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University of
Buckingham Press

Hero
Press

Serendipity
Fiction

Legend
Press



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**LEGEND
PRESS**

Unleashing the
power of untold
stories...

PASIPHAË by Jane Dougherty



WORLD RIGHTS AVAILABLE

**An incredible feminist
retelling of a woman
wronged by myth**

ISBN (Paperback Original):

9781917163293 £9.99

ISBN (E-book):

9781917163309 £4.99

Extent: 320 pages

Format: 129x198mm

Rights Held: World

Translation Rights: Yes

Audio rights sold to WF Howes

**A queen. A monster.
A throne built on blood.**

Princess Pasiphaë of Kolchis is sent to Knossos to secure the throne, but she soon finds herself entangled in a brutal power struggle. As the Mother cult demands blood and Minos seeks to overturn ancient rule, she fights to protect her children; Asterion, her gentle son marked

as a monster, and Ariadne, the ambitious daughter who rejects her.

Betrayals, sacrifices, and shifting allegiances shape the kingdom's fate. When Theseus arrives to claim his prize, Knossos falls, leaving Pasiphaë to face the ghosts of all she has lost.



by Anne Hamilton



'A gripping and brilliantly written novel from a huge new talent.'

International bestselling crime author

ISBN (Paperback Original):

9781915643339 £9.99

ISBN (E-book):

9781915643346 £4.99

Extent: 304 pages

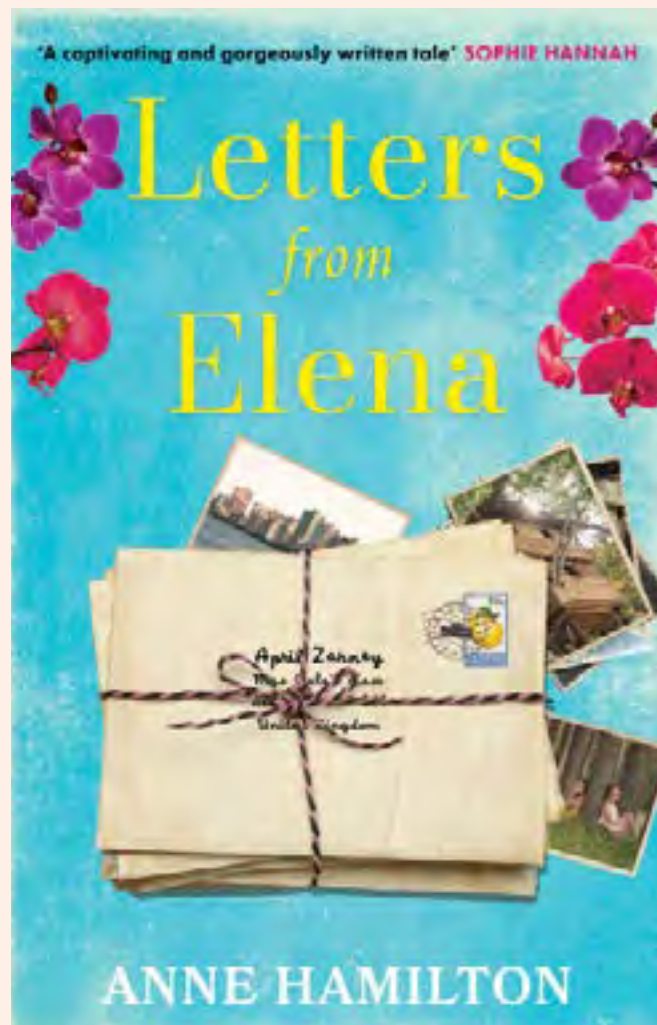
Format: 129x198mm

Rights Held: World

Translation Rights: Yes

April Zarney was ten when her best friend, Elena, disappeared. It was July 1974 and rumour was that Elena's family had headed back home to war-torn Cyprus.

Thirty years later, with two failed marriages behind her and her career as concert pianist in jeopardy, April decides to run away to Cyprus to find out what really happened to her friend.



LETTERS FROM ELENA is a love story exploring family, identity and displacement through the faulty memories of three generations of women, each on a journey to make sense of their lives and the world around them.

Anne Hamilton co-founded a UK based charity, Bhola's Children, supporting a home and school in Bangladesh for disabled children and remains a trustee today. The unpublished manuscript for her first novel, *The Almost Truth*, was the winner of the Irish Novel Fair.

THE TUDOR ROSE MURDERS SERIES by G J Williams



WORLD RIGHTS AVAILABLE

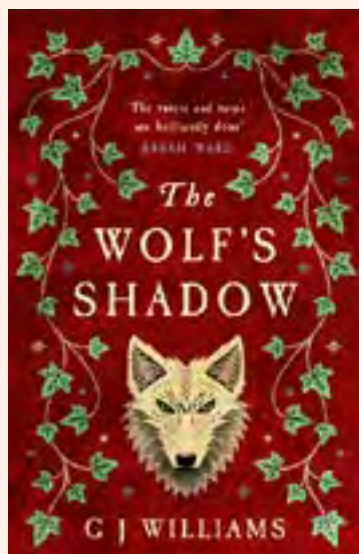
Format: 129x198mm Audio rights sold to WF Howes



In Bloody Mary's England, a murdered boy and a forged seal implicate Princess Elizabeth, threatening the Tudor dynasty. Doctor John Dee and his secret apprentice, Margaretta, must untangle a web of treachery and deceit –but as more bodies appear and whispers of witchcraft spread, time is running out.

Extent: 352 pages ISBN (Pb): 9781915643414, £9.99

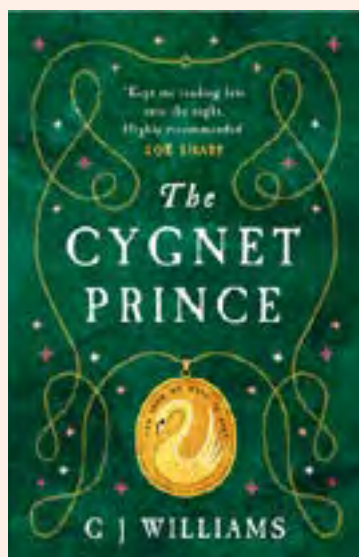
'Kept me reading late into the night.'
ZOE SHARP



1558: Thomas Seymour, long thought beheaded, is found hanged at Hatfield House. How did he return, only to die again? Doctor John Dee and Margaretta race to unravel the mystery as kidnappings, ransom demands, and more bodies threaten Elizabeth Tudor's path to the throne. Can they keep her secret before it topples the Tudor dynasty?

Extent: 352 pages ISBN (Pb): 9781915643292, £9.99

'The twists and turns are brilliantly done'
SARAH WARD



1561: A German prince arrives in England, claiming to be Henry VIII's lost son and the rightful heir threatening Elizabeth I's throne. As poison spreads and secrets unravel, John Dee and Margaretta race across England and Germany to uncover the truth. But with betrayal and treason lurking, can they save the queen before it's too late?

