

MONDADORI

Spring Rights List 2024



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MILENA AGUS

Night of Passing Wind

A novel filled with wonder and literature that tells a story of universal tension between wanting to dream and having to live in the real world.



ENGLISH SAMPLES AVAILABLE

This is the story of Cosima and the most memorable year in her life, when she turned eighteen and “so many things happened to her for the first or last time.” Cosima recently moved with her family from a country town to the city of Cagliari and ever since she was a young girl, she always lived inside books, “fictionalizing” reality to make it more captivating. Her father does the same thing, he is a hopeless optimist who creates gloomy paintings and is often unemployed. Her mother has to support the entire family by working as a cleaning lady. Cosima likes the sky over Cagliari, the sea at Poetto, her literature professor, and her best friend Abya Yala: a wealthy kid who has the temperament of a revolutionary. But she misses her hometown a lot, so she goes back to visit her grandmother as often as possible. During these escapes, she falls in love with Costantino, a shepherd and a musician who is much older than her; he is very handsome, mysterious, and sad, and he immediately becomes her Heathcliff from Wuthering Heights. She slowly influences him with her dreamy outlook and wins him over: they share an exciting and very romantic love story filled with horseback escapades and secret meetings. But reality closes in on them with all of its brutality: in the realworld Costantino is married, Cosima’s mother has fallen seriously ill, and Abya Yala is about to leave for Cuba, possibly forever. And Cosima is so sad that, for the first time, she is forced to climb down from her tree and set her feet on the ground. However, the violent collision with reality and the impetuous ups and downs of this memorable year will help her figure out what kind of adult she will become.

MILENA AGUS was born in Genoa from Sardinian parents and lives in Cagliari. She has written seven novels which were all published by Nottetempo; they received several awards and have been translated in over twenty languages. Her novel *Mal di pietre* sold over 200,000 copies, have been translated into twenty languages and was adapted into a movie by the French filmmaker Nicole Garcia, starring Marion Cotillard.



Foto © Marco Alberto Desogus

MADDALENA FINGERLE

Shame

PP. 160
PUBLICATION:
FEBRUARY 2024

“A protagonist who has lost her footing, a character that doesn’t want to be liked but just wants to find her way back to being happy.”



ENGLISH SAMPLES AVAILABLE

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BY LUCHTERHAND/PRH

Gaia doesn’t want to be herself anymore. She shaves off her hair and starts wearing wigs, she sells her most precious earrings on eBay, she gets rid of her closet and buys a new bed, which she is then unable to assemble. She would like to rebuild herself and the environment in which she lives in the likeness of Veronica: her beloved, magnificent Veronica, who recently broke up with her. Veronica isn’t just the person with whom Gaia is in love, she is also the woman she would like to become – as it happens with one’s first, raging, narcissistic love story. Gaia’s family comes from the solid bourgeoisie of Italians who live in Monaco, which embodies everything that Gaia rejects: humanistic culture as contempt and ostentation, the cult of appearances, the propensity to relegate menial tasks to subordinates. Veronica, on the other hand, is a lively woman, down to earth, extroverted, and a personality as sunny as her homeland, the Salento region. Gaia’s monologue is at times angry and vengeful, other times masochistic, and sometimes scared and held hostage by a horde of sublime obsessions. She will get to know herself better through her soliloquy, and she will be ready to truly take risks in order to turn into the person she wants to become. She will finally realize that you inevitably have to start a fire if you want to be reborn from your own ashes.

MADDALENA FINGERLE majored in German and Italian studies and works as a university researcher. With her debut novel *Lingua madre* (ed. ItaloSvevo, 2021) she won the Premio Italo Calvino, the Premio Comisso Under 35, the Premio Flaiano Under 35, the Premio Città di Girifalco, the Premio Fondazione Megamark, and the Premio POP.

ROMANA PETRI

Everything About Us

PP. 216
PUBLICATION:
MARCH 2024

Romana Petri returns to narrate the family through the gaze and the fierce, unabashed words of an unforgettable protagonist.

Marzia discloses herself with rage, violence, and brazenness. She trains her lean physique through wrestling and learns how to turn her body into a barrier between herself and the world. But it is not enough. She can’t escape the conflict, the spider’s strategy, the web that her mother and father have woven around her, each in their own way. She believed (and keeps on believing) in the existence of perfection: she saw it in a dog that she wasn’t able to defend, and she saw it in a guy she met on a mountain trail. She saw it but also considers it lost, threatened by the vulgarity of a razzing. Finding a way out requires sacrifice, change, closure. Marzia proceeds dauntlessly along the crumbling path of affection, moving past the school of anger, regrets, and morbid dedication where she was trained. She goes forth like a cowboy or, even better, like the free woman she always wanted to be. Romana Petri masterfully accompanies the pounding first-person narrative of her Marzia as she stands on the verge of an abyss. The hell that she reveals, however, is part of a “whole”: the more she feels the burn of the broken mosaic of feelings, the more it makes way for a possible life.



ROMANA PETRI has written several books, including *Pranzi di famiglia* (2019, winner of the Premio The Bridge), *Figlio del lupo* (2020, winner of the Premio Comisso and the Premio Speciale Anna Maria Ortese-Rapallo), *La rappresentazione* (2021) and *Rubare la notte* (2023, finalist for the Premio Strega). She is a translator and a literary critic. Her novels have been translated and published in the United Kingdom, the United States, France, Spain, Serbia, the Netherlands, Germany, and Portugal (where she lived for many years).

ALESSANDRA CARATI

Rosy

Rosa Bazzi is serving a life sentence for the quadruple murder that took place in Erba. According to everyone, she is a vicious killer, unable to have children of her own, a shady manipulator. A monster. The book *Rosy* is her portrait.



ENGLISH SAMPLES AVAILABLE

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In the early afternoon of January 8, 2007, Rosa Bazzi and Olindo Romano leave Erba in the backseat of a Carabinieri car. They don't know it yet, but in less than an hour they will find themselves in Como's jail, where they will begin a prison sentence that later will be turned in a life sentence convicted of murdering four neighbours and seriously injuring a fifth - one of the biggest recent news cases, known as 'the Erba massacre'. Alessandra Carati meets Rosa Bazzi. Between July 2019 and February of the following year, she visits her in prison every week in sessions lasting hours. "I vent when I'm with you, like with a priest," Rosa tells her one day, and overwhelms her with contradictory, unreliable speeches, bordering on comprehensibility. She forces her into her chaos. The author believed that knowing her in person would allow her to separate facts from words; instead, proximity has blurred the picture. In an attempt to understand, she seeks the gaze of those who have known her for the past seventeen years: the psychologist, the lawyers, and then the chaplain, her husband Olindo through the letters he writes. She discovers a neglected childhood, working as a child for families in Erba, marriage at twenty, and dependence on Olindo, the difficult adaptation to detention. Only then does she return to prison. However, Rosa does not conform to any narrative that has been told about her; she continues to resist like an indecipherable disturbance. It is precisely at that moment, in the renunciation of every image of her that *Rosy* emerges, as in a polaroid.

"I read *Rosy* breathless. This book excels in so many aspects: the portrait of a "simple woman" who may be a murderer, a - sometimes tender sometimes sordid - love story, an investigation - author and reader struggling for the truth -, a strong critic to the media. Carrère, Lagioia, Radden Keefe, Capote and *Anatomy of a Fall* came to my mind while I kept on turning the pages. I finished the book in tears, wanting to read it over again".

Maria Fasce

ALESSANDRA CARATI is the author of *Bestie da vittoria* (ed. Piemme, 2016, co-written with Danilo Di Luca), *La via perfetta* (ed. Einaudi, 2019, co-written with Daniele Nardi), and *E poi saremo salvi* (ed. Mondadori, 2021, finalist for the Premio Strega 2022).

ALESSANDRO PIPERNO

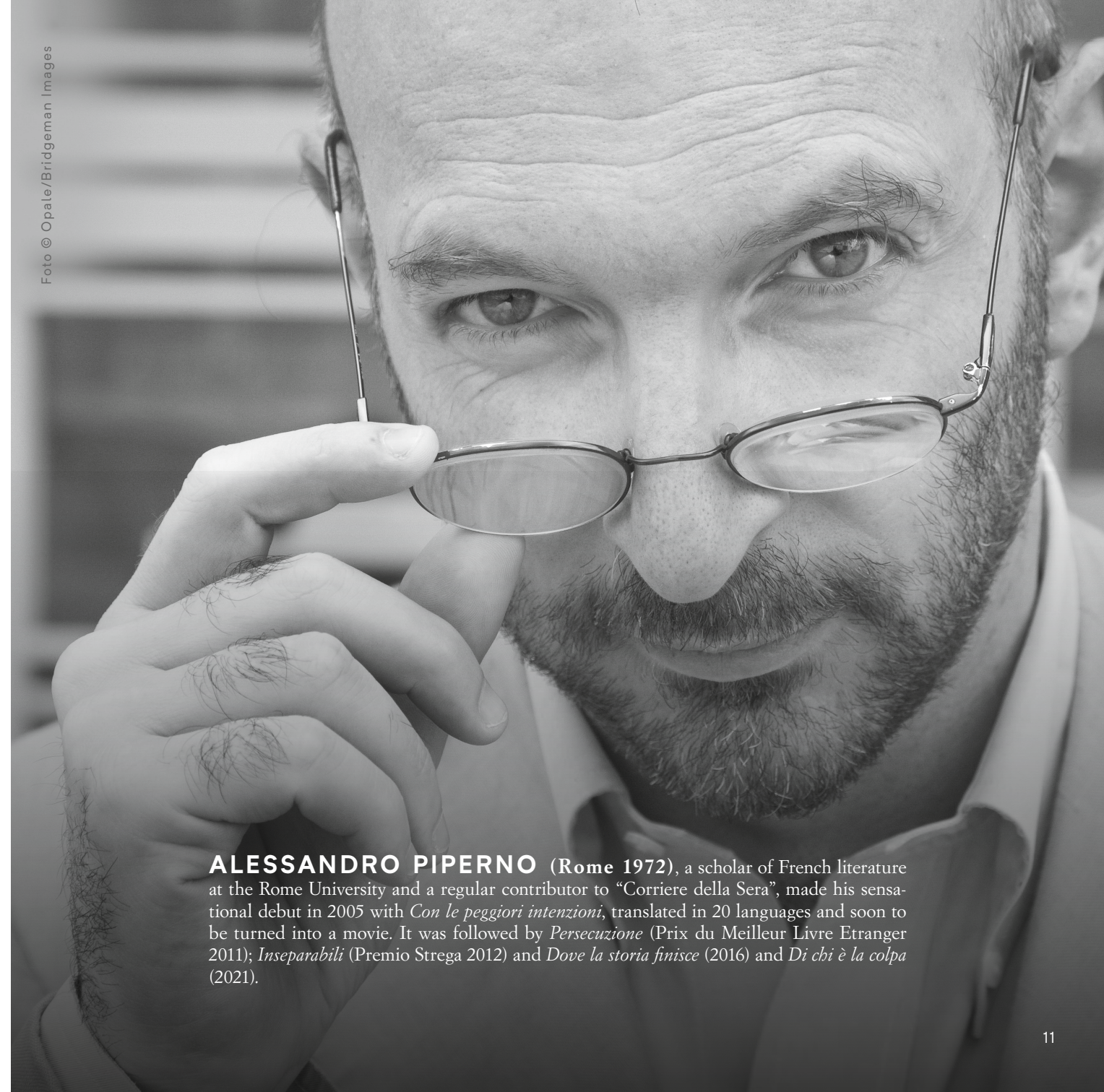
Family Resemblance

A new, wonderful novel by one of Italy's greatest authors and intellectuals, winner of the Premio Campiello Opera Prima, the Premio Strega, and France's Prix du Meilleur Livre Étranger.



