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**Tuttle Publishing** was founded in 1832 in the small New England town of Rutland, Vermont (USA). Our core values remain as strong today as they were then—to publish best-in-class books which bring people together one page at a time. In 1948, we established a publishing outpost in Japan—and Tuttle is now a leader in publishing English-language books about the arts, languages and cultures of Asia. The world has become a much smaller place today and Asia's economic and cultural influence has grown. Yet the need for meaningful dialogue and information about this diverse region has never been greater. Over the past seven decades, Tuttle has published thousands of books on subjects ranging from martial arts and paper crafts to language learning and literature—and our talented authors, illustrators, designers and photographers have won many prestigious awards. We welcome you to explore the wealth of information available on Asia at [www.tuttlepublishing.com](http://www.tuttlepublishing.com).

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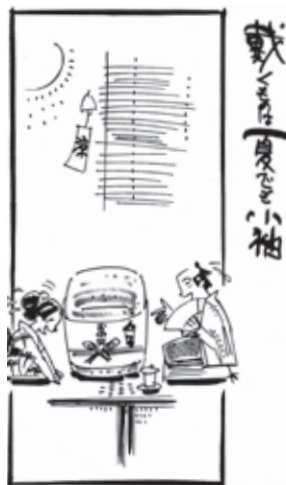
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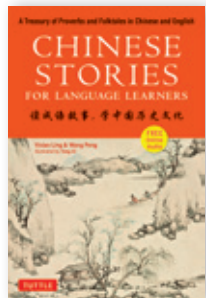


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A padded jacket is an acceptable gift even in summer.

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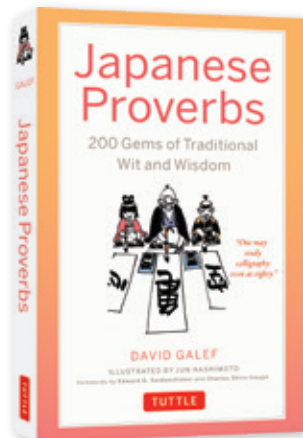
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## Japanese Proverbs

**200 Gems of Traditional Wit and Wisdom**

By David Galef

Illustrated by Jun Hashimoto

Forewords by Edward G. Seidensticker & Charles Shiro Inouye

*Japanese Proverbs: 200 Gems of Traditional Wit and Wisdom* is a delightfully illustrated compilation of traditional Japanese maxims with illustrations and explanations for each saying. Some of the classic Japanese quotes in this book like “Fall down seven times, get up eight,” capture the dogged perseverance of the Japanese. Others, such as “A red lacquer dish needs no decoration” illuminate both a universal truth and Japan’s unique aesthetic traditions. *Japanese Proverbs* has nuggets of great cultural wisdom as well as observations on daily life and customs.

Each of the 200 traditional proverbs in this unique collection are presented in Japanese calligraphy and Japanese text with a direct English translation. Similar English proverbs are also provided, and the sumi-é style ink drawings are a delight in their own right.

**David Galef** is an American scholar, novelist, critic, poet, translator and essayist. He is Professor of English at Montclair State University and author of many books of fiction and poetry, including *Turning Japanese*, *How To Cope with Suburban Stress* and *My Date with Neanderthal Woman*.

**Jun Hashimoto** is a New York-based artist and illustrator. His art and illustrations have graced everything from Scotch labels to book covers.

**Edward G. Seidensticker** (1921-2007) was a preeminent scholar and translator of classical and contemporary literature, most notably *The Tale of Genji* and the work Nobel Laureate Yasunari Kawabata as well as other acclaimed Japanese writers.

**Charles Shiro Inouye** is the widely-published Chair of the Department of International Literary and Cultural Studies at Tufts University.



藪をつついて蛇を出す

By poking at a bamboo thicket,  
one drives out a snake.  
[Let sleeping dogs lie.]



運は勇者を助く

Fate aids the courageous.  
[Fortune favors the brave.]



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Eriko Sato



Anna Sato

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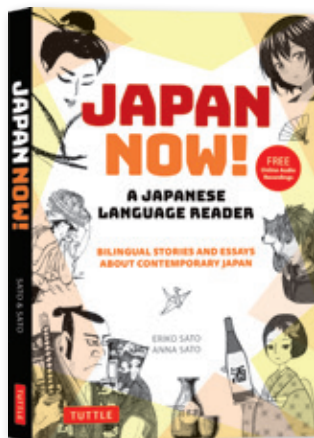


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for Language Learners

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ISBN-13: 978-4-8053-1468-5

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## Japan Now! A Japanese Language Reader

*Bilingual Stories and Essays about  
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By Eriko Sato & Anna Sato

*Japan Now!* contains 17 fascinating stories and essays about contemporary Japanese society in parallel Japanese and English versions on facing pages. These stories are by experienced commentators on Japan, each with a distinctive style and voice. The topics covered include:

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- **Japan's Underground Tattoo Culture**—Brian Ashcraft, author of *Japanese Tattoos*, takes a deep dive into the world of Japanese tattooing, an art traditionally practiced by yakuza gangsters.
- **Japan's High Suicide Rate**—Eriko and Anna Sato ask whether Japan's suicide rate has always been this high? Is it due to the traditions of *seppuku* and *kamikaze* or to the stigma around seeking therapy in Japan? Or are other factors at work?
- **Why I Love Japan Even More Since the Earthquake**—Journalist David McNeill, a longtime Japan resident, explores the aftereffects of the 2011 earthquake, tsunami and nuclear disaster.
- **The Origins of Saké**—Bestselling saké experts Nancy Matsumoto and Michael Tremblay look at the history of the Japanese drink that has gained huge popularity worldwide in recent years.

**Eriko Sato** is Associate Professor of Japanese and Japanese linguistics and the Director of the Pre-College Japanese Program and the Teacher Certification Program for Japanese at the State University of New York at Stony Brook. She is the author of many Japanese language texts including the *Learning Japanese Kanji Practice Book* series, *Reading and Writing Japanese* and *Japanese Stories for Language Learners*.

**Anna Sato** is the co-author and illustrator of *Japanese Folktales for Language Learners* and *My First Japanese Kanji Book*. She is also the illustrator for *Reading & Writing Japanese*.

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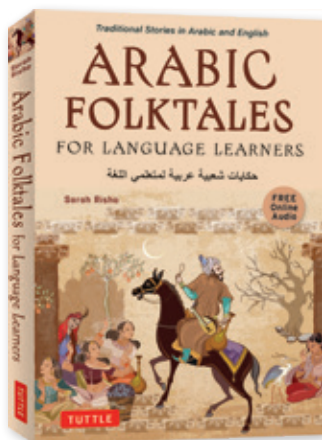
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## Arabic Folktales for Language Learners

*Traditional Stories in Arabic and English*

By Sarah Risha

This fascinating book presents 28 traditional Arabic tales in parallel English and Arabic versions on facing pages with charming b&w illustrations. The stories include:

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- **The Judge and the Talking Tree**—A greedy man who, through the advice of a wise judge, learns to appreciate what he has and not take friendship for granted
- **This Is Life**—A man learns that what is good for him might not be good for his neighbor
- **And 24 other traditional tales** from Middle Eastern cultures!

Each story is accompanied by a vocabulary list, cultural notes and exercises to help beginning students. The stories increase in length and complexity as the book progresses. Free audio recordings of the Arabic and English versions of each tale are available online.

This book is not only an accessible language resource for self-study, but also a wonderful book for anyone who wants to learn about Arabic culture through its charming folktales!

**Sarah Risha** is Senior Lecturer of Arabic at Arizona State University. She has over 20 years experience teaching and developing coursework in the Maricopa Community College system, the Cisco Learning Institute and the Commission on International and Trans-Regional Accreditation. She is the author of *Education and Curricular Perspectives in the Qur'an* and *Arabic for Beginners*.



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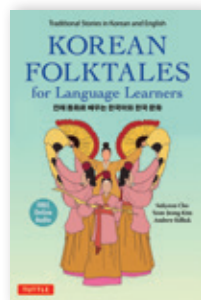
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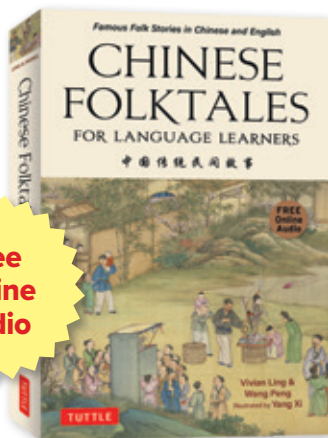
6 X 9 • 224 pages

b&w line drawings, 15 stories in Chinese and English text; free online audio recordings

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## Chinese Folktales for Language Learners

*Famous Folk Stories in Chinese and English*

By Vivian Ling & Wang Peng

Illustrated by Yang Xi

Welcome to the fascinating world of Chinese folklore. The fifteen stories in this book address universal concerns such as the origins of humankind, the impact of wars and natural disasters, the great deeds of cultural heroes, the struggle for dignity and justice for the common man, and the yearnings of the human heart. These stories can be enjoyed in English by readers with no knowledge of Chinese, while the bilingual format and extensive notes are an added bonus for language students.

Each story is accompanied by a brief essay explaining its relationship to historical events in China and a charming illustration by artist Yang Xi. Detailed vocabulary lists, cultural notes, reading comprehension exercises, discussion questions and free online audio recordings in Chinese are also provided for each story. The fifteen classic tales in this book include:

- **Taming the New Year's Beast**—How the Lunar New Year's festival came about when the ferocious monster Nian was frightened away by sparks, explosive noises and the color red
- **Two Virtuous Mothers of Ancient China**—The philosopher Mencius's mother illustrates the importance of not wasting one's education through her efforts to ensure her son's success
- **The Chinese Romeo and Juliet**—A classic tale of star-crossed lovers—Zhu Yingtai, the beloved daughter of a local official, disguises herself as a young man to study in Hangzhou, where she meets her soulmate and develops strong feelings for him, with tragic results
- **Judge Bao Takes on the Emperor's Son-in-Law**—How the famous Judge Bao decides to right a wrong at all cost when he discovers that the emperor's son-in-law, Chen Shimei, lied that he is single in order to marry the emperor's daughter

**Vivian Ling** was a professor of Chinese language and literature for over four decades. She taught at Oberlin College and Indiana University, and directed various Chinese language study-abroad programs in Taipei, Shanghai, Kunming and Beijing. She is the author of many Chinese language learning books including *The Field of Chinese Language Education in the U.S.* Vivian has co-authored four books with Wang Peng: *Chinese Stories for Language Learners*, *Essential Chinese Grammar*, *Bilingual Treasury of Chinese Folktales* and *The Twelve Animals of the Chinese Zodiac*.

**Wang Peng** has been on the faculty at Georgetown University since 2002, teaching various Chinese language courses including Business Chinese and Chinese for Heritage Learners. She was formerly the Chief Instructor at the Inter-University Program for Chinese Language Studies at Tsinghua University, as well as a visiting faculty at Oberlin College and Brown University.

**Yang Xi** is an up-and-coming artist and illustrator in China. Her distinctive style can be characterized as an amalgamation of classical and contemporary, Chinese and Western. She is currently a Master of Arts candidate at the Nanjing Art Institute College of Fine Arts.

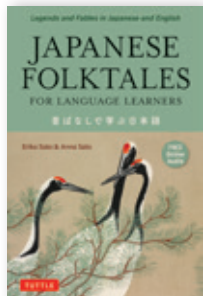


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- A 32-page study booklet with sorting indexes and practice tips
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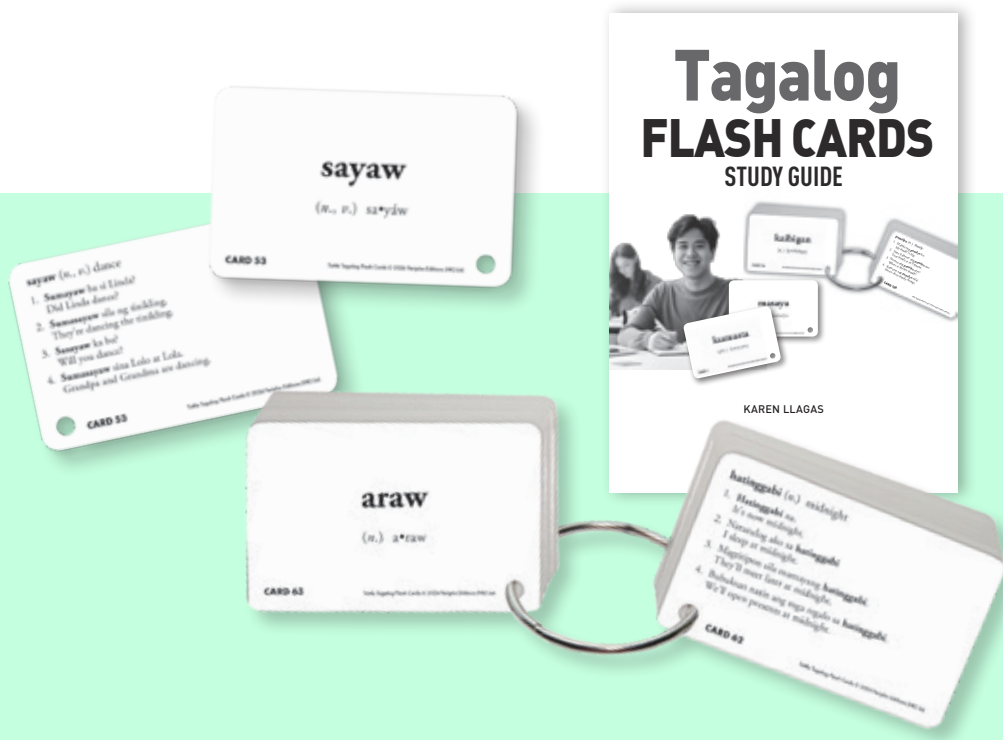
**Karen Llagas** is a poet, translator and lecturer in Tagalog/Filipino at the University of California, Berkeley. She is recipient of the prestigious Filamore Tabios Sr. Memorial Poetry Prize and a Hedgebrook Residency. Her first collection of poetry, *Archipelago Dust*, was published in 2010 and her poems have appeared in anthologies such as *Troubling Borders*, *The Place That Inhabits Us* and *Field of Mirrors*, among others. She earned her BA at the Ateneo de Manila in the Philippines and an MFA in Creative Writing at Warren Wilson College.

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## Korean for K-Pop and K-Drama Fans

### *Essential Korean Phrases for Everyday Use*

By Soohee Kim and Emily Curtis

Essential phrases for any situation—whether watching your favorite K-drama series, catching up on the latest K-Pop news, hanging out with your friends, dealing with your boss, posting on social media, meeting the love of your life or recovering from a broken heart.

Each chapter presents a range of short conversations with vocabulary lists and key grammar tips. Every conversation is presented in Korean Hangul script as well as romanized

Korean and English. Online audio recordings by native speakers make it easy to practice the conversations to improve your Korean pronunciation!

*Korean for K-Pop and K-Drama Fans* presents the language you actually need in real life situations. Useful phrases in this book include:

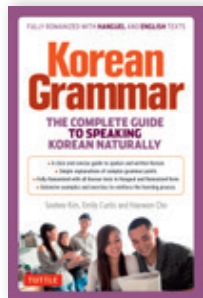
- Pandora's new song is an All-Kill!
- I got a ton of followers
- Online shopping is my downfall
- I drank five bomb shots last night
- U so cute!
- You and your girlfriend are just so cringe!
- OMG, no way!
- My hubby's on a biz trip

Whether you're looking to expand your knowledge of Korean slang, or are a K-pop and K-drama fan, this book contains a treasure trove of useful phrases and information.

**Soohee Kim** received her Ph.D. in Linguistics from the University of Washington, where she taught Korean language, culture and linguistics for 17 years. She is the author of *Korean Flash Cards* and the lead author of *You Speak Korean!*, *Easy Korean* and *Korean Hangul for Beginners*.

**Emily Curtis** holds a Ph.D. in Linguistics and an Ed.D. from the University of Washington. She teaches courses in general linguistics, phonology and morphology at Western Washington University and is a consultant in intercultural communication and language pedagogy. She is the co-author of the Korean textbook series *You Speak Korean!* as well as *Easy Korean* and *Korean Hangul for Beginners*.

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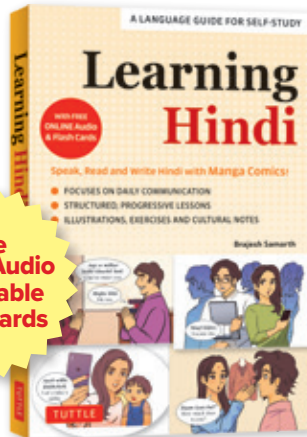
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## Learning Hindi

*Speak, Read and Write Hindi with Manga Comics! A Language Guide for Self-Study*

By Brajesh Samarth

This book teaches you the basics of the Hindi language, including practical daily conversations and vocabulary. It enables you to begin communicating effectively from the very first day. All Hindi words and sentences are given in the native script and romanized form, with clear English translations.

The book includes useful notes and explanations on pronunciation, the Hindi script, greetings and requests, basic sentence patterns and vocabulary, idiomatic expressions and etiquette dos and don'ts. A useful bi-directional dictionary of commonly-used Hindi words and phrases is provided at the back.

Free native-speaker audio recordings of the dialogues, vocabulary and exercises are available to stream or download and enable the reader to pronounce the Hindi words and phrases in the book correctly. Printable flash cards are available for free online.

Key features of this book include:

- Carefully constructed lessons designed for beginning adult learners
- Basic sentence patterns and vocabulary used in daily conversations
- Suitable for self-study learners as well as beginner-level classes
- Hindi script and romanized versions of all Hindi texts, with English translations
- Cultural notes for understanding Indian customs and norms

**Brajesh Samarth** is a Professor and Language Coordinator in Hindi-Urdu at Emory College of Arts and Sciences. His research examines the processes of identity maintenance through language in the Indian diaspora. He has extensively studied Hindi-Urdu literature and music including South Asian diaspora poetry, Dastangoi (the lost art of Urdu storytelling), storytelling through Phad painting, Sufism, Yoga, and the cultural symbolism of Rajasthani turbans. He holds a Ph.D. in linguistics and has taught Hindi and Urdu in language programs including Stanford and the University of Wisconsin-Madison.