Extent: 368 pages ISBN (Pb): 9781915643063, £9.99

'Right up there with C J Sansom'
PHILIP GWYNNE JONES

THE UNRAVELLING OF MARY REDDISH

by David Whitfield



WORLD RIGHTS AVAILABLE

**Inspired by the true story
of the first county lunatic
asylum in England**

ISBN (Paperback Original):

9781917163507 £9.99

ISBN (E-book):

9781917163514 £4.99

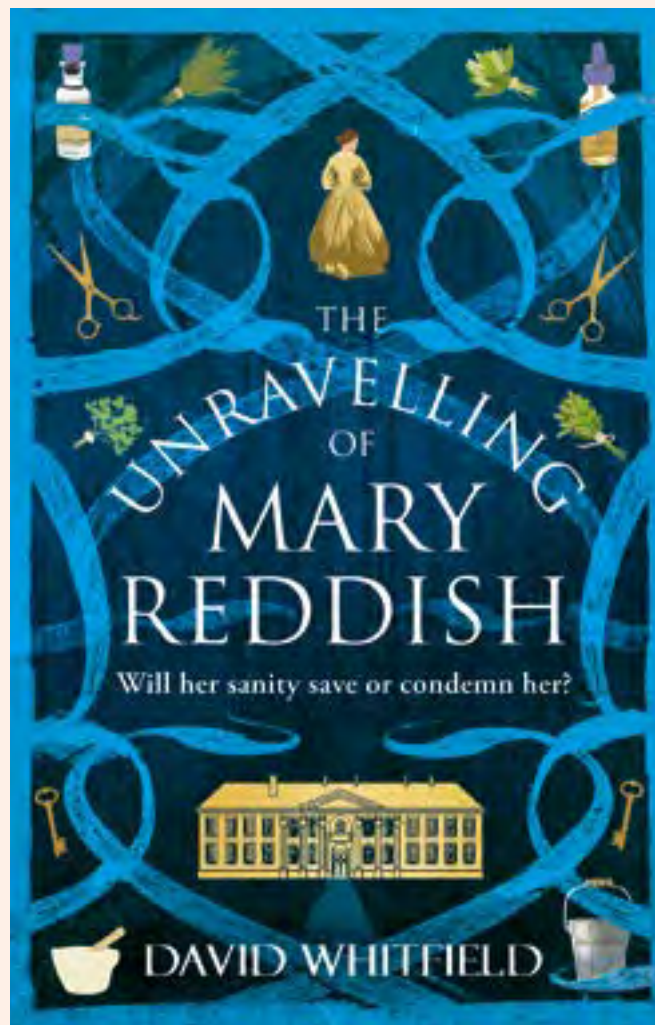
Extent: 304 pages

Format: 129x198mm

Rights Held: World

Translation Rights: Yes

Audio rights sold to WF Howes



Nottingham. 1827. Mary Reddish, a young housemaid unjustly committed after defying her employer's advances, must navigate the brutal treatments of the county asylum while uncovering a dark conspiracy.

Meanwhile, Ann Ashby, the asylum's matron, struggles to uphold humane practices against outdated medical methods and a grim history that haunts the institution. As Mary forms an unlikely alliance with a fellow

patient, the supposed baby-killer Catherine Mills, she finds herself at the centre of a battle between compassion and cruelty that will determine the course of her life – and the future of the asylum itself.

BIOGRAPHY

David has worked as a journalist for 25 years and is currently working for *The Guardian*. He used to live less than half a mile away from the site of the asylum featured in the novel, in the Nottingham suburb of Sneinton.

CUCKOO IN THE NEST & HOME BIRD by Fran Hill



WORLD RIGHTS AVAILABLE

Format: 129x198mm Audio rights sold to WF Howes

Bittersweet and funny, *Cuckoo in the Nest* and *Home Bird* draw on Hill's own experiences in foster care.



Extent: 320 pages
ISBN (Pb): 9781915643919, £9.99

Runner-up for the SoA Paul Torday
Memorial Prize
A Daily Mail Book of the Year 2022
As Featured on Women's Hour.

In the scorching summer of 1976, 14-year-old aspiring poet Jackie Chadwick is newly fostered by the Walls. She craves stability, but their jealous daughter sees her as a threat.

As tensions escalate to near-tragedy, the family's polished facade cracks – forcing them all to confront what truly matters.

Extent: 368 pages
ISBN (Pb): 9781915643063, £9.99

'A jewel of a book'
DEBORAH JENKINS
'Funny, warm and very moving'
LUCINDA HAWKSLEY

In 1979, 17-year-old Jackie Chadwick enjoys her independence in a supported bedsit, until a fire leaves her homeless.

Her recently released, recovering alcoholic father offers her a place to stay, but as he battles his own demons, Jackie must decide how many chances he truly deserves.

MURDER MOST FOUL

by Guy Jenkin



WORLD RIGHTS AVAILABLE

'An ingenious, funny and erudite thriller.'

JOHN O'FARRELL

ISBN (Paperback Original):

9781917163682 £9.99

ISBN (E-book):

9781917163699 £4.99

Extent: 320 pages

Format: 129x198mm

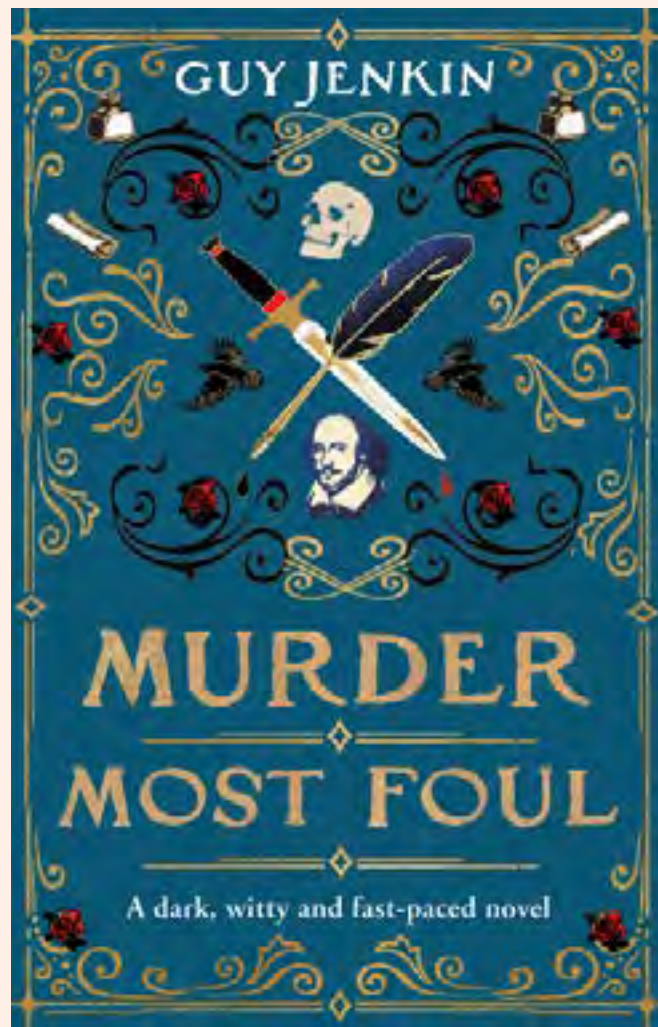
Rights Held: World (excl. film/TV)

Translation Rights: Yes

Audio rights sold to WF Howes

It's 1593, Shakespeare has only written six plays and is lagging behind his friend Christopher Marlowe, London's leading playwright.