Our main character and narrator is going through hard times. He is experiencing writer's block, he can't write a single line of his novel, and he is also losing interest in his academic work. All of a sudden, he receives a piece of news that throws him for a loop: the death of his high school classmate Veronica. He had a fling with her back in those days; he always admired her non-conformist intelligence and the courage that had led her to emancipate herself from her father's tyranny. How could she die at fifty when their teenage years still seemed to be just around the corner? Our protagonist is distraught. Meanwhile, he is accused of sexism at his university by a bellicose colleague who is an ultra-feminist. In his opinion, she is a paladin of a bogus battle that is actually aimed at climbing the echelons of power – especially if compared to Veronica's real social activism and the concrete and substantial battles in which she engaged at the time. After being kicked out from his university, he is melancholic, isolated, and an outcast, until he receives some surprising news: a juvenile court asks him to become his nephew's guardian: a ten-year-old boy called Noah whom he has never met. His parents had recently died in an accident, and now he is all alone in the world. After having many doubts, the protagonist accepts and starts having the time of his life with the child. Little by little, Noah wins him over entirely: he sees in him his same disorientation as an orphan combined with a sweetness and naivety that will help him look at the world through different eyes.

Foto © Opale/Bridgeman Images



ALESSANDRO PIPERNO (Rome 1972), a scholar of French literature at the Rome University and a regular contributor to “Corriere della Sera”, made his sensational debut in 2005 with *Con le peggiori intenzioni*, translated in 20 languages and soon to be turned into a movie. It was followed by *Persecuzione* (Prix du Meilleur Livre Etranger 2011); *Inseparabili* (Premio Strega 2012) and *Dove la storia finisce* (2016) and *Di chi è la colpa* (2021).

DARIA BIGNARDI

Every Prison is an Island

A story of prisons, real or internal, a story of freedom, injustices, islands, and isolation.



“I’ve been visiting penitentiaries for thirty years,” writes Daria Bignardi at the beginning of this book. She worked with a prison newspaper, she brought her conversations with inmates to television, she took her daughter to meet her grandfather in the visiting room when she was three months old, and she still volunteers at the San Vittore Prison. It was March 8, 2020, the beginning of the pandemic, when a few inmates climbed on the roof shouting “Freedom, freedom”. “We are also afraid,” she said, “can you imagine how scared they must be in there?” And she concluded by stating that “we need alternative measures.” The video was loaded on the website of Corriere della Sera and it elicited many reactions. “I was inundated with insults, which didn’t surprise me: I know how things are when it comes to prisons. Everybody hates them. And some love them when they are other people’s prisons, so to speak.” Bignardi has now decided to talk about prisons the way she has come to know them, sharing the most powerful stories she encountered over the years and her relationship with prisons, as a physical space and as an institution, but also as a concept and a psychological condition.

DARIA BIGNARDI has been living in Milan for many years. Mondadori published her novels *Non vi lascerò orfani* (winner of the Premio Rapallo, the Premio Elsa Morante, and the Premio Città di Padova), *Un karma pesante*, *Lacustica perfetta*, *L'amore che ti meriti*, *Santa degli impossibili*, *Storia della mia ansia*, and *Oggi faccio azzurro*, whereas Einaudi published *Libri che mi hanno rovinato la vita*. All of her books were literary hits that were also translated in several languages.

MICHELA MURGIA

In My Memory

Remember Me However You Want

Michela Murgia's final testament.

Her life, politics, writing career, faith, success, friendships, and illness: the last explosive testament of one of Italy’s greatest authors and intellectuals. A few weeks before she passed away, Michela Murgia generously revealed herself to her readers, writing about her “fifty lives” with great humor and acumen, leaving a legacy of awareness, courage, and disobedience.



MICHELA MURGIA (1972-2023) made her literary debut in 2006 with *Il mondo deve sapere*. Her books, which have been translated in over thirty countries, include *Accabadora* (winner of the Premio Campiello 2010), *Ave Maria* (2011), *Chirù* (2015), *Istruzioni per diventare fascisti* (2018, published in English as *How to be a Fascist: A Manual*), *Stai zitta* (2021), *God Save the Queer. Catechismo femminista* (2022), and *Tre ciotole. Rituali per un anno di crisi* (2023), that sold more than 100 000 copies and that will be translated into German (Wagenbach) and Spanish (Altamarea).

ALESSANDRO PERISSINOTTO
The War of the Traversas

A segment of Italy's twentieth century, through the compelling story of a family of framers from Turin.



1910, Luigi Traversa turns his small carpentry shop into a factory that makes frames and furniture moldings. He hopes that his three sons will help him with the business, but Carlo (the eldest) is obsessed with opera, Mario fools around up and down the mountains, and Alfredo is the family's despair because he is a communist. Teresa, the only daughter, is in a relationship with Tazio, Alfredo's best friend who shares in his political activism. After a fascist dies in a clash with communist militants, the incident provides the excuse for Turin's action squads to organize a violent retaliation against all of the city's communists: it is December 18, 1922, and Alfredo and Tazio are twenty years old when they witness what will go down in history as the Turin Massacre. Many people in town are aware of Alfredo and Tazio's communist sympathies, so the two friends make a run for it; but only Alfredo manages to escape the fascists' guns and flees into France. After Tazio's death, the narration follows the Traversa siblings throughout the Fascist period and World War II, accompanying the survivors into the early 1950s, when their destinies will inexorably collide once again.

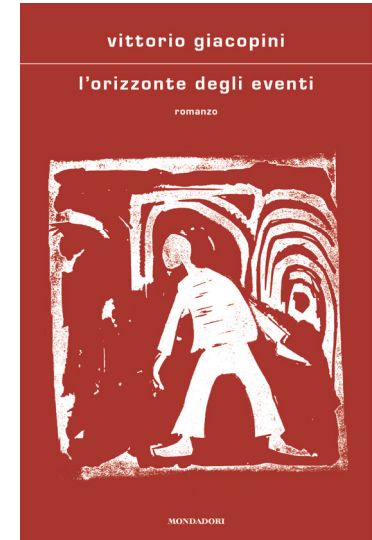
ALESSANDRO PERISSINOTTO teaches storytelling at the University of Turin. He made his literary debut in 1997 with the historical crime fiction *L'anno che uccisero Rosetta* (ed. Sellerio). He followed it with several books spanning various genres, which were published in many European countries and in Japan. Mondadori released his novels *Il silenzio della collina* (2019), *La congregazione* (2020), and the legal thriller series co-written with the lawyer Piero d'Ettore: *Cena di classe* (2022) and *Il figliol prodigo* (2023).

VITTORIO GIACOPINI
The Event Horizon

A pamphlet-novel revolving around the awareness of History and Time.

The Gypsy comes from far away, he is the freak, the dropout, the philosopher, the prophet. He walks in and out of the scene with his wisdom and provocations; he is playful, he tears down easy truths, he chastises cultural heritage, he smirks at do-gooders and hysterics. He isn't vindictive, if anything he seeks retribution. He doesn't allow for setbacks. He engages in an intense dialogue with the author, a very uneven exchange of opinions. The two of them clash and come together, they travel along the routes of the present, through the pandemic, the climate crisis, the migrations, the constant stimuli provided by information and scientific progress. The Gypsy is a sort of Nietzschean dwarf who brings to the surface the voice of the lowest, the ones left behind; he leads to a neglected truth, an obliterated past, to the end of time. The two protagonists clash and annihilate each other, until they reach the very limit, the event horizon of a literal black hole destined to swallow their farewell. *L'orizzonte degli eventi* is reminiscent of Houellebecq, but amended with a passion that diverts cynicism into intellectual courage.

VITTORIO GIACOPINI is a journalist, an essayist, a radio host on Rai Radio3, and a sketch artist. He published several nonfiction books including *Scrittori contro la politica* (ed. Bollati Boringhieri, 1999), *Fuori dal sistema. Il linguaggio della protesta* (ed. Minimumfax, 2004), and *Al posto della libertà. Breve storia di John Coltrane* (ed. e/o, 2005). Among his novels: *La leggenda di Bobby Fischer* (ed. Mondadori, 2008), *Il ladro di suoni* (ed. Fandango, 2010), *L'arte dell'inganno* (ed. Fandango, 2011), *Re in fuga* (ed. Il Saggiatore, 2020), *Roma* (ed. Il Saggiatore, 2017), and *La Mappa* (ed. Il Saggiatore, 2015, a finalist for the Premio Campiello).



ARMANDA GUIDUCCI

Two Women to Throw Away

Two monologues to give voice to the same difficulty of being a woman.



The two women “to throw away” that give the title to this diptych book (which is now being re-released after it was originally published back in 1976) are an anonymous middle-aged housewife and a young former prostitute called Stellina. While their voices and their stories appear to be completely different on the surface, they resonate through two heartfelt monologues that alternate tones going from forlorn, to sarcastic, to frenetic. The housewife expresses the dejection and frustration of household chores in a Milan oppressed by smog, which becomes the symbol of the filth of the entire world. Stellina seems to have made braver and more deliberate choices, even “getting out of the business,” but she is still a prisoner of a society that won’t recognize the value and dignity of women. *Due donne da buttare* is an isolated literary case by an author devoted to in-depth social and anthropological studies. Armanda Guiducci gives shape and voice to the concerns and struggles of living the female identity, back then as well as now. A text at times crude, marked by scorching realism and enduring vitality.

ARMANDA GUIDUCCI is the author of several texts ranging from in-depth studies to poetry collections, essays on literature, ethnography, and social criticism.

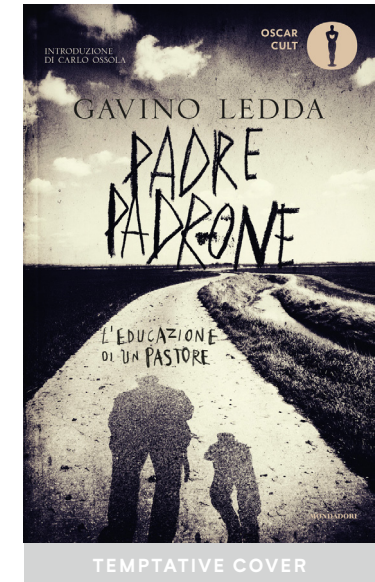
GAVINO LEDDA

My Father My Master

The Education of a Shepherd

A new edition of the classic memoir from the seventies, a story of emancipation from a father’s archaic and oppressive rule.

After his father withdraws him from school after just a few weeks, little Gavino spends his childhood and adolescence completely illiterate and isolated, tending to his father’s sheep. He will find ways to emancipate himself, first by learning how to play the accordion and later, during his military service, by starting to study again and getting a degree. A redemption that will inevitably lead him to clash with his father and master: a clash between two men, two generations, and two different worldviews.