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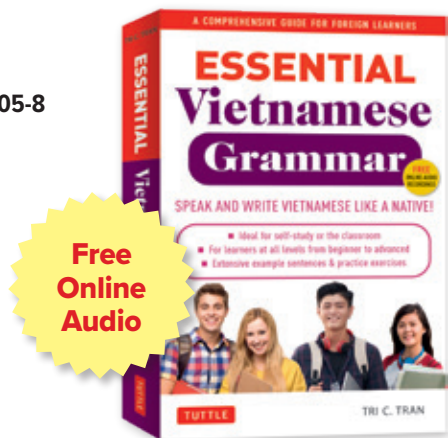
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## Essential Vietnamese Grammar

*A Comprehensive Guide for Foreign Learners*

By Tri C. Tran

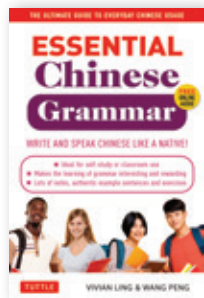
The twelve chapters in this book cover all the essential sentence constructions of Vietnamese—from beginning to advanced level. Strong emphasis is placed on the difference between translating directly from English, which yields awkward and incorrect sentences, and the use of idiomatic Vietnamese constructions and expressions. This book is suitable for self-study or for classroom instruction and is perfect for review and brushing up your language skills.

All Vietnamese grammatical patterns are clearly explained and illustrated through examples. The chapters progress from fundamental concepts (the sounds of Vietnamese, spelling, the use of accent marks and tones) to structural elements (parts of speech, grammatical functions, the structure of phrases and sentences), then to nuances expressed through word choice, word order and cultural elements.

Each chapter is accompanied by extensive exercises (with answer keys provided) that the learner can use to reinforce their understanding of the materials and their ability to apply them to real-life situations. Audio recordings by native speakers are available Online for all the Vietnamese sentences to help the learner acquire good pronunciation and intonation patterns for various types of sentences.

**Tri C. Tran, PhD**, teaches linguistics and Vietnamese at the University of California, Irvine. He obtained his PhD and MA in Romance Linguistics and Literatures from the University of California, Los Angeles, and his BA in Spanish Linguistics from the University of California, Irvine. His publications include Spanish and Vietnamese language textbooks and a bilingual dictionary for students of linguistics. He is the author of *Reading and Writing Vietnamese* and co-author of *Vietnamese Stories for Language Learners*, both published by Tuttle.

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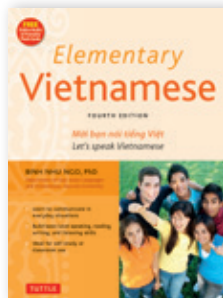
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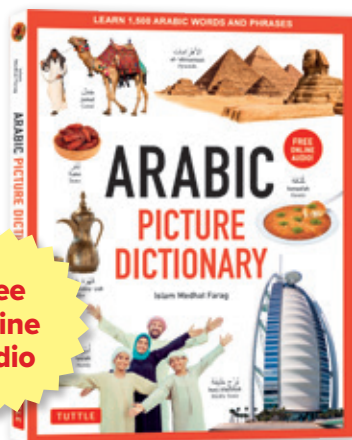
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## Arabic Picture Dictionary

*Learn 1,500 Arabic Words and Phrases*

By Islam Farag

This lavishly illustrated dictionary presents the 1,500 key Arabic words and sentences that beginning learners need to know.

The book is organized into 38 thematic sections. Each section presents 25-35 vocabulary items and 5-8 sentences demonstrating their usage. Every word and sentence is given in the Arabic script along with a Romanized equivalent to help you pronounce it correctly—and with the English meaning.

Richly illustrated with over 700 color photographs, this incredibly useful language tool includes an introduction to the Arabic script and pronunciation as well as an English-Arabic index for quick reference. Free online recordings by native Arabic speakers are available for all the vocabulary and sentences, so students can learn their correct pronunciation!

**Islam Farag** is an instructor of Arabic at the University of Pittsburgh. He has been designing curricula and teaching Arabic as a foreign language for eight years at various US universities. He holds a master's degree in TESOL instruction from Missouri State University and is currently a Ph.D. candidate in Applied Linguistics at Indiana University of Pennsylvania.

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## Japanese Picture Dictionary

*Learn 1,500 Japanese Words and Phrases*

Timothy G. Stout

If a picture is worth a thousand words, students of the Japanese language will find everything they need in the new Japanese Picture Dictionary. Deftly illustrating the use of over 1,500 key Japanese words and phrases, author Timothy Stout gives learners a clear, easy-to-use introduction to this fascinating language.

Containing culture-specific Japanese words and images not found in other picture dictionaries, Stout provides the Japanese script forms along with Romanized

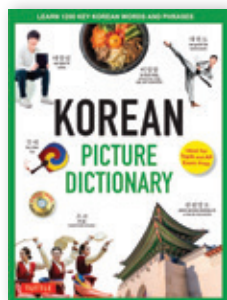
pronunciations and English definitions. The words are grouped into 38 themes or topics, each with 35–45 words and several sentences, covering all the basic vocabulary—including the vocabulary that students need to pass the AP Japanese Language and Culture Exam and the N5 and N4 level JLPT proficiency exams. This book also includes a brief introduction to the Japanese language and free online audio recordings by Japanese native speakers demonstrating the correct pronunciation of all the vocabulary and sentences in the dictionary.

Richly illustrated with over 750 color photographs, the Japanese Picture Dictionary makes it easy for readers to boost their proficiency quickly and to review for their next visit to Japan!

**Timothy G. Stout**, Ph.D., lived and taught in Japan for 20 years. He currently teaches Japanese at Waterford School in Utah (USA).



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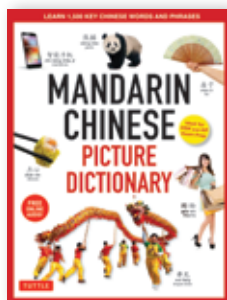
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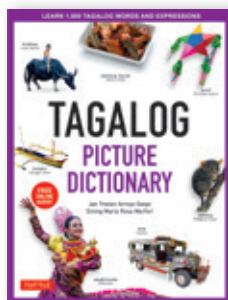
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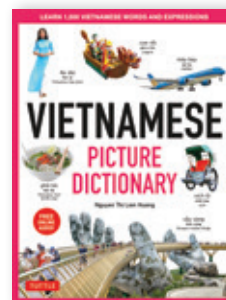
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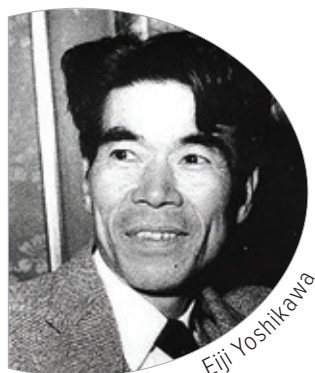
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**Eiji Yoshikawa** was the leading Japanese novelist of the postwar era and his works remain some of the most-read books in Japan today. He published retellings of great Asian classics such as *The Heike Story*, *Tales from the Water Margin* and *Romance of the Three Kingdoms*. However, his novel about the life of Miyamoto Musashi is his most famous and popular work, having sold over 120 million copies in text form and 100 million copies in manga form. He was awarded the Cultural Order of Merit and the Order of the Sacred Treasure by the Japanese emperor.

**Alexander Bennett** is professor of Japanese history, martial arts, and Budo theory at Kansai University. He is Director General of International Budo University's Budo and Sports Research Institute and co-founded and publishes *Kendo World*, the first English-language journal dedicated to this art. He holds black belts in several martial arts disciplines including Kendo Kyoshi 7-dan, Iaido Renshi 6-dan, Jukendo Renshi 6-dan and Naginata 5-dan. His published works include *The Complete Musashi: The Book of Five Rings and Other Works* and *Hagakure: The Secret Wisdom of the Samurai*. Alexander Bennett is available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com).

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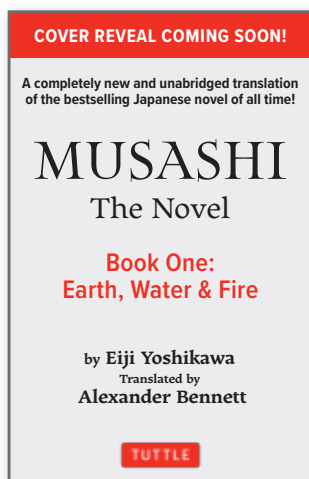
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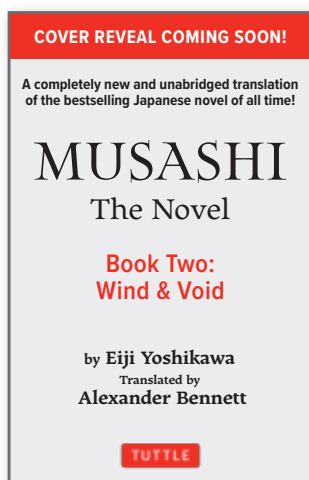
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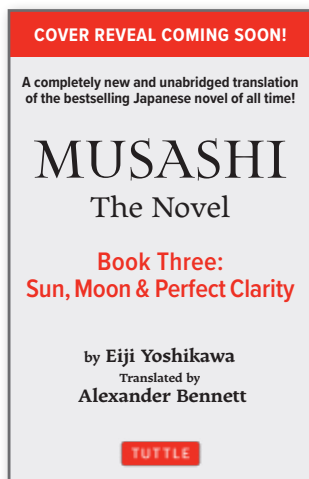
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Musashi is left to surmount one final obstacle—the great swordsman Sasaki Kojiro, who is legendary for his skill in battle. As Musashi journeys to fight Kojiro, he encounters old friends and new enemies. Devoting himself to meditation and Zen study, he realizes that the pursuit of glory through violence is fruitless and the only path to success can be found through introspection and discipline. To become truly happy, he must defeat not only his greatest rival but his own self-doubt, tying up loose ends in the process. He meets with Otsū as he prepares to fight Sasaki, whom he defeats wielding only a wooden staff—emerging as the most formidable swordsman Japan has ever known.

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## The Setting Sun

By Osamu Dazai

Translated by Juliet Winters Carpenter

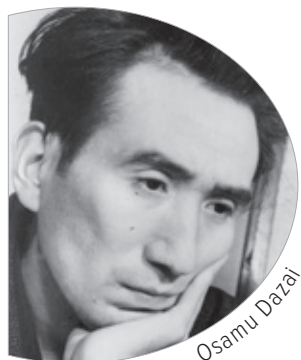
This book is a completely new translation of Dazai’s groundbreaking novel, considered by many to be his masterpiece. Set in the aftermath of World War II, the story opens as Kazuko and her mother flee the devastated capital. Once wealthy, they have now lost everything and Kazuko must work in the fields while nursing her sick mother. She also deals with the stigma of a recent divorce and the trauma of giving birth to a stillborn child.

Things take a turn for the better when Kazuko’s brother returns from the Pacific theater, but it soon transpires that

he is addicted to opium. Kazuko finds solace in a love affair with a novelist, although he turns out to be an alcoholic who is incapable of sustaining a relationship. When Kazuko falls pregnant, she vows to raise the child alone and moves confidently forward—finally liberated from outdated notions of morality and female submission to male authority.

**Osamu Dazai** (1909-1948) is the pen name of Shuji Tsushima, who first attracted attention in 1933 when magazines began to publish his work. Between 1930 and 1937, he made three suicide attempts, a subject he deals with in many of his short stories. Despite his troubled life and rebellious spirit, Dazai wrote in a simple and colloquial style, conveying his personal torments through his writings. Dazai’s life ended early in a double suicide with a married lover.

**Juliet Winters Carpenter** studied Japanese literature at the Inter-University Center for Japanese Language Studies in Tokyo and the University of Michigan. After completing her studies, she returned to Japan where she became a translator and teacher. She is professor emerita at Doshisha Women’s College of Liberal Arts in Kyoto and has received numerous awards for her translation work including the William F. Sibley Memorial Award for Japanese Translation and the Lindsey and Masao Miyoshi Translation Prize for a lifetime of achievement as a translator of modern Japanese literature.



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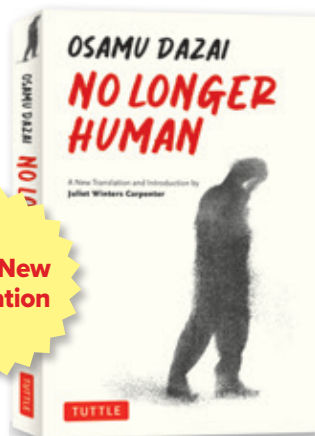
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## No Longer Human

By Osamu Dazai

Translated by Juliet Winters Carpenter

*No Longer Human* is the story of Yozo Oba who, from an early age, finds it impossible to form meaningful relationships with family or friends. As a child he copes by acting the fool—mocking himself while entertaining others. As an adult he turns to alcohol, sex and drugs, which lead to his eventual self-destruction.

In this novel, based closely on his own life, Dazai skillfully leads the reader to sympathize deeply with Oba. Although the book was published in 1948, the timeless and universal themes of social alienation, failure, and one man’s inner torture at his

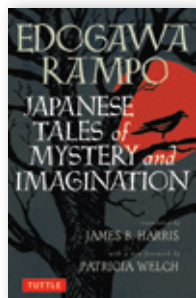
inability to feel like a normal human still resonate with young people everywhere, making this an enduring international classic.

After Sōseki Natsume, Osamu Dazai is Japan’s most popular writer. Dazai is enjoying a surge in interest among young people today thanks to the success of the manga, anime and film series *Bungo Stray Dogs*, whose protagonist, a detective named Osamu Dazai, is based on the real-life author.

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**Juliet Winters Carpenter** is an award-winning American translator of modern Japanese fiction who studied at the University of Michigan and the Inter-University Center for Japanese Language Studies in Tokyo. After completing her studies, she returned to Japan where she became involved in translation and teaching. She is professor emerita at Doshisha Women’s College of Liberal Arts in Kyoto and has received numerous awards for her translation work including the William F. Sibley Memorial Award for Japanese Translation for her rendering of Mizumura Minae’s *An I-Novel* and the Lindsey and Masao Miyoshi Translation Prize for a lifetime of achievement as a translator of modern Japanese literature.

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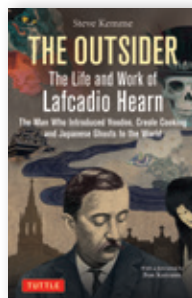
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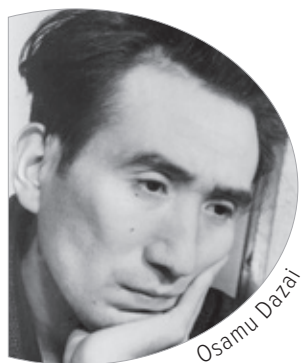
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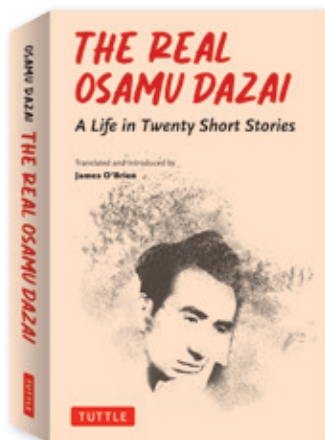
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Osamu Dazai



## The Real Osamu Dazai

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Best-known for his novels *No Longer Human* and *The Setting Sun*, Dazai was also an acclaimed writer of short stories, experimenting with a wide variety of styles and bringing to each work a sophisticated sense of humor, a broad empathy for the human condition and a tremendous literary talent. The twenty stories in this collection include:

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**Osamu Dazai** (1909-1948) was the pen name of Shuji Tsushima, the tenth of eleven children born to a wealthy landowner and politician in the far north of Japan. Dazai studied French literature at the University of Tokyo, but never received a degree. He first attracted attention in 1933 when magazines began to publish his work. Between 1930 and 1937, he made three suicide attempts, a subject he deals with in many of his short stories. Despite his troubled life and rebellious spirit, Dazai wrote in a simple and colloquial style, conveying his personal torments through literature. Dazai’s life ended early in a double suicide with a married lover.

**James O'Brien** is Professor Emeritus at the University of Wisconsin-Madison and has published several translations of both modern Japanese fiction and poetry. His most notable work is the short story collection *Crackling Mountain and Other Stories* by Osamu Dazai. He has also published modern translations of poetry by Hagiwara Sakutaro, Kitahara Hakushu, Miyoshi Tatsuji, Takamura Kotaro, and Murano Shiro, and modern tanka by Yosano Akiko.

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Sōseki Natsume is Japan's most acclaimed writer, well known in the West for his satirical novels like *I Am a Cat*. However, he first made a name for himself in Japan as a poet, publishing hundreds of haiku over a period of several decades. But until now very few of these have appeared in English.

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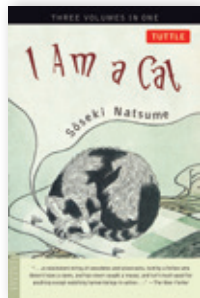
**Sōseki Natsume** was born in Tokyo in 1867 and after graduating from Tokyo University worked as an English teacher in a small provincial town. He was sent to London by the Japanese government in 1900 on the first English literary scholarship, where he developed a love for Shakespeare and Dickens. Returning to take up a position at Tokyo University, he began his writing career with *I Am a Cat*, *Botchan* and *Kokoro*. He is the only Japanese author referred to by his personal name (Sōseki) rather than his family name (Natsume) and his image appears on the Japanese 1,000 yen note.

**Erik Lofgren** is Professor of East Asian Studies at Bucknell University where he teaches classes on Japanese language, literature and film. He has published several works on the poetry of Umezaki Haruo, on the fiction of Furui Yoshikichi and Ooka Shohei, and the films *Rashomon* and *Shin Gojira*.



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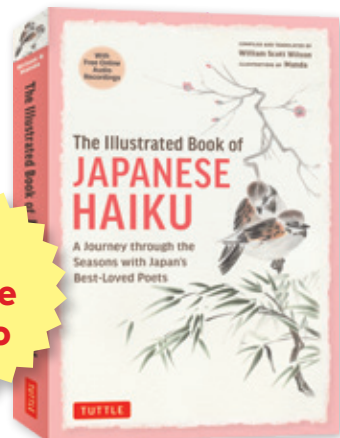
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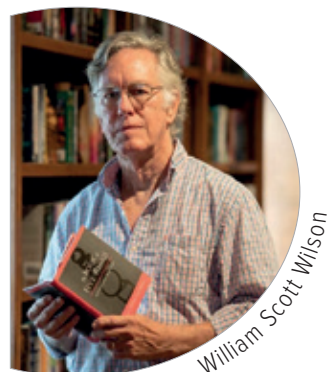
This beautifully illustrated collection of haiku by Japan's best-known poets is perfect for poetry lovers and anyone who wants to learn more about Japanese haiku. Selected and exquisitely translated by William Scott Wilson, the book features 340 haiku by 100 famous poets, with commentaries by the translator.

Seasonal poems by the "Great Four" haiku poets—Basho, Shiki, Buson and Issa—are featured alongside the works of other well-known poets like Ryokan, Kikaku and Santoka. Wilson provides fresh new translations of these classics and also includes many other delightful works by poets who are rarely found in English anthologies, including the female poets Kaga no Chojo and Hisajo, as well as haiku written by the famous Japanese novelist Sōseki Natsume.

