



**Crown**  
 February 2023  
 Hardcover  
 Self-Help / Women’s  
 Studies

**Editor:** Libby Burton  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Material available

**PERMISSION TO SPEAK: *How to Use Your Voice to Get What You Want***  
**by Samara Bay**

Anyone who has ever been told “You should speak up!” during a presentation at the office, a group project at school, or even a conversation among friends can attest to the misunderstanding at the heart of that demand. For those of us—women, people of color, immigrants, outsiders—who find it hard to speak up, the issue is not just about willpower. Many of us have internalized the same messages since birth: that because of the pitch of our voice, the accent we possess, or the slang we use, we will not be taken seriously. Power, we’re told, sounds like the mostly white, straight, wealthy men who wield it.

Samara Bay has made it her mission to change that, and with **PERMISSION TO SPEAK** she presents a fun and practical road map for making big cultural change while embracing our natural strengths. Bay is one of the most in-demand speech and dialect coaches in Hollywood, and here she draws on her extensive experience and the latest research in public speaking, linguistics, and social science to identify tools for unlocking the potential in each of our voices—whether you’re an entrepreneur, a new political candidate, a creative type, or a mom going back to work. Through writing that crackles and hums with her conviction that the voice is an endlessly manipulable instrument, she shows us that we can—with awareness and intention—become a catalyst for personal and societal revolution.

You’ll learn how to practice enough that you’re prepared but think on your feet so you can pivot in the moment; how to seem confident enough to be credible yet human enough to be believed; and how to have fun but speak with the gravitas your subject requires. Giving yourself permission means more than landing your message—it’s about finding all of the joy in speaking to your public.

With simple tools, big ideas, and a whole lot of heart, **PERMISSION TO SPEAK** offers a revolutionary take on public speaking and a new definition of what power sounds like. Namely, you.

**Samara Bay** is a content developer and Hollywood communication coach who helps creatives, businesspeople, scientists, and brands tell their story. She hosts the *Permission to Speak* podcast on iHeartRadio. Samara is also a moderator at Silicon Beach tech conferences, a member of the leadership council for the UN’s first ever summit on the role of the media in promoting social causes, a workshop teacher with the Alan Alda Center for Communicating Science, and a dialect/speech coach to actors in Hollywood. Recent projects include: Netflix’s *Red Notice* with her client Gal Gadot and Amazon Prime’s *Hunters*, Season 2. [www.LADialectCoach.com](http://www.LADialectCoach.com)

**Rights sold:** Portuguese (Brazil): *Companhia das Letras*; UK/BC: *Penguin Business*



**Crown**  
 March 2024  
 Hardcover  
 Political Science

**Editor:** Kevin Doughten  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript March  
 2023

**FEAR ITSELF**  
**by Richard Beck**

A groundbreaking contemporary history arguing that the War on Terror utterly transformed American domestic life, upending the priorities of both culture and citizenship, and transforming society along the lines of race, economic, politics, and more.

**Richard Beck** is a senior editor at n+1 magazine and lives in Brooklyn, NY. He is the author of *WE BELIEVE THE CHILDREN: A Moral Panic in the 1980’s*.



**Crown**  
 June 2024  
 Hardcover  
 Education / History

**Editor:** Kevin Doughten  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript June 2023

**FAIR HARVARD**  
 by Adam Begley

An authoritative, character-driven history of Harvard and its shift from an aristocratic institution to a meritocratic one.

**Adam Begley** is the author of UPDIKE and THE GREAT NADAR (Crown, 2018). He was a Guggenheim fellow in 2010 and a fellow at the Leon Levy Center for Biography in 2011; from 1997 to 2009 he was the books editor of *The New York Observer*. His writing has appeared in *The New York Times*, *The Guardian*, *The Financial Times*, *The London Review of Books*, and *The Times Literary Supplement*. He lives with his wife in Cambridgeshire, England.



**Crown**  
 February 2023  
 Hardcover  
 Social Science / Children's Studies

**Editor:** Aubrey Martinson  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript March 2022

**A MINOR REVOLUTION: How Prioritizing Kids Benefits Us All**  
 by Adam Benforado

At the dawn of the twentieth century, a bright new age for children appeared on the horizon. Activists nearly eliminated child labor, instituted public education, established food and drug safety, criminalized domestic abuse, and championed juvenile justice. But a hundred years on, the promised light has not arrived. Despite America's wealth, three million American children fall below the \$2 per day global income level for "extreme poverty." Each year, we prosecute 76,000 kids as adults while our schools crumble. We deny young people any political power, while we fail to take meaningful action on the issues that matter most to them: gun violence, racism, inequality, and climate change.

Grounded in evocative real-life stories and drawing on psychology, neuroscience, policy, and history, professor and lawyer Adam Benforado argues that we must put children first. We'll see how a stable home environment in elementary school provides the basis for more effective interventions in adolescence on habits—eating well, avoiding drugs, nurturing relationships—that will last a lifetime. With rousing passion and a depth of research, **A MINOR REVOLUTION** shows us how the root cause of nearly every major challenge we face—from crime to poor health to poverty—can be found in our mistreatment of children. But in that sobering truth is also the key to effectively changing our fate as a nation.

**Adam Benforado** is the author of UNFAIR (Crown, 2016), and is an associate professor of law at Drexel University. A graduate of Yale College and Harvard Law School, he served as a federal appellate law clerk and an attorney at Jenner & Block. He has published numerous scholarly articles, and his op-eds and essays have appeared in a variety of publications including the *Washington Post*, the *Philadelphia Inquirer*, and *Legal Times*. He lives in Philadelphia with his wife and daughter.



**Crown**

October 2023

Hardcover

History / Military

**Editor:** Gillian Blake

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript

October 2022

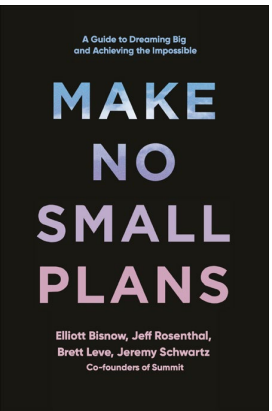
**UNTITLED HISTORY**

**by Michael R. Beschloss**

From *New York Times* bestselling author Michael Beschloss, comes the riveting story of the first five months of 1945, when the Allies defeated the forces of fascism.

**Michael R. Beschloss** is the author of many books on presidential history, including, most recently, the *New York Times* bestsellers *PRESIDENTS OF WAR* and *PRESIDENTIAL COURAGE*, as well as two volumes on Lyndon Johnson’s White House tapes. He was also editor of the number-one global bestseller *Jacqueline Kennedy: Historic Conversations on Life with John F. Kennedy*. He is the NBC News Presidential Historian and a *PBS NewsHour* contributor and has received an Emmy and six honorary degrees.

Publisher of *PRESIDENTS OF WAR*: Korean: *THE BOM*



**Currency**

April 2022

Hardcover

Business & Economics

**Editor:** Matt Inman

**Rights:** World

**Co-Agents:** Crown

**Status:** Final PDF available

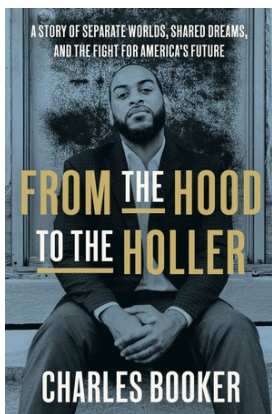
**MAKE NO SMALL PLANS: Lessons on Thinking Big, Chasing Dreams, and Building Community**  
**by Elliott Bisnow, Brett Leve, Jeff Rosenthal and Jeremy Schwartz**

The consummate motivational playbook on how to think big and dream bigger, by the founders of the renowned Summit leadership series, a global community with events all over the world, hosting luminaries including Jeff Bezos, Richard Branson, Jessica Alba, Shonda Rimes, Brené Brown, and Al Gore. And, in 2013, the Summit founders acquired the largest ski resort in the United States—Powder Mountain—where they are building a mountaintop town, filled with events and programming 365 days a year.

**MAKE NO SMALL PLANS** reveals the experiences that would become the cornerstone lessons from their journey, along with teachings from some of the most inspiring entrepreneurs of our time. They illuminate the empowering concept that anyone can think big, and when combined with humility, a thirst for knowledge, and a great team, we can all accomplish the improbable.

**Elliott Bisnow, Brett Leve, Jeff Rosenthal and Jeremy Schwartz**, former college classmates, are the founding entrepreneurs behind Summit, the leadership organization that hosts elite conversations with the world’s leading entrepreneurs, founders, CEOs, and activists on how to change the world.

**Rights sold:** Chinese (simplified): *CITIC*; Japanese: *Toyo Keizai*



**Crown**

April 2022

Hardcover

American Government

**Editor:** Kevin Doughten

**Rights:** World

**Co-Agents:** Crown

**Status:** Final PDF available

### **FROM THE HOOD TO THE HOLLER: *A Story of Separate Worlds, Shared Dreams, and the Fight for America's Future***

**by Charles Booker**

Kentucky state representative Charles Booker tells the improbable story of his journey from one of the poorest neighborhoods in the country to a political career forging new alliances among forgotten communities across the New South and beyond.

Representative Charles Booker grew up in the largely segregated West End neighborhood of Louisville—the poorest neighborhood in Kentucky. Church was everything in his large and loving family, but material comforts were scarce. Heat and water were often shut off, and even with free lunch and food stamps, his mother often went hungry so her son could eat. Even after he graduated from law school, Booker had to ration the insulin that he took for his diabetes.

Determined to contribute to a world in which poverty and racism would not plague future generations, he charted his own course into the world of Kentucky politics, a world dominated by Mitch McConnell and his formidable Republican establishment. **FROM THE HOOD TO THE HOLLER** is both a moving success story and an urgent political intervention, a much-needed blueprint for how equity and racial justice might transcend partisan divisions in Kentucky, the South, and across America.

Representative **Charles Booker** represents the 43rd District in the Kentucky House of Representatives. A graduate of the University of Louisville and its law school, Booker is a Bingham fellow and a Bloomberg Innovation Delivery Team Fellow. He is the founder of the advocacy group Hood to the Holler, which continues the work of his campaign, building bridges between previously siloed communities.



**Currency**

July 2023

Hardcover

Business / Economics

**Editor:** Paul Whitlatch

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript July 2022 (Proposal and letter from editor available)

### **RACE TO THE SKY: *Inside the Battle to Build New York's Billionaire Row***

**by Katherine Clarke**

In the tradition of books like *THE LIAR'S BALL* and *740 PARK*, **RACE TO THE SKY** will be a deeply reported, narrative account of the high-stakes, multi-year battle among titans of New York's real estate industry to develop the huge midtown Manhattan towers on 57th street know as Billionaire's Row. The book will highlight the competition and hubris of the personalities behind these architectural gambits, which have forever altered the face of the city, while highlighting its caste-like inequalities. The narrative will explore the economic forces at play, such as how money from ultra-rich investors fueled these projects, including funds from suspect international buyers cloaked behind limited liability corporations. **RACE TO THE SKY** will present Billionaire's Row as a defining emblem of an era of a propulsive economic growth in New York that, with the toll of the covid-19 pandemic, appears to be threatened, as these buildings and the city face an uncertain and once unthinkable future.

**Katherine Clarke** is a *Wall Street Journal* reporter covering residential real estate. She is a graduate of Columbia University Graduate School of Journalism and Trinity College Dublin. She previously covered real estate for *The Real Deal* and the *New York Daily News*.



**Crown**  
 October 2023  
 Hardcover  
 Social Science / Political  
 Science

**Editor:** Kevin Doughten  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
 October 2022

**THE QUIET DAMAGE**  
 by Jesselyn Cook

The extremist conspiracy theory movement QAnon has broken loose from the far-right fever swamps to become one of the biggest stories in the country—and yet, as QAnon plunges the U.S. political landscape into chaos, triggering panic on both sides of the aisle, there’s been shockingly little attention paid to the staggering pain and trauma it’s causing behind the scenes as it wreaks havoc on families across America. Built on Jesselyn Cook’s intimate reporting on QAnon and its believers, **THE QUIET DAMAGE** will lay bare the immense harm QAnon is inflicting upon American families by chronicling the fractured relationships between a mother and son, two sisters, and a husband and wife. Embedding herself in their lives, she will illustrate in riveting detail how QAnon is enacting intergenerational trauma and rending close bonds that will be harrowing to repair—if they can be saved at all.

**Jesselyn Cook** is a senior reporter at *HuffPost* in Los Angeles, where she covers tech platforms, disinformation, online scams and internet culture. One of the few reporters in the world who has been tracking QAnon since its infancy in 2017, Cook has made her name by infiltrating some of the deepest, darkest corners of the web and pursuing the human angle to every story with curiosity and compassion.



**Crown**  
 April 2024  
 Hardcover  
 Sociolinguistics

**Editor:** Madhulika Sikka  
**Rights:** World English  
**Translation:** Ross Yoon  
 Agency  
**Status:** Manuscript April  
 2023

**SAYS WHO?**  
 by Anne Curzan

**SAYS WHO?** is a kinder, more inclusive guide to language and usage from linguist and educator Anne Curzan.

**Anne Curzan** is a collector of slang words, a dissector of colloquialisms and a charter of language evolution. To put it most simply, she is a Professor of English at the University of Michigan who studies how the English language works and how it has changed over time. She describes herself as a fount of random linguistic information about how English got to be the way it is—information she shares every Sunday on the show “That’s What They Say” on Michigan Public Radio.



**Crown**  
 May 2023  
 Hardcover  
 Entertainment / Film

**Editor:** Matt Inman  
**Rights:** Translation  
**British:** Curtis Brown UK  
 (Felicity Blunt)—UK/ANZ  
 sold to Picador UK  
**Co-Agents:** Crown  
**Status:** Manuscript July  
 2022

**THE LAST ACTION HEROES: *The Triumphs, Flops, and Feuds of Hollywood’s Kings of Carnage***  
 by Nick de Semlyen

**THE LAST ACTION HEROES** opens in 1991, at the first-ever Planet Hollywood restaurant, where Arnold Schwarzenegger, Sylvester Stallone, and Bruce Willis finally forged a truce. After years of bitter behind-the-scenes combat—Stallone once threw a flowerpot at Schwarzenegger’s head; Schwarzenegger increased the body count in *Commando* to “have a bigger d\*\*\* than Rambo”—the world’s three biggest action stars had finally formed a friendship.

In **THE LAST ACTION HEROES**, Nick de Semlyen charts their wild, carnage-packed journey from enmity to friendship. He also reveals the personal stories of the colorful characters who ascended in their wake, from Jean-Claude Van Damme and Steven Seagal, to Chuck Norris and Jackie Chan. But as the ‘80s rolled on, the era of the invincible action hero who used muscle, martial arts, or the perfect weapon to save the day started to fade. When *Jurassic Park* trounced Schwarzenegger’s Last Action Hero in 1993, all knew the macho men’s glory days were officially over.

Drawing on candid interviews with the action stars themselves, plus their collaborators, friends, and foes, **THE LAST ACTION HEROES** is a no-holds-barred account of a period in Hollywood history when there were no limits to the mayhem that could be wrought—onscreen and off.

**Nick de Semlyen** is a film journalist who has written for publications including *Rolling Stone*, *Stuff*, and *Time Out*. He is the features editor for *Empire*, the world’s biggest movie magazine. His first book, *WILD AND CRAZY GUYS* (May 2019), was named one of *Vulture’s* Top Comedy Books of 2019.



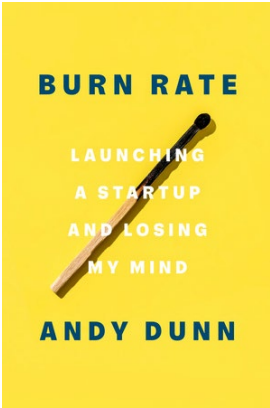

**Crown**  
 October 2023  
 Hardcover  
 History / U.S. Civil War

**Editor:** Kevin Doughten  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
 October 2022

**OUR MAN IN PARIS**  
 by Christopher Dickey

A tale of two Civil War spies—one Union, one Confederate—fighting a secret intelligence war in London and Paris, as the Confederates attempt to have the European powers build them state-of-the-art warships that could change the course of the war and the Union desperately attempts to stop them.

**Christopher Dickey** is the award-winning author and foreign editor of *The Daily Beast*, is based in France. Previously he was the Paris bureau chief and Middle East editor for *Newsweek*. He served as Cairo bureau chief for the *Washington Post* and, before that, as the paper’s Central America bureau chief. His books include the acclaimed memoir *SUMMER OF DELIVERANCE* as well as *SECURING THE CITY*, *EXPATS*, *WITH THE CONTRAS*, and two novels about espionage and terrorism.

 <p><b>BURN RATE</b> LAUNCHING A STARTUP AND LOSING MY MIND <b>ANDY DUNN</b></p> <p><b>Currency</b> May 2022 Hardcover Biography</p> <p><b>Editor:</b> Paul Whitlatch <b>Rights:</b> World English <b>Translation:</b> Foundry Literary &amp; Media (Kirsten Neuhaus) <b>Status:</b> Final PDF available</p>	<p><b>BURN RATE: <i>Launching a Startup and Losing My Mind</i></b> by Andy Dunn</p> <p><i>“Many leaders and founders struggle with mental health, but few have the courage to open up about it. In this arrestingly candid memoir, Andy Dunn pulls back the curtain on his life and smashes the stigma of mental illness at work. It isn’t just a must-read for entrepreneurs—it’s for anyone who has ever hesitated to seek help and support. This is the most powerful book I’ve read on manic depression since An Unquiet Mind.”—Adam Grant, #1 New York Times bestselling author of Think Again and host of WorkLife</i></p> <p>In the twenty-first century, most entrepreneurial memoirs read as self-congratulatory tales. The author adorns the cover, smiling, arms crossed—pleased to share a few nuggets of wisdom. This is not that story.</p> <p>Diagnosed with bipolar disorder in 2000, Bonobos co-founder Andy Dunn kept his diagnosis secret for over 15 years, until it almost destroyed his life. Dunn lifts the veil on mental illness in the high-velocity world of entrepreneurs, revealing how his bipolar disorder became both symbiotic and parasitic to the job of startup CEO. In <b>BURN RATE</b>, Dunn offers his own harrowing story of near disaster as a gripping parable about the urgent need for businesses and their leaders to take mental illness and well-being seriously, even at the highest levels.</p> <p><b>Andy Dunn</b> was the co-founder and CEO of the apparel brand Bonobos, launched in 2007 and acquires by Walmart in 2017 for over \$300 million. Previously, Dunn worked as a private equity analyst at Wind Point Partners and as a consultant at Bain &amp; Company. The child of an Indian immigrant mother and an Irish-Swedish American father, Dunn grew up in Chicago and now lives in New York.</p>
 <p><b>Crown</b> September 2023 Hardcover Literary Collections / Letters</p> <p><b>Editor:</b> Matt Inman <b>Rights:</b> World <b>Co-Agents:</b> Crown <b>Status:</b> Manuscript September 2022</p>	<p><b>LETTERS FROM THE EDGE</b> by The Explorer’s Club</p> <p><b>LETTERS FROM THE EDGE</b> will be a collection of letters from members of the Explorers Club that show the human heart of exploration.</p> <p><u>Two additional books will be published in The Explorer’s Club series:</u> A full-color illustrated guided tour through the history of science and exploration—as expressed through the archives and experiences of Explorers Club members and featuring Flag Expeditions undertaken in the club’s name—is forthcoming from Ten Speed Press in October 2023.</p> <p>Additionally, a young reader’s adaptation of <b>LETTERS FROM THE EDGE</b> will be published in October 2025 by Bright Matter Books (Random House Children’s Books).</p> <p><b>The Explorers Club</b> is an American-based international multidisciplinary professional society with the goal of promoting scientific exploration and field study. The club was founded in New York City in 1904 and has served as a meeting point for explorers and scientists worldwide. They have started a collaboration with The Discovery Channel and will showcase, support and advance the extraordinary scientific achievements of The Explorer’s Club across Discovery Channel’s global footprint.</p>



**Currency**

February 2024  
Hardcover  
Business / Bitcoin &  
Cryptocurrencies

**Editor:** Paul Whitlatch  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
February 2023 (Early  
material and letter from  
the editor available)

**UNTETHERED: *The Wild Search for the Missing Billions Behind the \$3 Trillion Crypto Scam***  
by Zeke Faux

**UNTETHERED** is an investigation into the murky financial machinery behind the cryptocurrency explosion and the larger-than-life personalities who are upending the world of money, centering on the startup Tether, the de facto bank of the crypto world, and the \$69 billion supposedly backing Tether's "stablecoin" and whether it has vanished into thin air.

**Zeke Faux** is an investigative reporter for *Bloomberg News* and *Businessweek*. He is a winner of the Gerald Loeb award for explanatory business journalism, the American Bar Association's Silver Gavel award, and a finalist for a National Magazine Award. His piece "Anyone Seen Tether's Billions", which appeared in *Bloomberg News* was the catalyst for this book.



**Currency**

February 2023  
Hardcover  
Business / Strategic  
Planning

**Editor:** Paul Whitlatch  
**Rights:** World  
(In Canada, McClelland &  
Stewart's Signal imprint  
will be publishing.)  
**Co-Agents:** Crown  
**Status:** Manuscript May  
2022

**BIG PLANS: *Why So Many Complex Projects Fail—and How They Can Succeed***  
by Bent Flyvbjerg with Dan Gardner

Nothing is more inspiring than a big vision that becomes a triumphant reality. Think of how the Empire State Building went from sketch to the jewel of the New York skyline in twenty-one months; how Amazon started in a garage and became a global retail giant in five years; how, when coronavirus broke out in the city of Wuhan, the Chinese government built a 1,500-room hospital in under a week.

These grand visions make for inspiring stories. But even for endeavors of far smaller and more modest scale, whether it's delivering a key report to a client, organizing a big event, implementing a department-wide process, launching a small business, inventing a product, or renovating a home, many of our everyday projects are in fact complex feats of planning and coordination.

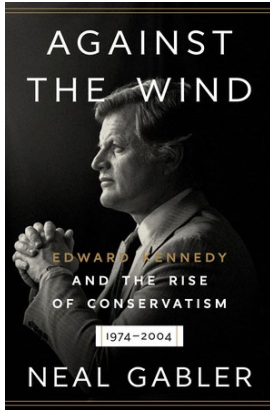
Understanding what distinguishes the triumphs from the failures has been the life's work of Oxford professor Bent Flyvbjerg, dubbed "the world's leading megaproject expert." In **BIG PLANS**, he identifies the errors in judgement and decision-making that lead projects to fail and offers research-based strategies for avoiding common pitfalls.