When Marlowe is stabbed to death in mysterious circumstances, rumours abound – but the one that won't go away is that Shakespeare did it to remove his greatest rival. Will is determined to clear his name, and teams up with his old flame, Marlowe's sister Ann, who has plenty of secrets of her own.



In their search to solve the crime, Will and Ann uncover a dark world of treachery, murder, and corruption – which in turn provides Shakespeare with scenes and characters which will appear in his greatest plays.

BIOGRAPHY

Guy is a multi BAFTA, RTS and Emmy award-winning writer, director and producer. His television series include *Outnumbered*, *Kate & Koji* and *Drop the Dead Donkey*, all co-written with Andy Hamilton. He also wrote and directed a number of TV films and two feature films, *The Sleeping Dictionary* and *What We Did on Our Holiday*.

THE ABSOLUTES

by Kate Potter



WORLD RIGHTS AVAILABLE

**'Moving and irresistible –
I was captivated from the
very first lines.'**

PAM WILLIAMS

ISBN (Paperback Original):

9781917163668 £9.99

ISBN (E-book):

9781917163675 £4.99

Extent: 272 pages

Format: 129x198mm

Rights Held: World (excl. film/TV)

Translation Rights: Yes

Audio rights sold to WF Howes

**Kate Potter captures the essence
of hope in the face of loss as one
man struggles to come to terms
with his past in this exquisite
debut about love, grief and
family.**

His wife is dead. His beloved
daughter has been lost to a
dangerous cult.

And now time is running out to
rebuild their relationship. Haunted

Kate Potter

the Absolutes



by his failings as a son, a husband
and, most of all, as a father, he is
desperate to try and make things
right before it's too late.

BIOGRAPHY

The Absolutes was inspired by Kate's father
and the loss of his only son; her half-brother
disappeared in the United States in the
1970s and it was believed he may have
joined a cult. She wrote *The Absolutes* as
though seeing this experience through her
father's perspective: 'My father and his son
were ghosts throughout.'

PALACE ROGUE

by William Coles



WORLD RIGHTS AVAILABLE

'This charming tale of secrets and love is a must for royal fans'

HELLO MAGAZINE

ISBN (Paperback Original):

9781915643810 £8.99

ISBN (E-book):

9781915643827 £4.99

Extent: 288 pages

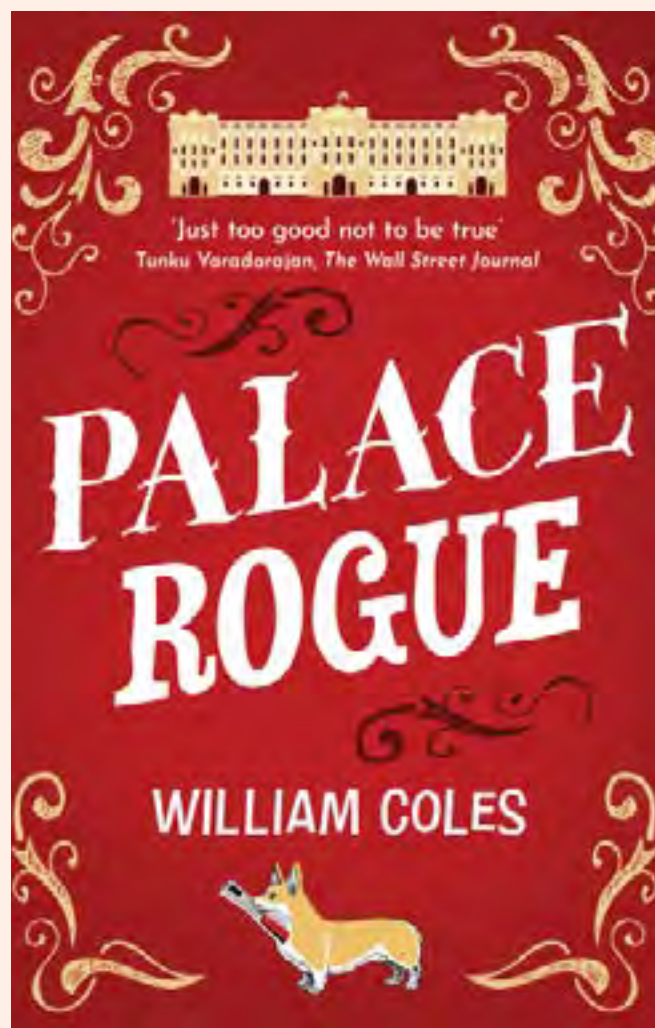
Format: 129x198mm

Rights Held: World

Translation Rights: Yes

Based on the true story of the tabloid hack who became a Queen's footman, *Palace Rogue* is a charming, utterly outrageous story of love and secrets – all of it set in the heart of one of the world's most famous houses.

Kim is not your average member of Her Majesty's palace staff – but then he shouldn't be on the staff at all. He's in fact a Sun staff reporter who's wormed his way into Buckingham Palace to pick up every bit of dirt and gossip that he can lay his hands on.



Along the way, Kim is faced with many surprising aspects of Palace life that even he didn't see coming.

BIOGRAPHY

William Coles has been a journalist for 30 years and has worked for a number of papers including The Sun, The Express, The Mail and The Wall Street Journal. Find out more about William at wcoles.com or follow him on Twitter, @WilliamColes1.