The book is illustrated with 30 lovely haiga illustrations by award-winning French artist Manda, who has received the Order of the Rising Sun from the Japanese government for her work. All of the poems are presented in Japanese script with Romanized text and English translation. Audio recordings of the Japanese and English versions of the haiku are available online.

**William Scott Wilson** has published 20 books that have been translated into 21 foreign languages, including *The Lone Samurai: The Life of Miyamoto Musashi*. His translation of *Hagakure*, an 18th century treatise on samurai philosophy, was featured in the film *Ghost Dog* by the director Jim Jarmusch. Wilson was awarded a Commendation from the Foreign Ministry of Japan and inducted into the Order of the Rising Sun by the Japanese emperor.

Around thirty years ago, **Manda** felt the need to free herself from the academic art world and distance herself from Western culture. She decided to travel to Japan. Frequent stays there gave her the opportunity to adopt new perspectives. She learned from Japanese masters the "art of the line" as well as the mysteries of *haiga*, compositions where painted images and calligraphy come from the same brush, forming an integrated whole. She has published many books of *haiga* illustrations and poems in her native France, notably on the works of Basho and Santoka.



William Scott Wilson

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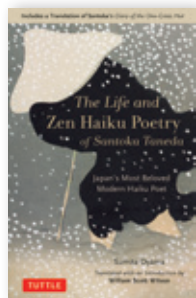


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*Ongoing spring;  
a nameless mountain  
under a light mist  
—Basho*

*Though its flowers are blooming,  
it looks difficult  
for the old tree*

*—Keio Mokusetsu*

*Unaware that I am getting old,  
the flowers  
in full bloom*

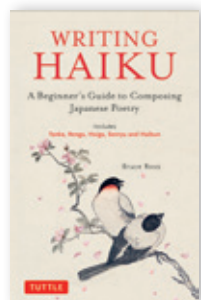
*—Chigetsu*

*Wisteria blooming;  
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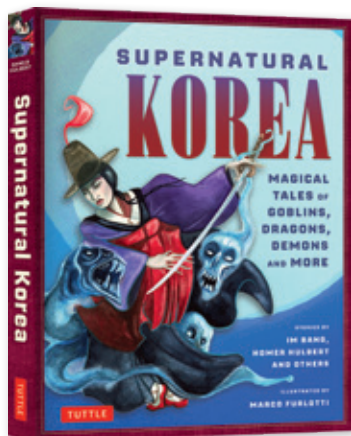
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## Supernatural Korea

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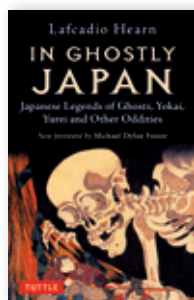
**Stories by Im Bang, Horace Newton Allen, William Elliot Griffis, James Gale & Homer Hulbert**

**Marco Furlotti** is an Italian artist and illustrator of books for children and adults. His children's books include the internationally successful series *The Dragon and the Mouse* and *Keb Mo's Life is Beautiful*. He is the creator of illustrated adaptations of *Frankenstein*, *The Strange Case of Dr. Jekyll and Mr. Hyde* and *Dracula*. He produced the illustrations for this book using watercolor on paper, surrounded by his three little girls, their animals and the soft Apennine hills of Parma, Italy.

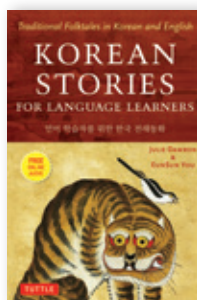
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## Yun Se the W

**Y**un Se-Ping was a military man  
days of King Chong-ling. It is  
magic from a passing messenger,  
company with the army. When at home  
from the other members of his family. His  
wife and children could not appear  
seemed to know. In winter he was more  
change them frequently, and when they  
At the same time there was a magic  
used to go about Seoul playing his craft  
around the form of the master of a house.  
On this account he was greatly feared  
more than one occasion, and determine  
also of Yun and gave him a wide berth,  
frequently to say, "I am a magician only

YUN SE-PING  
1890-1900



## Hen versus Centipede

**S**ung Kw-jun was a modest man, as well he might be, since he was only a  
purveyor of money for one of the silk shops at Chong-su. His business it  
was to stand on the street and with persuasive tones, induce the passerby  
to change his mind and buy a bolt of silk rather than something else he had in  
mind. One day a virtuous woman came along and he told her that she had a  
shop. He did not expect he would get much of a percentage out of what such a  
woman would buy, but it would be better than nothing. When she had looked  
over the goods, however, she brought her family and paid in good hard cash. A  
few days later she came again and would have to see other wares but Sung,  
who felt much flattered. Again she brought her family and Sung began to hear the  
money jingle in his pouch. So it went on day after day until the other women  
were given with envy. As late the day women said that her wares would like  
to see him about some important purchases, and Sung followed her to the east  
gate part of the city where they entered a fine large house. Sung was ushered  
immediately into the presence of the mistress of the house, rather to his embarrassment.

SUNG KW-JUN  
1890-1900



another walk and gabbie up the king's  
dwelling.

A council of wise men was called to decide  
upon the question. Many long heads were bowed  
in hard thought over the matter. All the farmers,  
merchants, fortune tellers, dragon tapers, geomancers  
and people skilled in preventing configurations were invited to give their advice  
about the best way to fight the hungry Fire Dragon.

After weeks spent in pondering the problem they all agreed that a dragon  
from China should be brought over to Korea. If kept in a swamp and fed well,  
he would surely prevent the Fire Dragon from ravaging the land near Seoul. Besides,  
the dragon knew how to amuse and persuade the South Wind not to join in the  
mischievous.

So, at tremendous cost and trouble, one of China's biggest dragons, capable of  
making rain and of spouting tons of water on its enemies, was shipped over and  
kept in a swamp. It was housed with a royal decoration, allowed to wear a string  
of amber beads over its eyes, given a household but, a nobleman's girl and fed  
all the turkeys it desired to eat. In every way it was treated as the king's favorite.

But it was all in vain. Money and favor were alike wasted. The period dragon  
made it rain too often, so that the land was waterlogged. Then when told not to do  
this, it grew sulky and neglected its duty. Finally it became fat and lazy and one  
night fell asleep when it ought to have been on guard, for the winds were out  
on a dance.

INTERNATIONAL PAPER FROM KOREA  
1890-1900

Seeing his  
jailer thus caught  
napping, the Fire Imp  
leaped out of its silken prison,  
sneaked quickly on the South Wind to Seoul and in a  
few hours had again swallowed the royal palace. There was nothing  
left next day except ashes, which the Fire Monster cared no more for than  
we for manure when the farmers are sowing.

With big tears in their eyes, the king and his wise men met together again to  
decide on a new scheme to keep off the Fire Imp. They were ready to drown  
him, or to see him get eaten up, because he had twice swallowed up the palace.

They sent the Chinese dragon home and this time, besides the fortune tellers  
and the geomancers, the well-diggers were invited also. For many days the wise  
men studied maps, talked of geography, looked at mountains, valleys, and the  
volcanoes, and studied air currents. Finally one man, famous for his deep learning  
about wind and water, forests and rivers, spoke thus:

"It is evident that the fire has always come from the southwest and up this  
valley," pointing to a map.

"True, true," shouted all the wise men.

THE GREAT DRAGON FROM KOREA  
1890-1900



should they violate their orders and risk punishment by returning sooner, they could only  
see each other from either bank of the broad  
river, which they could only hope to cross at  
the season when the great bridge is completed by  
the crows, who carry the materials for its construction  
upon their backs, as anyone may know, who  
comes to notice how bold and warm are the heads  
of the crows during the seventh moon.

Naturally this fond couple are always  
heart-broken and discouraged at being so  
soon compelled to part after such a brief  
but long-deferred meeting, and 'tis not  
strange that their grief should manifest  
itself in weeping tears so copious that  
the whole earth beneath is deluged with  
rain.

This sad meeting occurs on the night of  
the seventh day of the seventh moon, unless  
prevented by some untoward circumstance,  
in which case the usual rainy season is withheld,  
and the parched earth then waits in lamentation  
with the fond lovers, whose increased trials no  
madder their hearts than over the fountain of tears refuse  
to flow for their relief.

## I.

Yun T'ah Jung was a very wise official, and a remarkably  
good man. He could endure the corrupt practices of many  
of his associates officials, and becoming dissatisfied with life  
at court, he sought and obtained permission to retire from  
official life and go to the country. His marriage had been  
nearly been a happy one, hence he was the more content with the  
somewhat solitary life he now began to lead. His wife was poss-

INTERNATIONAL PAPER FROM KOREA  
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Illustrated by Sakyu

This collection of fifteen chilling tales brings to life a world where the supernatural and earthly realms are seamlessly intertwined. The ghosts, goblins and magical creatures in its pages are by turns mischievous, terrifying, protective and tender. The stories included in this anthology are:

■ **The Badger Haunted Temple**—A brazen group of friends attempts to rid a temple of a gluttonous, shape-shifting goblin who has taken up residence there

■ **A Cherry Flower Idyll**—A young man falls in love with the ethereal spirit of a cherry blossom tree and vows to find her in the mortal world

■ **The Story of Mimi Nashi Hoichi**—A blind bard is summoned to recite the tale of a famous battle to the ghosts of its victims, only to find that his own life is at risk

■ **And twelve other fabulous tales**—Including several that rarely appear in English!

Passed down through many generations, these classic tales are beautifully retold by Lafcadio Hearn and Yei Theodora Ozaki, two great interpreters of Japanese folk traditions. This volume features a deluxe hardcover binding and sixteen all new, full-color illustrations by contemporary Japanese yokai artist Sakyu. It will be treasured by fans of yokai and Japanese culture, as well as anyone who enjoys a good ghost story.

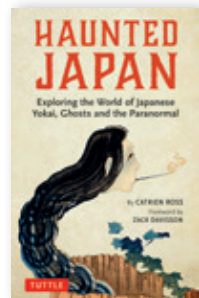
**Lafcadio Hearn** was one of the earliest Western writers to publish stories and essays about supernatural Japan. He arrived in Japan in 1890 and fell in love with the country and its people. After marrying a samurai's daughter, he became a Japanese citizen and changed his name to Yakumo Koizumi. He began publishing books on Japan in 1894, soon becoming known as the great interpreter of all things Japanese to the West.

**Yei Theodora Ozaki** was born in Victorian England to a Japanese father and an English mother. After her parents' marriage ended, Ozaki began to travel the world, and to retell in English the traditional Japanese stories she loved. She later married Yukio Ozaki, a Japanese politician, and went on to publish several collections of Japanese folk tales.

**Sakyu** is an illustrator based in Osaka whose work frequently depicts yokai and other supernatural beings. Blending traditional styles with modern content, she brings humorous insights to life in Japan. Her work has appeared in museums in Japan and abroad, including the Museum of International Folk Art exhibit "Yokai: Ghosts & Demons of Japan" and the video game *Samurai Bringer*.



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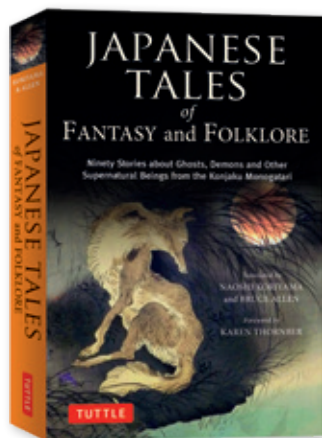
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Translated by Naoshi Koriyama and Bruce Allen

Foreword by Karen Thornber

The *Konjaku Monogatari* is a collection of tales from Buddhist and popular Japanese folklore that was compiled in the twelfth century. The stories tell of fearsome demons, tengu goblins, kitsune fox spirits, flying hermits and gods who suddenly appear out of nowhere to rescue foolish humans.

This volume contains the largest collection of *Konjaku Monogatari* stories ever published in English. It presents the low and the high, the humble and the devout—and the flirting, farting and fornicating of everyday men and women. The ninety tales in this book include:

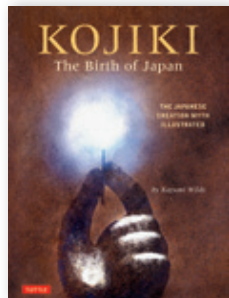
- ***A Clerk from Higo Province Escapes from a Demon's Scheme***—A man on horseback is invited to rest in a woman's house. But he soon realizes she is a demon and takes refuge in a cave, as the demon eats his horse. From deep in the cave comes the voice of another demon and the man prays to Kannon, the Goddess of Mercy. Will his prayers be heard?
- ***Empress Somedono is Seduced by a Tengu Goblin***—A beautiful princess is plagued by an evil spirit, who is banished by a mystical high priest. Delighted, her father asks the priest to live in the palace, where the priest falls in love with her. However, the only way he can make her fall in love with him is to take the form of a tengu goblin and cast a spell over her.
- ***A Fox Whose Ball is Returned Repays a Man's Kindness***—A sorceress is called to exorcise a haunted house and discovers the spirit is a kitsune fox. A beautiful white ball materializes, belonging to the kitsune. A samurai watching the scene snatches it. Desperate, the kitsune begs for its ball back, promising to protect the samurai, who reluctantly agrees. One night, lost in the dark, the samurai calls out to the kitsune for help and is guided safely home.

**Naoshi Koriyama** taught at Toyo University in Tokyo, where he is now Professor Emeritus. He is the translator of *Like Underground Water: The Poetry of Mid-Twentieth Century Japan* and numerous other books of verse.

**Bruce Allen** is Professor in the Department of English Language and Literature at Seisen University in Tokyo. He has translated several works of the Japanese writer Ishimure Michiko, including her novel *Lake of Heaven*.

**Karen Thornber** is Harry Tuchman Levin Professor in Literature and Professor of East Asian Languages and Civilizations at Harvard University. Her books include *Gender Justice* (2024), *Global Healing* (2020), *Ecoambiguity* (2012), and *Empire of Texts in Motion* (2009).

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Fantasy and reality merge in a world where supernatural occurrences are commonplace. A blind man can suddenly see evil spirits. A spoiled child is taught a lesson by a sassy

mouse. A menagerie of creatures—too clever for their own good—possess the same foibles and failings as humans. Among the many stories and characters you will meet here are:

- ***The Tiger and the Rabbit***—In which a baby rabbit outsmarts a greedy, foolish tiger
- ***A Korean Cinderella Tale***—Where a magical creature or two help an oppressed but virtuous girl to win out in the end
- ***The Magic Hood***—About how magic, if used for ill purposes, can lead to big trouble
- ***Rice from a Cat's Fur***—In which a devoted cat keeps a family from going hungry and brings them prosperity
- And forty other enchanting tales!

This collection is unparalleled in its scope and is the perfect introduction to Korea's rich storytelling tradition—containing classic legends and fables that will delight young and old alike!

**Kim So-un** studied poetry and folklore before working for a major newspaper in Seoul and as Chief Editor of the Korean Children's Educational Institute. He published 23 works in Korean and Japanese in a range of genres including poetry, folktales, folklore, folk songs and critical essays.

**Frances Carpenter** had a love of foreign lands and cultures, which she observed closely during her extensive travels—first with her journalist and author father and later with her diplomat husband. She traveled extensively throughout the world and served as a fellow of the Royal Geographical Society and Vice President of the International Society of Woman Geographers.

**Setsu Higashi** was raised and educated in Vancouver, Canada and moved to Tokyo in 1940 when her husband, Shinobu Peter Higashi, was transferred there by the Associated Press. She honed her storytelling style on her son, an avid listener of her bedtime tales.

### Also Available:



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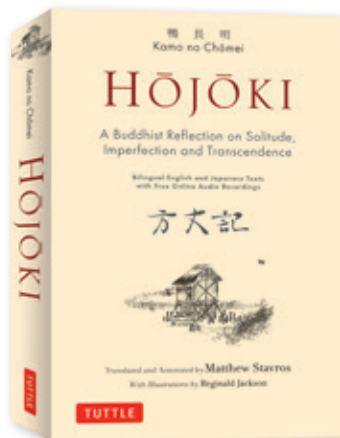
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Chōmei paints a vivid picture of the chaos and suffering of the human condition. But amidst all this, he discovers an oasis of calm in a simple mountain hut, where he contemplates the virtues of nature and the wabi sabi beauty of imperfection in all things.

This new translation by Matthew Stavros, presented alongside the original Japanese, perfectly captures the profound serenity of Chōmei’s text. His poignant verses serve as timely reminders that true contentment can be found in embracing fleeting moments and in seeking solace in nature’s beauty.

**Kamo no Chōmei** was a Japanese poet, musician and essayist who died in 1216. While in his fifties, he became a recluse, moving to Mount Hiei outside Kyoto then to Hino, where he built a tiny hut and spent the rest of his life writing and contemplating.

**Matthew Stavros** holds a PhD from Princeton University and is senior lecturer in Japanese and Asian Studies at the University of Sydney and former director of the Kyoto Consortium for Japanese Studies. He is the author of *Kyoto: An Urban History of Japan’s Premodern Capital* and *In Praise of Solitude: Two Japanese Classics on Reclusion*.

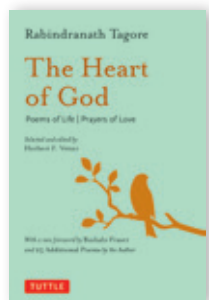
**Reginald Jackson** is an artist and associate professor of pre-modern Japanese literature and performance at the University of Michigan and author of *Textures of Mourning: Calligraphy, Mortality, and the Tale of Genji Scrolls* and *A Proximate Remove: Queering Intimacy and Loss in The Tale of Genji*.



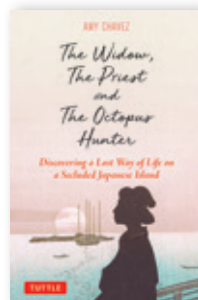
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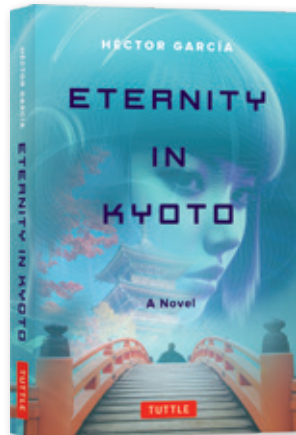
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Nathan leads a solitary life centering around his passion for antique watches and Japanese literature. One day, he chances upon an old photograph of Mia, his high school crush, who moved to Japan with her family years ago, then died under suspicious circumstances. Or did she?

Soon after, Nathan receives a text message from someone named Mia. Is this a hoax or is she alive? He vows to find out—which leads him to Kyoto and a mysterious organization called the Taira Corporation who seem to know everything about him.