Full of vivid examples ranging from the building of the Sydney Opera House to the making of Toy Story, **BIG PLANS** reveals how to get any ambitious project done—on time and on budget.

**Bent Flyvbjerg** is an Oxford University professor, an economist, the author of *MEGAPROJECTS AND RISK: An Anatomy of Ambition* (Cambridge University Press). Flyvbjerg has consulted on more than 100 projects costing \$1 billion or more around the world, and has helped more than 40 organizations—including the world's largest banks, consultancies, and technology companies—plan, manage and fix projects. He is an adviser to the British and American governments, the World Bank, the United Nations, and the European Commission (the executive branch of the European Union).

**Dan Gardner** is the *New York Times* bestselling author of three books — *THE SCIENCE OF FEAR* (RISK outside the US), *FUTURE BABBLE*, and *SUPERFORECASTING* (with Philip Tetlock). His books have been published in 25 countries and 19 languages and garnered praise from *The Economist*, *The Wall Street Journal*, *Bloomberg*, Daniel Kahneman, and Steven Pinker.

 <p><b>Crown</b> Hardcover Reference</p> <p><b>Editor:</b> Matt Inman <b>Rights:</b> World <b>Co-Agents:</b> Crown</p>	<p><b>101 THINGS I LEARNED®</b> <b>by Matthew Frederick and others</b></p> <p>This bestselling 101 Things I Learned® series, previously published by Hachette, is a collection of uniquely designed primers created to give readers an introduction to a variety of different subjects such as architecture, film, fashion, business, culinary, law, engineering, and soon, advertising, urban design, product design and psychology. Each book features the same irregular trim and line drawings, designed to impart the core tenets of each field in an eye-catching, insightful, and accessible way. Co-authored by series creator and illustrator Matthew Frederick and an expert in each respective field, 101 Things I Learned® is for students, teachers, professionals, and curious readers looking to explore the fundamentals of a profession or academic subject.</p> <p><b>Matthew Frederick</b> is a bestselling author, an instructor of design and writing, and the creator of the <i>101 Things I Learned®</i> series. He lives in New York's Hudson Valley.</p>				
 <p><b>April 2018</b> 101 THINGS I LEARNED® IN <b>ADVERTISING SCHOOL</b> <i>NEW TO THE SERIES</i></p> <p><b>Rights sold:</b> Chinese (complex): <i>Uni-Books</i> Chinese (simplified): <i>CITIC</i> Japanese: <i>Filmart-Sha</i> Korean: <i>Dongnyok</i> Spanish: <i>Abada Editores</i></p>	 <p><b>April 2018</b> 101 THINGS I LEARNED® IN <b>ENGINEERING SCHOOL</b> <i>REISSUE WITH MINIMAL UPDATES</i></p> <p><b>Rights sold:</b> Chinese (complex): <i>Uni-Books</i>; Chinese (simplified): <i>CITIC</i></p>	 <p><b>April 2018</b> 101 THINGS I LEARNED® IN <b>URBAN DESIGN SCHOOL</b> <i>NEW TO THE SERIES</i></p> <p><b>Rights sold:</b> Chinese (complex): <i>Uni-Books</i> Chinese (simplified): <i>CITIC</i> Japanese: <i>Filmart-Sha</i> Korean: <i>Jeongye-C</i> Spanish: <i>Abada Editores</i> Vietnamese: <i>Vietnam Green Architecture</i></p>	 <p><b>August 2019</b> 101 THINGS I LEARNED® IN <b>LAW SCHOOL</b> <i>REISSUE WITH MINIMAL UPDATES</i></p> <p><b>Rights sold:</b> Chinese (complex): <i>Uni-Books</i></p>	 <p><b>May 2020</b> 101 THINGS I LEARNED® IN <b>CULINARY SCHOOL</b> <i>REVISED</i></p> <p><b>Rights sold:</b> Chinese (complex): <i>Uni-Books</i> Chinese (simplified): <i>CITIC</i> Korean: <i>Dongnyok</i></p>	
 <p><b>October 2020</b> 101 THINGS I LEARNED® IN <b>PRODUCT DESIGN SCHOOL</b> <i>NEW TO THE SERIES</i></p> <p><b>Rights sold:</b> Chinese (complex): <i>Uni-Books</i> Chinese (simplified): <i>CITIC</i> Japanese: <i>Filmart-Sha</i> Korean: <i>Dongnyok</i></p>	 <p><b>January 2021</b> 101 THINGS I LEARNED® IN <b>FILM SCHOOL</b> <i>REVISED</i></p> <p><b>Rights sold:</b> Chinese (complex): <i>Uni-Books</i> Chinese (simplified): <i>CITIC</i> Korean: <i>Dongnyok</i></p>	 <p><b>April 2021</b> 101 THINGS I LEARNED® IN <b>BUSINESS SCHOOL</b> <i>REVISED</i></p> <p><b>Rights sold:</b> Chinese (simplified): <i>CITIC</i></p>	 <p><b>August 2021</b> 101 THINGS I LEARNED® IN <b>FASHION SCHOOL</b> <i>REVISED</i></p> <p><b>Rights sold:</b> Korean: <i>Dongnyok</i> Chinese (simplified): <i>CITIC</i></p>	 <p><b>January 2023</b> 101 THINGS I LEARNED® IN <b>PSYCHOLOGY SCHOOL</b> <i>NEW TO THE SERIES</i></p> <p><b>Rights sold:</b> Chinese (simplified): <i>CITIC</i></p>	



**Crown**

November 2022

Hardcover

Biography / Political

**Editor:** Kevin Doughten

**Rights:** World

**Co-Agents:** Crown

**Status:** Material available

**AGAINST THE WIND: *Edward Kennedy and the Rise of Conservatism, 1976-2009***  
by Neal Gabler

From the author of *CATCHING THE WIND* comes the second volume of the epic, definitive biography of Ted Kennedy—following his political and personal journey as the rise of conservatism and his own missteps threatened to topple the legacy he worked tirelessly to build.

In this second volume of Neal Gabler's extraordinary biography of an American icon, Ted Kennedy enters 1974 no longer in his brothers' shadow but as a force in his own right, having assumed their mantle as a leading liberal, borne along by the progressive wind that they had helped generate. But as the seventies grind on, Ted Kennedy sails largely against the wind as it shifts direction. Both politically and personally, Kennedy found himself lost at sea in a time of conservative ascendancy. Ultimately, he regained his ballast through love and dedication and slowly emerged not only as the political conscience of the nation at a time when it had largely vanished from politics but also as the "Lion of the Senate," with a reputation among both Democrats and Republicans as the most effective legislator of his own and possibly all time.

In **AGAINST THE WIND**, Neal Gabler brings his inimitable insight to bear on the preeminent liberal of our time, a man who fought to keep liberalism alive when so many were determined to extinguish it.

**Neal Gabler** is the author of six books, including four biographies: *CATCHING THE WIND*, *AN EMPIRE OF THEIR OWN*, *WINCHELL*, and *WALT DISNEY*. He has been the recipient of a Guggenheim fellowship, a Shorenstein fellowship, and a Woodrow Wilson Public Policy scholarship, and was the chief nonfiction judge of the National Book Awards.



**Crown**

June 2023

Hardcover

Memoir

**Editor:** Madhulika Sikka

**Rights:** World English  
(In Canada, *Viking Canada*  
will be publishing.)

**Translation:** Transatlantic  
Literary Agency (Samantha  
Haywood)

**Status:** Manuscript June  
2022

**ALMOST BROWN**  
by Charlotte Gill

From the author of *LADYKILLER* and *EATING DIRT*, **ALMOST BROWN** is a funny, turbulent and ultimately heartwarming book about a truly dysfunctional family. This experiment in diasporic intermingling involves two deeply eccentric parents who couldn't be more different and their half-brown children as they roam around North America in search of the good life. Set in times of Reaganomics and perestroika, the story features turbans and tube socks, chana masala and Cherry Coke, extramarital tangents, wanton spending, a divorce, at least three family grudges, Swanson dinners and plenty of bad fashion.

In a search for answers, **ALMOST BROWN** explores the paradoxes and conundrums of middle existence, of life as it's lived between race checkboxes, while meditating on racism and privilege, diaspora and colonialism.

**Charlotte Gill** is a Canadian fiction and non-fiction writer. Her short story collection *LADYKILLER* won the Ethel Wilson Fiction Prize and the Danuta Gleed Literary Award in 2006.



**Crown**

March 2024  
Hardcover  
Social Science /  
Discrimination

**Editor:** Kevin Doughten  
**Rights:** World English  
**Translation:** Ross Yoon  
Agency  
**Status:** Manuscript March  
2023

**UNTITLED WORK #1**  
by **Eddie S. Glaude, Jr.**

Praise for BEGIN AGAIN:

*“Even if you don’t agree with Glaude’s interpretations, you’ll find yourself productively arguing with them. He parses, he pronounces, he cajoles. He spurs you to revisit Baldwin’s work yourself.”*

—*The New York Times* on **BEGIN AGAIN**

*“In this powerful and elegant book, Glaude weaves together a biography, a meditation, a literary analysis, and a moral essay on America... It is at times both loving and angry, challenging and uplifting, and always beautiful. Both Baldwin and this book speak directly to today.”*

—**Walter Isaacson, author of Steve Jobs and Leonardo da Vinci** on **BEGIN AGAIN**

The next nonfiction book from *New York Times* bestselling author of **BEGIN AGAIN**.

**Eddie S. Glaude Jr.** is the James S. McDonnell Distinguished University Professor at Princeton University and author of **BEGIN AGAIN** and **DEMOCRACY IN BLACK**.

Publisher of **BEGIN AGAIN**: UK/BC: *Chatto & Windus*



**Crown**

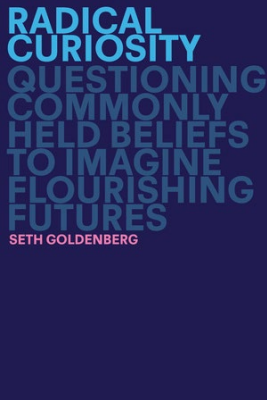
January 2024  
Hardcover  
Memoir

**Editor:** Matt Inman  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript January  
2023 (Proposal available)

**THE GOOD, THE BAD, THE GOLD**  
By **Gracie Gold**

Olympic medalist Gracie Gold offers an unvarnished look at her meteoric rise in the unforgiving world of elite figure skating, her decision to step away from it in her prime due to mental health and disordered eating struggles, and her triumphant return on her own terms. She also explores the price of perfectionism on high performers; the pressure to conform in a culture resistant to change; the effects of social media on young women; the role families, coaches, and federations should—and often don’t—play in protecting athletes; and how to find purpose when a dream ends and a new life begins.

**Gracie Gold** is an American figure skater. She is a 2014 Olympic team event bronze medalist, the 2014 NHK Trophy champion, the 2015 Trophée Éric Bompard champion, and a two-time U.S. national champion. She is also a two-time World Team Trophy champion.



**Crown**

August 2022

Hardcover

Self-Help / Business

**Editor:** Matt Inman

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript available

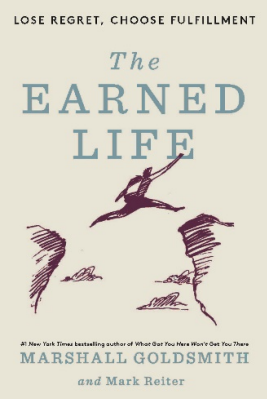
**RADICAL CURIOSITY: *Questioning Commonly Held Beliefs to Imagine Flourishing Futures***  
by Seth Goldenberg

The rational mind prefers answers over questions. But we live in irrational times. And at a time when information is valued above knowledge, ideology drowns out discourse, and the demands of "doing" erode our capacity for thinking, curiosity - the engine of inquiry - matters more than ever. Without curiosity, our imagination is rendered impotent. And to build a better future, we first need to be able to imagine it.

So much of modern life is built upon a set of narratives that have gone unquestioned for far too long, says Goldenberg. In this unique blend of modern-day philosophy, cultural criticism, and business strategy, he shows how we can begin rewriting the narratives that are no longer serving us, our organizations, or the institutions that form the bedrock of our society. Only by asking deeper, more essential questions can we navigate the complex problems we face as individuals, businesses, and a society.

A provocative and eye-opening book from a brilliant contrarian thinker, **RADICAL CURIOSITY** inspires us all to embrace the practice of questioning as a way of living and being.

**Seth Goldenberg** is the founder and CEO of Epic Decade, a design-thinking innovation studio. The company blends the languages of design, education, and cultural engagement to catalyze business, personal, and societal transformation. He has served as chief marketing officer and chief design officer of the biotech company Intarcia, vice president of the globally celebrated design innovation firm Bruce Mau Designs, and founder, executive director and curator of the cultural festival for the Obama Democratic National Convention. He is a graduate of the Rhode Island School of Design.



**Currency**

May 2022

Hardcover

Business & Economics

**Editor:** Paul Whitlatch

**Rights:** World

**Co-Agents:** Crown

**Status:** Final PDF available

**THE EARNED LIFE: *Lose Regret, Choose Fulfillment***  
by Marshall Goldsmith and Mark Reiter

The world-renowned executive coach and *New York Times* bestselling author of TRIGGERS and WHAT GOT YOU HERE WON'T GET YOU THERE shares his "cure for regret," revealing the steps we can take to earn our path to fulfillment.

In **THE EARNED LIFE**, pioneering leadership coach Marshall Goldsmith shows readers how to rise above the most pressing regrets in our lives, even the kind that can reroute destinies and haunt us for decades. The key to living the earned life, unbound by regret, is to make smart choices in line with your goals, to accept the risk that comes with your choices, and to always put out maximum effort. Goldsmith offers readers practical advice to achieve this kind of merited success and shows how repeating the process creates a habit of earning that carries through life. Filled with fascinating and illuminating stories from Goldsmith's storied career, **THE EARNED LIFE** is a roadmap to overcoming obstacles and creating meaningful, lasting change.

**Marshall Goldsmith** is the bestselling author of many books, including WHAT GOT YOU HERE WON'T GET YOU THERE, MOJO, and TRIGGERS. He received his PhD from UCLA Anderson School of Management. In his coaching practice, Goldsmith has advised more than 150 major CEOs and their management teams. He has been published in 23 territories. Full list available upon request.

**Rights sold:** Chinese (complex): *River Consulting*; Chinese (simplified): *PRH*; Italian: *Franco Angeli*; Japanese: *Nikkei Business Publications*; Korean: *Ked Publishing*; Portuguese (Brazil): *Alta Books*; Russian: *Limited Company*; Spanish: *Urano*; Thai: *WeLearn Co*; Turkish: *Kapital/Medicat*; UK/BC: *Viking/PRH*



**Crown**  
 August 2023  
 Hardcover  
 Business & Economics

**Editor:** Kevin Doughten  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript August 2022

**THE ALMIGHTY DOLLAR**  
 by **Brendan Greeley**

**THE ALMIGHTY DOLLAR** is a global history of the currency from its birth in sixteenth-century Netherlands to the present day, showing how the dollar opened new markets, changed the course of history, and the promise and peril to every nation who controlled it, including the United States, whose future it has yet to foretell.

**Brendan Greeley** is the US economics editor for the *Financial Times*, based in Washington, DC. Previously, he served as US editor for FT Alphaville. Before joining the *FT*, he worked at *Bloomberg Businessweek* covering economics as a staff writer, and on Bloomberg Television as a host and economics correspondent. He has also worked as a staff writer at *The Economist*, and in US public radio. Brendan is an affiliate at the William R. Rhodes Center for International Economics & Finance at Brown University.



**Crown**  
 April 2023  
 Hardcover  
 Biography

**Editor:** Kevin Doughten  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript June 2022

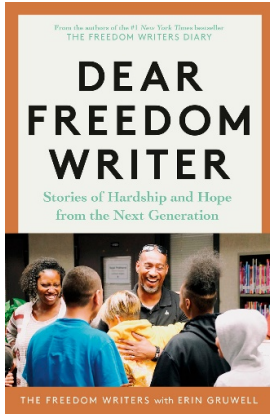
**TRUE WEST**  
 by **Robert Greenfield**

A biography of playwright and actor Sam Shepard, examining the intersection of his powerful work and rock'n'roll life while exploring the relationships he sustained across the arc of his brilliant career.

**TRUE WEST** is the story of an American icon, a lasting portrait of who Sam Shepard really was, as revealed by those who knew him best. Shepard was an actor, a playwright, an author, screenwriter, and director—but what he embodied was so much more. This sweeping biography takes readers inside the world that made Shepard, the son of an alcoholic father who grew up in a dysfunctional family and as a result always viewed the world as an outsider. The public persona he crafted throughout his career came to embody an authentic American archetype: the loner, the cowboy, the drifter, a stranger in a strange land. Despite his great critical and financial success, he seemed, like so many of his characters, to remain perpetually dispossessed.

Exploring his relationship with the greats—Patti Smith, Bob Dylan, Joan Baez, Joni Mitchell, Terrence Malick, and the love of his life, Jessica Lange—across the long arc of his brilliant career, Greenfield makes the case for Shepard not just as one of the great American writers, but as a true rock 'n roll icon. Simply, his life was a journey through the American dream. **TRUE WEST** tracks this journey with the kind of novelistic detail and dramatic focus that also shone in Shepard's best work.

A former Associate Editor of the London bureau of *Rolling Stone* magazine, **Robert Greenfield** is the critically acclaimed author of several classic rock books, among them *S.T.P.: A Journey Through America with the Rolling Stones*, as well as the definitive biographies of Timothy Leary and Ahmet Ertegun.



**Crown**

April 2022

Trade Paperback

Social Science

**Editor:** Aubrey Martinson

**Right:** World

**Co-Agents:** Crown

**Status:** Final PDF available

**DEAR FREEDOM WRITER: *Stories of Hardship and Hope from the Next Generation***  
by The Freedom Writers and Erin Gruwell

The students of today tell their stories of adversity and growth in letters to #1 *New York Times* bestselling authors of THE FREEDOM WRITERS DIARY—featuring powerful responses from the original Freedom Writers.

Twenty-one years ago, 150 high school students from Long Beach, California, co-authored THE FREEDOM WRITERS DIARY, which launched a movement that remains more relevant and impactful than ever. Generations of students have seen themselves in the stories of these kids from Long Beach. These stories speak to young people across the country who are fed up with adults who know nothing about their lives, their feelings, and their struggles. They want to be heard; they want to be *seen*.

In **DEAR FREEDOM WRITER**, the next generation of Freedom Writers share their struggles with abuse, racism, discrimination, poverty, mental health struggles, imposed borders, LGBTQIA+ identity, and police violence. Each story is answered with a message of advice and encouragement from an original Freedom Writer or Freedom Writer teacher. Writing with empathy and honesty, they answer these young people not with the platitudes of a politician or celebrity, but with the pragmatic advice of someone who has dealt with these same issues and come out on the other side.

Publishers of THE FREEDOM WRITERS DIARY (1999): Korean: *RH Korea*; Russian: *Mann, Ivanov and Ferber*; Chinese (simplified): *Thinkingdom Media Group*; Turkish: *Pedagoji Yayinlari*



**Crown**

May 2023

Hardcover

Memoir

**Editor:** Madhulika Sikka

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript

September 2022

**THEY CALLED US EXCEPTIONAL**  
by Prachi Gupta

From award-winning journalist Prachi Gupta, **THEY CALLED US EXCEPTIONAL** is a groundbreaking memoir about the author's family, which explores the crossroads of identity, the stigma of confronting mental health issues, and the "model minority" myth, doubling as an elegy for the love and lives this myth has destroyed.

**Prachi Gupta** is a journalist and essayist based in New York who writes for various outlets including the *Atlantic*, the *Washington Post Magazine*, *Marie Claire*, *Refinery29*, and *Elle*. Formerly a senior reporter at Jezebel, she is also an adjunct lecturer at NYU's Arthur L. Carter Journalism Institute and a segment producer at Crooked Media's "Lovett or Leave It" podcast.

# CRASH LANDING

THE INSIDE STORY  
OF HOW THE WORLD'S  
BIGGEST COMPANIES  
SURVIVED AN ECONOMY  
ON THE BRINK

LIZ HOFFMAN



**Crown**

October 2022

Hardcover

Business & Economics /  
Economic History

**Editor:** Paul Whitlatch

**Rights:** World

**Co-Agents:** Crown

**Status:** Proposal available;  
Manuscript April 2022

## **CRASH LANDING: *The Inside Story of How the World's Biggest Companies Survived an Economy on the Brink***

**by Liz Hoffman**

A kaleidoscopic account of the financial carnage of the pandemic, revealing the fear, grit, and gambles that drove the economy's winners and losers—from a leading *Wall Street Journal* reporter.

In **CRASH LANDING**, Liz Hoffman shows how the pandemic set the economy on fire—but if you look closely, the tinder was already there. Post-2008 corporate-management orthodoxy embraced cheap debt and growth at all costs. Wages went stagnant. Millions were pushed into the gig economy. Companies crammed workers into offices, and airlines did the same with planes. And all the while Wall Street cheered on this relentless march toward efficiency, overlooking its collateral damage.

With access to an astonishing array of business titans, Liz Hoffman takes readers into the beating heart of the twenty-first century economy. There's JPMorgan Chase's Jamie Dimon running his bank from a hospital bed; Goldman Sachs's David Solomon blindsided by a virus in the middle of a high-stakes reinvention; and Ford's Jim Farley, just five months into his tenure, gambling on the switch from cars to ventilators.

In **CRASH LANDING**, Hoffman probes the pandemic's implications for the future of work, corporate leadership, and capitalism itself, asking: Will this remarkable time give rise to newfound resilience, or become just another costly mistake to be forgotten?

**Liz Hoffman** is a senior reporter for *The Wall Street Journal*, where she has covered financial markets, corporate dealmaking, and the machinations of Wall Street since 2013. A native of central Pennsylvania, she graduated from Tufts University and the Medill School of Journalism at Northwestern University and lives in Brooklyn with her dog, Toby.

**Rights sold:** Dutch: *Uitgeverij Balans*; Japanese: *Hayakawa*; UK/BC: *Hodder Studio/Hodder*

CROWN

**Crown**

May 2023

Hardcover

Biography / Culinary

**Editor:** Francis Lam

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript July  
2022

## **UNTITLED MEMOIR**

**by Steve Hoffman**

A beautifully written memoir from Steve Hoffman—when he moves his Minnesota-based family to a scratchy-hot part of France to live out his francophilic dreams, they soon discover those Parisian dreams don't quite align with their new small-town style of living in the South of France. Slowly Hoffman adapts, eventually meeting and bonding with locals who teach him regional cooking and winemaking traditions that show him the true beauty of the culture he thought he knew.