ROSALIND by Jessica Mills



WORLD RIGHTS AVAILABLE

**'One of the best novels
I have read this year.'**

IRIS COSTELLO

ISBN (Paperback Original):

9781915643391 £9.99

ISBN (E-book):

9781915643407 £4.99

Extent: 304 pages

Format: 129x198mm

Rights Held: World (excl. film/TV)

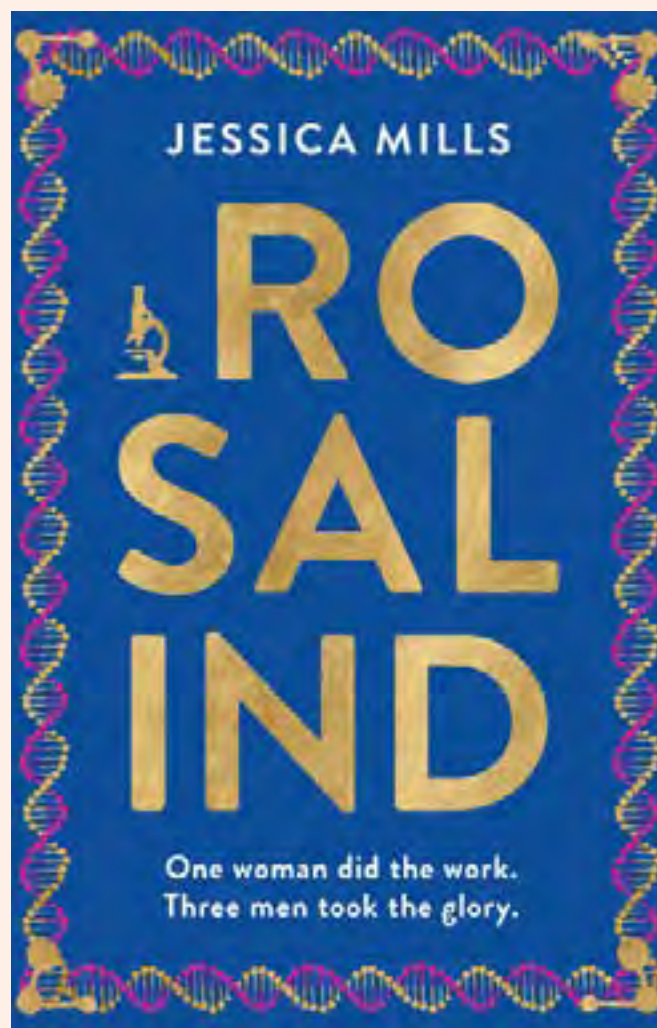
US Rights sold to Pegasus

Audio rights sold to WF Howes

Inspired by the true story of a woman so many tried to silence, *Rosalind* is a tale of hope and perseverance, love and betrayal.

Rosalind Franklin knows that to be a woman in a man's world is to be invisible. In the 1940s science is a gentleman's profession, and it appears there are plenty of colleagues who want to keep it that way.

After being segregated at Cambridge, then ignored and put down in the



workplace, she has no intention of being seen as a second-class citizen and throws everything into proving her worth. But despite her success in unlocking the very secret of life, the ultimate glory is claimed by the men she left in her wake.

BIOGRAPHY

Jessica Mills is a journalist (Jessica Davies) and author. She has written for publications such as *The Independent*, *The Wall Street Journal* and *Business Insider*. *Rosalind* was longlisted for the Exeter Novel Prize in 2020.

ARRESTED SONG

by Irena Karafilly



WORLD RIGHTS AVAILABLE

'This charming tale of secrets and love is a must for royal fans'

HELLO MAGAZINE

ISBN (Paperback Original):

9781915643964 £9.99

ISBN (E-book):

9781915643971 £4.99

Extent: 410 pages

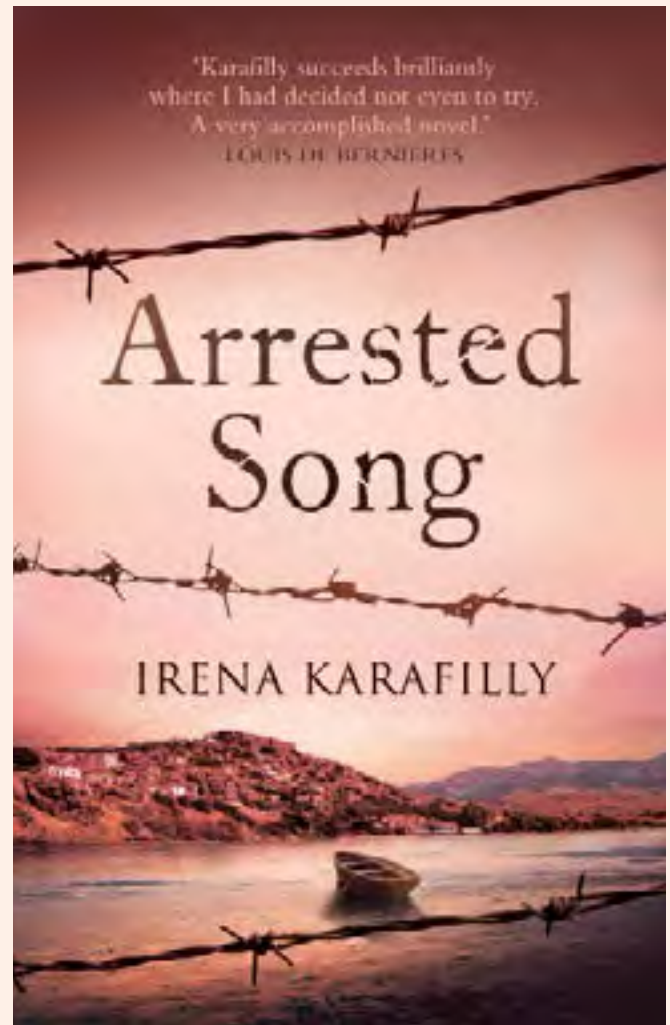
Format: 129x198mm

Rights Held: World

Translation Rights: Yes

ARRESTED SONG is a haunting, sumptuous novel. Spanning over three decades, it chronicles the story of an extraordinary woman and her lifelong struggle against social and political tyranny.

Calliope is a young schoolmistress in the village of Molyvos when Hitler's army invades Greece in 1941. Recruited by the Germans to act as their liaison officer, Calliope's wartime duties bring her into close contact with Lieutenant Lorenz Umbreit, the



Wehrmacht commander. In a fishing village seething with dread and suspicion, their intimacy begins to blossom. But as an active member of the Greek Resistance, how long can their relationship last?