GAVINO LEDDA (Siligo, Sassari, 1938) was born in a family of shepherds and was illiterate until he joined the army. After beginning his studies, he earned a degree in linguistics and later became an assistant professor in romance studies at the University of Cagliari. He wrote the autobiographical novel *Padre padrone* (1975, published in English as *My Father My Master*), which was adapted into a film by the Taviani brothers and won the Palme d’Or prize at Cannes. He is an accomplished scholar of Italian and Sardinian, he wrote several novels and poems, and he also directed and acted in a few movies.

MARCO PELLICCIOLI

In the Concert of Time

A prominent figure and an independent voice in our new poetry.



This book presents a broad portrait of characters and situations in which the remote past is subtly compared to today's changed reality. The book carries on in a narration through memory conducted by an off-screen voice, a "body double" that brings to the surface faces, in a gallery of humble apparitions. Pelliccioli fluctuates between horizontal and vertical dimensions; he brings on stage household objects and amulets, details of everyday life, the meaning of birth and death, presences and disappearances, plants and small animals, words sometimes taken from dialects. We find ourselves in front of "invisible creatures / that swim in the sky," offered by the poet, who also seizes the problematic appearance of a contemporaneity that has become mechanical and technological. The journey of this work takes place in a sort of articulated poetic coherence, in the impeccable stylistic control of a music that swings from recitative to crooning, with moments of distinct realism but also with oneiric apertures, with traits of an effective (and nowadays unusual yet innovative) delicate expressionist coloring.

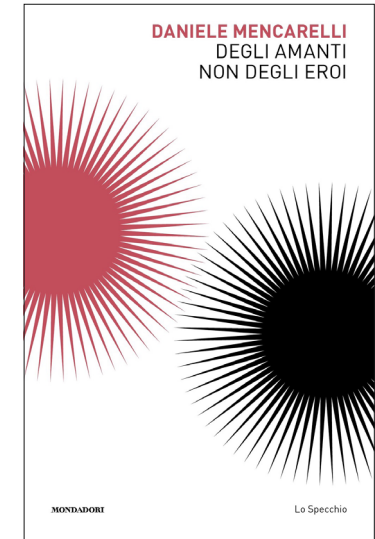
MARCO PELLICCIOLI published the books *C'è Nunzia in cortile* (2014), *L'orfano* (2016), *L'inganno della superficie* (2019), and the booklet *Il sogno del pesce gatto* (2023). His novel *A due passi dal treno* (2015) received an honorable mention by the Premio Calvino. He writes children's stories (published by Gallucci and Einaudi) and his poems were featured in *Giovane poesia italiana* (2020), an anthology that was also translated and published abroad (in English with the title *Young Italian Poetry*).

DANIELE MENCARELLI

On Lovers Not Heroes

A volume composed of two poems that deals with the same subject, change.

Two narrative journeys in verse, two vast poetic movements that reveal through an unusual expressive energy the character of an author who has always moved with engaging effectiveness along the dual register of verse and prose. In his book Daniele Mencarelli composes a double portrait: two poems, complementary in their different physiognomy, in the entirely overturned linearity of a young couple's love story, and in the internal struggles – also in terms of pronunciation and versification – of "Lux Hotel" (the subsequent text). Two alternative approaches, from the apertures and turmoil of "Storia d'amore" to the complex metaphorical game of the second poem. The latter highlights the theme of negative heroism in its warlike connotation, with the "wonderfully idealistic" hope (as the author himself writes in a note) that "we might become a world that celebrates the heroism of forgiveness, compassion, and redeeming courage."

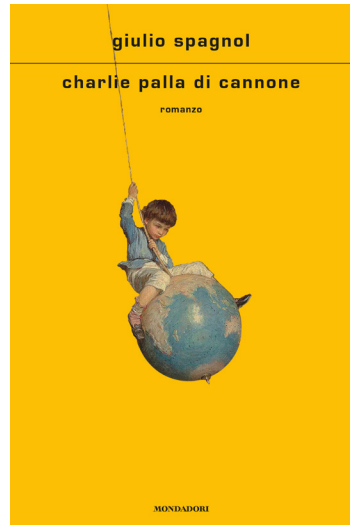


DANIELE MENCARELLI debut novel *La casa degli sguardi* was published by Mondadori in 2018 and was awarded the Premio Volponi, the Premio Severino Cesari Opera Prima, and the Premio John Fante Opera Prima and will be soon adapted into a movie. His second novel *Tutto chiede salvezza* (*Everything Calls for Salvation*) was published in 2019; it received the Premio Strega Giovani, it was translated in nine countries and was adapted into a Netflix TV series that was released in October 2022. *Sempre tornare*, published in 2021, concludes his ideal autobiographical trilogy and received the Premio Flaiano 2022.

GIULIO SPAGNOL

Cannonball Charlie

A visionary, powerful, and very original debut novel.



An unfortunate event takes place in an elementary school classroom: a teacher, Miss Calamari, is found in a closet in a delirious state with the words “Cannonball Charlie” carved on her head. The headmaster looks into the incident. The class president objects that it couldn’t have been Charlie: the boy, whose full name is Carlo Campo, doesn’t have any arms or legs as a result of having contracted meningococcus shortly after his birth. Or at least he couldn’t have acted alone. And that is actually the case. When the headmaster seems to disregard the child’s disability, the truth comes out: Charlie is anything but harmless; on the contrary, he developed a philosophical awareness that has turned him into a leader. His classmates are entranced by Charlie’s eloquence, he has become a point of reference for them, and they are ready to rebel. When their teacher announces that will be Charlie expelled from their school, they take matters into their own hands and lock her in the closet as if it were the only way to make things right. But the real plan unfolds while the class president is talking to the headmaster: all the kids go to the balcony holding a white sheet and they help Charlie complete his final flight.

GIULIO SPAGNOL has a neuroscience degree from the University of Oxford and wrote a thesis entitled “Investigations of the substantia nigra pars reticulata function and their implications for the disinhibition model of basal ganglia output.” He works with the collective blog *Nazione Indiana* and this is his first novel.

DIANA CHIARIN

Sirens of the Night

A captivating novel written with a combination of humor and melancholy.

Denis suffered the first mutilation when she was born: her name was supposed to be Denise, but it was cut short by the employee at the Registry Office. Almost as if foreshadowing the difficulty that would always accompany her in recognizing herself in her body and in a single identity. Later on, it was her stomach’s turn: unable to lose weight, she underwent bariatric surgery, which left deep scars on her body and her mind. Denis comes from Mestre, a city caught between the noblewoman that is Venice and the industrialist Marghera; just like her hometown, she struggles to define her own identity. She works at night in a wholesale fish market despite being vegan. She chose that job because she loves the night and hates people: she can’t stand their hypocrisy, their tendency to judge everything and everyone, and their corporatism. Anastasia is one of the few people she loves and a citizen of the night just like her. She was born Angel and she is trans: the choice not to opt for a mutilation becomes the basis of her tormented life, which is also joyous and mindfully chosen. Anastasia and Denis become best friends, but things get complicated when she shows up one day in Angel’s men’s clothes – and sparks fly between Denis and Angel.

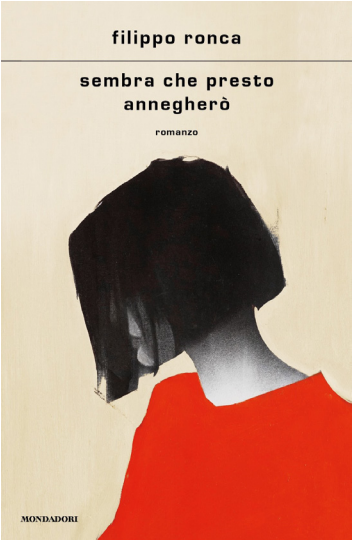


DIANA CHIARIN was born and raised in Mestre, where she attended many creative writing workshops. She is an avid reader of poetry, which she believes is a form of resistance to life. Sometimes she runs into stories that turn into an obsession and she always hopes to become, in turn, the obsession of stories that demand to be told.

FILIPPO RONCA

It Seems I Will Drown Soon

A great love story, two characters destined to remain in the hearts of its readers.



Manfredi is in love with Antonia. Like every young man in love, he sees her in everything, he explores her, he senses her, whenever she walks into a room it seems like she is always the largest presence in it. Everything around her is affected by her substance, or by her spirit, or by the dazzling banality of her simply being Antonia. She is this way in her everyday gestures, whether it is waking up together, going out for a pizza, hanging out with friends, or walking in the streets of Brescia, the city where they both live. “Even Antonia’s name seems to me like a season, the favorite season, the one you wait for every year.” Manfredi tries to explain what love is, with a simile, a declaration, a promise at every turn. There is such an emotional build-up that when Antonia asks him if it is really worthwhile to keep going out together, he is left breathless. Where will all of Manfredi’s feelings go? And this is where the novel takes off, time accelerates, constantly overlapping and intertwining. Also because Antonia dies in an accident, and Manfredi struggles to come to terms with it. But did it really happen?

FILIPPO RONCA has a degree in literature and philosophy with a specialization in journalism, and his thesis was on Jack Kerouac and the Sanremo Music Festival. He works as a copywriter and social media manager for a communications company. He is interested but not an expert in architecture, poetry, and contemporary art.

NICOLA LECCA

Poisoned Authors

A Mystery at the Cinque Terre

A sharp and hypnotic novel that unveils the dynamics and idiosyncrasies of the publishing world with nefarious humor and ruthless irreverence.

“*Poisoned authors involved me as only a great story can do. If you can read it, you will thank me.*”

– Maurizio De Giovanni

Antonina Pistuddi made her literary debut with *L’isola del rancore*, winning Italy’s most prestigious literary awards and now, despite her success, she preferred living a quiet life. And now she is accused of multiple accounts of voluntary manslaughter of all the recipients like her of a fellowship at Villa Solitudine, an international center for the preservation of poetry and literature, located on top of Mararola’s highest cliff overlooking the sea of the Cinque Terre. The victims’ names are Alvaro Moret, a bestselling author who reveals the secrets to becoming a perfect influencer; Lizzie Eden, a British member of parliament who disclosed her past life as an escort in her scandalous memoir; Arlanda Levin, a Swedish singer who didn’t even read a page of the novel written for her by a ghostwriter; and Julien Corbusier, a French model addicted to Fentanyl, but also a poet and teen idol thanks to a collection of verses that are perfectly packaged for Instagram. The guests of Villa Solitudine seem to find a certain harmony. At least until the four young authors ask Antonina to prepare one of her legendary risottos with the mushrooms foraged during a stroll in the woods...



ENGLISH SAMPLES AVAILABLE

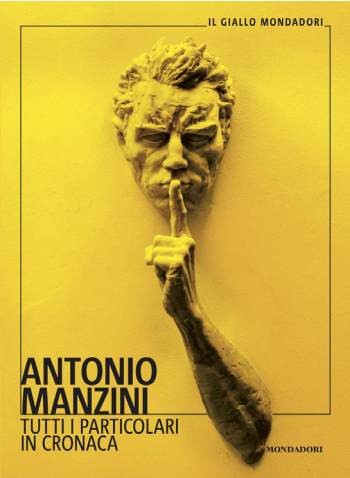
WORLD SPANISH RIGHTS SOLD TO SIRUELA

NICOLA LECCA is a passionate traveler who lived extensively in the United Kingdom, Iceland, Sweden, and Hungary. Among his novels *Concerti senza orchestra* (1999, finalist for the Premio Strega), *Ritratto notturno* (2000, winner of the Prix du Premier Roman), *Ho visto tutto* (2003, winner of the Premio Hemingway).