They offer to transport Nathan back into the past to find Mia. But first he must fight off the rival Genji Corporation—who will stop at nothing to destroy Nathan and his new-found friends.

*Eternity in Kyoto* is a fast-paced techno thriller that transports the reader on an exciting journey to ancient Kyoto. It weaves together a touching love story with profound revelations about the essential foundations of our shared humanity.

**Héctor García** was born in Spain but has lived in Japan for over two decades. A software engineer by training, he now makes a living as a writer. His [www.kirainet.com](http://www.kirainet.com) blog has won many awards and is the go-to site for information on contemporary Japanese popular culture. He is the author of *A Geek in Japan*, *The Book of Ichigo Ichie* and *Ikigai*, co-written with Francesc Miralles—an international bestseller published in 57 languages.



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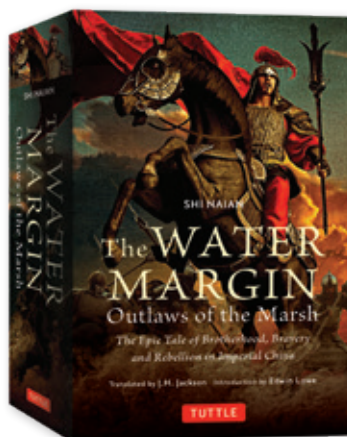
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Translated by J.H. Jackson

Introduction by Edwin Lowe

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In this action-packed story, a desperate band of outlaws are thrown together by fate and a shared desire for justice. They are pursued to remote marshes near Liangshan Mountain by corrupt officials, where their popularity among the local populace quickly grows. Through intricate schemes, epic battles, narrow escapes and unexpected treachery, the heroes fight to the death for freedom and for their loyalty to one another.

Famous for its bawdy language, this new Tuttle edition restores passages omitted in all other English versions because they were thought to be too racy. A detailed introduction by Edwin Lowe explains how the book's core message of courage and loyalty has captured the imagination of Chinese readers and continues to resonate with them today.

**Shi Naian** is considered to be one of the greatest writers in all of Chinese literature. In addition to authoring *The Water Margin*, he was mentor to Lo Kuan-chung, author of the monumental *Romance of the Three Kingdoms*.

**J. H. Jackson** came to China as a Presbyterian missionary. His version of *The Water Margin* is the first complete translation to follow the text of the Chinese original closely.

**Edwin Lowe** is a publisher and educator with over 20 years of experience in the field of Asian Studies. He has taught at Macquarie University, the Australian National University and the University of New South Wales in Australia.

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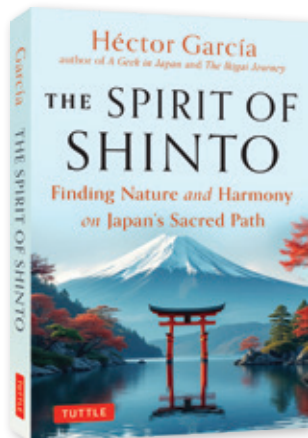
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on Japan's Sacred Path*

By Héctor García

Translated by Russell Andrew Calvert

In *The Spirit of Shinto*, longtime Japan resident and best-selling author Héctor García provides us with the keys to understanding ancient Shinto beliefs. Along the way, he helps us gain a deeper understanding of Japanese culture as well as discovering ways Shinto can help us to live in harmony with nature and with each other as we navigate our lives.

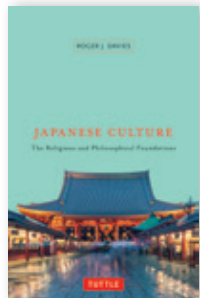
This unique book provides original perspectives, including:

- A complete introduction to Shinto's doctrineless, nature-based faith—explaining its history, mythology, gods, symbols, shrines and rituals
- An understanding of the perverseness of Shinto influence in the West today through the vast world of manga, anime and video games
- Practical "life lessons" offering ways to incorporate Shinto concepts into our daily lives
- An examination of how Shinto rituals and symbolism refresh the human spirit and help us live in harmony by respecting the world around us

García's book underscores the things we all seek—a world that respects and preserves nature and in which we value our fellow beings. Whether you're interested in Japanese culture and spirituality or simply a fan of anime and manga who wants to understand Shinto—this book is a must-read!

**Héctor García** has lived in Japan for over two decades and has written many books on Japanese traditions and popular culture. His popular blog [kirainet.com](http://kirainet.com) led to his internationally successful book *A Geek In Japan*. Along with Francesc Miralles, he is the co-author of several international bestsellers including *Ikigai: The Japanese Secret to a Long and Happy Life*, *The Book of Ichigo Ichie* and *The Ikigai Journey: A Practical Guide to Finding Happiness and Purpose the Japanese Way*.

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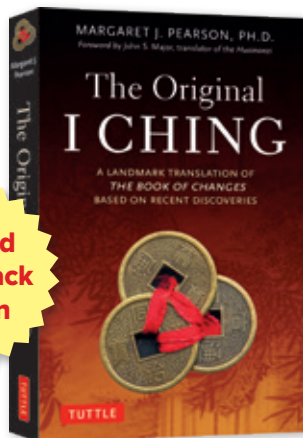
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Translated by Margaret J. Pearson

Foreword by John S. Major

A groundbreaking new translation of *The Book of Changes*, the world’s earliest-known divination system!

*The Original I Ching* presents a far more accurate and authentic version of this ancient Chinese text, removing gender biases added by later Confucian commentators who operated in a heavily patriarchal society. This translation is based on recent archeological findings of thousands of oracle bones dating back to when the text was first written down—a time when women were equal in status to men. This is the first English translation to present the original meaning of the text accurately.

Each entry is followed by page numbers referencing the translations of Lynn, Shaughnessy and Wilhelm/Baynes to allow readers to do their own comparative readings. Various methods of casting and reading are provided, along with assistance in interpreting the advice received. The full Chinese text is included along with a list of recommended readings and a finding chart.

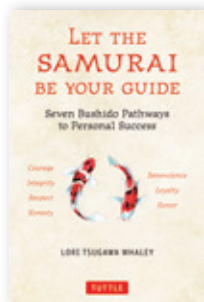
This new paperback edition includes a foreword by John S. Major, who explains the social context of the I Ching divination system in ancient China as well as how it is used by practitioners today. A new expanded appendix helps novices make the most of their readings.

**Dr. Margaret J. Pearson** studied Chinese literature with Hellmut Wilhelm and history with Jack Dull and Chan Hok-la. She has taught Chinese history and thought for over forty years. She has been elected to life membership at Clare Hall, Cambridge University, and to membership in the Early China Seminar at Columbia University. (Author photo by photographer Chris Weigl)

**Dr. John S. Major**, formerly Professor of Asian studies at Dartmouth College, is an independent scholar based in New York City. He has published extensively in the field of early Chinese intellectual history, including a translation of the *Huainanzi*.



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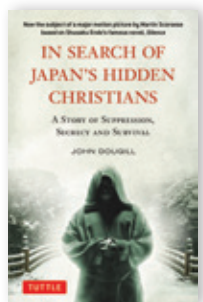


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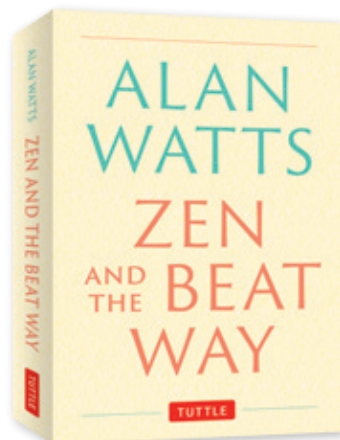
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## Zen and the Beat Way

By Alan Watts

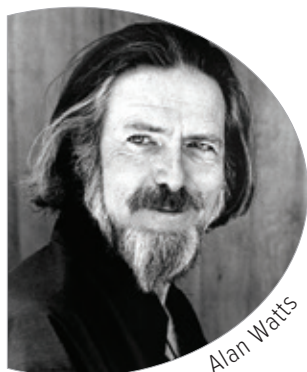
When Jack Kerouac wrote his novel *Dharma Bums*, his views on Zen Buddhism echoed the sentiments of the Beat Generation, who found in Zen a way of life unencumbered by the limitations of "square" society. And it was the philosopher Alan Watts who first spoke about Zen in terms that were accessible to mainstream Western audiences. Watts was an engaging speaker and an icon of America's Counterculture movement who named among his friends Aldous Huxley, Lawrence Ferlinghetti, John Cage and Joseph Campbell.

Through his popular series of radio talks, *Way Beyond the West*, Alan Watts presented the practical side of Zen, which he described as "a cure for education and culture." By the early sixties, his radio programs were renowned for their synthesis of Eastern wisdom and everyday life. This book is an engaging introduction to Watts' enduring teachings. The fascinating essays in this collection include:

- **The Beat Way of Life**—How the Beats lived an uncomplicated Zen life and despite being denigrated as worthless slackers, like Eastern thinkers they actively pursued "an arduous course of spiritual and psychological discipline"
- **Return to the Forest**—How the popular works of the writer Joseph Campbell influenced the earliest Beat traditions by advocating an internal search for individual truth over learned schools of thought
- **The Democratization of Buddhism**—How Buddhism is actually a "religion of no-religion" that conveys the spiritual through the everyday and the ordinary, and recognizes no division between the two

Watts' teachings—delivered during an era of turmoil and political strife—are as timely today as they were half a century ago.

**Alan Watts** was a former Episcopal priest, born in London in 1915. He came to the U.S. in the 1930s, where he became a scholar of Eastern religions. He moved to San Francisco in 1951 where he began teaching Buddhist studies and in 1956 began his popular radio show, *Way Beyond the West*. By the early 1960s, his radio talks aired nationally and the Counterculture movement adopted him as it's spiritual spokesman. He went on to write more than twenty books. He died in 1973.

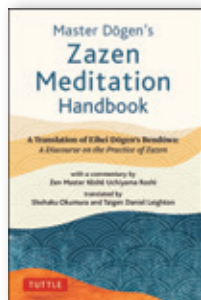


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From left to right:  
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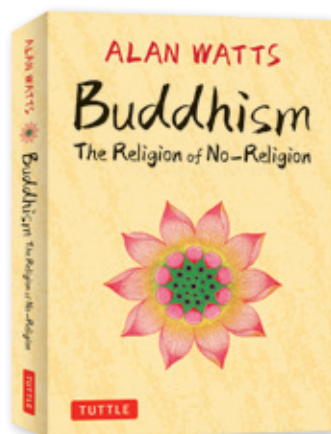
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## Buddhism

### *The Religion of No-Religion*

Alan Watts

*Buddhism: The Religion of No-Religion* presents six powerful essays by Alan Watts, the guru for an entire generation of 20th century thinkers, writers and poets. Watts was an engaging speaker and an icon of America’s Beat and Counterculture movements. His friends included Aldous Huxley, Lawrence Ferlinghetti, John Cage, Joseph Campbell and Gary Snyder.

In this book, Watts explores all aspects of Buddhism—from its roots in ancient India to the explosion of interest in Zen and Tibetan Buddhist thought in the West.

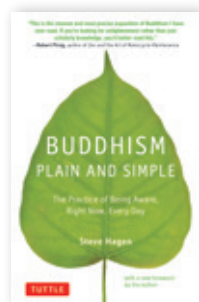
The fascinating topics covered in this book include:

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Watts traces the early beginnings of Buddhism, outlines the differences between Buddhism and other religions, and reviews the *Four Noble Truths* and *The Eightfold Path*. *Buddhism: The Religion of No-Religion* is a valuable reminder of the peace to be found by looking inward.

**Alan Watts** was a former Episcopal priest, born in London in 1915. He came to the U.S. in the 1930s, where he would become a scholar of Eastern religions. He moved to San Francisco in 1951 where he began teaching Buddhist studies, and in 1956 began his popular radio show, *Way Beyond the West*. By the early 1960s, Alan’s radio talks aired nationally and the counterculture movement adopted him as a spiritual spokesperson. He went on to write more than twenty other books. He died in 1973.

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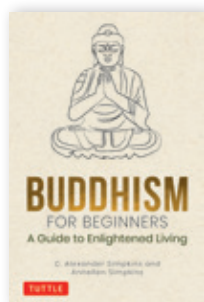


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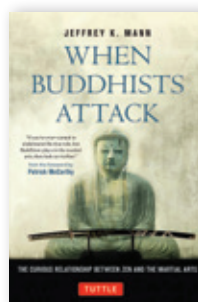


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By Susan-Jane Beers

Jamu herbal preparations are part of an integrated system of inner and outer health and beauty that has been honed and practiced for centuries by Indonesians. This book is the result of ten years of research and over 100 interviews with jamu practitioners and producers—from housewives and home apothecaries to the CEOs of multinational corporations who produce modern jamu products for export. It is designed for anyone who is interested in traditional herbal medicine, health and beauty.

Jamu treatments have been used in Indonesia since at least the 16th century but until recently were unknown in the west. What is so special about them and why are they now becoming popular in spas and health retreats worldwide? In the pages of this book, you'll learn about:

- The secret world of ancient Javanese palaces where Indonesian jamu was perfected
- Healers and jamu makers whose skills have been passed down for generations
- Detailed information about the natural herbs and ingredients found in jamu preparations
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- How jamu is sold traditionally, and the female pioneers of the modern jamu industry
- And many other fascinating topics!

*The Indonesian Art of Herbal Healing* is lavishly illustrated with over 100 photographs and is the first definitive reference in English on this exotic and practical healthcare system.

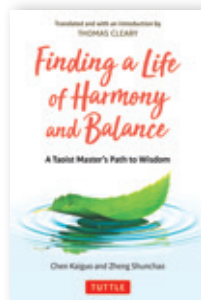
**Susan-Jane Beers** is an Irish-born writer with a background in public relations and journalism. While living in Indonesia in the 1990s, she became interested in traditional Indonesian herbal medicine when it solved a chronic ailment within days. This led her to embark on ten years of in-depth research into the archipelago's health and beauty treatments. Beers wrote for regional magazines, including *Artention*, *The Peak* and *B International* in Hong Kong and *Expat* magazine in Singapore. She moved into television production working for The Complete Picture Company and Bang Productions, Singapore, before joining Indonesian health and beauty company, Martha Tilaar Group.



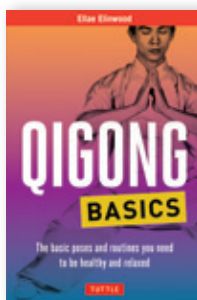
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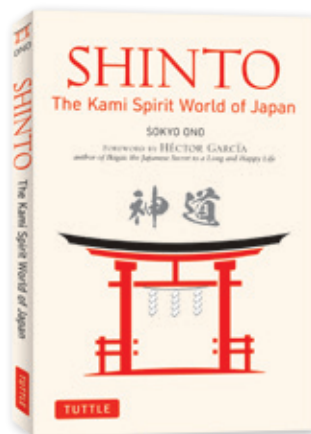
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Foreword by Héctor García

*Shinto: The Kami Spirit World of Japan* is a concise guide to the fundamental elements of the Shinto religion—its rich mythology and symbols, intricate rituals, festivals, ancestral spirits, awe-inspiring architecture and a profound belief in the divine presence in the natural world around us.

Readers will discover here the pervasive influence of Shinto on all aspects of contemporary Japanese life and culture. From the hallowed shrines nestled in wooded landscapes to the vibrant tapestry of contemporary Japanese manga, films and

video games featuring Kami spirits and characters—Shinto is ever-present. The chapters include:

This modernized classic, with new color and b&w images and a new foreword by bestselling author Héctor García, reminds us of the intrinsic connection between humanity and nature. Shinto's reverence for the divine in all aspects of nature can inspire and guide us to achieve a more harmonious and sustainable future.

**Dr. Sokyō Ono** was a professor at Kokugakuin Daigaku, a Shinto university in Tokyo, and lectured for the National Association of Shinto shrines. He also served as Executive Director of the International Institute for the Study of Religions and the Japan Religious Co-operative Council.

**William Woodard** directed the research unit of the Religious and Cultural Resources Division, Civil Information & Education Section, SCAP from 1946 to 1952.

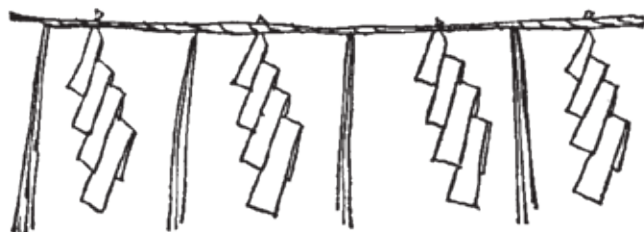
**Héctor García** was born in Spain and worked in Switzerland before making his home in Japan over 15 years ago. His popular blog [kirainet.com](http://kirainet.com) led to his internationally successful book *A Geek In Japan*. Along with Francesc Miralles, he is the co-author of the international bestseller, *Ikigai: The Japanese Secret to a Long and Happy Life*.



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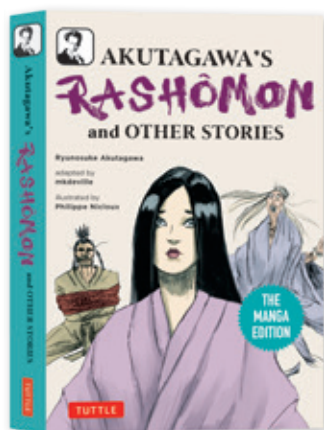
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**Ryunosuke Akutagawa** (1892-1927) is regarded as the “father of the Japanese short story.” Japan's premier literary award, the Akutagawa Prize, is named after him.

**mkdeville** is an author of graphic novels and comics whose works include *Tropic of the Lamb* (with Philippe Nicloux), *Virginia Hill: Diary of a Liberated Woman* and *Rolling Riviera*.

**Philippe Nicloux** is an artist and illustrator whose other works include *Tropic of the Lamb* (with mkdeville), *Terra Australis*, *Terra Doloris* and *Babylone* (written by Laurent Galandon).