BIOGRAPHY

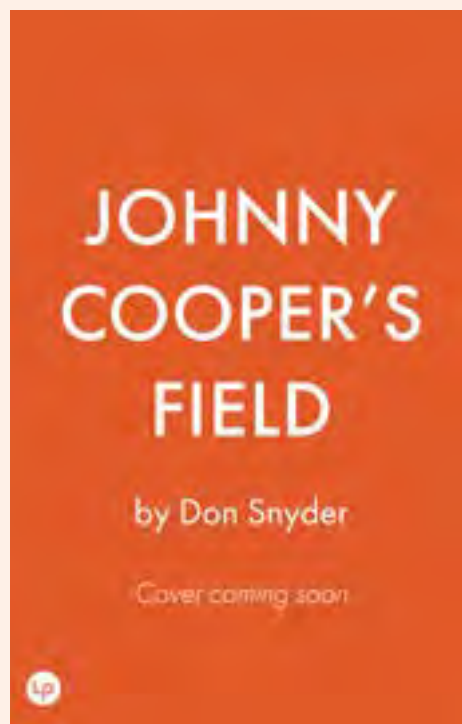
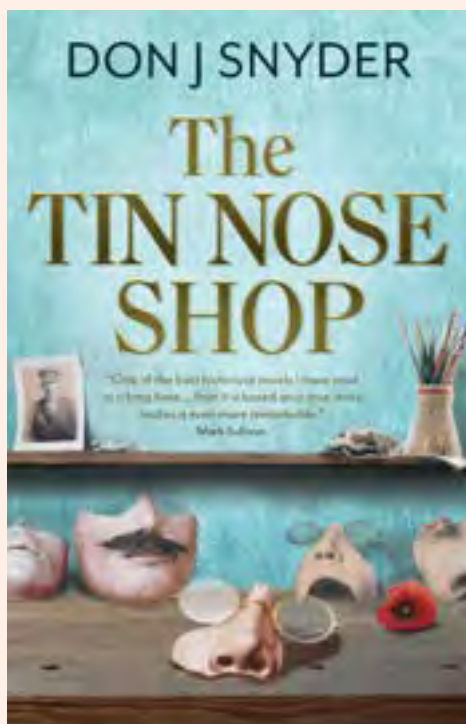
Irena Karafilly is an award-winning writer, poet, and author of several acclaimed books. Her short stories have been broadcast, anthologized, and published in both literary and mainstream magazines; her articles have appeared in numerous newspapers, including the New York Times and the International Herald Tribune.

THE TIN NOSE SHOP & JOHNNY COOPER'S FIELD by Don Snyder



WORLD RIGHTS AVAILABLE

Format: 129x198mm Audio rights sold to WF Howes



Extent: 288 pages

ISBN (Pb): 9781915054609, £9.99

**A BBC RADIO 2 BOOK CLUB
RECOMMENDED READ**

**INSPIRED BY ONE OF THE LAST
GREAT UNTOLD STORIES OF WWI**

1916: Saved from a firing squad, young artist Sam Burke is sent to a remote castle by the Irish Sea. At the 'Tin Nose Shop,' he crafts masks for disfigured soldiers, hiding their wounds from the world. Haunted by his best friend's death and a broken promise, Sam and the wounded men must find a way to face the lives they left behind.

*FRENCH AND ARABIC RIGHTS HAVE
BEEN SOLD.*

Extent: 304 pages

ISBN (Pb): 9781917163415, £9.99

**'Beautifully written and
sensitively observed'**

HAZEL GAYNOR

On Christmas Eve, homeless Johnny saves Elizabeth's life, and against all odds, they fall in love. But her wealthy father tears them apart, secretly giving away their baby.

Twenty years later, their son, searching for answers, uncovers their lost love story – and finds love of his own.



Where readers find
their happily ever
after...

CARBON DATING

by Jen Smith



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ROMANCE TROPES

Enemies to lovers

Forced Proximity

Only one bed

SPICE RATING: 🌶️ (Some spice)

ISBN (Paperback Original):

9781917163552 £9.99

ISBN (E-book):

9781917163569 £3.99

Extent: 298 pages

Format: 129x198mm

Rights Held: World

Translation Rights: Yes

Audio rights sold to WF Howes

**THE ARCHAEOLOGICAL
DISCOVERY OF A LIFETIME...
BUT HER SWORN ENEMY IS
DIGGING IT.**

When Laurel Fletcher's meticulously ordered world is upended by the discovery of a possible Anglo-Saxon burial site on her beloved family farm, the last person she expects to see is Dr. Nate Daley—the man she hoped never to encounter again.

As old university resentments resurface, Nate is baffled by Laurel's hostility and



strives to build a friendship with her. As they reconnect, Laurel and Nate realize their feelings run deeper than they initially thought. But just as they start to envision a future together, unexpected revelations threaten to tear them apart. Can they overcome their past to build a future together?

BIOGRAPHY

Jen lives in the Midlands with her husband and two kids. She has an MA in Medieval History and loves writing about the trials and tribulations of falling in love, finding your person and overcoming everything that life throws at you, together.

LOVE, ACADMEICALLY

by Jen Smith



WORLD RIGHTS AVAILABLE

ROMANCE TROPES

Enemies to lovers

Grumpy X Sunshine

Fake Dating

SPICE RATING:  (Spicy)

ISBN (Paperback Original):

9781917163378 £9.99

ISBN (E-book):

9781917163385 £3.99

Extent: 298 pages

Format: 129x198mm

Rights Held: World

Translation Rights: Yes

LOVE, ACADEMICALLY

by Jen Smith

Cover Coming Soon

FALLING IN LOVE WASN'T ON THE CURRICULUM...

Lila Cartwright is thriving after dumping her toxic ex – well, mostly. That is, until she bumps into him and his new girlfriend, forcing her to grab the nearest man and introduce him as her boyfriend. Unfortunately, that man is her infuriatingly moody (yet undeniably attractive) colleague, Rhys Aubrey.

Rhys isn't Lila's biggest fan either, but when he needs to convince his family that he's excelling in both work and love,

striking a deal with her suddenly makes sense.

As their fake relationship unfolds, the lines between pretence and reality blur. Can they keep up the act, or is there something real beneath the rivalry?

BIOGRAPHY

Jen lives in the Midlands with her husband and two kids. She has an MA in Medieval History and loves writing about the trials and tribulations of falling in love, finding your person and overcoming everything that life throws at you, together.

DOUBLE BOOKED IN CORFU

by Samantha Pennington



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ROMANCE TROPES

Forced Proximity

Enemies to Lovers

Gumpy X Sunshine

SPICE RATING:  (No spice)

ISBN (Paperback Original):

9781917163767 £9.99

ISBN (E-book):

9781917163774 £3.99

Extent: 278 pages

Format: 129x198mm

Rights Held: World

Translation Rights: Yes

TWO RESERVATIONS, TWO RIVALS, ONE ROOM... WHAT COULD GO WRONG?

In the bustling world of high street bookselling, Annabel is battling to keep her small branch afloat in the shadow of the larger local store, which happens to be run by her sworn rival, Liam. But just as corporate restructuring jeopardizes Annabel's treasured childhood bookstore, she finds herself unexpectedly double booked in a Corfu villa with the last person she wanted to encounter.



Caught between loyalty to her dreams and an unexpected bond, Annabel must navigate a sea of uncertainty to save not only her beloved bookshop but also the fragile connection she's forged with Liam. Will the mystery messages she discovers in a second-hand copy of her favourite book be the answer?

BIOGRAPHY

Samantha Pennington writes light-hearted, uplifting fiction and romantic comedy. She was selected for the inaugural Kate Nash Literary Agency Mentorship program in 2020 and is a member of the Romantic Novelists Association.