ANTONIO MANZINI

All The Details In The Crime Section

An intriguing detective story on the dichotomy between Law and Justice.



TOPPING THE ITALIAN BESTSELLER
LISTS SINCE ITS PUBLICATION

MORE THAN 65.000 COPIES SOLD

DANISH RIGHTS SOLD
TO FORLAGET ARVIDS

A run at dawn, then breakfast at the café, followed by nine hours of work at the court archives, a dinner filled with silence, and lights out at ten. Carlo Cappai is the embodiment of meticulousness, of solitude. Of ordinariness. Nobody suspects that, for him, that labyrinth of boxes, files, and folders is far from dead. On the contrary: those binders speak to him, sometimes shouting their unheeded truths, their pleas for justice. Those are the cases in which the court had failed, absolving the culprits “for not having committed the crime” – but it was actually due to the usual, vile, power hustles. Cappai would simply bring Justice where the Law was unable to reach. In reality, he has been waiting for forty years to punish a crime that had marked him for life. Walter Andretti is a journalist who fell out of the sports section (which he thoroughly enjoyed) and into the crime pages (where he feels extremely ill at ease). When his boss assigns him the coverage of two recent murders, Andretti reluctantly begins his investigation. After some initial blunders and missteps, he starts to feel that there is something weird behind those deaths. A connection. Maybe they were committed by the same hand...

Antonio Manzini, creator of the memorable Police Deputy Commissioner Schiavone, joins the Giallo Mondadori catalog with a fast-paced and surprising story that questions the balance between law and justice, and what we would be willing to do to heal our wounds.

“Manzini is one of the few writers who can take the measure of life as it is, at ground zero.”
– Antonio D'Orrico

ANTONIO MANZINI is an author and screenwriter. He published the novels *Sangue marcio* (ed. Fazi, 2005), *La giostra dei criceti* (ed. Einaudi, 2007), *Gli ultimi giorni di quiete* (ed. Sellerio, 2020), and *La mala erba* (ed. Sellerio, 2022). In 2013, Sellerio published *Pista nera*, the first volume in a long series that features Deputy Commissioner Rocco Schiavone. His book *Cinque indagini romane per Rocco Schiavone* (ed. Sellerio, 2016) won the Premio Chiara and the Premio della Satira di Forte dei Marmi. Among his foreign publishers Rowohlt, 4th Estate HarperCollins, Patakis, Salamandra, Denoel, L&pm editores, Muza, Sogensha.



PP. 240
PUBLICATION:
JULY 2024

FILIPPO VENTURI
The Window Murder

A brilliant choral crime story full of misunderstandings and bizarre characters.



The restaurateur Emilio Zucchini is lowering the shutters of his trattoria Vecchia Bologna when he sees a figure limping under the arcades. He recognizes him: it is Maicol, a homeless person, slightly nuts, to whom he occasionally gives a hot meal. This time, however, Maicol is covered in blood and doesn't even have a scratch. Whose blood could it be? His trattoria is located just a few steps away from the "finestrella di Via Piella," one of the tourists' favorite destinations and the most Instagrammed corner of Bologna: a window overlooking one of the few spots where the Reno River flows above the asphalt. The police find a body with a deep head wound under the window. The victim is a young graffiti artist known as Giotto. For Commissioner Jodice and his officers, the main suspect is Maicol, who has disappeared into thin air. But Zucchini is certain that his friend wouldn't harm a fly, so he starts his own investigation on the side.

FILIPPO VENTURI runs a trattoria in downtown Bologna. He works for the Bologna office of the newspaper la Repubblica, where, for several years, he has been writing the column "Dietro al banco" (lit. "Behind the Counter"): a sort of reversed Tripadvisor in which the restaurant reviews its customers. In 2018, Mondadori published his novel *Il tortellino muore nel brodo*, the first dark comedy featuring the restaurateur-detective Emilio Zucchini. He followed it up with *Gli spaghetti alla bolognese non esistono* (2020) and *È l'umido che ammazza* (2022).

PP. 176
PUBLICATION:
JUNE 2024

ROBERTO ZANNINI
The Second Way of Doing Things

A former criminologist specialized in sex crimes finds herself investigating again on the killer she hunted for years.

There is a void in Eva Carini's mind. A two-year gap that was caused by an accident, which left in its place an addiction to oxycodone and benzodiazepines. Afterwards, she didn't feel like she could go back to her job as a criminologist specialized in sex crimes. To put her past behind, she used the money from her disability benefits to purchase at a bankruptcy auction a crematorium called Fabbrica Kronos, located near a town embedded in the countryside of Canale del Brenta. But her old job is about to turn up in her new life. The security and intelligence company with which she kept a service contract informs her that the monster they were hunting down had just killed a fourth girl. The autopsy revealed several similarities with the previous victims. Including the incision made with a knife: an eight on its side that goes from one shoulder to the other, the signature of the Infinity Killer. The time has come to apprehend the murderer, at any cost. And the months Eva Carini spent in Mexico studying femicides have taught her how. Eva realized in Juárez that there can be another way of doing things.



ROBERTO ZANNINI was born in Mestre in 1959. Robin Edizioni published his trilogy of alternate history crime novels *Le inchieste dell'ispettrice Sasha Trieste*. The first edition of *Il secondo modo di fare le cose* won the 2023 Premio Tedeschi.

ROSA VENTRELLA

A Decent Family, Volume 2

Everything Else Is Rust

A family saga about resilience and sacrifice and on the great struggle between good and evil.



ADAPTED INTO A TV SERIES

ROSA VENTRELLA has a degree in modern history and she teaches literature and creative writing . Among most recent bestsellers, *Storia di una famiglia perbene*, *La malalegna* (ed. Mondadori, 2019), *Benedetto sia il padre* and *I bambini di Haretz*. Her books are very popular abroad and have been translated in twenty-four languages.

Bari’s Old Town, late 1980s. The second chapter of the family feud between the De Santis, a “decent family” of fishermen, and the Straziotas, the family of the local mob boss. In this installment, the great love story between Maria De Santis and Michele Straziota (the mobster’s youngest son) seems to have come to an end. Michele has disappeared, nobody knows anything about him, some say he moved to America to run the family’s growing business across the ocean. But Maria is hiding something that could estrange her again from her father, rocking a relationship that has always been tempestuous, made of love and hate. She is hiding the fact that she is pregnant, that she is expecting the son of her hopeless love for Michele. In the meantime, she seeks shelter at the university and participates in student protests with her classmates. She starts spending time and studying with an old friend, and she throws herself headlong into creating an organization to help the neighborhood’s street children, some of which have already committed some minor crimes and have a marked future. But Maria has never forgotten Michele. One day, a stranger suddenly arrives in the neighborhood, a certain Francesco Falco. Nobody knows who he is: could he be a friend of the Straziotas or a rival seeking to take over the illegal trafficking that goes on in Old Bari?

ELENA MOLINI

The Little Shop of Happiness

A new feel-good novel on the therapeutic power of books from the author of *La piccola farmacia letteraria*.

Blu, the protagonist from the two previous novels, is back and she is in the midst of a personal crisis: after the initial success of the Little Literary Pharmacy, both her bookshop and her writing career seem to be stalling, and she is struggling to find solutions. An unexpected inheritance, family secrets, and an old Volkswagen van will take her down some unexpected roads. Because happiness, maybe, isn’t made of objectives or numbers to reach and outperform. Happiness can simply be rolling down your window, raising the volume of the music, and going with the flow, not where your heart leads you but where books take you. A novel about the therapeutic power of literature and the courage to change your life and not give up on your dreams.



ELENA MOLINI is the owner of “La Piccola Farmacia Letteraria” (lit. “The Little Literary Pharmacy”), a bookstore that actually exists in Florence. Following the principles of bibliotherapy, she recommends books based on the reader’s mood, as if they were medicines. Mondadori has published her novels *La Piccola Farmacia Letteraria* (2020), and *Piccola libreria con delitto* (2021), translated into several languages.

EMMANUELE BIANCO
The She-Wolf

A story of bravery and female emancipation set in Calabria that spans the 1940s into the economic boom of the 1950s.



Lupastretta, Calabria, 1940. Maria Rosa Della Rocca gives birth to her son Ercole and nobody knows who the father is. She raises him on her own, and on her own she runs the town’s bakery, despite clashing with Mayor Don Felice first, and then with the small Calabrian community. She is not afraid and, after the war ends, she helps Carmine run for mayor. Don Felice hides a goat-man in his house, which little Ercole and his friends Antonio and Uskan spy on. Rosa eventually sells the bakery, becomes an entrepreneur, and starts a business exporting leather jackets to the United States, where her brothers live. She is a woman who never lost her independence; she stands out against the backward rural backdrop of Lupastretta as a strong and untouchable creature, an emblem of courage and emancipation. We are now in the 1950s, during Italy’s economic boom, and Rosa has two more children, Teresa and Raffaele; just like Ercole, their father is also unknown. When the entire shipment of jackets headed to the United States is stolen and Rosa is left without anything, young Ercole decides to move to Turin and start a new life.

EMMANUELE BIANCO has been living in Rome for several years, where he works in the film industry as assistant director. He studied at Scuola Holden and published the novels *Tiratori scelti* (2010), *E quel poco d’amore che c’è* (2013), and *La pura carne* (2017). He has written articles for the magazine D by the newspaper la Repubblica and his short stories have been published by La Stampa, Nazione Indiana, Il Corriere della Sera, and Morellini Editore.

MARCELLO INTRONA
Gold, Pitchfork, Flames

An extraordinarily relevant novel about the dynamics that govern human behavior, set in a time that is only seemingly remote.

Bari, September 1667. An unrelenting plague is spreading. Father Ermanno is convinced that prayer, penance, and displaying generosity to the Celestial Court represent the only chance for salvation. As the century draws to an end, however, Doctor Giuseppe Verzillo refuses to link the outbreak of the plague to divine will and starts searching for a scientific explanation for the events. Shortly after returning to Bari, he immediately ends up in a fiery conflict with Father Ermanno’s fundamentalism. In a land controlled by the power of the Church, ensnared by miracles, ravaged by the Holy Inquisition, and oppressed by the nobility’s abuses, Giuseppe Verzillo makes some incredible discoveries. Two formidable women are on his side: Sveva and Lucrezia, whose destinies had converged under tragic circumstances. Between alchemic remedies, superstitions, accusations of witchcraft, and executions in the public square, the disease advances silently, overtaking people’s minds. Historical reality blends with the protagonists’ adventurous vicissitudes and their captivating journey, in a time torn between the evolution of medical science, religious dogmas, and power dynamics.



MARCELLO INTRONA is an author and television writer, and he currently works as a veterinarian. In 2016, Mondadori published his debut novel *Percoco*, which was adapted into a movie. In 2018, Mondadori released his second book *Castigo di Dio*.

PIERO LOTITO

Of Arrow and Ice

What if a man who died five thousand years ago could tell us his story?



