



Foreign Rights Fall 2023

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New publications by Vier-Türme Verlag



Anselm Grün, Wu Hsin-Ju

What are you on fire for? Live passionately

(Original title: *Wofür brennst du? Leidenschaftlich leben*)

ca. 144 pages / hardcover

date of publication: 21st August 2023

Catching fire again!

Passion is a force that sets things in motion. It is the prerequisite for creative action. And that is why we need it not only in the arts, but also in science and in our commitment to other people and to justice in the world. With this book, the authors, Benedictine priest Anselm Grün and the Taiwanese publisher Hsin-Ju Wu, show readers a way to awaken or rediscover their own passion. For burning for something leads to feeling yourself again and in doing so, finding more liveliness that helps taking responsibility for one's own life and the future of this world.

- Highly actual discourse: passion and responsibility
- Important spiritual topic

Anselm Grün

Father Anselm Grün is deemed the most famous of German monks. His books touch a wide audience regardless of religious denomination. He takes his ideas and topics in his books from personal conversations with his readers.

Hsin-Ju Wu

Hsin-Ju Wu is the chief editor at South & North Publishing in Taiwan. Together with Anselm Grün, she has written several books for Vier-Türme-Verlag already, most recently "Selbstbestimmt im Alter" .



Anselm Grün: *Speak mindfully - be silent powerfully. For a new culture of conversation*

(Original title: *Achtsam sprechen – kraftvoll schweigen*)

Series: Edition Anselm Grün

ca. 192 pages / hardcover

date of publication: 21st August 2023

More than 1000 words ... we say a lot – but do we really talk to each other? Do our words still come from the heart? In this book, Anselm Grün counters the generally lamented decline of the culture of conversation with biblically and psychologically based reflections on the topic of conversation and language. The starting point of his reflections is mindfulness to language and a high sensitivity for the power and effect of words. From this he develops a new approach in order to return to genuine conversation.

- Bestseller by Anselm Grün - finally available again



Anselm Grün: Have faith in life
(Original title: *Vertraue dem Leben*)

ca. 144 pages / hardcover

date of publication: 18th September 2023

You are the change! We live in a time, in which the news, by which we are assailed on a daily basis, make us insecure and afraid – fear of war, of displacement, of poverty, of disaster fear of our own future and the future of our world. In this book, Anselm Grün manages to change the perspective and – together with the reader –, instead of looking at what is difficult and maybe lacking any solution, to point to the resources we have, which we can fall back on and which bring us back into balance. For each of us has experienced, lived through and mastered difficult times. Everyone has strengths, abilities with which she / he can change something for the better – you just have to (re)discover them. A book that gives confidence and strength in these sometimes so difficult and uncertain times.

- Great encouragement
- As a present and souvenir - not only in difficult times



**Katharina Ceming: *Off to the desert
Courage for self-knowledge -copied
from the desert fathers***

(Original title: *Ab in die Wüste. Mut zur
Selbsterkenntnis – den Wüstenvätern abgeschaut*)

ca. 160 pages / hardcover

date of publication: 21st August 2023

Dried fruit and demons: You have to be tough to retreat into the wasteland like the desert fathers of the 3rd and 4th century (did,) in order to lead a life full of privation there and to fight against their own and other people's demons. But even if nowadays you do not necessarily have to go into the desert anymore: The confrontation with one's own shadows and temptations remains a task that we have to face in our daily lives. (And) the monks' sapient advice on how to deal in doing so, ultimately find oneself - tested and purified in the desert sands - can be a good guideline day as well.

- Trend topic: asceticism
- Oldest sources of Christian spirituality and values
- Entertainingly and humorously served

Prof. Katharina Ceming

Prof. Katharina Ceming, PhD has been an adjunct professor at the University of Augsburg since 2011. She combines her passion for philosophy with her work as an author and publicist. In doing so, she has already written numerous books and gives lectures and workshops on mysticism and spirituality throughout Germany. Most recently, "Grenzwertig" was published by Vier-Türme-Verlag.