**Steve Hoffman** is a food writer and budding winemaker who moved his family from St. Paul, Minnesota to a small village in the Languedoc region of southern France with their two children. His food writing has garnered awards from Association of Food Journalism's Award and the International Association of Culinary Professionals.



**Crown**

November 2022  
Hardcover  
History / Political Science

**Editor:** Paul Whitlatch

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript March  
2022 (Sample material  
available)

**THE REBEL AND THE KINGDOM: *The True Story of the Secret Mission to Overthrow the North Korean Regime***

**by Bradley Hope**

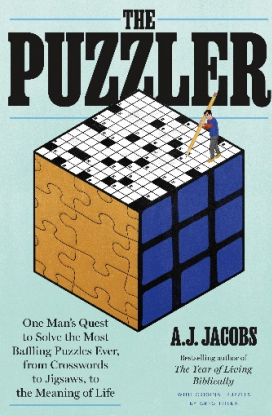
A gripping account of a clandestine group of American activists who took it upon themselves to fight the murderous North Korean regime, from the co-author of the *New York Times* and #1 international bestseller BILLION DOLLAR WHALE.

Pulitzer Prize finalist Bradley Hope's **THE REBEL AND THE KINGDOM**, is the unlikely true story of Adrian Hong, a Yale graduate who founded a secretive group called Free Joseon bent on taking down the North Korean regime and liberating the country's people. In this suspenseful narrative, acclaimed journalist and bestselling author Bradley Hope—who broke numerous details of Hong's operations in *The Wall Street Journal*—traces Hong's evolution from activism to espionage, with violent consequences, while exploring the changing reality of North Korea in unflinching detail.

Through these stories of idealism and insanity, hubris and heroism, Hope probes the larger question of an individual's capacity to change the course of a nation's history in the twenty-first century. Deeply reported and unsparing, **THE REBEL AND THE KINGDOM** is a heart-pounding investigation into personal agency and the price of freedom, set within the secret battle for the future of the world's most mysterious and unsettling nation.

**THE REBEL AND THE KINGDOM** is one of the inaugural projects from Project Brazen, a journalism studio and content production company Hope recently founded with fellow *WSJ* alumnus and co-author Tom Wright with the mission of uncovering and reporting thrilling, true narratives from around the world for books, podcasts, documentaries, television series and films, with a focus on with a focus on tales of geopolitical intrigue and malfeasance.

**Bradley Hope** is the author of *BLOOD AND OIL*. He is a Pulitzer Prize finalist and Gerald Loeb Award winner. Formerly a reporter for *The Wall Street Journal* and a correspondent in the Middle East, Hope is co-founder of Project Brazen, a journalism studio and production company. He is based in London.



**THE PUZZLER: *One Man's Quest to Solve the Most Baffling Puzzles Ever, from Crosswords to Jigsaws to the Meaning of Life***  
 by A.J. Jacobs

A celebration of puzzles—why we love them, what they do to our brains, and how they can improve our world. Convinced that puzzles have taught him to think and made him a better person, A.J. Jacobs—the four-time *New York Times* bestselling author, master of immersion journalism, and nightly crossword—set out to determine their myriad benefits. And maybe, in the process, solve the puzzle of our very existence?

In **THE PUZZLER**, he profiles the most zealous devotees and unpacks the history and relevance of a huge variety of head-scratchers: from the all-time best-selling puzzle, the Rubik's Cube, to the hardest escape room in the world. Like any good puzzle, **THE PUZZLER** is an enveloping experience, chock-full of original, completable examples from around the world—including new work by Greg Pliska, one of America's top puzzle-makers. Interspersed throughout are concrete lessons on how puzzles can improve readers' mental dexterity and crisis management abilities. Like a real-life, less intimidating Willy Wonka, Jacobs has even hidden a secret, super-challenging but solvable puzzle within his book, and the first reader to solve it will receive \$10,000. Whether you're one of the .0001% of Notpron champions or an occasional Monday crossword, **THE PUZZLER** will open your eyes to the power of flexible thinking and concentration. You'll walk away with real problem-solving strategies and pathways towards becoming a better thinker and decision maker—for these are certainly puzzling times.

**A. J. Jacobs** is an American journalist, author, and lecturer best known for writing about his lifestyle experiments. He is an editor at large for *Esquire* and has worked for the *Antioch Daily Ledger* and *Entertainment Weekly*. A.J. Jacobs is the author of several books including *New York Times* bestselling *THE KNOW IT ALL*. His next book, *FACT-CHECKING MY LIFE*, is forthcoming from Crown in June 2023.

**Rights sold:** Chinese (simplified): *SDX Joint Publishing*

**Crown**  
 April 2022  
 Hardcover  
 Essays

**Editor:** Gillian Blake  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Final PDF available



**Crown**  
January 2023  
Hardcover  
Medical / Public Health

**Editor:** Madhulika Sikka  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript available

**HEALTHY, NO MATTER WHAT: *How Humans Are Hardwired to Adapt***  
**By Alex Jadad and Tamen Jadad Garcia**




A provocative and accessible manifesto that upends our understanding of modern medicine and teaches us how to take control of our health from an innovative doctor and his philosopher daughter. Alex Jadad is the creator of the Jadad scale, a methodology to assess the quality of clinical trials that has become the most widely used in the world, and Tamen Jadad-Garcia is an author and philosopher—together, the father and daughter combine their expertise to uncover the shaky foundations on which the medical system is built; one that condemns you to be ill rather than prioritizing prevention. The Jadads begin this exploration with a simple question: “What is health?”

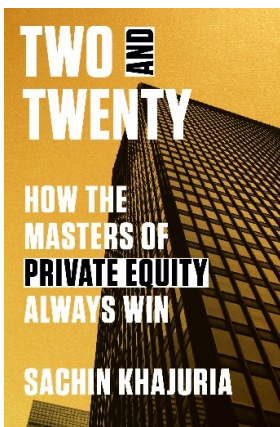
Through engaging stories and case studies, the Jadads expand our understanding of good health beyond the medical industrial complex: you’ll learn about trees that heal, pills that tell you they are fake and still work, how big cities are the places for longevity, and why comparisons between you and your peers can kill. They reconceptualize terms such as health, well-being, love, happiness, and a full life, as a means to allow people, even those living with complex chronic conditions or even terminal illnesses, to consider themselves to be fulfilled and thriving until the end. Based on more than thirty years of research and fieldwork, the Jadads explain why feeling unhealthy is fatal, how you can monitor your true health, and boost good health in practically any context, regardless of your cultural background or socioeconomic circumstances.

The meaning of health is being redefined, putting you in the driver’s seat and recognizing you as the most effective evaluator. With authoritative wisdom and a deep well of empathy, **HEALTHY, NO MATTER WHAT** teaches us how and when to use the medical system and how to get the best possible results whenever you or your loved ones need it, so that you can live the longest possible life, no matter the twists and turns your life may take.

**Alex Jadad** is a Colombian-Canadian physician, philosopher, educator, researcher, entrepreneur, and innovator. He holds a doctoral degree in philosophy from Balliol College at the University of Oxford. Jadad is one of the pioneers of evidence-based medicine, and the creator of the Jadad scale, the most widely used tool to assess clinical trial quality worldwide. He is also an advisor to heads of states and leaders of multinational corporations and the author of eleven books.

**Tamen Jadad-Garcia** is an entrepreneur, philosopher, and author who has built several companies and led large-scale projects across diverse sectors, such as healthcare, consumer goods, and entertainment. She received a degree in business management from King’s College in London and is currently based out of Los Angeles. Tamen is the author of several scientific articles and books on themes spanning end-of-life care, the meaning of love, and the future of healthcare.

 <p><b>Crown</b> June 2023 Hardcover Memoir</p> <p><b>Editor:</b> Libby Burton <b>Rights:</b> World <b>Co-Agents:</b> Crown <b>Status:</b> Manuscript June 2022</p>	<p><b>UNTITLED MEMOIR</b> <b>by Aurora James</b></p> <p>A memoir from fashion designer and activist Aurora James on how one can overcome structural and personal challenges to succeed in business and do good in the world.</p> <p><b>Aurora James</b> is based in New York City and is the Creative Director of Brother Vellies, a fashion brand dedicated to elevating the work of local artisans that has been worn by everyone from Beyoncé to Meghan Markle. She is the founder of the 15% Pledge (given that Black people in the U.S. make up nearly 15% of the population, her organization calls on major retailers to commit a minimum of 15% of their shelf to Black-owned businesses), which has been undertaken by companies from Sephora to West Elm.</p>
 <p><b>Crown</b> March 2024 Hardcover Social Science</p> <p><b>Editor:</b> Kevin Doughten <b>Rights:</b> World <b>Co-Agents:</b> Crown <b>Status:</b> Manuscript March 2023</p>	<p><b>THE INSECT APOCALYPSE</b> <b>by Brooke Jarvis</b></p> <p>Drawn from the author’s astonishing and deeply disturbing article for the <i>New York Times Magazine</i> (which was downloaded over 1 million times in the first week alone), this will be a fascinating scientific exploration of the insect world that reveals, through extensive research with amateurs and entomologists in the field, the alarming diminishment of insect life across the globe in the era of climate change. The author plans to travel to different countries and environments, including Europe and Latin America, to explore the causes and urgent consequences of life on Earth without insects.</p> <p><b>Brooke Jarvis</b> is a contributing writer to <i>The New York Times Magazine</i>, and has written for <i>The New Yorker</i>, <i>Wired</i>, <i>The California Sunday Magazine</i>, <i>GQ</i>, <i>Harper’s</i>, and others. She also teaches feature writing at NYU’s American Journalism Online Master’s Program and mentors young science journalists through The Open Notebook and the Northwest Science Writers Association. Jarvis’ stories have been anthologized in THE BEST AMERICAN SCIENCE AND NATURE WRITING (Houghton-Mifflin, 2019 and 2015); THE BEST AMERICAN TRAVEL WRITING (2019); LOVE AND RUIN: <i>Tales of Obsession, Danger and Heartbreak from The Atavist Magazine</i> (Norton, 2016); and NEW STORIES WE TELL: <i>True Tales By America’s Next Generation of Great Women Journalists</i> (2019). She lives in Seattle, WA.</p>
 <p><b>Crown</b> March 2024 Hardcover History / Political Science</p> <p><b>Editor:</b> Gillian Blake <b>Rights:</b> World <b>Co-Agents:</b> Crown <b>Status:</b> Manuscript March 2023</p>	<p><b>INFERNAL MACHINE</b> <b>by Steven Johnson</b></p> <p>The <b>INFERNAL MACHINE</b> is a history of ideas and action that explores two defining transformations that shaped the modern world as we know it: the vanishing act of anarchism as a meaningful political movement, and the emergence of the surveillance state. The book covers a six-year period when the United States and New York City, in particular, experienced the most concentrated terrorism campaign in the history of the country.</p> <p><b>Steven Johnson</b> is the best-selling author of seven books on the intersection of science, technology and personal experience. His writings have influenced everything from the way political campaigns use the Internet, to cutting-edge ideas in urban planning, to the battle against 21st-century terrorism. Steven has also written for <i>The New York Times</i>, <i>The Wall Street Journal</i>, <i>The Nation</i>, and many other periodicals. He lives in Marin County, California with his wife and three sons.</p>



**Currency**

June 2022

Hardcover

Business & Economics /

Private Equity

**Editor:** Paul Whitlatch

**Rights:** World

**Co-Agents:** Crown

**Status:** Material available

**TWO AND TWENTY: *How the Masters of Private Equity Always Win***

**by Sachin Khajuria**

The first true insider's account of private equity, revealing how the world's most aggressive financial animals spot opportunities and win deals, and the mindset it takes to thrive in one of finance's most powerful, high-stakes, and least understood arenas.

Private equity was once an investment niche, with the industry's firms managing just \$500 billion. No more. Today that number is \$7 trillion, with leading firms controlling more money than some countries' entire GDPs. The industry has supplanted investment banking—and well-known names like Goldman Sachs, JP Morgan, Morgan Stanley and Citi—as the premier destination for ambitious financial talent, as well as the investment dollars of some of the world's largest pension funds, sovereign wealth funds and endowments. At private equity's pinnacle are the firms' partners, happy to pocket the standard *two and twenty*—that is, a hefty annual cut of 2 percent of a fund's assets, on top of 20 percent of the profits.

In **TWO AND TWENTY**, Khajuria, gives readers an unprecedented yet even-handed look inside an opaque and rapidly expanding engine of the global economy. Khajuria brings the habits of the industry's leading practitioners to life through a series of vivid deal sketches, illuminating how these traits lead to financial dominance.

**Sachin Khajuria** is a former partner at Apollo Global Management, one of the world's largest private equity firms, and is also an investor in funds managed by Blackstone Group and Carlyle Group. Khajuria lives in New York and Switzerland.

**Rights sold:** Chinese (simplified): *CITIC Press*



**Crown**

March 2024

Hardcover

Travel / Essays and

Travelogues

**Editor:** Matt Inman

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript March

2023

**LAND OF MANY**

**By Conor Knighton**

A blend of personal narrative and travelogue to chronicle Conor Knighton's time traveling across the U.S. to visit several national forests.

**Conor Knighton** is an Emmy-winning correspondent for *CBS Sunday Morning*, America's #1 Sunday morning news program. Depending on your cable package, you may have also seen him hosting shows on Current TV, AMC, and The Biography Channel or providing commentary for the likes of MTV, E!, and CNN. He has been to all of America's national parks and what feels like 40 percent of its Hampton Inns.



**Currency**

February 2024

Hardcover

Business & Economics

Editor: Paul Whitlatch

Rights: World

Co-Agents: Crown

Status: Manuscript

February 2023

**VCP: A Proven Method for Turning Your Back-of-the-Napkin Idea into a Billion Dollar Business**

**by Marc Lore**

Marc Lore is a serial entrepreneur, businessman, and investor, who is legendary in the startup world for selling Jet.com to Walmart for \$3.3 billion. **VCP** will draw upon his twenty-plus years launching successful companies, revealing hard-earned lessons and—in the tradition of bestsellers like *THE LEAN STARTUP* and *THE HARD THING ABOUT HARD THINGS*—offer readers an actionable plan (VCP, which stands for vision, capital, and people) to spot opportunities and turn their big ideas into robust startups that will attract major investment dollars.

**Marc Lore** is founder and CEO of Wonder Group, Co-Founder and General Partner of VCP Ventures, and a co-owner of NBA’s Minnesota Timberwolves and the Minnesota Lynx, as well as an investor in many other ventures. He is the former president and CEO of Walmart U.S. eCommerce and Jet.com.



**Crown**

February 2024

Hardcover

Sports & Recreation /  
Parenting

Editor: Matt Inman

Rights: World

Co-Agents: Crown

Status: Manuscript June  
2022

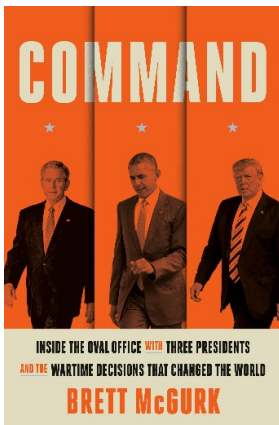
**THE DAD COACH**

**by Mike Matheny and Jerry B. Jenkins**

An engaging and helpful resource for parents who want to coach their children to succeed on and off the field.

**Mike Matheny** is co-author (with Jerry B. Jenkins) of *THE MATHENY MANIFESTO* (2015), and the current manager of the Major League Baseball team the Kansas City Royals. A former professional baseball player, Matheny played thirteen years as a catcher for four MLB teams and won four Gold Gloves. He lives with his wife, Kristin, and five children.

**Jerry B. Jenkins** is the author of twenty *New York Times* bestsellers, including the Left Behind series. He has authored more than 195 books with sales of over 70 million copies, and has collaborated on autobiographies by Hank Aaron, Orel Hershiser, Walter Payton, Nolan Ryan, Mike Singletary, and Billy Graham. For more about Jerry visit [www.jerryjenkins.com](http://www.jerryjenkins.com). more than 195 books with sales of over 70 million copies, including the best-selling Left Behind series.



**Crown**

July 2023

Hardcover

Political Science /

American Government

**Editor:** Kevin Doughten

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript July 2022

**COMMAND: *Inside the Oval Office with Three Presidents, and the Wartime Decisions That Changed the World***

**By Brett McGurk**

From one of the only senior national security officials to serve under Presidents Bush, Obama, and Trump, a riveting diplomatic memoir of America at war, and an exclusive insider's look at how successive presidents made life-and-death decisions under pressure.

Through vivid stories from his time in Iraq early in the war and then dealing with its aftermath over fifteen years—from senior posts at the White House and State Department, through diplomacy around the world, including hostage negotiations, building coalitions, and raising armies, to battlefields with American troops as they experiment with new modes of warfare—McGurk offers a unique, behind-the-scenes account of how three presidents made and executed war-and-peace decisions in real-time.

From their successes and failures, McGurk extracts urgent lessons about leadership and America's role in the world. He offers an urgent warning about failure to carefully align ends with means and shines a light on the deeply personal nature of policy-making and diplomacy. As Washington confronts increasingly complex challenges from terrorism, to pandemics, climate change, and great power rivalries, these lessons have never been more vital. In page-turning prose, **COMMAND** lifts the mystique of the highest-stakes deliberations, illuminating the fateful choices made by a few that profoundly affect us all and will shape the future of our world.

From the Oval Office to the battlefields of the Middle East, across the table from hostile powers, to the gilded palaces of aging kings and upstart princes, to centuries-old ministries across Europe, **COMMAND** is a deeply personal account of an epochal period in American and world history.

**Brett McGurk** served as a top national security advisor under Presidents George W. Bush, Barack Obama, and Donald Trump. He has been involved in U.S. military strategy, diplomacy, and foreign policy for nearly two decades, most recently as Obama and Trump's envoy leading the campaign to defeat ISIS. He served as a law clerk to Chief Justice William H. Rehnquist on the U.S. Supreme Court from 2001 to 2002, and was at the Court on the morning of 9/11, a day that changed history and his life. McGurk is currently the Payne Distinguished Lecturer at Stanford University's Freeman Spogli Institute where he teaches and lectures on presidential decision-making in wartime.



**Currency**

April 2024

Hardcover

Self-Help / Business

**Editor:** Paul Whitlatch

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript April 2023

**EXACTLY**

**by Greg McKeown**

The next book from Greg McKeown, the *New York Times* bestselling author of *EFFORTLESS* and *ESSENTIALISM*.

*EXACTLY* codifies twenty-five years of insight into one of the most critical and yet overlooked interpersonal skills: the ability to deeply understand others while also being deeply understood. Greg McKeown draws on a range of real-world examples as well as research in psychology and neuroscience to offer strategies and tips showing how to achieve mutual understanding with just about anyone - and in turn cast aside disagreements and differences, enjoy richer and more productive relationships, and wield greater power and influence.

**Greg McKeown** is the author of the *New York Times* bestsellers *EFFORTLESS* and *ESSENTIALISM* and the CEO of McKeown Inc. He has been featured in *The New York Times*, *Fast Company*, *Fortune*, *HuffPost*, *Politico*, and *Inc.*, and is among the most popular bloggers for *Harvard Business Review* and LinkedIn Pulse, averaging a million views a month.

Publishers of *EFFORTLESS*: Albanian: *Minerva*; Arabic: *Jarir Bookstore*; Bulgarian: *Iztok-Zapad*; Chinese (complex): *Commonwealth Publishing*; Chinese (simplified): *Cheers*; Dutch: *Kosmos Uitgevers*; French: *Editions de la Maisnie*; German: *Redline/Munchner Verlag*; Greek: *Dioptra*; Hebrew: *Matar*; Hindi & Marathi: *MyMirror*; Hungarian: *Bagolyvar Kiado*; Indonesian: *Gramedia Pustaka Utama*; Italian: *Ulrico Hoepli*; Japanese: *Kanki*; Mongolian: *Sayan*; Polish: *MT Biznes*; Portuguese (Brazil): *Sextante*; Portuguese (Portugal): *2020 Editoria*; Romanian: *Act Si Politon*; Russian: *MIF*; Serbian: *Vulkan Izdavastvo*; Spanish: *PRH*; Thai: *WeLearn*; Turkish: *Nova Yayinlari*; UK/BC: *Ebury*; Ukrainian: *NF*; Vietnamese: *Alpha Books*



**Currency**

October 2023

Hardcover

Business & Economics / Motivational

**Editor:** Paul Whitlatch

**Rights:** World

**Co-Agents:** Crown

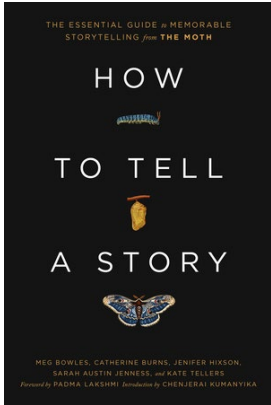
**Status:** Manuscript October 2022

**AMERICAN TRASH**

**by Nate Morris**

An account, animated by revealing storytelling and inspiring lessons, of how Kentucky-born Nate Morris overcame early adversity and found his calling as an entrepreneur, taking on one of the world's most entrenched industries, trash hauling, and turning his innovative Georgia-based company Rubicon into a billion-dollar "unicorn" and how Rubicon's success can be a blueprint for more innovative companies based in America's heartland.

**Nate Morris** is an American business magnate. He is the founder of Lexington, Kentucky-based conglomerate Morris Industries, Founder and CEO of the software company Rubicon and Founder of the Morris Foundation.



**Crown**  
April 2022  
Hardcover  
Storytelling

**Editor:** Matt Inman  
**Rights:** World English  
**Translation:** Levine Greenberg  
**Status:** Final PDF available

## **HOW TO TELL A STORY: *The Essential Guide to Memorable Storytelling from The Moth* by The Moth**

The definitive guide to telling an unforgettable story in any situation, drawing on twenty-five years of experience from the storytelling experts at The Moth.

Over the past twenty-five years, the artistic team at The Moth has coached tens of thousands of people from all walks of life—from A-list rock stars, Pulitzer Prize-winning authors, and astronauts to high school students, dental hygienists, and a retired pickpocket—to tell their true, personal stories onstage in front of live audiences around the world.