The Similaun Man, commonly known as Ötzi, was found in 1991, returned in miraculous conditions by the Alpine glaciers of Alto Adige. Since then, he has become an endless source of information about life in the region five thousand years ago. But a human being is more than customs and habits. He also has a deeper intangible substance of his own, made of dreams, fears, desires, and regrets. In other words, emotions. If the mummy could tell us about his feelings from his display case today, just like his body revealed the food he ate and the injuries he suffered, what would he say? This is what Piero Lotito imagines: Ötzi discloses his story to the faces crowding the glass in front of him. From his youth with his father Urd and his mother Mael, to being trained as a hunter; and also nature’s challenges, men’s deceits, the unexpected return of his childhood friend Ief, and the sudden and heartbreaking love for Alesh, the woman he could not have; all the way to the tragic ending of a hunting trip and running away from his village. An impeccable reconstruction of a proto-civilized society combined with a story imbued with the timeless elements in every human life: family, rivalry, friendship, revenge, and – above all – love.

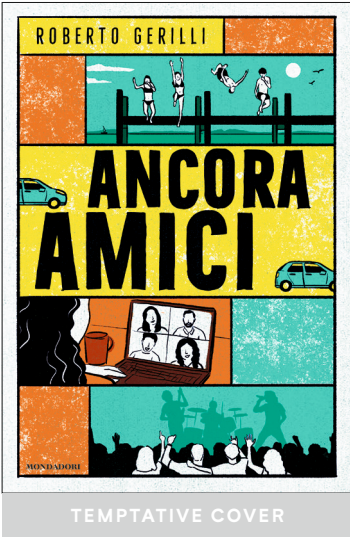
PIERO LOTITO is a professional journalist. He published the book *Intervista su Milano* (1997), and the novels *La notte di Emil Vrána* (2000) and *Il pugno immobile* (2007). In 2022, he wrote *Lo zio Aronne somigliava a Jean Gabin*. He also wrote a few plays, including *Aspettando l'autore* and *E Sancio lo tradì*, which have gone on stage several times.

ROBERTO GERILLI

Still Friends

A novel about the value of friendship that endures over the years.

Claudio is forty years old and lives in Falconara Marittima, a small town without much personality where the days go by placidly. This is where he spent unforgettable summers with his historic friends. He is the only one from the group who stayed, everyone else made different choices, perhaps braver ones. The days on the beach, the improvised day trips, the rock concerts right under the stage are just a memory from the past; their friendship now carries on in a group chat on WhatsApp with a melancholic name: “On the pier.” Out of all of them, Claudio is the one who suffered the most during the pandemic; after the umpteenth proof of the superficiality and hastiness of virtual relationships, he decides to make a “revolutionary” gesture: he gets in his car for a reunion the others know nothing about so that they can share once again the music they love, all the while leaving his phone at home. And yet, when his social media abstinence infects the other three, their dormant relationships regain their energy. That renewed authenticity will affect all of their lives, while each of them deals with the larger and smaller challenges of adulthood.



ROBERTO GERILLI has a degree in engineering and a life-long passion for literature and writing. He has been working in print layouts and e-book creation since 2012. He got a master’s in computer science of texts and electronic editions from the University of Siena in 2017; in October that year he started working with the Digital Media Division of the publishing house Zanichelli. This is his first novel.

MARTINA SYBELLE, FEDERICA FREZZA

The Shadow of the Levee

The Spinascura Crimes

The first noir novel inspired by one of the most popular true crime podcasts in Italy.



Life in the small and peaceful town of Spinascura, in Emilia Romagna, is disrupted by a series of grim and violent murders: first a young woman and then a famous entrepreneur are found brutally killed by a psychotic sect that seems to have targeted the local population. The Carabinieri open an investigation, but a couple of makeshift detectives have also promptly jumped into action and are looking into the murders: Alma and Dalia, the barmaid from the only café in town and the funeral cosmetologist from the local mortuary, who share an unbridled passion for true crime podcasts. This time, however, the crimes aren't just real stories to follow through their headphones: they are so close that they can almost touch them and solve them. Thanks to the authors' skillfulness, this noir is reminiscent of the genre's canons, which have been adapted to the modern taste of the audience of true crime podcasts.

MARTINA SYBELLE and **FEDERICA FREZZA** are the creators of Bouquet of Madness (aka BoM for their friends), a true crime podcast about mysterious and unsolved cases. They both have a YouTuber background and, over the years, they have spanned across various media and social platforms (Instagram, Twitch, etc). The experience they developed in such a multifaceted way has allowed them to distill it all, turning BoM into a meeting point between horror and levity, fear and understanding, while always being respectful of the memory of those who lost their lives in those stories.

MARIA SOLE TOGNAZZI

Again

The literary debut of a filmmaker loved by audiences and critics alike.

A story of women that branches out from the 1960s to nowadays. The protagonist is a simple employee during Italy's economic boom who suddenly finds herself swept away by an irresistible love story that runs parallel to her marriage. At the peak of that passion, however, she dies in a car accident. But that interrupted passion finds a way to live again in the following generation through an unusual encounter, creating once again a day of love. With its beautiful writing and original structure, bookstores open their doors to the first novel by the famous filmmaker, the daughter of Ugo Tognazzi, and the winner of four Silver Ribbons.



MARIA SOLE TOGNAZZI is an Italian filmmaker. She is the youngest of the four children of the actors Ugo Tognazzi and Franca Bettoja. With her first feature-length film *Passato Prossimo* she won the 2003 Italian Golden Globe for Best First Feature and the 2003 Silver Ribbon for Best New Director. In April 2013 with her third movie *Viaggio sola / A Five Star Life* she won the 2013 Silver Ribbon for Best Comedy. This is her first book.

ORNELLA ALBANESE

The Queen Without a Throne

The story of Amalasuintha, the fearless daughter of Theodoric the Great

An extremely modern figure who deserves to be rediscovered.



495 AD. Amalasuintha grows up proud and determined. She inherits her father's bravery and virtue, but also a passion for culture: he was a great warrior and strategist who united all of Italy under his reign. She neglects feminine arts in favor of horseback riding and hunting trips with her servant Traguilla, who will soon make his way into her heart. The day Theodoric takes her with him to the Basilica of Sant'Apollinare in Ravenna, Amalasuintha is awestruck by the craftsmanship of the mosaic artists, whom her father had summoned all the way from Byzantium. She is her father's only offspring and sole heir to the throne, even though she will have to share it with a husband chosen for her by her father. But when that wedding takes place, Amalasuintha experiences it as a cruel punishment: she is relegated to the role of wife and mother, any chance of taking the reins from her father disappears, and she will also have to give up her forbidden romance. Until she is widowed: with her son too young to rule, she will be the one deciding the fate of the kingdom with the support of Justinian, the Eastern Roman emperor who holds her in high regard. But her subjects aren't ready to be ruled by a woman yet, and the court's plots will force her into an exile that will put an end to her dreams. Or, perhaps, it will be the beginning of a new life.

ORNELLA ALBANESE has written sixteen historical romance novels (published by the series I Romanzi Mondadori); two historical thrillers with a strong romantic component, *Lanello di ferro* and the award-winning *L'oscuro mosaico* (ed. Leggereditore); and, lastly, *Il sigillo degli Acquaviva* (ed. Leone Editore). Her latest historical novel *Il falconiere di re* was published by Mondadori.

SARA PURPURA

Origami Thief

Two rebellious kids from families connected to the mob grow up and fall in love in Palermo's working-class neighbourhoods.

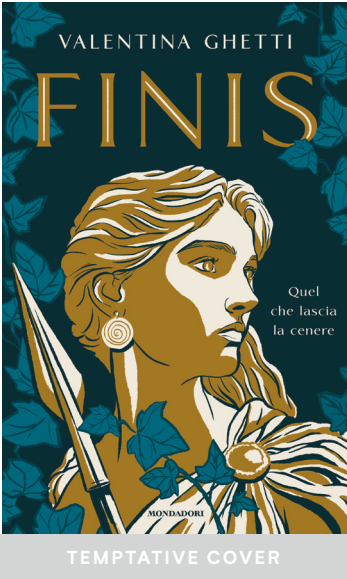
Marco and Sofia's love story is set in Sicily, or rather in the working-class and roughest parts of Palermo where many kids have a very hard time growing up without falling for the lure of the mob. Marco and Sofia start having feelings for one another when they are still children; but the intense feeling they share for each other feels forbidden from the very beginning: she is the sister of Marco's best friend, and he would certainly see their relationship as a betrayal. Thus, from the very start, their love will therefore collide against a hostile reality, which worsens when she is sexually assaulted by a relative; her family decides to send her away instead of punishing the perpetrator. When she returns to her Palermo after two long years, she will have to reconnect with her past life and her first love, who has profoundly changed in the meantime. An intense and moving book about a passionate love story like only certain first loves can be.



SARA PURPURA is a Sicilian author of romance novels. This is her sixth book published by Mondadori after the two series *La storia di Des e Ana* and *La storia di Liam e Bre*, whose Russian translation rights have been acquired by AST.

VALENTINA GHETTI
The Dawn of the Warrior

Two rebels, one destiny: journey through ancient Rome’s clash of cultures and ambitions.



A rebellious girl from Rome’s nobility who is running away. A young man from Val Camonica who turns against the empire. The lives of two headstrong and contrarian people searching for something that they will only be able to find by meeting each other. Giulia Cilia is a nineteen-year-old widow who wants to go back home to the Urbe of Rome. Her father, Governor Flavius Quintus Gargone, was exiled to Brixia (in Cisalpine Gaul) after supporting Anthony during the civil war. But Giulia is not her father, and she does not accept the course of events: she wants revenge, she wants Rome. So she runs away from her family and from Brixia. Along the way she meets Jarl, a young man from Val Camonica. He saw his village being razed to the ground and is trying to defend his people from Roman colonization. A journey, two cultures, two young lives searching for their identity.

VALENTINA GHETTI is a professor and one of Italy’s most popular booktokers (250,000 followers on TikTok and 25,000 on Instagram). In the past few years, she has been invited to participate as a guest at some of the most important book fairs (LuccaComics, Salone del Libro, and more).

MARYAM CHERIF
Shards of Glass

The story of a girl like many others but capable of expressing the pain, emotions and feelings of an entire generation.

The life of Maryam Cherif represents the life of her generation: growing up in the suburbs of a major city, an absent father, the loneliness, feeling different, wanting to tell it to a world that doesn’t seem to want to listen. In this intimate and emotional book, Maryam composes a series of narrative and poetic monologues that reveal the reality of a young woman searching for herself despite life doing everything it can to make the process as complicated and painful as possible.



MARYAM CHERIF is a twenty-year-old woman who decided two years ago to not be the typical influencer, but an author. So she stopped posting the usual Instagram photos and converted her social media profile (which already had a large following) to create a new narrative, intimate and full of emotions. The portrait of an entire generation.

PIERO ANGELA, MASSIMO POLIDORO

The Wonder of Everything

PP. 540
PUBLICATION:
FEBRUARY 2024

The last lesson from a great teacher.



“This is probably the last book that I will write. I didn’t think I would do it, but then I thought that maybe it was worth it. Now I would also like to say what I think, the questions I have, the things I understood... Maybe it is a book that I also want to write for myself, not just for its readers.” Piero Angela had been working on this book for some time; it is the result of a dialogue with Massimo Polidoro that went on for decades.

