Spiritual Romance, under her pen name, Karen Weaver. The first two novels in this series were rated 5 stars by **Readers' Favorite**, and <u>The Visitor</u> was an award finalist. All Karen's books can be purchased in the Serenity Press bookstore via their website.



## Mindful Magic Karen McDermott

**Publisher: KMD Books** 

Format: Paperback

Page extent: 168pp

Publication date: January 2018

Rights available: World

If you believe in magic there is nothing to stop you reaching your highest potential. We all have access to this incredible life-changing inner power – harness it with love and it will serve your best interests.

In Mindful Magic, Karen shows how to make the magic happen in your life by focusing energy on the positive aspects, being mindful and accessing the power of intention. Learn how to rewire old thought patterns so you can start living your magical dream life.

It offers a light for those who want to shine.

#### **AUTHOR**

Karen McDermott is not only a mum of six children, she is also the founder of **Serenity Press Publishing**. Founded early in 2012, and built on Karen's passion for books and desire to share inspirational stories with the world, this publishing company has been growing from strength to strength ever since.

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