Now, with **HOW TO TELL A STORY**, readers will learn how they can uncover and craft their own amazing stories. Whether your goal is to make the perfect wedding toast, wow clients at business dinners, tell a moving eulogy, or be a hit at parties, the Moth staff will explain the principles of good stories and teach you the secrets of their time-honed process. The Moth team will transform how you communicate with people in all aspects of your life, teaching you how to present your most authentic self to the world.

**The Moth** is an acclaimed not-for-profit organization dedicated to the art and craft of storytelling. Since its launch in 1997, The Moth has presented thousands of stories, told live and without notes, to standing-room-only crowds worldwide. The Moth received the MacArthur Award for Creative and Effective Institutions.

**Catherine Burns** is artistic director of The Moth and the editor of the Moth's three anthologies, *THE MOTH: 50 TRUE STORIES*, *ALL THESE WONDERS*, and *OCCASIONAL MAGIC*. A new nonfiction anthology from The Moth is forthcoming from Crown in April 2024.

**Rights sold:** UK/BC: *Short Books/Hachette UK*



**Currency**

October 2022

Hardcover

Virtual Reality / Social Science

**Editor:** Paul Whitlatch

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript available

**VIRTUAL SOCIETY: *The Metaverse and the New Frontiers of Human Experience***  
**by Herman Narula**

A visionary exploration of the arriving age of "virtual worlds," which is poised to transform our economy, psychology, and society—from the co-founder of one of today's most innovative gaming companies.

In the very near future, each of us will live two lives. One of them will take place here, on Earth, and the other will take place in a series of expansive virtual worlds that will feel as real to us as the so-called "real" world, if not more so. We will work, play, and love in these virtual worlds—and gain insights in these spaces that we will transfer to solving problems in the terrestrial world.

Powered by cutting-edge digital technologies and custom-built for user fulfillment, virtual worlds—now mostly relegated to the realm of gaming—are growing into a multi-billion-dollar industry that will re-shape and expand the possibilities of work, leisure, and relationships.

Rooting his vision in history and psychology, entrepreneur Herman Narula argues that, in the coming years, our intrinsic need for autonomy, accomplishment, and connection—qualities correlated with positive outcomes in people's lives—will best be met in virtual spaces. In this deeply researched and invigorating manifesto, Narula describes the advent of what he terms "the multiversal self," in which virtual worlds challenge and expand our conception of what it means to be human. Predicting that these worlds will soon be able to sustain millions of simultaneous participants, Narula shows how they will transform everything from art to commerce to sports to travel.

Rigorously argued and based on cutting-edge research, **VIRTUAL SOCIETY** is an eye-opening road map for entrepreneurs, business readers, and anyone who wants to understand the contours of our inevitable virtual future.

**Herman Narula** is the co-founder and CEO of Improbable, a London-based technology company. He holds a computer science degree from Cambridge. He's interested in the unprecedented impact that powerful, virtual worlds have on how we think, play, and make decisions.



**Crown**

April 2023

Hardcover

Social Science / American Government

**Editor:** Libby Burton

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript  
September 2022

**CONGRESSMOM**  
**by Katie Porter**

Congresswoman Katie Porter tells readers what it's really like to be in Congress, particularly as a single mom to three kids. The book will reveal how Katie does the job, how she learned to stand up to power, and how and why she challenges incumbents and CEOs who aren't doing the job for America.

**Katie Porter** is the U.S. representative from California's 45th congressional district, and a tenured Professor of Law at the University of California Irvine, where she teaches consumer law. When she won her Congressional election in 2018, she became the first Democrat to represent California's 45th district (or its predecessors) since it was created in 1953. She lives in Irvine, CA with her family.



**Crown**  
 April 2023  
 Hardcover  
 History / U.S. Civil War  
 Period

**Editor:** Paul Whitlatch  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript June  
 2022

**SILENT CAVALRY: *Alabama's Union Soldiers and How They Were Written Out of History*  
 by Howell Raines**

A Pulitzer Prize-winning journalist uncovers the little-known story of the Union soldiers from Alabama who played a decisive role in the Civil War, and how they were written out of the history books—until now.

As veteran journalist and Alabama native Howell Raines reveals in this momentous history, it was not only Yankee soldiers who helped General William Tecumseh Sherman burn Atlanta to the ground, but also an unsung regiment of 2,066 Alabamian yeoman farmers—including Raines’s own great-great grandfather. Called the First Alabama Cavalry, USA, these “Mountain Unionists” were the point of the spear that Sherman drove through the heart of the Confederacy, and the famed general hailed the regiment as among the most effective cavalymen in his army of nearly 100,000. So why don’t we know anything about them?

**SILENT CAVALRY** is an epic American history and a never-before-told scholarly detective story that exposes how some of the most patriotic Americans of all time were effectively erased from the record. Drawing on family history, the lore of his native Alabama, and investigative skills honed by six decades in journalism, Raines brings to light a conspiracy that sought to undermine the accomplishments of these renegade Southerners, implicating everyone from a former Confederate general to a gaggle of Lost Cause historians in the Ivy League. By reversing this act of historiographic deconstruction, **SILENT CAVALRY** is a testament to the immense power of storytelling to destroy and, in some cases, to redeem.

**Howell Raines** is a Pulitzer Prize-winning American journalist, editor, and writer. He was executive editor of *the New York Times*, and is the author of *WHISKEY MAN*, a novel, and *MY SOUL IS RESTED*, an oral history of the Civil Rights Movement.



**Crown**  
 November 2023  
 Hardcover  
 Biography / Music

**Editor:** Kevin Doughten  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
 November 2022

**INSOMNIA  
 by Robbie Robertson**



Rock Legend, Robbie Robertson, the story of his wild ride with Martin Scorsese—as friends, adventure-seekers, and boundary-pushing collaborators—with all the captivating storytelling and heart that made his *New York Times* bestselling memoir, *TESTIMONY*, a great success.

For three decades, Robbie Robertson has produced soundtracks for Martin Scorsese's films, a relationship that began when Robertson convinced Scorsese to direct *The Last Waltz*, the iconic film of the Band's farewell performance at the Winterland Ballroom on Thanksgiving 1976. The closing of the Band's story with that landmark concert opened a new door in Robbie Robertson's life—specifically the door to Scorsese's Malibu home, inaugurating a two-year "lost weekend" of wild revelry and adventure. Their shared journey would take them around the world and down the rabbit hole of American culture, a path lined with equal parts hedonism and paranoia, set against the backdrop of the disco-fueled streets of New York and the grand mansions of Mulholland Drive. With a cast of characters that include Robert De Niro, Harvey Keitel, Sam Peckinpah and many more, **INSOMNIA** is part comedy, part travelogue and an intimate portrait of a remarkable creative friendship, one that would explore the outer limits of excess and experience before returning to tell the tale.

**Robbie Robertson** was the guitarist and principal songwriter in the Band. He has produced many movie soundtracks for Martin Scorsese and others and continues to record as a solo artist. His most recent record, *How to Become Clairvoyant*, came out in 2011.

Publishers of *TESTIMONY*: Italian: *Jimenez Edizioni*; Japanese: *Diskunion*; Spanish: *Alfaomega*; UK/BC: *Heinemann/PRH*

**Rights sold:** UK/BC: *Hutchinson Heinemann/PRH*

 <p><b>Crown</b> September 2023 Hardcover Biography/Political</p> <p><b>Editor:</b> Libby Burton <b>Rights:</b> World <b>Co-Agents:</b> Crown <b>Status:</b> Manuscript September 2022</p>	<p><b>UNTITLED ON JILL BIDEN</b> <b>by Katie Rogers</b></p> <p>Jill Biden’s tenure as first lady of the nation as it recovers from a pandemic is a historically necessary project. But it should also be a cultural exercise, exploring, with deep reporting from the Obama, Trump and Biden administrations, how the very concept of an American first lady has been heading toward a revamp for years. It is particularly ripe for change during the post-Trump era, when many Americans are questioning existing power structures and how those structures affect women. Such a book would particularly engage readers who are becoming more involved in the political process.</p> <p>As a profile subject, Dr. Biden’s political life is defined by several compelling themes: her chosen and nontraditional family; her struggle with her own political identity; her initial discomfort with public life; and her lifelong tendency toward rebelliousness. She is as complex a first lady as any who has come before her, coming to power in a country that has never felt so complex, its problems so utterly unsolvable. It makes anything she decides to do as first lady not only historically relevant, but historically important.</p> <p><b>Katie Rogers</b> is the White House Correspondent for the <i>New York Times</i> and is currently covering the East Wing.</p>
 <p><b>Crown</b> June 2025 Hardcover Biography/Literary Figures</p> <p><b>Editor:</b> Libby Burton <b>Rights:</b> World <b>Co-Agents:</b> Crown <b>Status:</b> Manuscript June 2024</p>	<p><b>THE WOMAN WITH ONE HUNDRED FACES</b> <b>by Katherine Rowland</b></p> <p>The biography of Anaïs Nin, an artist who publicly stood for integrity above all else and yet chose to live in a cage of her own lies, drawing on unpublished material from Nin’s diaries as well as interviews with contemporary psychologists specializing in memory, trauma and sexuality, to examine Nin’s life through a modern lens.</p> <p><b>Katherine Rowland</b> is a writer based in Brooklyn, New York. Her work has appeared in <i>Aeon</i>, <i>The Financial Times</i>, <i>the Guardian</i>, <i>Psychology Today</i>, and <i>Nature</i>. She is also the former publisher of <i>Guernica Magazine</i> and the author of <i>THE PLEASURE GAP</i>.</p>



**Currency**  
 May 2022  
 Hardcover  
 Social Science

**Editor:** Paul Whitlatch  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript available

**THE NEW MEGATRENDS: *Seeing Clearly in the Age of Disruption***  
 by Marian Salzman

*“Long known for her third eye as a global trendspotter, Salzman’s must-read book synthesizes the events of the past few decades, from technology and politics to climate and polarization to paint an insightful, educated and entertaining look at our potential future. This should be mandatory reading for both leaders and concerned citizens.”*

—Lee Woodruff, journalist and New York Times bestselling author

Twenty years ago, people around the world prepared for the Y2K computer glitch that supposedly would bring the global economy to its knees. Rather than overnight disruption, humankind instead slipped gradually into two decades of economic and ecological turmoil, extremism, and divisiveness, all set against the backdrop of a newly global and digital civilization.

In this acutely observed guide, Marian Salzman, whose predictions in *Next: Trends for the Future* and *Next: Now* came uncannily close to reality in the '90s and the '00s, maps the course of human life from the bumpy turn of the millennium through the pandemic era, when chaos seemed to become the new normal. Salzman draws on the pattern-recognition techniques she has honed over decades, identifying the forces that are poised to shape the two decades ahead and making predictions.

Navigating deftly between scales and time periods, Salzman connects threads across business, civic life, consumerism, family, and entertainment. Her predictions provide gripping reading for anyone seeking to understand the shape and texture of the next era, which, above all, Salzman argues, will be marked by its relentless pace and technology-driven uncertainty.

**Marian Salzman** is a globally recognized trendspotter, whose work has taken her across the world. She is the author of *NEXT: Trends for the Near Future* (Overlook Press), which was a #1 bestseller in the Netherlands, and published in Australia and New Zealand (Pan Macmillan Australia), Germany (ECON), Norway (Cappelen), and Spain (Planeta). Salzman lives in Switzerland and Connecticut.

**Rights sold:** Chinese (simplified): *China Translation & Publishing*; Chinese (complex): *Domain*; Dutch: *Scriptum*



**Crown**  
 August 2023  
 Hardcover  
 Political Science/  
 International Relations

**Editor:** Kevin Doughen  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript January 2023

**LAST CHANCE**  
 by David E. Sanger

From the *New York Times*’ David Sanger, **LAST CHANCE** will be a first-take narrative of America’s descent into a new Cold War, using Sanger’s incredible access to Joe Biden and his foreign policy team to tell the story of America at a historical crossroads, in which we face challenges that will decide how we fare in the next great age of superpower conflict—where the challenges will be both technological and ideological, and wars will not be fought on land, but in cyberspace.

**David E. Sanger** is national security correspondent for the *New York Times* and bestselling author of *THE INHERITANCE* and *CONFRONT AND CONCEAL*. He has been a member of three teams that won the Pulitzer Prize, including in 2017 for international reporting. A regular contributor to CNN, he also teaches national security policy at Harvard’s Kennedy School of Government.



**Crown**

April 2024  
Hardcover  
Cooking / History

**Editor:** Madhulika Sikka  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript March 2023

**UNTITLED SHAIKH**  
**by Michael Nazir Shaikh**

From human rights activist Michael Shaikh, this will be a sweeping survey on how food and food culture are invisible casualties of war and political violence. From Syria to Sri Lanka, Afghanistan to Bolivia, Shaikh examines how a community’s sense of history and identity is lost when food traditions are lost, and the people who are trying to restore and reclaim their heritage.

**Michael Shaikh** is a climate and human rights activist and writer. He has investigated war crimes in Afghanistan and Sri Lanka, genocide in Myanmar and civilian casualties in Mali and Syria for organizations like the United Nations and Human Rights Watch. In 2014, he left the UN in protest to bring public and media attention to UN’s refusal to speak out against the genocide. Since then, he’s been at the forefront of tackling the climate crisis, helping the New York City Mayor’s Office embed human rights protections for the city’s most vulnerable communities into its multibillion-dollar climate agenda. Michael has written for *LitHub* and contributed commentary to *The New York Times*, *The Economist*, *The Financial Times*, *BBC*, *VICE*, *Foreign Policy*, *Al Jazeera*, *The Guardian*, and *PBS Newshour*. He lives in Brooklyn and cooks regularly for CHiPS, his neighborhood’s women’s shelter and soup kitchen.



**Crown**

September 2023  
Hardcover  
Biography &  
Autobiography / Political

**Editor:** Kevin Doughten  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
September 2022

**UNTITLED ON CHARLES SUMNER**  
**by John Stauffer**

A forthcoming biography of Charles Sumner, a United States Senator from Massachusetts, whose profound anti-slavery views and remarkably forward thinking on race and racial equality during the Civil War make him one of the most greatly underappreciated American statesmen in the nation's history.

**John Stauffer** is chair and professor of the History of American Civilization at Harvard University and the award-winning author of *THE BLACK HEARTS OF MEN* and other books on the Civil War era, including *GIANTS: The Parallel Lives of Frederick Douglass and Abraham Lincoln*. He lives in Cambridge, Massachusetts.



**Currency**  
September 2022  
Hardcover  
Business & Economics /  
Motivational

**Editor:** Derek Reed  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
available

**THE GIFT OF INFLUENCE: *Creating Life-Changing and Lasting Impact in Your Everyday Interactions***

**by Tommy Spaulding**

Bestselling author Tommy Spaulding reveals how the power of positive influence can empower us to make a lasting impact on everyone we meet, from chance encounters to our closest relationships.

Researchers believe that the average person will influence up to 80,000 people over the course of their lifetime. That's a stadium full of people whom each of us affect positively or negatively—sometimes without us knowing. What if we paid attention to this fact? Would we live differently? Would we lead differently? Would we take more time to put down our phones or work and instead focus on the person in front of us?

**THE GIFT OF INFLUENCE** is a manifesto on the everyday actions we can take to make a positive impact on the people we love and lead. By sharing stories from his life and from the exceptional leaders he has met and worked with over the years, Spaulding gives us a simple recipe for being intentional, showing up for others, and ultimately, transforming the lives each of us touch as we make our way through the world.

**Tommy Spaulding**, the founder and president of Spaulding Companies, a leadership-development consulting firm based in Denver, is the author of the *New York Times* bestselling book *IT'S NOT JUST WHO YOU KNOW* and the follow-up, *THE HEART-LED LEADER*. The former president and CEO of the global leadership organization *Up with People*, Tommy consults with and speaks to businesses and nonprofit organizations across the country more than 100 times a year.

Previous publishers of Tommy Spaulding: Chinese (simplified): *CITIC*; Polish: *MT Biznes*; Portuguese (Brazil): *Editora Prumo*; Russian: *Kariera Press*



**Crown**  
March 2024  
Hardcover  
True Crime / Historical

**Editor:** Gillian Blake  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript March  
2023

**THE WANTED**  
**by John Tayman**

The ultimate true crime story, a journey into the fascinating world of the FBI, its manhunters, America's most wanted criminals on the run, and the evolution of The Ten Most Wanted Fugitives list, which will include approximately twenty to twenty-five images.

**John Tayman** is editor at large of *Men's Health*. The former deputy editor of *Outside* magazine, he is an award-winning editor and writer, and has served as executive editor of *New England Monthly*, editor at large of *Men's Journal*, and contributing editor to *Life*, *GQ*, *People*, *Business 2.0*, and other publications. He lives in Northern California.



**Crown**  
 September 2023  
 Hardcover  
 Social Science / Death & Dying

**Editor:** Amanda Cook  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
 September 2022

**THE UNCLAIMED**  
**by Stefan Timmermans, Ph.D., and Pamela Prickett, Ph.D.**

Drawing on five years of original research, **THE UNCLAIMED** is a deep investigation of the lives of the unclaimed dead in Los Angeles, their families, the workers charged with tending their bodies, and the strangers who show up to mourn them, sparking a long-overdue conversation about where we're headed as a society and what we owe each other, in death and in life.

**Stefan Timmermans, Ph.D.** is Professor of Sociology at UCLA, and editor-in-chief of the journal *Social Science and Medicine: Qualitative Research in Health*. He is the author of nine books, including *DATA ANALYSIS IN QUALITATIVE RESEARCH* (University of Chicago, 2022). Dr. Timmermans was honored in 2019 by the American Sociological Association with a Lifetime Achievement Award.

**Pamela Prickett, Ph.D.** is Assistant Professor of Sociology at the University of Amsterdam, and the author of *BELIEVING IN SOUTH CENTRAL: Everyday Islam in the City of Angels* (University of Chicago Press, 2021). Prickett is former broadcaster and an award-winning writer, whose work has appeared in *Social Problems, Gender & Society, City & Community*, and other academic journals.



**Crown**  
 February 2023  
 Hardcover  
 True Crime / Con Artists

**Editor:** Libby Burton  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
 available

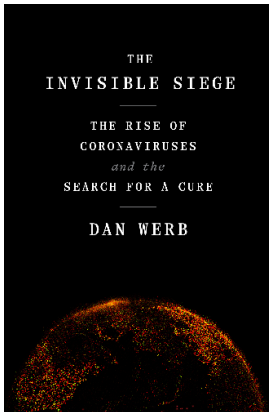
**THE CURSE OF THE MARQUIS: A Notorious Scoundrel, a Mythical Manuscript, and the Biggest Scandal in Literary History**  
**by Joel Warner**

Described as both “one of the most important novels ever written” and “the gospel of evil,” *120 Days of Sodom* was penned by the Marquis de Sade, a notorious eighteenth-century aristocrat who waged a campaign of mayhem and debauchery across France, evaded his own execution, and inspired the word “sadism,” the term for receiving pleasure from pain. But of all his crimes, Sade considered *120 Days of Sodom* his greatest transgression. Composed in the bowels of the Bastille in Paris, the tiny scroll on which it was written would embark on a centuries-spanning odyssey across Europe as it passed hands from Victorian banned book collectors and pioneering sex researchers to avant-garde artists, and hidden away from Nazi book burnings.

In 2014, when Gérard Lhéritier, the self-made son of a plumber who used his upstart investment company Aristophil to upend France’s renowned book market, bought the manuscript, many heralded its return to France. Instead, the sale brought to light festering government vendettas, feuding antiquarian booksellers, manuscript sales derailed by sabotage, phony historical documents, a record-breaking lottery jackpot, and allegations of a decade-long billion-euro con, the specifics of which, if true, would make the scroll part of France’s largest-ever Ponzi scheme.

Told with gripping reporting and flush with deceit and scandal, **THE CURSE OF THE MARQUIS** weaves the sweeping odyssey of *120 Days of Sodom*, an emblem of social and political revolution, and the spectacular rise and fall of Lhéritier, once the “King of Manuscripts” and now the Bernie Madoff of France. And at the center of these braided narratives resides an urgent question for all those who cherish the written word: As the age of handwriting comes to an end, what is the value of the original texts left behind?

**Joel Warner** is the co-author of *THE HUMOR CODE: A Global Search for What Makes Things Funny* (Simon & Schuster, 2014). He was a staff writer for *International Business Times*, focusing on the cannabis industry, and has written for *Esquire, WIRED, Men’s Journal, Men’s Health, Bloomberg, Businessweek, Popular Science, Slate, and Grantland*. His narrative nonfiction has earned accolades from the James Beard foundation Journalism Awards, The Casey Medals for Meritorious Journalism, the Dart Awards for Excellence in Coverage of Trauma, among many others. He lives in Denver, Colorado, with his wife and two children.



**Crown**

March 2022

Hardcover

Disease & Health Issues /  
History

**Editor:** Kevin Doughten

**Rights:** World

**Co-Agents:** Crown

**Status:** Final PDF available

**THE INVISIBLE SIEGE: *The Rise of Coronaviruses and the Search for a Cure***  
**by Daniel Werb**

Epidemiologist Dan Werb traces the coronavirus family history stretching back centuries to show the science of earlier coronaviruses that affected humans. In the process, he weaves another kind of family story: a fascinating look into a group of epidemiologists and virologists who over the last two decades saw the threat that coronaviruses posed and worked to stop their spread.

There's Bob Branham, who sequenced SARS in 2003 and became one of the first scientists to attempt open-source information-sharing to battle pandemics. There's Ian Lipkin, the virologist who discovered the animal source of MERS and is now leading the charge to develop a reliable rapid COVID test. And there's Ralph Baric, the undisputed godfather of coronavirus research, who has been quietly building his own collection of massively virulent coronaviruses in his lab at UNC Chapel Hill in order to understand them. He believes that a coronavirus vaccine will not work—only a drug that could essentially treat almost any coronavirus would be the key to ending our current crisis and preventing future scourges. Baric's enterprise has only recently paid off since he began a collaboration in 2018 with another brilliant (if mercurial) scientist, Aled Edwards, who spent 15 years building a global open-source science enterprise meant to get around the structural and financial red tape that keeps academic scientists from sharing their discoveries. Together they have been working on a silver bullet treatment, and they're getting closer to finding it.