It could be said that it was a conversation about the chief systems: the universe, nature, mankind. It is basically about science, something he was passionate about and was excellent at explaining. But it is also about life, passions, love, and the things that really matter. Because everything we know nowadays in every field, when read with the logical mind of science, knowledge, passion, and reasoning, finds thousands of connections in a way that “makes sense of it all.”

PIERO ANGELA (1928 – 2022) created countless TV shows about science, history, and economics. He wrote several books (which were translated into many languages) on a wide variety of topics: from biology to psychology, from physics to technological developments, from complex systems to human evolution, from astrophysics to environmental issues. He received nine honorary degrees for his work.

MASSIMO POLIDORO is a historic student and friend of Piero Angela’s. He is the executive director of CICAP, the organization devoted to debunking pseudoscience, which he co-founded with Piero Angela in 1988. He has published many books, he teaches at the Polytechnic University of Milan, at the University of Padua, and he is currently a visiting scholar at Harvard University.

FEDERICO FUBINI

The Gold and the Homeland

Story of Niccolò Introna, a Forgotten Hero

PP. 216
PUBLICATION:
FEBRUARY 2024

The Mussolini kleptocracy and the man who fought it from within.

A page of Italian history written by the deputy editor-in-chief of Corriere della Sera. Federico Fubini writes about the events that followed the 1943 armistice, when Governor Azzolini and Deputy Director-General Introna handed over the Bank of Italy’s gold reserves to the Nazis. The day after the armistice of September 8, 1943, amid the war and the German occupation, the coffers of the Bank of Italy were handed over to the Nazis. Governor Vincenzo Azzolini and Deputy Director-General Niccolò Introna were the last futile line of defense of the Bank’s gold reserves, with roles and responsibilities that history hasn’t quite clarified yet. With this book, Federico Fubini looks into the events that brought that treasure into Nazi hands, from its transfer to Milan, then to Fortezza, and finally to Germany, where it was never fully recovered.



FEDERICO FUBINI is an economics journalist and columnist for the newspaper Corriere della Sera, where he is also the deputy editor-in-chief. He has written several books, including *Noi siamo la rivoluzione* (2012, winner of the Premio Estense), *La via di fuga* (2014), and *La maestra e la camorrista* (2018), which were published by Mondadori.

ISPI— EDITED BY PAOLO MAGRI

The Endless Conflict

Ten Questions About the Conflict Igniting the Middle East

Ten questions, ten analyses to try to understand a complex, violent, multi-faceted conflict that has been going on for years and seems destined to never end.



On October 7, 2023, an operation carried out by the Islamic military movement Hamas shed blood on Israeli soil. It was an unprecedented attack because of the type of operation and the number of victims. And it was the spark that reignited a conflict that was never dormant. The Israeli army's response quickly followed: the Gaza Strip was bombed and threatened with the prospect of an invasion, with the objective of eradicating Hamas from all of Palestine once and for all. Why did the two-state solution never work? Why is the state of Palestine still not recognized by everyone? Who speaks on behalf of Palestinians besides the Palestine Liberation Organization (PLO) and Hamas? And between kibbutzim, settlers, and settlements, where does Israel end? Furthermore, there are also questions regarding the role of Western powers, from Washington to Brussels, emerging powers like Russia and China, and also the possible shadow role played by Iran and Hezbollah. Ten questions, ten analyses to try to understand a complex, violent, multi-faceted conflict that has been going on for years and seems destined to never end.

PAOLO MAGRI is the executive vice-president of ISPI and teaches international relations at Bocconi University. He is one of the leading and most influential voices in foreign affairs.

ISPI, the Institute for International Political Studies, is an Italian think tank specialized in analyzing geopolitics and global political-economic trends. It combines its research activities with a substantial commitment to education, conferences, policy analyses, and risk and opportunity assessments on a global scale for companies and public institutions.

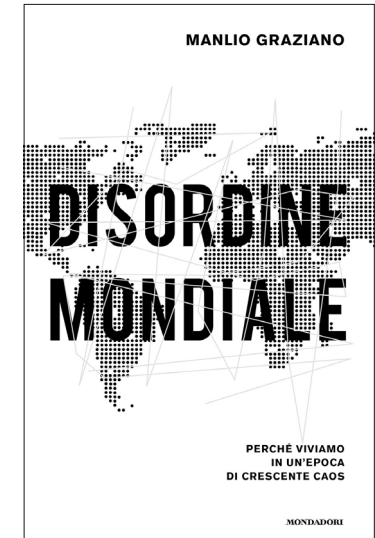
MANLIO GRAZIANO

Global Turmoil

Why We Live at a Time of Increasing Chaos

The call to a “new world order” is spreading in proportion to the unfolding international disorders.

It is almost an apotropaic evocation aimed at sedating, at least psychologically, their anxiety-inducing effects. But a “new world order” is not possible nowadays, and even less so in the future: the increasing number of conflicts that we have been witnessing for some time seems to have resulted in tragic global turmoil. A war in Europe and the dramatic exacerbation of the Middle East crisis have contributed to the perception that our surrounding reality is increasingly chaotic and out of control. But has history ever truly seen a time of peace, without any conflicts whatsoever? And would a “new world order” that brought stability and well-being even be possible? Or is it just an evocation to try to placate the anxiety and fear triggered by the risk of a potential World War III? Manlio Graziano explores these questions by drawing eye-opening parallels between current events and some key moments in modern history.



ENGLISH MATERIAL AVAILABLE

MANLIO GRAZIANO is a geopolitics expert and a professor at the Paris School of International Affairs at Sciences Po and at the Sorbonne. He is the director of the Nicholas Spykman International Center for Geopolitical Analysis and his essays have been translated into several languages.

PAOLO LEGRENZI

The Intelligence of the Future

How the Relationship Between Man and Technology Will Evolve

An essay combining psychology and technology that explores the impact of artificial intelligence on our lives.



The attempt to create artificial intelligence isn't new. Since the time of Leibniz, people have tried to identify the logic behind human intelligence so they can transfer it to inanimate devices. Thanks to recent technological advances, it seems this accomplishment has been achieved. And yet, while computers are increasingly capable of simulating human language and behaviors, their processes are based on statistics and correlations that aren't even remotely comparable to the creation of mental models that distinguish human reasoning. In his latest book, world-renowned psychologist Paolo Legrenzi compares natural and artificial intelligence, analyzing how they can hinder or enrich one another. An important reflection that goes beyond our fears and prejudice, exploring how to interact with a technology that is already changing our lives.

PAOLO LEGRENZI is a professor emeritus of psychology at the University Ca' Foscari in Venice. Among his books: *Sei esercizi facili per allenare la mente* (2015), *La buona logica* (2015), *L'economia nella mente* (2016), *Oltre il tempo presente* (2021), and *Quando meno diventa più* (2022).

CARLO INVERNIZZI ACCETTI

Twenty Years of Rage

A lucid analysis of the increasing proliferation around the world of protests and movements in response to an anachronistic political offering.

The past twenty years in Italy and abroad have been characterized by a persistent series of protest movements and demonstrations of collective frustration. Starting from the events of the G8 in Genoa in 2001 all the way to today's Anti-Vaxxers, passing by Italy's No TAV movement and the Vaffanculo Day, Occupy Wall Street, Spain's Indignados, Greece's Oxi, the Brexit vote, France's Gilets Jaunes, and the more recent #MeToo and #Black-LivesMatter protests in the English-speaking world. Each of these phenomena obviously has its own history and specific features. But there is a common thread connecting them all, an emotional substratum that has characterized our entire era: people's rage towards institutions. How can we explain this widespread hostility? What forms has it taken and how has it changed over the years? Is there a way to placate it, or at least deal with the instances that originate it? In this book, Carlo Invernizzi Accetti examines its roots and the reasons for its successes and failures, presenting an interesting outlook on the future.



CARLO INVERNIZZI ACCETTI teaches political science at the City University of New York and is a researcher at Sciences Po in Paris. He is an expert in history of political ideologies and has worked with many Italian and international publications like La Repubblica, Domani, Financial Times, The Guardian, and Le Monde Diplomatique. He is the author of several books, including the latest one entitled *Technopopulism* (Oxford University Press, 2021).

GABRIELLA GREISON

The Woman Behind the Atomic Bomb

PP. 228
PUBLICATION:
FEBRUARY 2024

The forgotten story of Leona Woods, the physicist who worked with Oppenheimer on the atomic bomb.



“I am Leona Woods. I worked in the Manhattan Project doing the same things as Enrico Fermi, but I was nineteen years younger than him and pregnant.”
“July 16, 1945. It is the morning of X-Day. I am here, on Compania Hill. As soon as we get close to 5:30 a.m. the countdown begins. Tchaikovsky’s music is playing over the intercom to soothe people’s minds as we wait for the detonation.”
These are the words of Leona Woods, the youngest woman who was directly involved in the creation of the atomic bomb. The physicist, actor, and author Gabriella Greison undertook a long journey from Los Alamos to Chicago, from Princeton to Santa Fe; thanks to the research she conducted there, she retraces the famous Manhattan project, giving voice to the main female protagonist of a story that changed the characteristics of human existence. Oppenheimer, Fermi, and Compton are frequently mentioned in the stories about the legendary feat of splitting the atom. But Leona’s presence is usually forgotten. She was a record-breaking twenty-three years old when she was recruited by the Manhattan Project: she was an expert in finding particles by using boron trifluoride detectors, she was a calutron operator, and she was skilled at measuring the neutron flux of the nuclear reactor. With this book, Greison reminds us of the role she played and the value of one of the great women scientists from the past, scientists who are too often forgotten and discriminated against in historical reconstructions.

GABRIELLA GREISON is a physicist, a writer, an actor, and a science popularizer. She has a degree in nuclear physics from the University of Milan and has worked at the École Polytechnique in Paris, among others. Corriere della Sera and the American press have dubbed her the “rockstar of physics.” She is the author of ten educational books on quantum mechanics, the history of physics, and the great women scientists in history, three topics that are very close to her heart. Among these publications, *L’incredibile cena dei fisici quantistici* (ed. Salani), *Sei donne che hanno cambiato il mondo* (ed. Bollati Boringhieri), *Ucciderò il gatto di Schrödinger* (ed. Mondadori), and *Guida quantistica per anticonformisti* (ed. Mondadori).



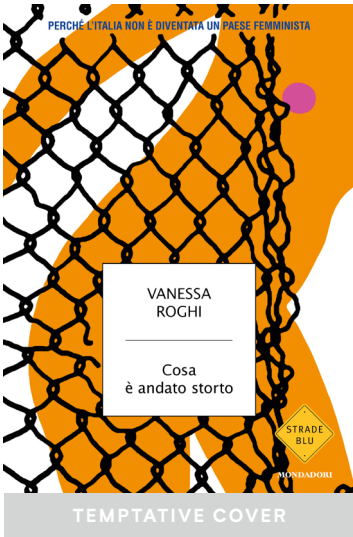
VANESSA ROGHI

What Went Wrong

Why Italy Didn't Become a Feminist Country

PP. 204
PUBLICATION:
JUNE 2024

A lucid and compelling dissertation that explains why women's issues are still very divisive.