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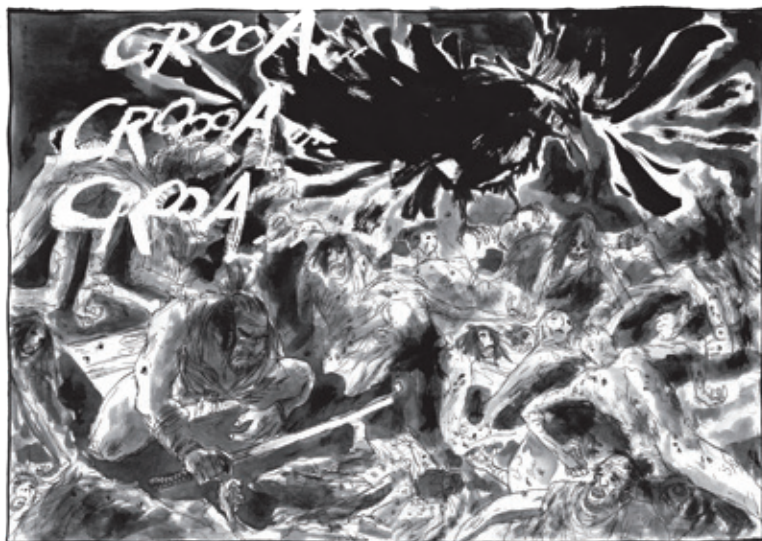
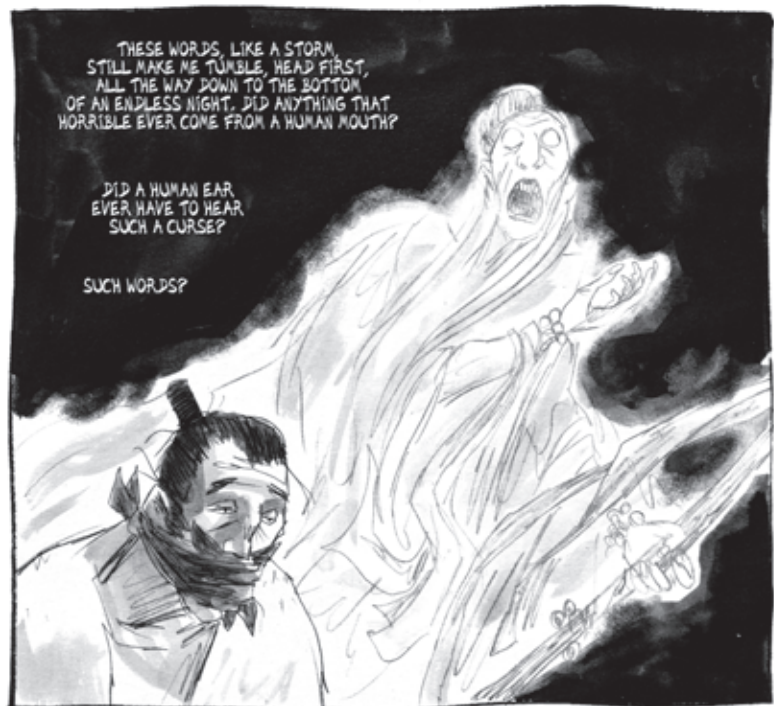
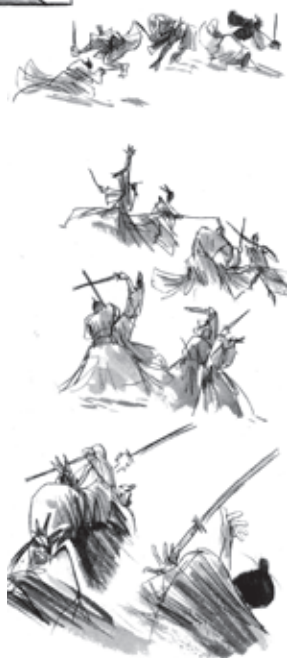


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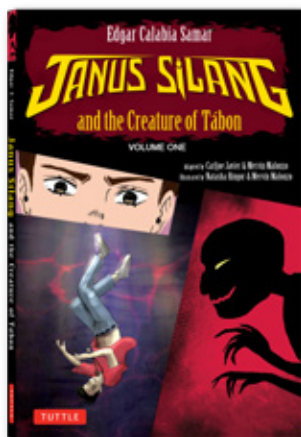
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Janus is like most teenage boys—arguing with his parents, wishing he had a girlfriend, and playing video games constantly. Especially one where the players battle monsters from Philippine

folklore. It's all very ordinary—until one day, everything falls apart.

During an online tournament at a local internet café, all the players fall dead except for Janus. The horror deepens as deaths multiply across the country. Janus is contacted by a stranger, a survivor of the tournament like himself, who asks for his help to solve the mystery. Along the way, he discovers a hidden truth about the game he has been playing and its connection with a nightmarish creature from the ancient caves at Tábon that threatens to destroy everything he holds dear.

Adapted from the Philippine National Book Award-winning novel, Janus Silang and the Creature of Tábon takes the reader on a journey of discovery as Janus learns the truth about the realm of mythical creatures which surrounds us, and how he and his family are connected to a magical past.

**Edgar Calabia Samar** is a poet and novelist whose books have received numerous literary awards including the Philippine National Book Award, the Man Asian Literary Prize, the NCCA Writer's Prize and many others. He has published eight novels and four poetry collections.

**Carljoe Javier** is a writer who explores the psyche of the Philippine diaspora in his writing. He is an avid fan of video games, sci-fi, comic books and everything geeky. Currently he teaches creative writing at the Fine Arts Department of Ateneo de Manila University.

**Natasha Ringor** is an illustrator based in the Philippines. Her illustrations have appeared in numerous children's books, comic books and video games. She is an art director for McCann Worldgroup, an international marketing and advertising agency.



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## **Janus Silang and the Struggle for Kalibutan**

*Volume Two in the Janus Silang Saga*

By Edgar Calabia Samar

Illustrated by Mervin Malonzo

Following a grisly encounter with the Tiyanak, an evil creature from Philippine folklore, Janus Silang realizes that nothing in his life will ever be the same again. He and his family are now the targets of a powerful force that must be destroyed.

Janus and his friends escape to Kalibutan, where the Tiyanak cannot follow. There, he searches for Tala, the Tiyanak's goddess twin and the only being with the power to defeat it.

This quest leads him again to the world of online gaming, where to his great dismay he discovers that he is not the only one looking for Tala!

*Janus Silang and the Struggle for Kalibutan* is adapted from the award-winning novel by Edgar Calabia Samar, one of Asia's best-known writers and a multiple winner of the Philippine National Book Award.

**Edgar Calabia Samar** is an award-winning poet and novelist whose books have won Asia's most prestigious literary prizes including the Philippine National Book Award (three times) as well as the Man Asian Literary Prize, the NCCA Writer's Prize and many others.

**Mervin Malonzo** is one of the best-known illustrators and graphic novel authors in the Philippines. His comic *Tabi Po* won the Philippine National Book Award and was adapted into a live action TV series by *Signal TV*. With his wife Prin and a few friends he runs an independent publishing house, Haliya Publishing, dedicated to producing high level graphic fiction.



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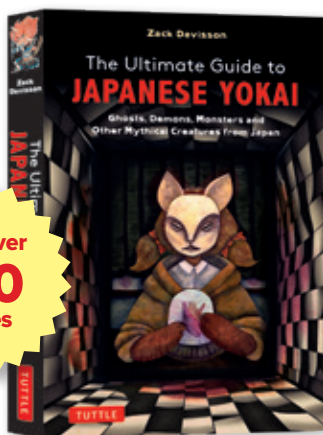
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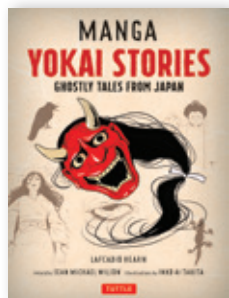
Packed with entertaining stories, this book is richly illustrated with over 250 prints and illustrations from artists old and new, including Peach Momoko, Yoshi Yoshitani, Katsushika Hokusai, Lili Chin, Utagawa Kuniyoshi, Cat Farris, and Eleonora D’Onofrio that reveal the fascinating world of the Yokai.

**Zack Davisson** is an award-winning writer and the author of many bestselling books including *Yurei: The Japanese Ghost*, *Yokai Stories* and *Kaibyo: The Supernatural Cats of Japan*. He has translated Japanese bestsellers including Leiji Matsumoto’s *Space Battleship Yamato*, *Go Nagai’s Devilman*, and *Shigeru Mizuki’s Kitaro*. He lectures on translation, manga and folklore at Duke, UCLA and the University of Washington, as well as contributing to major international exhibitions.



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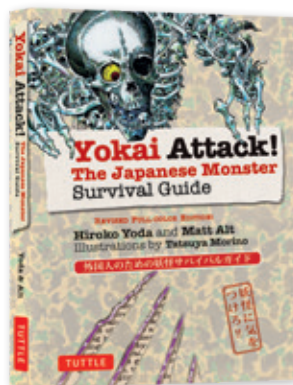
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- Author available for interviews and virtual events, contact: [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)
- Official author website: [arnold-arre.com](http://arnold-arre.com)
- Official author social media: [@arnoldarre](https://twitter.com/arnoldarre)



## The Mythology Class

*Where Philippine Legends Become Reality*

Arnold Arre

This Philippine National Book Award winner fuses traditional myth and magic with contemporary action. Borrowing elements from *The Lord of the Rings* and *The Phantom Tollbooth*, author and creator Arnold Arre reinvents age-old Filipino fables, constructing a rich world of fantasy and adventure for a new generation.

*The Mythology Class* follows Nicole Lacson, an anthropology student at the University of the Philippines. When she is summoned to a secret meeting by the mysterious Madame Enkanta, Nicole finds herself face-to-face with living

creatures from mythology and folklore that she never imagined existed in real life! Tikblangs, kapres and a range of engkantos—fantasy figures from her grandfather's bedtime stories—challenge her previously-held notions of reality.

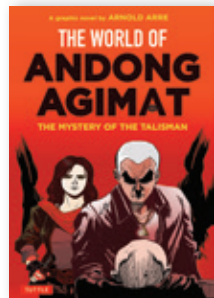
Nicole embarks on a quest through the streets of metropolitan Manila with a ragtag crew of college students. With guest appearances from legendary Filipino heroes like Sulayman, Kubin and Lam-ang, Nicole's class must face down and repel an ancient evil.

*The Mythology Class* features world-building of the highest order, balancing the scope and magnitude of an adventure epic with the humor, warmth and insight of a classic coming-of-age tale.

**Arnold Arre** won the inaugural graphic novel Philippine National Book Award in 2000 for *The Mythology Class*. He is the author and illustrator of many other popular works, including *Halina Filipina*, *Martial Law Babies*, *After Eden*, *The World of Andong Agimat* and *Trip to Tagaytay*.



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It's been two decades since the former classmates first met, and the ensuing years have brought their share of changes. Lane has lost her telepathic powers. Kubin is weakening, while Rey and Misha have mysteriously disappeared. To add to the problems, doubts about Madame Enkanta's true purpose are mounting.

Nicole, once the heart of the group, now senses a dark spell settling over them, her young daughter included. What the former classmates don't realize is that a new band of visitors

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*The Mythology Class—On the Run Again!*

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Idra's plan to hide Nicole and her friends from the Dark Forces of Anitos has failed. Now the evil Budniaan has arrived in this world with his army of zombie warriors and demented Engkanto demons—on a mission to eliminate the former *Mythology Class* members.

With Rey and Misha on the other side of the globe and the group at odds over what to do, the one course they all can agree on is the inevitable one—reunite and combine forces to thwart Budniaan's threat. Revisiting a scene of their past

triumphs, the group uncovers an ancient artifact. Will it lead them to the safety of the Skyworld, spirit realm? And will the group of intrepid adventurers be able to summon the spirit of resistance that once defined them? As the most powerful force they've ever faced reaches their borders, they're not really given any choice!

*The Journey to Lupan-On* is the latest chapter in *The Mythology Class* saga. This pulse-pounding epic plays out of the porous border between two worlds. The book stands on its own even though it is part of an ongoing series and a intersection recap at the onset helps to refresh the memories of readers. It also provides the background to this adventure for those who are new to the series.



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## Fun with Colors! Easy Painting Activities for Kids

*Watercolors • Colored Pencils •  
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By Azabu Atelier

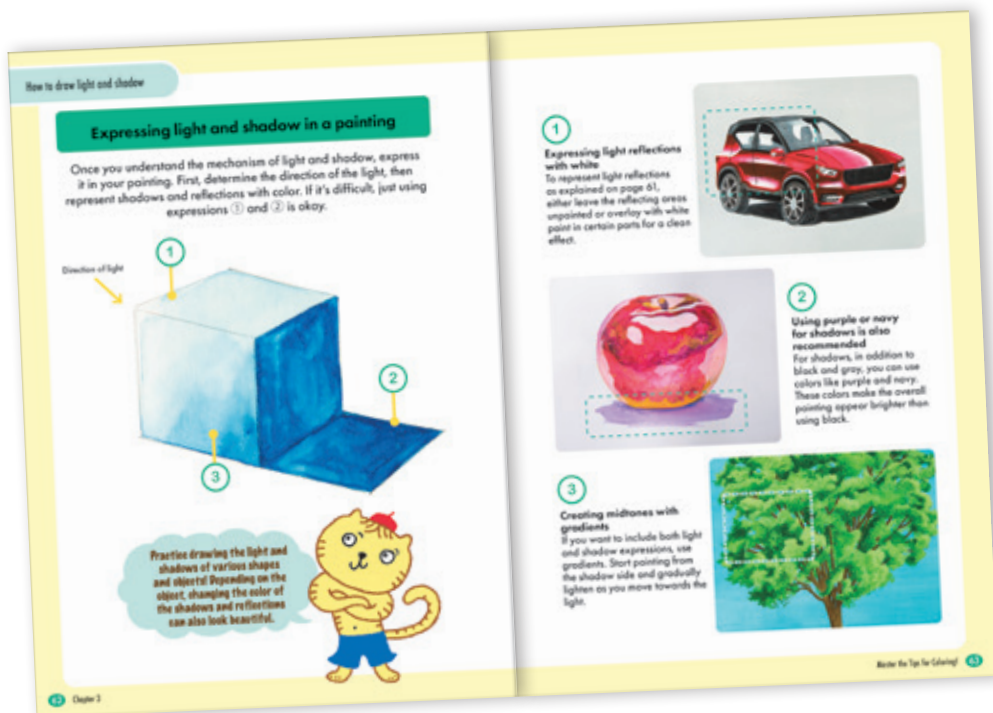
This delightful book introduces kids ages 9 and up to the creative world of watercolors, colored pencils, markers and pastels. It teaches them all the basic techniques needed to create beautiful works of art on their own!

The lessons in this book have over 300 color photos and were crafted by art teachers to teach kids how to:

- Assemble the materials and practice the basic techniques of working with color media
- Combine lines, textures, highlights and shadows to add realism to their artworks
- Add blurring, blending and layering effects as their skills improve
- And much more!

As they progress through the lessons, kids learn to paint ten different objects and scenes—like a juicy red apple with a shiny skin, a mountain landscape with trees in the foreground and hazy peaks behind, exploding fireworks against a night sky, a cuddly rabbit with caramel fur—and more!

**Azabu Atelier** is a group of art teachers formed by Koichi Matsuda with the goal of providing children with basic art skills. Teachers in the cooperative are all talented illustrators and painters in their own right, dedicated to teaching children the basics in their respective fields while fostering a sense of individuality and creativity in young people.





# MIXING PAINTS

## Creating New Colors

Mixing two or more paints to create a different color is called "color mixing."

Difficulty Level ★★☆☆



## Rules of Color Mixing

When creating colors through color mixing, there are specific color combinations to follow. Additionally, the more paints you use, the more varied the shades of the same color will become.

### Two-Color Mixing



A brown color made by mixing orange and purple. Compared to three-color mixing, the hue is more vivid and distinct.

### Three-Color Mixing



A brown color made by mixing red, blue, and yellow. This results in a more subdued color compared to two-color mixing.

**NOTE** The whiteness of a color is called "saturation." Controlling saturation can be challenging, so it's best to start with two-color mixing!

## Tips for Color Mixing

Color mixing is fundamental in painting, but creating the desired color can be challenging even for professional artists. Focus on these points and practice mixing to achieve your desired colors.



**Use Clean Water and Brushes**  
If the water used to dissolve the paints is dirty or the brush tip is dirty, it will alter the hue.



**Make More Than You Need**  
By creating more paint than you think you'll need, you can avoid running out of paint.



**Test on a Separate Paper**  
When mixing colors again, apply the mixture to a separate paper first to test the color.



## DIFFERENT SHADES OF THE SAME HUE!

### Adding Variation to Colors

You can change the shades of colors by mixing black and white paints or by adding water.



### Mixing Black and White

The brightness of a color is called "value." By mixing black or white paint with other colors, you can change the value of those colors.



Mix with Black → The color becomes darker and duller.  
Mix with White → The color becomes lighter and softer.

By mixing black and white, you can finely control the value.

## Mixing with Water

Adding water makes the paint appear thinner and more transparent. You can adjust the amount of water to create gradients (pages 50–59) or layer colors to let the underlying colors show through.



Less Water ← Amount of Water → More Water



**Layering Thick Paint**  
When you layer thick paint with less water on top of dried paint, the underlying color will not show through.



**Layering Thin Paint**  
When you layer thin paint with more water, the underlying paint color will show through, and the overlapping areas will appear as different colors.

Let's Create New Shades of Color

## How to draw mountains

Apply gradients to express the sense of distance with overlapping mountains using color. Drawing the details of objects in the foreground makes the painting look even better.



**Colors Used**  
sky blue, blue, black

### Draw the sketch



Instead of drawing details like tree branches, try drawing just the silhouette shapes!

### Paint the sky and mountains



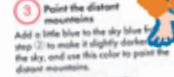
#### 1 Draw the trees and mountains

Start by drawing the trees in the foreground, then draw seven mountains in the background. Represent the mountains with jagged lines.



#### 2 Paint the sky

Apply a thin layer of water to the sky area. Then, layer sky blue diluted with water over it.



#### 3 Paint the distant mountains

Add a little blue to the sky blue in step 2 to make it slightly darker. Then, use this color to paint the distant mountains.