**THE INVISIBLE SIEGE** is a unique story written by an expert in the field and by someone who is also a strong writer, capable of bringing the science to readers in an accessible way. The broad focus resonates well beyond the COVID-19 crisis and will appeal not only to readers of Gina Kolata's *FLU* or John Barry's *THE GREAT INFLUENZA*, but also potentially to fans of David Quammen or Siddhartha Mukherjee.

**Dan Werb, PhD**, is an epidemiologist and policy analyst with expertise in Human Immunodeficiency Virus (HIV), addictions, and drug policy. Dr. Werb is a Research Scientist at the Li Ka Shing Knowledge Institute (LKSKI) at St. Michael's Hospital in Toronto. He is also an Assistant Professor in the Division of Global Public Health at the University of California, San Diego, where he is Principal Investigator of PRIMER: Preventing Injecting by Modifying Existing Responses, a five-year multi-site cohort study tasked with developing interventions to preventing entry into injection drug use.

**Rights sold:** Romanian: *Editura Art*



**Crown**  
 June 2023  
 Hardcover  
 Biography / African  
 American & Black

**Editor:** Libby Burton  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript June  
 2022

**BEING SEEN: *The Art of Becoming Ourselves***  
**by Denise Young-Smith**

A practical road map for seeing the best in yourself and others, told through deeply personal stories from one of the most powerful Black women in Silicon Valley.

Denise's life has been an incredible journey, culminating with her role as Apple's first-ever vice president of inclusion and diversity and worldwide chief of human resources, none of which could have been possible without Denise recognizing the potential in herself, acting on it, and in turn, seeking out that potential for greatness in others. *Being Seen* is the story of Denise's journey through the development of her own sense of confidence and self-worth, which led her to a place of authentic fullness. It's about learning lessons, in unusual ways, from unusual sources. Denise shares insights from her singular career on how to use body language, focus, empathy, and more to unlock the potential in yourself and others.

This inspiring and compelling book challenges us to find a more humanistic understanding of what it means to be diverse, inclusive, and present to our human condition, so we can create a more equitable and vibrant world together.

**Denise Young Smith** held a variety of executive roles at Apple, including building the talent machine for the company's retail store initiative, taking the chain to over 400 stores globally before being promoted to the Chief HR role, reporting to Apple's CEO, Tim Cook. She served also as Apple's first ever vice president of inclusion and diversity, leading the company's efforts to see its full ecosystem become as inclusive as possible. Denise has been named a "Most Powerful Woman" by *Ebony Magazine* and *Black Enterprise*, has been named one of "100 Most Influential in Silicon Valley" by *Business Insider*, and has been featured in *Fortune's* "Most Powerful Women" issue.



**Crown**  
 November 2023  
 Hardcover  
 Music / History & Criticism

**Editor:** Gillian Blake  
**Rights:** World English  
**Translation:** ICM (Sloan  
 Harris)  
**Status:** Manuscript  
 November 2022

**NEBRASKA**  
**by Warren Zanes**

A book on the inside story of the making—and the musical/cultural relevance—of Bruce Springsteen's album *Nebraska*.

**Warren Zanes** is an American musician and writer who has been known as guitarist for The Del Fuegos, as a solo artist, and as the biographer of Tom Petty. He has been on the faculty at several American universities. His writing has appeared in the *Oxford American*, the *Los Angeles Times*, *Rolling Stone*, the *Cleveland Plain Dealer*, and more. He has written books about the history of Warner Bros. Records and Dusty Springfield's *Dusty in Memphis* and coedited a collection of writings on Jimmie Rodgers. He was a consulting producer on Morgan Neville's Oscar-winning documentary *20 Feet from Stardom* and conducted interviews for Martin Scorsese's *George Harrison: Living in the Material World*. A former vice president of education and programs at the Rock and Roll Hall of Fame and Museum, he is currently the executive director of Steven Van Zandt's Rock and Roll Forever Foundation.

# Harmony and Rodale



**HARMONY**  
BOOKS

**Harmony**

February 2023

Hardcover

Health / Longevity

**Editor:** Diana Baroni

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript April 2022

**OUTLIVE: *The Science and Art of Longevity***  
by Peter Attia

Visionary thinker and renowned longevity physician Peter Attia reimagines medicine and redefines aging through his innovative science-based strategies to maximize longevity.

To Peter Attia, longevity does not mean merely living longer. He sees longevity as the opportunity to live better for longer. But, accomplishing this requires a complete change in the way we think about and approach health and wellness. Attia proposes an exciting, new vision of Western medicine that reframes our thinking and our actions.

Attia’s goal is to shift the mindset we currently have in medicine that focuses on solving the health issue once it arises to assessing the risks and customizing treatment before they actually occur. He calls this Medicine 3.0, a new way of thinking about chronic diseases, their treatment, and how to maintain long-term health. Most books and physicians are interested in improving your lifespan (how long you live), but Peter’s focus is on improving healthspan (the quality of your life). In **OUTLIVE**, Attia shows readers exactly how to do this through nutritional interventions, exercise physiology, sleep physiology, emotional and mental health strategies, and pharmacology.

**Peter Attia, MD** is a physician focusing on the applied science of longevity. He trained for five years at the Johns Hopkins Hospital in general surgery, where he was the recipient of several prestigious awards. Attia is the co-founder and Chief Medical Officer of the fasting app Zero. He is also on the editorial board for the journal, *Aging*. And has a podcast called *The Drive*. He is the expert that the “big names” of the world get their medical information from.



**CAT & NAT'S MOM SECRETS: *Coffee-Fueled Confessions from the Mom Trenches***  
by Catherine Belknap and Natalie Telfer

In the follow-up to their bestselling debut CAT & NAT'S MOM TRUTHS, hilarious moms and best friends Cat and Nat (who have more than 1.5 million fans on social media) go deeper than ever before with outrageous confessions and hilarious rants that let every mom know she's not alone.

With seven kids between them, Cat and Nat have connected with their audience by sharing their completely real take on the stress, guilt, and joy of being a mom. Fiercely committed to dismantling the perfection myth, their viral videos give the real story on everything from sleep to sex.

Cat and Nat's first book shared short dispatches from the trenches that struck a nerve with moms everywhere, but now they're going deeper (as so many of the experiences of parenthood demand a longer format). They've also tapped into their incredible community to gather 'momfessions'—small moments of truth that are private, sometimes wildly funny, but also universal. Cat and Nat are committed to helping moms overcome guilt and feel a sense of community during this often isolating time of life using their secret weapon—humor. With more outrageous admissions, hilarious advice, and deep comfort, **CAT & NAT'S MOM SECRETS** is the follow up their community is asking for.

**Catherine Belknap** and **Natalie Telfer** have been best friends since they were teens, and now their video series of "mom truths" about everything from sleep to sex has turned them into viral sensations.

Publishers of CAT & NAT'S MOM TRUTHS: Hungarian: *Publish and More Kft*; Mongolian: *Erdmet Gegeen Publishing*; Romanian: *Lifestyle Publishing House*; Russian: *JSC Publishing House*

**Rodale**

March 2022

Trade Paperback

Family & Relationships

**Editor:** Donna Loffredo

**Rights:** World

**Co-Agents:** Crown

**Status:** Final pdf available



**RODALE**

**Rodale**

September 2023  
Hardcover  
Health & Fitness /  
Women's Health

**Editor:** Diana Baroni  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
September 2022

**THE HORMONE SHIFT**  
by Dr. Tasneem Bhatia

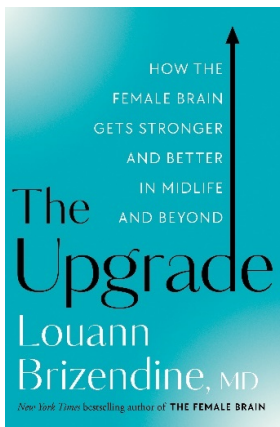
Praise for Dr. Bhatia's previous book SUPER WOMAN RX:

*"SUPER WOMAN RX eloquently manifests the notion of knowledge leading to empowerment. This is rich information in a totally actionable presentation that opens the door for women's health."*

—David Perlmutter, MD, *New York Times* bestselling author of **GRAIN BRAIN** and **BRAIN MAKER**

An east-meets-west approach to the ever-shifting hormones women experience throughout their lives, explaining the science behind the spectrum and offering plans to keep the body in balance.

**Tasneem Bhatia, M.D.**, is a board-certified physician, the founder and medical director of the Atlanta Center for Holistic and Integrative Medicine, and a fellow at the Arizona Center for Integrative Medicine of the University of Arizona (led by Dr. Andrew Weil). Best known as Dr. Taz, M.D., she has been featured on The Dr. Oz Show, Today, Live with Kelly and CNN.



**Harmony**

April 2022  
Hardcover  
Health & Fitness /  
Women's Health

**Editor:** Donna Loffredo  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Final pdf available

**THE UPGRADE: How the Female Brain Gets Stronger and Better in Midlife and Beyond**  
by Louann Brizendine, M.D.

*"The author's mastery of scientific research impresses, as does her accessible and authoritative delivery. Blending academic rigor with self-help practicability, this is an optimistic and well-observed take on the benefits of life's second half for women."*—**Publishers Weekly**

*"This is an important book. I want all women to read it. I wish I had read it years ago!"*—**Jane Fonda**

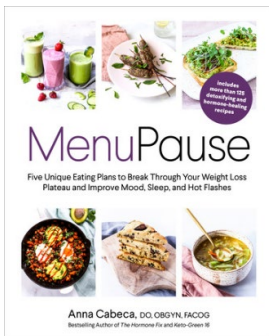
The *New York Times* bestselling author of **THE FEMALE BRAIN** explains how the female brain changes for the better in midlife, reframing the patriarchal term "menopause" as "The Upgrade" and inspiring women to unlock their full potential.

When Louann Brizendine published **THE FEMALE BRAIN**, it was a game-changer for its profound scientific understanding of how women think, communicate, and feel. Now, Brizendine uses her unique ability to make science approachable to offer an empowering vision of the years in a woman's life that have too often been ignored or misunderstood, creating a positive new framework while never using the words perimenopause or menopause (with their suggestions of obsolescence). With clear prescriptive advice, she also offers specific ways women can fend off dementia; increase longevity, well-being, and sexuality; and find their best selves at this stage of life. **THE UPGRADE** celebrates women stepping into their power with its radically positive understanding of aging.

**Dr. Louann Brizendine, MD**, is a clinical professor of psychiatry at the University of California, San Francisco (UCSF). She is founder and director of the Women's Mood and Hormone Clinic and the Teen Girl Mood and Hormone Clinic and is the author of **THE FEMALE BRAIN** and **THE MALE BRAIN**.

Publishers of Louann Brizendine (active): Chinese (simplified): *Hunan Science & Technology*; Italian: *Rizzoli Libri*; Japanese: *Pan Rolling*; Korean: *Woongjin Think Big Co*; Lithuanian: *Leidykla Baltos Lankos*; Romanian: *Grup Media Litera*; Russian: Eksmo; Slovene: *Modrijan Založba*; UK/BC: *Transworld*; Spanish: *PRH*

**Rights sold:** Chinese (simplified): *China Translation and Publishing*; Spanish: *PRH*; Turkish: *Say Yayinlari*; UK/BC: *Hay House*



**MENUPAUSE: Five Unique Eating Plans to Break Through Your Weight Loss Plateau and Improve Mood, Sleep, and Hot Flashes**  
by Anna Cabeca

*“Dr. Cabeca shows us how to take charge of our health in midlife, using the power of food to start feeling better—and find optimal weight, improved mood and more energy along the way!”—Izabella Wentz, PharmD, New York Times bestselling author of HASHIMOTO’S PROTOCOL*

More than 125 detoxifying and hormone-healing recipes to reduce the symptoms of perimenopause and menopause, from the bestselling author of THE HORMONE FIX and KETO-GREEN 16.

A major hormonal shift in every woman’s life, menopause heralds a time of new freedoms, potential, and empowerment. But this necessary shift often also brings with it uncomfortable symptoms like brain fog, reduced libido, joint pain, constipation, and hot flashes. And even while eating and exercising as usual, most menopausal women also experience frustrating weight gain. But food is a direct hormone regulator, so when hormones shift, we must shift as well. Drawing inspiration from the cuisines of countries where women experience fewer menopausal symptoms, Dr. Anna Cabeca offers five unique, six-day eating plans that put a “pause” on the use of symptom-exacerbating ingredients. With more than 125 delicious recipes—many of which fit more than just one eating plan—**MENUPAUSE** is your guide to a more comfortable menopausal transition, and ensures you won’t go hungry in the process!

**Anna Cabeca, DO, OBGYN, FACOG**, is triple-board certified and a fellow of gynecology and obstetrics, integrative medicine, and anti-aging and regenerative medicine. She has special certifications in functional medicine, sexual health, and bioidentical hormone replacement therapy. The author of the *USA Today* bestseller THE HORMONE FIX and KETO-GREEN 16. She has been interviewed by all the major television networks and has been featured in *InStyle*, *HuffPost*, and *MindBodyGreen*.

Publishers of Anna Cabeca: French: *Thierry Souccar Editions*; Russian: *Eksmo*; Spanish: *PRH*; UK/BC: *Quercus*

**Rodale**

April 2022  
Hardcover  
Health & Fitness / Menopause

**Editor:** Marnie Cochran  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Final pdf available

**Title Specs:**

Trim Size: 7 3/8 x 9 1/8 in  
Page Count: 304 pages  
Illustrations: 50 4C photographs  
Price: \$27.99



**Rodale**

January 2024  
Hardcover  
Health & Fitness / Exercise

**Editor:** Donna Loffredo  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** First pass estimated December 2022

**Title Specs:**

Trim Size: 7 3/8 x 9 1/8 in  
Page Count: 352 pages  
Illustrations: 100 b/w photos throughout; charts  
Price: \$25.99

**ATHLEANX’S TRAIN LIKE AN ATHLETE: Intelligent Training to Build the Ultimate Body**  
by Jeff Cavaliere

The new bible of bodybuilding from the sought-after trainer behind YouTube's #1 fitness channel, featuring his signature science-based approach to functional training.

AthleanX puts the science into strength training. This unique strength training and conditioning program—including plans for nutrition and supplementation as well as step-by-step guides to the exercises—gives users the lean, muscular, functional bodies of professional athletes. Other fitness books and programs are based on a bodybuilding model, which can make you look stronger, but Jeff Cavaliere shows you how to hit the gym without falling into the common "bro" traps: poor posture and flexibility, muscle imbalances, joint stiffness, pain, and injury. His sports-medicine-based approach centered on injury prevention has earned him his rabid, massive fanbase.

In **ATHLEANX'S TRAIN LIKE AN ATHLETE**, Cavaliere goes deeper into his philosophy of functional training than he ever has. The book includes 100 step-by-step photos of Jeff demonstrating proper form for injury and pain prevention as well as Jeff's essential program for intelligent training, plus nutritional and supplementation plans.

**Jeff Cavaliere, MS PT CSCS**, is a highly sought after personal trainer to elite athletes, wrestlers, and MMA fighters. Today he runs the wildly popular YouTube channel AthleanX (across platforms he has over 7 million followers; he posts 3 videos a week, with a number of videos have over a million views), which brings intelligent training to the everyday gymgoer.

**Rights sold:** Chinese (complex): *Owl Publishing House*



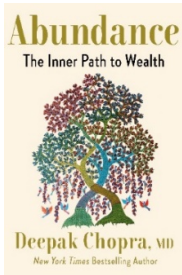
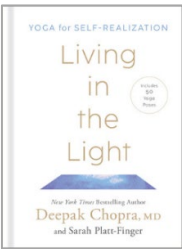
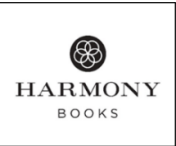
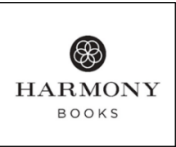
Health and wellness icon  
and bestselling author.

# DEEPAK CHOPRA

**Editor:** Diana Baroni  
**Rights:** World  
**Co-Agents:** Crown

*Below are our forthcoming books on the Harmony list from bestselling author Deepak Chopra. We will also be publishing several gift products from Deepak Chopra on our Clarkson Potter list, including a tie-in deck of yoga poses for LIVING IN THE LIGHT.*

**Deepak Chopra, M.D., FACP**, founder of the Chopra Foundation and Chopra Global, is a world-renowned pioneer in integrative medicine and personal transformation. Chopra is a clinical professor of family medicine and public health at the University of California, San Diego, and serves as a senior scientist with Gallup Organization. He is the author of more than ninety books translated into forty-three languages, including numerous *New York Times* bestsellers. *Time* magazine has described Dr. Chopra as "one of the top 100 heroes and icons of the century." *Full list of previous publishers available by request.*

<p><b>ABUNDANCE</b> <i>The Inner Path to Wealth</i> by Deepak Chopra</p> <p><b>March 2022</b> Hardcover Self-Help/Spiritual Final pdf available</p>	 <p>An enlightening guide to success, fulfillment, wholeness, and plenty, offering practical advice on how to cultivate a sense of abundance in times of fear and insecurity, from <i>New York Times</i> bestselling author Deepak Chopra.</p> <p><b>Rights sold:</b> Arabic: <i>Dar Al Khayal</i>; Bulgarian: <i>Bard Publishing House</i>; Chinese (complex): <i>China Times</i>; Dutch: <i>Gottmer Uitgevers</i>; Finnish: <i>Viisas Elama</i>; German: <i>PRH</i>; Hebrew: <i>Modan</i>; Korean: <i>CHUNG-A</i>; French: <i>Editions de la Maisnie</i>; Portuguese (Brazil): <i>Alaude Editorial</i>; Portuguese (Portugal): <i>PRH</i>; Romanian: <i>Bookzone</i>; Russian: <i>Eksmo</i>; Spanish: <i>Alfaomega &amp; PRH</i>; Swedish: <i>Brafo</i>; Thai: <i>Phuong Nam Book Company</i>; UK/BC: <i>Rider/PRH</i></p>
<p><b>LIVING IN THE LIGHT</b> <i>Yoga for Self-Realization</i> by Deepak Chopra and Sarah Platt-Finger</p> <p><b>January 2023</b> Hardcover Health &amp; Fitness / Yoga Manuscript available</p>	 <p>Deepak Chopra's groundbreaking guide to the philosophy and practice of Yoga will help you reach your highest potential and a deeper understanding of self. This eight-week program mirrors the eight stages of transformation in Yoga: Social Intelligence, Emotional Intelligence, Body Awareness, Breath of Life, Staying in the Light, The Power of Attention, Transcendence, and Wholeness. In each stage, you'll learn to bring light into every facet of existence. Including 50 yoga poses (with illustrations) from Deepak's co-author and long-time private Yoga instructor Sarah Platt-Finger, this guide will help you achieve a state of total awareness.</p> <p><b>Rights sold:</b> Dutch: <i>Gottmer Uitgever</i>; UK/BC: <i>Rider/PRH</i></p>
<p><b>THE FUTURE OF YOU</b> by Deepak Chopra</p> <p><b>October 2023</b> Hardcover Self Help / Green Lifestyle Manuscript October 2022</p>	 <p>A manifesto detailing how to make small changes within yourself that will impact the outer world and benefit the planet.</p> <p><b>Rights sold:</b> UK/BC: <i>Rider/PRH</i></p>
<p><b>TOWARD QUANTUM MEDICINE</b> by Deepak Chopra with Dr. Jack Tuszynski and Brian Fertig, M.D.</p> <p><b>February 2024</b> Hardcover Health / Self-Help Manuscript February 2023</p>	 <p>Deepak Chopra will return to his revolutionary work with quantum biology and outline how quantum physics holds the answers to issues plaguing the body like inflammation, stress, and aging. For this one, he'll team up with Dr. Jack Tuszynski, quantum physicist and a professor of oncology, and Brian Fertig, M.D., Diabetes &amp; Metabolism specialist and Endocrinologist.</p>



**RODALE**

**Rodale**

May 2023  
Trade Paperback  
Health & Fitness / Diet &  
Nutrition

**Editor:** Diana Baroni  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** First pass  
estimated May 2022

**Title Specs:**

Trim Size: 7-3/8 x 9-1/8 in  
Page Count: 256 pages  
Illustrations: 25-30 4C  
photos  
Price: \$22.00

**THE HORMONE HEALING COOKBOOK: 80+ Recipes to Balance Hormones and Treat Fatigue, Brain Fog, Insomnia, and More**  
by Dr. Alan Christianson

Discover cutting edge dietary solutions to hormone imbalances with from integrative physician and *New York Times* bestselling author of THE ADRENAL RESET DIET.

Much of our everyday well-being is contingent on our hormones. As hormones change from lifestyle, diseases, and aging, so too does quality of life. The top five symptoms of hormone imbalance include weight gain, fatigue, hot flashes, brain fog, and insomnia. Thankfully, the right foods can help regulate and heal your hormones. With 80 recipes, photos, and dietary solutions geared towards alleviating these top five symptoms along with boosting your metabolism, **THE HORMONE HEALING COOKBOOK** will help you choose the best foods to treat your symptoms, returning your body to a state of balance.

**Alan Christianson, NMD**, author of the *New York Times* bestselling book THE ADRENAL RESET DIET, is a naturopathic medical doctor who specializes in natural endocrinology with a focus on thyroid disorders. He founded Integrative Health, a physician group dedicated to helping people with thyroid disease and weight-loss resistance regain their health.

Publishers of Dr. Alan Christianson: Bulgarian: *Vdahnovenia*; Chinese (complex): *Global Group Holdings*; Chinese (simplified): *Ginkgo*; German: *Goldmann/PRH*; Polish: *Janusz Nawrocki*; Russian: *Piter Class*; Spanish: *Ediciones Obelisco*; UK/BC: *Hay House*



**Goop Press**

March 2023  
Hardcover  
Health & Fitness

**Editor:** Diana Baroni  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** First pass  
estimated April 2022

**Title Specs:**

Trim Size: 7 3/8 x 9 1/8 in  
Page Count: 288 pages  
Illustrations: 1 16-page 4C  
insert  
Price: \$27.99

**SHAMEFLAMMATION: Resolve Stress and Trauma and Heal Your Body with the 30-Day Gut Feeling Plan**  
by Dr. Will Cole

A revelatory framework for understanding the connection between the gut, your emotions, and your diet, offering a plan to reset your relationship with food while soothing inflammation—from the *New York Times* bestselling author of INTUITIVE FASTING and KETOTARIAN.