The second wave of feminism started to arrive in Italy in 1968 and spread throughout the seventies. It created a momentous movement, also thanks to prominent spokespersons such as the philosophers Carla Lonzi, Luisa Muraro, and Adriana Cavarero. They were years marked by great conquests, from the reform of family laws, to the introduction of divorce laws and abortion laws. It seemed like the beginning of a long march towards gender equality, and instead... something went wrong. A drastic series of setbacks started to happen from the eighties onward. Italy now ranks in the last places in Europe in terms of women's employment and the gender pay gap; gender-based violence is constantly in the news; and maternity and abortion are still very divisive issues. So what went wrong? Vanessa Roghi combines her personal views with a scholar's perspective in a book that addresses why feminism and gender equality have struggled to establish themselves in Italy as issues that affect everyone, men and women alike.

VANESSA ROGHI is a historian and author of history shows for Rai Tre. She was a Bodini Fellow at the Italian Academy at Columbia University, and she is an independent researcher. She has written many books, including the latest one published by Mondadori entitled *Eroina* (2022).

TEA RANNO

The Fire Inside

Story of a Pain That Cannot Be Spoken

PP. 200
PUBLICATION:
JUNE 2024

The story of the life-long relationship with endometriosis, a common disease not very well-known or talked about.

Endometriosis is a chronic and debilitating gynecological disease that affects 10-15% of women. Its causes aren't entirely clear, the diagnosis isn't always simple, and there isn't a definitive cure. The disease is still recognized and diagnosed with an average delay of ten years. Lately, thanks also to testimonials shared by influencers on social media, we have started talking about it more and things are slowly changing.

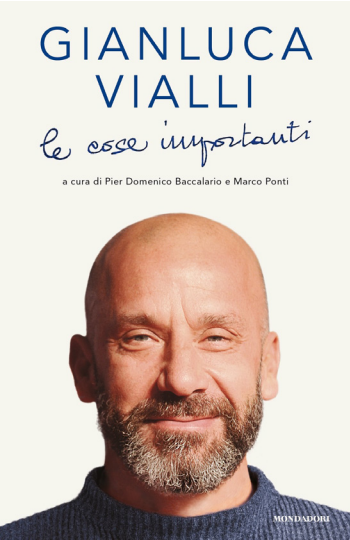
The story of Tea Ranno's life is deeply connected to her journey with that disease. This memoir, written in the powerful and moving language that her readers have come to recognize, starts off when she wakes up in the hospital. Tea is forty-five and she has just had emergency surgery for an infection that had spread from her uterus to her intestines, liver, and even lungs, and was about to kill her. The tape rewinds and the story of Tea and the fire in her belly goes back to when she was a teenager: the pain that is trivialized by everyone else, that can't be talked about, the interiorized sense of shame that drives her to downplay things, to hide; the relationships avoided, the loves lost, and finally a diagnosis; and then, when true love arrives, the difficulties in getting pregnant, in vitro fertilization, and more incorrect treatments, surgeries, and wanting to share and seek stories of other women who have also been living with that fire inside.

TEA RANNO has a law degree and works in law and literature. Her debut novel *Cenere* was finalist for the Premio Calvino and the Premio Berto, and winner of the Premio Chianti. She then published the novels *In una lingua che non so più dire* and with Mondadori *La sposa vermiglia* (2012, winner of the Premio Rea), *Viola Fòscari* (2014), *L'amuruzanza* (2019), *Terramarina* (2020, winner of the Premio Città di Erice), and *Gioia mia* (2022).



GIANLUCA VIALLI
The Important Things

“There are a few more things that I would like to tell you. Things that are important things to me. I want you to listen, and I want them to stay with you. I am very keen about it.” This book contains the important things that Gianluca Vialli wanted to say when he was making the docufilm *La bella stagione / The Good Season*. And they are important because they are really his and they unleash the magic energy of his final words.



After his sensational and successful career as a professional soccer player, Gianluca Vialli reinvented himself several times: first as a TV sportscaster, then as a public speaker, and then as the delegation chief of Italy’s national football team, the one that raised the World Cup in 2021. His last reinvention was publicly sharing his very personal experience of resilience as he faced an incurable disease. In this book, Vialli talks about himself, the people he met, the experiences that improved him, the values he embodied, the awareness of his own frailty, the power of real relationships, the rigor of doing things well, the seriousness and commitment involved in offering yourself to the world. Pier Domenico Baccalario and Marco Ponti gathered, wrote down, and edited this legacy of reflections, which can now be read and passed down for posterity.

GIANLUCA VIALLI (Cremona, 1964 – London, 2023) was a soccer player, a coach, a manager, and a sportscaster. He was Cathryn’s husband, and Olivia and Sofia’s father. He was president of the charitable foundation “Fondazione Vialli e Mauro.” Mondadori published his books *The Italian Job* (2006), *Goals* (2019), and *La bella stagione* (2021).

LUIGI M. EPICOCO, LUCIANO REGOLO
Perfect in Love
The Message of Mystic Christians

A book that casts a light on the lessons of the twentieth century’s mystics, bearers of a common message of faith.

What did God want to tell us through the words and deeds of the mystics of the twentieth century, a century marked by two world wars, fears and suffering that rattled all of humanity? Luigi Maria Epicoco and Luciano Regolo start from this question to embark on a fascinating spiritual quest: the search for a “celestial” common thread that links very different characters who were capable of bearing witness to the same love for God. Even though these contemporary mystics lived closer to our time, their recurring words and ways of life indicate that their experiences and thoughts were extraordinarily “in line” with saints like Catherine of Siena, Francis of Assisi, Teresa of Ávila, and many more. The resulting book is a sort of glossary of the soul that draws from the lessons of these very spiritual figures, from Padre Pio to Maria Esperanza, timeless teachers for those who want to truly live the Gospel in their everyday lives.



LUIGI MARIA EPICOCO is a presbyter of the diocese of L’Aquila. He teaches philosophy at the Pontifical Lateran University and at ISSR Fides et Ratio in L’Aquila. The Pope named him ecclesiastical assistant of the Communication Department of the Dicastery. In his studies and his ministry, he focuses on education and Christian spirituality.

LUCIANO REGOLO has worked as a journalist for several publications. He has written several books on the history of the Savoy family and the nefarious relationship between the crown and fascism, which have been translated into several languages. His books, all published by Mondadori, are widely translated abroad.

MICHELE FINO
I Don't Buy It

The tell-all book that exposes the many lies about wines from Italy and other countries.



No, it isn't true that the farmer's wine was better than today's industrial wine. And no, it isn't true that wine is good for our health; it might be good for our mood, but that is it. And no, the designation of origin of our wines doesn't go back thousands of years; on average, they are around twenty years old. And yes, natural wine is a marketing opportunity and doesn't necessarily mean better quality. Michele Fino, professor at the University of Pollenzo, belligerently enters the wine topic with a useful and well- documented work debunking the many myths populating the chatter of wine enthusiasts.

MICHELE FINO is an associate professor of foundations of European law at the University of Gastronomic Sciences in Pollenzo. He developed a specific interest in national and international norms pertaining to the production of quality food and wine and their labelling and he actively collaborates with protection consortia and associations that create and reform production regulations.

ALBERTO GRANDI, DANIELE SOFFIATI
Italian Cuisine Doesn't Exist
The First Unauthorized Biography

An accurate and provocative alternative history of the Italian culinary tradition.

After the success of “Denominazione di origine inventata”, Professor Alberto Grandi presents a new shocking theory that targets the myth of Italian cuisine as a whole. According to Grandi's reconstruction, it isn't true that the pizza margherita was invented in Naples in the mists of time because tomatoes come from a plant that was imported from the Americas. Just like it isn't true that the carbonara was created by a Roman housewife: it is the result of the military rations of US soldiers stationed in Rome. Walking through the shelves of an ideal supermarket, Grandi engages in his merciless debunking operation and reveals how Italian cuisine came from the invention of its tradition, which benefited first from the role of television and then from social media.



ALBERTO GRANDI is an associate professor at the University of Parma. He teaches corporate history and history of European integration, and he also taught economic history and food history. He is the author of over forty nonfiction books and monographs published in Italy and abroad.

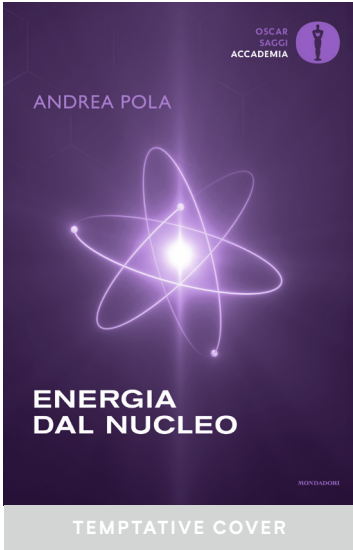
DANIELE SOFFIATI is a film critic and works with several newspapers. Mondadori published his book *Lupu ululà e castello ululi 2* (2006).

ANDREA POLA

Energy from the Nucleus

Nuclear Energy: Scientific Truth and Possible Scenarios

The energy of the future explained by one of the world's leading experts.



In an age dominated by the debate on energy sources, between the economic crisis and the need to find alternatives to fossil fuels to ensure the planet's future, nuclear energy is increasingly seen as a solution, if not the solution. Others are vehemently opposed to it, evoking ghosts from the past (Chernobyl) or relying on a strictly environmental ideology. Where does the truth lie? How does nuclear energy work? Is it dangerous? Is it efficient? Does it pollute? What is the current state of its technology? Andrea Pola answers these questions in a book that is as thorough and high-level as it is easy to understand: an excellent combination of academia and science popularization.

ANDREA POLA teaches nuclear engineering at the Polytechnic University of Milan. He worked as an expert for the International Atomic Energy Agency (IAEA).

GIANVITO MARTINO, JACOPO LO GRASSO

Not Everything Is Written in DNA

Science Beyond Genetics

The epigenetic revolution and the future of medicine.

The discovery that the expression of genes can change and that it also depends on environmental factors has altered the course of scientific research and the understanding of who we are. Gianvito Martino reconstructs the evolution of the philosophy of science to show us a historic paradigm shift that has been taking place in recent years. Epigenetics has revolutionized our understanding of who we are, showing us how the environment and psychosocial contexts can affect human biology. In doing so, it rendered obsolete the reductionist perspective, which considered genes as the root of an individual's development and posited that the causes of diseases could only be internal and on a molecular level. A new, more holistic approach is therefore emerging, capable of explaining phenomena like psychosomatic reactions, the placebo effect, and stress disorders. A captivating book that propels us into the future of medicine.



GIANVITO MARTINO is a neurologist and the scientific director of the San Raffaele Hospital. He is an honorary professor at London's School of Medicine, he teaches applied biology and is vice-rector for Research and Third Mission at the San Raffaele Vita-Salute University in Milan. He also serves as president of the scientific committee of the science festival BergamoScienza.

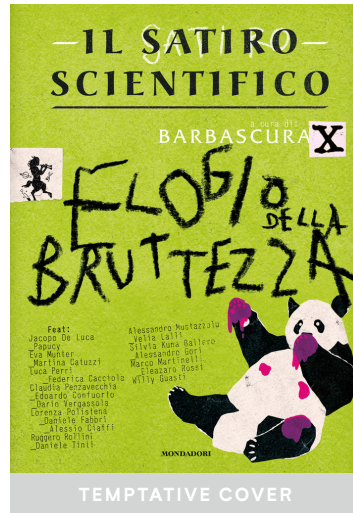
JACOPO LO GRASSO graduated in Philosophy at the Vita-Salute San Raffaele University of Milan, before embarking on the journey training in Medicine and Surgery at the University of Pavia.