Father Zacharias Heyes: *The little monk and the thing about laughing*

(Original title: *Der kleine Mönch und die Sache mit dem Lachen*)

ca. 128 pages / hardcover

date of publication: 21st August 2023

No fun in the monastery? "The sun was shining on the little monk's nose as he sat in the monastery's garden on this beautiful day in early summer. He had made himself comfortable on a bench after afternoon coffee, enjoying the fragrant blossoms of a hydrangea and watching a bumblebee crawling on them. Then the monk, who had set up a couple of (bee)hives in the corner of the garden, came around the corner and watched the two. "They're funny, the little chubbies, aren't they?", he asked. "Chubbies?", the little monk wondered with a grin. "Yes, that's what I like to call them", laughed the monk. "Did you know that the Latin name for bumblebees is 'Bombus'?", he asked. "Bombus?", repeated the little monk, "well, that fits the chubbies", and both monks had to laugh heartily. "Hey you over there, be quiet!", someone shouted through the garden. The two had not noticed (that) the old monk of the monastery (was) coming toward them. " Why are you laughing so foolishly?", he asked harshly. "Don't you know that laughing is not allowed in the monastery?" The young monks looked at each other. " Oh really", said the little monk a bit cheekily, "and who (do you think) is going to prevent us from laughing? It's part of life, isn't it?"

- Benedictine art of living: Humorously narrated and lovingly designed - with lots of background information

Father Zacharias Heyes

Father Zacharias Heyes is a monk at Münsterschwarzach Abbey, where he works in the guesthouse as well as in the metal workshop. As an "artist monk" he creates impressive sculptures from stone and wood. His book series "The little monk" reaches a large audience.



Ulla Peffermann-Fincke: *New-See-Land. How we see the world and where this leads us*

(Original title: *Neu Seh Land. Was zu gewinnen ist, wenn man die Perspektive ändert*)

ca. 144 pages / hardcover

date of publication: 21st August 2023

Seeing with different eyes - the eyes are a marvel. As the organ of vision, they determine not only what we perceive, but above all how we perceive. Often, we are not aware that every vision is already an interpretation of reality. In this book, Ulla Peffermann-Fincke highlights the importance of the eye not only as a sensory organ, but also as a mediator of impressions and their effects. A lecturer of courses on personality development, she keeps experiencing how various the perspectives are, how different thinking and feeling can be - so different at times, one may regard one's counterpart to be living "on another star." This diversity can be highly explosive - and life-enhancing, if one is willing to remain a learner, to discover new territory by daring to look at things from a different perspective. Facing this process means admitting that one has been wrong. It also means, however, being and staying alive, being open to new images and impressions and, by overcoming encrusted and engrained views, growing beyond oneself - time and again!

- Accepting other points of view & important social issue

Ulla Peffermann-Fincke

Ulla Peffermann-Fincke, born in 1957, the author accompanies people in different phases of life and is always amazed at the abundance of possibilities for meeting life's challenges. As a non-medical practitioner, she leads courses in personality development. Among other things she uses the method of the Enneagram according to Helen Palmer's oral tradition. In this way, she supports those seeking help in difficult situations to rediscover happiness and meaning in their own lives.



Sabrina Wilkenschof: *How to clean the dust off hope. Old holidays in new splendour*

(Original title: *Wie man den Staub von der Hoffnung putzt. Alte Feiertage in neuem Glanz*)

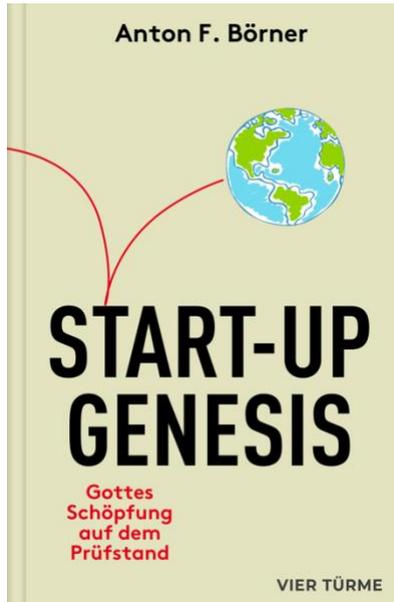
144 pages / hardcover

date of publication: 18th September 2023

Advent, Christmas, Lent, Easter - in all Christian celebrations our human our human experiences are condensed in biblical stories and images of faith. stories and images of faith. Stories from another stories from another time, which did not happen exactly as they did, but of a profound truth. Like Good Friday, for example, which reminds us that life can hurt. that life is allowed to hurt. That the pain can in your bones. That life can be more than light and bright. And that it will be dark for a while before the first Easter Sunday morning, the first candles carefully light up. In this book, Sabrina Wilkenschof makes it clear that Christian festivals and holidays Christian festivals and holidays reflect our lives. And sometimes sometimes shed new light on them - if we want to. In addition, there are there are always "empty lines" in which you can write what your own life what your own life responds to. And: It contains a lot of practical practical ideas and impulses on how to make visible in everyday life and senses can be made visible and comprehensible in everyday life. The completely different companion through the year Reinterprets the festivals of the year in a new way – also for people without church background.