It's easy to suffer from frustration and confusion when it comes to nutrition and health. With so much focus on what, when, and how to eat, the emotional component of dieting tends to get left behind. Dr. Will Cole sheds light on the important connection between thoughts, emotions, and the body, showing how stress and shame surrounding food choices can cause gut inflammation and sabotage your physical health. Dr. Cole will give readers the tools to reevaluate their relationship with food and nourish their minds and bodies, bringing three focal points into each meal: head (healthy fats and clean protein), hormones (superfoods and fiber), and heart (mind and spirit). His 30-Day Gut Feeling plan, along with fifty healing recipes, will provide dietary prescriptions alongside mindfulness techniques to help bridge the gap between your emotions and your health. By neutralizing the anxiety around dieting, you can detox from restrictive diet plans and experiment with food and lifestyle changes in a constructive way.

**Dr. Will Cole** is a leading functional medicine expert specializing in thyroid issues, autoimmune conditions, hormonal dysfunctions, digestive disorders, and brain issues. Dr. Cole consults people around the world via webcam at [www.drwillcole.com](http://www.drwillcole.com)

Publishers of INTUITIVE FASTING: Bulgarian: *Vdahnovenia*; Chinese (complex): *Acme*; Czech: *Gorila*; Dutch: *Prometheus*; Italian: *HarperCollins Italia*; Polish: *Janusz Nawrocki*; Portuguese (World ex. Brazil): *Group LeYa*; Slovene: *Ucila*; Spanish: *Ediciones Obelisco*; UK/BC: *Hodder & Stoughton*



**Rodale**

September 2023  
Hardcover/POB  
Health & Fitness / Diets

**Editor:** Diana Baroni  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** First pass  
estimated September 2022

**Title Specs:**

Trim Size: 7 3/8 x 9 1/8 in  
Page Count: 288 pages  
Illustrations: 4C photos  
throughout  
Price: \$27.99

**ROCCO'S EAT TO HEAL**  
by Rocco DiSpirito

#1 *New York Times* bestselling author and celebrity chef shares his healing diet and cooking program to prevent inflammation and treat chronic pain from the celebrity chef, restaurateur, bestselling author and former ironman competitor.

One image you never see of Rocco DiSpirito is him in a wheelchair, immobile in his home, or in physical therapy learning to walk again. Being the primary caretaker for his mother for more than a decade, DiSpirito neglected his own needs. He'd suffered from back issues his whole life--exacerbated by the physical toll most chefs experience as part of the job--and eventually underwent emergency spinal surgery that left him an invalid for a time.

This severe back pain led to weight issues and an untenable existence. After many doctors, chiropractors, and physical therapists, famed chef Rocco DiSpirito turned to food for healing--and it changed his life. Combining his gourmet sensibility with his nutritional knowledge of the healing properties of food, **ROCCO'S EAT TO HEAL** emerged. With his new book, he has created a program incorporating foods that reduce inflammation and pain throughout the body, with weight loss as an added bonus. He includes tips and cooking strategies, along with daily meal plans. With about 80 plant-based keto recipes, Rocco will help readers create anti-inflammatory meals that are both delicious and curative.

**Rocco DiSpirito** is a James Beard Award-winning chef, healthy lifestyle expert, and author of 14 books, including three #1 *New York Times* bestsellers. Rocco has starred on numerous television shows and is frequently featured as a food and weight loss expert in print and online media.



**Rodale**

May 2023  
Hardcover  
Self-Help / Green Lifestyle

**Editor:** Matthew Benjamin  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript August  
2022

**THE SCARCITY BRAIN: Rewire Your "More" Mindset and Learn to Thrive with Enough**  
by Michael Easter

A new big idea book from the author of *THE COMFORT CRISIS* that offers a mix of scientific narrative and investigative journalism, revealing why humans are hardwired to crave more and how that drive is now putting us and our planet in peril, and what we can all learn from the extraordinary individuals and cultures that have found satisfaction and sustainability living with less.

Since the emergence of life on Earth, more has made sense; having more food, shelter, and sex simply made it easier to survive. We're engineered to constantly crave more. Our hardwired "scarcity brain" compels us to eat more, buy more, and do more, even when it doesn't make us happy. In the wake of the pandemic, scarcity brain has gone into overdrive, and our insatiable desire for abundance make us sick and ultimately threatens our planet.

Easter traveled the world to find visionaries who offer solutions to our collective scarcity brain--from profound lessons in healthy living from a lost Amazonian tribe to what a champion Naked and Afraid competitor can teach us about appreciating all that we already have, sharing unexpected ways to thrive on enough.

**Michael Easter** is a contributing editor at *Men's Health* magazine, columnist for *Outside* magazine, and professor at the University of Nevada, Las Vegas. His work has appeared in more than sixty countries and can also be found in *Men's Journal*, *New York*, *Vice*, *Scientific American*, *Esquire*, and others.



**Rodale**

February 2023

Hardcover

Family & Relationships

**Editor:** Michele Eniclerico

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript April 2022

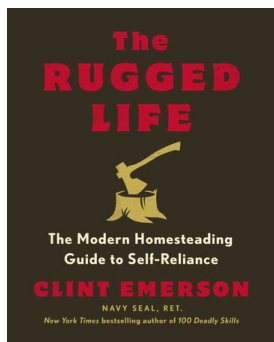
**WE GOT THIS: *Navigating Love, Sex, Marriage, and Everything in Between***  
by Khadeen and Devale Ellis

The stars of the YouTube show *The Ellises* and hosts of the Webby award-winning podcast *Dead Ass* share the core pillars of their relationship as Black millennial lovers and parents that have allowed them to thrive in marriage.

After ten years of marriage, eighteen years together, and four kids, Devale and Khadeen Ellis have been through a lot. They've become one of the Internet's favorite couples over the years, chronicling their day-to-day life and often hilarious moments with their boys. Now they're sharing the messy, behind-the-scenes work of what it takes to succeed together and support one another in their search for individual purpose, while growing in their marriage.

With honesty and transparency, they discuss family, parenting, sex and intimacy, finances, and commitment, giving their individual and collective experience, advice, and struggles with each topic. Khadeen and Devale normalize hard conversations about monogamy in marriage, traditional gender roles, and resolving old traumas to build a stronger relationship. Their personal and relatable truths will inspire readers to level up in their own lives and nurture a healthy, loving relationship.

**Devale Ellis** is a former NFL player turned actor, currently lead on Tyler Perry's *Sistas* on BET. **Khadeen Ellis** is a TV host and three-season alum of the OWN docuseries *Black Love*. Their podcast, *Dead Ass*, covers love, sex, and marriage, with notable guests including Joe Biden, Louis Carr, Tiffany Aliche, Shan Boodram, and many others.



**Rodale**

May 2022

Trade Paperback

Self-Help / Outdoors

**Editor:** Matthew Benjamin

**Rights:** World

**Co-Agents:** Crown

**Status:** Materials available

**THE RUGGED LIFE: *The Modern Guide to Self-Reliance***  
by Clint Emerson

From the *New York Times* bestselling author and star of the hit reality show *SAS Australia*, an approachable and comprehensive guide to living off-the-grid and increasing self-sufficiency.

Modern homesteading applies purposeful living and pioneering knowhow (efficient home building, gardening, raising animals, hunting, being handy, situational awareness) to the challenges of today. It's about pushing yourself a little (or a lot). Whether you decide to farm your own food and use waste from your toilet for compost, or retro-fit your home with solar and keep a chicken coop in the backyard or simply grow the salad for your dinner from your windowsill garden in a city, it's up to you. You can homestead and live a rugged life in a suburb or in the middle of your twenty-acre sanctuary.

With hundreds of step-by-step illustrated pioneering skills and projects, **THE RUGGED LIFE** is for everyone who feels they can use more adventure, freedom, and choice in their lives and is ready to get out of their comfort zone and try new, hard things.

**Clint Emerson** is a retired Navy SEAL with twenty years of service with the Special Operations community. He's the bestselling author of the 100 Deadly Skills series and is an expert on Season 4 of the reality show, *SAS Australia*.

**Title Specs:**

Trim Size: 7 3/8 x 9 1/8 in

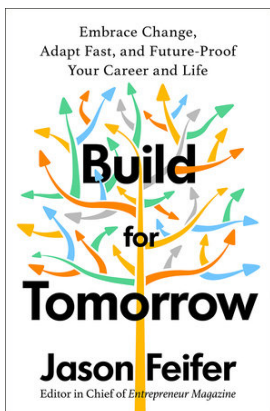
Page Count: 272 pages

Illustrations: b/w line

drawings throughout

Price: \$20.00

Previous publishers of Clint Emerson: Chinese (complex): *Motifpress*; Chinese (simplified): *Gingko*; German: *MVG*; Greek: *Eurobooks*; Hungarian: *XXI Szazad*; Japanese: *Mikasa Shobo*; Portuguese (Portugal): *Clube do Autor*; Spanish: *La Esferea de los Libros*; Russian: *Alpina*; Thai: *WeLearn*; Turkish: *Pegasus Yayinlari*; Ukranian: *Krajina Mriy*; Vietnamese: *Dinh Ti*



**Harmony**  
September 2022  
Hardcover  
Motivational / Business

**Editor:** Matthew Benjamin  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript available

## **BUILD FOR TOMORROW: An Action Plan for Embracing Change, Adapting Fast, and Future-Proofing Your Career**

**by Jason Feifer**

Adapt more quickly and use the power of change to your advantage with this guide from the editor in chief of *Entrepreneur* magazine and host of the *Build for Tomorrow* podcast.

We experience change in four phases. The first is panic. Then we adapt. Then we find a new normal. And then, finally, we reach the phase we could not have imagined in the beginning, the moment when we realize that we wouldn't go back.

**BUILD FOR TOMORROW** is designed to accelerate that process—to help you lessen your panic, adapt faster, define the new normal, and thrive going forward. And it arrives as we all, in some way, have felt a shift in our lives. The pandemic forced a moment of collective change, and we are still being forced to make new plans and adjustments to our lives, families, and careers. Many of us will never go back, continuing to work from home, demanding higher wages, or starting new businesses.

To help people along this journey, Feifer offers stories, lessons, and concrete exercises from the most potent sources of change in our world. He speaks to the world's most successful changemakers—from global celebrities like Dwayne "The Rock" Johnson and Maria Sharapova to innovative CEOs and Main Street heroes—to learn how they decide what to protect, what to discard, and how to move forward without fear. He also draws lessons from history, looking at how massive changes across time can help us better understand the opportunities of today.

We cannot anticipate tomorrow's needs, but it shouldn't take a crisis to push us forward. This book will show you how to make change on your own terms.

**Jason Feifer** has worked as an editor at *Men's Health*, *Fast Company*, *Maxim*, and *Boston* magazine and has written about business and technology for the *Washington Post*, *New York Times*, and *Slate*. With intimate access to the world's greatest and most influential change-makers, he has spent years studying how change happens and how the most successful people have adapted. He is also the host of the popular podcast *Pessimists Archive*, a deeply researched show that explores the history of our resistance to change.

**Rights sold:** UK/BC: *John Murray Press*



**Goop Press**

January 2023  
Hardcover/POB  
Cooking – International

**Editor:** Donna Loffredo  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** First pass  
estimated July 2022

**Title Specs:**

Trim Size: 7 3/8 x 9 1/8 in  
Page Count: 256 pages  
Illustrations: 40-50 4C  
photographs  
Price: \$26.99

**EATING FROM OUR ROOTS: 80+ Nourishing Home-Cooked Favorites from Cultures Around the World: A Cookbook**

**by Maya Feller**

Tired of the same boring salads or sheetpan chicken and veggies when you're trying to eat healthy? With delicious and unique recipes, the mission of **THE NEW CLASSICS** is to make healthy cooking appealing to everyone, answering cravings that haven't yet been represented on this shelf.

A registered dietitian and nutritionist known for her approachable, real- food-based solutions, Maya Feller identifies classic dishes from cultures underrepresented in America's conversation about healthy eating, ranging from Caribbean to Latinx to Asian and more, and highlights their original nourishing roots. You can achieve health by getting back to the roots of your favorite cuisine, whether that's the foods you grew up eating in the family kitchen or new recipes you're discovering from diverse cultures around the world.

With more than eighty recipes and beautiful photography throughout, **THE NEW CLASSICS** is an approachable, inclusive approach to healthy cooking that honors America's diversity.

**Maya Feller, MS, RD, CDN** of Brooklyn-based Maya Feller Nutrition is a registered dietitian nutritionist who is a nationally recognized nutrition expert. She is also a national nutrition expert on *Good Morning America*, *GMA3: What You Need to Know* and more. She is the author of *THE SOUTHERN COMFORT FOOD DIABETES COOKBOOK*.



**Goop Press**

October 2022  
Hardcover/POB  
Self Help / Personal  
Growth

**Editor:** Donna Loffredo  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
available

**A MAP TO YOUR SOUL: Using the Astrology of Fire, Earth, Air, and Water to Live Deeply and Fully**

**by Jennifer Freed**

Entirely accessible but infused with the mysticism of the cosmos, **A MAP TO YOUR SOUL** shows how to design your life by the four elements that exist both within nature and within each one of us: Fire, Earth, Air, and Water. Dr. Jennifer Freed is Goop's resident astrologer and the perfect person to show readers how to decode and tap into the gifts of their elemental blend thanks to her Ph.D. in psychology in addition to training as an astrologer.

There are four elements—fire, earth, air, and water—that exist in nature and within us all. Each of us has a unique constellation of the four elements inside of us that manifest in distinct ways in different areas of our lives. You may be fiery when challenged at work but grounded in earthy routine when it comes to your health. Many of us are disconnected from our own natures, caught up in the digital demands of the modern world, hurtling headlong through fast-paced, busy lives. But these four elements, when used with intention, offer up indispensable wisdom for both surviving and thriving.

By balancing the elements within us, we can find the antidote to emptiness, anxiety, and sadness and truly flourish.

**Jennifer Freed PhD** is a renowned psychological astrologer and social and emotional education trainer. She has spent over thirty-five years consulting clients and businesses worldwide on psychological, spiritual, and educational topics. A regular contributor to goop and Maria Shriver, Jennifer has penned ten books relating to personal growth, and she has been interviewed for her expertise by the *New York Times*, *The Wall Street Journal*, *USA Today*, *People Magazine*, and *Vogue*.



**RODALE**

**Rodale**

September 2023

Hardcover

Cooking / Health & Healing

**Editor:** Donna Loffredo

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript

September 2022

**Title Specs:**

Trim Size: 7 x 9

Page Count: estimated 192

pages

Illustrations: 35-40 4C

photographs

Price: \$22.00

**UNTITLED SMALL GOODFUL COOKBOOK**

by **Goodful**

Praise for PLANT AND PLANET:

*“Delicious vegetarian recipes are paired with ‘practical, real life advice for a better planet’ in this excellent collection.”— Publishers Weekly (starred review)*

The third cookbook with 75 new recipes from Goodful, one of BuzzFeed's most popular verticals, known for their approachable take on wellness trends.

**Goodful** boasts 22M on Facebook, 3.2M on Instagram, and 611K on YouTube. Their previous cookbooks include THE GOODFUL COOKBOOK and PLANT AND PLANET.

Publisher of THE GOODFUL COOKBOOK: German: *Sudwest/PRH*



**HARMONY**  
BOOKS

**Harmony**

January 2023

Hardcover

Family & Relationships

**Editor:** Donna Loffredo

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript May 2022

**LOVE EVERY DAY: 52 Practices for Happier, Healthier Relationships**

by **Rick Hanson**

In **LOVE EVERY DAY**, Rick Hanson brings his trademark warmth and clarity to offer the fundamental tools and skills that foster lasting and fulfilling relationships of all kinds: at home and at work, with family and friends, and with people who are challenging.

Grounded in brain science and clinical psychology, and informed by contemplative wisdom, **LOVE EVERY DAY** offers 52 simple yet powerful practices for building healthy relationships, including how to feel that you truly deserve good treatment from others; how to let go of toxic self-criticism; how to feel less anxious in groups; how to tap into the neural circuitry of calm strength and self-worth; how to set and keep healthy boundaries; and how to express your wants with others in ways that make them more likely to be respected and fulfilled.

**Rick Hanson, PhD**, is a psychologist, senior fellow of UC Berkeley's Greater Good Science Center, and *New York Times* bestselling author. His books have been published in twenty-nine languages and include **NEURODHARMA**, **RESILIENT**, **HARDWIRING HAPPINESS**, **BUDDHA'S BRAIN**, **JUST ONE THING**, and **MOTHER NURTURE**, with 900,000 copies in English alone. An expert on positive neuroplasticity, his work has been featured on the BBC, CBS, NPR, and other major media.

Publishers of **NEURODHARMA**: Arabic: *Arab Scientific Publishers*; Chinese (complex): *Color*; Dutch: *Ten Have*; French: *Hachette Pratique*; German: *Irisiana/Heyne/PRH*; Korean: *Bulkwang*; Polish: *Gdanskie Wydawnictwo Psychologiczne*; Russian: *Progress Kniga*; Spanish: *Ediciones Obelisco*; UK/BC: *Rider/Ebury*



RODALE

**Rodale**

January 2023

Hardcover

Health & Fitness / Diets

**Editor:** Marnie Cochran

**Rights:** World English

**Translation:** Heather Jackson

**Status:** Manuscript June 2022

**THE GALVESTON DIET: *The Breakthrough Doctor-Developed Plan That Harmonizes Your Hormones, Fights Inflammation, and Burns Fat***

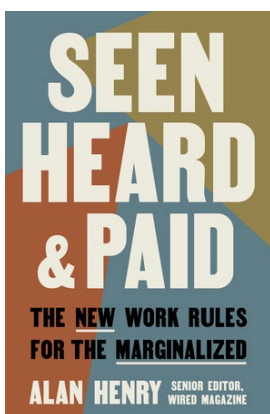
**by Dr. Mary Claire Haver**

Women's bodies are constantly changing, but one constant is that they tend to store more fat and have a tougher time converting calories to muscle than do men. In midlife, these differences are amplified by hormonal fluctuation, and most women gain stubborn and harmful weight—especially around the belly—without having changed a thing in their routine. Dr. Haver, a practicing OB/GYN and nutritional expert, found herself in this exact predicament, so she set out to develop a diet that would meet her specific midlife needs.

More than 66,000 women have now tested—and found success in—Dr. Haver's proprietary plan for permanent weight loss, and she has distilled these results into three pillars of behavior: fuel refocus, intermittent fasting, and anti-inflammatory nutrition. With these three principles working together synergistically, women will lose stubborn weight as well as enjoy newfound energy, better sleep, less brain fog, and fewer hot flashes.

With 40 new and delicious recipes, easy-to-follow meal plans, week-at-a-glance shopping lists, and success stories of women who have changed their lives on this plan, **THE GALVESTON DIET** will revolutionize the conversation around weight loss in menopause, and help women gain health benefits that last a lifetime.

**Dr. Mary Claire Haver** is a wife, mom, board-certified OB/GYN and entrepreneur who has devoted her adult life to women's health. Author site: [www.galvestondiet.com](http://www.galvestondiet.com)



**Rodale**

June 2022

Hardcover

Business

**Editor:** Matthew Benjamin

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript available

**SEEN, HEARD, AND PAID: *The New Work Rules for the Marginalized***  
by Alan Henry

*“Alan Henry doesn’t just illuminate the invisible barriers that often stand in the way of success—he shines a light on what you can do to break through them. His book is filled with honest observations and actionable advice.” —Adam Grant, #1 New York Times bestselling author of Think Again and host of the TED podcast WorkLife*

The real tools for career success and work satisfaction for anyone feeling undermined or marginalized at their job, from a productivity expert and editor at *Wired* magazine.

For over twenty years Alan Henry has written about using technology and productivity techniques to work and live better for places such as *Lifehacker*, the *New York Times*, and currently *Wired* magazine. But he found that as a Black man he didn’t have access to some of the more powerful ways to hack your job—like only checking email once a day or blocking out time on your calendar to do deep work. In fact, he found that even when he was hired at The *New York Times* and landed a prestigious title there were moments when he was still overlooked and excluded from the most interesting and career boosting work.

This led him to first explore these struggles in a *Times* piece titled “Productivity Without Privilege.” Now he goes even deeper, interviewing experts across multiple fields to come up with powerful tools to overcome the forces of marginalization. In **SEEN, HEARD, AND PAID**, Henry shares the new work rules that may finally allow people of color, women, and LGBTQ+ folks to have the same access to career advancement and rewarding work as those with more privilege.

Whether you’re dealing with microaggressions, trying to get the glamour work instead of the office housework, weighing the pluses and minuses of working remotely, or deciding it’s time to look for a new opportunity, *Seen, Heard, and Paid* will help you feel informed, supported, and empowered.

**Alan Henry** is a journalist and editor who writes and commissions stories that help readers make better use of their technology and embrace a healthier relationship with it in their lives. He is currently senior editor at *Wired*.



HARMONY  
BOOKS

**Harmony**

February 2023

Hardcover

Philosophy / Social / Sports

**Editor:** Matthew Benjamin

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript  
available

**HOW BASKETBALL CAN SAVE THE WORLD: 13 Guiding Principles for Reimagining What's Possible**

**by David Hollander**

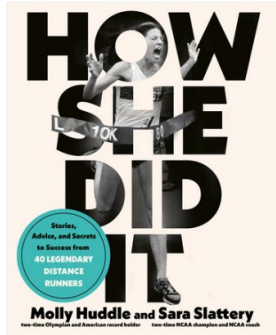
A thought-provoking exploration of how basketball—and the values rooted in the game—can solve today's most pressing issues, from the professor behind the popular New York University course.

When New York University professor David Hollander introduced a course called “How Basketball Can Save the World,” it became a sensation almost overnight. For the class, Hollander invites current NBA and WNBA superstars, Hall of Fame players, coaches, and other cultural figures to debate and give insights on how the underlying principles of the game of basketball can provide a new blueprint for addressing our diverse challenges and showing what's possible beyond the court.

Now, in **HOW BASKETBALL CAN SAVE THE WORLD**, Hollander moves beyond the classroom to present a beautiful new philosophy based on values inherent to basketball, such as inclusion and the balancing of individual success with the needs of the collective.

Whether you're a seasoned veteran of the game or have never set foot on a court, **HOW BASKETBALL CAN SAVE THE WORLD** will empower you to become more resilient, tolerant, and wise in your relationship with yourself, others, and the world around you.

**David Hollander, JD**, is an assistant dean and clinical professor with the Tisch Institute for Global Sport at New York University. His innovative courses have been featured in *The New York Times*, *The Washington Post*, *SLAM*, *Axios*, and *CBS News*.