BARBASCURA X

The Scientific Satyr 3

In Praise of Ugliness

The third issue of the popular science magazine by Barbascura.



TEMPTATIVE COVER

For the third issue of his book/magazine, Barbascura X selected another topic common to all forms of life on this planet: ugliness. Nature, in fact, is far from the pleasant and idyllic version we often tell ourselves. It is ugly, dirty, and mean. From koalas to pandas, from spiders to plants, a series of in-depth and humorous articles to remind us that the world that surrounds us basically sucks.

BARBASCURA X is Italy's most influential science popularizer. With a degree in organic chemistry and a PhD in green chemistry and production of materials from renewable sources, he has worked in major laboratories across Europe. He became famous on the Internet with his column "Scienza Brutta" (lit. "ugly science"), a series of parodic and irreverent pseudo-documentaries that explain the disturbing and lesser-known aspects of natural science. Between popularization and satire, he has brought science to theaters, conferences, and various TV shows.

BENEDETTA SANTINI

Marcus Aurelius, Teach Me About Life

How the life and stoic thoughts of Marcus Aurelius can help us live better.

Benedetta Santini combines the biography and philosophy of Marcus Aurelius with her fluid and engaging style, reconstructing a way of life from which we can all draw to face the small and large challenges of our daily lives. A stoic journey of understanding, disclosure, and acceptance that will help us build, page by page, an armor made from the Roman philosopher's wisdom and lucidity.



TEMPTATIVE COVER

BENEDETTA SANTINI is a professor and a psychologist. She was a speaker for TEDx and for the festival Parole ostili. She has worked with Mondadori and Città della Scienza, but her greatest satisfaction remains having explained Socrates to the youngest. In 2022 she published her first book *Platone, c'ho l'ansia* (Mondadori).

DANIEL LUMERA

As If Everything Were a Miracle

A Path to Regain Levity, Joy, and Wonder

PP. 252
PUBLICATION:
APRIL 2024

A book that combines the tales, life stories, and practical exercises to heal the wounds of our souls and rediscover true happiness.



According to Hindu tradition, our soul is like a patra, a “monk’s bowl,” and it is made to contain beauty and happiness. Over time, however, painful events, along with stress and bād lifestyles, generate cracks in our patra, actual “wounds” that prevent it from holding the world’s beauty within it. But there is a way that allows us to restore integrity to the bowl: the path of the patra. A simple and delicate life, made of mindfulness, care, and kindness. A road of awareness, capable of bringing us to fullness through emptiness, to words through silence, to peace through the acceptance of restlessness. And Daniel Lumera invites us to join in along this journey. Through tales, life stories and exercises, he shows us some simple practices to repair our soul’s integrity so it can contain all the happiness and fullness that life can give us.

DANIEL LUMERA is a naturalist biologist, a professor, and an international reference in the science of well-being and meditation, which he studied with Anthony Elenjittam, a direct disciple of Gandhi. He is the author of several bestsellers published by Mondadori. He created the method My Life Design® and founded My Life Design ODV, which applies the technique to projects with a high social impact.

VALERIA MONTEBELLO

Red Flag

Pitfalls and Taboos in Modern Relationships

PP. 180
PUBLICATION:
JUNE 2024

Love in the time of dating apps.

Between dating apps, virtual betrayals, and precarious connections, the world of sex and relationships is becoming increasingly complicated. This book tells us about a generation that is grappling with an unprecedented emotional landscape that is constantly changing. Through a collection of bizarre stories and first-hand reports, the author documents how we have gone from phone calls to artificial intelligence, passing by way of TikTok videos, porn, horoscopes, spiritual retreats, plastic surgery, and much more. She traces the cardinal points of the transition from the analog world to the digital one, highlighting all the frailties, doubts, paranoias, and complications of modern love. Because the Internet has permanently changed what we want and how we try to achieve it.



VALERIA MONTEBELLO studied philosophy in Rome. Her articles have been published by Il Foglio, The Huffington Post, and Rivista Studio. She is part of the editorial board of *Nuovi Argomenti*. She creates videos in which she talks about contemporary phenomena for both Will Media and Rai. She has written and hosted two podcasts: “Il sesso degli altri” (lit. “Other people’s sex”), which won an Italian Podcast Award, and “È solo sesso” (lit. “It’s just sex”).

CAMILLO RICORDI**Everything About New Anti-Obesity Medications****What They Are, How to Use Them Correctly, and What Mistakes to Avoid**PP. 252
PUBLICATION:
MAY 2024

The revolution of semaglutide, the new ally of healthy longevity.



A scientific discovery is rattling the world: a new class of molecules that was being studied for diabetes actually revealed powerful anti-inflammatory and anti-obesity properties, with a considerable effect on healthy longevity, which Camillo Ricordi has been advocating for a long time.

The most famous one is called Ozempic, a medication made by a Danish pharmaceutical company. In 2023, it had a turnover of 500 billion dollars, comparable to Denmark's GDP, and it is now receiving millions of orders from all over the world. The most prestigious medical journals, from the New England Journal of Medicine to Nature and The Lancet have green-lit and shared the discovery. The phenomenon of new anti-obesity medications is now exploding in Italy as well, sometimes in an uncontrolled manner. Everyone wants them, many use them, some abuse them. Therefore, the eminent diabetologist Professor Ricordi has decided to shed some light on the subject. He explains what semaglutide is and how this active ingredient helps the body lower its blood sugar level, but he also warns readers about the risks involved in improperly using Ozempic and similar medications.

CAMILLO RICORDI is the director of the most important research center seeking to cure diabetes, which is located in Miami. His research has recently also focused on preventing the recurrence of the disease after it was successfully cured. He also launched the program Fit4Healthspan to promote healthy longevity and founded the organizations The Cure Alliance and the Diabetes Research Institute Federation. He is the author of over one thousand scientific publications and the recipient of several awards and important honors.

GIANLUCA ITALIANO**Chronic Relief****How to Deal with Pain and Live Better**PP. 180
PUBLICATION:
FEBRUARY 2024

A path of physical and spiritual awareness to better deal with the chronic pains that affect our lives.

Now more than ever, modern medicine offers quick solutions to physical issues and ailments. But instead of improving, our quality of life is getting worse. Rather than decreasing, the cases of chronic pain, fibromyalgia, and other degenerative pathologies (tinnitus, reflux, arthrosis, etc.) are constantly increasing. Research shows that at least one out of every two people in Italy will suffer from chronic pain in 2050. Could it be that we might be losing the battle against pain and suffering? And what if, instead of fighting them, we tried to learn from them? This book is a mindfulness journey into the world of pain and suffering to understand the practices to get to know and accept, and hence alleviate, these feelings.



GIANLUCA ITALIANO is a physiotherapist who is very active on YouTube. He founded his clinic Almaphysio to help people fight chronic pain.

GIOVANNA MUSCOGIURI

The Circadian Dance

Listen to the Rythm of Your Body to Regain Energy, Sleep Well and Get Back in Shape

Getting back in shape through circadian rhythms.



The international award-winning researcher Giovanna Muscogiuri writes a nonfiction book that reveals how to synchronize our diet with the sleep-wake rhythm for a life that is healthier and more balanced. Our body has an internal clock that regulates hunger, the sleep-wake rhythm, hormones, and other biologic mechanisms. When our internal clock is out of sync because of bad habits or a frantic lifestyle, we are more exposed to metabolic disorders like diabetes and obesity. This is what the endocrinologist Giovanna Muscogiuri discovered with her research, which received an award from the Nutrition Society in London. This book sheds light on the crucial role of nutrition in harmonizing circadian rhythms and getting back in shape. She provides advice and practical examples, explaining how to synchronize our diet with the sleep-wake cycle so we can have a longer and healthier life.

GIOVANNA MUSCOGIURI is an endocrinologist, a university researcher at the University of Naples Federico II, and a staff member of the UNESCO Chair on Health Education and Sustainable Development. She is an associate professor in the Division of Endocrinology, Diabetes and Metabolism at Tucson's University of Arizona College of Medicine. Her work on circadian rhythms received several awards.

ANNA PAOLA CAVALIERI

The Best Season

Dealing with Menopause Starting with Yourself

An expert on hormones and menopause shows how to go through this time of change with joy and mindfulness.

Menopause is still a big taboo, which is why women feel uncomfortable and unprepared when they experience it. But other cultures consider it a phase of rebirth and self-discovery, a time when conquering our own space is more important than ever. The joys and also the tribulations of our youth make room for a new spring, and we must pay attention to this transformation. The gynecologist Anna Paola Cavalieri combines scientific data with the many stories of women whom she helped in her clinical practice. Her book offers precious advice to learn how to know our body and face this delicate phase in our life with serenity and determination.



ANNA PAOLA CAVALIERI is a gynecologist who works on a freelance basis in private clinics in Rome. She is an obstetrician-gynecologist consultant for the United States Embassy. In 2008, she earned a PhD in the psychoneuroendocrinology of human reproduction and sexuality from the University of Rome Tor Vergata.

MASSIMO GIUSTI

Always Half Full

Positive Psychology Rules and Exercises to Learn How to Smile Despite Everything

An unusual book about positive thinking which doesn't exude enthusiasm and doesn't promise happiness.



Positive thinking isn't necessary when everything is going fine; but it is useful when things go wrong and threaten our psychological well-being, when we can't appreciate the good in our lives, undermining our serenity. Let's try to think about the times when we lost our smile, when we chose to share our frustrations instead of our joys or even just one nice thing. The first step to escape this state of hopelessness is to fuel the hope for change, that spark that went out or that hasn't been ignited yet. This book is designed to guide readers towards what it means to "think positively" and help them develop a life approach that is proactive, constructive, and resilient. A path with thirty-two simple rules, with positive thinking techniques and strategies. It addresses the challenges involved in applying them and how to overcome them, but it also includes scientific data from happiness studies, habits to pick up and the ones to avoid, and traits that are incompatible with your personal growth. A theoretical and practical manual to consult periodically, any time you feel the need. It doesn't promise to solve all our problems, but it can ensure that our relationship with the world, with other people and, above all, with ourselves will finally start with a smile.

MASSIMO GIUSTI is a life coach and a psychotherapist who uses an integrated psychological model in his practice. He has worked with hundreds of patients, providing them with the tools to overcome conflicts and challenges, helping them along a path of change and growth. In 2022, he published the book *Piccole ferite, grandi rinascite* with Mondadori.

CRISTINA SCELZO

The Breath Journal

Overcoming Anxiety One Exercise at a Time

A book to help you in managing the everyday chaos through breath exercises.

Do you ever feel like you have lost your way? Have you ever felt disoriented, powerless in the chaos and confusion of your existence, which keeps on carrying on despite everything? Have you ever been caught in one of those moments when you don't know what you want, when every choice feels like it is the right one, but also seems like it is wrong? BREATHE. Day after day, one exercise after the other, page after page, this practical journal will teach you how to manage your breath, to control your sadness, anxiety, shame, loneliness, guilt, sense of inferiority, and disorientation...



CRISTINA SCELZO is a counselor specialized in breathing and meditation. Her podcast "7 minuti di meditazione" (lit. "7 minutes of meditation") is one of the most popular ones in Italy.

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