SNOWED IN WITH YOU

by Jade Church



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ROMANCE TROPES

Forced Proximity

Enemies to Lovers

Brother's Best Friend

SPICE RATING: 🌶️🌶️ (Spicy)

ISBN (Paperback):

9781917163804 £9.99

ISBN (E-book):

9781917163811 £3.99

Extent: 304 pages

Format: 129x198mm

Rights Held: World

(excl. Audio)

WHO KNEW A SNOWSTORM COULD BE SO HOT?

Falling into bed with your brother's best friend was probably never going to end well, but when Sara wakes up to a hastily scrawled note that reads 'This never happened' she realises just how badly she screwed up.

Since that moment, Sara has done her best to avoid Fletcher at all costs.



Yet, when her brother invites her on a group holiday in Alaska to escape her heartache, she reluctantly accepts... only to find herself snowed in with the one person she should hate the most.

BIOGRAPHY

Jade Church is an avid reader and writer of spicy romance. She loves sweet and swoony love interests who aren't scared to smack your ass and bold female leads. Jade currently lives in the UK and spends the majority of her time reading and writing books, as well as binge re-watching *The Vampire Diaries*.

THAT NIGHT IN NEW YORK

by Laura Wilkinson



WORLD RIGHTS AVAILABLE

ROMANCE TROPES

He Falls First

Slow Build Romance

Forbidden Love

SPICE RATING:  (No spice)

ISBN (Paperback Original):

9781917163552 £9.99

ISBN (E-book):

9781917163569 £3.99

Extent: 298 pages

Format: 129x198mm

Rights Held: World

Translation Rights: Yes

Audio rights sold to WF Howes

In a crazy Manhattan blackout, two lonely strangers connect – but can a passion forged in darkness survive the cold light of day?

Steph, an advice columnist, is stuck in a stagnant life, while lonely architect Harry dreams of rediscovering his passion. Despite a chance encounter in New York sparking a magical connection between them, fear and past wounds keep them apart. But when Steph's daughter, Lola, enters the picture, their paths intertwine in unexpected ways. As Steph fights to save her community's beloved park



and confronts her past, she must choose between safety and taking a leap of faith.

That Night in New York is a heart-warming tale of love, family, and the courage to embrace new beginnings.

BIOGRAPHY

Laura is a feminist and lover of ginger hair. Her novels are *Crossing the Line*, *Skin Deep*, *Redemption Song* and *The Family Line*. *Crossing the Line* was a Welsh Books Council book of the month and *Skin Deep* was longlisted for Not the Booker Prize.



Knowledge unbound,
stories unleashed...

FLYING THE FLAG & WOMAN UP by Carrie Dunn



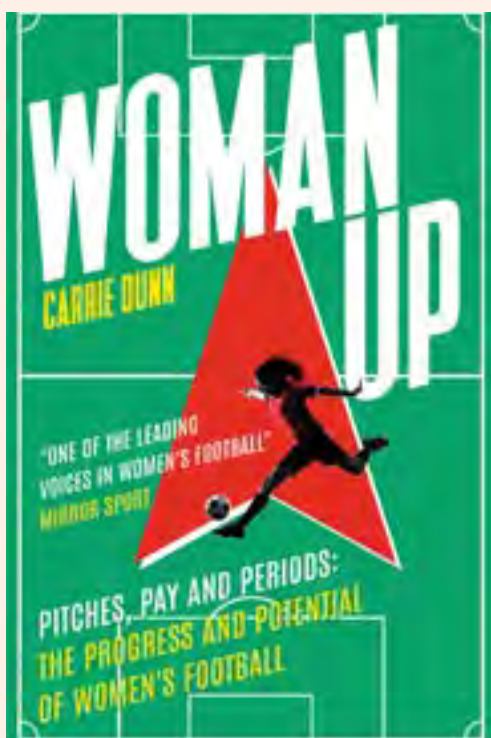
WORLD RIGHTS AVAILABLE

Format: 138x216mm Audio rights sold to WF Howes

'One of the most prolific writers about women's football in the UK'

EVENING STANDARD

From the author of *Unsuitable for Females*, shortlisted for *The Sunday Times Football Book of the Year 2023*

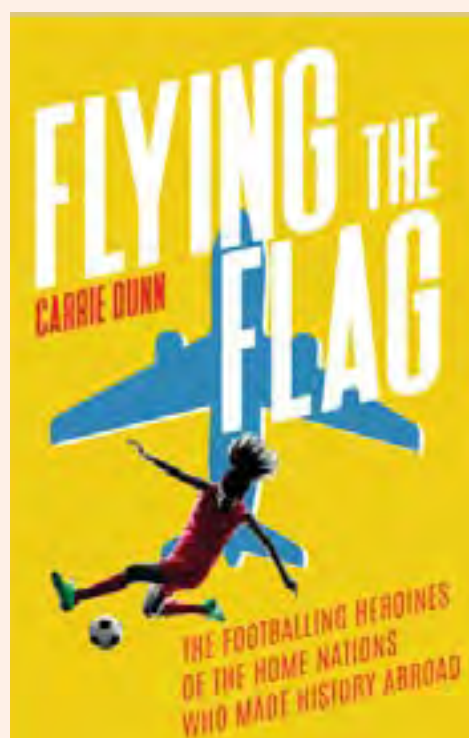


Extent: 320 pages

ISBN (Pb): 9781915643919, £14.99

Following the Lionesses' Euro 2022 triumph, women's football is finally in the spotlight—but its journey has been one of struggle. Banned by the FA for 50 years, the sport is still fighting for equality in pay, facilities, and medical support.

Football journalist Carrie Dunn explores the game's evolution; featuring first-hand accounts from top players, *Woman Up* is a powerful, inspiring look at the past, present, and future of women's football.



Extent: 256 pages

ISBN (Pb): 9781917163538, £14.99

In 1921, the FA banned women from playing football, but these rebels refused to quit.

Flying the Flag uncovers the untold stories of those pioneering British women who paved the way for today's stars. Through their reflections, we explore their extraordinary journeys, the evolution of women's football, and the dreams they still hold for the future.

RUNNING THE RISK

by David Burrett Reid



WORLD RIGHTS AVAILABLE

Running the Risk poses crucial questions about the risks we face and offers insights that can redefine our understanding of safety and resilience.