**HOW SHE DID IT: *Stories, Advice, and Secrets to Success from Forty Legendary Distance Runners***

**by Molly Huddle and Sara Slattery**

*“How She Did It will inspire you, surprise you, and challenge you to step up. [It] is a celebration of every woman who loves to run.” -Women’s Running*

The ultimate roadmap for female distance runners, from two-time Olympian Molly Huddle and two-time NCAA champion Sara Slattery—featuring 50 candid interviews with women who’ve made it.

The road from a high school track to an Olympic starting line is long and sometimes shadowy. Obstacles like chronic injuries, under-fueled nutrition, and coercive coaching can threaten to derail careers before they’ve even begun. Frustrated by seeing young talent burn out before reaching their potential, professional distance runner Molly Huddle and college coach Sara Slattery have teamed up with trailblazing running legends and sports medicine professionals to create an essential guide to reach your running potential.

This is **HOW SHE DID IT**—an instructional and inspirational collection of stories and advice for female runners. The book begins with key information from the professionals who help make athletic excellence possible: trainers, physicians, nutritionists, and sports psychologists. Then, you’ll hear the first-person accounts of fifty women who’ve done it themselves, from the pioneers who fought tirelessly for women’s inclusion in the sport to the names splashed across headlines today.

With Molly and Sara guiding the way, these athletes share their empowering stories, biggest regrets, funniest moments, and hard-won advice. Collectively, these voices are the embodiment of strength, meant to educate, inspire, and motivate you to see how far—and how fast—you can go.

**Molly Huddle** is an American long-distance runner who competes in track and cross-country running events. She has won 28 USA titles, held six American records, looked down the start line of two Olympic finals and 4 major marathons.

**Sara Slattery** is an American middle and long-distance runner who mainly competes in track races. Slattery has represented the United States at the IAAF World Cross Country Championships at both junior and senior level, and was a two-time NCAA champion. She is currently a college coach at Grand Canyon University.

**Rodale**

March 2022  
Trade Paperback  
Sports / Running

**Editor:** Danielle Curtis  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Material available

**Title Specs:**

Trim Size: 7 3/8 x 9 1/8 in  
Page Count: 336 pages  
Illustrations: 50 B/W photographs  
Price: \$18.99



**Rodale**

August 2023  
Hardcover  
Family & Relationships / Parenting

**Editor:** Marnie Cochran  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
September 2022

**TEN FAILURES THAT CAN MAKE YOUR CHILD A SUCCESS**

**by Michelle Icard**

From the author of *FOURTEEN TALKS BY AGE FOURTEEN* comes a new guide to turning adolescent blunders, mishaps, and rebellions—from missed homework and missed curfews to misused social media and mismanaged friend dramas—into moments of emotional growth, and eventually, the very foundation from which the emerging adult in the house can launch successfully.

**Michelle Icard** is a member of the *Today* show parenting team and NBC News Learn. The author of *MIDDLE SCHOOL MAKEOVER* and *FOURTEEN TALKS BY AGE FOURTEEN*, her work has been featured in the *Washington Post*, *Chicago Tribune*, *The Christian Science Monitor*, *Redbook*, *Time*, and *People*.

Publishers of *FOURTEEN TALKS BY AGE FOURTEEN*: Chinese (simplified): *Beijing Green Beans Book Company*; Chinese (complex): *China Times Publishing Company*; Hungarian: *Partvonal Kiado*; Polish: *Mariusz Jachimczuk Edgard*; Romanian: *Editura Univers*; Serbian: *Vulkan Izdavastvo*; Turkish: *Nova Yayinlari*



**HARMONY**  
BOOKS

**Harmony**

February 2023  
Trade Paperback  
Memoir

**Editor:** Donna Loffredo

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript April 2022

**THE GRUDGE LIST: A Memoir of Recovery and Forgiveness**  
by Tiffany Jenkins

“Life is strange. One minute you’re committing felonies and shooting up drugs in the bathroom of the police precinct, and the next you’re rushing to bring cupcakes to your kids’ kindergarten class,” writes Tiffany Jenkins. Relatable, right?

This new memoir about addiction, recovery, mental health, and forgiveness from the national bestselling author of *HIGH ACHIEVER*, opens as Tiffany surveys the upscale suburban neighborhood she now calls home, complete with families walking dogs and white picket fences, and still feels on the inside like that same person who shattered her life for the chance to get high. Terrified of relapsing, she meets with her sponsor, who hands her a leather-bound journal and informs her that her next step in recovery (one you don’t hear about at the official meetings) is to make her Grudge List. A list of everyone who’s pissed her off so that she can figure out what she’s bringing from her past into her beautiful life.

As Tiffany journals about the pain and resentment from her childhood, teen years, and twenties with her trademark dark humor and self-deprecation, she brings the reader on a journey of mental health, forgiveness, and self-acceptance. **THE GRUDGE LIST** combines humor with emotionally raw storytelling as Tiffany explores how we carry our pasts inside of us and digs beneath her grudges to find gratitude and peace.

**Tiffany Jenkins** is the bestselling author of *HIGH ACHIEVER* and writes about motherhood, addiction, marriage, and life on her blog, *Juggling the Jenkins*, where she has acquired a huge social media following.

Publishers of *HIGH ACHIEVER*: Czech: *Albatros*; German: *Narayana*; Russian: *Eksmo*; Spanish: *Next Door*



**RODALE**

**Rodale**

September 2022  
Hardcover/POB  
Self-Help / Humor

**Editor:** Donna Loffredo

**Rights:** World English

**Translation:** Andrea McNicol

**Status:** Manuscript available

**Title Specs:**

Trim Size: 5 1/2 x 8 in  
Page Count: 256 pages  
Illustrations: 30-35 2C illustrations  
Price: \$22.00

**LADY SECRETS: Real, Raw, and Ridiculous Confessions of Womanhood**  
by Keltie Knight, Jac Vanek and Becca Tobin

A new book of hilarious, mortifying, and scandalous stories of stumbling through womanhood from the *New York Times* bestselling authors of *ACT LIKE A LADY* and hosts of the popular podcast *LadyGang*. Every lady has a secret: an encounter so awkward and embarrassing that you wouldn’t dare tell another soul.

In **LADY SECRETS**, the Lady Gang digs even deeper into the embarrassing memories that they thought were repressed forever, and shares stories from women in the LadyGang community to create a space for ladies to let go of the shame of holding on to their secrets. The collection of essays, short stories, advice, lessons, and illustrations will center around topics like Sex, Marriage, Dating, Body, Birth, Parenting, Work, Friends, Fraud, Lies, and more.

**Keltie Knight** is an Emmy Award-winning television personality and a host on CBS’s *Entertainment Tonight*. **Becca Tobin** is an actress, singer, dancer, and host who first broke into the pop culture zeitgeist when she landed the role of Kitty on Fox Television’s internationally acclaimed show *Glee*. **Jac Vanek** is a self-made entrepreneur, CEO, and one of the most powerful fashion and music influencers of her generation.



RODALE

**Rodale**

September 2022  
Hardcover  
Self-Help

**Editor:** Donna Loffredo  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript April 2022

**ZERO BULLSH\*T MEDITATION: *Supercharge Your Mind, Smash Your Goals, and Make Magic in 15 Minutes a Day***  
by Vishen Lakhiani

The *New York Times* bestselling author of THE BUDDHA AND THE BADASS and THE CODE OF THE EXTRAORDINARY MIND hacks meditation with his signature hyper-efficient 6 Phase Meditation Program that anyone can make time for.

There are hundreds of types of meditation out there. But entrepreneur Vishen Lakhiani credits his success to a condensed, magic-making, joy-creating, productivity-inducing, goal-smashing mega meditation: The 6 Phase Meditation. He pulled from thousands of years of psycho-spiritual wisdom, cherry-picked the best bits, translated it all into plain English, and put it into a logical, 15-minute practice that anyone can master. The 6 phases are centered on Connection, Gratitude, Forgiveness, Envisioning Your Future, Daily Intention, and Blessing, and only demand 15 minutes of your day. One of the side effects of this particular meditation is increased focus and reduced anxiety as you shift from overwhelm to *overwellness*—Vishen’s word for an optimum level of balance in all aspects of your life.

No matter what you’ve got going on, you can thrive because you’ve trained for all of life's insanity on your meditation cushion.

**Vishen Lakhiani** is the founder and CEO of Mindvalley, a personal growth education empire with more than two million students, which teaches revolutionary success systems for mastering life via online learning platforms, storytelling and filmmaking, and live events. He is the author of *New York Times* bestsellers THE BUDDHA AND THE BADASS and THE CODE OF THE EXTRAORDINARY MIND

Publishers of THE BUDDHA AND THE BADASS: Arabic: *Arab Cultural Center*; Bulgarian: *BG Kniga*; Chinese (simplified): *Beijing Huazhang Graphics*; Chinese (complex): *China Times Publishing Company*; Croatian: *Udruga Knjigoteka*; Dutch: *Kosmos Uitgevers*; Estonian: *Tammerraamat*; German: *Momanda*; Hindi: *Prabhat Prakashan*; Hungarian: *Cor Leonis Films*; Italian: *ROI Edizioni*; Marathi: *Goel Prakashan*; Polish: *Helion*; Portuguese (Brazil): *CDG Editora*; Portuguese (Portugal): *Porto Editora*; Romanian: *Lifestyle Publishing House*; Russian: *Eksmo*; Spanish: *Ediciones Culturales Paidos*; Vietnamese: *1980 Books*



RODALE

**Rodale**

October 2023  
Hardcover  
Family & Relationships /  
Friendships

**Editor:** Donna Loffredo  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
October 2022

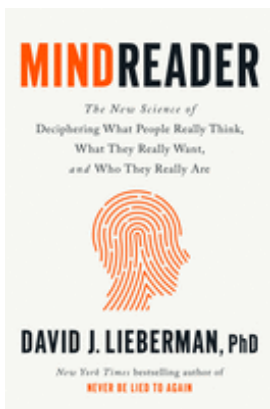
**TELL YOUR FRIENDS**  
by Sarah Nicole Landry and Bailey Stanworth

**TELL YOUR FRIENDS** is a guide to and celebration of female friendship that balances irreverence and sincerity as it welcomes readers inside the lives and friendships of the authors. Bringing the radical honesty and vulnerability for which they are known on their online platforms to the book page with stories that cover life stages including single life, dating, divorce, remarriage, blending families, and new motherhood, and the friendships that sustain us through all the changes. They will decode the secret language of female friendships, spilling the secrets of their group chat, and offering guidance for finding your tribe, nurturing your friendships, how to deal when you’ve been friend-dumped, and how to maintain boundaries when a friendship isn’t serving you. **TELL YOUR FRIENDS** will offer the support and laughs of a rant session with your best friend.

**Sarah Nicole Landry** is a writer, online influencer, and body positivity queen, known for her page, The Birds Papaya (2.1 million Instagram followers)

**Bailey Stanworth** is an entrepreneur, podcaster, and influencer.

*Penguin Canada will publish simultaneous with Rodale.*



**Rodale**

August 2022  
Hardcover  
Self-Help

**Editor:** Marnie Cochran  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript available

**MINDREADER: The New Science of Deciphering What People Really Think, What They Really Want, and Who They Really Are**  
by David J. Lieberman

Tired of guessing what people are really thinking? Using insights from the new science of psycholinguistics, *New York Times* bestselling author and a longtime consultant to the FBI, CIA, and NSA will help you read people in every situation—in person, on a screen, or in writing.

What did your boss really mean in that email? Is your mechanic stretching the truth? Whether you're engaged in a casual conversation or a high-stakes negotiation, it's critical to understand the subtext of a situation. But with so much interaction happening on screens—via email, texts, or video chat—we are losing the ability to interpret expressions and cues. Furthermore, since many are now savvy about body language, it's become even harder to discern someone's true thoughts or intentions.

A leading lie-detection instructor to the FBI and other security agencies, psychotherapist David Lieberman, PhD, takes "people reading" to a whole new level. In *Mindreader*, he shows you how to apply his cutting-edge methods to countless everyday situations.

Nobody wants to be played a fool. **MINDREADER** will help us identify who can be trusted, and who may be out to get us.

**David J. Lieberman, Ph.D.**, is the author of twelve books, including two *New York Times* bestsellers, and he teaches the psychological protocol of self-mastery to government negotiators, mental health professionals, and Fortune 100 executives, and has appeared as a guest on more than 300 television and radio programs.

**Rights sold:** Arabic: *Dar Al Khayal*; Bulgarian: *Iztok-Zapad Publishing*; Chinese (complex): *as if Publishing*; Chinese (simplified): *Beijing Xiron Culture Group*; Italian: *TEA- Tascabili degli editori*; Portuguese (Brazil): *GMT Editores*; Portuguese (Portugal): *Planeta Manuscrito Unipessoal*; Russian: *Piter Class*; Slovak: *Eastone Group*; Spanish: *Ediciones Urano*; Thai: *WeLearn Co.*; Turkish: *Diyojen Yayincilik*; Vietnamese: *Thien Tri Thuc Company*



**Rodale**

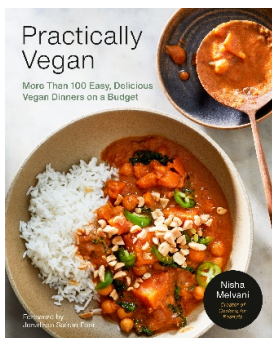
January 2024  
Hardcover  
Psychology

**Editor:** Elysia A. Liang  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript January 2023

**HOW TO ADHD**  
by Jessica McCabe

Creator of the popular YouTube channel of the same name, **HOW TO ADHD** is an empowering guide that combines Jessica McCabe's personal struggle as a woman grappling with ADHD since childhood, with stories from her social media community, and research-backed tools to help readers understand, work with, and celebrate the ADHD brain.

**Jessica McCabe** is the creator of How to ADHD, a popular YouTube channel with videos that teach strategies and offer resources for viewers with ADHD (1.07M subscribers). Jessica has been profiled in *The New York Times* and has been featured in publications including *The Washington Post*, *Today.com*, *Upworthy*, and *ADDitude Magazine*, among others. She is also known for her popular TEDx Talk, which has garnered more than 3.5 million views. She is based in Seattle, WA.



**PRACTICALLY VEGAN: *More Than 100 Easy, Delicious Vegan Dinners on a Budget: A Cookbook***  
**by Nisha Melvani**

Nisha Melvani appreciates that it's hard for many people to commit to being 100% vegan. But committing to one vegan meal a day—dinner—is much more feasible. For those trying to incorporate more vegan meals into your diet, **PRACTICALLY VEGAN** is your go-to weeknight dinner cookbook and the perfect entry to veganism.

A registered dietitian nutritionist, Melvani offers solid, tested vegan recipes and a non-militant approach for those wanting to eat less meat. Plant-based cooking will no longer feel intimidating with easy-to-find ingredients that you will use in the kitchen over and over again. Inspired by the flavors she was introduced to while growing up in Jamaica, England, and Canada, as well as her own Indian heritage, Melvani shares over 100 delicious recipes, including Creamy One-Pot Cheesy Broccoli Pasta Soup, Cauliflower-Sweet Potato Curry, Sesame Noodle Veggie Stir-Fry, Mushroom Bourguignon, and more, accompanied by a foreword written by bestselling author Jonathan Safran Foer, who urged Melvani to write this cookbook after feeding his family her recipes.

With easy-to-follow directions, handy sidebars offering substitutions and culinary tips and tricks, **PRACTICALLY VEGAN** will be the helping hand you need to prepare a vegan dinner for yourself or your family with confidence.

Of Indian origin, born in Jamaica and educated in England and Canada, **Nisha Melvani** has grown up with a myriad of cultures and ingredients around her. A graduate of The Natural Gourmet Institute and a registered dietician. She runs the @cookingforpeanuts Instagram feed, that boasts 364,000 followers. She lives in New York City with her three children.

**Rodale**

April 2022  
 Trade Paperback  
 Cooking / Vegan

**Editor:** Dervla Kelly  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Final PDF available

**Title Specs:**  
 Trim Size: 7 3/8 x 9 1/8 in  
 Page Count: 272 pages  
 Illustrations: 80 4C photos  
 Price: \$22.99



**DR. JORDAN METZL'S BOOMER FITNESS**  
**by Jordan Metzl**

A new sports book from the bestselling author and highly sought-after teacher and fitness instructor.

**Jordan Metzl, MD**, is the author of *THE EXERCISE CURE*, *THE ATHLETE'S BOOK OF HOME REMEDIES*, and *DR. JORDAN METZL'S RUNNING STRONG*. He is a nationally known sports medicine physician at New York City's Hospital for Special Surgery. He appears regularly on the esteemed *New York Magazine's* Top Doctors list. Prior to joining NYC Hospital for Special Surgery, Dr. Metzl completed his fellowship in sports medicine and dance medicine at Harvard Medical School and Boston Children's Hospital. He lives in New York City. Author site: [www.drjordanmetzl.com](http://www.drjordanmetzl.com)

**Rodale**

November 2023  
 Trade Paperback

**Editor:** Michele Eniclerico  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
 November 2022



**TOXIC SUPERFOODS: *How Oxalate Overload Is Making You Sick—and How to Get Better***  
by Sally Norton

Sally Norton overturns conventional wisdom in this eye-opening guide to healing from the toxin lurking within certain leafy greens, sweet potatoes, turmeric, almonds, and other commonly touted "superfoods."

Have you been following the advice of clean-eating experts in the hope of feeling better or losing weight, only to find your stomach hurting, joints aching, energy flagging, or autoimmune condition flaring up? The foods that come to mind when you think "healthy eating"—spinach, sweet potatoes, turmeric, chia seeds, berries, and almonds—are all high in oxalates, chemical toxins produced by plants that build up in the body over time and lead to a range of issues. To put it plainly: Your spinach smoothie might be making you sick.

After suffering for decades from chronic joint inflammation and other problems, Sally Norton, MPH, discovered that the culprits—oxalates—were hiding within her healthy, organic vegetarian diet. She now works with clients to safely reverse their oxalate load and shares their surprising stories. Oxalates most famously cause kidney stones, but they are also behind gut problems, chronic pain, joint pain, inflammation, autoimmune conditions, mineral deficiency, sleep disorders, osteoporosis, fatigue, and brain fog. Modern diets tend to be overloaded with oxalates, and Norton believes that most of us would enjoy better lifelong health with less oxalate in our food.

**Sally Norton, MPH**, is a health and nutrition educator. She received her bachelor's degree in nutritional science from Cornell University and her master's degree in public health from the University of North Carolina, Chapel Hill.

**Rodale**  
January 2023  
Trade Paperback  
Health & Fitness / Body  
Cleansing & Detoxification

**Editor:** Donna Loffredo  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Materials  
estimated March 2022



**DINNERTIME SOS: *Quick, Kid-Friendly Meals Parents Actually Want to Eat***  
By Amy Palanjan

You rush home from work, tired from the day but looking forward to sharing a meal with your family. Except you're short on energy—but you need to pick a recipe, chop and prep ingredients, and tend to the kids. How are you supposed to juggle these responsibilities *and* make a meal that everyone at your table actually wants to eat?

Enter **DINNERTIME SOS**, a collection of super-fast, accessible, and delicious family meals that appeal to both kids *and* parents. As the founder of Yummy Toddler Foods and a nationally recognized expert on feeding families well, Amy Palanjan is here to help customize meals for even the pickiest of eaters, sharing recipes the whole family can enjoy together. This is your playbook to make the most of your limited time in kitchen, embrace quality shortcuts, and ditch the guilt.

**Amy Palanjan** is the founder of yummytoddlerfood.com, a site filled with practical feeding advice and wholesome, happy recipes geared towards families with little kids. She's an expert at helping families find an easier way to enjoy wholesome, delicious meals together. She's also the author of *Busy Little Hands: Food Play*, a cookbook for preschoolers.

**Rodale**  
April 2023  
Trade Paperback  
Cooking

**Editor:** Dervla Kelly  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Materials  
estimated May 2022



**Rodale**

March 2023  
Hardcover  
Health & Fitness / Diet & Nutrition

**Editor:** Diana Baroni

**Rights:** World English

**Translation:** Empire Literary (Andrea Barzvi)

**Status:** Manuscript May 2022

**THE SUGAR RESET DIET: *Embrace Healthy Carbs, Break Up with Sugar, and Take Control of Your Health***

**by Harley Pasternak**

For the past thirty years, low-carb diet trends from Atkins to Keto have dominated nutrition culture. But studies show the carb-starved approach just doesn't work in the long run—it requires too much sacrifice and effort, and villifies carbs and fruit in a way that's unhealthy and unsustainable. In fact, complex carbs can and should be a dietary staple—the real problem is *refined* carbs that turn into sugar, leading to inflammation, weight gain, and a toxic cycle of sugar addiction.

Harley Pasternak, nutritionist and fitness trainer to the stars, introduces a 2:2:1 diet plan designed to help your body use the right carbs at the right times. At each meal, you'll enjoy two servings of carbohydrates, two servings of protein, and one serving of fat. By including carbs in every meal, you'll feel more satisfied, cut cravings, and become healthier without having to overthink anything. On any given day, Harley's meal plan might include French toast, grilled cheese, or spaghetti. The result: sustainable weight loss that lasts, and a plan you can follow without burnout.

**Harley Pasternak, M. Sc.,** is a *New York Times* bestselling author and holds a Master of Science in exercise physiology and nutritional sciences from the University of Toronto, as well as an honors degree in kinesiology from The University of Western Ontario. He is certified by the American College of Sports Medicine and the Canadian Society for Exercise Physiology. He has appeared on *The Oprah Winfrey Show*, *Today*, *CNN*, *America's Next Top Model*, *Rachael Ray*, and *Tyra*. Pasternak lives and works in Los Angeles.

*Penguin Canada will be publishing simultaneous with Rodale.*



**Rodale**

September 2023  
Trade Paperback  
Body, Mind & Spirit / Crystals

**Editor:** Donna Loffredo

**Rights:** World

**Co-Agents:** Crown

**Status:** Manuscript  
September 2022

**CRYSTALPEDIA**

**by Athena Perrakis**

A new encyclopedia of crystals that covers the wisdom, history, geology, and power of more than 100 crystals, with Athena Perrakis's personal healing story as well as rituals woven throughout. Both intimate and comprehensive, **CRYSTALPEDIA** will be the ultimate guide to using crystals to heal and change your life. It will also include beautiful photographs of the crystals.

**Athena Perrakis** is the Founder and CEO of Sage Goddess, the world's largest source of sacred tools and metaphysical education. Each week, Sage Goddess reaches almost two million people across the globe, on every continent and in more than 60 countries.