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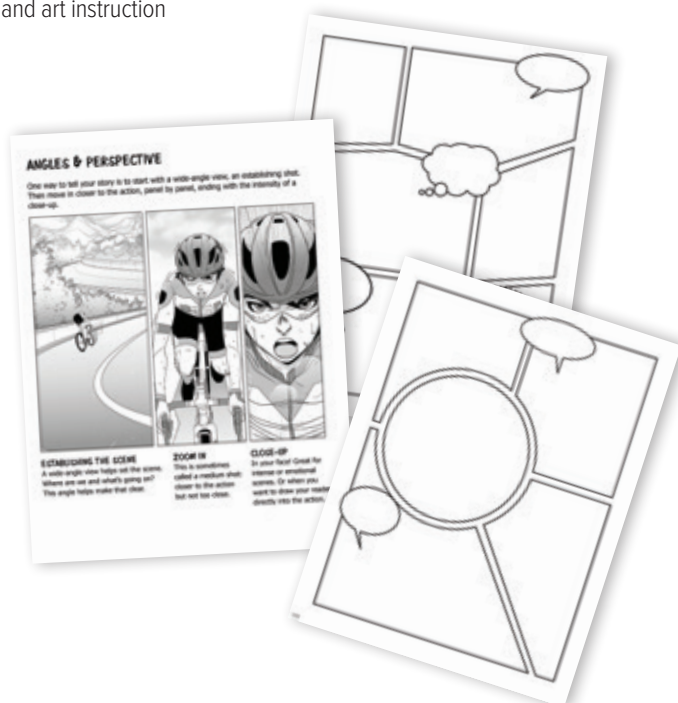
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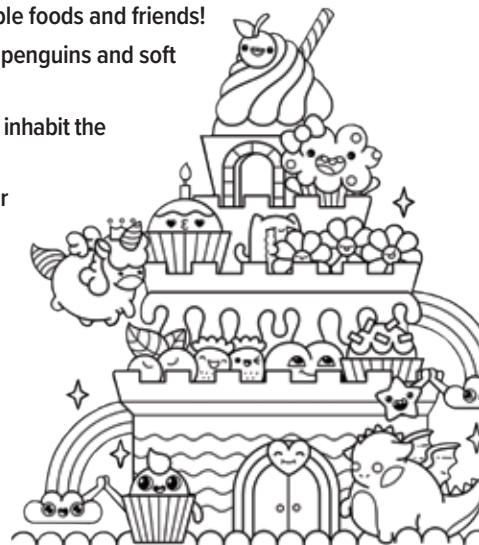
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Providing hours of mindful activity and fun, this book allows you to lose yourself in a colorful world of cuteness. Watch as a kaleidoscope of Kawaii fills up every page!

**Abbie Quirk** is a London-based artist, illustrator and graphic designer who produces original Kawaii designs for a range of international clients.



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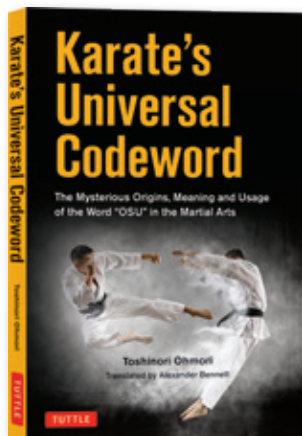
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## Karate's Universal Codeword

*The Mysterious Origins, Meaning and Usage of the Word “Osu” in the Martial Arts*

By Toshinori Ohmori

Translated by Alexander Bennett

No matter where in the world you are, enter any karate dojo and the term most frequently heard is “*Osu!*” *Karate's Universal Codeword* is the first thorough examination of the origins and use of this word in the martial arts, and the fascinating story behind its spread to other martial arts disciplines.

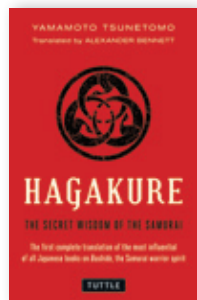
The word *Osu* is used as a basic salutation, but has many other meanings and functions as well. It is also a response—when your name is called, when saying goodbye or goodnight, and before and after meals. Essentially, *Osu* has been adopted globally as a universal sign of respect reflecting the fundamental spirit of the martial arts. Use of the word has exploded far beyond karate into other martial arts like judo, aikido, Brazilian jiu-jitsu, kickboxing and mixed martial arts—making it arguably the most frequently uttered Japanese word in the world.

Yet ironically, few martial artists (even in Japan) know the true origins and the deeper meaning behind the term. Although it is universally used, it remains a total mystery to everyone. This book promises to finally reveal the secrets behind the word *Osu* and its fascinating origins!

**Toshinori Ohmori** is a graduate of Nihon University and a former professional kickboxer. His 8-second knockout in the first round of his debut fight stands as the shortest knockout in the history of Japan's pro kickboxing league. In addition to running Japan's first martial arts café, Ohmori serves as a K-1 certified referee and judge. He currently manages Nice Middle, a kickboxing event for middle-aged and older athletes, and is a director of Athlete Foods.

**Alexander Bennett** is a professor of Japanese history, martial arts and Budo theory at Kansai University. He co-founded and publishes *Kendo World*, the first English-language journal dedicated to Kendo. He holds black belts in several martial arts disciplines—Kendo Kyoshi 7-dan, Iaido 5-dan and Naginata 5-dan. His published works include *The Complete Musashi: The Book of Five Rings and Other Works* and *The Insider's Guide to The Japanese Martial Arts*.

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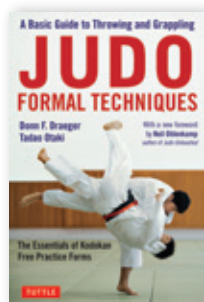
From philosophical basics to advanced competitive techniques, this book is the true bible of the sport and the only manual you'll ever need as you advance through every level of your Judo training!

**Neil Ohlenkamp** is a master Judo instructor with over 50 years of experience. He holds a 7th degree black belt and has earned the highest level of coaching certification. He is the former head instructor at the Encino Judo Club in California and was head coach of the U.S. National Judo squad at the 1988 Paralympic Games and the 1989 World Championships for the Disabled. He holds black belt certificates from the Kodokan Judo Institute in Tokyo, the United States Judo Association, the United States Judo Federation, and the United States Ju-Jitsu Federation.

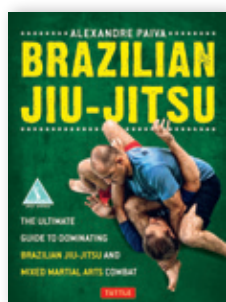


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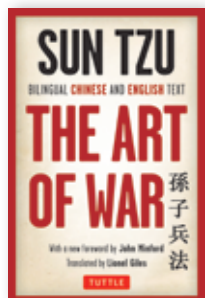
Containing these and a dozen more essays on combat tactics, psychology, leadership, good character and the exercise of power, *Secret Tactics* is an indispensable resource for students of Asian culture, martial artists and corporate executives.

**Kazumi Tabata** was a Grandmaster (8th degree black belt) in the Shotokan style of Japanese karate. He established and was the Chief Instructor of the North American Karate-do Federation and the New England Collegiate Karate Conference. He lived in Massachusetts until his death in 2020.

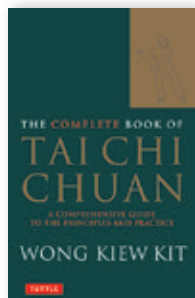


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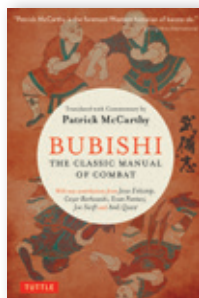
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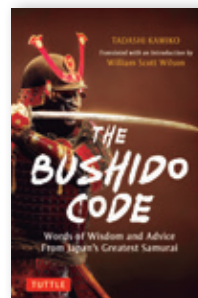
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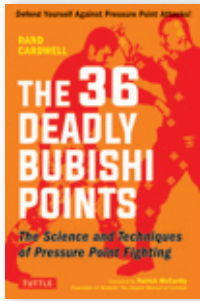


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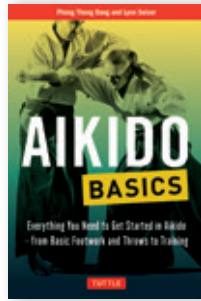


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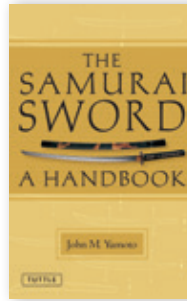




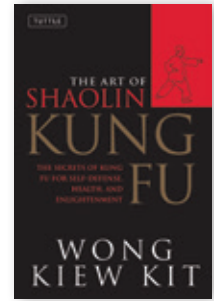
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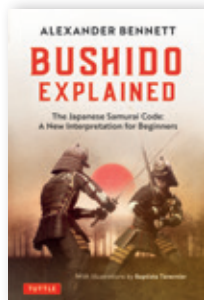
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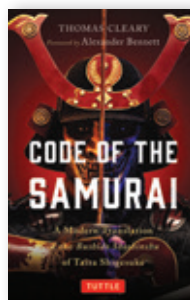
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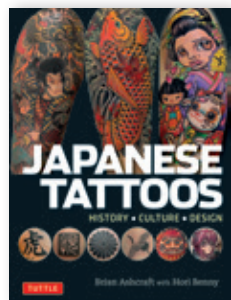
Lavishly illustrated with over 1,000 photographs and drawings, this monumental work offers clear and precise definitions for the rug and textile terms used across a broad swath of the globe—from Morocco to Turkey, Persia, the Caucasus region, Central Asia, Afghanistan, Pakistan, India and China. It covers priceless museum-quality rugs as well as modern centers of production and draws on classical scholarship as well as the everyday terms used by producers and traders today. It focuses

on the rich hand-knotting and hand-weaving traditions of the Near East and Central Asia, but also includes some Scandinavian and Native American weavings.

The terminology used for oriental rugs is extraordinarily confusing. Peter Stone wrote this book to help collectors, dealers, students, researchers and scholars navigate this terminology maze. There is a growing body of research in rug attribution, techniques, ethnography and history. By organizing this information systematically, Stone provides an indispensable reference for those seeking information about specific rug traditions.

**Peter F. Stone** became fascinated with rug structure and began collecting rugs in 1975. While serving as president of the Chicago Oriental Rug Society, he began to restore rugs in his collection. He used his professional skills as an instructional designer to write his first book, *Oriental Rug Repair*. Other books followed including *Rugs of the Caucasus*, *The Oriental Rug Lexicon* and *Tribal & Village Rugs*.

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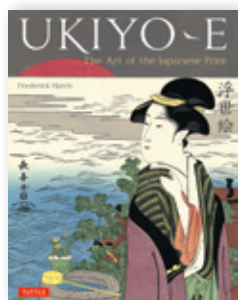


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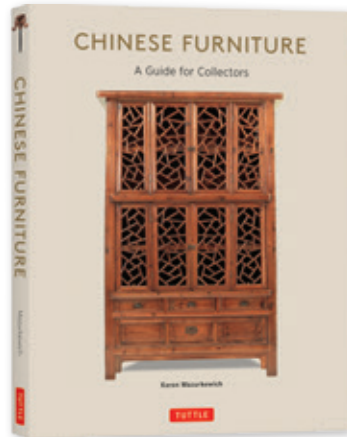
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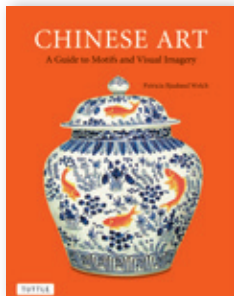


With its detailed historical overview and regional coverage, this book highlights the great diversity of antique Chinese furniture and serves as an indispensable guide to collectors, new and old.

**Karen Mazurkewich** is an *Asian Wall Street Journal* reporter who has covered Asian culture and the retail scene from her base in Hong Kong. Mazurkewich has investigated art forgery, interviewed countless collectors, grilled innovative businessmen, and queried carpenters—all in a quest to better understand the business and culture of fine furniture collecting in Asia.

**A. Chester Ong**, born in the Philippines and currently based in Hong Kong, has photographed widely throughout Asia. His photography appears in major magazines, exhibitions and books.

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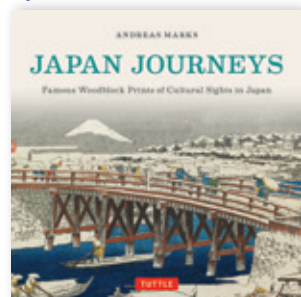
In this series, Hiroshige captures 118 locations in and around Edo, today's Tokyo, during all four seasons and often from hitherto unknown and unique perspectives. These views were first printed in exquisite luxury versions, incorporating innovative printing techniques like color gradation. No complete set of the early versions exists today and this is the first book to present a complete set of the deluxe early printings, sourced from 32 different museums and private collections.

Author Andreas Marks consulted 4,700 prints in compiling this volume in order to provide a definitive guide to the various printed versions along with reference images showing how and where Hiroshige sourced his ideas for each view—from previous books and illustrations.

Marks' introduction discusses the genesis of the series in the context of Japanese landscape art as well as Hiroshige's personal biography. The book then presents all 118 prints together with their source materials and a map showing the locations of each view, followed by a detailed appendix discussing the great color variations found in subsequent printings of the series.

**Dr. Andreas Marks** is the Mary Griggs Burke Curator of Japanese and Korean Art and Director of the Clark Center for Japanese Art at the Minneapolis Institute of Art. From 2008 to 2013 he was the Director and Chief Curator of the Clark Center for Japanese Art and Culture in California. He has a Ph.D. from Leiden University and a master's degree in East Asian Art History from the University of Bonn. A specialist of Japanese woodblock prints, he is the author of over 16 books. He has received awards from the International Ukiyo-e Society and the International Fine Print Dealers Association.

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*An Illustrated Guide to the Folk Arts and Artisans of Japan*

By Manami Okazaki

The Mingei Folk Crafts movement founded by philosopher and art historian Soetsu Yanagi and potters Hamada Shoji and Kawai Kanjiro and the early 20th century celebrates the utilitarian designs and functional objects hand-crafted by village artisans throughout Japan. This book offers an illustrated guide to Japan's rich folk craft traditions and shows why the Mingei philosophy is even more relevant today than when the movement began a century ago.

Folk crafts have become associated with the Slow Life movement and the Wabi Sabi philosophy which values simple and imperfect items above the bright and shiny mass-produced objects of our modern disposable culture. This book introduces dozens of fascinating Japanese folk craft traditions—ranging from popular, widely-known ones to many lesser-known crafts that are equally exquisite but rarely seen. The crafts covered here include:

- **Aizome Hand-dyed Indigo Textiles**—which use the leaves of the indigo plant to produce a rich, deep-blue color
- **Edo Furin Wind Chimes**—made of delicate hand-blown glass, one of the iconic symbols—and sounds—of the hot and humid Japanese summer
- **Maneki Neko Beckoning Cats**—one of the most popular folk crafts in Japan, with their right paw raised to bring in money and good luck
- And 31 other fascinating craft traditions!

Author Manami Okazaki describes each craft in loving detail and interviews nine talented folk artists. The book features 400 color photographs and a guide to buying folk crafts both in Japan and abroad.

**Manami Okazaki** has published over a dozen books on Japanese art and culture, including *Japanese Kokeshi Dolls* (Tuttle Publishing). Her articles have been featured in *The Wall Street Journal*, *The South China Morning Post*, *The Japan Times*, *Transit* and other international publications. She has written extensively on the Tohoku region of northern Japan and curated Kokeshi Japanese doll exhibits in London, Paris, Rome and Los Angeles.



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By Nani Park and Robert J. Fouser

Photography by Jongkeun Lee

Amidst the glass-and-steel skyscrapers and luxury apartments of modern-day Seoul, traditional Korean houses known as hanok survive and play a surprisingly important role. *Inside the Korean House* showcases 12 very special hanok that have been selected to reflect the style-conscious Korea of today, a country where traditional values are still highly respected.

While the exteriors of these homes are indistinguishable from traditional hanok of the past, the interiors have been adapted to keep up with the times. Traditional stone, wood and clay are still the basic materials used, and the houses make full use of natural elements such as wind and sunlight based on the principles of *baesanimsu*—which position the hanok in harmony with the forces of nature and the geography of their sites.

The hanok in this book all have unique stories that are told from the point of view of their owners, many of whom are well-known architects, designers and business leaders. The book provides an unparalleled look at the lifestyles of contemporary Koreans who are leading the world now in terms of design, fashion and innovation.

**Nani Park** was born in Korea but grew up in Hawaii, which gives her a special perspective as both an insider and outsider in Korea. An award-winning illustrator and art educator, she has worked in the art industry for over two decades.

**Robert J. Fouser** renovated his own hanok in 2012 and has been active in hanok preservation.

**Jongkeun Lee** is one of Korea's leading design and food photographers. He established his own studio, Apo Associates ([www.apo.co.kr](http://www.apo.co.kr)), in 1995 and contributes regularly to lifestyle magazines. His photographs are featured in *Korea Style*, also published by Tuttle Publishing.



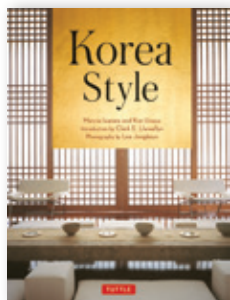
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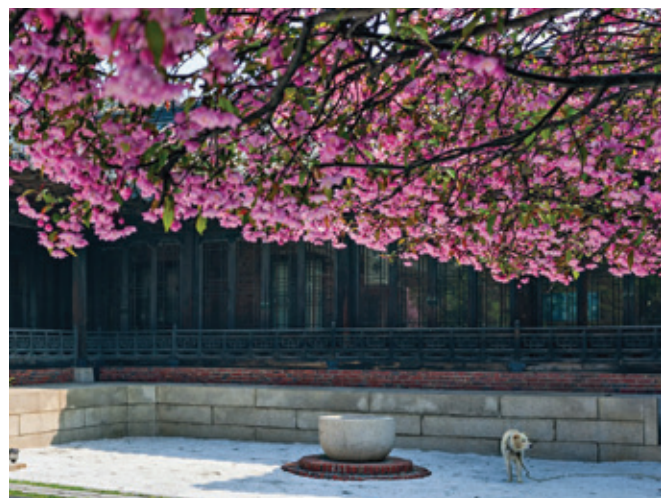


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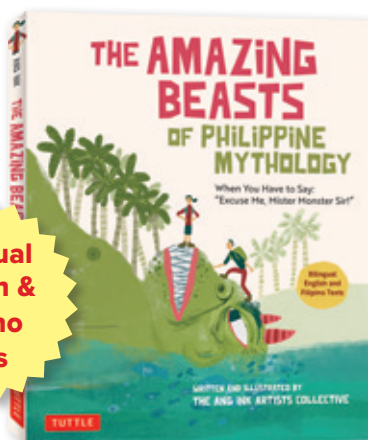
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Monsters and magical creatures spring vividly to life on every page of this book thanks to the exceptional artistic talents of some of Asia's leading children's book illustrators. Brief bilingual descriptions and dazzling illustrations introduce 56 fun, freaky and fearsome creatures, including:

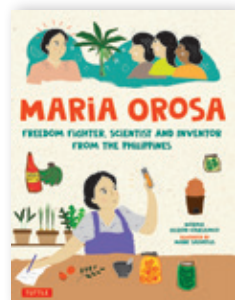
- **Mandurugos**—Whose long tongue slithers down through cracks in the ceiling to suck out the souls of unsuspecting sleepers at night
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And yes, they live among us—in secret burrows, hollow trees, underwater caverns—and especially in our homes. "Tabi-tabi po" is the phrase to be invoked in their presence, meaning, "Kindly step aside, Sir, and allow me to pass." These words are respectfully addressed to the unseen creatures who don't take kindly to trespassers, intentional or otherwise.