Sabrina Wilkenschof

Sabrina Wilkenschof, born in 1985, the author studied Protestant theology and received her PhD in it; she is a pastor and is also active as an author and speaker of religious formats on Bavarian radio, at the Kirchentag as well as at the Protestant Academy Bad Boll. She is married, has three children and lives in Traunstein.



**Anton Börner: *Start-up Genesis.*
*God's creation put to the test***

(Original title: *Start-up Genesis. Gottes Schöpfung auf dem Prüfstand*)

ca. 280 pages / hardcover

date of publication: 18th September 2023

Anton Börner, economist and experienced businessman, is convinced that if the Christian tradition still has something to say to us today, then

its message will have to be formulated in a contemporary way. A language that modern people around the world use and understand. Given this background, the author illuminates the story of creation in the Old Testament like a business plan: As an entrepreneur with creative vision, God designs the project and checks it as for logic, plausibility, risks and efficiency. He improves, where necessary, and then he sets about implementing his plan. Anton Börner analyzes the complete “corporate concept of God” from the creation of the universe to the judgement of the living and the dead on the Last Day. This book is an unconventional attempt to convey the key messages of Christian faith and to find convincing and contemporary answers to questions and doubts about God in the statements of the Bible.

- Key messages of faith in contemporary language & an exciting thought experiment about the plausibility of faith

Anton Börner

Anton Börner has been the president of the German Wholesale, Foreign Trade and Services Association since 2020, of which he was in charge from 2001-2017 for 16 years already. He deems the international dissemination of the principles of the social market economy, the strengthening of the intercultural exchange, and the continuation of the dialogue between politics, business and the church important topics of our time.



Anke Keil: *Finding what remains. Encouragements for mourning*

(Original title: *Finden, was bleibt. Ermutigungen zur Trauer*)

ca. 120 pages / hardcover

date of publication: 18th September 2023

Not just functioning. When a person dies or we lose something we mourn, we often feel like we're just functioning, because many everyday things simply need to be done. But it also takes the other side: the break from functioning, from maintaining an old, familiar order in a new, confusing situation. And above all, it takes time to give space to grief so that a new everyday life becomes possible again in the first place. This book is an encouragement to those who are grieving not to be told how quickly they have to function again or how quickly they have to overcome their grief, but to take the time that their heart and soul need to understand the loss and to let the wounds heal.

- Gift book for mourners
- Comprehensive (wealth of) experience for the time of mourning by a successful author

Anke Keil

Anke Keil works as a grief counselor in a hospice and as a project developer for the Trauerpastorale Center in Esslingen where she lives with her husband and four children. After her daughter was stillborn in 2015, she and her husband founded a support group for prematurely orphaned parents and trained as a grief counselor. Her book „Als Frau Trauer bei uns einzog“ “When Mrs Sorrow moved in with us“ is in its 4th edition already.

Giftbooks & Calendars



Anselm Grün, Hagen Binder: *Feeling the horizon. Texts and images of orientation and promise*

(Original title: *Den Horizont spüren. Texte und Bilder zur Orientierung und Verheißung*)

ca. 90 pages / paperback

date of publication: May 2023

Out into hope. The horizon is a constant companion in our lives. It gives us a foothold by showing us a boundary, and at the same time points us beyond this boundary. This makes it a fitting image for our human existence because it is precisely in times of crisis that we often experience the limitations of our lives, our limited vision. But it also points beyond the narrowness and gives us the confidence that it goes on "beyond the horizon". In 21 pictures by Hagen Binder and texts by Father Anselm Grün, the authors meditate on this space of breadth and freedom, in which longing and hope lead beyond all that is visible and limited.

- Hopeful meditations
- (not only) in times of crisis
- Dialogue of texts and images



Anselm Grün: *Simply switch off*

(Original title: *Einfach mal abschalten*)

32 pages, stapled giftbook

date of publication: 14th March 2023

A little timeout for yourself. Our daily lives often challenge us and leave us little time to breathe. Anselm Grün's words are small encouragements to interrupt the daily routine time and again in order to find yourself and recharge your batteries. He shows how short breaks can help us draw strength and relax.