ISBN (Hardback Original):

9781917163941 £19.99

ISBN (E-book):

9781917163958 £11.99

Extent: 288 pages

Format: 138x216mm

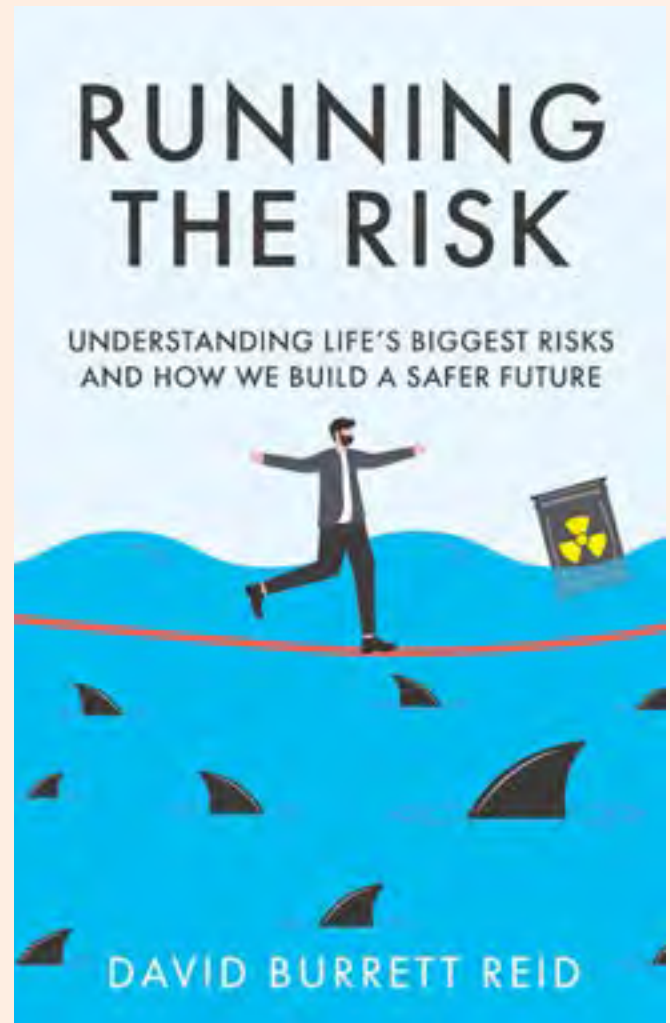
Rights Held: World

Popular Science/History/Economy

Audio rights sold to WF Howes

In a world brimming with uncertainties, from the seemingly mundane act of crossing the road to the complex web of global connections, risk permeates our daily existence.

From the historical roots of the concept of risk to the latest digital anxieties, each chapter unfolds a captivating narrative, weaving together major historical incidents and topical news events. Explore the aftermath of Hurricane Katrina and witness the transformative power of risk perception. Travel to Fukushima and learn how a nuclear disaster shapes our approach to designing critical infrastructure.



Dive into the digital realm with the Cambridge Analytica scandal, revealing a new era of digital risk and anxiety. This exploration of risk is not just an expose; it's a guide to building resilience, making informed choices, and ultimately leading safer, happier lives in a world defined by constant change.

BIOGRAPHY

An expert in strategic communications, David Reid is a member of the executive leadership team of Lloyd's Register Foundation. A former physicist, David is also a Board Trustee of The Oxford Trust and The BRE Trust, an independent charity dedicated to improving the built environment for the benefit of all.

THE OCEAN by Sturla Henriksen

WORLD RIGHTS AVAILABLE

**Written by a Special Advisor
on Ocean issues for the United
Nations Global Compact**

ISBN (Hardback Original):

9781917163965 £24.99

ISBN (E-book):

9781917163972 £16.99

Extent: 416 pages

Format: 156x234mm

Rights Held: World

Translation Rights: Yes

Geography/Environmentalism

Audio rights sold to WF Howes

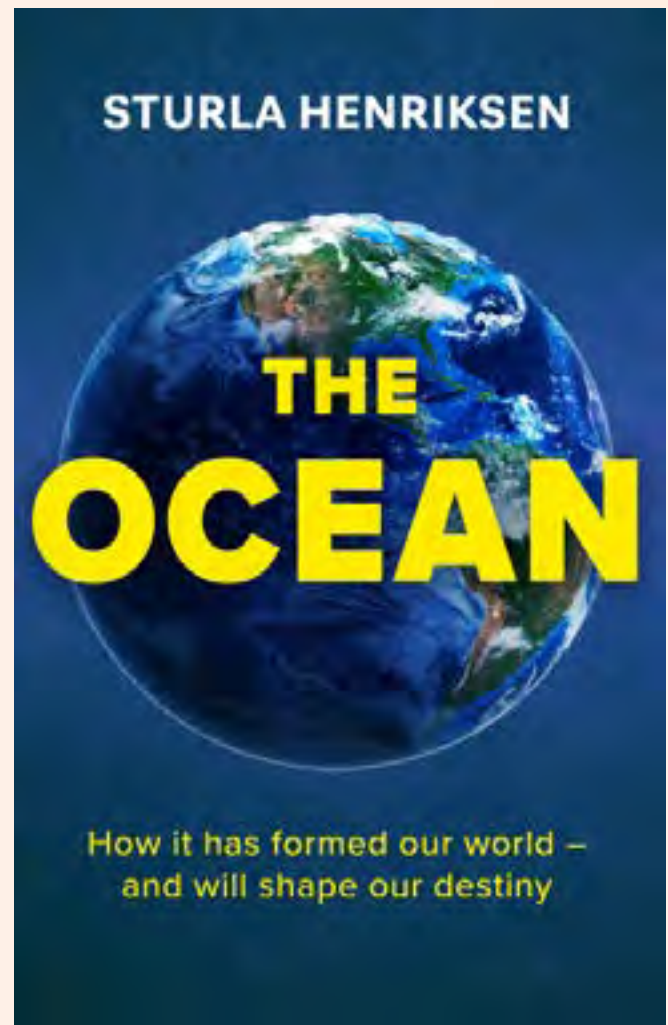
Chinese rights have been sold.

**'A very impressive piece of work
that should be read by anyone
who cares what happens next on
our planet'**

DR GOERGE MCGAVIN

British entomologist, author, academic
and television presenter

Henriksen, a former CEO of the Norwegian Shipowners' Association and current Special Advisor to the UN presents a comprehensive and authoritative analysis of the ocean's impact on geopolitics, climate, biodiversity, and the potential for a sustainable future.



From the depths of the sea to geopolitical tensions in strategic maritime locations, Henriksen addresses the complexities of our relationship with the ocean, emphasizing the need for a holistic understanding to tackle the intricate interplay of environmental, economic, and geopolitical factors.

BIOGRAPHY

Sturla Henriksen, a Special Advisor on Ocean issues to the United Nations Global Compact (UNGC) since January 2018, directs UNGC's global projects involving corporations, research institutions, and governments. With a background as former CEO of the Norwegian Shipowners' Association, Sturla brings extensive experience to his role.