So be forewarned as you venture into this supernatural realm. Get acquainted with these amazing beasts and remember to say, "Tabi-tabi po!" when you meet them!

**The Ang Ink Artists Collective** is the Philippines' first and only organization of artists dedicated to children's book illustration. Asia's leading children's book illustrator collective, established in 1991, it consists of the best visual artists working in the country today, many of whom have won local and international awards and recognition for their work.

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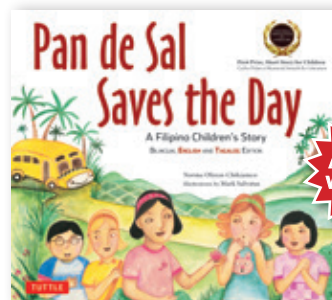
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**Jehanne Moharram** grew up in Kuwait and Egypt where she moved from nestling on a relative's lap, begging for one more story, to constantly burying her nose in a book. She now works as an editor and writer in Oklahoma, where she lives with her husband, two children and too many pets (some possibly magical). This is her first book. You can find her at: [www.jehannemoharram.com](http://www.jehannemoharram.com).

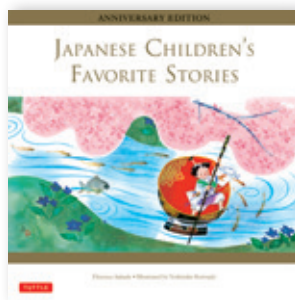
**Chaymaa Sobhy** was born and raised in Cairo, Egypt and received a pharmacy degree from Cairo University before shifting her focus to illustrating and writing picture books. She is the author and illustrator of *My Sky Is Many Colors* and *I Imagine* and the illustrator of *My First Book of Arabic Words*.

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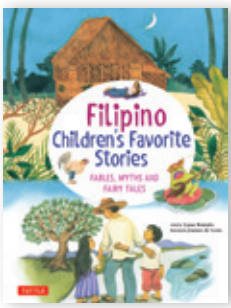
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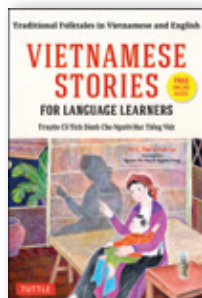
**Tran Thi Minh Phuoc** is the first Vietnamese-American librarian in Minnesota. A respected storyteller and award-winning author, her first book *Vietnamese Children's Favorite Stories* won the Anne Izard Storytellers' Choice Award, the *Creative Child Magazine* Book of the Year Award, and the Moonbeam Children's Book Gold Medal Award. Her other books include *My First Book of Vietnamese Words* and *All About Vietnam*, all published by Tuttle. She was selected as the 2023 Blue Ribbon Author by the Minnesota State Fair.

**Nguyen Thi Hop & Nguyen Dong** are the illustration team behind *My First Book of Vietnamese Words*, *Vietnamese Children's Favorite Stories*, *All About Vietnam* and *Vietnamese Stories for Language Learners*. They live in California.

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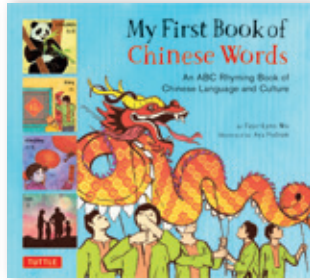
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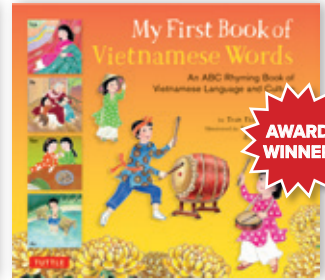
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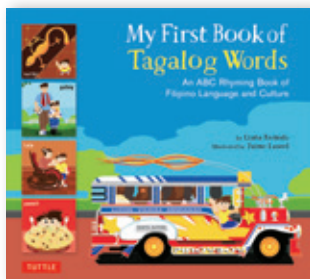
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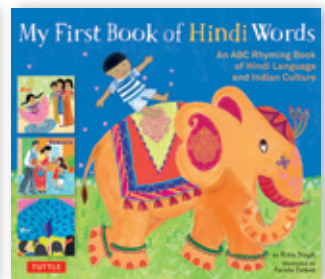
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Whether working in his studio or out in the field, Japanese artist Hokusai had a constant companion—his youngest daughter, Eijo. Wherever they went, Eijo brought along her own bag of brushes and the same artistic brilliance and passion as her dad. *Hokusai's Daughter* tells the story of a clever girl who refuses to believe that only men can create great works of art.

Told that she cannot become an artist because she's a girl, Eijo sets out to prove everyone wrong. She's determined

to become the proverbial koi that swims up the waterfall and becomes a mighty dragon—fighting against the current to become the person she is meant to be. Her creativity and spunk surprise everyone, including her father. In the end she saves the day—and her dad's honor—proving that she's not just a good artist, but a great one!

Katsushika Oi, called Eijo, created many remarkable works of art and had a hand in her illustrious father's later work. This beautifully illustrated bilingual story celebrates the power of grit and artistic expression as it introduces young readers to a trailblazing figure who, like her famous father, left a lasting impression on the world of art. *Hokusai's Daughter* is a timeless tale that teaches kids to believe in themselves and follow their passion.

**Sunny Seki** is the author-illustrator of bilingual books on Japanese culture for children which highlight the values of courage, selflessness, loyalty and determination as well as the value of art. Specializing in traditional tales, he creates puppet performances, teaches Japanese poetry, and is a photographer as well as a writer and an illustrator. He lives with his wife Judy and their children in the Los Angeles area. He has authored several children's books including the award-winning *Yuko-Chan and the Daruma Doll* and *The Last Kappa from Old Japan*.

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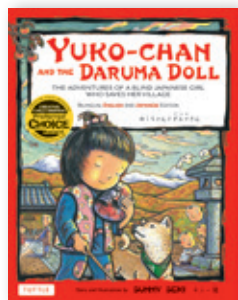


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With the help of his Japanese host brother and sister, he visits a ninja village, tries unusual foods, learns Japanese brush painting and gets the inside scoop on daily life at a Japanese school. In this book readers will learn how to:

- Bow in the Japanese Manner
- Make Onigiri Rice Ball Sandwiches
- Fold an Origami Crane
- Eat Sushi and Learn about Japanese Fish
- Practice Aikido
- Go to a Japanese School
- Make Mochi Balls
- and much more!

*My Awesome Japan Adventure* is the perfect book for kids who want to explore another culture and have fun in the process!

**Rebecca Otowa** was born in California and studied Japanese language and culture at the University of Queensland in Australia. In 1978 she went to Japan, and never left. She graduated from Otani University in Kyoto with an MA in Buddhism. In the years since, she has brought up two sons, taught university-level English, played music, acted on stage and kept a vegetable garden, but she eventually returned to her two great loves—writing and drawing.



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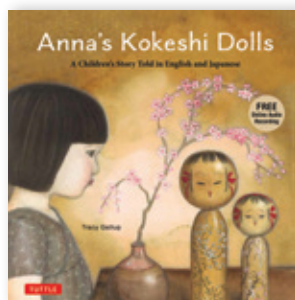


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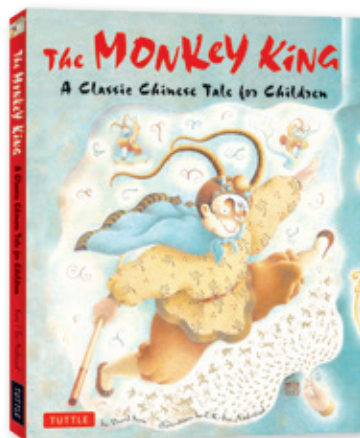
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## The Monkey King

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By David Seow

Illustrations by Lak-Khee Tay-Audouard

*The Monkey King* retells the story of the Buddhist monk Tripitaka who is dispatched by the Jade Emperor of Heaven on a magical quest to bring the Sacred Scriptures of the Buddha to China in order to save the nation from chaos. It describes in turn how the monk meets three brave traveling companions—Monkey, Pigsy and Sandy—each of whom has a very odd appearance but special powers and a strong personality. Along the way they face many enemies and often quarrel amongst themselves like

children. But in the end, their loyalty to each other and dedication to their common goal ultimately win the day.

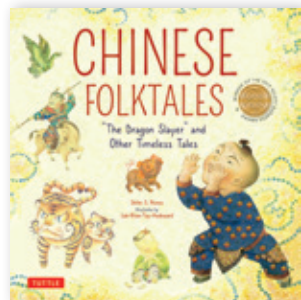
The most beloved character in this story is of course the hilarious Monkey—mischievous and full of energy, constantly on the move and constantly creating problems for the others. But Monkey has amazing magical powers that enable him to transform himself into other living beings and to summon an army of monkeys to his side at a moment's notice. Much to the consternation of his comrades, however, he is always boasting about his abilities. But in the end he is the one who saves them.

**David Seow** was born and raised in Singapore. He studied at Anglo-Chinese School, Oregon Episcopal School, and subsequently the University of Portland. After a stint as a sitcom writer with an award-winning television series, he embarked on a career in children's literature. David is the author of twenty-three well-received children's books, including *The Littlest Emperor*.

**Lak-Khee Tay-Audouard** is an award-winning artist who has illustrated several children's books including *Singapore Children's Favorite Stories* and *Adventures of the Treasure Fleet*. She is based in Singapore where she teaches at the International French School. Inspired by Tang figurines, the illustrations in this book capture the innocence and simplicity of Chinese folk art. Her original colored pencil and wash illustrations were done on bamboo rag paper. Organic materials like earth, charcoal, tea and sackcloth have been added to enhance their rustic feel.



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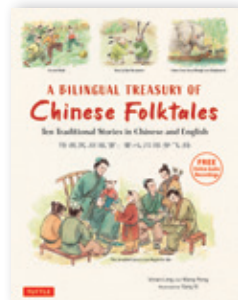


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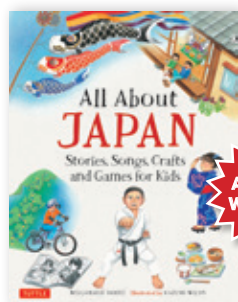


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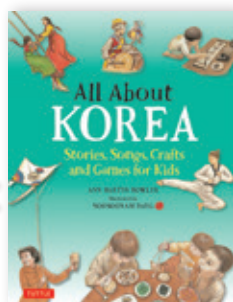
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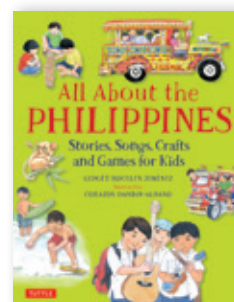
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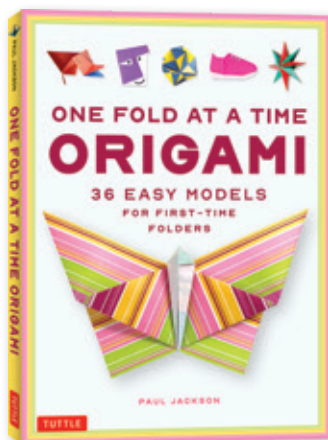
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- Author available for events and interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)



## One Fold at a Time Origami

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By Paul Jackson

If you've been wanting to try origami but have been put off by the "difficulty factor," this is the book for you!

Paul Jackson has been teaching origami for over 40 years and knows from experience that many people struggle to follow the instructions for the models. He has created an all-new collection of designs specifically designed for first timers. These models feature simple mountain and valley folds and each step is shown separately so the instructions are exceptionally clear—for virtually guaranteed results!

The 36 hassle-free models in this book include:

- Paper jumping jacks with built-in springs, ready to jump when pressed!
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- Kaiju foldzilla—a cute monster about to wreak havoc!
- The mirror collage with mind-bending optical illusions
- Unusual models like sneakers and cute funny faces
- And many more!

These paper models are not just easy to fold—they are charming and playful. You'll have hours of fun folding and displaying them!

**Paul Jackson** has been a professional folder and paper artist since 1982. He is the author of 30 books and has taught university-level paper folding courses around the world in the fields of Architecture, Graphic Design, Fashion, Textile Design, Jewelry and Product Design, Packaging, Ceramics, Industrial Design, Fine Art and Interior Design. He gives workshops at museums, arts centers and festivals, and has worked as a "folding consultant" for companies like Nike and Siemens.

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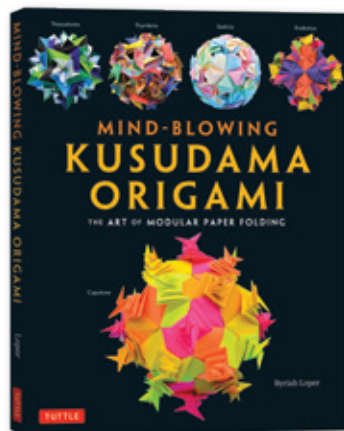
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## Mind-Blowing Kusudama Origami

*The Art of Modular Paper Folding*

By Byriah Loper

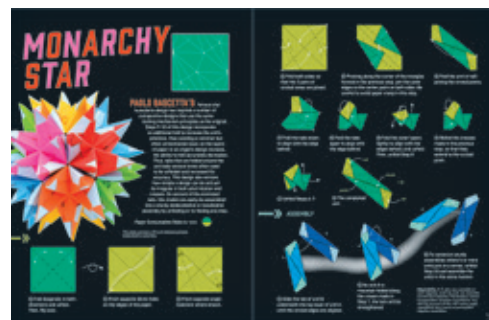
Kusudama are elaborate geodesic spheres assembled from many small folded paper modules. They were originally developed to hold incense in Japanese Buddhist temples. Modern kusudama consist of dozens of colorful papers folded and fitted together to form ornate spherical sculptures.

In this exciting new book, master paper folder Byriah Loper presents 30 of his original Kusudama models, including:

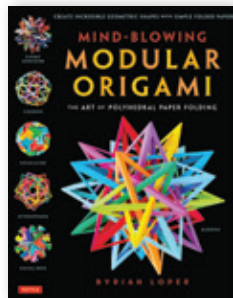
- **Capstone**—A spiky sphere resembling a sea urchin
- **Ortygia**—An unusual cube-shaped kusudama
- **Shakespeare**—An elaborate model resembling a ball of flowers
- **Trallia**—A ball with petal-like projections that looks like a large chrysanthemum
- **Plus many other amazing models!**

Assembling kusudama is an exciting challenge, however Loper's clear diagrams and clear instructions make them accessible to anyone—even if you have no prior origami paper folding experience.

**Byriah Loper** is an origami artist best known for his elaborate modular works and pleated tessellations. His interest in origami began in his childhood and Loper soon discovered modular origami. He has since designed and folded more than 1,000 original works. His models have been featured in major exhibitions and he is a frequent guest instructor at the annual OrigamiUSA and the Origami Tsunami conventions. Byriah lives in Wilmore, Kentucky.

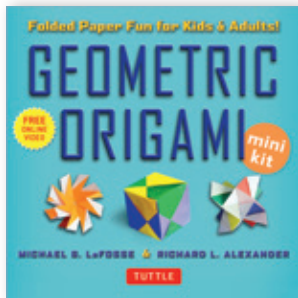


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- 36 folding paper sheets with innovative designs and folding lines
- Over 150 stickers to customize your planes!



**Andrew Dewar** was born in Toronto where he received degrees in Journalism and Library Science before moving to Japan in 1988. Soon after arriving there, he rediscovered his childhood love of designing and flying paper airplanes. Dewar has published over 40 bestselling books and papercrafting kits, including *Ultimate Paper Airplanes for Kids* and the award-winning *One Minute Paper Airplanes Kit*. His books and kits have sold over half a million copies worldwide! He teaches paper airplane workshops and seminars at schools, libraries, community centers and museums.



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## At the Controls

Without some way to steer an airplane in flight, it would be practically useless. Once off the ground, there's nothing to push against but air. But that's quite enough! Here's how real planes do it.

The rudder controls the direction of flight. It can be moved left or right to push the tail in the opposite direction. When the rudder (or any other control surface) is moved, the airplane pivots around its center of gravity. The motion caused by the rudder is called yaw.

The hinged portions at the back of the horizontal stabilizers are called elevators, and as you would expect, they make the plane go up or down. Both elevators move together (though in some jets or delta planes they can move separately to function as ailerons as well). When they are turned down, they create more lift at the tail and pivot the nose of the plane down. When they are turned up, the tail goes down, the nose goes up, and the plane climbs. This motion is called pitch.

The rudder alone is not enough to make turns. Ailerons, the little hinged parts on the wings, are used to make the plane bank when turning. The two ailerons move in opposite directions, one up and the other down. The down aileron makes more lift on that wing, and banks it up; the up aileron pushes its wing down. Banking motions are called roll.

All of these surfaces can be used at the same time to create delicate and precise maneuvers. For example, ailerons and rudder can be used together to make smooth, banking turns, but unless up elevator is added, the plane will sink as it turns.

Paper airplanes often don't have separate tails or fins like real planes, so there are no ailerons or rudders to use. Instead, you have to control the plane with just the back of the wings. But that's not a big problem. Bend both sides up or down to control pitch, and one side more than the other to control roll and yaw. Easy, once you know how it works!

When your plane circles inside one that flies faster than the plane sinks, it will climb with the air, like an eagle or sailplane.

14

15

## Voyager

Paper is easy to fold. It holds creases fairly well, but after a while it starts to relax and unfold again. Paper airplanes fly fine when they are fresh and crisp, but as the paper begins to relax, they become puffy and loose. One way to stop this is to use a lock on the nose to hold everything together. For this plane, I have borrowed world record holder Takuo Toda's excellent nose lock mechanism. It might seem tricky to fold at first, but it soon becomes familiar and easy to do, and the difference in performance is worth it!

1 Start with the paper face down. Fold up on line 1. The diagram shows how to find where to fold.

2 Fold the corners on the 2 lines to the point shown.

3 Fold the nose corners to the center on the 3 lines.

4 Mountain fold the plane in half.

5 Fold and unfold the nose on lines 4 and 5. Fold 4 starts where the thickness of the paper changes.

6 Spread the nose on the creases, squish it flat, fold the loose tip down on line 6, and push the bottom half around to the back.

7 Fold the wings on the 7 lines. The edge of the wing should touch the top of the centerline.

8 Open out the wings, and you're done!

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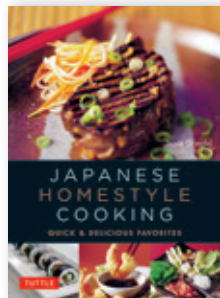
- Why is Japanese food so unique? A complete overview—from aesthetics to umami
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This book contains clearly-presented recipes interspersed by fascinating essays and sidebars explaining all aspects of Japan's unique food culture along with 400 gorgeous color photos. A must-read for every Japanese food lover!