Anselm Grün: *What gives a feeling of security*

(Original title: *Was Geborgenheit schenkt*)

32 pages, stapled giftbook

date of publication: 14th March 2023

Being at home. Many people long for security, for a place where they feel safe. We often find it in the people around us, Anselm Grün, however, shows that we can also find it in God and, above all, in ourselves. For whoever is secure in himself can be at home everywhere and becomes a source of security for others.



Anselm Grün: An angel on your way

(Original title: *Mit Engeln unterwegs*)

ca. 52 cards calendar / with illustrations by Christel Höll

date of publication: 18th September 2023

Protected and held: Angels are always by our side. They protect us, especially in difficult situations. When we are sad, when we feel abandoned, they give us confidence and comfort. Anselm Grün knows this power of the angels, and so each of these cards can become a blessing for a special day or for a special person. Encouraging gift for all who wish for protection, hope, assistance and comfort.

- Companion(s) for ourselves and for the people we care for.
- Cooperation with Bene! (Holtzbrinck Group)



Anselm Grün: Lights of hope The Advent calendar from the monastery

(Original title: *Hoffnungslichter. Der
Adventskalender aus dem Kloster*)

ca. 48 pages, stapled calendar / date of publication: 18th September 2023

Advent is when it gets light. Advent is during the darkest time of the year, when the days are shortest and the nights are long and cold. It is precisely then that people light in their homes and on the streets. They symbolize the light of hope that we celebrate at Christmas: Jesus, the Son of God, became man. In this calendar, Anselm Grün makes it clear that wherever one is a light in the dark(ness) for another one else, where reconciliation becomes possible, where love is stronger than death, where poverty and misery are overcome and strangers find a home, everywhere we light the lights of hope, Jesus is born again today and the world becomes a little better, more hopeful and brighter.

- Large circle of fans
- Anselm Grün's only Advent calendar



Anke Keil: *Little pre-Christmas feelings. Advent calendar for everyday life and imperfection*

(Original title: *Vorweihnachtsgefühlchen. Adventskalender für Alltag und Unvollkommenheit*)

ca. 66 pages / stapled white advent calendar

date of publication: 18th September 2023

"I'm always late with Advent and Christmas preparations. But the Advent season has never been so topsy-turvy as this year between work and children's appointments. Today though, at some point, the first little pre-Christmas feeling was there. Because simply there was nothing. No appointment, no running around. No big plan. In general, the day had nothing special about it. We weren't particularly festive, didn't sing Advent carols, bake cookies or anything else. Maybe that's what made it special - good normality in an unnormal time. When it comes to 'making' Christmas spirit, I'm sorry to admit my failure. But maybe that's the most graceful way to describe the situation right now: no plans, no ideals achieved. No gifts, bliss things and wonderful memories created for the children either. Not even the household done. But with calmness (I) created a framework so that something can become. In any case, I have been a human being. In all the tiredness that one can have. And all the joy of the community of those who had this day of rest with me."

- Advent calendar from 1st to 31st December. Especially for people who have a hard time with the holidays. Sales success from 2022



Grow: Lent for the pocket

(Original title: *Wachsen. Fastenzeit für die Hosentasche*)

The Lent pocket edition / 41 cards comes in a box / pocket calendar / date of publication: January 2024

At the beginning of Lent, often there are no signs of spring to be seen in nature. Only little by little do the first green tips break through the hard surface of the earth until life becomes visible in full bloom at Easter. These 41 cards are encouragements for each day of Lent to trust in the growing and becoming, so that at Easter our own life will also blossom. You can put these cards on your desk to read them over and over again. Or put them in your pocket to always have them with you. Put them in lunch boxes to encourage you. Or place them on your pillow to surprise and delight. A wonderful gift – for yourself and others.

- Ideal gift for Lent. Successor to the successful pocket calendar "Trust"

Anselm Grün: *Lighthearted The Lent calendar from the monastery*

(Original title: *Unbeschwert. Der Fastenzeitkalender aus dem Kloster*)



ca. 98 pages | stapled calendar

date of publication: January 2024

Light as a feather. For many people, Lent is an occasion to finally become lighter again – above all in physical terms. In this Lent companion, however, Anselm Grün shows a way of losing weight during the forty days until Easter, also in the spiritual sense – of letting go of expectations and injuries, taking oneself and one's life more lightly and thereby finding a light-heartedness which promises and makes possible (a) new vitality.

- Fasting - an important topic even for those who do not relate to faith.