A COUPLE'S GUIDE TO MENOPAUSE

by Kate Usher and Neil Usher



WORLD RIGHTS AVAILABLE

**'A good source of information
and practical advice'**

DR SHAHANAZ BEGUM

NHS and Private GP specialising in women's health,
family planning and child health

ISBN (Hardback Original):

9781915054036 £16.99

ISBN (E-book):

9781915054043 £10.99

Extent: 224 pages

Format: 138x216mm

Rights Held: World

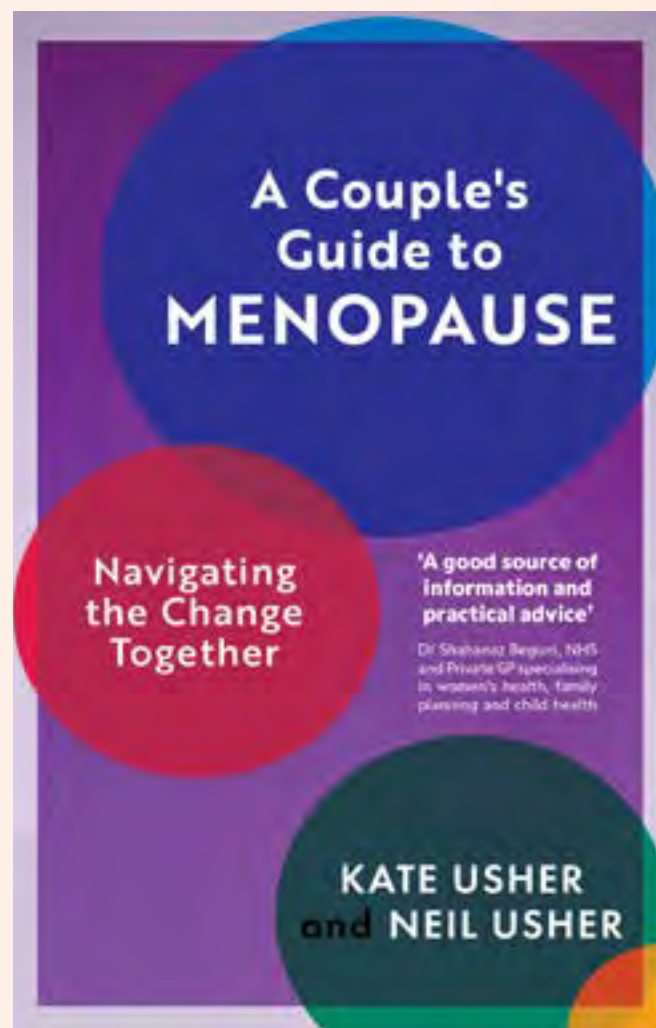
Translation Rights: Yes

Self-help/Women's health/Business

Audio rights sold to WF Howes

This accessible and entertaining book provides couples with a concise, practical, and humorous approach to managing the menopause together.

Divided into eight subjects, the book explores the shared experience from both the female and male perspectives, offering valuable insights and everyday practical guidance. With a global applicability, the book serves as a conversation starter for couples facing the challenges of menopause, providing clear and organized advice



to strengthen relationships during this significant phase of life.

The book's practical, down-to-earth approach makes it a must-read for everyone in their 40s, offering a unique blend of wisdom and humor.

BIOGRAPHY

With over 25 years in menopause coaching and corporate project management, Kate Usher has become a leading voice in menopause, equality, diversity and inclusion. Her husband, Neil, has been published for titles including *The Elemental Workplace* (LID, 2018) and *Unf*cking Work* (Zer0 Books, 2022).

PLASTICS by Alicia Chrysostomou



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Encouraged by media stories and government targets, many of us are making well-meaning attempts to forgo the use of plastics entirely in a bid to save the environment. But are we inadvertently at risk of doing more harm than good? Are there other factors in play needing equal consideration?

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can actually cause more harm to the planet. Do we in fact need a paradigm shift in our outlook?

Along the way the book seeks to enlighten and entertain with fascinating facts about the much maligned polymers, such as why plastic clothes pegs tend to snap when left outdoors, why some plastics yellow in time and what paracetamol, tarmac and Bakelite have in common.

BIOGRAPHY

Alicia Chrysostomou is a Senior University Lecturer at London Metropolitan University on polymer materials. She has published a number of journals, and has been consulted by numerous BBC series.

AT THE EDGE OF MYSTERIES

by Shantha Perera



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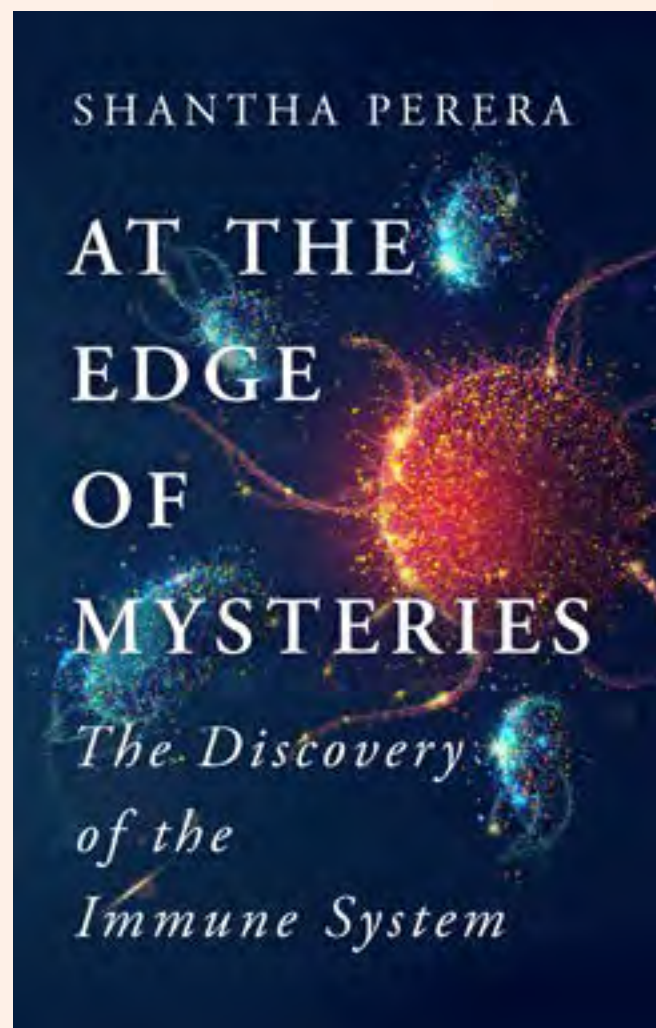
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In December 2019 a new virus emerged, one that caused a global pandemic. Millions were infected. In the recesses of their fragile bodies a battle raged: between the immune system and the virus. But what is the immune system? What are its components? How do they work?

A journey through the history of immunology, *At the Edge of Mysteries* traces the discoveries that shaped our understanding of disease—from ancient records in 430 BCE to modern breakthroughs in vaccines, cancer treatment, and pandemics.



Bringing to life pioneers like Edward Jenner and Louis Pasteur, this engaging and accessible book explores the minds behind medical revolutions and what history can teach us in the fight against today's global health challenges.

BIOGRAPHY

Shantha Perera is a Senior Lecturer in Immunology at the School of Medicine, University of Wolverhampton, UK. He is the principal author of *Integrated Medical Sciences: The Essentials* (Wiley, 2007).

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