**Makiko Itoh** was raised and educated in Japan, the UK and the US, and has lived in Europe for many years. Despite living abroad, she has always returned to her Japanese culinary roots. In 2003 she started writing the *Just Hungry* blog to introduce Japanese homestyle cooking to people with limited access to authentic Japanese ingredients. In 2007 she launched a blog dedicated to bento box recipes which led to the publication of her first book, *The Just Bento Cookbook*, which became an international bestseller. She now lives in Switzerland and writes a monthly column on Japanese food for *The Japan Times*.



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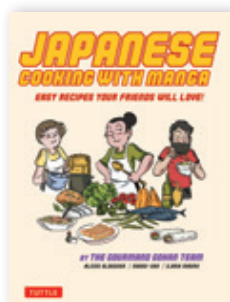
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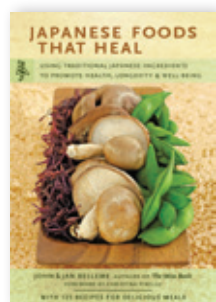
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This book is the result of five years spent traveling the length and breadth of the country, experiencing Vietnamese food up-close as no other food writer has before. In 24 essays, 60 recipes and 100 glorious photographs, Kennedy shares his experiences through:

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**Paul B. Kennedy** has worked in the restaurant industry for 30 years—bringing delicious meals and welcoming environments together to create fond memories. Paul studied hotel management and received a degree in culinary arts from Johnson & Wales University. He then moved to New York where he established himself in the restaurant world while honing a passion for writing and photography. In 2018, with only a backpack and a sense of adventure, Paul headed off to Vietnam. He has traveled extensively around the country ever since, documenting Vietnamese food culture and capturing its flavors. In addition to writing, cooking and traveling, Paul is passionate about teaching and volunteers his time to help others learn and grow. This is his first cookbook.







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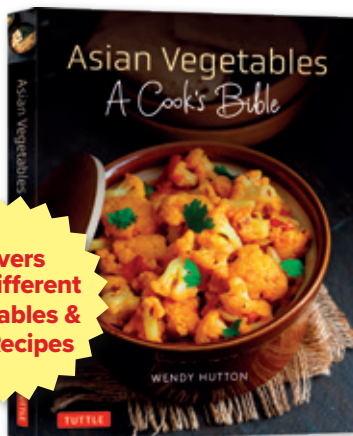
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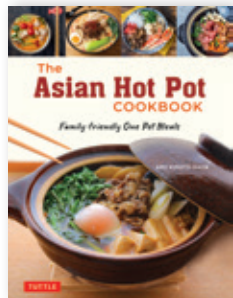
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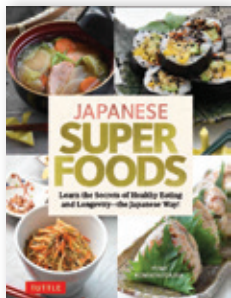
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**Wendy Hutton** is a writer specializing in food and travel, who lived in Southeast Asia for more than five decades. She has written widely on the cuisines of Southeast Asia, including cookbooks such as *Green Mangoes and Lemon Grass*, *Tropical Asian Cooking* and the highly acclaimed *Singapore Food*.

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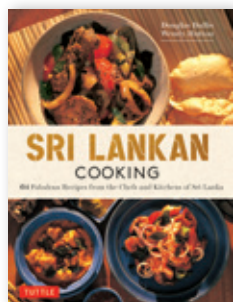
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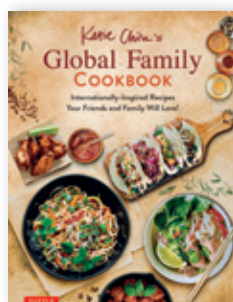
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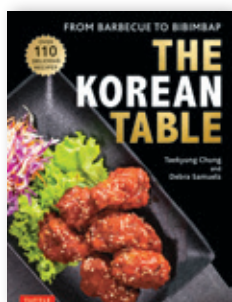
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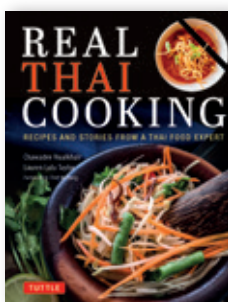
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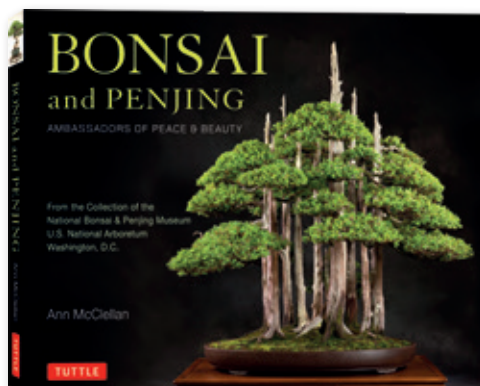
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**Ann McClellan** is delighted to share her enthusiasm for trees and their stories, an interest that began when she grew up in New Jersey on an arboretum-like campus laid out by Frederick Law Olmsted. Her published work has focused on Japan's cherry blossoms in addition to bonsai, which led to her receiving the Order of the Rising Sun from the Government of Japan in recognition of her contributions to promoting friendly Japan-U.S. relations.



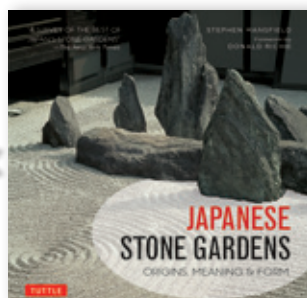
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**Kendall H. Brown** is Professor of Asian Art History in the Art Department at California State University Long Beach. He also recently served as Curator of Collections, Exhibitions and Programs at Pacific Asia Museum. He received BA and MA degrees in history and art history from the University of California, Berkeley and a Ph.D. in art history from Yale University. Dr. Brown publishes actively in several areas of Japanese art. He is a leading figure in the study of Japanese gardens in North America, having authored the book, *Japanese-style Gardens of the Pacific West Coast*.

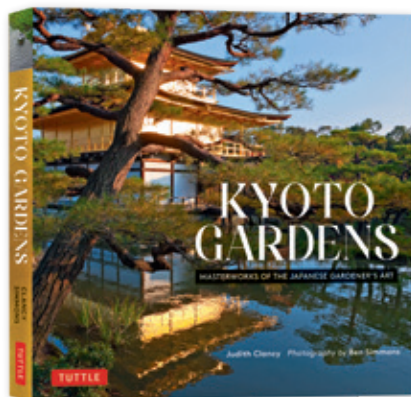
**David M. Cobb** is a member of NANPA (North American Nature Photography Association) and PPA (Professional Photographers of America). He is also the photographer for *Visionary Landscapes*, which he worked with author Kendall H. Brown. He lives in the Pacific Northwest.





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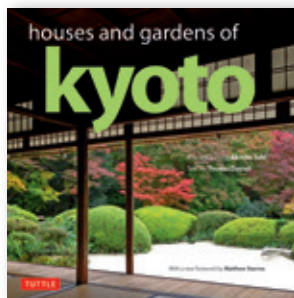


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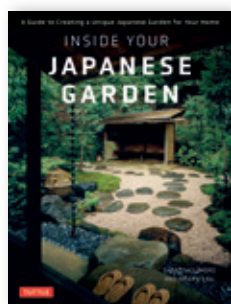


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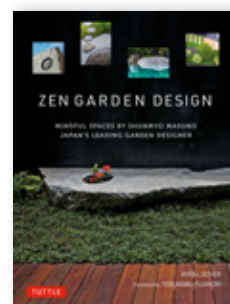


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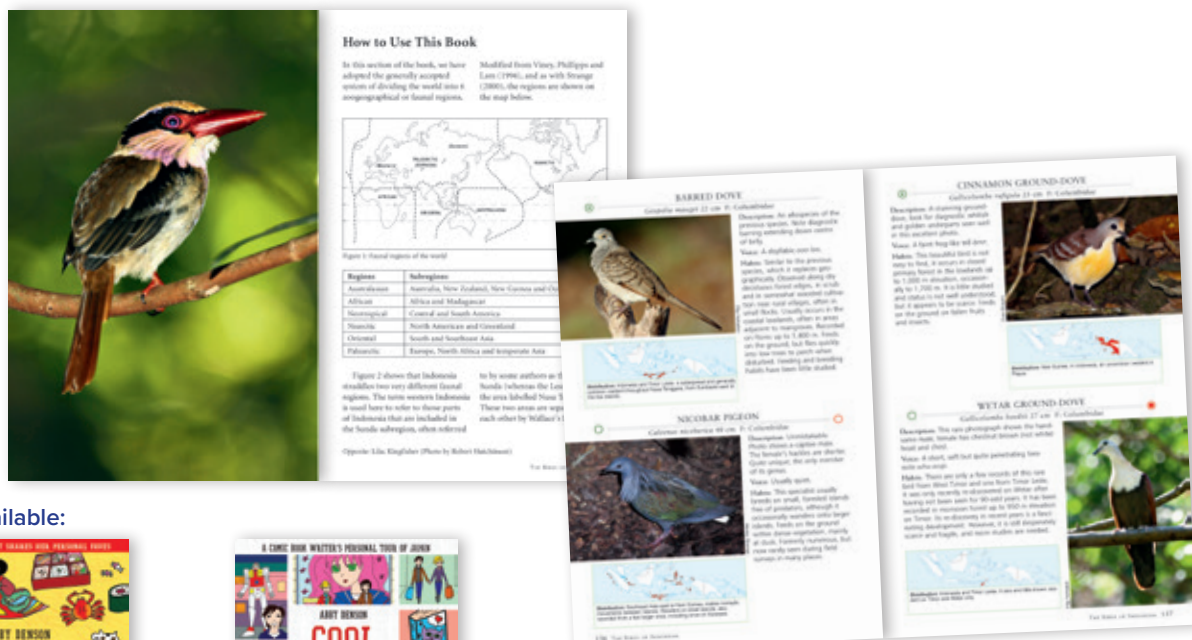
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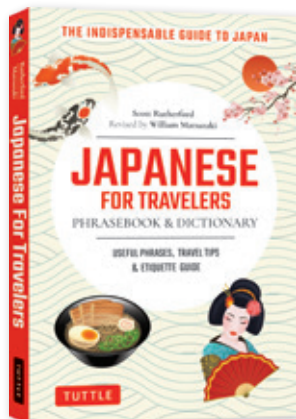
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**Scott Rutherford** is an experienced travel writer and editor with several books to his credit.

**William Matsuzaki** has been a Japanese teacher for the last 15 years. He received his BA in Japanese from Carlton College, an MEd in Technology Education and a doctorate in education from Johns Hopkins. He is the author of several Tuttle titles including *Let's Learn Japanese* and *Japanese Hiragana and Katakana Language Practice Pad*.



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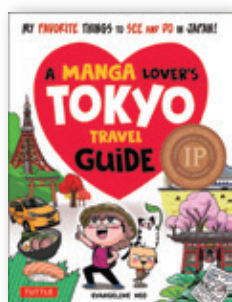


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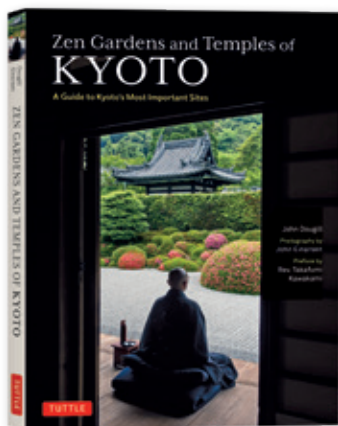
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**John Dougill** is a professor emeritus at Ryukoku, Kyoto's largest Buddhist university. He has written many books about Japan including *In Search of Japan's Hidden Christians*, *Japan's World Heritage Sites* and *Kyoto: A Cultural History*. In addition to running the Green Shinto blog, he is the associate editor of *Japanese Religions* and founder of the “Writers in Kyoto” group.

**John Einarsen** is a photographer, designer, curator and founding editor of *Kyoto Journal*, an international magazine on Japanese and Asian culture established in 1987. His photographs have been published in numerous books.

**Rev. Takafumi Kawakami** is deputy head priest of Shunkoin Temple in Kyoto where he teaches Zen meditation classes in English to thousands of foreign visitors. He has developed a mindfulness smart app called Myalo and supervises JINS MEME ZEN (a mindfulness program using a wearable device). His TED Talk on mindfulness has been viewed by over 100,000 people.

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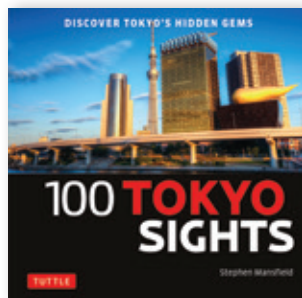


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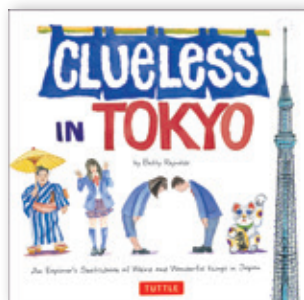
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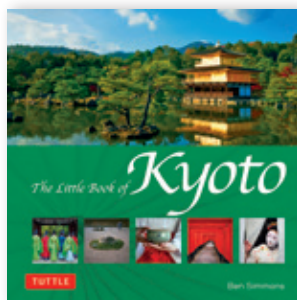
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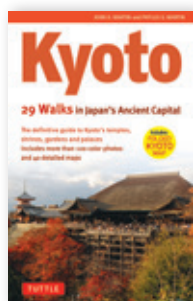
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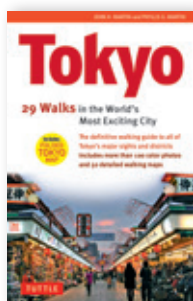
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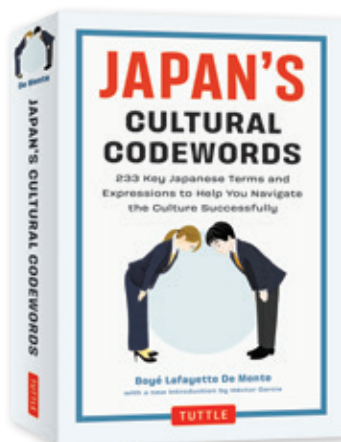
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From a Western perspective, Japanese cultural norms can often seem incomprehensible. The fastest way to understand the traditional Japanese mindset is through their cultural codewords—key terms that reveal, define and at times even control the attitudes and behavior of the Japanese.

In this book, experienced Japan hand Boyé Lafayette De Mente explains the nuances of 233 Japanese codewords—arranged alphabetically from *ageashi* (“tripping on your

own tongue”) to *zenrei* (“breaking the mold of the past”). Together, these terms offer invaluable insights into the character and customs of one of the world’s most intriguing cultures.

The new edition contains a foreword by bestselling author Héctor García explaining his own personal journey in understanding a country he has lived in for over two decades now.

**Boyé Lafayette De Mente** (1928-2017) was involved with Japan as a student, journalist, editor and “low-level military spook” for many decades starting in 1949. He is the author of over 30 books on Japan. His first book, *Etiquette Guide to Japan*, was a pioneer in its field and became an instant bestseller. His other bestsellers include *Survival Japanese* and *Bachelor’s Japan*, which sold over 200,000 copies worldwide. Besides writing books, De Mente worked as a business consultant helping international companies set up offices in Japan.

**Héctor García** was born in Spain, but has called Japan his home for more than 20 years. His popular blog *kirainet.com* led to his internationally successful book *A Geek In Japan*. Along with Francesc Miralles, he is the co-author of the bestseller *Ikigai: The Japanese Secret to a Long and Happy Life*, *The Ikigai Journey* and *Forest Bathing*.

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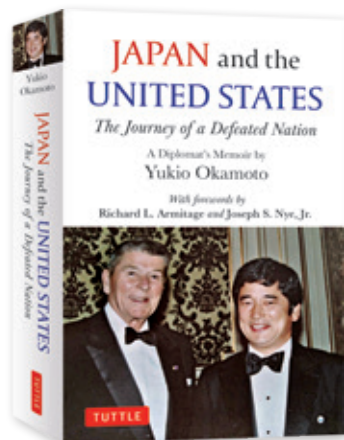
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By Yukio Okamoto

Forewords by Richard L. Armitage & Joseph S. Nye, Jr.

As one of the most distinguished and gifted Japanese diplomats of his generation, Yukio Okamoto navigated the corridors of power at the highest levels. In *Japan and the United States: The Journey of a Defeated Nation*, Okamoto recounts the compelling story of his diplomatic service and his role as a steadfast advocate for strong Japan-United States relations during an era of political crises, wars and fierce economic competition.

Okamoto was born in 1945 just two months after Japan surrendered to the Allies. During the war, his father served in the infamous Unit 731, a secret project that committed horrific war crimes. Okamoto was deeply affected by his country's devastation and his family's shame.

During a 20-year career in the Japanese Foreign Ministry and after he left government, Okamoto was an indispensable advisor to several Japanese prime ministers including Ryutaro Hashimoto, Junichiro Koizumi and Shinzo Abe. He worked tirelessly to strengthen relations with the United States even as other government officials advocated for the dismantling of the U.S.-Japan Security Alliance. The survival of this alliance is due in no small part to Okamoto's influence.

This book features contributions from former Deputy Secretary of State Richard L. Armitage and former Assistant Secretary of Defense Joseph S. Nye Jr., who both worked with Okamoto and share their thoughts on his life, career and legacy as an influential friend of the United States.

**Yukio Okamoto** was a career diplomat in Japan's Ministry of Foreign Affairs from 1968 to 1991 with postings in Paris (OECD), Cairo and Washington. Following his retirement, he became a political and economic consultant. He served as Special Advisor to Prime Ministers Ryutaro Hashimoto and Junichiro Koizumi, sat on the boards of several major Japanese multinationals and served as an advisor to several others. Okamoto joined the Center for International Studies at MIT in 2012 as a Robert E. Wilhelm fellow. He was a well-known commentator and author, publishing regular columns and contributing to major newspapers and magazines on Japanese diplomacy.

**Richard L. Armitage** is founding partner and President of Armitage International. He served as Deputy Secretary of the Department of State and as the Assistant Secretary for International Security Affairs at the Department of Defense. In addition, he has held a wide variety of high-ranking U.S. diplomatic positions.

**Joseph S. Nye, Jr.** is Professor Emeritus and former Dean of Harvard's Kennedy School of Government. He has served as Assistant Secretary of Defense for International Security Affairs, Chair of the National Intelligence Council, and Deputy Under Secretary of State. He is a fellow of the American Academy of Arts and Sciences, the British Academy, and the American Academy of Diplomacy. In 2011, Foreign Policy named him one of the top 100 Global Thinkers. In 2014, Japan awarded him the Order of the Rising Sun, its highest civilian honor for a non-Japanese.



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