**Title Specs:**

Trim Size: 8 x 10  
Page Count: 320 pages  
Illustrations: 15/100 photos  
Price: \$26.99



**Rodale**  
December 2022  
Hardcover  
Health & Fitness / Diet & Nutrition

**Editor:** Marnie Cochran  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript April 2022

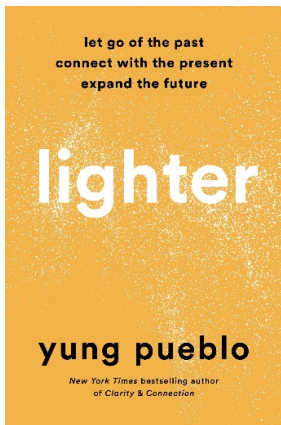
**THE BONE BROTH BREAKTHROUGH: *Your One-Stop Blueprint for Optimal Weight, Glowing Skin, and Vibrant, Replenished Health***  
by Kellyann Petrucci

Bone broth is a metabolism-firing, fat-burning, and bloat-reducing elixir, which is why it was the star of DR. KELLYANN'S BONE BROTH DIET, the *New York Times* bestselling book that paired broth with intermittent fasting and has helped hundreds of thousands of women lose dramatic weight. The collagen in bone broth also naturally plumps skin and reduces wrinkles. But in addition to its aesthetic benefits, bone broth has antioxidative, digestive, and stress-reducing properties, making it an essential ingredient for harmonizing your body's digestive function after a restrictive diet, and for maintaining your hard-won weight without compromising foundational health.

Drawing on Dr. Kellyann's more than twenty years of practice and her own health transformation journey, **THE BONE BROTH BREAKTHROUGH** helps you reap the myriad benefits of this versatile wonder ingredient for six common health concerns—weight loss, wrinkles, digestion, fatigue, libido, and stress. With the 35 new, easy-to-make, and delicious recipes that are customized to mitigate these persistent issues, advice for building a nourishing and "happy plate" at every meal, and guidance on how to build a weekly meal plan that works for you, it is an essential, simmer-and-sip blueprint for an energized mind and body.

**Kellyann Petrucci**, MS, ND, is a board-certified naturopathic physician, a certified nutrition consultant, and the author of four books, including the *New York Times* bestseller *Dr. Kellyann's Bone Broth Diet* and *Dr. Kellyann's Cleanse and Reset*. A concierge doctor for celebrities in New York and Los Angeles, Dr. Kellyann has been a host for public television specials and has been featured on *The Dr. Oz Show*, *The Doctors*, *Good Morning America*, and *Today*.

Publishers of Kellyann Petrucci: Chinese (simplified): *Good Publishing*; German: *Narayana*; Italian: *Newton Compton Editori*; Japanese: *Shueisha*; Polish: *Quello*; Polish: *Janusz Nawrocki*; Romanian: *Meteor Press*; Spanish: *Obelisco*; Vietnamese: *Saigon Books Cultural*



**Harmony**  
 October 2022  
 Hardcover  
 Self-Help / Body, Mind & Spirit

**Editor:** Matthew Benjamin  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript available

**LIGHTER: *Let Go of the Past, Connect with the Present, and Expand the Future* by Yung Pueblo**

The poet, meditator, transformation speaker, Instagram sensation, and *New York Times* bestselling author of *Clarity & Connection*, offers a powerful and radically compassionate plan for turning inward and lifting the heaviness that prevents us from healing ourselves and the world. Known for his Instagram poetry, this is his first self-help guide for his 1.7 million active followers on Instagram.

Yung Pueblo’s path to deep healing began only after years of drug abuse had taken a toll on his body and soul. Searching for a way forward, he found that by honestly examining and addressing the anxieties and fears that he had been running away from, he no longer felt like a stranger inside of his heart and mind.

In **LIGHTER**, Yung Pueblo demonstrates how we can all move forward in our healing, from learning self-compassion to letting go to becoming emotionally mature. As the heaviness falls away, our minds will finally stop feeling overburdened with tension and we’ll be able to reconnect with the present. And the world around us will hopefully become more inviting in crisp and newly vibrant ways. But these are just the first steps. As we grow stronger and take on more knowledge, it’s our responsibility—and also part of the healing journey—to take actions to support the health and harmony of all people.

**Yung Pueblo** is the pen name of the writer Diego Perez and means “young people.” The name is meant to convey that humanity is entering an era of remarkable growth and healing, when many will expand their self-awareness and release old burdens. He is the author of two poetry books, *Clarify & Connection* and *Inward* (Andrews McMeel). Author site: <https://yungpueblo.com/>

**Rights sold:** Dutch: *Kosmos*; French: *Editions de la Maisnie*; German: *Arkana/Goldmann*; Slovak: *Eastone Group*; Spanish: *PRH Grupo Editorial*; UK/BC: *Rider/Ebury*



**Rodale**  
 October 2023  
 Hardcover  
 Cooking / Meat

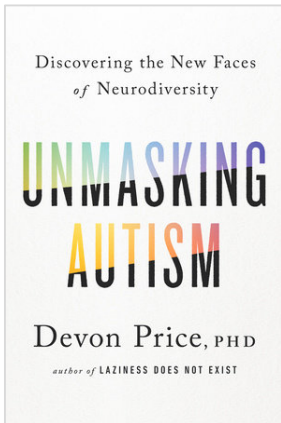
**Editor:** Dervla Kelly  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
 October 2022

**Title Specs:**  
 Trim Size: 8 x 9  
 Page Count: 272 pages  
 Illustrations: 100 4C Photos  
 Price: \$32.50

**WILD AND WHOLE by Danielle Prewett**

**WILD AND WHOLE** will explore the author’s story behind Wild + Whole and her entry into hunting and processing game, as well as information on her philosophy, tips for cooking sustainably, as well as 75 test recipes for cooking games, salads, and sides along with personal headnotes.

**Danielle Prewett** is the founder of Wild + Whole and a Wild Foods Contributing Editor for *MeatEater*. She is passionate about the outdoors because hunting, fishing, gardening, and foraging enable her to connect with her food and eat consciously. Texas is home for Danielle and when she isn’t in the kitchen, she can be found upland hunting with her bird dogs.



**UNMASKING AUTISM: *Discovering the New Faces of Neurodiversity***  
**by Dr. Devon Price**

*“Reading this felt like being at home—I didn’t realize how much I masked. What an incredible book that I know will be re-read many times over.”—Dr. Camilla Pang, author of *An Outsider’s Guide to Humans**

A deep dive into the spectrum of Autistic experience and exploration of an overlooked form of the disorder called masked Autism. **UNMASKING AUTISM** gives individuals the tools to safely uncover their true selves and seeks to broaden our narrow understanding of Autism.

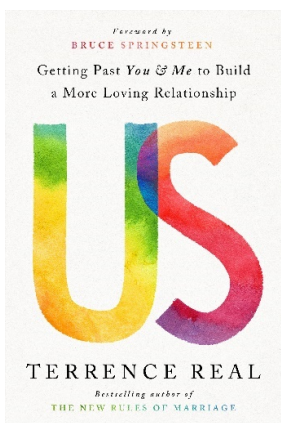
For every visibly Autistic person you meet, there are countless "masked" people who pass as neurotypical. Because they often don't fit the stereotypical mold of Autism, they are forced by necessity to mask who they are and spend their entire lives trying to hide their Autistic traits. Many masked Autistics paper over their social difficulties and communication challenges by adopting a superficial personality that keeps people at bay and keeps them from self-acceptance. In **UNMASKING AUTISM**, Dr. Devon Price provides a new perspective as an Autistic person who passes as neurotypical, blending history, social science research, prescriptions, and personal profiles to tell a story that has thus far been dominated by those on the outside looking in. In order to flourish, Autistic people should be able to embrace the things that make them different.

**Dr. Devon Price** is a social psychologist, writer, activist, professor at Loyola University of Chicago’s School of Continuing and Professional Studies, and author of *LAZINESS DOES NOT EXIST*. They are known for their expertise in LGBTQ psychology, Autistic self-advocacy, and social psychology. Price’s work has appeared in numerous publications such as *Slate*, *The Rumpus*, *NPR*, and *HuffPost* and has been featured on the front page of *Medium* numerous times.

**Rights sold:** Chinese (simplified): *PRH*; Polish: *Linia*; UK/BC: *Monoray/Octopus*

**Harmony**  
 April 2022  
 Format  
 Society / Wellness

**Editor:** Michele Eniclerico  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Final PDF is available



**US: *Getting Past You and Me to Build a More Loving Relationship***  
**by Terrence Real with Foreword by Bruce Springsteen**

*“When I need advice, I call Terry Real. His decades of clinical experience, research, and wisdom are invaluable to my patients, colleagues, and friends. *Us* brings his advice to life. It is the book that we all need to read to create more thriving and intimate connections.”—Esther Perel, *New York Times* bestselling author and podcast host of *Where Should We Begin**

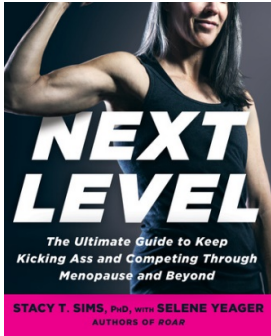
Stop focusing on the *me* and *you* and learn to embrace the *us* in relationships, with the help of renowned family therapist Terry Real, the bestselling author of *THE NEW RULES OF MARRIAGE*.

In **US**, family therapist Terry Real guides readers to stop working on themselves as individuals and instead work on relationships as a couple. Using psychology, history, and stories of actual couples who have entered his office, he helps readers move beyond their past traumas and stressors to shift from the individualistic "me and you" consciousness to the relational "us" consciousness. Real offers a new set of science-backed relational skills that have saved real marriages on the brink so that people can learn to speak up for themselves with love and build relationships—not just romantic, but also with family, friends, and coworkers—that are authentic and interdependent.

**Terry Real** is an internationally recognized family therapist, speaker, and author. He founded the Relational Life Institute, offering workshops for couples, individuals, and parents along with a professional training program for clinicians to learn his Relational Life Therapy methodology. He is the bestselling author of *I DON'T WANT TO TALK ABOUT IT, HOW CAN I GET THROUGH TO YOU?*, and *THE NEW RULES OF MARRIAGE*.

**Goop Press**  
 June 2022  
 Hardcover  
 Family & Relationships /  
 Love & Romance

**Editor:** Donna Loffredo  
**Rights:** World English  
**Translation:** Inkwell  
 (Richard Pine)  
**Status:** Manuscript available



**NEXT LEVEL: *Your Guide to Kicking Ass, Feeling Great, and Crushing Goals Through Menopause and Beyond***  
by Stacy Sims and Selene Yeager

From Dr. Stacy Sims, author of ROAR and renowned exercise and nutrition scientist, comes a comprehensive, physiology-based guide to performance nutrition for active women approaching or experiencing menopause.

In the female athletic community, menopause is simply not spoken about. Women just seem to find themselves "aging out" of competing in their chosen sport. But with some nutritional adjustments, women can train and race strong well into their sixties and beyond. Stacy Sims is here to help women biohack their menopause—first to understand it, then to apply research to match their training and nutrition to their unique physiology, and achieve optimum athletic performance.

**NEXT LEVEL** addresses the different stages of menopause and what is happening physiologically at each stage. There's a starter plan of changes women can make to support their bodies during this transition that includes supplements, exercises, and macronutrient requirements to maintain peak performance. The book delves into topics like endurance, strength, flexibility, body composition, recovery, joint health, bone health, pelvic floor function, mood, hot flashes, hormone swings, and sleep. Stacy's message acknowledges that some change is inevitable. But you can still be strong, compete, and find your strength in the second half of your life.

**Dr. Stacy Sims** MSc PHD is a Stanford-based exercise physiologist and nutrition scientist who aims to revolutionize exercise nutrition and performance, especially for women.

Publishers of ROAR: French: *De Boeck Supérieur*; German: *Narayana Verlag*; Polish: *Galaktyka*; Russian: *Eksmo*

**Rodale**

May 2022  
Trade Paperback  
Health & Fitness / Women

**Editor:** Danielle Curtis  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Third pass available

**Title Specs:**

Trim Size: 7-3/8 x 9-1/8 in  
Page Count: 304 pages  
Illustrations: 50 B&W photos  
Price: \$19.99



**THE GASLIGHT EFFECT RECOVERY GUIDE: *Your Personal Journey Toward Healing from a Manipulative Relationship***  
by Robin Stern, Ph.D.

This interactive, informative guided journal helps victims of gaslighting understand the dynamics of unhealthy relationships—and how to leave one—from the author of THE GASLIGHT EFFECT.

**THE GASLIGHT EFFECT RECOVERY GUIDE** is a companion book that engages readers in being thoughtful and reflective about the relationships in their lives. A tool for personal exploration, this guided journal will help you identify if you are part of a pattern of emotional abuse, evaluate your relationships, and heal from gaslighting. Through prompts, checklists, quizzes, and guided reflective questions, you will explore past and present relationship dynamics, cultivate happy, healthy relationships, and regain your joy, creativity, and powerful sense of self.

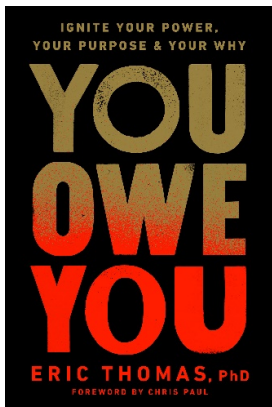
**Robin Stern**, Ph.D., is the associate director for the Yale Center for Emotional Intelligence and an associate research scientist at the Child Study Center at Yale. She is a licensed psychoanalyst with 30 years of experience treating individuals, couples, and families. She is author of two books: THE GASLIGHT EFFECT and PROJECT REBIRTH.

Publishers of THE GASLIGHT EFFECT: Chinese/simplified: *CITIC*; Chinese (complex): *Ping's Publications*; Dutch: *AnkHermes*; Finnish: *Viisas Elama*; German: *Komplett-Media*; Italian: *Casa Editrice Corbaccio*; Korean: *RH Korea*; Polish: *Bertelsmann Media*; Portuguese (Brazil): *Alta Books*; Russian: *Progress Kniga*; Serbian: *Publik Praktikum*; Spanish: *Sirio*; Turkish: *Bilince Erisim Kisisel Gelisim Danismangli*; Vietnamese: *Min Long Trading and Culture Service*; UK/BC: *Vision Paperback & Fusion Press*

**Rodale**

February 2023  
Trade Paperback  
Self-Help / Journaling

**Editor:** Michele Eniclerico  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript May 2022



**Rodale**  
September 2022  
Hardcover  
Self-Help / Biography

**Editor:** Matthew Benjamin  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript available

**YOU OWE YOU: *Discover Your Power, Your Purpose, and Your Why***  
**by Eric Thomas**

If you feel like success is for others, that only certain people get to have their dreams fulfilled, Eric Thomas's **YOU OWE YOU** is your wake-up call. His urgent message to stop waiting for inspiration to strike and take control of your life is one he wishes someone had given him when he was a teenager—lost, homeless, failing in school, and dealing with the challenges of being a young Black man in America.

Once he was able to break free from thinking of himself as a victim and truly understand his strengths, he switched the script. And now, with this book, Thomas reveals how you too can rewrite your life's script. Thomas's secrets of success have already helped hundreds of thousands on their journey, but this is his first guide to show you how to start today, right now. These critical first steps include deeply understanding yourself and the world around you, finding your why, accepting that you may have to give up something good for something great, and constantly stretching toward your potential. No matter where you are on your journey toward greatness, you owe it to yourself to become fully, authentically you. And Eric Thomas can help get you there.

**Eric Thomas, Ph.D.**, part coach, part preacher, all grind, is one of the world's best known motivational speakers. In addition to reaching millions on YouTube, he works with many top businesses, the NFL, NBA, and the NCAA, and dozens of individual teams and players, as well as schools and prisons across the country.



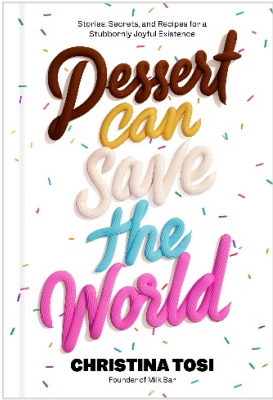
**Rodale**  
September 2023  
Hardcover  
Sports & Recreation / Training

**Editor:** Matthew Benjamin  
**Rights:** World  
**Co-Agents:** Crown  
**Status:** Manuscript  
September 2022

**THE HEART IS THE STRONGEST MUSCLE**  
**by Tia Toomey**

A book of motivational lessons for athletes or anyone looking for an edge in all aspects of life, detailing the author's own path to success in the CrossFit Games, and offering readers tons of great insight, encouragement, and inspiration to do whatever they want to achieve in life.

**Tia Toomey** is an Australian weightlifter and CrossFit Games athlete, and she has 1.7m followers on Instagram.



**DESSERT CAN SAVE THE WORLD: *Stories, Secrets, and Recipes for a Stubbornly Joyful Existence***

**by Christina Tosi**

The founder of Milk Bar distills the lessons she's learned from building a baking empire and shows readers how to turn their passions into a source of joy and fulfillment.

At the helm of Milk Bar, she's learned a lot—like how to make cakes in a crockpot, how to know when a banana is at the perfect level of ripeness for baking, and how to infuse cereal flavor into just about anything. She's shared those lessons and more in her ultra-successful cookbooks, and her audience is happy to eat them up. Now, she's ready to share a different set of lessons. Tosi's desserts clearly bring people joy—but perhaps more important, baking is Tosi's source of joy. Through baking and the creation of Milk Bar, Tosi discovered her passion, which has led her to a fulfilling life that's a constant source of adventure and happiness.

**CHRISTINA TOSI** is the two-time James Beard Award-winning chef and owner of Milk Bar. Known for baking outside of the lines and turning dessert on its head, Christina founded Milk Bar in 2008, with locations now in New York City, Toronto, Washington DC, Las Vegas, with a Los Angeles location coming soon. Christina has been a judge on Fox's MasterChef series, and was featured on the hit Netflix docu-series, Chef's Table: Pastry. She is also the author of two additional cookbooks, MOMOFUKU MILK BAR (2011) and MILK BAR LIFE (2015).

Previous publishers of Christina Tosi: Portuguese (Brazil): *Editora Senac*; Spanish: *Alfaomega*; UK/BC: *Absolute Press*

**Harmony**

March 2022

Hardcover

Self-Help / Cooking

**Editor:** Diana Baroni

**Rights:** World

**Co-Agents:** Crown

**Status:** Final PDF is available



**UNTITLED BRENT UNDERWOOD**

**by Brent Underwood**

Brent Underwood, creator of the hit YouTube channel *Ghost Town Living*, discovers lessons on how to live a more fulling, spirited, and independent life through the excavation and attempted revival of a Wild West silver mining town.

**Brent Underwood** is the owner of Cerro Gordo, a mining town established in 1865 and mostly abandoned for the past 100 years.

**Rodale**

June 2023

Hardcover

Memoir / Self-Help

**Editor:** Matthew Benjamin

**Rights:** World English

**Translation:** UTA (Byrd Leavell)

**Status:** Manuscript August 2022



RODALE

**Rodale**

September 2023

Hardcover

Cooking / Health & Healing

**Editor:** Diana Baroni

**Rights:** World English

**Translation:** C. Fletcher & Company, LLC (Svetlana Katz/Christy Fletcher)

**Status:** Manuscript August 2022

### THE ESSENTIAL WHOLE30

by **Melissa Urban**

**THE ESSENTIAL WHOLE30** is the essential guide to The Whole30 program, with a fully updated plan and detailed advice on effectively doing the program that was outlined in the original WHOLE30 books. This 4-color, highly designed guide shall include an updated Whole30 philosophy, extensive advice for vegetarians and vegans, a comprehensive plan for reintroduction into a healthier lifestyle, new recipes, and a more inclusive tone. **THE ESSENTIAL WHOLE30** will include 80 original recipes, plus up to 30 classic and/or refreshed recipes from THE WHOLE30.

**Melissa Hartwig**, CISSN, is a Certified Sports Nutritionist who specializes in helping people change their relationship with food and create life-long, healthy habits. She is the co-creator of the original Whole30 program, the *New York Times* bestselling author of *IT STARTS WITH FOOD*, and has been featured in the *Wall Street Journal*, *Details*, *Redbook*, and *Woman's World* magazines. Melissa has presented more than 200 health and nutrition seminars worldwide, and provides support to more than 1 million people a month through the Whole30 website.



HARMONY  
BOOKS

**Harmony**

March 2024

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Family & Relationships / Parenting

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**Rights:** World

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### RAISING THE PATRIARCHY: A Feminist Mother's Guide to Bringing Up Empathetic Boys

by **Ruth Whippman**

A deep dive into the complexities of raising boys—and how mothers can emotionally support and guide them to become better men.

Ruth Whippman, a lifelong feminist, was thrilled by the emergence of the #metoo movement. But as a mother of three boys, she found herself frightened, conflicted, and surprisingly defensive. The sheer volume of evidence of terrible male behavior was impossible to deny, but she looked at her sons and found it hard to believe they could ever cause harm. These complex emotions, shared by so many mothers of boys, led Whippman to ask herself the question: How do we raise boys to be compassionate, responsible men in a world where toxic masculinity is still the norm?

Combining elements of memoir, the latest scientific research, popular culture, and reporting from the frontlines of contemporary American boyhood, **RAISING THE PATRIARCHY** is Ruth's deep-dive answer to that question. It turns out that boys need *more* parenting than girls, not less. She unpacks surprising and controversial truths about boys' socialization and the "undercare" of boys that can lead to a lack of relational skills and empathy. She uncovers how even the most well-meaning moms can inadvertently perpetuate damaging stereotypes, and provides tools to foster emotional literacy in boys.

With humor, insight, and honesty, Ruth uses her experience as a mom and a journalist to explore strategies that support boys' mental health, and help them construct a healthy relationship with masculinity.

**Ruth Whippman** is one of our most perceptive feminist voices. Her *New York Times* essay "*Enough Leaning In, Now It's Time for Men to Lean Out*" was shared 150,000 times on social media. *Fortune Magazine* described Whippman as one of "25 of the sharpest minds" of the decade (alongside Melinda Gates and Malala)." Her first book, *AMERICA THE ANXIOUS*, was a *New York Times Editors' Choice* and *Paperback Row* pick and a *NY Post Best Book of the Year*. The *Sunday Times of London* described Ruth Whippman as a "whip-sharp British Bill Bryson."